



Administration

New Legal Affairs Rule

Starting September 1, 2017, the department will permanently adopt a new Legal Affairs (Inmate) Rule 291-139. The major revisions are as follows:

Prioritization System: Access to law library services and equipment will be available to all users on a prioritized basis. Priority is determined using the newly defined Priority Legal User and General Legal User status in combination with the existence of an imminent court deadline.

Standardization of Forms and Processes: New CD forms will be used statewide in all facilities. This gives the Library Coordinators the information needed to process requests in a timely manner. Previously used law library forms and guides like The Secure Word Manual will no longer be used.

Printing and Photocopying: With the adoption of the new rule, all facilities are required to charge 10 cents per page for every print or photocopy. 'First print is free' will no longer be allowed. Indigent copies and supplies will be provided as defined by rule.

Clarification on Indigence: Two categories of inmates will qualify for indigent status - Priority Legal Users and, in some circumstances defined by rule, General Legal Users with imminent court deadlines.

Additionally you will find clarification in the new rule on the use of external storage devices (thumb drives), receipt of electronic media from attorneys, and transport of your property when you transfer or leave custody.

We encourage you to read the new rule on legal affairs and communicate with your Library Coordinators through this transition. Questions specific to the new standardization of processes and rule language can be addressed to Kelly Raths, Central Law Library Administrator, Dome Building, Salem.

Thank you to all of you who submitted comments as part of the rule making process, several comments

were incorporated into the final rule. The previous Legal Affairs Rule had been in place for two decades. The new rule provides timely clarification on legal affairs practices and introduces new structural frameworks for access to Legal Library resources.

/s/ A. Pinkley-Wernz, Asst. Supt. Correctional Rehabilitation

General Services

Food Theft

Food theft from the Culinary is a major problem for the Institution. It impacts our ability to ensure adequate portions of the published menu are available. It also jeopardizes the health of individuals taking food that is perishable and not being properly stored or cooked. It also has a significant effect on our ability to work within our food service budget.

This notice constitutes a direct order that you are not to take any food items from the Kitchen other than uncut fruit in the quantity served. (Per your Inmate Handbook). The following plan was designed to address this issue in a reasonable, consistent way.

1. If an inmate is caught stealing or attempting to steal food, the food will be confiscated and disposed of accordingly. If the value of the food is less than \$20, the inmate will be issued a minor misconduct report. The minor misconduct report will be for disobedience of an Order III and will include the cost of all food items that have to be disposed of due to the theft/attempted theft or misuse. If the value of the food is \$20 or more, the inmate will receive a major misconduct order for Contraband II and will also be charged for the cost of food that has to be disposed of.
2. If the inmate stealing the food is assigned to the Kitchen or Dining Room, they will receive a program failure along with the Misconduct Report.
3. This process will be used for foodstuffs found outside the Culinary Section (for example cell searches, etcetera) if the items can reasonably be

Food Theft (cont.)

determined to have been taken from the Foodservices.

Note: This does not prevent a staff member from issuing a misconduct report for a higher level charge (Contraband II) in the event the inmate has received a recent previous minor misconduct for the same conduct.

/s/ M. Yoder, Asst. Supt. General Services

Activities

Activities Administrative Clerk Position

Activities is looking for a second Administrative Clerk to work Monday thru Friday 7:15 – 10:00 a.m. and 12:00-3:00 p.m.

Qualifications:

- Experience with PowerPoint, Excel, Word, and ability to show others how to use those programs
- Enjoy facilitating classes specifically A&O
- Service minded, organized, team player, and detail oriented with a good work ethic
- Ability to work professionally with other AIC's, staff, guests, etcetera
- Willing to assist other Administrative Clerk with a variety of tasks
- Incentive level 2 or 3

If you meet the qualifications and are interested in the position, please put a job application in the white Activities box on the Control Floor, marked Administrative Clerk.

/s/ J. Rodriguez, Activities

Athletic club Running Program

August Race Results

5K

19-29	1 st E. Lopez	20:09
	2 nd C. Lake	20:57
	3 rd G. Reyes-Real	22:01
30-39	1 st M. Pattiani	20:10
	2 nd Herrera-Lopez	20:11
	3 rd R. Kumm	20:56

40-49	1 st Rauschenberg	22:10
	2 nd T. Shubert	23:42
	3 rd J. Deleon	26:15
50-59	1 st M. Kell	21:46
	2 nd F. Turner	22:29
	3 rd K. Gettling	29:57
60-69	1 st L.Closner	29:56
Guest	2 nd Laura D.	31:28
Guest	3 rd Sally L.	31:42
70+	1 st L. Moore	30:38

10K

18-29	1 st T. Perez-Salas	42:04
	2 nd No admission	
	3 rd No admission	
30-39	1 st G. Hamilton	44:56
	2 nd C. Eller	45:19
	3 rd C. Jackson	47:12
40-49	1 st S. Bitter	46:38
	2 st J. Schmitz	50:02
	3 rd K. Miller	52:32
50-59	1 st Lopez-Soriano	43:36
Guest	2 nd Jamie R.	47:43
	3 rd R. Wilson	50:59
60-69	1 st C. Teter	1:05:25
	2 nd No admission	
	3 rd No admission	
70+	No admission	

/s/ B. Marion, Activities

Commissary

Electronic CD28 Pilot

OSP will be piloting an electronic CD28 process for fundraisers. This system works the same as the way you currently buy incentive items (TVs, Shoes, etcetera) on the kiosk. We are beginning with the Athletic Club fundraiser of September 29, 2017. You should be able to access the fundraiser icon about September 5, 2017. As this is a pilot, there may be

Electronic CD28 Pilot (cont.)

some delays. The goal is that eventually all fundraisers will use this process instead of paper CD28s

How to Use Electronic CD28s for Fundraisers

- 1.) Log into Telmate kiosk or tablet
- 2.) Go to requests tab, then to the CD28 Category.
- 3.) Sign up for chosen fundraiser

Once you have signed up you will be placed on a list. The money will not be taken out of your account at this time. Once the max number of AICs is reached, or it is at least 10 days before the date of the fundraiser, the list will be closed and at that time the money will be taken from your account. You will receive an automated notice through Telmate when the money is taken out of your account or if you are NSF.

