



Coffee Talk



Superintendent: Mr. R. Persson

Editor: Ms. A. Wheeler

January 19, 2017

WEEKEND AT THE MOVIES

From: CRU

You may request any film be shown for a weekend movie; however, a film may **only** be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at **each** institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.



Upcoming Movies

1/21/2017	Eternal Sunshine of the Spotless Mind
1/22/2017	The BFG
1/28/2017	Sully
1/29/2017	The Secret Life of Pets

ATTENTION MOTHERS!

From Mr. Randall, CRU Manager

Do you have a baby or toddler under three? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at

Coffee Creek is to promote, strengthen and support bonding and attachment between infants and toddlers and their incarcerated mothers.

Requirements:

- Child aged zero to three
- Minimum or minimum eligible with gate clearance
- Child lives less than 60 minutes away
- Transportation to and from the school (not provided by EHS) Tues/Thurs 9-12:30

Talk to your counselor to see if you qualify today!

EYEGLOSS PROGRAM READER REPAIR

REMINDER

From Mr. Naish, Eyeglass Program Coordinator

Hello everyone, we at Eyeglass just wanted to take a minute to remind everyone that according to the Eyeglass Repair Form we **Do Not Repair Readers**. We know that in the past this has been done, but we will not be doing it going forward. We are sorry for any inconvenience that this might cause. If your readers are broken and you need another pair you can purchase them either from canteen or from Eyeglass.

RECYCLING NEWS

From Green Team

Have you heard the rumors of a new Butterfly Program at CCCF? They're true! **The endangered Taylor's Checkerspot Butterfly in the Willamette Valley will find a new home on the G/H yard.** A shed will be installed to provide the precious creatures with needed natural sunlight. Our HVAC air system will provide a different heating and cooling system simulating the butterfly's natural environment in a side room on the housing unit. We can all help with keeping the yard presentable by ridding the earth of our footprint and leaving with all that we bring. Take special care with trash and recyclables to prevent wind from blowing it into the surrounding fields.

Did you know that only 1% of our native prairie grasslands remain today? That's just one of the many reasons our beautiful butterfly populations are dwindling. Habitat, pollution and world population growth all play a role in the

endangerment of species around the globe. Ecologist Stacy Moore taught a class to men AIC at SRCI about “Restoring our Native Prairies.” We are not alone in our sustainability efforts, the men are working hard to make a difference as well joining our efforts in environmental protection.

Due to Minimum Green Team Members paroling we’ve added Miss D. Corbett, L. Lanning, S. Roberts and A. Smith to the Volunteer Green Team. Thank you for all interested and for continued participation in reducing, reusing & recycling. We wish all the parolees a glorious farewell and dreams of conservation, sustainability and more fulfilled.

If you have any questions, comments or simply great ideas to add to CCCF’s sustainability efforts, drop a kyte to the Green Team/Ms. Fitts.

VISITING APPLICATIONS

From Mr. Robrscheib, CRU

Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process.



Medium Brew



LIBRARY NOTES

From Ms. Wheeler, Library Coordinator

If you have books to return, and the return box is full, you must bring your books with you. If you return a book to the return box, be sure it goes all the way into the box. If your book cannot go all the way in, you must take it back to your cell or bunk. DO NOT leave it on top of the return box.

Let me say that again. If the book you are returning cannot fully fit in the return box, you MUST take the book back to your cell or bunk. YOU are responsible for books checked out in your name. Leaving a book or books on top of the return boxes is a potential problem, since someone else can pick up the book and lose or damage it. YOU will be held responsible.

Any books left on top or not fully inside the book return box will be checked for the name of the person who checked it out and that person will have a 2 week ban from

Coffee Talk 1/19/2017

the library. Each offense will increase the length of your ban by 2 weeks. ***These sanctions are now standard operating procedure.*** Be mindful of your actions so that you can continue receiving the privilege of coming to check out books.

Remember, your name = your responsibility.

