



Coffee Talk



Superintendent: Ms. P. Myers

Editor: Ms. A. Wheeler

November 15, 2018

WEEKEND AT THE MOVIES

From: CRU

You may request any film be shown for a weekend movie; however, a film may **only** be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at **each** institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.

Upcoming Movies

11/17/18	Trolls
11/18/18	Ocean's 8
11/22/18	Tag
11/24/18	Hours
11/25/18	Inside Man

Toys for Tots

From Ms. Letourneau, BHS

Every year, more and more families are reaching out to agencies in their communities for a bit of extra help during the holiday season. CCCF will be partnering with the Marine Corps for their annual Toys for Tots campaign to collect toys that will be distributed to children throughout the metro area. Please encourage your visitors to bring a new, unwrapped toy to your scheduled visits! Donations can be dropped off from Nov 26-Dec 19, and collection barrels will be in the minimum and medium lobbies. In addition, we are offering all AICs to have the ability to

contribute funds to the Toy Drive! Head to the kiosk to submit a CD-28 in any amount to purchase toys for local children. Last year, the women of CCCF raised \$426.07 and I am hoping we can beat this in 2018!

Tribal Members Releasing to Klamath County

From Ms. Ellgen, Correctional Counselor

Klamath Tribal Health Youth & Family Guidance Center would like you to know that we are offering ReEntry services to Tribal Members being released to Klamath County. Services include: Substance Treatment, Mental Health and a Transitional Housing Voucher program. Our Substance treatment/Mental Health services include opportunity to sweat, access to sacred places, talking circle and big drum practice in addition to western approaches. There are several requirements for the Transitional Housing Voucher program including, income and compliance with treatment and Parole Officers. Klamath Works has agreed to collaborate in this effort by teaching life skills and offering assistance with employment. If you are a Tribal Member being released to Klamath County call reach out to your Correctional Counselor to set up a call to Devery at 541-884-1841 ext. 410 or 541-892-0402.

PREA INFORMATION

From DOC

It is normal for people who experience sexual abuse to feel overwhelmed and have a lot of questions about what their options are. It is also important to remember no one deserves to be sexually abused. It is not your fault. Surviving and healing is possible.

Inmates who have experienced sexual abuse may reach a community-based advocate by dialing "711" from the inmate telephone system. Community-based advocates provide survivors of sexual abuse information about their options, resources, information and emotional support. Calls to "711" are confidential and free of charge.

Advocates role

- Provide over-the-phone confidential support and crisis intervention related to sexual abuse

- Talk with a survivor about their current and ongoing safety
- Explain reporting options available through PREA
- Support survivor at a sexual assault forensic medical examination
- Support survivor at an investigatory interview related to sexual abuse, as requested
- Educate/teach survivor coping skills for healing from sexual abuse
- Provide resources and referrals
- Provide follow-up support

An advocate’s role is

- Not make decisions or tell a survivor what to do
- Not tell a survivor whether or not to report
- Not investigate a crime
- Not provide legal advice
- Not be a survivor’s friend
- Not provide therapy
- Not communicate with the institution unless the survivor requests them to do so and only with a signed limited release of information

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report the sexual abuse unless you request them to do so and if you sign a release of information.

Advocacy crisis lines are not a reporting hotline. If you wish to file a report, you may contact the Inspector General Hotline by dialing 9 on the inmate telephone system, writing an inmate communication, filing a grievance, or writing the Governor’s Office at State Capitol, Room 160, 900 Court Street, Salem, OR 97301.

DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters
3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

PREA Advocate Coordinator
Oregon Department of Corrections
2575 Center Street NE
Salem, OR 97301

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and is not to be used for other purposes. Contacting an advocate for anything other than services related directly to coping with sexual abuse takes away valuable resources for sexual assault survivors who need an advocate’s help. Telephone calls and mail to community-based advocacy centers are considered privileged/confidential communication and will be handled similar to legal calls/official mail.

You may reach your community-based advocate by dialing “711” from the inmate telephone, dialing their direct crisis line number, or sending written correspondence.

