

Volume 18 Issue 4

**April 2018** 

# 2018 (F.A.I.R.) PICNIC

Families Aiding In Rehabilitation

The 2018 Picnic is coming soon and with the advent of technology, there will be changes in the way you sign up. Make sure you follow the instructions with each correspondence from the Recreation Department. You must be level 3 before May 1st 2018 to attend this year's event. Make sure you have any and all visitors submitted to Ms. Fogg no later than April 1st 2018 to ensure they are on your Visiting List. This year your payments will be processed through TELMATE on the unit Kiosk. Please **Do Not** Submit your payment until you receive an invoice. The cost is \$7.00 per person. Another big change this year is the Picnic times and guest check-in times.

#### **BBO Brisket/With**

**BBQ** Sauce Potato Salad **Baked Beans** Lemonade

Ice-Cream / Snow Cones

FRI June 8th UNIT 4 SAT June 9th UNIT 26 FRI July 13th UNIT 1, 6, 7, 10, 11 SAT July 14th UNIT 9, 12, 13, 14 FRI Aug 10th UNIT 2, 3, 5, 8, 21, 22

Guest Check-In: 8:00am 9:00am-1:00pm Picnic:

#### MAKE SURE YOU HAVE FUNDS TO PAY.

You have **one** opportunity to pay. If you are **NSF**, you will not have an opportunity to attempt to pay again and you will not be able to attend the picnic.

Please remind your Picnic/Visitors, They will need to check in before 11Am or they will not be able to enter the Picnic.

On the dates with the Picnics, there will be **No Visiting**, in the visiting room.

# DID YOU KNOW?

Testing for HIV and Hepatitis in ODOC is Free and Confidential?

Who should be tested?

- Anyone who has participated in unprotected sex
- Anyone born from 1945-1965 is 5X's more likely to be infect with HCV
- Anyone who has ever injected illegal drugs even if it was only once many
- Anyone who was born to an HIV or HCV+ Mother
- Anyone who is infected with HCV should be tested for HIV
- · Anyone who is infected with HIV should be tested for HCV
- Anyone who had a blood transfusion or organ transplant before July 1992
- Anyone who received clotting factor concentrates made before 1987
- Anyone who has had a non-sterile tattoo in prison or on the street
- Anyone with signs or symptoms of liver disease (e.g., abnormal liver

Know your status Knowledge = POWER

For free testing send a request for testing to the HIV/Hepatitis Counselor at your institution.

#### Hepatitis hiv/aids awareness program

A message from: HHAAP

The Mission for HHAAP is to work in partnership with incarcerated person and corrections staff to make HIV and Hepatitis prevention and education available to everyone inside the Oregon State Correctional system. Interested in attending a HHAAP class? Send a kite to the HHAAP coordinator at your institution

# LARTI

# 11 Facts about Earth Day

- 1. The first Earth Day was celebrated on April 22, 1970
- 2. Earth Day originated in the US but became recognized worldwide by 1990.
- 3. On Earth Day 2009, Disney released a documentary film called Earth that followed the migration paths of four animal families.
- 4. On the very first Earth Day, 20 million people gathered in the streets of America to protest the industrial revolution. An environmental movement was born as a result.
- 5. Every year on April 22, men, women, and children collect garbage, plant trees, clean up coral reefs, show movies, sign petitions, and plan for a better future for our planet.
- 6. Gaylord Nelson founded Earth Day while he was working as a US senator.
- 7. Earth Day was renamed officially by the UN in 2009 as International Mother Earth Day.
- 8. Some schools and communities celebrate Earth Day for a whole week to expand the time frame that people focus on the earth and how they can preserve it.
- 9. On Earth Day 2012, more than 100,000 people rode bikes in China to reduce CO2 emissions and save fuel.

# WHO TO CONTACT AT TRCI

**BIRTH CERTIFICATES** SOCIAL SECURITY CARDS

Will you have ID upon release?

KYTE - "TRCI Records" and ask what forms of ID are in your file.

