



Coffee Talk



Superintendent: Ms. P. Myers

Editor: Ms. A. Wheeler

December 20, 2018

WEEKEND AT THE MOVIES

From: CRU

You may request any film be shown for a weekend movie; however, a film may **only** be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at **each** institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.

Upcoming Movies

12/22/2018	Journey's End
12/23/2018	The Spy Who Dumped Me
12/25/2018	Bad Moms Christmas
12/29/18	Adrift
12/30/18	Book Club

Tribal Members Releasing to Klamath County

From Ms. Ellgen, Correctional Counselor

Klamath Tribal Health Youth & Family Guidance Center would like you to know that we are offering ReEntry services to Tribal Members being released to Klamath County. Services include: Substance Treatment, Mental Health and a Transitional Housing Voucher program. Our Substance treatment/Mental Health services include opportunity to sweat, access to sacred places, talking circle and big drum practice in addition to western approaches. There are several requirements for the

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Transitional Housing Voucher program including, income and compliance with treatment and Parole Officers. Klamath Works has agreed to collaborate in this effort by teaching life skills and offering assistance with employment. If you are a Tribal Member being released to Klamath County call reach out to your Correctional Counselor to set up a call to Devery at 541-884-1841 ext. 410 or 541-892-0402.

Bankruptcy Class

From Ms. Wheeler, Library Services Coordinator

CCCF will offer a class on Wednesday, January 9, covering personal financial management and bankruptcy. The class will be taught by Judge Trish Brown, of the U.S. Bankruptcy Court in Portland, and her law clerk Stephen Rahe. The presentation will begin with a discussion of how to responsibly use credit cards and loans, and how to avoid common financial traps. The class will then cover legal issues such as how to respond to debt collectors, the bankruptcy process, and whether it makes sense to file bankruptcy. Judge Brown cannot answer questions about individual cases, but will address common issues facing incarcerated people.

This class will be in Medium from 8-10:30am and in Minimum 1-3:30pm. Send a kyte to Ms. Wheeler in the law library to be put on the callout. Space is limited and those closest to release will be given preference. **Your kyte must be received by December 29.**

PREA INFORMATION

From DOC

It is normal for people who experience sexual abuse to feel overwhelmed and have a lot of questions about what their options are. It is also important to remember no one deserves to be sexually abused. It is not your fault. Surviving and healing is possible.

Inmates who have experienced sexual abuse may reach a community-based advocate by dialing "711" from the inmate telephone system. Community-based advocates provide survivors of sexual abuse information about their options, resources, information and emotional support. Calls to "711" are confidential and free of charge.

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Advocates role

- Provide over-the-phone confidential support and crisis intervention related to sexual abuse
- Talk with a survivor about their current and ongoing safety
- Explain reporting options available through PREA
- Support survivor at a sexual assault forensic medical examination
- Support survivor at an investigatory interview related to sexual abuse, as requested
- Educate/teach survivor coping skills for healing from sexual abuse
- Provide resources and referrals
- Provide follow-up support

An advocate’s role is

- Not make decisions or tell a survivor what to do
- Not tell a survivor whether or not to report
- Not investigate a crime
- Not provide legal advice
- Not be a survivor’s friend
- Not provide therapy
- Not communicate with the institution unless the survivor requests them to do so and only with a signed limited release of information

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report the sexual abuse unless you request them to do so and if you sign a release of information.

Advocacy crisis lines are not a reporting hotline. If you wish to file a report, you may contact the Inspector General Hotline by dialing 9 on the inmate telephone system, writing an inmate communication, filing a grievance, or writing the Governor’s Office at State Capitol, Room 160, 900 Court Street, Salem, OR 97301.

DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters
3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

PREA Advocate Coordinator
Oregon Department of Corrections
2575 Center Street NE
Salem, OR 97301

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and is not to be used for other purposes. Contacting an advocate for anything other than services related directly to coping with sexual abuse takes away valuable resources for sexual assault survivors who need an advocate’s help. Telephone calls and mail to community-based advocacy centers are considered privileged/confidential

communication and will be handled similar to legal calls/official mail.

You may reach your community-based advocate by dialing “711” from the inmate telephone, dialing their direct crisis line number, or sending written correspondence.

