



Administration

Expansion of Short-Term Transitional Leave (STTL)-House Bill 3078

The Oregon Legislature passed House Bill 3078 which, among other things, expands the period of STTL from 90 days to 120 days. Individuals sentenced on or after January 1, 2018 may be eligible for *up to* 120 days of STTL.

If you are deemed eligible to receive Short-Term Transitional Leave, the amount you are eligible for is based on the date you were sentenced.

- If you were sentenced prior to August 1, 2013 you may be eligible for up to 30 days of STTL.
- If you were sentenced on or after August 1, 2013 and prior to January 1, 2018, you may be eligible for up to 90 days STTL.
- People sentenced on or after January 1, 2018 may be eligible for up to 120 days of STTL.

Beyond statutory eligibility, an individual's eligibility for STTL is dependent on program compliance, behavior, risk level, approval of a release plan, and various other factors. If you have any further questions regarding your eligibility, please address them with your release counselor once you have been assigned to one.

Activities

Wellness Programs Available Through HHAAP

This course is a great opportunity to learn about how communicable disease is spread and treatments for HIV, Hep C, and sexually transmitted infections. You will learn from peers and can become a peer-health educator!

Self-Management for Living Well

Learn skills like managing stresses; better medication usage; improving communication; exercise and nutrition to fit your needs; how depression plays into

your life; and much more about how to take care of yourself inside and outside of prison!

These self-help classes are only one inmate communication request away, for more information or to get put on the waitlist, send an inmate communication to Ann Shindo, Ricardo Rodriguez in Activities.

Brita Filtered Water Bottle Sale

We still have plenty of filtered water bottles and filters for sale, so you can still get yours now while supplies last. They are available to all NCI Levels, ICH, Death Row and the Infirmary. They are only approved for OSP.

You will be placed on call pass around the 8th of each month, if your CD-28 cleared in the prior month.

Prices are:

\$15 for one bottle or \$40 for three bottles

\$12.75 for one pack of filters or \$35 for three packs of filters (each pack contains two filters)

Send CD-28s to Capital Toastmasters club by putting in the white Activities box after staff have signed them.

/s/ J. Rodriguez, Activities

Commissary

Article Correction

There is an error in last week's newsletter about soda coupons no longer being exempt.

IMPORTANT MESSAGE: The Commissary newsletter dated July 24, 2017, stated soda coupons would no longer going to be exempt as of August 21, 2017. **This is an error**, soda coupons *will continue to be exempt* from your weekly spending limit.

/s/ S. Stearns, Commissary

Miscellaneous

OSP Paint Shop

The Paint Shop is accepting applications for laborers whose position will focus on general prep for our work orders. This position entails masking, sanding, caulking, cleaning, and prepping surfaces for painting. Applicants will also brush and roll paint in addition to the duties listed above. Applicants must have one year clear conduct, no exceptions.

/s/ J. Trevino, Physical Plant

Your Best Defense

Your skin is your best defense against infection and disease. Sometimes your skin can be invaded by tiny bacteria that causes a skin infection. Taking care of it just makes sense, especially living in close quarters.

A skin infection is spread from person to person by touching someone who has a break in their skin or who shares objects like towels. The infection looks like a pimple, a boil, or a spider bite. The sore is red and won't heal. It gets worse quickly. It fills with pus. Don't squeeze it! This will just spread the germs. Sign up for sick call right away if you think you have a skin infection. Most skin infections are treatable with the right self-care or antibiotics.

In the Meantime ...

- Keep all cuts and scrapes clean and dry until healed.
- Avoid skin-to-skin touching with others who have skin infections or a break in skin.
- Disinfect weight machines and high usage surfaces on a regular basis.
- Don't share personal items.
- And most important...WASH YOUR HANDS FREQUENTLY!

If I have a skin infection how can I keep from spreading it to others?