#### **Birth Certificates:**

Can be applied for at any time. Please allow ample time to have your request processed.

KYTE - D. Moss or M. Wampler @ TRCI Records

#### **Social Security Card:**

Can be applied for 180 days prior to KYTE - D. Moss or M. Wampler

@ TRCI Records State ID Cards: An ODOC process

determines "State ID" eligibility. If you qualify for an ID card, your ID will be ready upon release. You cannot request an ID yourself.

Contacting the Release Counselor -A release counselor will contact you at 90 to 120 days until release. The release counselor can answer questions and provide known details concerning your release.

- 10. In an Earth Day celebration in 2011, 28 million trees were planted in Afghanistan by the Earth Day Network
- 11. In Panama, 100 endangered species of orchids were planted and maintained to prevent their extinction in honor of Earth Day.

# PRIL IN HISTORY

**759B.C.** According to legend, these twin brothers founded the city if Rome.

<u>1492</u> Christopher Columbus received a commission from these monarchs to seek a westward ocean passage

1775 Paul Revere rode twelve miles from Boston to this Massachusetts town to warn the colonist that the British were coming.

**1861** The Civil War began when Confederate forces fired on this South Carolina fort.

1865 President Abraham Lincoln, while watching a play at this Washington, DC, theater, was shot by John Wilkes Booth.

**1896** The first modern Olympic games, with athletes (made only) from fourteen countries competing in fortythree events, took place in this city.

**1912** The luxury liner *Titanic*, which had left on its maiden voyage from this English port city, sank in the North Atlantic off Newfoundland.

1913 Swedish American inventor Gideon Sundback filed a patent for this device, which he called a "separable

1936 Bruno Hauptmann was electrocuted in Trenton, New Jersey, for this very high-profile crime.

1945 As Russian troops approached his Berlin bunker, Adolf Hitler committed suicide along with his wife of one day. What was her name?

1945 The nation mourned the passing of Franklin D. Roosevelt. What was the cause of his death?

1947 He broke the color barrier in baseball when he debuted with the Brooklyn Dodgers.

**1986** An explosion and fire occurred in the no. 4 reactor at the Chernobyl nuclear power plant in this country.

1995 A truck bomb exploded outside the Alfred P. Murrah building in this city, killing 168 people.

Answers Bottom page 2

#### COMMISSARY NEWS, UPDATES AND REMINDERS

#### **Promotional Items:**

Next promotional period is April 1<sup>st</sup> to May 31<sup>st</sup> 2018. SB Blueberry & Grain Bars 1.63 oz. V05 Strawberry & Cream Shampoo 12.5 oz \$1.60 V05 Strawberry & Cream Conditioner 12.5 oz \$1.60

M&M Caramel 1.63 oz. Maruchan Cajun Shrimp Noodles 0.3 oz.

#### **Discontinued Items:**

Morehouse Mustard and Tabasco Sauce Packets. These items will be available while quantities last.

#### **New Additions:**

Siam Sweet & Hot Asian Hot Sauce 15.5 oz. Huy Fong Sriracha Sauce 17 oz. \$2.29 Hot Buy: Oberto Trail Mix w/Jerky \$1.72 **Hot Buy price** Best by Date: 12/2017\* \$0.75

No refunds or credit will be issued on these sales.

\*Per the FDA, a Use by or Best by date is the maker's estimate of how long a product will keep at its best quality. They are quality dates only, not safety dates. If stored properly, a food product should be safe, wholesome and of good quality after it's Use by or Best by date.

Anita Nelson, Statewide Commissary Operations Manager

#### DATES OF INTEREST FOR APRIL

1st Easter Sunday 22<sup>nd</sup> Earth Day 5<sup>th</sup> TRCI Payday

\$0.96

\$0.28

1st April Fools' Day

25<sup>th</sup> Administrative Professionals Day 29th Full Moon

## **Easter Trivia**

The name Easter derived its name from the Anglo-Saxon goddess Eastre, which symbolizes hare and egg.