Institution	Community-Based Advocacy Center
CCCF	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
CRCI	Portland Women’s Crisis Line (PWCL) Advocacy Program PO Box 42610, Portland, OR 97242 1 (888) 235-5333
DRCI	Saving Grace 1004 NW Milwaukee Ave, Suite 100 Bend, OR 97701 1 (866) 504-8992
EOCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
MCCF, OSCI, OSP SCI	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
PRCF	May Day 1834 Main St., Baker City, OR 97814 (541) 403-0291
SCCI	Women’s Safety & Resource Center 1681 Newmark Ave., Coos Bay, OR 97420 1 (888) 793-5612
SRCI	Project Dove PO Box 980, Ontario, OR 97914 (208) 739-5061
SFFC	Tillamook Co. Women’s Resource Center PO Box 187, Tillamook, OR 97141 1 (800) 992-1679
TRCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
WCCF	Lake County Crisis Center PO Box 774, Lakeview, Oregon 97630 1 (800) 338-7590

Flu Vaccines Offered

From Health Services

It is fall again and the flu season is beginning. Health Services want to remind you to get vaccinated against the flu. Every year ODOC Health Services offer flu vaccines to our adult in custody (AIC) population. Health Services will be giving Flu Vaccine to Adults in Custody who are at higher risks of the flu first; then it may be offered to the rest of the general population by AIC request. If you would like to get a flu vaccine please send a non-emergent health care request to Health Services so that you can be added to our Flu Vaccine Clinic List. We compile this list starting in September and add to it as the season progresses. When the vaccine becomes available Health Services will start the clinics.

Vaccines help your body build protection against illness. Your body will build antibodies (an-ti-bod-ies) that act as soldiers to protect you against different flu viruses. Each year

that you get the vaccine you build up another layer of protection against the ever-changing strains of the flu virus. When you get a flu vaccine you may or may not feel like you have a mild flu after you receive a vaccine but this is just your body building the antibodies/soldiers to fight off the flu and feeling mild flu symptoms does not always happen. It is important to know that you cannot actually get sick from receiving a flu vaccine.

Whether or not you choose to get a Flu Vaccine you should remember to do the following throughout the flu season:

Wash your hands frequently. This will help prevent you from getting common colds and help put a stop to your friends and neighbors getting it as well. Please practice this important and simple tool.

Cover your mouth and nose with a tissue or your sleeve (not your hand!) when you cough, sneeze or yawn to prevent germs from spreading. It is better to cough into your elbow. **Drink lots of fluids,** water, juices, and clear soups will help loosen mucus and keep you from becoming dehydrated. Drink at least 8, 8 ounce cups of water daily.

Rest

If you do get the Flu: Let Health Services know so that they can try and help lessen some of the symptoms and help prevent the spread of the flu to your fellow inmates.

- Send a Non-emergent communication form to Health Services listing your symptoms and how long you have had them.
- You will be scheduled for nurse triage to assess you and determine if treatment or precautions are needed.
- Treatment only lessens the symptoms and duration but does not cure the flu.
- Precautions involves having to wear a mask to prevent you spreading the virus to others and being placed on lay ins so that you rest and do not spread the virus.
- Flu viruses are generally contagious to others for the first 3-4 days after a person is infected.
- The Flu has to run its course.

Health Services cares about you staying healthy and recommends getting the flu vaccine annually.

SUSTAINABILITY NEWS

From Green Team

Feed the Hungry! Earning funds for the local food bank is as easy as recycling on the Units. TerraCycle Collection Bins are used to raise money for Wilsonville Community Sharing; the non-profit helping needy families barely able to get by. Last month we sent a check for \$216, but more can be sent as we recycle more. In years past we've raised upwards of \$1200, and hope to exceed that as the cardboard TerraCycle recycling bins are filled with the accepted disposals listed. If you want to be part of assisting

hungry children in the neighborhood, please, recycle.

Shampoo, lotion & other toiletry bottles are accepted along with deodorants, toothpaste tubes & brushes, makeup & facial cream containers, soft-plastics like maxi pads & tortilla bags plus cereal bags. Check postings on the Units for a more thorough list. Join us today, pull plastics out of the trash and help make a difference in feeding & providing for those in need.

Take a look at the nice thick blankets you have for bedding. Not everyone has the luxury of a bed, let alone blankets, especially those out on the "street." That's why CCCF gladly donated blankets & denim to Salem's Sleeping Bag Project. Wool blankets seem to last forever, but when wear and tear takes place, they're picked up by CDC from the Clothing Room & put to good use. We've already donated thousands of pounds to Salem's Sleeping Bag Project helping make insulation to fill sleeping bags that are given to Homeless in the Salem area; 114 blankets we're donated just this last month! The upcycled sleeping bags will provide warmth & comfort for years to come.

