



# Coffee Talk



Superintendent: Mr. R. Persson

Editor: Ms. A. Wheeler

September 1, 2016

## **WEEKEND AT THE MOVIES**

*From: CRU*

You may request any film be shown for a weekend movie; however, a film may **only** be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at **each** institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.



## **Upcoming Movies**

9/3/2016	Hail Caesar
9/4/2016	Gods of Egypt
9/5/2016	Zootopia
9/10/2016	Touched with Fire

## **ATTENTION MOTHERS!**

*From Mr. Randall, CRU Manager*

Do you have a baby or toddler under three? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and

support bonding and attachment between infants and toddlers and their incarcerated mothers.

### **Requirements:**

- Child aged zero to three
- Minimum or minimum eligible with gate clearance
- Child lives less than 60 minutes away
- Transportation to and from the school (not provided by EHS) Tues/Thurs 9-12:30

Talk to your counselor to see if you qualify today!

## **RACE FOR THE CURE**

*From Ms. Keicher, Lifeskills*

Reason to Run would like to invite everyone to join in the 6th Annual Susan G Komen Race for the Cure - Inside 5K (3.1 miles) Run/Walk on Saturday September 24. This event will take place on the Medium (J/K units only) side at 9am and on the Minimum side at 1pm. All participants will receive a Race for the Cure numbered bib and have access to ice cold drinking water during the event. A photographer and timing clock will also be part of the event.

Past Coffee Creek participants of this event have donated a total of almost \$2000 to the Susan G Komen organization! Come be part of something amazing.

You do not have to be a runner or in the Reason To Run group to participate, you can walk the 5K if you would like.

Registration cost: \$5 (all proceeds go directly to the Susan G Komen organization dedicated to breast cancer research and support)

Kyte to Amanda Mooney on or before September 16.

## **CHANGES FOR THE 2017-18 FEDERAL STUDENT AID (FAFSA)**

*From Ms. Jensen, Education*

The 2017-18 *Free Application for Federal Student Aid* (FAFSA®) season will begin earlier than previous FAFSA

application cycles. Beginning on Oct. 1, 2016, people will be able to fill out the FAFSA for the 2017–18 school year. (In the past, they had to wait until January 1).

What does this mean for Coffee Creek? If you are releasing between July 1, 2017- June 30, 2018 you can complete a FAFSA application starting in October to receive student financial aid after release.

FAFSA workshops will be scheduled in medium and minimum facility for women who:

- Have a High School Diploma or GED
- Releasing between July 1, 2017-June 30, 2018
- Plan to attend college between July 1, 2017-June 30, 2018

Send an inmate communication to Ms. Jensen, Education Coordinator, to get on the list for the FAFSA workshops in October.

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## ***RECYCLING NEWS***

*From Green Team*

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This summer, you may have already heard or read about the great success at the TACE event! Both Minimum and Medium sides were able to enjoy a whole day of activities helping the participating children make close to 100 biodegradable planters! Good news also arrived about a plant made at the Green Team Booth last year. The son of AIC, Angela Kim, who planted last year's seedling after arriving home in California, boasted of how it had grown into a huge flowering bush, 3 feet wide by about 4 feet tall! The Green Team members were very impressed and pleased to hear of the eco-friendly success taking place! Be proactive in your child's life and teach them how to help save the planet!

All of the women at CCCF have the opportunity to benefit the TACE event every time you recycle shampoo bottles, toothbrushes, deodorant, toothpaste tubes and more with proceeds from the recycling brigades directly crediting the Wilsonville Rotary Club. The Rotary Club operates the elaborate, carnival like event along with CCCF and is proactive in helping us as a community!

Great involvement with recycling ink pens and markers at Control points, the Infirmary and Lifeskills, plus Minimum's IWP window, Programs, Treatment and Intake offices. **We've already collected more than 10 lbs. of pen cartridges for recycling!** Plus almost 400 markers have been credited to Vose Elementary School who is partnered with Crayola® to help make clean burning fuel!

Great work with energy savings too! Each light you turn off, television you unplug and microwave you bypass helps

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make a dent in energy waste around the world. Be part of contributing for your children's future and help reduce energy today! Questions? Comments? Let us know your ideas! Drop a kyte to the Green Team/Ms. Fitts!☺

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## ***YOGA RETREAT***

*From Ms. Keicher, Lifeskills*

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We are having a yoga retreat! This will be an extended yoga session for participants to get in a bit more practice or get to try yoga for the first time. Please kyte Ms. Keicher in LifeSkills to participate. If you are regularly in yoga, it does not mean you automatically will get signed up, you must kyte.

