



Coffee Talk



Superintendent: Mr. R. Persson

Editor: Ms. A. Wheeler

May 19, 2016

WEEKEND AT THE MOVIES

From Ms. White, CRU

You may request any film be shown for a weekend movie; however, a film may **only** be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at **each** institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.

Upcoming Movies

May 21:	Creed
May 22:	Mission Impossible: Rogue Nation
May 28:	Wild Card
May 29:	Crimson Peak
May 30:	The Messenger

ATTENTION MOTHERS!

From Mr. Randall, CRU Manager

Do you have a baby or toddler under three? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and support bonding and attachment between infants and toddlers and their incarcerated mothers.

Requirements:

Child aged zero to three

Minimum or minimum eligible with gate clearance

Child lives less than 60 minutes away

Transportation to and from the school (not provided by EHS) Tues/Thurs 9-12:30

Talk to your counselor to see if you qualify today!

MEDIUM VISITING ROOM CLOSURE

From Ms. Brenner, Administration

The Medium Visiting Room will be closed on Friday June 3rd to all professional appointments, (which include attorney, DHS, Baby Bonding and more) and Saturday June 4th for all visiting sessions.

PREA ADVOCACY

From Captain Rasmussen

It is normal for people who experience sexual abuse to feel overwhelmed and have a lot of questions about what their options are. It is also important to remember no one deserves to be sexually abused. It is not your fault. Surviving and healing is possible.

Inmates who have experienced sexual abuse may reach a community-based advocate by dialing "711" from the inmate telephone system. Community-based advocates provide survivors of sexual abuse information about their options, resources, information and emotional support. Calls to "711" are confidential and free of charge.

Advocates role

- Provide over-the-phone confidential support and crisis intervention related to sexual abuse
- Talk with a survivor about their current and ongoing safety
- Explain reporting options available through PREA

- Support survivor at a sexual assault forensic medical examination
- Support survivor at an investigatory interview related to sexual abuse, as requested
- Educate/teach survivor coping skills for healing from sexual abuse
- Provide resources and referrals
- Provide follow-up support

An advocate's role is

- Not make decisions or tell a survivor what to do
- Not tell a survivor whether or not to report
- Not investigate a crime
- Not provide legal advice
- Not be a survivor's friend
- Not provide therapy
- Not communicate with the institution unless the survivor requests them to do so and only with a signed limited release of information

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report the sexual abuse unless you request them to do so and if you sign a release of information.

Advocacy crisis lines are not a reporting hotline. If you wish to file a report, you may contact the Inspector General Hotline by dialing 9 on the inmate telephone system, writing an inmate communication, filing a grievance, or writing the Governor's Office at State Capitol, Room 160, 900 Court Street, Salem, OR 97301.

DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters
3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

PREA Advocate Coordinator
Oregon Department of Corrections
2575 Center Street NE
Salem, OR 97301

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and is not to be used for other purposes. Contacting an advocate for anything other than services related directly to coping with sexual abuse takes away valuable resources for sexual assault survivors who need an advocate's help.

Telephone calls and mail to community-based advocacy centers are considered privileged/confidential communication and will be handled similar to legal calls/official mail.

You may reach your community-based advocate by dialing "711" from the inmate telephone, dialing their direct crisis line number, or sending written correspondence.

Institution	Community-Based Advocacy Center
CCCF	Sexual Assault Resource Center (SARC) 4900 SW Griffith Drive, Suite 100 Beaverton, Oregon 97005 1 (888) 640-5311
CRCI	Portland Women's Crisis Line (PWCL) Advocacy Program PO Box 42610 Portland, OR 97242 1 (888) 235-5333
DRCI	Saving Grace 1004 NW Milwaukee Ave, Suite 100 Bend, OR 97701 1 (866) 504-8992
EOCI	Domestic Violence Services (DVS) PO Box 152 Pendleton, OR 97801 1 (800) 833-1161
MCCF OSCI OSP SCI	Center for Hope and Safety (CHS) 605 Center Street NE Salem, OR 97301 1 (866) 399-7722
PRCF	May Day 1834 Main Street Baker City, OR 97814 (541) 403-0291
SCCI	Women's Safety & Resource Center 1681 Newmark Avenue Coos Bay, Oregon 97420 1 (888) 793-5612
SRCI	Project Dove PO Box 980 Ontario, OR 97914 (208) 739-5061
SFFC	Tillamook County Women's Resource Center (TCWRC) PO Box 187 Tillamook, OR 97141 1 (800) 992-1679
TRCI	Domestic Violence Services (DVS) PO Box 152 Pendleton, OR 97801 1 (800) 833-1161
WCCF	Lake County Crisis Center PO Box 774 Lakeview, Oregon 97630 1 (800) 338-7590

FREE SECURE MAIL IN MAY

From DOC

Access Corrections will be providing free Secure Mail for **Oregon DOC** Adults in Custody and Public Users for the month of May to thank you for your support of Access Corrections Secure Mail. We apologize for delays that you have seen at times due to technical problems and

appreciate your patience. **Free Secure Mail will apply to those Adults in Custody who use either the MP3 player or the print, deliver and reply options.**

Please be aware that you may only send a message to friends and family who have a secure mail account and have elected to share credits with you. While there won't be a cost for sending messages, the system is set-up so that AICs can only correspond with those who have opted to share credits.