- Easter always falls between March 22 and April 25.
- Easter is however now celebrated (in the words of the Book of Common Prayer) on the first Sunday after the full moon, which happens on, or after March 21, the Spring Equinox.
- Since time immemorial, the egg has been considered as the symbol of rebirth.
- The first Easter baskets were designed as such so as to give it an appearance of a bird's nests.
- The custom of giving eggs at Easter time has been traced back from Egyptians, Gaul, Persians, Greeks and Romans, to whom the egg was a symbol of life.
- During the medieval times, a festival of egg throwing was held in church, during which the priest would throw a hard-boiled egg to one of the choirboys. It would then be tossed from one choirboy to the next and whoever held the egg when the clock struck 12 was surely the winner and retained the egg.

### PROPOSED RULES:

Below is a list of status changes for the DOC administrative rules since 01/31/18:

#### 291-022: Use of Force (Community Corrections)

 Updates the rules pertaining to when body armor shall be worn.

#### 291-105: Prohibited Inmate Conduct and Processing **Disciplinary Sanctions**

 Updates the department's rules to expand the ability to manage inmates in disciplinary segregation housing and clarifies the process for adjustments to final orders. These changes will align these rules to OAR 291-011-0030.

#### 291-205: Victim Services Programs

 Updates the department's rules to add new Victim Services programs and ensures that the communications of these programs are handled in accordance to 2017 Or Law Ch 114.

#### 291-207: Correctional Case Management

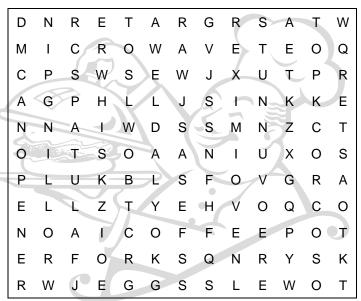
 Updates the department's rules relating to the preparation of proposed release plans for inmates. Amends the timeframes for submitting proposed release plans to the Board of Parole and Post-Prison Supervision.

The last day to submit comments is April 20, 2018.

DOC rules are available for review in the inmate legal library.

From the desk of Administrative Rules:

## KITCHEN WORD-SEARCH



#### Words

- 2. Can Opener 3. Coffeepot 1. Bowls 4. Crock-Pot 5. Dishwasher 6. Eggs 7. Forks 8. Grater 9. Grill 10. Knife 11. Ladle 13. Mixer 14. Mug 16. Oven
- 19. Sink 22. Tea
- 12. Microwave 15. Nuts 18. Salt 17. Rolling Pin 20. Spatula 21. Spoons 23. Toaster 24. Towels 25. Whisk

- Americans however celebrated Easter with a large Easter egg hunt on the White House Lawn.
- Pysanka is the term used for the practice of Easter egg painting.
- The maiden chocolate egg recipes were made in Europe in the nineteenth century.
- Each year nearly 90 million chocolate bunnies are made.
- Besides Halloween, Easter holiday also paves way for confectionary business to prosper.
- When it comes to eating of chocolate bunnies, the ears are preferred to be eaten first by as many as 76% of people.
- Easter Bonnets are a throwback to the days when the people denied themselves the pleasure of wearing fine angels for the duration of Lent.
- Kids' favorite Easter foodstuff comprises of the Red jellybeans.
- Some Churches still keep up the old tradition of using evergreens - symbolic of eternal life - embroidered in red on white, or woven in straw, but most now prefer displays of flowers in the spring colors of green, yellow and white.

The date of Passover is variable as it is dependent on the phases of the moon, and thus Easter is a movable feast.

### LOOKING TO CONTINUE YOUR **EDUCATION**

If you have your GED or High School Diploma, and are looking to continue your education, there are college classes available at TRCI.

If you can arrange funding, a number of colleges provide courses and degrees to students in correctional settings. The Education Department can provide school information, and the requirements needed to take these classes. Once you gain TRCI approval for your classes, word processing and exam proctoring may be available.

