



# Coffee Talk



Superintendent: Mr. R. Persson

Editor: Ms. A. Wheeler

March 2, 2017

## WEEKEND AT THE MOVIES

*From: CRU*

You may request any film be shown for a weekend movie; however, a film may **only** be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at **each** institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.



## Upcoming Movies

3/4/17	Arrival
3/5/17	Hands of Stone

## ATTENTION MOTHERS!

*From Mr. Randall, CRU Manager*

Do you have a baby or toddler under three? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and support bonding and attachment between infants and toddlers and their incarcerated mothers.

## Requirements:

- Child aged zero to three
- Minimum or minimum eligible with gate clearance
- Child lives less than 60 minutes away
- Transportation to and from the school (not provided by EHS) Tues/Thurs 9-12:30

Talk to your counselor to see if you qualify today!

## DHS PHOTO REMINDER

*From Ms. Roach, Lifeskills*

If you would like a photographer present at your DHS visit please send a kyte to Ms. Roach with the time and date requesting a photographer. These requests need to be received ahead of time to be honored.

## BABY BONDING

*From Ms. Hoffman, CRU*

Baby Bonding is an extra visiting session each week for new mothers who give birth while here at CCCF/CCCM. **But, did you know that it is not limited to just the mothers who have given birth here?** If you have a baby under the age of **18 months**, and you are recently incarcerated, you could qualify for up to 6 months of Baby Bonding sessions! Want to know more? Send a kyte to **Beth Hoffman/CRU** to see if you qualify for the program.

## BIRTH CERTIFICATES AND SOCIAL SECURITY CARDS

*From DOC*

Many already know how important it is to have your birth certificate and social security card, but it's worth repeating and even "kyting" about. Aside from the benefits of having your birth certificate while you're still inside, both pieces of identification are essential to your success after release because they are needed to get a job, open a bank account or cash a check, and apply for state or military benefits.

As you approach release and if the DOC does not have a birth certificate or social security card on file for you, you will receive a kyte from the institution records office. Those approaching age 65 will also be sent a kyte if the

DOC does not have a birth certificate on record. The kyte will tell you which piece of identification is missing and give you the means to start the application process. Just fill in the information, and forward the kyte to your institution records office. It's as simple as that.

**NOTE:** To eliminate duplications that could delay your application process, please complete and return only one each of the birth certificate and social security card kyte forms.

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## **RULE UPDATES**

*From DOC*

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Below is a list of status changes for the DOC administrative rules since 12/14/16:

Proposed:

### **291-013: Use of Chemical Agents in Use of Force Incidents**

- This amendment is necessary to clarify the department's method of allowing inmates to decontaminate after having received a direct application of a chemical agent. The inmate will be offered a shower as soon as time and circumstances allow.

### **291- 139: Access to Law Libraries in DOC Facilities**

- These modifications are necessary to bring inmate access to law library service, supplies, and equipment current with established processes and practices of the department. These rules have not been revised since 1999, and many of the processes for access to law library service, supplies, and equipment are accomplished through electronic formats.

### **291-210: Transgender and Intersex (Inmate)**

- Currently, the department's rules establish department policies and procedures for the identification, assessment, review and management of inmates in DOC facilities who self-identify or present as transgender or intersex upon delivery to DOC at intake. However, the rules do not clearly set out department policies and procedures in certain areas of prison administration for these inmates during intake processing, or after facility assignment.
- These rule amendments are necessary in order to more clearly and completely set out the department's policies and procedures in this area of prison administration, and to provide clearer information and direction for Department of Corrections inmates and staff regarding the same.

These rule amendments set out and clarify DOC policy and procedures for the identification, assessment, review and management of inmates in DOC facilities who self-identify or present as transgender or intersex upon delivery to DOC at intake and after facility assignment, specifically including those regarding searches; facility and housing assignments; access to department-issued clothing, shower and hygiene; and appropriate and professional questioning by staff. These amendments also reflect certain definitional changes.