VOODOO DONUTS FUNDRAISER FOR SPECIAL OLYMPICS

From Ms. Mooney, Lifeskills

Lifeskills will be holding a fundraiser with proceeds going to Special Olympics

The mission of Special Olympics Oregon is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Special Olympics Oregon serves over 13,000 participants on an annual basis!

Details:

You may order only one box containing ½ dozen donuts to take back to your unit and consume. The half a dozen donuts will consist of "Some Crazy, Some Classic". Cost is \$10.00. You must be incentive level 2 or 3 to participate. Order forms are located on the unit. Please make sure your order and Cd-28 in received no later than June 6th. CD-28's will be processed the week of June 6th. Donuts will be delivered Wednesday, June 22nd in the afternoon. You will be on a call out.

IMPORTANT

If for any reason you place an order and get a cell-in, drop a level or are not at the facility the day of the delivery your order will become a donation and you will **not** receive a refund.

UPCOMING SURVEY

From Ms. Brenner, Administration

Through a cooperative agreement, the Bureau of Justice Statistics (BJS) and RTI International (RTI) are conducting the 2016 Survey of Prison Inmates (SPI). The 2016 SPI is a national, omnibus survey of prisoners, age 18 or older, within the United States who are incarcerated in

confinement or community-based correctional facilities operated by or for state or federal governments. A main purpose of this omnibus survey is to generate reliable national estimates of the characteristics of prisoners over a variety of domains, including characteristics that are germane to the corrections field, such as the severity of offenses committed and criminal history; medical, mental health, and substance abuse and dependency problems; and behaviors in prison, including both rule infractions and participation in programs. Other important objectives of SPI are to track changes in these characteristics over time, describe special populations of prisoners, and identify policy-relevant changes in the prison population.

The 2016 SPI data will also be used for similar purposes and in other ways to address emerging issues in corrections. For example, the information about medical and mental health conditions of inmates, when coupled with other information about their economic status, will be used by BJS to generate estimates of the impact on healthcare reform. Data such as these will also be used by program planners in agencies such as the National Institute of Mental Health and the Substance Abuse and Mental Health Services Administration, as well as by state corrections administrators, to develop strategies and programs to address the needs of inmates and reduce recidivism.

Inmate Privacy – This study is covered by a Privacy Certificate which means that everything said during the interview and all information about the inmate will be treated as private and confidential. No information that is shared with the interviewer will ever be shared with anyone at the prison or from the community. To protect confidentiality, all information will be handled in a secure manner and all answers will be combined with those of all other inmates in the study to produce the study results. The only exception is if the inmate tells an interviewer of intent to seriously harm himself or a specific person or plan to commit a future crime. In that event, the interviewer will inform correctional staff.

Data Confidentiality - The procedures to protect inmate privacy are required by Title 42, United States Code, Section 3789g. Identifying information will not be attached to survey data, all data and documentation on the laptops will be encrypted, and data will be transmitted off of the laptops and back to TRI daily. After an inmate has completed the interview no one, including the interviewer, will be able to view the inmate's survey responses. All interviewers will be trained on legal and ethical requirements and will be required to sign a Statement of Confidentiality.

These interviews will be conducted at CCCF in May 2016, and will involve approximately 90 randomly selected

inmates from General Population. Inmates who are randomly selected during this process will be placed on a call out for the time and location of the interview. Each interview is expected to take approximately 55 minutes.

RECYCLING NEWS

From Ms. Fitts, Green Team

Many prisons have benefitted from on-site gardening and those in Oregon have set an extraordinary example for other states to follow. Due to the diligence of participating women, we have a beautiful, useful, organic garden in the Minimum Facility! They have even implemented useful innovations to further healthy growth. For instance, a large repurposed freezer was made into a **multi-level container for worms**; the ladies collect worm juices also known as **worm tea** to pour onto their garden furthering healthy microbe growth. Plus, the pollinating bee hives nearby enable the beekeepers to have a professional and dedicated hand in pollinating our garden. With these advances and others, we are establishing useful skills, providing produce for our facility and those in need. Plus further pollinating the earth and reducing pollution in the surrounding neighborhood with vigilant organic practices.

