



Coffee Talk



Superintendent: Mr. R. Persson

Editor: Ms. A. Wheeler

July 20, 2017

WEEKEND AT THE MOVIES

From: CRU

You may request any film be shown for a weekend movie; however, a film may **only** be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at **each** institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.

Upcoming Movies

7/22/17	Before I Fall
7/23/17	Tomorrowland
7/29/17	The Imitation Game
7/30/17	Smurfs: The Lost Village

ECLIPSE

From Capt. Yanez, Operations Captain

On Monday, August 21, 2017, a solar eclipse will be visible (weather permitting) across all of North America. **Do not look directly at the sun as this is unsafe.** There will be viewing options on TV that will allow you to witness the eclipse in a safe manner. The yards will not be opened during the eclipse.

COMMISSARY NEWS

From DOC

Crediting Photo Tickets:

Coffee Talk 7/20/2017

Starting September 1, 2017, if you have purchased photo tickets and then transferred to an institution that does not use the NWC Photo Program you will need to:

- Send tickets to NWC for credit within 30 days of transfer.
- Supply a sales receipt for the ticket(s) that is not older than six months.
- If you don't have a receipt for the tickets, credit will not be issued.

The following institutions do not use the NWC Photo Program:

- CCCF/CCCM
- CRCI
- SCI

VISITING APPLICATIONS

From Mr. Robscheib, CRU

Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process.

REASON TO RUN

From Ms. Roach, Lifeskills

Reason to Run: Bunk to 5K Learn to Run

Medium C/D - Sundays 8:45 - 10:00am August 13 - October 8

Minimum - Tuesdays 6:30 - 7:45pm August 8 - September 19 (note day & time change!)

The Reason To Run - Bunk to 5K learn-to-run program is designed specially for the non-runner. We will meet once a week for coaching and information sessions covering topics such as nutrition, injury prevention and shoes. You will

start your fitness journey with a 20 minute work out and by the end of the program you will walk/run to complete a 5K race!

Already a runner? Our Strength & Speed training will provide you with weekly run workouts designed to increase your running distance and speed. You will run a timed mile at the beginning of the training and finish the program with a timed 5K race.

To participate you will need:

- Running shoes
- Shorts
- T-shirt/sweatshirt
- Commitment to do the training
- Willingness to encourage others
- Willingness to go outdoors rain or shine

Please kyte Life Skills

BABY BONDING

From Ms. Hoffman, CRU

Baby bonding is an extra visiting session each week for new mothers who give birth while here at CCCF/CCCM. **But, did you know that it is not limited to just the mothers who have given birth here?** If you have a baby under the age of **18 months**, and you are recently incarcerated, you could qualify for up to 6 months of Baby Bonding sessions! Want to know more? Send a kyte to **Beth Hoffman/CRU** to see if you qualify for the program.

ATTENTION MOTHERS!

From Mr. Randall, CRU Manager

Do you have a baby or toddler under three? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and support bonding and attachment between infants and toddlers and their incarcerated mothers.

Requirements:

- Child aged zero to three
- Minimum or minimum eligible with gate clearance
- Child lives less than 60 minutes away
- Transportation to and from the school (not provided by EHS) Tues/Thurs 9-12:30

Talk to your counselor to see if you qualify today!

SUSTAINABILITY NEWS

From Green Team

Attention all TACE Participants! Stop by the Green Team Booth and check out the natural power of windmills via some good old-fashioned pin-wheels you can make with your little ones! We will also be planting Marigolds and Cosmos into biodegradable pots to be planted directly into their yards when your kids get home. They can use the pin-wheels made from recycled items to decorate their new plant's area. Previous participants were excited to see their plants grow last year and are looking forward to adding more flowers to their garden area.

Additionally, all of the energy savings initiatives we've been trying to instill on the units are listed below. The Green House Gas emissions (GHGs) and the need to reduce them has reached the ears of all DOC prisons in Oregon and we are working together with the men to make a significant impact in energy/water reductions. We've already been very successful in cutbacks; now let's take that extra step to really help Oregon and the World at large with healthy energy saving habits.

Energy can be saved in our rooms, work, and dayroom activities. Turn off the lights, televisions, tablets and unplug those curling irons and hair dryers because it does continue to draw power. Decrease hot water usage during these warm summer months, use the microwaves efficiently and give water tanks time to rest. Thank you for your help and all you do! We couldn't do this for our kids and their future without you!