Minimum 9/24/16 @ 7am – 10:30 am

Medium 9/24/16 @ 1pm – 4:30pm

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## ***CANTEEN NEWS***

*From DOC*

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Commissary is pleased to announce that the new shoe catalogs are now available. There are several of shoes "Pending Approval" in the new shoe catalog. **Do not send in kytes asking about their availability, we will not be responding to them.** You will be notified through the shoe form and newsletters when and or if the shoes become available.

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## ***FROM THE MAILROOM***

*From Ms. Reynolds, Administration*

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Please be aware that according to the mail rule all letters must have a complete return name and address. This includes letters you put into the US mail box. If you want your mail to reach its destination, please place a return name, address and SID number on your envelopes. In addition, remind anyone you correspond with that any mail sent to you without a complete return name and address will be returned to the post office.

Telmate kiosk rules require that inmates who take photos of themselves may not wear hats, sunglasses, or other items that change their appearance. Also you must be alone in the photo and there can be no hand signs. Photos taken for the Profile section will be used for the log in photo each time you log into the system. In the Gallery section, you may display photos, awards, certificates, art, or personal property like a book or musical instrument. Although you may display photos with more than one person in your gallery, you may not take group photos at the kiosk.

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Minimum inmates who want to kyte BHS need to put correspondence in the kyte box marked "Health Services," not in the regular kyte box.

Empty pill packs need to go into the Health Services kyte box, not the regular kyte box.

To facilitate processing of kytes, be sure to put your name, SID and location, as well as a name and location or program and location of where you would like the kyte to go. Processing and delivery of kytes could be delayed without clear direction.

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### ***VISITING APPLICATIONS***

*From Mr. Robrscheib, CRU*

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Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process.

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### ***VISITING APPLICATION PROCESS***

*From Inmate Services Unit*

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#### **Q: Why does it take so long to process a visitor application/s for my family or friends?**

A: There are a few reasons as to why processing times vary:

1. **AIC is on INTAKE Status** - visitor applications submitted while on Intake cannot be processed until the AIC reaches his/her home institution. To speed up the process, hold on to your applications until you reach your first housing institution.
2. **The visitor application has missing or incorrect information** - ALL INFORMATION IS REQUIRED on the application; **FULL NAME (first, middle, and last names must be SPELLED CORRECTLY), DATE OF BIRTH AND A VALID ID NUMBER** must be included to complete a background check.
3. **Potential visitor is not from the United States** - These visitors must provide their own background check from the country they are visiting from. They may contact a police agency or the Consulate representing the country they are from.
4. **Potential visitor is a minor** - In order to enter any ODOC facility ALL MINOR VISITORS must have a custodial consent form signed by the **CUSTODIAL parent or LEGAL guardian and**

**NOTARIZED** on file. The ISU Technician will send this form to the parent or legal guardian once it has been determined the minor visitor is eligible for visiting.

5. **Visitor is in "Deferred" status** - If you receive a Deferred notice, review, sign, and return to the ISU office as soon as possible. We CANNOT approve the visitor without your permission. Holding onto or destroying this form will also slow down the process. If you do not return the deferred notice after the 3<sup>rd</sup> attempt, ISU will close the application to IN-Incomplete.

If you have further questions in regards to the visitor application process, please send your written communication forms to:

Inmate Services Unit  
2575 Center St. NE  
Salem, OR 97301

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### ***RESTORATIVE JUSTICE WRITING OPPORTUNITY***

*From DOC*

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Have you studied or been involved in Restorative Justice while incarcerated? If so, you are invited to participate in the creation of a book about Restorative Justice from the perspective of the incarcerated called *Restorative Justice From the Inside Out; Incarcerated practitioners and theorists write about restorative justice.*

The book is aimed at bringing incarcerated voices to the forefront of criminal justice reform discourse by soliciting prisoner perspectives on restorative justice and its meaning and application in prison as well as throughout the various phases of their interaction with the justice system. The Editors are putting an open call out for chapter submissions from any prisoner who has participated in a restorative justice based program or encounter throughout their time within the justice system or has studied restorative justice. For the purpose of this volume, a restorative justice program or encounter is defined as any program or encounter that sought to highlight the needs or voices of victim/survivors, allowed for and encouraged increased accountability, and/or asked people to explore the impact of crime.

If you are interested in making a submission or being involved, please kyte your chaplain's office or Kelly Rath at the Dome Building for a packet with information and submission guidelines.



## Medium Brew



### **ADL HELP WANTED**

*From Nurse Gordon, Health Services*

Are you looking for a new job? Are you a kind, caring, compassionate person? Are you looking for a way to help others and give back? Are you respectful and responsible? CCCF is currently accepting applications for ADL Worker positions. Activities of daily living (ADL's) are day to day activities like walking or pushing a wheelchair, bathing, dressing, feeding, and toileting that some inmates may not be able to do on their own; they require assistance.