- *Also temporarily adopted effective 2/15/17.*

The last day to submit comments is **April 20, 2017.**

**HOW TO COMMENT:** Written comments can be submitted to the Rules Coordinator, DOC, 2575 Center Street NE, Salem, OR 97301-4667.

### **PERMANENT RULES**

None

DOC rules are available for review in the inmate legal library.

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## **RECYCLING NEWS**

*From Green Team*

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2016 was a fantastic year of recycling for CCCF! Our efforts, along with those in the Male Facilities prevented **1.3 MILLION POUNDS** from being trashed! Join us to put a stop to valuable land space filling up with mountains of trash; keep up the worthy endeavor to reduce, reuse & recycle. The amazing total of 1.3 million lbs. means Oregon's Department of Corrections has been nominated for the "Recycler of the Year Award" because of our group efforts in sustainability! The awards ceremony will be held in March at Salem's Willamette Heritage Center.

Correction: **The "Fresh Start" Sustainability program at the Juvenile Detention Center** utilizes recycled Styrofoam from Canteen and various offices. This is delivered by the CDC trucks who deliver Canteen & other needed items. Rather than returning to Salem empty handed the delivery trucks are then filled with various recyclables not picked up by our waste management trucks. Film plastics are delivered to local grocers, packing peanuts are dropped off at local Mail companies, & other recycling errands are run to benefit the earth! We are doing an abundance of good by participating in sustainability programs that in turn have a positive outcome on the

communities and the Earth that surround us and our children.

Great job recycling all of your pens including Education and Craft Program pens, markers and more. The drop-off locations have filled up and a delivery of **15 lbs. of felt tip markers is ready for Crayola's Color Cycle Program with Vose Elementary and Marion County received 26 lbs. of ink pens for their TerraCycle Brigade.** Please continue to drop off your empty pens at the Control Points, Infirmary, Lifeskills, and various classrooms. Minimum can drop off empty pens at the IWP window, Programs in D16 or the Treatment and Intake offices.

Questions? Comments? Drop a kyte to the Green Team/Ms. Fitts and tell us more!

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## **MARION COUNTY WORK RELEASE PROGRAM**

*From Mr. Dunn, CRU Manager*

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On February 16, 2017, Coffee Creek correctional counselors toured the Marion County Work Release Center in Salem. The center is home to the Women's Accelerated Release Program (WARP), which is a work release program opportunity available to our justice involved women who are releasing to Marion County. All Marion County releases are screened for program eligibility, and if you are selected, your counselor will contact you as part of your transition and release planning process.

In addition to touring the facility, our correctional counselors spent a good deal of time conversing with the program's most recent participants. Most agreed that their initial apprehensions about the program quickly faded once their classes started. The participants gave the classes and instructors high praise, and many of the participants stated that they felt the program was very applicable to their transition needs. Participants are kept busy in work and transition classes Monday through Friday, and have down time on the weekends for personal time. These participants provided us with a picture (see back page), and wanted us to let their CCCF friends know that they are doing fine, enjoying the program, and send you all their best wishes.

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## **CANTEEN NEWS**

*From DOC*

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### **Changes in the Photo Shop**

The cost of DOC photo tickets has not risen since the photo program began in 2005, despite increases in operating costs such as hardware, ink and photo paper.

In order to keep up with the costs of running the Photo Shop, we are implementing the following changes beginning March 6<sup>th</sup>, 2017:

- The price of photo tickets will increase by \$0.50. The new prices are:
  - 4 X 6 - \$2.00
  - 5 X 7 - \$2.75
  - 8 X 10 - \$4.50

- To help minimize the price increase we will begin charging for borders, but we are also adding new border options. The new prices are:

- Standard Borders: \$0.15
- Deluxe Borders: \$0.25

In the next week you will be receiving the new 2017 calendars and border options.

- We are also excited to announce the new option of ordering 2x3 wallet prints. The wallet prints will come in a set of four on a 4x6 sheet at the price of \$2.00.