Questions? Comments? Let us know your ideas! All of those great ideas shared at meals, dayroom tables, and even between roommates can't be heard unless you a drop a kyte! Do so today to the Green Team/Ms. Fitts!

RULES UPDATE

From DOC

RE: Petition to Amend Rule

The department has received a petition to amend the DOC rules regarding Transgender and Intersex (Inmate) (OAR

291-210). The petitioner has submitted language for the proposed rule. The petition is available for review in the inmate legal library. You may obtain a personal copy of the petition at your own expense.

Please Note: This is not a **Notice of Proposed Rulemaking** initiated by the department.

DOC invites public comment on the petition, which is available in the law library. Comments must be received no later than **August 5, 2017**. Comments must be submitted to the address below:

Rules Coordinator
Department of Corrections
2575 Center Street NE
Salem, OR 97301-4667

ORS 183.390(2) requests public comment on whether options exist for achieving the rule's substantive goals in a way that reduces economic impact on businesses.



Medium Brew



CHART ORDERLY WANTED

From Nurse Batchelder, Health Services

Are you looking for a new job? Are you an organized & hard-working individual? Are you respectful and responsible?

Coffee Creek is currently accepting applications for a chart orderly. This job entails assisting putting charts together. In order to be considered for this position you will need to be housed in medium, have 6 months clear conduct and be a level 2 or 3. You must have at least 1 year remaining on your sentence and be physically able to lift with no medical restrictions. We are looking for individuals who communicate well with others, are self-motivated, detail oriented, complete tasks thoroughly and take pride in their work.

If you are interested in the chart orderly position, pick up and complete an "Inmate Work Application" on your unit. Address your completed application to Health Services – Tracy Batchelder and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applications are to be received no later than August 4th. Applicants who meet the minimum qualifications & pass the screening process may be scheduled for an interview. Thank you for your interest.

Coffee Talk 7/20/2017

CONSTELLATION WORKSHOP

From Life Skills

Come and Experience Family Constellation Work with Sarah Peyton and a Group of Volunteers!

For over 10 years, Sarah Peyton has been coming into Coffee Creek as a volunteer to teach about Nonviolent Communication and the brain. On **Saturday, July 29**, she will come in to do a special kind of work that she has been studying, that allows people to understand their lives in new, healing and self-compassionate ways. This work is called Family Constellation Work.

People who come to this workshop day will:

- Understand more about what blocks self-compassion
- Learn how trauma changes the brain
- Experience significant personal growth in the way they see themselves and others
- Get to contribute to others' well-being
- Be able to explore puzzling and confusing aspects of their lives

Ask others who have come about whether this work will help you. If you've come before, come again to learn more, make more progress and to help others. Please kyte Ms. Roach to sign up for the Constellation workshop.

SURVIVAL COACH OPPORTUNITY

From Diversity Coordinator

The purpose of the Survivor Coaching program is to provide an opportunity for inmates on intake status, general population inmates and those coming out of long term segregation housing to meet with veteran inmates who can provide peer support and answer questions about the incarceration experience at Coffee Creek Correctional Facility.

Eligibility

- Must live in the Medium facility and not eligible for transfer to the minimum facility within the following one year period
- Must have served at least two current years in a Department of Corrections facility
- Must not have been on a major misconduct sanction in the past year
- Must be program compliant
- Weekly work/program schedule must allow for you to participate in the Intake Orientation class, meet with inmates on housing units during scheduled times, be on

Page 3 of 5

call for crisis support and attend the monthly Coaching Program meeting

Additional Information

- No points will be awarded to inmates who serve as Coaches. This is a volunteer position
- Must possess the following characteristics
- Personal integrity
- Strong communication skills
- Ability to show compassion
- Ability to interact and work with DOC staff and fellow peer Survival Coaches
- An understanding of diversity without prejudice
- Have a realistic understanding of incarceration issues
- Have a positive outlook for growth
- One year commitment to the program

Inmates interested in becoming a Survival Coach should completely fill out a job application and submit it to L. Arrington – Diversity Coordinator. Please attach your application to a Kyte with a brief explanation as to why you are interested in becoming a Survival Coach.

Application deadline is Monday, July 31, 2017. No applications received after that date will be accepted.

