



## Security

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### PRAS Posting Schedule for 2019

January 10<sup>th</sup>  
February 7<sup>th</sup>  
March 7<sup>th</sup>  
April 4<sup>th</sup>  
May 9<sup>th</sup>  
June 6<sup>th</sup>  
July 4<sup>th</sup>  
August 8<sup>th</sup>  
September 5<sup>th</sup>  
October 10<sup>th</sup>  
November 7<sup>th</sup>  
December 5<sup>th</sup>

/s/ C. Hinzman, Group Living

## General Services

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### Food Theft

Food theft from the Culinary is a major problem for the Institution. It impacts our ability to ensure adequate portions of the published menu are available. It also jeopardizes the health of individuals taking food that is perishable and not being properly stored or cooked. It also has a significant effect on our ability to work within our food service budget.

**This notice constitutes a direct order that you are not to take any food items from the Kitchen other than uncut fruit in the quantity served.** (Per your Inmate Handbook). The following plan was designed to address this issue in a reasonable, consistent way.

1. If an inmate is caught stealing or attempting to steal food, the food will be confiscated and disposed of accordingly. If the value of the food is less than \$20, the inmate will be issued a minor misconduct report. The minor misconduct report will be for disobedience of an Order III and will include the cost of all food items that have to be disposed of due to the theft/attempted theft or misuse. If the value of the food is \$20 or more, the inmate will receive a major misconduct order for

Contraband II and will also be charged for the cost of food that has to be disposed of.

2. If the inmate stealing the food is assigned to the Kitchen or Dining Room, they will receive a program failure along with the Misconduct Report.
3. This process will be used for foodstuffs found outside the Culinary Section (for example cell searches, etcetera) if the items can reasonably be determined to have been taken from the Food Services.

**Note:** This does not prevent a staff member from issuing a misconduct report for a higher level charge (Contraband II) in the event the inmate has received a recent previous minor misconduct for the same conduct.

/s/ M. Yoder, Asst. Supt. General Services

## Activities

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### Presidents Meeting Minutes from November 27, 2018

Topics Discussed:

1. Review of the October action item log:
  - a. Mr. Kelly looked into the possibility of running a 7:45 a.m. Culinary shower line but said that due to staffing issues, that won't be possible. He is open to any ideas people may have for early morning Culinary workers to get showers before the afternoon.
  - b. Mr. Wagner talked to the Captains and Lieutenants about making sure that AICs are being let into their cells without having to wait for long periods of time. Mr. Kelly stated that if people aren't getting let into their cells they should ask the housing unit Sergeant if they can get let in.
  - c. The winterizing of the restrooms on the handball courts has begun and should be completed in the next week or so. This will allow those restrooms to remain open year round.

