

## **Security**

### **Semi-annual Blanket Wash Schedule**

The Clothing Room will be conducting its semi-annual mandatory blanket wash during the month of **April 2018**. All blankets will be collected at the **5:15 A.M.** wake-up bell and returned after the **4:00 P.M.** count clears on the same day. Clothing Room staff and block staff will supervise Clothing Room workers and housing unit orderlies in the collection and distribution of blankets. ALL CELLS WILL BE SEARCHED FOR EXTRA LINEN.



**The Blanket Wash schedule will be as follows:**  
 (Starting the first week of April 2018)

- |                  |              |
|------------------|--------------|
| *Friday April 6  | A-3, A-Block |
| *Friday April 13 | D-Block      |
| *Friday April 20 | C-Block      |
| *Friday April 27 | E-Block      |

\*Scheduled rotation is subject to change

/s/ L. Warren, Clothing Room

## **Activities**

### **Athletic Club**

#### **Squat-Clean Competition Results 3-17-18**

##### **18-34 Age Bracket**

- |                 |              |        |
|-----------------|--------------|--------|
| 1 <sup>st</sup> | Keith Martin | 285lbs |
| 2 <sup>nd</sup> | Kenny Kramer | 265lbs |
| 3 <sup>rd</sup> | Mitch Lewis  | 255lbs |

##### **35-39 Age Bracket**

- |                 |            |        |
|-----------------|------------|--------|
| 1 <sup>st</sup> | Jesse Otey | 260lbs |
| 2 <sup>nd</sup> | Ben Reed   | 235lbs |
| 3 <sup>rd</sup> | Josh Cain  | 225lbs |

### **40 and Up Bracket**

- |                 |               |        |
|-----------------|---------------|--------|
| 1 <sup>st</sup> | James Speidel | 205lbs |
| 2 <sup>nd</sup> | Tim Shubert   | 185lbs |

Over all Heaviest Lift  
 Keith Martin 285 lbs.

Most impressive lift  
 Mitch Lewis Weigh-in  
 172 lbs.

Lift 255 lbs. 83 lbs more  
 than his body weight  
 OMG!!

Can't wait to see you  
 guys at the next event April 14, 2018.



### **Improving Your Management Skills Class**

Capital Toastmasters Club is offering the *Improving Your Management Skills* Class on Saturday, April 21, 2018, from 12:30 p.m. until 3:00 p.m. This class is designed to help participants develop their creative thinking abilities, to recognize and develop their management skills, and become more effective managers.

If you wish to participate send an inmate communication to the Capital Toastmasters Club prior to April 12, 2018. Open to Incentive levels two, three, and the first three level one AIC's from whom we receive an inmate communication. If you have a work/schedule conflict, you'll need to have your boss sign your communication to attend.

/s/ C. McFadden

## **Commissary**

### **Commissary News, Updates and Reminders**

#### **Updates**

Due to the vendor not being able to get the M&M caramels 1.63 oz. for the promotional period, the commissaries will not be offering this item. The Hershey Gold Caramel Peanut and Pretzel candy bar 1.4 oz. for \$1.13 will be offered instead.

**Commissary News, Updates and Reminders**  
(cont.)

**Promotional Items**

The next promotional period is April 1 and to May 31, 2018.

- SB Blueberry & Grain Bars 1.63 oz. \$2.69
- V05 Strawberry & Cream Shampoo 12.5 oz. \$1.60
- V05 Strawberry & Cream Conditioner 12.5 oz. \$1.60
- Hershey Gold Caramel Peanut and Pretzel 1.4 oz. \$1.13
- Maruchan Cajun Shrimp Noodles 0.3 oz. \$0.28

**Commissary Promotional Items**

The Commissary is requesting your input on what items you would like to see on the Summer Promotional Period List. Please send your suggestions to Assistant Superintendent Yoder, care

of OSP General Services, no later than April 13, 2018, for consideration.