If you would like more information on college options, send an inmate communication form to "Education".

#### ANGER MANAGEMENT ON HOLD

Due to issues beyond our control the Therapeutic Mini-Horse program will no longer be attending the

The Anger Management Program is placed on hold until further notice. You may still submit your name to be placed on the waitlist by sending an inmate communication to Inmate Work Programs (IWP).

If you think You're beaten... You are. If you think You dare not... You don't. If you like to win but think You can't, it's almost a cinch You won't. Life's battles don't always go to the stronger, faster man. But sooner or later the man who wins, is the one who thinks he can.

#### APRIL MOVIES AT A GLANCE

Mar 30th - Apr 5<sup>th</sup>

Apr 13th - 19th

Darkest Hour (2:05)

The Stray (1:32)

Week 2 Apr 6th - 12th Roman J. Israel, Esq. (1:53)

Wonder (2:09)

Week 3 Breathe (1:57)

Goodbye Christopher Robin (1:47) Week 4

Apr 20th - 26th

Murder on the Orient Express (1:54) Mark Felt: The Man Who Brought Down the White House (1:43)

> **CHANNEL 53-54 Start Times:**

1:30Pm, 6:30Pm, 8:30pm, & 10:30Pm

Times and Dates are subject to change without notice 

#### **DONATIONS SOUGHT FOR** THE MARS PROGRAM

Have you ever wanted to help youth in need and you didn't know how???

We have an opportunity for you to donate to the MARS program here at TRCI.

Your donations will help the youth in the local areas with essential needs from school supplies, clothing, sports fees and much more.

Currently paired with the Hermiston High School Alternative Education Students and Made to Thrive Children.

If you are interested please send a CD28 to Counselor L. Abbott no later than April 4th for funds to be pulled after PRAS Awards.

## TRCI EDUCATION **FAFSA**

#### FINANCIAL AID INFORMATION

The Education Department is often asked about Financial Aid and funding for college after release. We hope that this article answers your questions.

When you enroll at a college, you are asked to fill out a FAFSA application. This application is required to apply for Education Grants, Student Loans, Work Study Jobs at the school, and Scholarships.

#### FAFSA's funding is not usable in prison.

You must be enrolled in classes for the school to receive funds. FAFSA payments are made to the school, not you...

FAFSA's are good from July 1st of the current year to June 30<sup>th</sup> of the next year. So, keep this in mind as you plan your release. You must be releasing within a year or less to apply.

FAFSA requirements: You must have a High School Diploma or a GED to apply for funding. Registration for Selective Service is required prior to your 26th Birthday, no drug convictions while previously accepting financial aid, you'll need to include your earnings for the previous year, and if born after 1994, your parent's financial information is required to complete the application.

If you have an outstanding Student Loan, you must contact your loan servicer to arrange deferment or a payment schedule. If you have an outstanding loan, you will be denied additional funds.

A Federal School Code is required to verify the school you wish to attend is an approved school that can receive FAFSA funds.

If you are interested in applying for College funding with a FAFSA, the EDUCATON Department will send a questionnaire. If you qualify for a FAFSA, a callout will be scheduled to help with the completion of the application. Make certain to use the proper envelope for mailing out this application. Send an Inmate Communication Form to "TRCI Education" to start the application process...

> Mr. Isaac Education Dept.

"Trust is the highest form of motivation."

Answers to April in History Trivia

759B.C. Romulus and Remus

1492 King Ferdinand and Queen Isabella of Spain.

1775 Lexington Massachusetts (note The American Revolutionary War

1861 Fort Sumter

began the next day with the battle of Concord)

1865 Ford Theater

1896 Athens, Greece

1912 Southampton

1913 The Zipper

1936 The kidnap and murder of the twenty-month old son of aviator

1945 Eva Braun

1945 Cerebral Hemorrhage (Stroke)

1947 Jackie Robinson 1986 The Soviet Union (Now the Ukraine) 1995 Oklahoma City