



Coffee Talk



Superintendent: Mr. R. Persson

Editor: Ms. A. Wheeler

August 18, 2016

WEEKEND AT THE MOVIES

From: CRU

You may request any film be shown for a weekend movie; however, a film may **only** be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at **each** institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.



Upcoming Movies

August 20	Jurassic World
August 21	Coraline
August 27	10 Cloverfield Lane
August 28	Love & Basketball

ATTENTION MOTHERS!

From Mr. Randall, CRU Manager

Do you have a baby or toddler under three? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and

support bonding and attachment between infants and toddlers and their incarcerated mothers.

Requirements:

- Child aged zero to three
- Minimum or minimum eligible with gate clearance
- Child lives less than 60 minutes away
- Transportation to and from the school (not provided by EHS) Tues/Thurs 9-12:30

Talk to your counselor to see if you qualify today!

RACE FOR THE CURE

From Ms. Keicher, Lifeskills

Reason to Run would like to invite everyone to join in the 6th Annual Susan G Komen Race for the Cure - Inside 5K (3.1 miles) Run/Walk on Saturday September 24. This event will take place on the Medium (J/K units only) side at 9am and on the Minimum side at 1pm. All participants will receive a Race for the Cure numbered bib and have access to ice cold drinking water during the event. A photographer and timing clock will also be part of the event.

Past Coffee Creek participants of this event have donated a total of almost \$2000 to the Susan G Komen organization! Come be part of something amazing.

You do not have to be a runner or in the Reason To Run group to participate, you can walk the 5K if you would like.

Registration cost: \$5 (all proceeds go directly to the Susan G Komen organization dedicated to breast cancer research and support)

Kyte to Amanda Mooney on or before September 16.

RECYCLING NEWS

From Green Team

Energy challenges are underway and the winning Green Teams will be rewarded extra funds for energy efficient equipment. For those who signed the pledge to reduce

Energy usage last year keep up the good work and encourage your roommate to do the same! Don't forget to turn off lights, televisions, and other energy-consuming objects when leaving the room. Take care to use one clothes dryer and try reducing your microwave time as well. While these may seem like little steps, they each add up to produce potentially big savings in our energy usage and set us on a better path in preserving energy for our children's future.

“. . . an eye made quiet by the power of harmony, offers relief from the fever of the world.” ~ William Wordsworth, 1798

Go outside and enjoy the weather! While still enjoying the Natural Imagery Channel on 50, make sure to get outside and enjoy the fresh air too. Take a look at the beautiful wooded areas that surround our yards and watch the birds take flight. Enjoying the outdoors is even more important than you may think. Our daily duties and jobs create stress and can overwork our brain. To improve your work ability, problem solving skills and more, get outside for some R & R. Similar to a windshield wiper clearing the rain, the smooth ebb and flow of nature gives your brain a fresh start. If you are feeling anxious, take advantage of what the earth offers for free to feel renewed, rejuvenated and refreshed. **Help protect the earth, our livelihood depends on it! Start today to align your habits with reducing, reusing and recycling as much as possible!**

If you have any questions or ideas to reduce our energy usage even more, let us know! Drop a kyte to the Green Team/Ms. Fitts.

CANTEEN NEWS

From DOC

The Heritage Hair Spray is now back in stock.

Discontinued Items:

Champion Women's Hi Performance Ankle Socks 3/PK
Cost: \$10.39

Champion Women's Hi Performance No Show Socks
3/PK Cost: \$10.39

Replacement Products:

Hanes Comfort Sport Ankle Sock 3/PK Cost: \$10.39

Hanes No Show Socks 6/PK Cost: \$20.75

Price Change:

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We have recently been advised of a vendor size change for the ***Sweet Obsession Dark Chocolate bar***. The size will change from a 5.3oz. bar to a 3.5oz. bar. The price will remain the same.