### **New Alternative Canteen Order Forms**

Beginning February 17<sup>th</sup>, 2017 there will be a new Alternative Canteen Order Form available. The Alternative Canteen Order Form will not be handed out with the regular weekly Canteen Forms, but will be stationed at various locations around your institution.

As this is a new form and process for us, please be patient and allow 2-3 weeks for delivery while we gain a better understanding of the demand for these items.

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## **VISITING APPLICATIONS**

*From Mr. Rohrschib, CRU*

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Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process.



*Medium Brew*



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## ***DMV HELP WANTED***

*From Mr. Conway, OCE Manager*

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The OCE Call Center at CCCF is recruiting to fill 1-2 open positions and also to establish a pool of candidate for future opening with the DMV program. The work schedule is Monday- Friday, 8:00am to 5:00pm. This position awards 12 to 17 PRAS Points, with the opportunity to earn a production-based Team Goal Award as well. Future openings are anticipated in the fall of 2017 but are subject to change dependent upon the needs of the DMV.

All applicants must meet the following qualifications:

- Must have a valid social security number or equivalent
- **Have NO current convictions for ID Theft, Fraud and Computer related crimes or in previous 10 years**
- **Must have a GED or High School Diploma**
- **Have at least 6 months clear conduct**
- **Have NO program failures in the past 6 months**
- Must have a release date after *February 2022* on current sentence
- Lifers welcome to apply.
- Be able to read and speak English language well.
- Bi-lingual Spanish-English- Preference will be given to those individuals who speak and write both English and Spanish well.
- Be able to work efficiently and professionally at all times.

**All applicants will need to pass a security screening and DMV interview before being considered for the position.**

Submittal process: **DO NOT SEND APPLICATIONS TO DMV, THEY WILL NOT BE PROCESSED**

If you are Interested in applying, please submit a completed DOC Inmate Work Application to Mr. D. Conway, OCE General Manager. Please list "DMV call agent" as position of interest.

**Applications must be received by: March 12, 2017**

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## ***LIBRARY NOTES***

*From Ms. Wheeler, Library Coordinator*

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If you have books to return, and the return box is full, you must bring your books with you. If you return a book to the return box, be sure it goes all the way into the box. If your book cannot go all the way in, you must take it back to

your cell or bunk. DO NOT leave it on top of the return box.

***Let me say that again. If the book you are returning cannot fully fit in the return box, you MUST take the book back to your cell or bunk.*** YOU are responsible for books checked out in your name. Leaving a book or books on top of the return boxes is a potential problem, since someone else can pick up the book and lose or damage it. YOU will be held responsible.

Any books left on top or not fully inside the book return box will be checked for the name of the person who checked it out and that person will have a 2 week ban from the library. Each offense will increase the length of your ban by 2 weeks. **These sanctions are now standard operating procedure.** Be mindful of your actions so that you can continue receiving the privilege of coming to check out books.

Remember, your name = your responsibility.

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## ***PROPERTY, CONTRABAND AND STORAGE***

*From Sgt. Bronson and Capt. Yanez*

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Definition of Contraband per OAR Rule 117 Inmate Personal Property, "Contraband: Any article or thing which an inmate is prohibited by statute, rule or order from obtaining, possessing, creating, or which the inmate is not specifically authorized to obtain or possess or which the inmate alters without authorization."

This is a courtesy reminder that you are not allowed to borrow, loan, give or receive any property from any inmates. If you do, then expect that item will be confiscated. There is usually only two means by which an inmate will have another inmate's property. It was either stolen from the owner or the owner loaned or gave the item to another. Both of these are against the Property Rule OAR 117 and items can be and will be confiscated. If the owner of the item is located, then staff will ask the owner if the item was stolen. If the item was stolen then the item can be returned to the original owner and the inmate who stole it could be facing a number of sanctions up and to including placed in segregation (especially high dollar items such as MP3, radios, headphones, flat irons, TV's just to give a few examples). If the owner of the item admits to loaning or giving the item to the other inmate then the item(s) will be confiscated and you might not get it back while you are incarcerated. Per the OAR Rule 117 "Each inmate is responsible for his/her own authorized property while incarcerated, the Department of Corrections accepts no liability for the theft, loss, damage, or destruction of such property resulting from the intentional, willful, reckless

or negligent act or activities of any inmate which exposes such property to loss, damage, theft or destruction.”