**Presidents Meeting Minutes from November 27, 2018** (cont.)

2. This year there will be Christmas bags passed out cell side on Christmas Eve. The Salvation Army use to give OSP candy for those bags but they are no longer doing this. As a result, the clubs have agreed to purchase the candy for those bags. Club Presidents will be filling the bags and passing them out this year as a way to give back to the community within the walls.
3. Telmate/Access Corrections Issues: Mr. Ledbetter attended the meeting to address several issues.
  - a. It was asked if the timers on MP3/4 players could be removed, so once the contract expires those players would still be able to be used. Mr. Ledbetter stated that per the contract, the timers could not be removed because of licensing agreements and how they ensure that only the person who purchased the music is listening to it. There should be a new contract by 2020 and right now, no one knows what the details of the new contract will be or who the vendor will be.
  - b. It was asked what happens if a player breaks. Per the contract with Telmate, who then subcontracted to Access Corrections, new players are not being made available.
  - c. When a person paroles they have two options of how to access their music. If their MP3/4 player is operational, they can have the player unlocked. The other option is to have Access Corrections put the music put onto a CD and it will be sent to them.
  - d. Mr. Ledbetter will send Telmate a message about the kiosks frequently requiring a person to select the button that says they need to trust the connection for that session.
  - e. When a slow connection happens, primarily for video visits, if the AIC sends a message to Telmate they can see if the issue was on their end or with the AIC's family's connection.
  - f. It was brought up that there are still issues with Tablets disconnecting during usage.
    - i. Mr. Ledbetter suggested that AIC's continue to send help tickets with the date, time and tablet number so Telmate can determine if it is a problem with the tablet or another issue.
    - ii. When a person logs onto a tablet, the connection is made with one connection point, so if a person is walking around they can loose the connection. If people wait to log on until they are where they are planning on using the tablet that will help.
4. It was asked if swing shift laundry workers, who get off work around 8:30 pm, could go to evening yard in the recreation building on the nights their housing unit in there. Mr. Kelly will look into this.
5. There are some concerns over visitors not being able to check in before 12:00 pm and therefore the AIC not being notified until a little after that thus having to choose between eating lunch and causing their visitor to wait or skipping lunch. To rectify this, it was asked if the check in time could be earlier than 12:00 pm, like it was in the past. Mr. Kelly will look into this.
6. Mr. Kelly stated that the administration is looking for ways to implement some positive changes. In addition to the administrations work in the area, he wants everyone to know that the clubs are doing a lot of positive things inside and outside of the intuition to help people. Each month three clubs will discuss some of what they are doing to improve lives.
  - a. The Christmas bags this year will have candy in them due to all of the clubs financial contributions and the bags will be filled and passed out by club Presidents.
  - b. The Uhuru SaSa club has had great success with the financial resiliency workshops. All of their in cell fundraiser profits have allowed them to give \$3500 to the Mittens & More program through DHS. They also donated \$3000 to Self Enhancement Inc. and Franklin High School where the donated funds provide gifts for children and dinners from families in need. In addition, the BARS program which focuses on Family Stability, Trauma Transformation, and Education has been a great success. The youth

## Presidents Meeting Minutes from November 27, 2018 (cont.)

- speaking panel is once again operational and geared to helping troubled youth make positive changes in their lives.
- c. The Veterans Association is a partner with the Asian Pacific Family on the combined "Memorial Healing Garden" project. They also are devoted to seeing what the needs of people are. As a result, they surveyed their members about their needs and the ages of their members and the rest of the people in the institution. It was determined that 66% of the veterans at OSP are over the age of 55 compared to 20% for the general population. The Veterans have proposed a series of "Seniors Activity" nights for 2019 with the goal of social interaction among the penitentiaries general population community who are 55 and over.
- d. The Latino club has been focusing on education and fundraising to help people inside and outside of prison. Earlier this year they raised and sent to the Red Cross a little over \$830 for the victims of the volcano eruption in Guatemala and later a little over \$1450 for the earthquake victims in Mexico. They also raised funds through an in cell fundraiser that will go towards the purchase of 150 new Lifetime chairs for the Activities department to replace the metal ones that keep breaking. They hope to have another fundraiser in the future to raise funds to purchase more chairs and to install TV's and computers in each of the Activities classrooms so clubs can use them for PowerPoint presentations during classes. In terms of education, they are providing dictionaries to people that are learning to speak English. They are also working on trying to get some computer lab time to teach people how to use computers. The information channel is translated into Spanish by the club for Spanish speakers. It is also their goal to get some cultural movies that can be shown a few days before their meetings that the club members will

then discuss with a college professor during their monthly club meeting.

/s/ N. Hodgkin, Activities

### Power of Ideas Class

Capital Toastmasters is offering the class **Power of Ideas** to both club members and non-club members on Saturday, February 9, 2019, from 12:30-3:00 p.m. on the Activities Floor. **Power of Ideas** is designed to help participants learn techniques and dynamics of creative thinking, divergent thinking, suspended judgment, and acceptance.