New Items:

Art Accessories:

MESH ZIPPER BAG 12X16

Price: \$5.58

STUDENT ART FOLIO 14X20X2 BLUE ONLY

Price: \$7.99

Discontinued Items:

MP3 ARMBAND HOLDER W/PROTECTIVE COVER

VISITING APPLICATIONS

From Mr. Robrscheib, CRU

Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process.

VISITING APPLICATION PROCESS

From Inmate Services Unit

Q: Why does it take so long to process a visitor application/s for my family or friends?

A: There are a few reasons as to why processing times vary:

1. **AIC is on INTAKE Status** - visitor applications submitted while on Intake cannot be processed until the AIC reaches his/her home institution. To speed up the process, hold on to your applications until you reach your first housing institution.
2. **The visitor application has missing or incorrect information** - ALL INFORMATION IS REQUIRED on the application; **FULL NAME (first, middle, and last names must be SPELLED CORRECTLY), DATE OF BIRTH AND A VALID ID NUMBER** must be included to complete a background check.
3. **Potential visitor is not from the United States** - These visitors must provide their own background check from the country they are visiting from. They

may contact a police agency or the Consulate representing the country they are from.

4. **Potential visitor is a minor** - In order to enter any ODOC facility ALL MINOR VISITORS must have a custodial consent form signed by the **CUSTODIAL parent or LEGAL guardian and NOTARIZED** on file. The ISU Technician will send this form to the parent or legal guardian once it has been determined the minor visitor is eligible for visiting.
5. **Visitor is in "Deferred" status** - If you receive a Deferred notice, review, sign, and return to the ISU office as soon as possible. We CANNOT approve the visitor without your permission. Holding onto or destroying this form will also slow down the process. If you do not return the deferred notice after the 3rd attempt, ISU will close the application to IN-Incomplete.

If you have further questions in regards to the visitor application process, please send your written communication forms to:

Inmate Services Unit
2575 Center St. NE
Salem, OR 97301

RESTORATIVE JUSTICE WRITING OPPORTUNITY

From DOC

Have you studied or been involved in Restorative Justice while incarcerated? If so, you are invited to participate in the creation of a book about Restorative Justice from the perspective of the incarcerated called *Restorative Justice From the Inside Out; Incarcerated practitioners and theorists write about restorative justice.*

The book is aimed at bringing incarcerated voices to the forefront of criminal justice reform discourse by soliciting prisoner perspectives on restorative justice and its meaning and application in prison as well as throughout the various phases of their interaction with the justice system. The Editors are putting an open call out for chapter submissions from any prisoner who has participated in a restorative justice based program or encounter throughout their time within the justice system or has studied restorative justice. For the purpose of this volume, a restorative justice program or encounter is defined as any program or encounter that sought to highlight the needs or voices of victim/survivors, allowed for and encouraged increased accountability, and/or asked people to explore the impact of crime.

If you are interested in making a submission or being involved, please kyte your chaplain's office or Kelly Rath at the Dome Building for a packet with information and submission guidelines.



Medium Brew



LIBRARY HELP WANTED

From Ms. Wheeler, Library Services Coordinator

The library is currently taking applications for one library clear and one legal clerk. The **required** qualifications are as follows:

- High school diploma or GED
- Computer skills, preferably Microsoft Word
- Ability to communicate verbally and in written form
- Acceptable institution record of demeanor. This means clear conduct for at least 6 months (no major or minor DRs), and that you have been serving time this incarceration at Coffee Creek for at least 6 months.
- No computer related crimes
- Typing skills at 40 words per minute
- Minimum of 2 year left to serve in Medium General Population (priority may be given to those with more time remaining).
- Ability to work under pressure and take direction.
- Ability to work independently
- Ability to maintain good working relationships with the library coordinator and other staff, other inmate workers, and library users

Women who speak and write both Spanish and English fluently or those who have previous work experience in the legal field are especially encouraged to apply. If you are interested in this position, complete an application and return it to **Ms. Wheeler** to be received no later than **August 26.** Applications received after that day will not be considered. Kytes received at any time without an application will not be considered and will not be returned to you.