“An inmate may arrange through the designated staff to dispose of personal property at the inmate’s expense. Disposition may include arrangements for pick up at the facility by a designated individual, or a donation to an organization, if authorized by the functional unit manager/designee. Any costs associated with disposition of the property will be the responsibility of the inmate.” Inmates will have to purchase tickets for flat rate postage envelopes and boxes through canteen. You will bring what item(s) you are wanting to send out to the Property Room (minus crafts that can only go out through Life Skills) and fill out the proper documents as usual. This means for ANY item the inmate wishes to mail out includes canteen items to the proper vendor such as for all of your electronics. This doesn’t necessarily mean you will be able to send out contraband items. Once an item is rightfully and accurately contraband, it is contraband and be treated as such. The Department is not liable for your personal items and will not be paying for your items to ship out. Even if you have a warranty for your electronics and such, it is still not the Departments responsibility or liability if/what you mail out. CD28’s are not accepted for postage unless it is for legal mail. Any questions on that you may Kyte the Mail Room supervisor Ms. Vickie Reynolds. So in summary, if you need to mail out an ANY item you must first purchase a ticket from canteen before you can bring down your item to be mailed out.

“An inmate shall not alter or otherwise tamper with or use any personal property item other than the item’s intended purpose. Unauthorized alteration or use of an unauthorized personal property item for other than its intended purpose may result in confiscation of the item and/or disciplinary action.”

Summary is if you are writing/drawing/coloring anything on your property (cups, bowls, drinking pitchers, folders as a few examples) other than your legal court name and SID#, can and most likely will be confiscated. No nicknames or other markings are allowed. The religious container is only allowed to contain authorized religious items. If you place anything else in there such as photos, make up, pens and pencils for example, you are misusing this item for its intended purpose and therefore staff have the authorization to confiscate the container and the items in it.

The legal Box is also subject to confiscation if you are putting any unauthorized items in it. Per the OAR Property Rule 117 “Only legal material in or directly pertaining to the inmate’s own pending and active case(s)/lawsuit(s) before the courts or paroling authorities, shall be authorized for storage.”

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Summary is only YOUR OWN ACTIVE and/or PENDING legal material is authorized in the legal boxes.

With all of this being said, I do agree with the fact it would be great if the Department would sell containers like those of the Religious ones that inmates could use to put pens/pencils, make up, letters and pictures but items have to be approved statewide from canteen so I urge you all who would like to see something like this on canteen is to band together and write to canteen and see if you can get something authorized and approved.

Do not leave photos or letters or any kind of property in library books as if they are turned in like in an instance of your property being rolled up because you most likely will lose them. Protecting your property falls back on you. Lock up your items. Do not make clutter on the desk or the shelving. I have urged you all in writing through previous Coffee Talks and memos on your housing unit to read and educate yourself on the responsibility of you being accountable for all of your property. No more saying “Well I didn’t know or other staff say it is ok” because you have been directed per your handbook and the property rule and such that items can and will be confiscated.

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### ***TAKING STEPS WITH NONVIOLENT COMMUNICATION AND FAMILY CONSTELLATION***

*From Ms. Roach, Lifeskills*

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TakingSteps with Nonviolent Communications and Family Constellations A Saturday workshop with Sarah Peyton (10 year Nonviolent Communications teacher at Coffee Creek) April 1, 2017

Join Sarah Peyton and a crew of 6+ volunteers to take steps to explore family stories and honor our ancestors.