If you wish to participate send an inmate communication to the Capital Toastmasters Club prior to February 1, 2019. The class is open to incentive levels two, three, and the first three level one AICs we receive a communication from. If you have a work/schedule conflict, you'll need to have your boss sign your inmate communication to attend.

/s/ C. McFadden, Activities

## Miscellaneous

### Athlete's Foot

Athlete's Foot is a fungal infection. Fungus is everywhere, but grows best in warm, moist, dark places. The most common cause of this foot infection is bare feet walking on wet surfaces where the fungus is present, like the shower areas. The fungus lives on the skin where we sweat a lot, and where light or air does not circulate.

#### **Symptoms**

Cracked, peeling areas between toes, redness and scaling on the soles, and intense itching. Sometimes there is bleeding from the cracking.

#### **Prevention**

- Keep your feet clean and dry.
- Wear shower shoes in the showers.
- Wash your feet daily, and dry well.
- Change your socks daily.
- Expose your feet to air.
- If you can, wear a different pair of shoes every other day to let one pair dry completely between wearing.

#### **Home Treatment**

- Commissary stocks Antifungal Cream, use it twice a day, after washing and drying feet. It takes at least six weeks of use to clear up a fungal infection completely.

#### **When to contact Health Services**

- If you are a diabetic or have poor blood circulation in your legs.
- If the infection does not improve after 3 weeks of proper treatment.
- If signs and symptoms of a secondary skin infection appear: redness, warmth, drainage, pain.

/s/ C. Coffey, Health Services

## Chapel

### The Healing Breath Workshop Prison Program

February 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup>, 2019, 1:30 – 5:00 p.m.

Attendance at all three classes is required for course completion and certificate

Come learn the secret of the breath in the healing breath workshop prison program.

Do you have problems dealing with stress and anxiety? Would you like to feel calmer and have more peace of mind? Then our program is for you!

Come learn the secret of the breath in the healing breath workshop offered in the Chapel. The breath is the link between our body and our mind, and it has incredible power to heal and to bring our minds into the present; which is where peace of mind and joy live.

Please send an inmate communication to the Chapel if you are interested in attending the full three days of the workshop.

/s/ K. Thompson, Chapel

## *Chapel Schedule*

### SATURDAY, January 19

**8:00 a.m.** Native American Ceremony  
Jehovah's Witness Study  
Latter Day Saints  
Jewish Service

**11:30 a.m.** Native American Ceremony

**6:00 p.m.** Calvary Chapel

### SUNDAY, January 20

**8:00 a.m.** Spanish Protestant Service  
Jehovah's Witness Spanish

**1:00 p.m.** Catholic Mass

**6:00 p.m.** Latter Day Saints Study  
Urantia  
Lutheran

### MONDAY, January 21

**8:00 a.m.** Restorative Justice

**6:00 p.m.** Restorative Justice  
Non-Violent Communication  
Hospice Meeting

### TUESDAY, January 22

**1:00 p.m.** Russian Bible

**6:00 p.m.** Buddhist Service  
Prison Fellowship Discipleship  
Catholic Study  
Non-Violent Communication Practice

### WEDNESDAY, January 23

**8:00 a.m.** OSP Choir Practice

**1:00 p.m.** Seventh Day Adventist Study  
Life Support

**6:00 p.m.** Celebrate Recovery  
Indigenous Circle ☹

### THURSDAY, January 24

**8:00 a.m.** Thresholds  
Jehovah's Witness Service  
Jehovah's Witness Spanish Library

**1:00 p.m.** TUMI ☹

**6:00 p.m.** Gospel Worship  
Spanish Non-violent Communication  
Non-Violent Communication

### FRIDAY, January 25

**8:00 a.m.** Trauma Transformation ☹

**1:00 p.m.** Nation of Islam  
Sunni Jum'ah Prayer  
United Pentecostal Study

☹ = Service is full or restricted. Add requests are not being accepted at this time.

☹ = Service has a waiting list. Submit a request to be placed on waiting list.