



General Services

Felix Photos

The Felix Photo Program has been a successful endeavor due to your donations and support. The Christmas photos raised over \$1300, so on behalf of the dog handlers and staff we thank you for your generosity and gift giving spirit on this holiday season.

Once more, Felix will be able to have food for another year! And everyone knows how much Felix loves his food, L.O.L. Speaking of food, Felix unfortunately gained some weight from receiving treats during the Christmas photos. The dog handlers would appreciate it if inmates limit handouts to Felix until he can return to his optimal weight. Staff will also help in monitoring his food intake, thank you.

Starting Jan. 1st. 2018 all photos will be handed out at the end of each month. This allows time enough for processing and handling while also reducing any questions about when you will receive them. Have a happy new year!

/s/ C. Kyle, Physical Plant Office

Commissary

TAG System Updates

“Due to TAG system updates, there will be some changes to the processing / delivery schedule for January 2018, at OSP.

Tuesday January 2nd – Pick up Commissary slips (normal spending)

Thursday January 4th – Deliver Commissary

Tuesday January 9th – Slips picked up will be double spending

Thursday January 11th – Deliver double spending Commissary orders

Tuesday January 16th – No slip pick up

Thursday January 18th – No Commissary delivery

Tuesday January 23rd – Pick up slips (normal spending)

Thursday January 25 – Deliver Commissary”

/s/ M. Yoder, Asst. Supt. Gen. Services

Miscellaneous

Hep C

Hepatitis C (information provided by Healthwise)
Hepatitis C is a liver disease that is caused by infection with the hepatitis C virus, a virus that lives in your liver cells.

You cannot get hepatitis C from casual contact such as hugging, kissing, sneezing, coughing, or sharing food or water with someone. You can get hepatitis C if you come into contact with the blood of someone who has hepatitis C.

The most common way to get hepatitis C is by sharing needles and other equipment (such as cotton, spoons, and water) used to inject illegal drugs. If you are injecting drugs, the best way to protect yourself is by not sharing needles or other equipment with others. Many cities have needle exchange programs that provide free, sterile needles so that you do not have to share needles. If you want to stop using drugs, ask your doctor or someone you trust to help you get into a drug treatment program.

Before 1992, people could get hepatitis C through blood transfusions and organ transplants. Since 1992, all donated blood and organs are screened for hepatitis C, so it is now rare to get the virus this way.

In rare cases, a mother with hepatitis C spreads the virus to her baby at birth, or a health care worker is accidentally exposed to blood that is infected with hepatitis C.

If you live with someone who has hepatitis C or you know someone with hepatitis C, you generally do not need to worry about getting the disease. You can help protect yourself by not sharing anything that may have blood on it, such as razors, toothbrushes, and nail clippers.

Being diagnosed with [hepatitis C](#) can change your life. You may feel angry or depressed about having to live with a long-term (chronic), serious disease. You may have a hard time knowing how to tell other people that you have the virus. It can be helpful to talk with a [social worker](#) or counselor about what having the disease means to you. You also may want to find a

Hep C (cont.)

support group for people with hepatitis C. If you do not have a support group in your area, there are several on the Internet.

You may or may not receive treatment for hepatitis C, depending on how damaged your liver is, other health conditions you have, how much virus you have in your body, and what type ([genotype](#)) of hepatitis C you have. Treatment is not always an option, because the medicines used to treat hepatitis C have serious side effects, and do not work for everyone.

If you have hepatitis C, you can help prevent spreading it to others if:

- You do not share needles or other equipment such as cotton, spoons, and water if you continue to use needles to inject drugs.
- You keep cuts, scrapes, and blisters covered to prevent others from coming in contact with your blood and other body fluids. Throw out any blood-soaked items such as used Band-Aids.
- You do not donate blood or sperm.
- You wash your hands—and any object that has come in contact with your blood—thoroughly with water and soap.
- You do not share your toothbrush, razor, nail clippers, diabetes supplies, or anything else that might have your blood on it.

There is no vaccine to prevent [hepatitis C](#), but you can reduce your risk of becoming infected if:

- You do not share needles to inject drugs. If you are injecting drugs, the best way to protect yourself is by not sharing needles or other equipment (such as cotton, spoons, and water) with others. Many cities have needle exchange programs that provide free, sterile needles so that you do not have to share needles. If you want to stop using drugs, ask your doctor or someone you trust to help you find out about drug treatment programs.
- You work in a health care setting and you follow your institution's safety guidelines. You wear protective gloves and clothing and dispose of needles and other contaminated sharp objects properly.
- You make sure the practitioner sterilizes the instruments and supplies if you get a tattoo, have your body pierced, or have [acupuncture](#)

For more information on Hepatitis C please contact Medical Services.

/s/ C.Coffey, Health Services

Chapel Schedule

SATURDAY, January 6

- 8:00 a.m.** Native American Ceremony
Jehovah's Witness Study
Latter Day Saints
Jewish Service
- 11:30 a.m.** Native American Ceremony
- 1:00 p.m.** Suni Muslim Study
Seventh Day Adventist Service
Worship Practice
- 6:00 p.m.** Calvary Chapel
Wicca

SUNDAY, January 7

- 8:00 a.m.** Spanish Protestant Service
Jehovah's Witness Spanish
Zen Retreat
- 1:00 p.m.** Catholic Mass
Jewish Study
- 6:00 p.m.** Latter Day Saints Study
Lutheran Worship
Urantia

MONDAY, January 8

- 1:00 p.m.** Buddhist Discussion Group
- 6:00 p.m.** Restorative Justice
Non-Violent Communication

TUESDAY, January 9

- 1:00 p.m.** Russian Bible
Hare Krishna
- 6:00 p.m.** Buddhist Service
Prison Fellowship Discipleship
Catholic Study
Non-Violent Communication Practice

WEDNESDAY, January 10

- 8:00 a.m.** OSP Choir Practice
- 1:00 p.m.** Seventh Day Adventist Study
Life Support
- 6:00 p.m.** Indigenous Circle ☸
Celebrate Recovery

THURSDAY, January 11

- 8:00 a.m.** Thresholds
Jehovah's Witness Service
Jehovah's Witness Spanish
- 1:00 p.m.** TUMI ☸
Spanish Catholic
- 6:00 p.m.** Gospel Worship
Spanish Non-Violent Communication
Non-Violent Communication
Shambala

FRIDAY, January 12

- 8:00 a.m.** Trauma Transformation
- 1:00 p.m.** Nation of Islam
Sunni Jum'ah Prayer
United Pentecostal Study

☸ = Service is full or restricted. Add requests are not being accepted at this time.

☹ = Service has a waiting list. Submit a request to be placed on waiting list.