MEDIUM LEGAL CLERK POSITION AVAILABLE – DEADLINE EXTENDED

From Ms. Wheeler, Library Services

The library is currently taking applications for one legal clerk position. The **required** qualifications are as follows:

- High school diploma or GED
- Computer skills, preferably Microsoft Word
- Ability to communicate verbally and in written form
- Acceptable institution record of demeanor. This means clear conduct for at least 6 months (no major or minor DRs), and that you have been serving time this incarceration at Coffee Creek for at least 6 months.
- No computer related crimes
- Typing skills at 40 words per minute
- Minimum of 2 year left to serve in Medium General Population (priority may be given to those with more time remaining).
- Ability to work under pressure and take direction.
- Ability to work independently
- Ability to maintain good working relationships with the library coordinator and other staff, other inmate workers, and library users

Women who speak and write both Spanish and English fluently or those who have previous work experience in the legal field are especially encouraged to apply. If you are interested in this position, complete an application and return it to ***Ms. Wheeler*** to be received no later than ***January 23.*** Applications received after that day will not be considered. Kytes received at any time without an application will not be considered at any time and will not be returned to you.

TAKING STEPS WITH NONVIOLENT COMMUNICATION AND FAMILY CONSTELLATION

From Ms. Roach, Lifeskills

A Saturday workshop with Sarah Peyton (10 year NVC teacher at Coffee Creek)

Feb. 4, 2016

8-10:45 and 1-4
Room M-111

Join Sarah Peyton and a crew of 6+ volunteers to take steps to explore family stories, honor our ancestors, look at their effect and receive their support for present-day issues.

Constellation work lets us to see ourselves, our present and intergenerational families, our home countries and histories, and our larger social systems in context. Participating in this work allows us to honor what has kept us from living with others with ease, and supports us to live in integrity with ourselves.

In constellations, we lay out a three-dimensional picture of what we know about whatever issue we are working with. We look at orientation, distance, where eyes are looking, what words are being used, and what emotions are being expressed.

This work opens the door to understanding the incredible amount of information that's coming in through our bodies. As this comprehension deepens, we realise that we can effectively partner with them for conscious movement in the world. We start to realise that we can go to the body as a source of wisdom and as a leader and guide in what is working and what's important.

To attend, please send an inmate communication to Ms. Roach in Lifeskills by January 24.

MEDIUM RELIGIOUS SERVICES

From Chaplain Brault

Visions of Hope takes two unlikely elements – Inmates and Orphans and connects them in unique ways that shakes the world's concepts of YOU.

Would you like to prove who you *really* are?
Do you want make a positive difference in the life of another?

Do you want to discover purpose in your own life?
Would you like to alter the public concepts of prison and inmates?

Yes? Come see what this is all about. The next **Visions of Hope** presentation will be **Saturday Feb 4th, 12:30pm** in the Chapel!

Friday, January 20, 2017

Chaplain Bible Study 9:00-10:00 a.m. GH02 (**No LOP**)
Jewish Study 9:15-10:30 a.m. Chapel (**No LOP**)
Meditation 201 12:50-2:30 p.m. Chapel (**No LOP**)
Buddhist Service 6:50-8:50 p.m. Chapel (**LOP ok**)
New Thought Ministries 6:50-8:50 p.m. CD02 (**LOP ok**)
Coffee Talk 1/19/2017

Seventh Day Adventist Study 6:50-8:50 p.m. M111 (**No LOP**)

Saturday, January 21, 2017

Spiritual Community for Lifers 9:00-11:00 a.m. Chapel (**Participants Only**)
Seventh Day Adventist Service 1:50-3:50 p.m. Chapel (**LOP Ok**)
Baptist Service 6:50-8:50 p.m. Chapel (**LOP Ok**)

Sunday, January 22, 2017

LDS 1:30-3:00 p.m. M111 (**LOP Ok**)
Islamic Service/Study 2:00-3:30 p.m. M111 (**LOP Ok**)
Druid Service 7:00-9:00 p.m. Chapel (**LOP Ok**)