HIRING ANNOUNCEMENT FOR ADL WORKERS

From Health Services

Are you looking for a new job? Are you a kind, caring, compassionate person? Are you looking for a way to help others and give back? Are you respectful and responsible? CCCF is currently accepting applications for ADL Worker positions. Activities of daily living (ADL's) are day to day activities like walking or pushing a wheelchair, bathing, dressing, feeding, and toileting that some inmates may not be able to do on their own; they require assistance.

In order to be considered for this position you must be housed in the Medium facility, have 6 months clear conduct and no program failures in the last 6 months. You must also have at least one year remaining of your sentence, and be physically able to lift with no medical restrictions. We are looking for individuals who communicate well with others, are patient, and respect the need for confidentiality. If you are interested in an ADL Worker position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services Nurse Manager and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants

who meet the minimum qualifications may be scheduled and called out for an interview. Thanks for your interest.

MEDIUM RELIGIOUS SERVICES

From Chaplain Brault

Thursday, July 20, 2017

Moms In Prayer 8:30-10:00 a.m. Chapel (Participants Only)
Bridgetown (Disciple) 12:30-12:50 p.m. Chapel (Participants Only)
Bridgetown Service 12:50-3:00 p.m. Chapel (No LOP)
Prison Fellowship 6:50-8:50 p.m. Chapel (LOP Ok)
Catholic Service 6:50-9:00 p.m. GH06 (LOP Ok)
Celebrate Recovery 7:00-9:00 p.m. GH02 (No LOP)
Victim/Offender Education Group 7:00-9:00 p.m. CD02 (No LOP)

Friday, July 21, 2017

Jewish Study 9:00-10:30 a.m. Chapel (No LOP)
Chaplain Study 9:00-10:00 a.m. GH02 (No LOP)
Meditation 201 12:50-2:30 p.m. Chapel (No LOP)
Buddhist 6:50-8:50 p.m. Chapel (LOP Ok)
New Thought Ministries 6:50-8:50 p.m. CD02 (LOP Ok)
Seventh Day Adventist Study 6:50-8:50 p.m. M111 (No LOP)

Saturday, July 22, 2017

Seventh Day Adventist Service 1:50-3:50 p.m. Chapel (LOP Ok)
Baptist Service 6:50-8:50 p.m. Chapel (LOP Ok)

Sunday, July 23, 2017

LDS 1:30-3:00 p.m. M111 (LOP Ok)
Islamic Service/Study 2:00-3:30 p.m. M111 (LOP Ok)

Monday, July 24, 2017

Silent Meditation Time 9:00-9:30 a.m. Chapel (Participants Only)
JW 6:50-8:50 p.m. GH02 (LOP ok)
Pastor Jose 7:00-9:00 p.m. Chapel (No LOP)
Healing the Scared Hoop 7:00-9:00p.m. CD02 (Participants Only)

Tuesday, July 25, 2017

Baptist Study 7:00-8:30 p.m. M111 (No LOP)
East Hill 7:00-9:00 p.m. Chapel (LOP Ok)

Wednesday, July 26, 2017

Meditation 101 12:50 -2:30 p.m. Chapel (No LOP)

Thursday, July 27, 2017

Bridgetown (Disciple) 12:30-12:50 p.m. Chapel (Participants Only)
Bridgetown Service 12:50-3:00 p.m. Chapel (No LOP)
Prison Fellowship 6:50-8:50 p.m. Chapel (LOP Ok)
Catholic Service 6:50-9:00 p.m. GH06 (LOP Ok)

Celebrate Recovery 7:00-9:00 p.m. GH02 (No LOP)
Victim/Offender Education Group 7:00-9:00 p.m. CD02
(No LOP)

Friday, July 28, 2017

Chaplain Study 9:00-10:00 a.m. GH02 (No LOP)
Meditation 201 12:50-2:30 p.m. Chapel (No LOP)
Buddhist 6:50-8:50 p.m. Chapel (LOP Ok)
New Thought Ministries 6:50-8:50 p.m. CD02 (LOP Ok)
Seventh Day Adventist Study 6:50-8:50 p.m. M111 (No
LOP)

Saturday, July 29, 2017

Seventh Day Adventist Service 1:50-3:50 p.m. Chapel (LOP
Ok)
Baptist Service 6:50-8:50 p.m. Chapel (LOP Ok)

Sunday, July 30, 2017

City Bible 8:00-10:50 a.m. Chapel (LOP Ok)
LDS 1:30-3:00 p.m. M111 (LOP Ok)
Islamic Service/Study 2:00-3:30 p.m. M111 (LOP Ok)

