



## **Security**

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### **Thermal Underwear**

Thermal underwear may be visible under shorts or a t-shirt when traveling directly between the cell and yard. It may not be worn visible in any other location unless attending pill line on the way to runners yard.

/s/ W. Bellman, Operations

## **General Services**

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### **Food Theft**

Food theft from the Culinary is a major problem for the Institution. It impacts our ability to ensure adequate portions of the published menu are available. It also jeopardizes the health of individuals taking food that is perishable and not being properly stored or cooked. It also has a significant effect on our ability to work within our food service budget.

**This notice constitutes a direct order that you are not to take any food items from the Kitchen other than uncut fruit in the quantity served.** (Per your Inmate Handbook). The following plan was designed to address this issue in a reasonable, consistent way.

1. If an inmate is caught stealing or attempting to steal food, the food will be confiscated and disposed of accordingly. If the value of the food is less than \$20, the inmate will be issued a minor misconduct report. The minor misconduct report will be for disobedience of an Order III and will include the cost of all food items that have to be disposed of due to the theft/attempted theft or misuse. If the value of the food is \$20 or more, the inmate will receive a major misconduct order for

Contraband II and will also be charged for the cost of food that has to be disposed of.

2. If the inmate stealing the food is assigned to the Kitchen or Dining Room, they will receive a program failure along with the Misconduct Report.
3. This process will be used for foodstuffs found outside the Culinary Section (for example cell

searches, etcetera) if the items can reasonably be determined to have been taken from the Food Services.

**Note:** This does not prevent a staff member from issuing a misconduct report for a higher level charge (Contraband II) in the event the inmate has received a recent previous minor misconduct for the same conduct.

/s/ M. Yoder, Asst. Supt. General Services

## **Commissary**

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### **Commissary News, Updates and Reminders**

#### **Updates**

Happy New Year. Now that the holidays have come and gone, ALL holiday items have been marked down 25% beginning Friday (1/25/19). The sale is limited to items on hand and will only be available while supplies last.

The sale prices will be listed at the Commissary windows. Thank you for shopping at your local commissary.

/s/ S. Jackson, Commissary

## **Miscellaneous**

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### **OCE Work Opportunity**

The OCE Call Center at WCCF is recruiting to fill open positions. The current schedule is Monday – Friday, 7:15 a.m. – 3:30 p.m. This position awards PRAS points with the opportunity to earn a Team Goal Award and a production-based Individual Meritorious Award as well. Agents in this out-bound contact center perform lead generation calls. The agents must be motivated and able to maintain a professional attitude at all times.

All applicants must meet the following qualifications:

- **Must qualify for a Minimum Custody Institution (Level 1 or 2)**

**OCE Work Opportunity** (cont.)

- **Must have a valid social security number or equivalent**
- Have NO convictions for ID Theft or Computer related crimes
- Be able to read proficiently and speak English language clearly
- Be able to work efficiently and professionally at all times
- Cannot be in any programs/activities which would conflict with a Monday – Friday 7:15 a.m. to 3:30 p.m. work week
- Be willing to **sign a one year retention agreement** – anyone leaving the assignment either by termination or resignation before serving the full retention period will be returned to the sending institution and receive a program fail (unless for release)

All applicants will need to pass a DOC/OCE security screening and OCE interview before being considered for the position.

**Submittal Process**

If you are interested in applying, please complete a DOC Inmate Work Application referencing WCCF Call Center as the position applied for and submit to:

S. Thomas  
OCE Offender Services  
PO Box 12849  
Salem, Or 97309

Applications must be received by February 22, 2019

**Constipation**

Constipation is when the bowel movement is hard and dry. If you pass soft, formed stools, you are not constipated regardless of how regular or irregular you may think you are. Some people pass a bowel movement every day, some only every three-five days.

**Prevention**

- Regular exercise.
- Good fluid intake. You should drink at least eight glasses of fluid a day. This does not include coffee, cola, or regular teas.
- Choose more fiber in your diet: Vegetables, fruit, bran cereals, and whole wheat breads.

