



CRCI & SFFC CURRENTS AUGUST 15, 2015



SUPERINTENDENT: R. ANGELOZZI

CAMP COMMANDER: B. GEERS

EDITOR: L. HUST, LIBRARY COOR.

State of Oregon

Department of Corrections Commissary

Date: August 11, 2015
To: All DOC Inmates
From: Anita Nelson, Statewide
Commissary Operations Manager

Comment Period Extended



*From: B. Worley
ODOC Rules Coordinator*

The comment period for the proposed rules listed below has been extended to September 2, 2015:

- 291-034: Transfers of Inmates in DOC Facilities
- 291-052: Transfer of Inmates between OYA and DOC.

Proposed rules are available for review in the inmate law library.

CLEMENCY

The Legal Library has been getting requests for Clemency packets to send to the Governor.

We do have the rules and laws surrounding who, when and why an inmate can ask for clemency. We don't have the packets.

Per the Governor's Office, Inmates must send a letter to their office to ask for the forms. This is due to the forms are constantly updated.

If an out-of-date form is sent the packet won't be accepted.

**Governor Kate Brown
Attn. Clemency Coordinator
900 Court St. NE
Salem, OR 97310**

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New Items:

Skittles 2.17 oz.	\$1.09
Advanced Probiotic 100 Tabs	\$9.29

Commissary Reminders:

Your name, SID #, Institution, Unit & Bunk # must be filled out on your canteen slip or your order will not be filled. Write legibly or your order will not be filled. Mark all your selections clearly in the boxes next to the items. You are allowed one commissary order per week. If you have non-sufficient funds, your order will not be processed. Please Do Not Draw or Doodle on form. Write legibly or your order will not be filled.

Prices are subject to change without notice.

Photo Shop Changes

Due to operational needs, the Photoshop has moved from Snake River Commissary to North Warehouse Commissary (NWC) in Salem. NWC will strive to maintain the same quality products and customer service you are used to.

In preparation for this move, NWC upgraded to an advanced technology color printer and photo paper to enrich the



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quality and sharpness of your photos. Please watch your newsletters for any future updates and changes occurring in the Photoshop.

Beginning August 17, 2015, all communications regarding photos should now be sent to:

**North Warehouse
Commissary Attention:
Photo Shop**

August 14, 2015 Mental Floss Magazine



What Is It Like to Be Invisible?

Next time you feel wracked by stage fright, don't imagine the audience in underwear--pretend you're invisible. Researchers from the Karolinska Institute in Stockholm recently used virtual reality goggles to trick people into experiencing invisibility. (Participants were asked to look down at their torsos. Thanks to the goggles, it looked as if their bodies had disappeared.) When the researchers brushed the people's bellies with a paintbrush, the participants saw it brushing thin air. The experience made them feel invisible. When they placed the "invisible" people in front of an audience of strangers, participants reported significantly less social anxiety. No word on whether the goggles will be available for your next job interview.

Road To Success

Submitted By: Ms. Coffman

Mission Statement: Increasing successful offender transition into the community by providing quality programming and services.

The Road to Success program is in place to help inmates with six months or less to prepare for their release. It consists of five classes: **1)** Employment, **2)** Working Effectively with your Parole Officer, **3)** Your Family and Your Release, **4)** Money Management **5)** Tenant Education.

When you sign up for the "Road to Success" classes, you may take advantage of any of the classes that will help you upon re-entry. This curriculum will work in conjunction with the inmate's current programs and additional courses they may already be enrolled in. Inmates will also have the opportunity to work one-on-one with transition staff to set up an individual transition plan for release.

We work on such issues as tenant education, medical resources, employment, community, etc. If you participate in all five classes you can request to move to Unit 5. **You'll automatically be scheduled for a RTOS assessment when you are six months or less from your release date**

Credit Reports & Project Clean Slate

- ▶ At this time the Credit check and Project Clean Slate sites are unavailable, we are currently trying to fix the problem so that you can access these resources. There will be a notice in the Newsletter when they are up and running.