Oregon's 14 state prisons are involved in farm-to-table programs and have been mentored by master gardeners from Oregon State University. In the last 3 years, together we raised more than 600,000 pounds of produce! There are many benefits to having and eating fresh produce. One advantage that has gotten the state's attention is not only saving money with on-site growth efforts, but reducing our healthcare costs because we're eating healthier. In fact, the state was funding almost \$100 million a year on our healthcare costs which is 7 times spending on the state's Education Department! Fortunately, with on-site gardening this can change by leaps and bounds. Sign-up and take advantage of the veggie trays today enjoying the produce from the beautiful Earth we live in, whether it's directly from the organic garden or another local industry, it is feeding your body healthy nutrients directly from the Earth.

Remember, gardening on the outs can benefit you as well. Embracing gardening for therapeutic restoration will enhance your efforts in rehabilitation and save money making life easier when you parole! Join us in earth-friendly efforts and help play a part in saving the Earth!

VISITING APPLICATIONS

From Ms. White, CRU

Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once
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the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process.

THROUGH A CHILD'S EYES – TACE

SUMMER EVENT

From Ms. Mooney, Lifeskills

The Wilsonville Rotary is again bringing Through a Child's Eyes (TACE) to Coffee Creek. TACE is an outside summer children's event held in July that features a BBQ as well as interactive crafts, games and other activities for mothers and their children to participate in together. The 2016 TACE event will mark the 14th year that the Wilsonville Rotary and CCCF have partnered to provide this unique opportunity for inmates and their children. The dates and times are as follows:

Medium Facility
Saturday, July 9th
11:30 am – 3:30 pm
Afternoon visiting cancelled in both facilities

Minimum Facility*
Sunday, July 10th
11:30 am – 3:30 pm
Afternoon visiting cancelled in both facilities along with Sunday morning.

***Please note:** Again both events this year will take place in the Medium facility. Medium inmates will participate on Saturday. On Sunday, Minimum inmates will be escorted to the Medium Facility for the event. Please notify your families that they will need to come to the Medium Facility regardless of whether you are currently in Minimum.

Who is eligible? You may attend the event if you meet all of the following criteria:

- You have children ages 17 and under who are approved on your visiting list or approved to attend special visiting and will attend with a caregiver, **and**;
- You are incentive level 2 or 3
- No major DR's in the last 6 months
- **You must meet these requirements by June 22nd in order to qualify for the event.**

What visitors can come? Inmates may invite **their own children** ages 17 and under who are also on the inmate's approved visiting list (or approved for special events). They are to be accompanied by an adult caregiver who is also on the inmate's approved visiting list. The number of caregivers allowed will be determined based on the number of children attending.

Special Note: Children of the adult caregivers may also attend if they are on the inmates approved visiting list and living in the same household as the inmate's children. You must note this on your application in the "Relationship to Inmate" section.

How to apply: Fill out the application form that is available on your housing unit and send it to Mrs. Mooney. We will verify that those you have invited are on your approved visiting lists or have been previously approved to attend special events. Late requests will not be processed, so act now! **Applications received after Friday, June 8th will not be processed.**

Once the request is processed, Mrs. Mooney will send all approved inmates a notification of approved guests as well as an invitation to the event (printed by the Rotary TACE program) for the inmate to send to her approved family members. Mrs. Mooney will also make sure you are on the call out for the orientation meeting and the event.

How to volunteer if you're children do not come?

If you meet the above criteria and you do not have children that will be attending the event, you may apply to work as a volunteer at the event. Inmate volunteers will be screened and selected to meet the needs of the event based on the number of children attending. Inmates that volunteer must also meet the incentive level requirements listed above. **If you do not have children coming** and want to volunteer to help at the TACE event, please send an inmate communication to Mrs. Mooney no later than June 10th. Volunteers are typically needed in the following areas: Food Service, Hair Braiding, Face Painting, and Bussing/Cleaning. If you are able to braid hair or face paint please indicate that specifically on your kyte.

Transportation and lodging assistance for families:

The Rotary Club may consider assisting with transportation costs (75 miles +) and lodging if needed for caregivers to bring children to this event in July. Assistance will be reviewed and approved on a case-by-case basis. ***Please do not request this assistance unless it is absolutely necessary.*** Applications for transportation assistance are available in the housing units.

Some things to remember:

- Visitors must already be approved. If you have not already started the process it will more than likely be too late for this event. You should get started now, however, because there will be another children's event coming up in the fall. If your children and caregivers are not on your approved visiting list by June 27th you will not be able to participate in this event.

