



## **Security**

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### **Semi-annual Blanket Wash Schedule**

The Clothing Room will be conducting its semi-annual mandatory blanket wash during the month of **April 2018**. All blankets will be collected at the **5:15 A.M.** wake-up bell and returned after the **4:00 P.M.** count clears on the same day. Clothing Room staff and block staff will supervise Clothing Room workers and housing unit orderlies in the collection and distribution of blankets. **ALL CELLS WILL BE SEARCHED FOR EXTRA LINEN.**

**The Blanket Wash schedule will be as follows:**  
(Starting the first week of April 2018)

\*Friday April 20 C-Block

\*Friday April 27 E-Block

\*Scheduled rotation is subject to change

/s/ L. Warren, Clothing Room

## **Activities**

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### **Car Show VIP**

The July 14, 2018, Car & Bike Show will host VIPs; you must be incentive level 3 to qualify. VIPs receive the following:

1. Extra time at the show. VIP's can attend from 7:15 a.m. until 9:45 a.m. and again between 11:00 a.m. until 3:00 p.m.. Non VIPs will get half of the afternoon, so VIPs get a lot more time at the show to see the vehicles/bikes, get photos and to visit with the guests.
2. Breakfast consisting of a banana, chocolate milk, donuts, and yogurt.
3. VIPs are included in the vote for Con's Choice vehicle and bike.

If you would like to be a VIP, send and your CD-28 for \$12 made payable to Car & Bike Show #2488 with VIP on the purpose line. CD-28s go in the white Activities mailbox. We are limited to the first 200 incentive level 3 general population participants, so don't delay.

/s/ J. Rodriguez, Activities

### **Developing Your Leadership Skills Class**

Capital Toastmasters Club is offering the *Developing Your Leadership Skills* Class on Saturday, May 5, 2018, from 12:30 p.m. until 3:00 p.m. Participants study qualities designed to help develop their leadership abilities and become more effective managers. Topics discussed, and required for quality leaders, include: contracting for excellence, team building, motivation, and coaching. This valuable knowledge will help a person improve their overall leadership skills.

If you wish to participate send a inmate communication to the Capital Toastmasters Club prior to April 25, 2018. Open to Incentive levels two, three, and the first 3 level one AICs from whom we receive an inmate communication. If you have a work/schedule conflict, you'll need to have your boss sign your inmate communication stating it's ok for you to attend.

/s/ C. McFadden, Activities

## **Commissary**

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### **Commissary Updates**

Effective May 1, 2018, Commissary will no longer be distributing regular orders on Thursdays or Fridays for any reason. The special needs line will be run on Wednesdays during last call at 7:15 - 9:45 a.m.. Thursdays will be reserved for receiving and setting up orders for the next week and Fridays will be reserved for handing out special order Commissary items.

### **More Commissary Updates and Reminders**

Due to our vendor availability, the Timberland cushion crew socks four ct. for \$9.89 are temporarily out of stock until further notice. The following three shoes in the Spring/Summer 2018 shoe catalog are listed incorrectly as shower shoes. They are sandals and should not be worn in the shower.

Under Armour Ignite V item #81805

Under Armour Ignite V, item #81802

Under Armour Women's Ignite VII item #81809

/s/ S. Jackson, Commissary

## **Miscellaneous**

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### **Taken from “How to Manage the Alzheimer’s Patients in Our Prisons” by Jaime Todd, MBA, LNHA.**

As our population ages we need to recognize how to help those that suffer with Dementia and Alzheimer. Those that suffer could be our friend, cellie, or family member.

The start of Alzheimer’s or dementia is slow. Signs and symptoms start with confusion and forgetfulness. But as the disease gets worse they become unable to perform routine daily activities like bathing, and dressing. They can experience behavior changes like agitation and anger. Good clear communication by others is the key to helping these individuals with Alzheimer’s or dementia avoid frustration and achieve comfort. Speaking to them with R-E-S-P-E-C-T not only helps them but you.

#### **R=Reassure**

With constant reassurance, they will feel safer and can pay better attention. Address by name and introduce self as often as needed in a soft tone.

#### **E=Environment**

Create and maintain a relaxing setting to reduce the disruption. One way to do this is to turn off any radios and/or televisions. This will help to keep the patient relaxed throughout the day.

#### **S=Specify**

Using small simple words and sentences will decrease confusion. Asking yes/no questions will help them to better understand. If they do not understand then repeat the question.

#### **P=Prepare**

Often they will resist activities of daily living (changing cloths, brushing teeth, eating). Give one step instructions to complete before beginning the next job.

#### **E-Encourage**

Listen closely and give your undivided attention to what is being said or asked. Make sure to smile often. Confusion can add to their problems with communicating.