Monday, July 31, 2017

Silent Meditation Time 9:00-9:30 a.m. Chapel (Participants
Only)
JW 6:50-8:50 p.m. GH02 (LOP ok)
AGLOW 7:00-9:00 p.m. Chapel (No LOP)

Tuesday, August 1, 2017

Baptist Study 7:00-8:30 p.m. M111 (No LOP)
Labyrinth 7:00-9:00 p.m. Chapel (No LOP)

Wednesday, August 2, 2017

Meditation 101 12:50 -2:30 p.m. Chapel (No LOP)
FITS 6:50-8:50 p.m. Chapel (LOP Ok)



Minimum Brew



MINIMUM RELIGIOUS SERVICES

From Chaplain Al-Amin

Please check the Religious Services Calendar for the month
in your dorm for a schedule of meeting times and dates for
services

Services and Activities with schedule changes:

- Asatru meets D4 the 1st & 3rd Thursdays of the month.
- WICCA, 1:00-2:30pm. D8; on the 1st & 3rd Sundays of
the month.

Horizon Community Church:

(HCCGC on the call-out) holds Christian church services
the 4th Sunday evening of each month. Join them for live
music and a lesson from Beth Moore's book "Get Out of
That Pit."

New 12 step program will be meeting on Thursdays from
3:00pm to 4:00 pm D5. This program is being brought to
you by the Latter Day Saints, but is open to all faith
traditions. Space is limited. Please send a kyte to the
Chaplain if you are interested.

African American Program a culturally specific transition
program for Multnomah County Community Corrections.
Please kyte the Chaplain if you are interested in this
program and you are from Multnomah County. It will meet
on Monday evenings at 5:45 pm.

Multicultural Group is reading and discussing Houses of
Healing by Robin Casarjian.

Native American Sweat Lodge Ceremony Will not meet
again until the Sweat Lodge is rebuilt.

Chapel Library The Chaplain will call chapel library by units
Monday or Thursday Afternoons as her schedule permits.

NEW ARRIVALS TO MINIMUM

From Capt. M. McCorkhill, Minimum Operations

Every Friday at 1pm in your unit dayroom will be a
mandatory meeting for arrivals to minimum for that
week. You will meet your Peer Educators for your unit.

MINIMUM INCENTIVE MOVES

From Lt. King

Based upon current population and the needs of the facility,
only Incentive Level 3 move requests will be honored.
Incentive Level 2 move requests that have already been
reviewed and approved will be completed.

VETERANS

WE WANT YOU!

TO BE COUNTED!

Are you a veteran of the U.S. armed forces? If you served in any capacity, at any time, with the U.S. Army, Navy, Air Force, Marines, or Coast Guard, *regardless of your discharge status*, we would like you to be counted! ***Again, we do not want to know if a family member served, but if YOU did.***

The American Legion, along with Sergeants Dishion and Ruvalcaba, are trying to establish exactly how many veterans are currently incarcerated at Coffee Creek with the hope that we could establish a chapter, or just be part of a chapter, but we need to know how many vets we have here.

The American Legion promotes and supports veterans in career events; works veteran-to-veteran, along with the American Legion Small Business Task Force, the Department of Labor, VA, and other corporate associates placing veterans in job training programs, as well as offering personal guidance for career-seeking veterans.

The Legion also offers assistance with education, VA claims backlogs and disputes, replacing DD-214s, supports homeless veterans in finding housing, and salutes fallen comrades with Legion honor guards at funeral services.

As a veterans, though, we know it is not just what they can do for us, but what we can do for others!

There is limitless opportunity to give back to the community, as well! As a force, we can raise funds or donate our time, work, and sweat to help warriors and their families, or any of the *many* other programs that the American Legion supports, including: Boy Scouts of America, the Legion Riders - who provide support at military funerals, Legion youth air rifle teams which compete for a berth at the National Junior Shooting Sports championships at the U.S. Olympic Training Center, the Child Welfare Foundation, Legion-affiliated scholarship programs including the American Legion Oratorical Scholarship Program and ROTC, as well as the Citizens Flag Alliance which supports U.S. Flag Protection and Education.

If you are interested in being a part of this organization, if ***you meet the above criteria*** and ***your service can be verified*** by the VA please send a kyte, to Sergeant Ruvalcaba or Dishion. Including your name and SID, branch of service and dates of service.