In constellations, we lay out a three-dimensional picture of what we know about whatever issue we are working with. Constellation work lets us see ourselves and understand our lives in new ways. This happens whether we are receiving a constellation or supporting others in their constellations.

Participating in this work allows us to honor what has kept us from living with others with ease, and supports us to live in integrity with ourselves.

Sign up by kyting Ms. Roach about Constellations workshop by Thursday 3/23.

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### ***MEDIUM RELIGIOUS SERVICES***

*From Chaplain Brault*

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**New Class: *Houses of Healing: A Prisoner's Guide to Inner Power and Freedom.*** Begins Monday March 13, 1-3pm in the Chapel. Houses of Healing is a 13-session course based on the book, The course addresses numerous topics and draws from a variety of personal growth modalities, which include:

- Practicing mindfulness meditation, self-regulation, and stress-management techniques
- Learning cognitive reframing from cognitive-behavioral therapy
- Acknowledging, working with, and healing childhood trauma
- Transforming anger, resentment, and unhealthy guilt and shame
- Working with forgiveness
- Acknowledging and working with grief, the "silenced emotion"
- Acknowledging guilt and the impact of crime – victim awareness
- Nurturing spiritual growth

Must be able and willing to commit to ALL 13 classes (for 13 weeks)! Sign up on your housing unit to attend.

Beginning Thursdays, March 23<sup>rd</sup> through April 27<sup>th</sup>, you are invited to sign-up for a six-week **Women's Spirituality class** from 8:50-10:45 am. Women of faith and those of no religious affiliation are most welcome to join the group. These sessions are not about organized religion, but about getting in-touch with your inner-self inspired by your relationship with your Higher Power. For those who attend, it will be enlightening, supportive and confidential.

The group is limited to no less than 7 and no more than 12 participants, so sign-up soon! If there are more than 12 signed-up, Chaplain Brault will determine the 12 members of the class.

#### **Friday, March 3, 2017**

Chaplain Study 9:00-10:00 a.m. GH02 (**No LOP**)  
Jewish Study 9:00-10:30 a.m. Chapel (**No LOP**)  
Meditation 201 12:50-2:30 p.m. Chapel (**No LOP**)  
ARMS 1:00-3:00 p.m. M111 (**Participants Only**)  
Buddhist 6:50-8:50 p.m. Chapel (**LOP Ok**)  
New Thought Ministries 6:50-8:50 p.m. CD02 (**LOP Ok**)  
Seventh Day Adventist Study 6:50-8:50 p.m. M111 (**No LOP**)  
Estudio Biblico 6:50-9:00 GH08 (**No LOP**)

#### **Saturday, March 4, 2017**

Spiritual Community for Lifers 9:00-11:00 a.m. Chapel (**Participants Only**)  
Seventh Day Adventist Service 1:50-3:50 p.m. Chapel (**LOP Ok**)  
Baptist 6:50-8:50 p.m. Chapel (**LOP Ok**)

#### **Sunday, March 5, 2017**

City Bible 8:50-10:50 a.m. Chapel (**LOP Ok**)  
LDS 1:30-3:00 p.m. M111 (**LOP Ok**)  
Islamic Service/Study 2:00-3:30 p.m. M111 (**LOP Ok**)  
Choir Practice 2:30-3:50 p.m. Chapel (Participants Only)  
Pagan Gathering 7:00-9:00 p.m. Chapel (**LOP Ok**)

#### **Monday, March 6, 2017**

Silent Meditation Time 9:00-9:30 a.m. Chapel (**Participants Only**)  
TM 1:00 – 2:30 p.m. GH06 (**Participants Only**)  
JW 6:50-8:50 p.m. GH02 (**LOP ok**)  
Baptist Study 7:00-8:30 p.m. M111 (**No LOP**)  
AGLOW 7:00-9:00 p.m. Chapel (**No LOP**)

#### **Tuesday, March 7, 2017**

Threshold 12:50-3:00 p.m. Chapel (**Participants Only**)  
Labyrinth 7:00-9:00 p.m. Chapel (**No LOP**)

