



Activities

Car Show Sonic Burger Fundraiser

The Car Show fundraiser is April 24, 2019, at 11:30 a.m. For \$17.95 you get:

- 1 Super Sonic ¾ lb. triple cheeseburger
 - 1 Super Sonic ½ lb. double cheeseburger with bacon
 - Non pork eaters can request a Super Sonic ½ lb. double cheeseburger
 - 1 donut
 - Koolaid
- Put your CD-28 made payable to Car Show in the Activities box on the Control Floor.

Open to NCI Level 2 or 3.

Call Center workers will eat in the Call Center, so please indicate on your CD-28 if you work in the Call Center.

Car Show DVD

The Car Show is ramping up for the 2019 show and is in the process of collecting money to put on the show. If anyone would like to donate \$10 to the Car Show, we will send their family/friends a DVD of the 41st annual show from 2018. If donating, please attach an inmate communication with the name and address of the person you would like to have a DVD sent to and put that in the Activities mailbox on the Control Floor.

The Car Show DVD from last year's show will play on Saturday, March 9, 2019, during both the 10:30 a.m. and 4:00 p.m. counts on channels 57 and 1.1. This DVD is not of video footage as that was accidentally deleted so it is made from photos into a slide show. To make up for this there are also still photos of the banner, cars and bikes, the hobby shop booth, pictures from the wall, trophies, the trophy presentation, and group photos of workers and guests. Those extra photos cannot be viewed when we show it on TV, but for anyone who receives a DVD, will have those photos available to them on the DVD.

Cotton Candy Sale

Cotton Candy (2.5 oz bags) is now available for purchase thru the Car Show. Limited supply so don't delay. Bags of cotton candy will be distributed as it arrives from the vendor and as CD-28s clear. To purchase, send a CD-28 to the Car Show account 2488 for \$2 per bag and put in the White Activities box. No limit. Open to all incentive levels.

Three Point Competition Results Sunday, February 17, 2019

First off, I would like to thank all the participants that came out and supported our three point competition! Without your involvement this wouldn't have happened. I want to congratulate the following individuals;

- 1st place M Shaver-37
- 2nd place L Thompson-31
- 3rd place M Ali-28

First Place Prize will receive an invitation to the next sports lunch, provided by the Athletic Club and Second place will receive half off. So, once again thank you all for your participation and support, we hope to see you at the next event.

/s/ J. Rodriguez, Activities

Miscellaneous

OSP General Library

The General Library Book Catalogs have been updated and replaced in all of the housing units. Please use **only the pink, March 2019, Catalog** for filling out your book request forms. As a reminder, your Library Book Request Forms can be obtained in your housing unit, and can be placed in the Legal Library mail slot on the control floor, once completed. Please follow the directions on your request form carefully or your request will be returned.

/s/ J. Lawson, Library

Jock Itch

Jock Itch is a fungal infection that occurs in the groin and on the inner thigh. Fungal infections grow best in warm, moist areas.

Symptoms

Severe itching, moistness and sometimes pain with scratching. There are red raised areas on the skin, which may also weep or ooze pus or liquid.

Prevention

- Bathe/cleanse yourself as often as you can.
- Dry your skin well after bathing.
- Wear clean clothes and do not share clothing, towels, or wash cloths.
- Do not wear pants that are too tight and cause friction.
- Expose skin to air. (In an appropriate manner.)

Home Treatment

- Commissary stocks antifungal cream, use it twice a day after washing and drying the area well. It will take about 10-14 days for the infection to clear up.

When to contact Health Services

If the above treatment does not improve signs or symptoms after a week, kyte Heath Services.

/s/ C. Coffey, Health Services

Chapel

Siddha Yoga Meditation

The 4th Saturday of the month at 6:30 - 8:00 p.m. Chapel Library. Programs include practices of Meditation, Chanting, and Contemplation. If you are interested in attending please send an inmate communication to the Chapel.

/s/ K. Thompson, Chaplain

Zen Buddhism

Learn how to be calm and non-reactive, how to find peace in the real world. Zen is a practical method that presents alternatives to anger, emotional pain, frustration and extremes associated with prison life. Join us in the Chapel Library on the 1st, 3rd and 5th Tuesdays of the month at 6:00 p.m. If interested please send an inmate communication to the Chapel.

/s/ K. Thompson, Chapel

Chapel Schedule

SATURDAY, March 9

- 8:00 a.m. Native American Ceremony
Jehovah's Witness Study
Latter Day Saints
Jewish Service
- 11:30 a.m. Native American Ceremony
- 1:00 p.m. Suni Muslim Study
Worship Practice
Seventh Day Adventist Service
Calvary Chapel

SUNDAY, March 10

- 8:00 a.m. Spanish Protestant Service
Jehovah's Witness Spanish
Zen Retreat
- 12:00 p.m. Wicca
- 1:00 p.m. Catholic Mass
Jewish Study
Asatru
- 6:00 p.m. Latter Day Saints Study
University Fellowship
Urantia

MONDAY, March 11

- 1:00 p.m. Restorative Justice
- 6:00 p.m. Restorative Justice
Non-Violent Communication

TUESDAY, March 12

- 1:00 p.m. Russian Bible
- 6:00 p.m. Prison Fellowship Discipleship
Catholic Study
Buddhist Service
Non-Violent Communication Practice

WEDNESDAY, March 13

- 8:00 a.m. OSP Choir Practice
- 1:00 p.m. Seventh Day Adventist Study
Life Support
Orthodox Christianity
- 6:00 p.m. Celebrate Recovery
Indigenous Circle ☸

THURSDAY, March 14

- 8:00 a.m. Thresholds
Jehovah's Witness Service
Jehovah's Witness Spanish
- 1:00 p.m. TUMI ☸
Spanish Catholic
- 6:00 p.m. Spanish Non-violent Communication
Shambala Services
Gospel Worship

FRIDAY, March 15

- 8:00 a.m. Trauma Transformation
- 1:00 p.m. Nation of Islam
Sunni Jum'ah Prayer
United Pentecostal Study

☸ = Service is full or restricted. Add requests are not being accepted at this time.

☹ = Service has a waiting list. Submit a request to be placed on waiting list.