A fundraiser is a donation to the club. If you are unable to participate due to misconduct, your money will not be refunded.

/s/ C. Moss, Commissary

Miscellaneous**Are You Interested In Becoming a Better Writer?**

If you are interested in becoming a better writer, Chemeketa Community College is now accepting applications for a **Bridge to College Writing Course**. This class is for GED and high school graduates or for those presently in the GED program at OSP. The class is from September 25 to December 8, 2017. It will be held Monday through Friday 7:30 - 8:45 a.m. on the Education Floor. Students will have computer access to type drafts and final essays. Those completing the class will have first priority for applying to the College Inside program at OSP.

If you are interested, send an inmate communication to Ms. Adicho in Education to request a call-out to submit an application. A maximum of 15 students will be accepted.

/s/ S. Aguinaga, Education

Hypertension (High Blood Pressure)

Lifestyle changes can help you control and prevent high blood pressure — even if you're taking blood pressure medication. Here's what you can do:

Eat healthy foods. Try the Dietary Approaches to Stop Hypertension (DASH) diet, which emphasizes fruits,

vegetables, whole grains and low-fat dairy foods. Get plenty of potassium, which can help prevent and control high blood pressure. Eat less saturated fat and total fat. Look for heart healthy food on the Food Services menu.

Decrease the salt in your diet. A lower sodium level — 1,500 milligrams (mg) a day — is appropriate for people 51 years of age or older, and individuals of any age who are African-American or who have hypertension, diabetes or chronic kidney disease. Otherwise healthy people can aim for 2,300 mg a day or less. While you can reduce the amount of salt you eat by putting down the saltshaker, you should also pay attention to the amount of salt that's in the processed foods you eat, pay special attention to Commissary foods.

Maintain a healthy weight. If you're overweight, losing even five pounds (2.3 kilograms) can lower your blood pressure.

Increase physical activity. Regular physical activity can help lower your blood pressure and keep your weight under control. Strive for at least 30 minutes of physical activity a day.

Manage stress. Reduce stress as much as possible. Practice healthy coping techniques, such as muscle relaxation and deep breathing. Getting plenty of sleep can help, too.

Practice relaxation or slow, deep breathing. Practice taking deep, slow breaths to help relax.

/s/ C. Coffey, Health Services

Chapel**Cancellation**

Our Saviors Sunday Service **Cancelled on September 17, 2017** due to Chapel programming needs. They will be back on October 1, 2017.

/s/ K. Thompson, Chaplain

Bahai Faith Announcement.

A Bahai faith intro and discussion group will be held on Mondays in the Chapel from 2:00 -3:00 p.m. If you are interested in attending please send an inmate communication to the Chapel.

/s/ A. Perlestein, Chaplain

Chapel Schedule

SATURDAY, September 9

- 8:00 a.m.** Native American Ceremony
Jehovah's Witness Study
Latter Day Saints
Jewish Service
- 11:30 a.m.** Native American Ceremony
- 1:00 p.m.** Suni Muslim Study
Seventh Day Adventist Service
Worship Practice
- 6:00 p.m.** Calvary Chapel
Siddha Yoga

SUNDAY, September 10

- 8:00 a.m.** Spanish Protestant Service
Jehovah's Witness Spanish
Zen Retreat
Wicca
- 1:00 p.m.** Catholic Mass
- 6:00 p.m.** Latter Day Saints Study
University Fellowship
Urantia

MONDAY, September 11

- 8:00 a.m.** Restorative Justice
- 1:00 p.m.** Buddhist Discussion Group
- 6:00 p.m.** Restorative Justice
Non-Violent Communication

TUESDAY, September 12

- 1:00 p.m.** Hare Krishna
Russian Bible
- 6:00 p.m.** Buddhist Service
Prison Fellowship Discipleship
Catholic Study

WEDNESDAY, September 13

- 8:00 a.m.** OSP Choir Practice
- 1:00 p.m.** Seventh Day Adventist Study
Life Support
- 6:00 p.m.** Indigenous Circle ☸
Acting Group

THURSDAY, September 14

- 8:00 a.m.** Thresholds
Jehovah's Witness Service
Jehovah's Witness Spanish
- 1:00 p.m.** TUMI ☸
Spanish Catholic
- 6:00 p.m.** Celebrate Recovery ☸
Non-Violent Communication

FRIDAY, September 15

- 8:00 a.m.** Trauma Transformation
- 1:00 p.m.** Nation of Islam
Sunni Jum'ah Prayer
United Pentecostal Study

☸ = Service is full or restricted. Add requests are not being accepted at this time.

☸ = Service has a waiting list. Submit a request to be placed on waiting list.