In order to be considered for this position you must be housed in the Medium facility, cannot live on MHU, have 6 months clear conduct and no program failures in the last 6 months. You must also have at least one year remaining of your sentence, and be physically able to lift with no medical restrictions. We are looking for individuals who communicate well with others, are patient, and respect the need for confidentiality. If you are interested in an ADL Worker position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services Nurse Manager and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants who meet the minimum qualifications will be scheduled and called out for an interview. Thanks for your interest.

### **COUNSELOR DUNN**

*From Mr. Dunn, CRM*

Correctional Counselor L. Dunn has accepted a 12-month job rotation as the Correctional Rehabilitation Unit Manager for CCCF. Adults-in-custody (AIC) that were assigned to his caseload will temporarily be assigned to the following counselors according to the AIC's last name:

A thru G = Counselor C. Criswell  
H thru O = Counselor J. Nelson  
P thru Z = Counselor J. Ellgen

The temporary counselor assignments will be in effect until a new person is selected to fill the vacant counselor position as part of a job rotation.

### **MEDIUM RELIGIOUS SERVICES**

*From Chaplain Brault*

#### **Friday, September 2, 2016**

Chaplain Bible Study 9:00-10:00 a.m. GH02 (**No LOP**)

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Jewish Study 9:15-10:30 a.m. Chapel (**No LOP**)  
Meditation 201 12:50-2:30 p.m. Chapel (**No LOP**)  
ARMS 1:00-3:00 p.m. M111 (**Participants Only**)  
Buddhist 6:50-8:50 p.m. Chapel (**LOP ok**)  
New Thought Ministries 6:50-8:50 p.m. CD02 (**LOP ok**)  
Seventh Day Adventist Study 6:50-8:50 p.m. M111 (**No LOP**)  
Estudio Biblico 7:00-9:00 p.m. GH08 (**No LOP**)

#### **Saturday, September 3, 2016**

Spiritual Community for Lifers 9:00-11:00 a.m. Chapel (**Participants Only**)  
Seventh Day Adventist Service 1:50-3:50 p.m. Chapel (**LOP ok**)  
Baptist 6:50-8:50 p.m. Chapel (**LOP ok**)

#### **Sunday, September 4, 2016**

City Bible 8:50-10:50 a.m. Chapel (**No LOP**)  
LDS 1:30-3:00 p.m. M111 (**LOP ok**)  
Islamic Service/Study 2:00-3:30 p.m. M111 (**LOP ok**)  
Choir Practice 2:30-4:00 p.m. Chapel (**No LOP**)  
Pagan Gathering **CANCELLED**

#### **Monday, September 5, 2016**

Transcendental Meditation 9:00-11:30 a.m. Chapel (**Participants Only**)  
Houses of Healing 1:00-3:00 p.m. Chapel (**No LOP**)  
JW 6:50-8:50 p.m. GH02 (**LOP ok**)  
Baptist Bible Study 7:00-8:30 p.m. M111 (**No LOP**)  
Women's AGLOW 7:00-9:00 p.m. Chapel (**No LOP**)

#### **Tuesday, September 6, 2016**

Threshold 12:50-3:00 p.m. Chapel (**Participants Only**)  
Labyrinth 7:00-9:00 p.m. Chapel (**No LOP**)

#### **Wednesday, September 7, 2016**

Grief Group (Nancy) 9:00-10:30 a.m. Chapel (**No LOP**)  
Meditation 101 12:50 -2:30 p.m. Chapel (**No LOP**)  
FITS 6:50-8:50 p.m. Chapel (**No LOP**)

#### **Thursday, September 8, 2016**

Anticipate! 8:30-10:30 a.m. M111 (**No LOP**)  
Bridgetown (Discipleship) 12:30-12:50 p.m. Chapel (**Participants Only**)  
Bridgetown 12:50-3:00 p.m. Chapel (**No LOP**)  
Prison Fellowship 6:50-8:50 p.m. Chapel (**LOP ok**)  
Catholic Service 6:50-9:00 p.m. GH06 (**LOP ok**)  
Celebrate Recovery 7:00-9:00 p.m. GH02 (**No LOP**)  
Victim/Offender Education Group 7:00-9:00 p.m. CD02 (**No LOP**)  
Druid Study Group 7:00-9:00 P.M. GH08 (**No LOP**)

#### **Friday, September 9, 2016**

Chaplain Bible Study 9:00-10:00 a.m. GH02 (**No LOP**)  
Asatru Study 9:00-10:00 a.m. Chapel (**Participants Only**)  
Meditation 201 12:50-2:30 p.m. Chapel (**No LOP**)

ARMS 1:00-3:00 p.m. M111 (*Participants Only*)  
Buddhist 6:50-8:50 p.m. Chapel (*LOP ok*)  
New Thought Ministries 6:50-8:50 p.m. CD02 (*LOP ok*)  
Seventh Day Adventist Study 6:50-8:50 p.m. M111 (*No LOP*)  
Estudio Biblico 7:00-9:00 p.m. GH08 (*No LOP*)