/s/ S. Jackson, Commissary

**Miscellaneous**

**Access to Medical Care**

Sick call appointments are available by appointment. If you are not feeling well or have a problem that requires medical attention, you are required to send a request for medical/dental communication form to Medical Services. You need to sign your full name, SID number, cell number, and date. Include a brief description of your need, explaining your signs and symptoms. Please fill out the form completely to help us better meet your health care needs. Place the your completed communication in the secure Health Services mailbox on the Control Floor to ensure your communication is confidential. Medical Communications are picked up daily and will be responded to promptly.



If a medical appointment is necessary, an appointment will be scheduled and a call pass will be issued. It is important that you keep your appointment and report

promptly to the Medical Services area at the time shown on the call pass.

Should you become ill or otherwise need medical attention during other times of the day, consult your supervisor or housing unit officer. Your housing unit officer will call Nursing Services and triage your medical concerns awaiting further direction by Nursing staff. All emergency medical situations will be handled when they arise.

/s/ C. Coffey, Health Services

**Chapel**

**Spiritual Property**

Anybody in special housing with spiritual property in the Chapel must send an inmate communication requesting it. For adults in custody released from special housing who have property in the Chapel, send an inmate communication and you will be placed on a Thursday morning call out.

**University Fellowship Church**

University Fellowship Church (UFC) of Eugene has been hosting a Chapel at OSP since 2009. We meet on **the 2nd and 4th Sundays of each month**. The Lead Pastor of the church, Brett Gilchrist, is the Bible teacher and he teaches "book by book" through the Bible. The service begins with a great time of worship followed by a relevant sermon from the Bible. The Chapel is open to all, followers of Jesus, or those investigating the Christian faith. UFC was started in 2008 and has grown to approximately 800-900 members, we love our "satellite campus" here at OSP and hope you'd join us.

/s/ A. Perlstein, Chaplain



# Chapel Schedule

## SATURDAY, April 7

- 8:00 a.m.** Native American Ceremony  
Jehovah's Witness Study  
Latter Day Saints  
Jewish Service
- 11:30 a.m.** Native American Ceremony
- 1:00 p.m.** Sunni Muslim Study  
Worship Practice  
Seventh Day Adventist Service
- 6:00 p.m.** Calvary Chapel

## SUNDAY, April 8

- 8:00 a.m.** Spanish Protestant Service  
Jehovah's Witness Spanish  
Zen Retreat  
Wicca
- 1:00 p.m.** Catholic Mass  
Jewish Study
- 6:00 p.m.** Latter Day Saints Study  
University Fellowship  
Urantia

## MONDAY, April 9

- 8:00 a.m.** Restorative Justice Writing
- 1:00 p.m.** Buddhist Discussion Group
- 6:00 p.m.** Restorative Justice  
Non-Violent Communication

## TUESDAY, April 10

- 1:00 p.m.** Russian Bible  
Hare Krishna
- 6:00 p.m.** Buddhist Service  
Prison Fellowship Discipleship  
Catholic Study  
Non-Violent Communication Practice

## WEDNESDAY, April 11

- 8:00 a.m.** OSP Choir Practice
- 1:00 p.m.** Seventh Day Adventist Study  
Life Support
- 6:00 p.m.** Celebrate recovery

## THURSDAY, April 12

- 8:00 a.m.** Thresholds  
Jehovah's Witness Service  
Jehovah's Witness Spanish
- 1:00 p.m.** TUMI ☹  
Spanish Catholic
- 6:00 p.m.** Gospel Worship  
Celebrate Reoccovery ☹  
Spanish Non-Violent Communication

## FRIDAY, April 13

- 8:00 a.m.** Trauma Transformation
- 1:00 p.m.** Nation of Islam  
Sunni Jum'ah Prayer  
United Pentecostal Study

☹ = Service is full or restricted. Add requests are not being accepted at this time.

☹ = Service has a waiting list. Submit a request to be placed on waiting list.