



Security

Semi-annual Blanket Wash Schedule

The Clothing Room will be conducting its semi-annual mandatory blanket wash during the month of **April 2019**. All blankets will be collected at the **5:15 A.M.** wake-up bell and returned after the **4:00 P.M.** count clears on the same day. Clothing room staff will supervise clothing room workers and housing unit orderlies in the collection and distribution of blankets. **ALL CELLS WILL BE SEARCHED FOR EXTRA LINEN.**

Schedule will be as follows:

(Starting the first week of April 2019)

*Friday April 26th E-Block

*Scheduled rotation is subject to change

/s/ L. Warrens, Clothing Room

Activities

Toastmasters Clerk Position

Are you interested in working as a clerk for an education and service oriented club? Capital Toastmasters is looking for a clerk for Monday through Friday 7:15 –10:00 a.m. and 1:00-3:00.p.m.

Qualifications:

- Experience with Excel and Word
- A club member or willing to join the club
- Service minded, organized, detail oriented, good work ethic
- Ability to follow written and oral instructions
- Work professionally with members, staff, guests, etcetera
- Interested in long-term employment
- Incentive Level 3

If you meet these qualifications and are interested in the position, please put a job application in the white Activities box on the Control Floor, marked Capital Toastmasters.

Developing Your Leadership Skills Class

Capital Toastmasters Club is offering the *Developing Your Leadership Skills Class* on Saturday, May 4, 2019, from 12:30 p.m. until 3:00 p.m. Participants study qualities designed to help develop their leadership abilities and become more effective managers. Topics discussed, and required for quality leaders, include: contracting for excellence, team building, motivation, and coaching. This valuable knowledge will help a person improve their overall leadership skills.

If you wish to participate send an inmate communication to the Capital Toastmasters Club prior to April 29, 2019. Open to Incentive levels two, three, and the first five level one AICs from whom we receive an inmate communication.

/s/ J. Rodriguez, Activities

Miscellaneous

ICH Unit Peer Companions Announcement

We believe that inmates who have proven to be successful in the prison community can provide a valuable resource to peers within that community. By listening to and mentoring peers who are struggling with various disabilities, Peer Companions can help teach them how to more effectively and productively manage their own responses to their environment.

Mental Health Special Housing is now hiring Peer Companion positions on the Intermediate Care Housing (ICH) unit. Individuals selected for these positions will report to the ICH for their shift. We are looking for motivated, responsible individuals who have willingness to work with both elderly and special needs populations.

ICH Unit Peer Companions will have specific shifts and are responsible for assisting unit staff, QMHPs and treatment staff in ensuring that identified inmates housed on the ICH are getting their basic and daily needs met.

ICH Unit Peer Companions Announcement

(cont.)

Duties may also include guiding or accompanying individuals who have difficulty walking or who are resistant to engaging in activities outside of their cells to Activities in the day room or out to the ICH yard. This may include actually engaging the assigned inmate in these activities.

Please submit an application to Christine Estrada BHS ICH Manager if you are interested. The application deadline is April 30, 2019. To be eligible, you must be an incentive Level 3 and have clear conduct for at least one year.

/s/ C. Estrada, BHS

Chapel Schedule**SATURDAY, April 27**

- 8:00 a.m.** Native American Ceremony
Jehovah's Witness Study
Latter Day Saints
Jewish Service
- 11:30 a.m.** Native American Ceremony
- 1:00 p.m.** Sunni Muslim Study
Worship Practice
Seventh Day Adventist Service
- 6:00 p.m.** Calvary Chapel

SUNDAY, April 28

- 8:00 a.m.** Spanish Protestant Service
Jehovah's Witness Spanish
- 1:00 p.m.** Catholic Mass
- 6:00 p.m.** Latter Day Saints Study
University Fellowship
Lutheran

MONDAY, April 29

- 1:00 p.m.** Spanish Catholic Bible Study
- 6:00 p.m.** Restorative Justice
Non-Violent Communication

TUESDAY, April 30

- 1:00 p.m.** Russian Bible
Lifeline
Trauma Transformation Group 🚫
- 6:00 p.m.** Prison Fellowship Discipleship
Catholic Study
Buddhist Service
Non-Violent Communication Practice

WEDNESDAY, May 1

- 8:00 a.m.** OSP Choir Practice
- 1:00 p.m.** Seventh Day Adventist Study
Life Support
- 6:00 p.m.** Celebrate Recovery
Indiginous Circle 🚫

THURSDAY, May 2

- 8:00 a.m.** Thresholds
Jehovah's Witness Service
Jehovah's Witness Spanish
- 1:00 p.m.** TUMI 🚫
- 6:00 p.m.** Christian Journaling
Spanish Non-Violent Communication

FRIDAY, May 3

- 1:00 p.m.** Nation of Islam
Sunni Jum'ah Prayer
United Pentecostal Study

🚫 = Service is full or restricted. Add requests are not being accepted at this time.

⌘ = Service has a waiting list. Submit a request to be placed on waiting list.