



Coffee Talk



Superintendent: Mr. R. Persson

Editor: Ms. A. Wheeler

April 6, 2017

WEEKEND AT THE MOVIES

From: CRU

You may request any film be shown for a weekend movie; however, a film may **only** be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at **each** institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.



Upcoming Movies

4/8/17	Jersey Boys
4/9/17	Hachi: A Dog's Tale
4/15/17	Noah
4/16/17	Hop

ATTENTION MOTHERS!

From Mr. Randall, CRU Manager

Do you have a baby or toddler under three? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at

Coffee Creek is to promote, strengthen and support bonding and attachment between infants and toddlers and their incarcerated mothers.

Requirements:

- Child aged zero to three
- Minimum or minimum eligible with gate clearance
- Child lives less than 60 minutes away
- Transportation to and from the school (not provided by EHS) Tues/Thurs 9-12:30

Talk to your counselor to see if you qualify today!

EVENING YARD

From Capt. Yanez and Capt. Rasmussen, Operations Captains

Starting Sunday, April 9 the Officer In Charge (OIC) in consultations the Minimum Lieutenant may begin evening yards. Evening yards may be canceled or limited each day depending on amount of available daylight hours. Daylight hours are affected by heavy cloud cover and other weather conditions that limit available sunlight.

PHOTO PRICES

From Ms. Roach, Lifeskills

Coffee Creek photo prices have not increased. The price increases pertain to other institutions. Our photo prices are still \$1.50 for a 4x6.

BABY BONDING

From Ms. Hoffman, CRU

Baby Bonding is an extra visiting session each week for new mothers who give birth while here at CCCF/CCCM. **But, did you know that it is not limited to just the mothers who have given birth here?** If you have a baby under the age of **18 months**, and you are recently incarcerated, you could qualify for up to 6 months of Baby Bonding sessions! Want to know more? Send a kyte to **Beth Hoffman/CRU** to see if you qualify for the program.

TEXTILES PROGRAM OPPORTUNITY

From Ms. Huscher, OCE

OCE is recruiting to fill 18 open positions in the **Textiles** Program at CCCF. This four month program will include training in the following:

- Sewing
- Embroidery
- Quilting Basics
- Personal financial budgeting
- Job survival skills (soft skills)

The program will include self-study and hands-on training. Tests will be given in both written and demonstration formats.

Two shifts are available, 9 positions each, 1) Monday-Friday 6:30a .m. - 10:30 a.m. and 2) Monday- Friday 10:30 a.m.-3:30p.m. Those in the second shift will eat lunch in the workforce area. Please note: most weeks will have a Monday through Thursday schedule. Tentative start date 5/15/17.

This position awards 8 PRAS Points.

All applicants must meet the following qualifications:

- **For Medium Inmates Only:** Must have or be actively pursuing a GED or High School Diploma
For all inmates:
- **Must have at least 6 months clear conduct/six months at CCCF.**
- Be current with institution programming.
- Must have a release date after SEPTEMBER 2017 - preference will be given to those closest to release or AIP
- Preference will be given to those with moderate to high ACRS.
- Must be able to sit up to four hours at a time.
- Must not have any activities which would conflict with the training schedule
- Be able to train professionally at all times. If you currently work for CDC, must have completed your 12 month commitment.
- If accepted into the program, you will be required to sign a commitment agreement to complete the program. Those choosing to quit the program will receive a program failure.

All applicants will need to pass a counselor review, security screening, and OCE interview before being considered for the position.

Submittal process: If you are interested in applying, please submit a completed DOC Inmate Work Application to Mr. Conway, OCE General Manager. List Textiles" as the

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position of interest. Applications must be received by 4/12/17.

RECYCLING NEWS

From Green Team

Oregon Zoo Visit: A representative from the Oregon Zoo Conservation Dept. and 3 Butterfly Lab Technicians visited CCCF's Medium side on an early morning of February this year. Twenty to thirty women waited in the visiting room for an informative Lecture on Endangered Butterfly Populations, specifically the Taylor's Checkerspot Butterfly. The Conservation Team was very impressive and satisfied our curiosity by answering several questions. The lecture was excellent and brought a renewed desire to help in protecting wildlife populations. After the demonstration, many of us were more eager about Sustainability in Prisons Project (SPP) and what can be accomplished.