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**NEW ARRIVALS TO MINIMUM**

*From Capt. M. McCorkhill, Minimum Operations*

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**Saturday, September 10, 2016**

Spiritual Book Club 9:00–11:00 a.m. Chapel (*Participants Only*)  
Visions of Hope 12:30–2:00 p.m. Chapel (*Participants Only*)  
Seventh Day Adventist Service 1:50-3:50 p.m. Chapel (*LOP ok*)  
Baptist 6:50–8:50 p.m. Chapel (*LOP ok*)

Every Friday at 1pm in your unit dayroom will be a mandatory meeting for arrivals to minimum for that week. You will meet your Peer Educators for your unit.

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**MINIMUM RELIGIOUS SERVICES**

*From Chaplain Al-Amin*

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**Sunday, September 11, 2016**

Choir Practice 9:00–10:30 a.m. Chapel (*No Lop*)  
LDS 1:30-3:00 p.m. M111 (*LOP ok*)  
Islamic Service/Study 2:00–3:30 p.m. M111 (*LOP ok*)  
Druid Study Group 7:00–9:00 p.m. Chapel (*No LOP*)

**New 12 Step Program** will be meeting on **Thursdays from 3:00pm to 4:00 pm D5**. This program is being brought to you by the Latter Day Saints, but is open to all faith traditions. Space is limited. Please send a kyte to the Chaplain if you are interested.

**Monday, September 12, 2016**

Transcendental Meditation 9:00-11:00 a.m. Chapel (*Participants Only*)  
Houses of Healing 1:00–3:00 p.m. Chapel (*No LOP*)  
JW 6:50-8:50 p.m. GH02 (*LOP ok*)  
Healing the Sacred Hoop 6:50–9:00 p.m. CD02 (*LOP ok*)  
Baptist Bible Study 7:00-8:30 p.m. M111 (*No LOP*)  
Women's AGLOW 7:00–9:00 p.m. Chapel (*No LOP*)

**African American Program** a culturally specific transition program for Multnomah County Community Corrections. Please kyte the Chaplain if you are interested in this program and you are from Multnomah County. It will meet on **Monday evenings at 5:45 pm**.

**Tuesday, September 13, 2016**

Threshold 12:50–3:00 p.m. Chapel (*Participants Only*)  
East Hill 7:00-9:00 p.m. Chapel (*LOP ok*)

**Meditation 101 Meets on Sunday** 9am-10:30am in D8! This is an introduction to meditation that can help you become a healthier, happier, more positive person. You will learn techniques to cope with stress, take control of your mind and emotions, and live with balance and harmony.

**Wednesday, September 14, 2016**

Grief Group (Nancy) **LAST DAY** 9:00–10:30 a.m. Chapel (*No LOP*)  
Meditation 101 12:50-2:30 p.m. Chapel (*No LOP*)  
FITS 6:50-8:50 p.m. Chapel (*No LOP*)  
Victim/Offender Education Group Alumni 6:50–8:50 p.m. CD02 (*No LOP*)  
Russian Baptist 7:00–9:00 p.m. GH06 (*LOP ok*)

Taught by teachers from Portland's Meditation Yoga Center, Meditation 101 is spiritual without being religious, and is an opportunity for you to learn and experiment with meditation techniques drawn from many cultures and traditions. In Meditation 101 you will learn basic principles of meditation including:

- Breath Exercises
- Centering
- The Relaxation Response
- Visualizations
- Hindu and Buddhist mantras
- Chants (Native American, Hindu and Buddhist)
- Neuro-linguistic Programming Exercise
- Introduction to the Chakra System

**Thursday, September 15, 2016**

Anticipate! 8:30-10:30 a.m. M111 (*No Lop*)  
Bridgetown (Discipleship) 12:30-12:50 p.m. Chapel (*Participants Only*)  
Bridgetown 12:50-3:00 p.m. Chapel (*No Lop*)  
Prison Fellowship 6:50-8:50 p.m. Chapel (*LOP ok*)  
Catholic Service 6:50-9:00 p.m. GH06 (*LOP ok*)  
Celebrate Recovery 7:00-9:00 p.m. GH02 (*No LOP*)  
Victim/Offender Education Group 7:00-9:00 p.m. CD02 (*No LOP*)

**Multicultural Group** is reading and discussing **Houses of Healing** by Robin Casarjian. There are openings in the group. Please kyte if you want to participate.

**Native American Sweat Lodge Ceremony** Will meet this month time and date TBA

**Chapel Library** The Chaplain will call chapel library by units Monday and Wednesday Afternoons as her schedule permits.