Institution	Community-Based Advocacy Center
CCCF	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
CRCI	Portland Women’s Crisis Line (PWCL) Advocacy Program PO Box 42610, Portland, OR 97242 1 (888) 235-5333
DRCI	Saving Grace 1004 NW Milwaukee Ave, Suite 100 Bend, OR 97701 1 (866) 504-8992
EOCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
MCCF, OSCI, OSP SCI	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
PRCF	May Day 1834 Main St., Baker City, OR 97814 (541) 403-0291
SCCI	Women’s Safety & Resource Center 1681 Newmark Ave., Coos Bay, OR 97420 1 (888) 793-5612
SRCI	Project Dove PO Box 980, Ontario, OR 97914 (208) 739-5061
SFFC	Tillamook Co. Women’s Resource Center PO Box 187, Tillamook, OR 97141 1 (800) 992-1679
TRCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
WCCF	Lake County Crisis Center PO Box 774, Lakeview, Oregon 97630 1 (800) 338-7590

Flu Vaccines Offered

From Health Services

It is fall again and the flu season is beginning. Health Services want to remind you to get vaccinated against the flu. Every year ODOC Health Services offer flu vaccines to our adult in custody (AIC) population. Health Services will be giving Flu Vaccine to Adults in Custody who are at higher risks of the flu first; then it may be offered to the rest of the general population by AIC request. If you would like to get a flu vaccine please send a non-emergent health care request to Health Services so that you can be added to our Flu Vaccine Clinic List. We compile this list starting in September and add to it as the season progresses. When the vaccine becomes available Health Services will start the clinics.

Vaccines help your body build protection against illness. Your body will build antibodies (an-ti-bod-ies) that act as soldiers to protect you against different flu viruses. Each year that you get the vaccine you build up another layer of protection against the ever-changing strains of the flu virus. When you get a flu vaccine you may or may not feel like you have a mild flu after you receive a vaccine but this is just your body building the antibodies/soldiers to fight off the flu and feeling mild flu symptoms does not always happen. It is important to know that you cannot actually get sick from receiving a flu vaccine.

Whether or not you choose to get a Flu Vaccine you should remember to do the following throughout the flu season:

Wash your hands frequently. This will help prevent you from getting common colds and help put a stop to your friends and neighbors getting it as well. Please practice this important and simple tool.

Cover your mouth and nose with a tissue or your sleeve (not your hand!) when you cough, sneeze or yawn to prevent germs from spreading. It is better to cough into your elbow. **Drink lots of fluids,** water, juices, and clear soups will help loosen mucus and keep you from becoming dehydrated. Drink at least 8, 8 ounce cups of water daily.

Rest

If you do get the Flu: Let Health Services know so that they can try and help lessen some of the symptoms and help prevent the spread of the flu to your fellow inmates.

- Send a Non-emergent communication form to Health Services listing your symptoms and how long you have had them.
- You will be scheduled for nurse triage to assess you and determine if treatment or precautions are needed.
- Treatment only lessens the symptoms and duration but does not cure the flu.
- Precautions involves having to wear a mask to prevent you spreading the virus to others and being placed on lay ins so that you rest and do not spread the virus.
- Flu viruses are generally contagious to others for the first 3-4 days after a person is infected.
- The Flu has to run its course.

Health Services cares about you staying healthy and recommends getting the flu vaccine annually.

Senate Bill 844

From DOC

Please read the below information for an update on the next phase of Senate Bill 844 (ORS 423.105).

Court Ordered Financial Obligations

- The anticipated go-live date for the Oregon Judicial Department's (OJD) Court Ordered Financial Obligations (COFO) collection is January 1, 2019.
- Any eligible deposit on or after January 1, 2019, will be subject to collection of transitional savings and COFO. Although, transitional savings collection has been occurring since August 1, 2018.
- DOC has been working with OJD to gather what COFO is owed by the adults in DOC custody.
- Electronic systems and automation have been put in place to implement the new collection process.
- The COFO debt will be placed on your account in the middle of December, but no funds will be collected until January 1, 2019.
- Please remember, the OJD COFO is debt that you currently owe and may continue to owe upon release.