The new conservation program coming to Medium's H Unit will help restore the Taylor's Checkerspot Butterflies dwindling populations. Those in Medium will be joining conservation efforts currently in Minimum, the Oregon Silverspot Butterfly and viola plants, the Bee Apprentice Program, and Organic Gardening with worm composting to name a few.

Conservationists are excited to have us join the effort and Oregon Zoo Lab Technicians will teach us to perform the same systematic rearing needs for the endangered butterflies they practice. This program will enhance growth in the ecosystem and provide the women with experience in conservation. Taylor's Checkerspot butterflies will be released before full development at prepared habitations along the Oregon Coast and Military Land in the NW.

A Big THANK YOU to all of the women in Minimum's Eyeglass Recycling Program! Fox 12 news featured their efforts which give sight to those in 3rd world countries. The women clean, calibrate and sort around 6,000 eye glasses a month. The eye glasses are then delivered to international site missions through the Lions Foundation to give sight to the needy. Great job looking out for our fellow man in need across the world! Your efforts are truly an inspiration!

Questions? Comments? Kyte the Green Team/Ms. Fitts.

MARION COUNTY WORK RELEASE PROGRAM

From Mr. Dunn, CRU Manager

On February 16, 2017, Coffee Creek correctional counselors toured the Marion County Work Release Center

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in Salem. The center is home to the Women's Accelerated Release Program (WARP), which is a work release program opportunity available to our justice involved women who are releasing to Marion County. All Marion County releases are screened for program eligibility, and if you are selected, your counselor will contact you as part of your transition and release planning process.

In addition to touring the facility, our correctional counselors spent a good deal of time conversing with the program's most recent participants. Most agreed that their initial apprehensions about the program quickly faded once their classes started. The participants gave the classes and instructors high praise, and many of the participants stated that they felt the program was very applicable to their transition needs. Participants are kept busy in work and transition classes Monday through Friday, and have down time on the weekends for personal time. These participants provided us with a picture (see back page), and wanted us to let their CCCF friends know that they are doing fine, enjoying the program, and send you all their best wishes.

VISITING APPLICATIONS

From Mr. Robrscheib, CRU

Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process.



Medium Brew



LEISURE LIBRARY

From Ms. Wheeler, Library Coordinator

Effective immediately, if you have excess books checked out, you will not be allowed to check out any item from the leisure library. If you have overdue books, you will not be allowed to check out more items. If you have excess books, they must ALL be returned before you will be allowed to check out more. If you have overdue books, you must return ALL items. I review the list kept at the checkout desk and have approved the denial of this privileged service.

The book return boxes are emptied Monday afternoon, Wednesday afternoon and Friday morning. If you have excess or overdue books, we need to have the books checked in by the time you come to the library. You may drop the books in the return boxes in time for us to check

in the books, or you may bring the books with you when you come in.

Remember: Your name = Your responsibility

PASTRIES AND ENTERTAINMENT

From Ms. Roach, Lifeskills

March 21st we welcomed guest speaker, Michelle Moore, who spoke on Self-protection, being empowered. Michelle's speech was educational and addressed subjects that most of the guests and members in attendance have experienced on a first hand basis and that many of you may experience everyday...How does one assert boundaries and make them known to people around them. Michelle says...1. Name the Behavior. 2. Claim how you feel about it. 3. Explain what you'd like to see happen to make you comfortable. Try it, we did. This technique works!!!

There were also several guests who courageously braved speaking in front of the group by participating in Table Topics. Table Topics are thought provoking questions that inspire a short 1-2 minute mini speech. Toastmasters commend our guests participation, you all did great!

The blueberry turnovers that were served were a delicious topping to an educational and inspiring evening. Thank you, Kitchen workers!

Thank you...

...Michelle, for taking time out of your busy schedule to bestow your hard earned nuggets of wisdom upon us.

...guests who took time out of their busy schedules to eat and be entertained.