**Home Treatment**

- Follow the above suggestions.
- Avoid laxatives if possible, unless ordered by your health care provider.

- If needed, the canteen stocks a natural fiber that you can take. Be sure and take with a lot of fluid, or it can constipate you more.

***When to contact Health Services***

- If you have followed the above, and constipation continues for more than one week.
- If dark blood is seen in the bowel movement. (Small amounts of bright red blood are usually caused by slight tearing as the stool is pushed through the rectum, and should stop once the constipation is controlled.)
- If this is a major change in your normal bowel movements and does not respond the above suggestions.

**Emergency Contact/Release of Information**

Did you know you have the ability to designate family, friends, and significant others to speak to Health Services about your various health related issues? This includes being able to decide how much, when, and what Health Services can discuss with them. In addition, the designation provides Health Services a contact should a medical emergency requiring lifesaving intervention occur. This form must be updated yearly, and expires one year from its original implementation date. The form is being made available to you as part of this article, and it will be provided to you yearly at your annual PPD appointment. If you have not yet completed, or need to update your form, please kyte Medical Services for the emergency contact form. Please return the completed form to Medical’s Inmate Communication box for retention in your medical record.

/s/ C. Coffey, Health Services

**Chapel**

**Bible Study**

We will soon be starting another Bible study in the Chapel. It will be occurring the first Wednesday of the month, from 1:00 p.m. to 3:00 p.m in our Chapel. It will be led by Rev. Onnie Allen, who is from Emmanuel Church in Portland. She is part of the Gospel fellowship that comes into OSP on the fifth Sunday (when we have months that have five Sundays). If you are interested in this Bible study, send an inmate communication to the Chapel, and we will put you on the call out list as soon as we can get it going. It should be an enriching and positive time of fellowship. God bless,

/s/ D. Stahlnocker, Chaplain

# Chapel Schedule

## SATURDAY, February 2

- 8:00 a.m.** Native American Ceremony  
Jehovah's Witness Study  
Latter Day Saints  
Jewish Service
- 11:30 a.m.** Native American Ceremony
- 1:00 a.m.** Seventh Day Adventist Service  
Sunni Muslim Study  
Worship Practice
- 6:00 p.m.** Calvary Chapel

## SUNDAY, February 3

- 8:00 a.m.** Spanish Protestant Service  
Jehovah's Witness Spanish
- 1:00 p.m.** Catholic Mass
- 6:00 p.m.** Latter Day Saints Study  
Lutheran  
Urantia

## MONDAY, February 4

- 1:00 p.m.** Baha'i  
MacLeod 🚫  
Hux 🚫  
Buddhist Discussion Group  
Restorative Justice
- 6:00 p.m.** Restorative Justice  
Non-Violent Communication

## TUESDAY, February 5

- 1:00 p.m.** Russian Bible  
Life Line  
Torah Men
- 6:00 p.m.** Prison Fellowship Discipleship  
Catholic Study  
Non-Violent Communication Group 🚫  
Buddhist Service

## WEDNESDAY, February 6

- 8:00 a.m.** OSP Choir Practice
- 1:00 p.m.** Seventh Day Adventist Study  
Othodox Christianity
- 6:00 p.m.** Celebrate Recovery  
Indigenous Circle 🚫

## THURSDAY, February 7

- 8:00 a.m.** Thresholds  
Jehovah's Witness Service  
Jehovah's Witness Spanish Library
- 1:00 p.m.** TUMI 🚫
- 6:00 p.m.** Spanish Non-violent Communication  
Shambala Services

## FRIDAY, February 8

- 8:00 a.m.** Trauma Transformation Group 🚫
- 1:00 p.m.** Nation of Islam  
Sunni Jum'ah Prayer  
United Pentecostal Study

🚫 = Service is full or restricted. Add requests are not being accepted at this time.

📋 = Service has a waiting list. Submit a request to be placed on waiting list.