#### **C=Check yourself**

Ask, offer, suggest and encourage their participation in decision making regardless of how confused they may be.

#### **T=Thank**

If you treat them with respect you will have a better bond. This will help them to become more

comfortable with you and help them gain confidence and trust in you

When others help to make effective communication a priority, they create an environment that lets the individual be more independent, less agitated and more comfortable. this allows improved effort, ability, and desire to communicate.

/s/ C. Coffey, Health Services

### **Carpenter Shop Position**

The Carpenter shop in the Physical Plant is taking applications for journeyman level Carpenters. You must have experience in framing, concrete work, and all other phases of Carpentry. You also must be able to have good communication skills.

/s/ S. Carpenter, Physical Plant

## **Chapel**

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### **Timothy Blatchly Memorial**

There will be a memorial service for Timothy Blatchly on **Tuesday April 17, 2018, at 8-10 a.m.** in the Chapel. If you are interested in attending please send an inmate communication form to the Chapel.

### **Oregon Agape Youth Camps**

Bringing Hope and Healing To Children Ages 7-17 Impacted by Incarceration.

Salem Camp: July 19 through 22, 2018 at Camp Aldersgate in Turner, Oregon (serving Marion and Polk Counties, and surrounding cities)

Eugene Camp: August 23-26 at Camp Harlow in Eugene, Oregon (serving Lane County and surrounding cities)

Would you like to give your children a summer camp experience they will never forget? The Agape Youth Camps are free of charge and created only for kids who reside in a home that has a parent or loved one incarcerated. Campers learn about love, hope, trust, and forgiveness while also experiencing fun camp activities like water skiing, swimming, horseback riding, crafts, and much more. Every child receives a t-shirt for each day of camp, a sweatshirt, and if needed, a pillow and sleeping bag. Registration is now open for both camps, so let your family know they can sign your children up at the following website!  
[www.agapeyouthoregon.com](http://www.agapeyouthoregon.com)

**Spiritual Property**

Anybody in special housing with spiritual property in the Chapel must send an inmate communication requesting it. For adults in custody released from special housing who have property in the Chapel, send an inmate communication and you will be placed on a Thursday morning call out.

**University Fellowship Church**

University Fellowship Church (UFC) of Eugene has been hosting a Chapel at OSP since 2009. We meet on **the 2nd and 4th Sundays of each month**. The Lead Pastor of the church, Brett Gilchrist, is the Bible teacher and he teaches "book by book" through the Bible. The service begins with a great time of worship followed by a relevant sermon from the Bible. The Chapel is open to all, followers of Jesus, or those investigating the Christian faith. UFC was started in 2008, and has grown to approximately 800-900 members, we love our satellite campus here at OSP and hope you'd join us.

/s/ A. Perlstein, Chaplain

*Chapel Schedule*

**SATURDAY, April 21**

- 8:00 a.m.** Native American Ceremony  
Jehovah's Witness Study  
Latter Day Saints  
Jewish Service
- 11:30 a.m.** Native American Ceremony
- 1:00 p.m.** Sunni Muslim Study  
Worship Practice
- 6:00 p.m.** Calvary Chapel  
Siddha Yoga

**SUNDAY, April 22**

- 8:00 a.m.** Spanish Protestant Service  
Jehovah's Witness Spanish
- 1:00 p.m.** Catholic Mass
- 6:00 p.m.** Latter Day Saints Study  
University Fellowship  
Urantia

**MONDAY, April 23**

- 1:00 p.m.** Buddhist Discussion Group

- 6:00 p.m.** Restorative Justice  
Non-Violent Communication

**TUESDAY, April 24**

- 1:00 p.m.** Russian Bible  
Hare Krishna
- 6:00 p.m.** Buddhist Service  
Prison Fellowship Discipleship  
Catholic Study  
Non-Violent Communication Practice

**WEDNESDAY, April 25**

- 8:00 a.m.** OSP Choir Practice
- 1:00 p.m.** Seventh Day Adventist Study  
Life Support
- 6:00 p.m.** Celebrate Recovery  
Indigenous Circle ☹

**THURSDAY, April 26**

- 8:00 a.m.** Thresholds  
Jehovah's Witness Service  
Jehovah's Witness Spanish
- 1:00 p.m.** TUMI ☹
- 6:00 p.m.** Gospel Worship  
Celebrate Reoccovery ☹

**FRIDAY, April 27**

- 8:00 a.m.** Trauma Transformation ☹
- 1:00 p.m.** Nation of Islam  
Sunni Jum'ah Prayer  
United Pentecostal Study

☹ = Service is full or restricted. Add requests are not being accepted at this time.

☹☹ = Service has a waiting list. Submit a request to be placed on waiting list.