



Security

Prison Rape Elimination Act

Questions and Answers

Here are the most asked questions when it comes to PREA:

1. How can I report a PREA allegation?

Answer: You can report an allegation to any staff member, the OIC, PREA grievance, PREA hotline, inmate communication and by third party.

2. If I use the PREA hotline or advocacy hotline are my calls confidential.

Answer: Yes, once you enter your pin number and press 9 for the PREA hotline or 711 to talk to a victim advocate, the phone system will not record the conversation or log that the number was called.

3. What is the buzzer sound I hear in all housing blocks, units and infirmary?

Answer: That buzzer sound is to make all inmates aware that a staff member of the opposite gender has entered the area.

4. Is there a resource outside of the institution I can talk to about PREA confidentially?

Answer: Yes, the Center for Hope and Safety is an advocacy group that is there for you 24/7.

The role of the advocate is to –

- Amplify the victim's voice
- Redirect victim blaming
- Provide emotional support
- Explain options for reporting

Help victim process decision (not guide, recommend or suggest what is right)

Provide resources and referrals

Sit through forensic exam / investigatory interview if desired by the victim.

Support family and friends of the victim

You can reach the advocate by dialing 711. The calls are confidential, not logged or recorded.
Single Cell Housing

All requests for **Single Cell Housing** must come through the Group Living Captain.

BHS and medical staff input, as well as facility needs, will be taken into account when deciding who to place into the single cells that become available.

Single cell housing priority will be:

1. Medical concerns
2. BHS concerns
3. Administrative concerns
4. Inmate convenience move requests

Once an inmate is housed in a single cell, if a higher priority placement concern occurs, the inmate may be removed. Issues with inmate conduct may result in removal from a single cell.

/s/ C. Borden, Security

General Services

Food Theft

Food theft from the Culinary is a major problem for the Institution. It impacts our ability to ensure adequate portions of the published menu are available. It also jeopardizes the health of individuals taking food that is perishable and not being properly stored or cooked. It also has a significant effect on our ability to work within our food service budget.

This notice constitutes a direct order that you are not to take any food items from the Kitchen other than uncut fruit in the quantity served. (Per your Inmate Handbook). The following plan was designed to address this issue in a reasonable, consistent way.

1. If an inmate is caught stealing or attempting to steal food, the food will be confiscated and disposed of accordingly. If the value of the food is less than \$20, the inmate will be issued a minor misconduct report. The minor misconduct report will be for disobedience of an Order III and will include the cost of all food items that have to be disposed of due to the theft/attempted theft or misuse. If the value of the food is \$20 or more, the inmate will receive a major misconduct order for

Contraband II and will also be charged for the cost of food that has to be disposed of.

Food Theft (cont.)

- 2. If the inmate stealing the food is assigned to the Kitchen or Dining Room, they will receive a program failure along with the Misconduct Report.
- 3. This process will be used for foodstuffs found outside the Culinary Section (for example cell searches, etcetera) if the items can reasonably be determined to have been taken from the Food Services.

Note: This does not prevent a staff member from issuing a misconduct report for a higher level charge (Contraband II) in the event the inmate has received a recent previous minor misconduct for the same conduct.

/s/ M. Yoder, Asst. Supt. General Services

Commissary

Commissary News, Updates and Reminders

Price Changes

Our vendor has raised the price of Raisin Bran cereal. It is now \$3 for a 15 ounce box. The United States Postal Service has also raised their prices. Please refer to the chart below for the new prices.

Item #	Description	Price
1035	#10 Standard Envelope	\$0.64
1069	Domestic 6.5 X 9.5	\$1.34
1072	Domestic 10 X 13	\$1.87
1076	9X12 International/Domestic	\$3.41 C. America/USA
1074	12.5 X 18.5	\$4.97
1075	Priority Mail	\$7.85
1080	Small Flat Rate Box	\$8.40
1081	Medium Flat Rate Box	\$14.85
1082	Large Flat Rate Box	\$20.45
1083	Tube/Triangle Flat Rate Box	\$9.80

New Product

Commissary is pleased to announce that we now have remotes for the 9 inch televisions. The cost is \$8.59.

/s/ S. Jackson, Commissary

Miscellaneous

VT Auto Openings

OSP's renowned Auto program is now accepting applications for the Associate of Applied Science in Automotive Technology, two year program.