MEDIUM RELIGIOUS SERVICES

From Chaplain Brault

Friday, August 19, 2016

Chaplain Bible Study 9:00 - 10:00 a.m. GH02 **(No LOP)**
Asatru Blot 9:00 - 10:00 a.m. Chapel **(Participants Only)**
Meditation 201 12:50 - 2:30 p.m. Chapel **(No LOP)**
ARMS 1:00 - 3:00 p.m. M111 **(Participants Only)**
Buddhist 6:50 - 8:50 p.m. Chapel **(LOP ok)**
New Thought Ministries 6:50 - 8:50 p.m. CD02 **(LOP ok)**
Seventh Day Adventist Study 6:50 - 8:50 p.m. M111 **(No LOP)**

Saturday, August 20, 2016

Victim/Offender Education Group Survivor Panels 9:00 a.m. - 4:00 p.m. Chapel **(Participants Only)**
Seventh Day Adventist Service 1:50 - 3:50 p.m. Chapel **(LOP ok)**
Baptist 6:50 - 8:50 p.m. Chapel **(LOP ok)**

Sunday, August 21, 2016

City Bible 9:00 - 11:00 Chapel **(LOP ok)**
LDS 1:30 - 3:00 p.m. M111 **(LOP ok)**
Islamic Service/Study 2:00 - 3:30 p.m. M111 (LOP ok)
Pagan Gathering 7:00 - 9:00 p.m. GH08 **(LOP ok)**

Monday, August 22, 2016

Transcendental Meditation 9:00 - 10:30 a.m. Chapel **(Participants Only)**
Houses of Healing 1:00 - 3:00 p.m. Chapel **(No LOP)**
JW 6:50 - 8:50 p.m. GH02 **(LOP ok)**
Baptist Bible Study 7:00 - 8:30 p.m. M111 **(No LOP)**
Pastor Jose 7:00 - 9:00 p.m. Chapel (LOP ok)

Tuesday, August 23, 2016

Druid Service 9:00 - 11:00 a.m. Chapel **(LOP ok)**
Threshold 12:50 - 3:00 p.m. Chapel **(Participants Only)**
East Hill 7:00 - 9:00 p.m. Chapel **(LOP ok) - ON BREAK FOR AUGUST 2016**

Wednesday, August 24, 2016

Grief Group (Nancy) 9:00 - 10:30 a.m. Chapel **(No LOP)**
Meditation 101 12:50 - 2:50 p.m. Chapel **(No LOP)**
FITS 6:50-8:50 p.m. Chapel **(No LOP)**

Thursday, August 25, 2016

Moms in Prayer 8:30-10:30 a.m. M111 **(Participants Only)**
Bridgetown (Discipleship) 12:30-12:50 p.m. Chapel **(Participants Only)**
Bridgetown 12:50-3:00 p.m. Chapel **(Participants Only)**
Prison Fellowship 6:50-8:50 p.m. Chapel **(LOP ok)**
Catholic Service 6:50-9:00 p.m. GH06 **(LOP ok)**
Celebrate Recovery 7:00-9:00 p.m. GH02 **(No LOP)**
VOEG 7:00-9:00 p.m. CD02 **(No LOP)**

Friday, August 26, 2016

Chaplain Bible Study 9:00 - 10:00 a.m. GH02 **(No LOP)**
Meditation 201 12:50 - 2:30 p.m. Chapel **(No LOP)**
ARMS 1:00 - 3:00 p.m. M111 **(Participants Only)**
Buddhist 6:50 - 8:50 p.m. Chapel **(LOP ok)**
New Thought Ministries 6:50 - 8:50 p.m. CD02 **(LOP ok)**
Seventh Day Adventist Study 6:50 - 8:50 p.m. M111 **(No LOP)**