Transitional Savings Accounts

- The majority of inmates are required to have a transitional savings account. Five percent of all eligible deposits will go into the account until it reaches \$500. Inmates will receive what is in their transitional savings account upon release.
- Deposits can now be made directly into the transitional savings account. However, the transitional savings account cannot exceed \$500, unless COFO is paid off.
- To date, over \$462,000 has been saved for reentry purposes in inmates' transitional savings accounts.

Trust Statement

- DOC is working with our partners, OJD and Telmate, to allow you to view your debt on the kiosks and tablets with the following features:
 - View debt owed to participating partners collecting COFO. OJD COFO collection will begin January 1, 2019.
 - Update debt owed to OJD monthly at the kiosk and tablet.
 - DOC is moving toward electronic trust statements. Although this feature is currently not available, we are working to get it functioning as soon as possible.
- Starting January 1, 2019, if you have questions about the debt you owe, please send an electronic kyte directly to OJD.

Interest on Protected Funds

- Interest earned on protected funds (i.e., veterans, railroad retirement, PERS, tribal funds) will be placed into the protected funds account.
- Interest earned on all other trust accounts is applied to the general spending account.

See Temporary Adopted Trust Rule (158) for definitions of relevant terms related to SB 844/ORS 423.105.

We will continue to update you and your family and friends as we move forward.

Important Library Notes

From Ms. Wheeler, Library Services

We have been using the new law library request forms for some time, now. Effective January 1, 2019, if the sections about your court case and your callout schedule are not completed, your kyte will be returned to you unanswered, with no response from us. It says on the form that This Section Must be Completed and Call-Out Schedule is Required. If you send a regular kyte, you must provide your call-out schedule if you are requesting an appointment in the law library.

Also note that there will be some procedural changes coming in the near future to bring us in more line with other institutions. Details will come soon.

SUSTAINABILITY NEWS

From Green Team

If you saw the Taylor's Checkerspot Butterfly Environmental Seminar last week you had the opportunity to see our well trained crew of Lab techs, AIC C. Exum, M. Arreguin & S. Martin, in action. The Checkerspot Crew shared of their care for the endangered animal in CCCF's one of a kind rearing lab. The first across the globe, created specifically for Taylor's Checkerspot Butterfly has already helped increase struggling populations. The presentation brought a large audience from IAE, the Institute of Applied Ecology, the Oregon Zoo and US Fish & Wildlife Services.

Video & other visual aids from high-tech digital microscopes provided an impressive clarity not seen with the naked eye. The depth & beauty of differing segments, individual hairs and legs shown in detail was similar to Nature programs or Animal Kingdom broadcasts seen on television. We watched as the baby caterpillar wiggled, struggling out of their tight casings—similar to a tight, body-long tube top—diligently pressing on.

Through the difficult and arduous chore, Lab techs are unable to assist the tiny creatures. Interrupting the ecological process, an instinct carried on through thousands of generations, could hinder future offspring from learning the natural process, an inborn instinct necessary for survival in the wild. Make sure to sign up for Seminars in the future. There is so much to be learned and the earth's future depends on us!

Congratulations to the first Peer-Educated Roots of Success Class! The completion of CCCF's Environmental Class was a mile-marker that will continually bring positive change for the environment in our Facility & the surrounding Community. Outside agents are willing to assist costs with this valuable program knowing the trade-off is receiving Green-wise parolees into their own communities allowing for more Eco-friendliness all around.

Thank you for all you do to help make our facility more Earth-friendly. If you have any suggestions or comments, please drop a kyte to Ms. Fitts/Green Team

ATTENTION MOTHERS

From CRU

Do you have a baby or toddler under five? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and support bonding and attachment between infants and toddlers and their incarcerated mothers.

Requirements:

- Child age from birth to Age 5
- Minimum or minimum eligible with gate clearance
- Child lives less than 60 minutes away
- Transportation to/from the school are Tuesday and Thursday 9:00am - 12:30pm

VISITING APPLICATIONS

From Ms. Stehle, CRU

Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process

BIRTH CERTIFICATES AND SOCIAL SECURITY CARDS

From Records Office

Many already know how important it is to have your birth certificate and social security card, but it's worth repeating and even "kyting" about. Aside from the benefits of having your birth certificate while you're still inside, both pieces of identification are essential to your success after release because they are needed to get a job, open a bank account or cast a check, and apply for state or military benefits.