- If you are approved for this event, you will be given an invitation to mail to your children and caregivers to attend the event.
- If it is your responsibility to notify your family if they have been approved and to invite them. If family members show up who have not been approved, they will not be allowed into the facility. **There will be no exceptions.**
- Inmates on LOP will not be able to participate and it will be your responsibility to notify your children and caregivers.
- This event is for the children. A great deal of time, energy, effort and money has been invested by the Wilsonville Rotary and their volunteers. **Please help to make this event fun, safe and successful for all who attend.**

Frequently Asked Questions

Question: I am currently incentive level 1. May I still participate?

Answer: It is possible. For this event you must meet the incentive level requirement (2/3) by June 22nd. In other words, if you are currently a level 1, but will be a 2 or 3 on or before June 22nd, you should submit an application. If you reach level 2 or 3 after June 22nd, but before the event date, you will not be able to participate and you should not submit an application. If you are unsure your counselor can provide you with that information.

Question: I recently arrived at CCCF am on intake status. Am I able to participate?

Answer: Possibly. In order to participate in this event you must be off intake status. If you are on intake status you are at level 2. In addition, in order to participate, your children and caregivers must be approved on your visiting list. This process is facilitated by your institution counselor once you are off intake status. We hold children's events four times a year, so if you are currently on intake status, you can work towards participating in the fall and winter events.

Question: I have other children on my visiting list who I want to invite (nieces, nephews, brothers, sisters, etc). Can I invite them?

Answer: It depends. The children's events are designed for inmates to spend time and interact with their own children; so generally, it is only those children who may attend. However, if your children are under the care of the

same caregiver as the other children on your visiting list (grandchildren, nieces, nephews etc.) and they reside in the *same household*, you may invite your children and the other children. The situation will be verified by your counselor and Lifeskills staff.

Question: I have been to many children's events in the past. Do I still need to attend the pre-event meeting?

Answer: Yes. Everyone who signs up is required to attend this meeting. If you do not attend you will not be able to participate in the event.

Question: I have been approved for the event but I just found out that my family will not be able to make it. Do I need to notify anyone?

Answer: Yes. If you have applied and been approved for the event and find out that your family cannot come, please send an inmate communication to Mrs. Mooney as soon as possible. It helps in planning if we have the most accurate number of attendees as possible.

OCE CADD OPPORTUNITY

From Mr. Conway and Ms. Huscher, OCE

The OCE/DOC Career Readiness Center is recruiting to fill 18 open positions in the CADD (Computer Aided Drafting & Drawing) Program at CCCF. This 6 month program will include training in the following:

- CADD (includes Introduction to MS Word, Excel and Access)
- Exploring Drafting
- Personal financial budgeting
- Job survival skills (soft skills)

The program will include self-study hands-on training. Tests will be given in both written and demonstration formats.

Two shifts are available: 9 positions each, 1) Monday-Friday 6:30a.m. - 10:30 a.m. and 2) Monday- Friday 10:30 a.m. -3:30 p.m. Those in the second shift will eat lunch in the workforce area. Please note: most weeks will have a Monday through Thursday schedule. This will be explained to you if you receive an interview.

Tentative start date AUGUST 8, 2016.

Minimum custody inmates are eligible to apply. Successful applicants will be transferred to the Medium facility for the duration of the program.

This position awards 8 PRAS Points.

All applicants must meet the following qualifications:

- For **Minimum inmates only**: Must have at least a GED or High School diploma
- For **Medium inmates only**: Must have or be actively pursuing a GED or High School Diploma

For all Inmates:

- Must have at least 6 months clear conduct
- Be current with Institution programming
- Must have no disqualifying convictions, e.g. computer-related crime, ID theft, fraud etc.
- Must have a release date after *JANUARY 15, 2017* - Preference will be given to those closest to release or AIP
- Preference will be given those with moderate to high ACRS.
- Low ACRS are encouraged to apply. Successful applicants will be placed on a waiting list to fill any open positions.
- Must be able to sit up to four hours at a time.
- Must not have any activities which would conflict with the training schedule
- Be able to train professionally at all times.
- If accepted into the program, you will be required to sign a commitment agreement to complete the program.

Those choosing to quit the program will receive a program failure.

All Applicants will need to pass a counselor review, security screening and OCE interview before being considered for the position.

Submittal process: If you are interested in applying, please submit a completed DOC Inmate Work Application to OCE General Manager Dave Conway. List "CADD" as the position of interest. Applications must be received by: **JUNE 11, 2016**



Medium Brew



ADL HELP WANTED

From Nurse Gordon, Health Services

Are you looking for a new job? Are you a kind, caring, compassionate person? Are you looking for a way to help others and give back? Are you respectful and responsible? CCCF is currently accepting applications for ADL Worker positions. Activities of daily living (ADL's) are day to day activities like walking or pushing a wheelchair, bathing, dressing, feeding, and toileting that some inmates may not be able to do on their own; they require assistance.