Saturday, August 27, 2016

Seventh Day Adventist Service 1:50 - 3:50 p.m. Chapel **(LOP ok)**
Baptist 6:50 - 8:50 p.m. Chapel **(LOP ok)**

Sunday, August 28, 2016

LDS 1:30 - 3:00 p.m. M111 **(LOP ok)**
Islamic Service/Study 2:00 - 3:30 p.m. M111 (LOP ok)

Monday, August 29, 2016

Transcendental Meditation 9:00 - 10:30 a.m. Chapel **(Participants Only)**
Houses of Healing 1:00 - 3:00 p.m. Chapel **(No LOP)**
JW 6:50 - 8:50 p.m. GH02 **(LOP ok)**
Baptist Bible Study 7:00 - 8:30 p.m. M111 **(No LOP)**
Women's AGLOW 7:00 - 9:00 p.m. Chapel **(No LOP)**

Tuesday, August 30, 2016

Threshold 12:50 - 3:00 p.m. Chapel **(Participants Only)**
East Hill 7:00 - 9:00 p.m. Chapel **(LOP ok) - ON BREAK FOR AUGUST 2016**

Wednesday, August 31, 2016

Grief Group (Nancy) 9:00 - 10:30 a.m. Chapel **(No LOP)**
Meditation 101 12:50 - 2:50 p.m. Chapel **(No LOP)**
FITS 6:50-8:50 p.m. Chapel **(No LOP)**

Thursday, September 1, 2016

Moms in Prayer 8:30-10:30 a.m. M111 **(Participants Only)**
Bridgetown (Discipleship) 12:30-12:50 p.m. Chapel **(Participants Only)**
Bridgetown 12:50-3:00 p.m. Chapel **(Participants Only)**
Prison Fellowship 6:50-8:50 p.m. Chapel **(LOP ok)**
Catholic Service 6:50-9:00 p.m. GH06 **(LOP ok)**
Celebrate Recovery 7:00-9:00 p.m. GH02 **(No LOP)**
VOEG 7:00-9:00 p.m. CD02 **(No LOP)**



Minimum Brew



Chapel Library The Chaplain will call chapel library by units Monday and Wednesday Afternoons as her schedule permits.

NEW ARRIVALS TO MINIMUM

From Capt. M. McCorkhill, Minimum Operations

Every Friday at 1pm in your unit dayroom will be a mandatory meeting for arrivals to minimum for that week. You will meet your Peer Educators for your unit.

MINIMUM RELIGIOUS SERVICES

From Chaplain Al-Amin

New 12 Step Program will be meeting on **Thursdays from 3:00pm to 4:00 pm D5**. This program is being brought to you by the Latter Day Saints, but is open to all faith traditions. Space is limited. Please send a kyte to the Chaplain if you are interested.

African American Program a culturally specific transition program for Multnomah County Community Corrections. Please kyte the Chaplain if you are interested in this program and you are from Multnomah County. It will meet on **Monday evenings at 5:45 pm**.

Meditation 101 Meets on Sunday 9am-10:30am in D8! This is an introduction to meditation that can help you become a healthier, happier, more positive person. You will learn techniques to cope with stress, take control of your mind and emotions, and live with balance and harmony. Taught by teachers from Portland's Meditation Yoga Center, Meditation 101 is spiritual without being religious, and is an opportunity for you to learn and experiment with meditation techniques drawn from many cultures and traditions.

In Meditation 101 you will learn basic principles of meditation including:

- Breath Exercises
- Centering
- The Relaxation Response
- Visualizations
- Hindu and Buddhist mantras
- Chants (Native American, Hindu and Buddhist)
- Neuro-linguistic Programming Exercise
- Introduction to the Chakra System

Multicultural Group is reading and discussing **Houses of Healing** by Robin Casarjian. There are openings in the group. Please kyte if you want to participate.

Native American Sweat Lodge Ceremony Will meet this month time and date TBA