Bundle up & go outside to enjoy the beautiful Earth & air you help protect every time you reduce, reuse & recycle. Therapeutic time with nature has been proven to elevate even the most disconsolate of moods.

ATTENTION MOTHERS

From CRU

Do you have a baby or toddler under five? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and support bonding and attachment between infants and toddlers and their incarcerated mothers.

Requirements:

- Child age from birth to Age 5
- Minimum or minimum eligible with gate clearance
- Child lives less than 60 minutes away
- Transportation to/from the school are Tuesday and Thursday 9:00am - 12:30pm

VISITING APPLICATIONS

From Ms. Stehle, CRU

Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process

BIRTH CERTIFICATES AND SOCIAL SECURITY CARDS

From Records Office

Many already know how important it is to have your birth certificate and social security card, but it's worth repeating and even "kyting" about. Aside from the benefits of having your birth certificate while you're still inside, both pieces of identification are essential to your success after release because they are needed to get a job, open a bank account or cast a check, and apply for state or military benefits.

As you approach your release, if the DOC does not have a birth certificate or social security card on file for you and if you may be eligible to receive one provided by the DOC, you will receive a kyte from the institution records office. Those approaching age 65 will also be sent a kyte if the DOC does not have a birth certificate on record. The kyte will tell you which piece of identification is missing and give you the means to start the application process. Just fill in the information and forward the kyte to your **INSTITUTION RECORDS OFFICE**. It's as simple as that.

Note: To eliminate duplication that could delay your application process, please complete and return only one for each of the birth certificate and social security card forms.



MEDIUM BREW



Help Wanted - ADL

From Health Services

Are you looking for a new job? Are you a kind, caring, compassionate person? Are you looking for a way to help others and give back? Are you respectful and responsible? CCCF is currently accepting applications for ADL Worker positions. Activities of daily living (ADL's) are day to day activities like walking or pushing a wheelchair, bathing, dressing, feeding, and toileting that some inmates may not be able to do on their own; they require assistance.

In order to be considered for this position you must be housed in the Medium facility, have 6 months clear conduct and no program failures in the last 6 months. You must also

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have at least one year remaining of your sentence, and be physically able to lift with no medical restrictions. We are looking for individuals who communicate well with others, are patient, and respect the need for confidentiality. If you are interested in an ADL Worker position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services Nurse Manager and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants who meet the minimum qualifications may be scheduled and called out for an interview. Thanks for your interest.

Help Wanted – Clinic Orderly

From Health Services

Are you looking for a new job?
Are you a hard-working individual?
Do you like to clean?
Are you respectful and responsible?
Are you looking for a way to help improve the Health Services environment?
CCCF is currently accepting applications for the Clinic Orderly position in Medium Health Services. This position will be limited to 2 years.

In order to be considered for this position you must:

- Be housed in the Medium facility
- Have 6 months clear conduct and no program failures in the last 6 months
- Must have at least one year remaining of your sentence
- Be physically able to lift with no medical restrictions.
- We are looking for individuals who communicate well with others, are self-motivated, detail oriented, complete tasks thoroughly and take pride in their work.

If you are interested in the Clinic Orderly position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants who meet the minimum qualifications will be scheduled and called out for an interview. Thanks for your interest.

Help Wanted - CRU

From CRU

The Correctional Rehabilitation Unit is looking for an Office Orderly. The hours for this position will be Monday through Friday, **9:00AM – 10:30AM and/or 1:30-3:00PM**. This position receives **12** points per day. Typical duties of the

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orderly are as follows: General cleaning of the office including kitchen, restrooms, dusting of the conference room and cleaning offices as needed. Sweeping, mopping and buffing floors; emptying trash; and helping with various clerical office projects as needed. You must be an incentive **LEVEL 3** and have a minimum of **6 MONTHS CLEAR CONDUCT** to apply. If you are interested in applying, please complete a job application and submit it to Ms. Johnson in CRU no later than **Friday, November 23th**.