In order to be considered for this position you must be housed in the Medium facility, cannot live on MHU, have 6 months clear conduct and no program failures in the last 6 months. You must also have at least one year remaining of your sentence, and be physically able to lift with no medical restrictions. We are looking for individuals who communicate well with others, are patient, and respect the need for confidentiality. If you are interested in an ADL Worker position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services Nurse Manager and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants who meet the minimum qualifications will be scheduled and called out for an interview. Thanks for your interest.

NOTES FROM THE LIBRARY SERVICES COORDINATOR

From Ms. Wheeler, Library Services

Use of Coffee Creek's general library is a privilege. If you are participating in the general library call-out you will have 15 minutes to make a book selection, check out and return to your unit. You may not return to the library that same day. You may check out up to five (5) items at any given time and may have only five (5) items in your possession at one time. When you are told that your 15 minutes are up, go directly to the checkout desk.

If you have a question regarding where you can find a book, ask the library clerks at the front of the room.

Books can be returned at the library or in one of the many drop boxes. Drop boxes are located outside of C/D, G/H, and J/K control points. **Do not leave your books on top of the drop boxes.** You are responsible for items you check out. If you leave your library books on top of the drop box, another inmate may pick it up.

Do not engage in conversation with the legal library workers. If you have legal questions, submit a kyte and you will be scheduled.

Be mindful that others are working. Keep your voices down.

You are responsible for the condition of the books you check out. If a book you have checked out is returned damaged, e.g. pictures torn out or pages missing, progressive discipline will be enforced.

If you have work or programming scheduled during your unit's general callout time please send **one** kyte to the librarian in order to be scheduled for the worker line

callout. Please be patient as it takes some time to process kytes for the callout.

General Library Schedule:

J/K Tuesday Morning
C/D Wednesday Morning
G/H Thursday Morning

INMATE PERSONAL PROPERTY

From Captain Dickinson

As a reminder, all of your personal property must fit safely and securely in the designated storage containers provided by the facility. For the CCCF Medium facility, it is the two gray totes provided in your cell. Any excess personal property that does not fit in the storage containers provided must be sent out of the facility at your own expense or hot trashed. You may store one acoustic guitar or similar size musical instrument under your bunk. You may not store items that do not belong to you. There will be no exceptions to this rule. Please take the necessary steps to ensure you maintain compliance with this standard. In addition, the following restrictions have been placed on personal property:

- 1 Television
- 1 MP3 Player or MP4 Player
- 1 CD Player (if previously purchased)
- 1 Alarm Clock
- 1 Hair Dryer
- 1 Curling iron
- 1 Flat Iron
- 1 Pair Contact Lenses (Non-Colored)
- 1 Portable /pocket AM/FM radio
- 1 Plain, smooth wedding band

Although we currently do not have a property restriction on shoes, you may only store 3 pairs of shoes under your bunk. All other personal shoes must be stored in the property totes assigned to your bunk.

MEDIUM RELIGIOUS SERVICES

From Chaplain Brault

Exploring Your Beliefs begins **Monday June 6th – July 11th**, 1-3p in the Chapel! This is a **ten-week conversation** about religious faith and figuring out what YOU believe (or don't). For most of us, it's important to think about what connections we can make to some higher power that strengthens us to meet life's challenges. This class will provide an opportunity to look at our past experience of religion, and begin to work toward connections that empower us toward our best selves. We'll be talking about "big" questions: What is spirituality? What are spiritual

values? How do we make meaning out of our lives? Sign up on your housing unit to attend!

Friday, May 20, 2016

Chaplain Bible Study 9:00-10:00 a.m. GH02 (*No LOP*)
Asatru Blot 9:00-10:00 a.m. Chapel (*No LOP*)
Meditation 201 12:50-2:30 p.m. Chapel (*No LOP*)
Buddhist 6:50-8:50 p.m. Chapel (*LOP ok*)
New Thought Ministries 6:50-8:50 p.m. CD02 (*LOP ok*)
Seventh Day Adventist Study 6:50-8:50 p.m. M111 (*No LOP*)

Saturday, May 21, 2016

Community for Lifers 9:00-11:00 a.m. Chapel
(*Participants Only*)
Seventh Day Adventist Service 1:50 - 3:50 p.m. Chapel
(*LOP ok*)
Baptist 6:50 - 8:50 p.m. Chapel (*LOP ok*)