Transitions Does Not Handle Education Related Concerns

- ▶ If you have education related concerns such as signing up for college, applying for financial aid or other related questions; you will need to work with Education, your Institution Counselor, or a family member/friend to get it resolved. Transitions does not assist with education related concerns.



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August 2015

ROAD TO SUCCESS

SUPERSTARS

Michael Sparks

Michael Delauder

Robert Ivey

Michael Lahr

Lonnie Larson

Joseph McKenzie

Brandon Reed

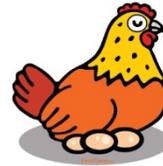
Aaron Zepeda

How Can The Transition Resource Office Help You?

Are you within 120 days of Release? Do you have transition needs such as housing, employment, or food stamps? If so, we're here to help you. During open office hours, one can come into our office and work one-on-one with transition staff to set up their transition needs. You can work on a release plan, pick up an Oregon food stamps application, browse for jobs at the KIOSK, get a credit report, apply for project clean slate, and call the DMV office or handle various other transition related issues. Just come into our office located next in classroom 1 during open office hours (**posted on our door**) when 120 days or less from release.

Open Office Hours:

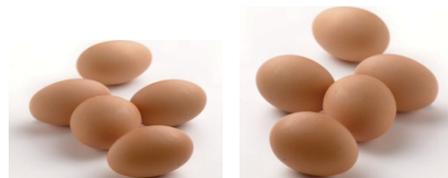
Units 1 & 2 – Tuesday 12:30PM – 1:30PM
Units 3, 4 & 6 – Tuesday 1:30PM – 3:00PM
Unit 7 – Wednesday 12:30PM – 1:45PM
Unit 8 – Wednesday 1:45PM – 3:00PM



National Egg Shortage

Mr. Hernandez, Food Service Manager and Betty Hansen, RDN

You may have already heard about the avian flu and egg prices on the rise. Well, if you haven't, the avian (bird) flu outbreak has affected nearly 50 million birds in 21 states. This has affected the overall supply and demand and has caused huge increases in egg prices. Fresh eggs have doubled and frozen eggs have nearly tripled in price. We have also seen a rise in chicken and turkey prices. Other food items containing eggs may also be affected. Since no one really knows how long the shortage will last, ODOC food service administration has reduced the amount of egg meals on the menu. We will continue to provide the same amount of protein and overall calories as before. Eggs will remain on the menu on the weekend, as well as the country breakfast served at dinner. How long will the changes last? Once the egg laying chickens can be replaced the supplies will increase and we hope the prices will come down. We are closely watching and will replace eggs on the menu as soon as it's feasible.





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COPY Call-outs in LEGAL LIBRARY

You have a 15 minute call out for copies. Have your items organized with directions and a filled out CD28. You'll drop your copies off then you're on a second call out, the same day or early next morning depending on staffing, to pick up your copies.

You must have the funds to make personal copies; legal copies can be debited to your account.

Copies are 10 cents so no special copying other than full page blow up, of whole sheet we don't single out a section, and shrinking to 50%.

If it takes more than one try to make the copy, you pay for every try. We can't fix deep shadows or too light of photos beyond a basic try.

PERSONAL COPIES are a privilege that can be removed if abused.

NEW LEGAL LIBRARY CLERK

Next time you see him, please congratulate our new Legal Library Clerk, Brandon Tyler.

He is very versed in using our Lexis-Nexis computer system. He will be able to help you with getting started, finding forms, and making copies when you come in on your next call-out.



ROSE CITY TOASTMASTERS

Where Leaders are Made

By Willis Parrish, Secretary

Since 1924, Toastmasters International has helped millions of men and women become more confident in front of audiences. We have a network of clubs that help people grow and do the things they want to do in life.

Our program is based on learn-by-doing. It is sure to help YOU to become a more confident speaker and leader. There are more than 292,000 worldwide members. 15,000 clubs in over 100 countries!

New members are always welcome!!

**Come on down and try us out.
Tuesdays at 6:00 – 7:45 p.m.
Classroom #3**

**Send a Kyte to Programs
to get on the call outs**

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