Admissions Criteria

- A High School Diploma or GED (verified)
- Enough time remaining on sentence to graduate from the program
- One year clear conduct from incarceration date or major DR
- Minimum CASAS scores in math (236) and reading (242)
- No other work-based education certificates or college degrees
- At least two and not more than about five years left on your sentence
- Have completed A & O
- Driver's license

Interested AICs should send an inmate communication to William Gastoni at OSP.

William.J.Gastoni@contractor.doc.state.or.us

Flu Season is Back Again

It's that time of year again, flu and cold season. If you have any chronic conditions or would like to receive the flu vaccine, please submit an inmate communication. Those with a chronic conditions such as diabetes, hypertension, Hep C, HIV, etcetera, please be sure to add your health condition(s) on your inmate communication. Flu vaccines will be administered first to those with chronic conditions named as priorities by the CDC. Once these have been administered, we will offer the vaccine on the first come first serve basis.

The best way to decrease your chance of catching the flu and cold viruses are to wash your hands before you eat or touch your face. If you end up becoming sick with the flu or cold virus, please be sure to cover your mouth when you cough or sneeze and wash, wash, wash your hands. Since cold and flu are viruses, antibiotics will not work.

/s/ K. Ross, Health Services

Heartburn

Heartburn is stomach acid that causes a burning feeling in the upper middle of the stomach, or the lower chest area. It can occur after overeating or sometimes as a reaction to medications.

Prevention

- Eat sensibly.
- Avoid tight fitting clothing over the belly.
- Avoid constipation.
- Limit stress.
- Do not eat prior to bed.

Home Treatment

- Avoid trigger foods. Possible trigger foods may be food/drinks containing acid (oranges, tomatoes, and vinegar), chocolate, caffeine (tea, coffee), high fat foods.
- Eat less, smaller meals.
- Don't lie down too soon after eating. Stay upright for at least two to three hours after each meal.
- If you are overweight consider losing weight.
- Try antacids available from the blocks or antacids from Canteen.

When to contact Health Services

- If the problem lasts for more than three days.
- If over the counter antacids and self-care are ineffective.
- If shortness of breath or other symptoms which could indicate heart problems.

/s/ C. Coffey, Health Services

Chapel**Writing Workshop**

Bestselling author and international educator, Lauren Kessler is offering a one-day writing workshop for writers looking to increase their skill. The workshop will be on February 20, 2019, from 1:00-3:00 p.m. The course will be designed to benefit people who write regularly. If you are interested in attending please send an inmate communication to the Chapel. Only 25 spots are available those who include examples of their writings will be considered first.

/s/ K. Thompson, Chapel

Chapel Schedule**SATURDAY, February 16**

- 8:00 a.m. Native American Ceremony
Jehovah's Witness Study
Latter Day Saints
Jewish Service
- 11:30 a.m. Native American Ceremony
- 6:00 p.m. Calvary Chapel

SUNDAY, February 17

- 8:00 a.m. Spanish Protestant Service
Jehovah's Witness Spanish
- 1:00 p.m. Catholic Mass
Jewish Study
- 6:00 p.m. Latter Day Saints Study
Lutheran
Urantia

MONDAY, February 18

- 8:00 a.m. Restorative Justice
Buddhist Discussion Group
- 6:00 p.m. Restorative Justice
Non-Violent Communication

TUESDAY, February 19

- 1:00 p.m. Russian Bible
Lifeline
Torah Men
Quakers Friends Worship
- 6:00 p.m. Prison Fellowship Discipleship
Catholic Study
Non-Violent Communication Practice
Buddhist Service

WEDNESDAY, February 20

- 8:00 a.m. OSP Choir Practice
- 1:00 p.m. Seventh Day Adventist Study
Life Support
Orthodox Christianity
- 6:00 p.m. Celebrate Recovery
Indigenous Circle

THURSDAY, February 21

- 8:00 a.m. Thresholds
Jehovah's Witness Service
Jehovah's Witness Spanish
- 1:00 p.m. TUMI ☹️
Spanish Catholic
- 6:00 p.m. Spanish Non-violent Communication
Gospel Worship

FRIDAY, February 21

- 8:00 a.m. Trauma Transformation
- 1:00 p.m. Nation of Islam
Sunni Jum'ah Prayer
United Pentecostal Study

☹️ = Service is full or restricted. Add requests are not being accepted at this time.

⌘ = Service has a waiting list. Submit a request to be placed on waiting list.