Sunday, May 22, 2016

LDS 1:30-3:00 p.m. M111 (*LOP ok*)
Choir Practice 9:00-10:30 a.m. Chapel (*No LOP*)
Islamic Service/Study 2:00-3:30 p.m. M111 (*LOP ok*)

Monday, May 23, 2016

Transcendental Meditation 9:00 -10:30 a.m. Chapel
(*Participants Only*)
Jehovah Witness 6:50 - 8:50 p.m. GH02 (*LOP ok*)
Healing the Sacred Hoop 6:50-9:00 p.m. CD02 (*LOP ok*)
Transcendental Meditation 7:00 - 8:00 p.m. JK08
(*Participants Only*)
Baptist Bible Study 7:00 - 8:30 p.m. M111 (*No LOP*)
Pastor Jose 7:00-9:00 p.m. Chapel (*LOP ok*)

Tuesday, May 24, 2016

Transcendental Meditation 9:00 -10:30 a.m. Chapel
(*Participants Only*)
Threshold 12:50 - 3:00 p.m. Chapel (*Participants Only*)
East Hill 7:00-9:00 p.m. Chapel (*LOP ok*)

Wednesday, May 25, 2016

Grief Group with/Nancy 9:00-8:30 Chapel (*No LOP*)
Meditation 101 12:50 -2:50 p.m. Chapel (*No LOP*)
FITS (BAPTISM) 6:50-8:50 p.m. Chapel (*No LOP*)
Grief Group w/ Peggy (LAST CLASS) 7:00-8:30 p.m.
GH08 (*Participants Only*)

Thursday, May 26, 2016

Anticipate 8:30-10:30 a.m. M111 (*Participants Only*)
Bridgetown (Discipleship) 12:30-12:50 p.m. Chapel
(*Participants Only*)
Bridgetown 12:50-3:00 p.m. Chapel (*Participants Only*)
Prison Fellowship 6:50-8:50 p.m. Chapel (*LOP ok*)
Catholic Service 6:50-9:00 p.m. GH06 (*LOP ok*)
Celebrate Recovery 7:00-9:00 p.m. GH02 (*No LOP*)
VOEG 7:00-9:00 p.m. CD02 (*No LOP*)

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Minimum Brew



NEW ARRIVALS TO MINIMUM

From Capt. M. McCorkhill, Minimum Operations

Every Friday at 1pm in your unit dayroom will be a mandatory meeting for arrivals to minimum for that week. You will meet your Peer Educators for your unit.

SOME GENERAL REMINDERS

From Capt. M. McCorkhill, Minimum Operations

Clothing: No rolling up your shorts or shirts when walking, standing or laying on the yard.

Towels: You are authorized to take one towel of your two to yard.

Water only: Only water is authorized for classes or services outside of the housing units.

Bunk Inspection: Beds need to be made inspection ready and your items secured in your tank box or locker. No items are allowed to be placed beneath your mattress.

Fire Drills: When returning to the housing unit from a fire drill, walk in a single file line.

Ice cream Spoons & Coffee Cart Items: Dispose of these items after you have consumed the product. These items will be considered to be contraband.

REASON TO RUN

From Ms. Mooney, Lifeskills

Reason to Run: Bunk to 5K Run/Walk or Strength & Speed Training
Sundays 9:15 am - 10:30 am June 5 - July 17

Join Reason To Run for a seven week running program and choose from one of two options:

- New runners - Bunk to 5K Run/Walk
- Experienced runners - Strength & Speed training

Our Bunk to 5K learn-to-run program is designed for the non-runner. We will meet once a week for coaching and information sessions covering topics such as nutrition,

injury prevention and shoes. You will start your fitness journey with a 20 minute workout and by the end of the program you will walk/run to complete a 5K race!

Our Strength & Speed training will provide you with weekly run workouts designed to increase your running distance and speed. You will run a timed mile at the beginning of the training and finish the program with a timed 5K race.

To participate you will need:

- Running shoes
- Shorts
- T-shirt/sweatshirt
- Commitment to do the training
- Willingness to encourage others
- Willingness to go outdoors rain or shine

This program will be limited to 40 participants. You must be incentive level 2 or 3 to participate. Please kyte Amanda Mooney

Previous run group participants are welcome to sign up and join the class.

THEATER AT COFFEE CREEK PRESENTS

12 Angry Women

From Ms. Mooney, Lifeskills

12 Jurors decide the fate of a 19 year old boy standing trial for the death of his father. The guard on duty mutters, "He doesn't stand a chance." Does he? The vote begins at 11 – 1 guilty, but the vote must be unanimous for the verdict to carry. Is there a reasonable doubt? Evidence is re-examined and tempers flare as each character reveals herself. Come see this courtroom thriller exploring what it means to live in a democracy.