- Advise those around you to wash their hands frequently.
- Do not share personal items, or other items that may have had contact with the infected wound or wound drainage.
- Disinfect all non-clothing items that might come in contact with the wound (i.e. exercise equipment).
- Avoid participating in contact sports or other skin-to-skin contact until your infection has healed.
- Be sure to follow all instructions from your healthcare provider and if prescribed antibiotics,

take all your pills, even when you start to notice improvement in symptoms.

/s/ C. Coffey, Health Services

Chapel

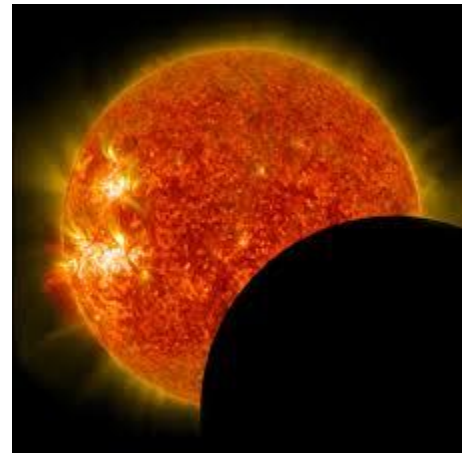
New Threshold Class Resumes August 24, 2017, at OSP

Spiritual, Personal, and Educational growth await you when you send an inmate communication to the Chaplain's Office for the next Threshold Class, starting Thursday, August 24, 2017, from 8:00 a.m. – 10:00 a.m. Threshold is an ODOC authorized program, through Religious Services, offering you a voluntary opportunity to examine and deepen your beliefs and make modifications to those which no longer serve your highest good.

Bahai Faith Announcement.

A Bahai faith intro and discussion group will be held on Monday's in the Chapel from 2:00 -3:00 p.m. If you are interested in attending please send an inmate communication to the Chapel.

/s/ D. Stahlacker, Chaplain



Chapel Schedule

SATURDAY, August 5

- 8:00 a.m.** Native American Ceremony
Jehovah's Witness Study
Latter Day Saints
Jewish Service
- 11:30 a.m.** Native American Ceremony
- 1:00 p.m.** Suni Muslim Study
Seventh Day Adventist Service
Worship Practice
- 6:00 p.m.** Calvary Chapel

SUNDAY, August 6

- 8:00 a.m.** Spanish Protestant Service
Jehovah's Witness Spanish
- 1:00 p.m.** Catholic Mass
Jewish Study
- 6:00 p.m.** Latter Day Saints Study
Lutheran
Urantia

MONDAY, August 7

- 1:00 p.m.** Baha'i
MacLeod ☹
Hux ☹
Buddhist Discussion Group
Restorative Justice
- 6:00 p.m.** Restorative Justice
Non-Violent Communication

TUESDAY, August 8

- 1:00 p.m.** Lifeline
Russian Bible
Torah Men
Hare Krishna
- 6:00 p.m.** Buddhist Service
Prison Fellowship Discipleship
Catholic Study
Non-Violent Communication practice group

WEDNESDAY, August 9

- 8:00 a.m.** OSP Choir Practice
- 1:00 p.m.** Seventh Day Adventist Study
Life Support
Orthodox Christianity
- 6:00 p.m.** Indigenous Circle ☹
Acting Group

THURSDAY, August 10

- 8:00 a.m.** Thresholds
Jehovah's Witness Service
Jehovah's Witness Spanish
Library
- 1:00 p.m.** TUMI ☹
- 6:00 p.m.** Celebrate Recovery
Spanish Non-Violent Communication
Non-Violent Communication
Gospel Worship

FRIDAY, August 11

- 8:00 a.m.** Trauma Transformation Group ☹
- 1:00 p.m.** Nation of Islam
Sunni Jum'ah Prayer
United Pentecostal Study

☹ = Service is full or restricted. Add requests are not being accepted at this time.

☹ = Service has a waiting list. Submit a request to be placed on waiting list.