As you approach your release, if the DOC does not have a birth certificate or social security card on file for you and if you may be eligible to receive one provided by the DOC, you will receive a kyte from the institution records office. Those approaching age 65 will also be sent a kyte if the DOC does not have a birth certificate on record. The kyte will tell you which piece of identification is missing and give you the means to start the application process. Just fill in the information and forward the kyte to your **INSTITUTION RECORDS OFFICE**. It's as simple as that.

Note: To eliminate duplication that could delay your application process, please complete and return only one for each of the birth certificate and social security card forms.



MEDIUM BREW



Help Wanted - ADL

From Health Services

Are you looking for a new job? Are you a kind, caring, compassionate person? Are you looking for a way to help others and give back? Are you respectful and responsible? CCCF is currently accepting applications for ADL Worker positions. Activities of daily living (ADL's) are day to day activities like walking or pushing a wheelchair, bathing, dressing, feeding, and toileting that some inmates may not be able to do on their own; they require assistance.

In order to be considered for this position you must be housed in the Medium facility, have 6 months clear conduct and no program failures in the last 6 months. You must also have at least one year remaining of your sentence, and be physically able to lift with no medical restrictions. We are looking for individuals who communicate well with others, are patient, and respect the need for confidentiality. If you are interested in an ADL Worker position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services Nurse Manager and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants

who meet the minimum qualifications may be scheduled and called out for an interview. Thanks for your interest.

Medium Religious Services

From Chaplain Brault

Friday, December 21, 2018

Chaplain Holmes Bible Study 9:00-10:00 A.M. Gh02 (*No LOP*)
Jewish Study 9:30-10:30 A.M. Chapel (**Participants Only**)
Meditation 201 1:00-2:30 p.m. Chapel (*No LOP*)
ARMS 1:00 – 2:30 p.m. GH02 (**Participants Only**)
Buddhist Service 7:00-9:00 Chapel (*LOP Ok*)
New Thought Ministries 7:00-9:00 p.m. CD02 (*LOP Ok*)

Saturday, December 22, 2018

Holiday Ukulele Sing Along 9:00 –10:30 AM Chapel (**Participants Only**)
SDA Service 2:00 – 4:00 p.m. M111 (*LOP Ok*)
Baptist 7:00-9:00 p.m. Chapel (*LOP Ok*)

Sunday December 23, 2018

Druid 9:30 – 11:00 AM Chapel (**Participants Only**)
LDS Bible Study 1:30 – 3:00 p.m. M111 (*LOP Ok*)

Monday, December 24, 2018

Celebrate Recovery Step Study 6:30-8:30 p.m. GH02 (*No LOP*)
JW 7:00 – 9:00 p.m. GH02 (*LOP Ok*)
Healing The Scared Hoop 7:00- 9:00 p.m. Chapel (**Participants Only**)

Tuesday, December 25, 2018

FITS Christmas Special 8:00 –10:00 AM. Chapel (**Participants Only**)
Christmas Mass 1:00 – 2:00 p.m. Chapel (**Participants Only**)
Baptist Study 7:00-8:30 p.m. GH02 (*No LOP*)

Wednesday, December 26, 2018

Meditation 101 1:00-2:30 p.m. Chapel (**No LOP**)
FITS 7:00-9:00 p.m. Chapel (**LOP ok**)
Anticipate 6:30 – 8:30 p.m. GH02 (**Participants Only**)

Thursday, December 27, 2018

Bridgetown Disciple 12:30 -1:00 p.m. Chapel (**Participants Only**)
Bridgetown Service 1:00-3:00 p.m. Chapel (*No LOP*)
Prison Fellowship 7:00-9:00 p.m. Chapel (*LOP Ok*)
Catholic Service 7:00-9:00 p.m. GH06 (*LOP Ok*)
Celebrate Recovery 6:30 – 8:30 p.m. GH02 (**Participants Only**)

Friday, December 28, 2018

Chaplain Holmes Bible Study 9:00-10:00 A.M. Gh02 (*No LOP*)
Jewish Study 9:30-10:30 A.M. Chapel (**Participants Only**)