Tuesday, May 31st at 7:00 pm

Dining Hall

Please kyte Ms. Mooney by Friday, May 20th

You must be incentive level 2 or 3 to attend. Please note there is limited space available. If you kyte to attend this performance you are required to stay the entire time. If you choose not to show up you will be held accountable. So please make sure if you kyte to attend you are able to attend and stay the entire time.

STOMP OUT ABUSE

From Ms. Mooney, Lifeskills

Reason to Run & ARMS presents the 2nd Annual Stomp Out Abuse 5K/10K - May 15th - Minimum Yard Track 8:30-10:30am

Reason to Run and Abuse Recovery Ministries (ARMS) invite you to join the Run Group for the Stomp Out Abuse Run/Walk. This run/walk will raise awareness for the ARMS organization which has support groups at CCCF. The official outside Stomp Out Abuse race will be taking place in Hillsboro, OR.

This event is free, but you must register to participate please send Ms. Mooney a kyte to participate no later than May 2nd. You must be incentive level 2 or 3, no LOP (You can choose to run or walk a distance of 5K (3.1 miles) or 10K (6.2 miles).

As a participant you will:

- receive an official Stomp Out Abuse race bib
- record your finish time when you complete your set distance
- be provided ice water
- be supported and cheered on by amazing volunteers and your peers
- raise awareness about domestic abuse
- be doing something positive for your mind, body and soul

We are encouraging all participants to have a friend to cheer you on and count your laps as you run and/or walk the course.

New to running and not sure how to start? Kite to Amanda Mooney and join the Reason To Run Group which meets on Sunday mornings at 9:30am - 10:30am.

Also keep in mind we will be utilizing the entire yard and track. Those not participating are encouraged to cheer those who are along.

MINIMUM RELIGIOUS SERVICES

From Chaplain Al-Amin

New 12 step program will be meeting on Thursdays from 3:00pm to 4:00 pm D5. This program is being brought to you by the Latter Day Saints, but is open to all faith traditions. Space is limited. Please send a kyte to the Chaplain if you are interested.

African American Program a culturally specific transition program for Multnomah County Community Corrections. Please kyte the Chaplain if you are interested in this program and you are from Multnomah County. It will meet on Monday evenings at 5:45 pm.

Meditation 101 Meets on Sunday 9am-10:30am in D8!

This is an introduction to meditation that can help you become a healthier, happier, more positive person. You will learn techniques to cope with stress, take control of your mind and emotions, and live with balance and harmony.

Taught by teachers from Portland's Meditation Yoga Center, Meditation 101 is spiritual without being religious, and is an opportunity for you to learn and experiment with meditation techniques drawn from many cultures and traditions.

In Meditation 101 you will learn basic principles of meditation including:

- Breath Exercises
- Centering
- The Relaxation Response
- Visualizations
- Hindu and Buddhist mantras
- Chants (Native American, Hindu and Buddhist)
- Neuro-linguistic Programming Exercise
- Introduction to the Chakra System

Multicultural Group is reading and discussing *Houses of Healing* by Robin Casarjian. There are openings in the group. Please kyte if you want to participate.

Native American Sweat Lodge Ceremony Will meet this month time and date TBA

Chapel Library The Chaplain will call chapel library by units Monday and Wednesday Afternoons as her schedule permits.

Date: May 13, 2016

To: CCCM, CRCI, EOCL, OSP, PRCF, SRCI/SRCM Adults in Custody

From: Michael Gower, Assistant Director for the Operations Division

Subject: Telmate Tablet Pilot

In 2012, the Department partnered with Telmate to become the first state to bring VIP technology into its facilities, offering a means for adults in custody (AIC) to make more connections with their loved ones. We have found in doing so that there has been an undeniable positive impact in the lives we seek to enhance.

Moving forward, the Department will begin a Telmate Tablet Pilot at your location. This project is being offered as a means to provide a modern experience while making it even easier to connect with friends and family, and to offer an array of valuable resources as well as entertainment options.

Training and Implementation.

The following facilities were selected in order for the Department to assess how we offer the tablet to the inmate population moving forward. Below is the schedule for training and implementation.