#### **Wednesday, March 8, 2017**

Meditation 101 12:50 -2:30 p.m. Chapel (**No LOP**)  
FITS 6:50-8:50 p.m. Chapel (**No LOP**)  
Russian Baptist 7:00-9:00 p.m. GH06 (**LOP Ok**)  
VOEG Alumni 6:50-8:50 p.m. CD02 (**No LOP**)

#### **Thursday, March 9, 2017**

Anticipate! 8:30-10:30 a.m. M111 (**Participants Only**)  
Bridgetown (Discipleship) 12:30-12:50 p.m. Chapel (**Participants Only**)  
Bridgetown Service 12:50-3:00 p.m. Chapel (**No LOP**)  
Grief Group Nancy 1:00-2:30 p.m. GH08 (**No LOP**)  
Prison Fellowship 6:50-8:50 p.m. Chapel (**LOP Ok**)  
Catholic Service 6:50-9:00 p.m. GH06 (**LOP Ok**)  
Celebrate Recovery 7:00-9:00 p.m. GH02 (**No LOP**)  
Victim/Offender Education Group 7:00-9:00 p.m. CD02 (**No LOP**)

#### **Friday, March 10, 2017**

Chaplain Study 9:00-10:00 a.m. GH02 (**No LOP**)  
Asatru Study 9:00-10:00 a.m. Chapel (**Participants Only**)  
Meditation 201 12:50-2:30 p.m. Chapel (**No LOP**)  
ARMS 1:00-3:00 p.m. M111 (**Participants Only**)  
Buddhist 6:50-8:50 p.m. Chapel (**LOP Ok**)  
New Thought Ministries 6:50-8:50 p.m. CD02 (**LOP Ok**)  
Seventh Day Adventist Study 6:50-8:50 p.m. M111 (**No LOP**)  
Estudio Biblico 6:50-9:00 p.m. GH08 (**No LOP**)

#### **Saturday, March 11, 2017**

Spiritual Book Club 9:00-11:00 a.m. Chapel (**Participants Only**)  
Seventh Day Adventist Service 1:50-3:50 p.m. Chapel (**LOP Ok**)  
Baptist Service 6:50-8:50 p.m. Chapel (**LOP Ok**)

### Sunday, March 12, 2017

LDS 1:30-3:00 p.m. M111 (*LOP Ok*)

Islamic Service/Study 2:00-3:30 p.m. M111 (*LOP Ok*)

Choir Practice 2:30-3:50 p.m. Chapel (*Participants Only*)

### Monday, March 13, 2017

Silent Meditation Time 9:00-9:30 a.m. Chapel (*Participants Only*)

TM 1:00 – 2:30 p.m. GH06 (*Participants Only*)

Houses of Healing 1:00-3:00 p.m. Chapel (*No LOP*)

JW 6:50-8:50 p.m. GH02 (*LOP Ok*)

Baptist Study 7:00-8:30 p.m. M111 (*No LOP*)

Women's AGLOW 7:00-9:00 p.m. Chapel (*No LOP*)

Healing the Scared Hoop 7:00-9:00 p.m. CD02

(*Participants Only*)

### Tuesday, March 14, 2017

Threshold 12:50-3:00 p.m. Chapel (*Participants Only*)

East Hill 7:00-9:00 p.m. Chapel (*LOP Ok*)

### Wednesday, March 15, 2017

Meditation 101 12:50 -2:30 p.m. Chapel (*No LOP*)

FITS 6:50-8:50 p.m. Chapel (*No LOP*)

### Thursday, March 16, 2017

Anticipate! 8:30-10:30 a.m. M111 (*Participants Only*)

Bridgetown (Discipleship) 12:30-12:50 p.m. Chapel

(*Participants Only*)

Bridgetown Service 12:50-3:00 p.m. Chapel (*No LOP*)

Grief Group Nancy 1:00-2:30 p.m. GH08 (*No LOP*)