Medium Religious Services

From Chaplain Brault

Friday, November 16, 2018

Chaplain Holmes Bible Study 9:00-10:00 A.M. Gh02 (*No LOP*)

Jewish Study 9:30-10:30 A.M. Chapel (**Participants Only**)

ARMS 1:00 – 2:30 p.m. GH02 (**Participants Only**)

Meditation 201 1:00-2:30 p.m. Chapel (*No LOP*)

Buddhist Service 7:00-9:00 Chapel (*LOP Ok*)

New Thought Ministries 7:00-9:00 p.m. CD02 (*LOP Ok*)

Saturday, November 17, 2018

Spiritual Community For Lifers 9:00 –1:00 P.M. Chapel (**Participants Only**)

SDA Service 2:00 – 4:00 p.m. M111 (*LOP Ok*)

Baptist 7:00-9:00 p.m. Chapel (*LOP Ok*)

Sunday November 18, 2018

City Bible 9:00 – 10:30 A.M. Chapel (*LOP Ok*)

LDS Bible Study 1:30 – 3:00 p.m. M111 (*LOP Ok*)

LDS Choir 2:30 – 4:00 p.m. Chapel (**Participants Only**)

Pagan Service 7:00 – 9:00 p.m. Chapel (**Participants Only**)

Monday, November 19, 2018

Celebrate Recovery Step Study 6:30-8:30 p.m. GH02 (*No LOP*)

JW 7:00 – 9:00 p.m. GH02 (*LOP Ok*)

Aglow 7:00 – 9:00 p.m. Chapel (*LOP Ok*)

Tuesday, November 20, 2018

Threshold 1:00 – 3:00 p.m. Chapel (*Participants Only*)

Baptist Study 7:00-8:30 p.m. GH02 (*No LOP*)

Labyrinth 7:00-9:00 p.m. Chapel (**No LOP**)

Wednesday, November 21, 2018

Meditation 101 1:00-2:30 p.m. Chapel (**No LOP**)

FITS 7:00-9:00 p.m. Chapel (**LOP ok**)

Anticipate 6:30 – 8:30 p.m. GH02 (**Participants Only**)

VOEG Alumni 6:30 – 8:30 p.m. (**Participants Only**)

Thursday, November 22, 2018

Fits THANKSGIVING Special 8:30 – 10:30 A.M.

Catholic Service 7:00-9:00 p.m. GH06 (*LOP Ok*)

Celebrate Recovery 6:30 – 8:30 p.m. GH02 (**Participants Only**)

Friday, November 23, 2018

Chaplain Holmes Study 9:00-10:00 A.M. GH02 (*No LOP*)

Native Flute Circle 9:30-10:30 A.M. Chapel (**Participants Only**)

ARMS 1:00 – 2:30 p.m. GH02 (**Participants Only**)

Meditation 201 1:00-2:30 p.m. Chapel (*No LOP*)

Buddhist 7:00-9:00 p.m. Chapel (*LOP Ok*)

New Thought Ministries 7:00-9:00 p.m. CD02 (*LOP Ok*)

SDA Study 7:00 – 9:00 p.m. M111 (*No LOP*)

Saturday, November 24, 2018

Druid 9:00–11:00 A.M. Chapel (**Participants Only**)

SDA Service 2:00 – 4:00 p.m. M111 (*LOP Ok*)

Baptist 7:00-9:00 p.m. Chapel (*LOP Ok*)

Sunday, November 25, 2018

LDS 1:30 -3:00 p.m. M111 (*LOP Ok*)

LDS Choir 2:30 – 4:00 p.m. Chapel (**Participants Only**)

Monday, November 26, 2018

Celebrate Recovery Step Study 6:30-8:30 p.m. GH02 (*No LOP*)

JW 7:00 -9:00 p.m. GH02 (*LOP ok*)

Servicio Bilingue/Bilingual Service 7:00 -9:00 p.m. Chapel (*LOP Ok*)

Healing The Scared Hoop 7:00- 9:00 p.m. Chapel (**Participants Only**)

Tuesday, November 27, 2018

Threshold 1:00 – 3:00 Chapel (*Participants Only*)

East Hill 7:00-9:00 p.m. Chapel (**No LOP**)

Baptist Study 7:00-8:30 p.m. GH02 (*No LOP*)

Wednesday, November 28, 2018

Meditation 101 1:00-2:30 p.m. Chapel (**No LOP**)

FITS 7:00-9:00 p.m. Chapel (**LOP ok**)

Anticipate 6:30 – 8:30 p.m. GH02 (**Participants Only**)

Thursday, November 29, 2018

Moms In Prayer 1st Class 8:30-10:30 A.M. Chapel (**Participants Only**)