... members who organized, set up, cleaned up and participated in the behind-the-scene efforts to help this event run smoothly.

... Ms. Roach, for everything you did to facilitate this activity, and everything you do on a daily basis to help the Toastmasters activity run smoothly.

.... Toastmasters outside volunteers. Without your guidance our activity would not be what it is today.

The Audacious Orators, Toastmasters hope to see you all at our future meetings.

We invite everybody who's ever wondered what Toastmasters is or what we do to come to our next scheduled meeting.

The Audacious Orators Toastmasters Club meets on the 1st and 3rd Tuesdays of every month. If you are interested in observing a few meetings with no obligations, kite LifeSkills

and request to be put on the Toastmasters callout to attend 6 complimentary meetings.

MEDIUM RELIGIOUS SERVICES

From Chaplain Brault

Check the Religious Services Bulletin Board.



Minimum Brew



NEW ARRIVALS TO MINIMUM

From Capt. M. McCorkhill, Minimum Operations

Every Friday at 1pm in your unit dayroom will be a mandatory meeting for arrivals to minimum for that week. You will meet your Peer Educators for your unit.

DOUBLE VISIT REQUESTS

From Lt. Wall

Due to the high volume of double visit requests being received in the minimum facility, you need to give at least two to three weeks for the request to be processed. If your request is for a shorter time frame, your request will be denied. Requests may also be denied for any existing security concerns. Double visits may only be accommodated when there is space available in the visiting area.

MINIMUM MOVES

From Lt. Wall, Minimum Lieutenant

Inmates living on F300 are there on an incentive basis. Bunks in that unit are at a premium as there is limited space, and there are additional privileges that come with living there. If you receive a bottom bunk restriction, and you live in F300 on a top bunk, you will be moved to another unit to accommodate your restriction. If you wish to move back to F300, you may submit an incentive move request that notes that you wish to be moved back to the unit, and you are bottom bunk restricted.

If you are moved from the minimum to the medium facility, out to court over night, etc. your bunk in the minimum will not be held for you, even if it was the bunk you were moved to for your incentive move. Coffee Creek is near maximum capacity and other inmates will be moved to the minimum while you are gone. Once you return, you may submit an incentive move request to go back to the unit you

previously lived in. However, you will not be guaranteed the same bunk.

Whenever submitting an incentive move request, please review the guidelines for moves in the inmate handbook on your housing unit. Coffee Creek management reserves the right to approve or deny move requests based on facility needs and security concerns. If you have questions about moves in the minimum, please contact Lieutenant Wall.

MINIMUM RELIGIOUS SERVICES

From Chaplain Al-Amin

New 12 Step Program will be meeting on **Thursdays from 3:00pm to 4:00 pm D5**. This program is being brought to you by the Latter Day Saints, but is open to all faith traditions. Space is limited. Please send a kyte to the Chaplain if you are interested.

African American Program a culturally specific transition program for Multnomah County Community Corrections. Please kyte the Chaplain if you are interested in this program and you are from Multnomah County. It will meet on **Monday evenings at 5:45 pm**.

Meditation 101 Meets on Sunday 9am-10:30am in D8! This is an introduction to meditation that can help you become a healthier, happier, more positive person. You will learn techniques to cope with stress, take control of your mind and emotions, and live with balance and harmony. Taught by teachers from Portland's Meditation Yoga Center, Meditation 101 is spiritual without being religious, and is an opportunity for you to learn and experiment with meditation techniques drawn from many cultures and traditions.

In Meditation 101 you will learn basic principles of meditation including:

- Breath Exercises
- Centering
- The Relaxation Response
- Visualizations
- Hindu and Buddhist mantras
- Chants (Native American, Hindu and Buddhist)
- Neuro-linguistic Programming Exercise
- Introduction to the Chakra System

Multicultural Group is reading and discussing **Houses of Healing** by Robin Casarjian. There are openings in the group. Please kyte if you want to participate.

Native American Sweat Lodge Ceremony Will meet this month time and date TBA

Chapel Library The Chaplain will call chapel library by units Monday and Wednesday Afternoons as her schedule permits.