Prison Fellowship 6:50-8:50 p.m. Chapel (*LOP Ok*)

Catholic Service 6:50-9:00 p.m. GH06 (*LOP Ok*)

Celebrate Recovery 7:00-9:00 p.m. GH02 (*No LOP*)

Victim/Offender Education Group Orientation 7:00-9:00 p.m. CD02 (*Participants Only*)



*Minimum Brew*



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### ***NEW ARRIVALS TO MINIMUM***

*From Capt. M. McCorkhill, Minimum Operations*

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Every Friday at 1pm in your unit dayroom will be a mandatory meeting for arrivals to minimum for that week. You will meet your Peer Educators for your unit.

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### ***DOUBLE VISIT REQUESTS***

*From Lt. Wall*

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Due to the high volume of double visit requests being received in the minimum facility, you need to give at least two to three weeks for the request to be processed. If your request is for a shorter time frame, your request will be

*Coffee Talk 2/02/2017*

denied. Requests may also be denied for any existing security concerns. Double visits may only be accommodated when there is space available in the visiting area.

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### ***BETWEEN THE LINES***

*From Ms. Keicher, Lifeskills*

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The Junior League of Portland is sponsoring a program called Between the Lines at CCCF on Saturday, April 8th. They will be bringing in volunteers to meet with inmates who would like to send their child a book and a CD of them reading a book to their children. Applications are on the units. Please send them before March 27<sup>th</sup> 2017.

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### ***EYEGLOSS PROGRAM RECRUITMENT***

*From Mr. Naish, Eyeglass Program Coordinator*

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Eyeglass is now accepting applications for Production Workers. Our production team sorts, washes, calibrates, and makes necessary repairs to donated eyeglasses collected by the Lions Clubs throughout Oregon. Once all repairs are complete, the eyeglasses are sent back to the Lions Clubs for missions trips around the world, where they are distributed to those in need.

### **REQUIREMENTS**

- You must be available to work Monday- Friday between 8am and 2:45pm (as well as the occasional weekend and evening).
- DR free for no less than 6 months prior to applying.
- Must have a minimum of 6 months remaining on your sentence.
- Housed in minimum facility general population.
- You must have a High School Diploma or GED.

We are accepting applications for Production through Feb. 2<sup>nd</sup> 2017. Eyeglass does not maintain a waiting list after position has been filled. Position pays 7 points.

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### ***MINIMUM RELIGIOUS SERVICES***

*From Chaplain Al-Amin*

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New 12 Step Program will be meeting on **Thursdays from 3:00pm to 4:00 pm D5**. This program is being brought to you by the Latter Day Saints, but is open to all faith traditions. Space is limited. Please send a kyte to the Chaplain if you are interested.

**African American Program** a culturally specific transition program for Multnomah County Community Corrections. Please kyte the Chaplain if you are interested in this program and you are from Multnomah County. It will meet on **Monday evenings at 5:45 pm.**

**Meditation 101 Meets on Sunday** 9am-10:30am in D8!  
This is an introduction to meditation that can help you become a healthier, happier, more positive person. You will learn techniques to cope with stress, take control of your mind and emotions, and live with balance and harmony. Taught by teachers from Portland's Meditation Yoga Center, Meditation 101 is spiritual without being religious, and is an opportunity for you to learn and experiment with meditation techniques drawn from many cultures and traditions.

In Meditation 101 you will learn basic principles of meditation including:

- Breath Exercises
- Centering
- The Relaxation Response
- Visualizations
- Hindu and Buddhist mantras
- Chants (Native American, Hindu and Buddhist)
- Neuro-linguistic Programming Exercise
- Introduction to the Chakra System

**Multicultural Group** is reading and discussing **Houses of Healing** by Robin Casarjian. There are openings in the group. Please kyte if you want to participate.

**Native American Sweat Lodge Ceremony** Will meet this month time and date TBA

**Chapel Library** The Chaplain will call chapel library by units Monday and Wednesday Afternoons as her schedule permits.