Institution	Area(s)	AIC Onsite Training	Go-Live
SRCI/M	<ul style="list-style-type: none"> • Complex 1: A, B, C • ASU • IMU-B • Minimum Dorms 1 & 2 	6/2/2016	6/2/2016
PRCF	<ul style="list-style-type: none"> • <i>All Housing Units</i> 	6/2/2016	6/2/2016
EOCI	<ul style="list-style-type: none"> • G3, G4 • Disciplinary Segregation 	6/2/2016	6/2/2016
CRCI	<ul style="list-style-type: none"> • <i>All Housing Units</i> 	5/31/2016	5/31/2016
CCCM	<ul style="list-style-type: none"> • <i>All Housing Units</i> 	5/31/2016	5/31/2016
OSP	<ul style="list-style-type: none"> • A unit 	5/31/2016	5/31/2016

Contact

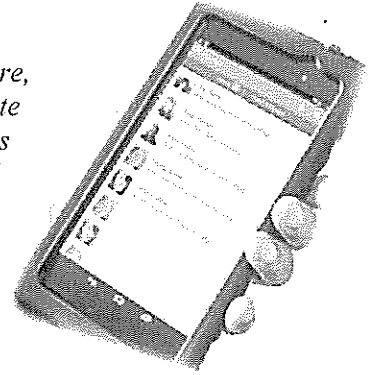
AICs with questions or issues may submit an electronic inmate request to Telmate Tablet Help. Those without access to a Telmate station may send an inmate communication to Telmate@CDC or to the facility Telmate liaison. Friends and family may contact Telmate customer service at 866-516-0115.



Telmate Tablet FAQs- Adults in Custody

What is the Telmate Tablet?

Telmate describes the device in the following manner: *The Telmate Tablet is a secure, wireless device specifically designed for correctional facilities that transforms inmate interactions. It brings a new wave of benefits to facility staff and inmates, which is further proof that well-designed, modern technology can advance both correctional operations and inmate well-being.*



When will tablets be available at my facility?

The Oregon Department of Corrections has selected six facilities to test during the pilot period. Once completed, the program will be assessed for full implementation.

What features are available on the tablet?

Initially, messaging, photos (receiving only), games, secure web browsing, movies, music, and inmate requests will be the standard features offered. *Not all features may be available at all locations during the pilot period.*

How will I access the tablet?

The tablets will be available on a check-out basis. Each participating facility will develop a check out policy. Instructions will be posted in each housing unit. AICs will use their Telmate PIN# (*same number used for the phone and the Telmate Station*). Funds will be deducted from your Telmate prepaid account.

When will we be able to use the tablets?

Tablets are available for AIC use during all open periods. Hours of operation will be at the discretion of each pilot facility.

How long can I use the tablet?

Preliminary guidelines are two hours. However, each facility using the tablet may adjust the time to suit their operational requirements. Use times will be posted at each pilot facility.

Where can I take/use the tablet?

Tablet use is limited to specific areas and will vary for each facility during the pilot phase.

Can the tablets be shared with other AICs?

Primary use is by the AIC who checks the device out. Group use of the tablet is not permitted due to the potential disruption of housing unit operations.

Can others listen to the tablet with me?

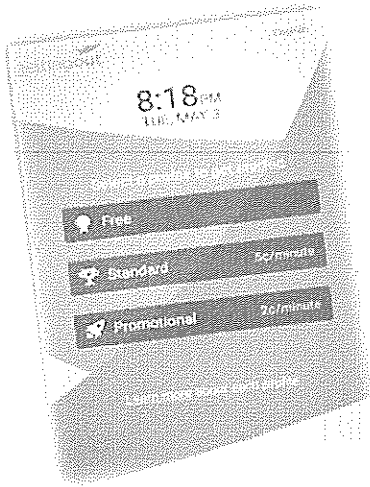
No. As with other electronic devices, headphones must be used to avoid disturbing others in the unit.

Can I walk around with headphones on, listening to the tablet?

No. This creates a safety and a communication issue. AICs will be scated when wearing headphones to ensure their safety, and the safety of others.

What's the cost to use the tablet?

The fees are per minute and depend on which features are being used. Once you enter your Telmate PIN#, there will be the following three options to choose from:



Cost	Option	Feature
Free	Free	Inmate Requests
\$.02 / minute	Promotional	Messaging
\$.05 / minute	Standard	All other applications

What happens if a tablet becomes damaged?

Telmate’s tablets are very durable, however if you notice damage, report it to your unit officer. AICs are responsible for the tablets they check out. Deliberate damage or tampering with the device will result in the implementation of progressive discipline and or suspension of tablet access. The cost of the repair or replacement will be assessed to the AICs trust account. Access will not be reinstated until the repair/replacement cost is recouped and/or has been approved by the functional unit manager or designee.

What if I want to make suggestions for the tablet pilot program?

During the initial pilot period, no suggestions will be accepted.

Who can I contact if I have a question or concern?

You may submit an electronic help request using the **Tablet Help** inmate request at the Telmate Station / kiosk. AICs without access to the Telmate Station may send a paper communication to Telmate@CDC or to your facility Telmate liaison.