Monday, January 23, 2017

Silent Meditation Time 9:00-9:30 a.m. Chapel (**Participants Only**)
TM 1:00 – 2:30 p.m. GH06 (**Participants Only**)
JW 6:50-8:50 p.m. GH02 (**LOP Ok**)
Baptist Bible Study 7:00-8:30 p.m. M111 (**No LOP**)
Pastor Jose 7:00-9:00 P.M. Chapel (**LOP Ok**)
Healing the Sacred Hoop 6:50-9:00 p.m. CD02 (**LOP Ok**)

Tuesday, January 24, 2017

Threshold 12:50-3:00 p.m. Chapel (**Participants Only**)
East Hill Service 7:00-9:00 p.m. Chapel (**No LOP**)

Wednesday, January 25, 2017

Meditation 101 12:50 -2:30 p.m. Chapel (**No LOP**)
FITS 6:50-8:50 p.m. Chapel (**No LOP**)

Thursday, January 26, 2017

Anticipate! 8:30-10:30 a.m. M111 (**No LOP**)
Moms In Prayer 8:50-10:30 a.m. M111 (**No LOP**)
Bridgetown (Discipleship) 12:30-12:50 p.m. Chapel (**Participants Only**)
Bridgetown 12:50-3:00 p.m. Chapel (**No LOP**)
Prison Fellowship 6:50-8:50 p.m. Chapel (**LOP Ok**)
Catholic Service 6:50-9:00 p.m. GH06 (**LOP Ok**)
Celebrate Recovery 7:00-9:00 p.m. GH02 (**No LOP**)

Friday, January 27, 2017

Chaplain Bible Study 9:00-10:00 a.m. GH02 (**No LOP**)
Asatru Blot 9:00-10:00 a.m. Chapel (**Participants Only**)
Meditation 201 12:50-2:30 p.m. Chapel (**No LOP**)
Buddhist 6:50-8:50 p.m. M111 (**LOP Ok**)
New Thought Ministries 6:50-8:50 p.m. CD02 (**LOP Ok**)
Seventh Day Adventist Study 6:50-8:50 p.m. M111 (**No LOP**)

Saturday, January 28, 2017

Seventh Day Adventist Service 1:50-3:50 p.m. Chapel (**LOP Ok**)
Baptist 6:50-8:50 p.m. Chapel (**LOP Ok**)

Sunday, January 29, 2017

City Bible 8:50-10:50 a.m. Chapel (*LOP Ok*)

LDS 1:30-3:00 p.m. M111 (*LOP Ok*)

Islamic Service/Study 2:00-3:30 p.m. M111 (*LOP Ok*)

Monday, January 30, 2017

Silent Meditation Time 9:00-9:30 a.m. Chapel (*Participants Only*)

TM 1:00-2:30 p.m. GH06 (*Participants Only*)

JW 6:50-8:50 p.m. GH02 (*LOP Ok*)

Baptist Bible Study 7:00-8:30 p.m. M111 (*No LOP*)

Women's AGLOW 7:00-9:00 p.m. Chapel (*No LOP*)

Tuesday, January 31, 2017

Threshold 12:50-3:00 p.m. Chapel (*Participants Only*)

East Hill Service 7:00-9:00 p.m. Chapel (*No LOP*)

Wednesday, February 1, 2017

Meditation 101 12:50 -2:30 p.m. Chapel (*No LOP*)

FITS 6:50-8:50 p.m. Chapel (*No LOP*)

Thursday, February 2, 2017

Anticipate! 8:30-10:30 a.m. M111 (*No LOP*)

Moms In Prayer 8:30-10:30 a.m. Chapel (*No LOP*)

Bridgetown (Discipleship) 12:30-12:50 p.m. Chapel (*Participants Only*)

Bridgetown 12:50-3:00 p.m. Chapel (*No LOP*)

Prison Fellowship 6:50-8:50 p.m. Chapel (*LOP Ok*)

Catholic Service 6:50-9:00 p.m. GH06 (*LOP Ok*)

Celebrate Recovery 7:00-9:00 p.m. GH02 (*No LOP*)



Minimum Brew



NEW ARRIVALS TO MINIMUM

From Capt. M. McCorkhill, Minimum Operations

Every Friday at 1pm in your unit dayroom will be a mandatory meeting for arrivals to minimum for that week. You will meet your Peer Educators for your unit.