ARMS 1:00 – 2:30 p.m. GH02 (**Participants Only**)
Meditation 201 1:00-2:30 p.m. Chapel (**No LOP**)
Buddhist Service 7:00-9:00 Chapel (**LOP Ok**)
New Thought Ministries 7:00-9:00 p.m. CD02 (**LOP Ok**)
SDA Bible Study 7:00 – 8:30 p.m. M111 (**LOP Ok**)

Saturday, December 29, 2018

SDA Service 2:00 – 4:00 p.m. M111 (**LOP Ok**)
Baptist 7:00-9:00 p.m. Chapel (**LOP Ok**)

Sunday December 30, 2018

City Bible 9:00 –10:30 A.M. Chapel (**LOP Ok**)
LDS Bible Study 1:30 – 3:00 p.m. M111 (**LOP Ok**)

Monday, December 31, 2018

Celebrate Recovery Step Study 6:30-8:30 p.m. GH02 (**No LOP**)
JW 7:00 – 9:00 p.m. GH02 (**LOP Ok**)
Aglow 7:00 – 9:00 p.m. Chapel (**LOP Ok**)

Tuesday, January 1, 2019

Threshold 1:00 – 3:00 p.m. Chapel (**Participants Only**)
Baptist Study 7:00-8:30 p.m. GH02 (**No LOP**)
Labyrinth 7:00-9:00 p.m. Chapel (**No LOP**)

Wednesday, January 2, 2019

Meditation 101 1:00-2:30 p.m. Chapel (**No LOP**)
FITS 7:00-9:00 p.m. Chapel (**LOP ok**)
Anticipate 6:30 – 8:30 p.m. GH02 (**Participants Only**)

Thursday, January 3, 2019

Bridgetown Disciple 12:30-1:00 p.m. Chapel (**Participants Only**)
Bridgetown Service 1:00-3:00 p.m. Chapel (**No LOP**)
Prison Fellowship 7:00 -9:00 p.m. Chapel (**LOP ok**)
Catholic Service 7:00 -9:00 p.m. GH06 (**LOP ok**)
Celebrate Recovery 6:30 – 8:30 p.m. GH02 (**Participants Only**)



Minimum Religious Services

From Chaplain Al-Amin

Please check the Religious Services Calendar for the month in your dorm for a schedule of meeting times and dates for services

Services and Activities with schedule changes:

New thought Ministries: Tuesday 7PM

We are a spiritually based faith, grounded in the Principles of Love, Oneness and Acceptance. The foundation of New Thought is based on Jesus' central teaching, "As you Believe, so shall you receive." We're an inclusive teaching honoring all faith traditions, religions, creeds, races, cultures and sexual

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orientations, with the premise that we are all whole and complete spiritual beings having a human experience. At our services, we cover a variety of topics, from mediation, visualization, the power of prayer, the law of attraction, and much more. The idea of New Thought is that you already have all the answers with you, and we're there only to assist and support you in believing this for yourself, as the Power of God is one with you, and not separate from you.

Episcopal Services: Saturdays 7PM

All are welcome at weekly worship services. Learn more about the Bible-four readings every week. Learn more about the Good News of God as revealed in Jesus Christ. Our more traditional way of worshipping includes lots of room to bring your own experience and reason. Eucharist (communion) is served about twice a month. We join together for evening prayer the other evenings.

- ASATRU meets D4 the 2nd & 4th Thursdays of the month.
- WICCA, 1:00-2:30pm. D8; on the 1st & 3rd Sundays of the month.

Horizon Community Church:

(HCCGC on the call-out) holds Christian church services the 4th Sunday evening of each month. Join them for live music and a lesson from Beth Moore's book "Get out of That Pit."

New 12 step program will be meeting on Thursdays from 3:00pm to 4:00 pm D5. This program is being brought to you by the Latter Day Saints, but is open to all faith traditions. Space is limited. Please send a kyte to the Chaplain if you are interested.

African American Program a culturally specific transition program for Multnomah County Community Corrections.

Please kyte the Chaplain if you are interested in this program and you are from Multnomah County. It will meet on Monday evenings at 5:45 pm.

Multicultural Group is reading and discussing Houses of Healing by Robin Casarjian.

Native American Sweat Lodge Ceremony will not meet again until the Sweat Lodge is rebuilt.

Chapel Library the Chaplain will call chapel library by units Monday or Thursday Afternoons as her schedule permits