Bridgetown Disciple 12:30-1:00 p.m. Chapel (**Participants Only**)

Bridgetown Service 1:00-3:00 p.m. Chapel (**No LOP**)

Prison Fellowship 7:00 -9:00 p.m. Chapel (**LOP ok**)

Catholic Service 7:00 -9:00 p.m. GH06 (**LOP ok**)

Celebrate Recovery 6:30 – 8:30 p.m. GH02 (**Participants Only**)

Friday, November 30, 2018

Chaplain Holmes Bible Study 9:00-10:00 A.M. Gh02 (*No LOP*)

Jewish Study 9:30-10:30 A.M. Chapel (**Participants Only**)

Meditation 201 1:00-2:30 p.m. Chapel (*No LOP*)

ARMS 1:00 – 2:30 p.m. GH02 **(Participants Only)**
Buddhist Service 7:00-9:00 Chapel **(LOP Ok)**
New Thought Ministries 7:00-9:00 p.m. CD02 **(LOP Ok)**
SDA Bible Study 7:00-9:00 p.m. M111 **(LOP Ok)**

Saturday, December 1, 2018

Spiritual Community For Lifers 9:00 – 11:00 A.M. Chapel
(Participants Only)
SDA Service 2:00 – 4:00 p.m. M111 **(LOP Ok)**
Baptist 7:00-9:00 p.m. Chapel **(LOP Ok)**

Sunday December 2, 2018

City Bible 9:00 – 10:30 A.M. Chapel **(LOP Ok)**
LDS Bible Study 1:30 – 3:00 p.m. M111 **(LOP Ok)**
LDS Choir 1:30 – 3:00 p.m. Chapel **(Participants Only)**
LDS Christmas CONCERT 3:00 – 4:00 P.M.
Pagan Service 7:00 – 9:00 p.m. Chapel **(Participants Only)**

Monday, December 3, 2018

JW 7:00 – 9:00 p.m. GH02 **(LOP Ok)**
Aglow 7:00 – 9:00 p.m. Chapel **(LOP Ok)**



MINIMUM BREW



Minimum Religious Services

From Chaplain Al-Amin

Please check the Religious Services Calendar for the month in your dorm for a schedule of meeting times and dates for services

Services and Activities with schedule changes:

New thought Ministries: Tuesday 7PM

We are a spiritually based faith, grounded in the Principles of Love, Oneness and Acceptance. The foundation of New Thought is based on Jesus' central teaching, "As you Believe, so shall you receive." We're an inclusive teaching honoring all faith traditions, religions, creeds, races, cultures and sexual orientations, with the premise that we are all whole and complete spiritual beings having a human experience. At our services, we cover a variety of topics, from mediation, visualization, the power of prayer, the law of attraction, and much more. The idea of New Thought is that you already have all the answers with you, and we're there only to assist and support you in believing this for yourself, as the Power of God is one with you, and not separate from you.

Episcopal Services: Saturdays 7PM

All are welcome at weekly worship services. Learn more about the Bible-four readings every week. Learn more about the Good News of God as revealed in Jesus Christ. Our more traditional way of worshipping includes lots of room to bring your own experience and reason. Eucharist (communion) is served about twice a month. We join together for evening prayer the other evenings.

- ASATRU meets D4 the 2nd & 4th Thursdays of the month.
- WICCA, 1:00-2:30pm. D8; on the 1st & 3rd Sundays of the month.

Horizon Community Church:

(HCCGC on the call-out) holds Christian church services the 4th Sunday evening of each month. Join them for live music and a lesson from Beth Moore's book "Get out of That Pit."

New 12 step program will be meeting on Thursdays from 3:00pm to 4:00 pm D5. This program is being brought to you by the Latter Day Saints, but is open to all faith traditions. Space is limited. Please send a kyte to the Chaplain if you are interested.

African American Program a culturally specific transition program for Multnomah County Community Corrections.

Please kyte the Chaplain if you are interested in this program and you are from Multnomah County. It will meet on Monday evenings at 5:45 pm.

Multicultural Group is reading and discussing Houses of Healing by Robin Casarjian.

Native American Sweat Lodge Ceremony will not meet again until the Sweat Lodge is rebuilt.

Chapel Library the Chaplain will call chapel library by units Monday or Thursday Afternoons as her schedule permits