MINIMUM LEGAL ASSISTANT POSITION AVAILABLE – DEADLINE IS COMING UP SOON

From Ms. Wheeler, Library Services

The library is currently taking applications for one legal assistant position. The **required** qualifications are as follows:

- High school diploma or GED
- Computer skills, preferably Microsoft Word

- Ability to communicate verbally and in written form
- Acceptable institution record of demeanor. This means clear conduct for at least 6 months (no major or minor DRs), and that you have been serving time this incarceration at Coffee Creek for at least 6 months.
- No computer related crimes
- Typing skills at 40 words per minute
- Minimum of 1 year left to serve in Minimum General Population (priority may be given to those with more time remaining).
- Ability to work under pressure and take direction.
- Ability to work independently
- Ability to maintain good working relationships with the library coordinator and other staff, other inmate workers, and library users

Women who speak and write both Spanish and English fluently or those who have previous work experience in the legal field are especially encouraged to apply. If you are interested in this position, complete an application and return it to Ms. Wheeler to be received no later than January 23. Applications received after that day will not be considered. Kytes received at any time without an application will not be considered at any time and will not be returned to you.

EYEGLASS PROGRAM RECRUITMENT

From Mr. Naish, Eyeglass Program Coordinator

Eyeglass is now accepting applications for Production Workers. Our production team sorts, washes, calibrates, and makes necessary repairs to donated eyeglasses collected by the Lions Clubs throughout Oregon. Once all repairs are complete, the eyeglasses are sent back to the Lions Clubs for missions trips around the world, where they are distributed to those in need.

REQUIREMENTS

- You must be available to work Monday- Friday between 8am and 2:45pm (as well as the occasional weekend and evening).
- DR free for no less than 6 months prior to applying.
- Must have a minimum of 6 months remaining on your sentence.
- Housed in minimum facility general population.
- You must have a High School Diploma or GED.

We are accepting applications for Production through Feb. 2nd 2017. Eyeglass does not maintain a waiting list after position has been filled. Position pays 7 points.

MINIMUM RELIGIOUS SERVICES

From Chaplain Al-Amin

New 12 Step Program will be meeting on **Thursdays from 3:00pm to 4:00 pm D5**. This program is being brought to you by the Latter Day Saints, but is open to all faith traditions. Space is limited. Please send a kyte to the Chaplain if you are interested.

African American Program a culturally specific transition program for Multnomah County Community Corrections. Please kyte the Chaplain if you are interested in this program and you are from Multnomah County. It will meet on **Monday evenings at 5:45 pm**.

Meditation 101 Meets on Sunday 9am-10:30am in D8! This is an introduction to meditation that can help you become a healthier, happier, more positive person. You will learn techniques to cope with stress, take control of your mind and emotions, and live with balance and harmony. Taught by teachers from Portland's Meditation Yoga Center, Meditation 101 is spiritual without being religious, and is an opportunity for you to learn and experiment with meditation techniques drawn from many cultures and traditions.

In Meditation 101 you will learn basic principles of meditation including:

- Breath Exercises
- Centering
- The Relaxation Response
- Visualizations
- Hindu and Buddhist mantras
- Chants (Native American, Hindu and Buddhist)
- Neuro-linguistic Programming Exercise
- Introduction to the Chakra System

Multicultural Group is reading and discussing **Houses of Healing** by Robin Casarjian. There are openings in the group. Please kyte if you want to participate.

Native American Sweat Lodge Ceremony Will meet this month time and date TBA

Chapel Library The Chaplain will call chapel library by units Monday and Wednesday Afternoons as her schedule permits.