

# Coffee Talk



Superintendent: Ms. P. Myers Editor: Ms. A. Wheeler

May 2, 2019

If you are average, it means you are as close to the top as you are the bottom.

# OREGON AGAPE YOUTH CAMPS NOW OFFERING FIVE CAMP EXPERIENCES!

Would you like to give your children a summer camp experience they will never forget?

The Agape Youth Camps are free of charge and created only for kids who reside in a

home that has a parent or loved one incarcerated. Campers learn about love, hope and

forgiveness while also experiencing fun camp activities like boating, swimming, crafts,

and much more! Every child receives a t-shirt for each day of camp, a sweatshirt, and

other camping items they might need. Let your families know registration is available

for all camps on our website! www.agapeyouthoregon.com This summer we will be hosting camps in Eugene, Salem and Central Oregon so make

sure your campers apply early to reserve their spot! Here are the dates and locations

for our five camps.

Agape Youth Camp Eugene For: Incoming 1st-7th graders When: August 22nd-25th Where: Camp Harlow, Eugene

For: Incoming 8th-12th graders

When: June 20th-23rd

Where: Klamath River (Agape will provide transportation)

Agape Youth Camp Salem For: Incoming 1st-7th graders

When: July 18th-21st

Where: Camp Aldersgate, Salem For: Incoming 8th-12th graders

When: June 16th-19th

Where: Klamath River (Agape will provide transportation)

Agape Youth Camp Central Oregon For: Incoming 8th-12th graders

When: June 24th-27th

Where: Mckenzie River (Agape will provide transportation) Bringing Hope & Healing To Children Ages 7-17 Impacted By Incarceration



Eff 5/15, the law library will print divorce packets and any child custody/modification/other packets for you. You must submit a completed CD28 for any of these packets and you must have money in your trust account. This change will bring Coffee Creek in line with the other institutions.

#### ATTENTION MOTHERS

From CRU

Do you have a baby or toddler under five? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while

separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and support bonding and attachment between infants and toddlers and their incarcerated mothers.

#### Requirements:

- Child age from birth to Age 5
- Minimum or minimum eligible with gate clearance
- Child lives less than 60 minutes away
- Transportation to/from the school are Tuesday and Thursday 9:00am 12:30pm



# Walk "Out of The Darkness" into the Light!



The Walk in the Light' education team would like to thank everyone who participated in our fundraiser, 'Talk Saves Lives' presentation and our first annual "Out of the Darkness" suicide prevention awareness walk. Thanks to all, we not only raised awareness. We raised \$3263.25, which was presented to the American Foundation for Suicide Prevention (AFSP) at the walk.

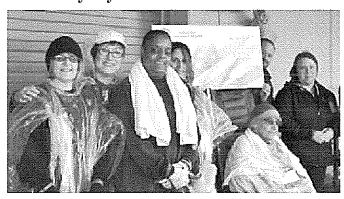
As the first prison in our nation to put on a walk Santiam's staff and their AIC's have been very supportive in helping us be the first women's prison in the nation to put one on. Five prisons now in the USA have joined the effort to bring awareness to this worthy subject. You may have heard of other walks in our outside community as the rise to bring awareness to suicide prevention has increased in the past few years. Our own Tamara Upton was the one who heard about the first "Inside" walk held at Santiam a couple of years ago and brought forth the idea to Cpl S. Mecham asking for her help to figure out a way to have one here at Coffee Creek Correctional Facility. Soon after the "Walk in the Light" committee was formed. Thanks to Tamara's persistence Saturdays walk is sure to be the first of many to come.

At 8 o'clock on Saturday morning the 6th of April Representatives from the AFSP along with staff from Oregon's Santiam prison arrived at Coffee Creek to help us kick off our walk. At 8:30 AIC's and Coffee Creek staff joined together with our guests in the open area by our back dock. An oval track presented the perfect opportunity for us to walk and talk in unity, bridging that gap that often divides us. While the rain poured down, our morale was lifted high as Ryan Price from AFSP spoke and we continued to support one another raising

our hands showing our colored bracelets and just how many of us suicide affects. Before the morning came to an end hot coffee arrived and a rainbow streaked across the sky reminding us there's hope when we remind each other we matter!

Let us honor Tamara's memory by keeping open those lines of communication as we move forward, continuing to support one another. We all walk this walk together and it has been proven that 'talk' does save lives. You matter and you are not alone.

### **Everyday Heroes at CCCF/CCCM**



It began with Tamara Upton saying, "Hey, Mecham, I heard that you were at Santiam for the Out of the Darkness Walk taking photos." I smiled and said, "Oh? How do you know that?" Tamara said, "I have a pen pal there who has served 33 years at the Penn.

He is on the team that organized the walk for SCI. I think the ladies in our facility would benefit greatly if we did something like that here!"

Thank you Tamara, for having the vision, the courage and daring to start a good thing to help so many who have been impacted by the act of suicide. Thank you, Walk in the Light Education Team (pictured above: Carolyn Exum, Angela Kim, Kimberly Crawford, Paige Couch and Tamara Upton) and American Foundation for Suicide Prevention staff and volunteers for all of your hard work and dedication in planning, preparing and the successful completion of the 1st annual Out of the Darkness Fundraiser, Education presentation and Walk. Due to all your efforts Coffee Creek raised just over \$3200.00 for the American Foundation for Suicide Prevention Foundation (AFSP). The donation will help AFSP educate, assist in funding research and prevention efforts. Together we can make a difference! There is



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# RIP Tamara Upton January 10, 1964-April 14, 2019

#### **Upcoming Movies**

5/4/2019	Aquaman
5/5/2019	Mamma Mia! Here We Go Again
5/11/2019	Peppermint
5/12/2019	Instant Family

#### WEEKEND AT THE MOVIES

From: CRU

You may request any film be shown for a weekend movie; however, a film may **only** be shown as long as it the meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at each institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.

#### VISITING APPLICATIONS

From Ms. Stehle, CRU

Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep resubmitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process

#### Center for Hope and Safety Trainings

From Captain Wilson, Operations Captain

#### Other trainings led by CHS advocates include:

LGBTQ+ - May 20th

Domestic Violence - June 24th

Mark your calendar!

# Vultures: a Gross-ly Important Bird to Care <u>About</u> <u>Lecture on 5/20/19</u>

The fourth lecture in the series brought to Coffee Creek by the Sustainability Office and Institute of Applied Ecology will be held in both the medium and minimum facilities.

Kathleen Dodge, from Chintimini Wildlife Center, will present "Vultures: a Gross-ly Important Bird to Care About." This presentation will have one of their Raptor Ambassadors as part of an interactive discussion of Turkey Vultures, and how they clean up ecosystems. Learn about the history of native wildlife and ways we can conserve and protect our local fauna.

The bird that will be brought in is a Turkey Vulture named Ferdinand, and he really likes people.



This special talk will be held, 1:00 pm to 2:00 pm in the minimum Visiting Room, and 2:30-3:30 pm in the medium Chapel, limited to 70 participants in medium. Medium participants will need to kyte Denise Gardiner by 5/15/19 to be considered for the lecture. Attendees will be picked at random from all qualifying adults in custody. The minimum will be an "all call" for those that want to attend. Medium's and Minimum's criteria:

- Must be open or have no conflicts for Monday afternoon (no job/other program conflicts).
- Must be incentive level 2 or 3.
- Conduct Orders, program fails and daily fails will be reviewed.

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#### NOTICE REGARDING PETITION REQUESTING AMENDMENT OF ADMINISTRATIVE RULE

From DOC

On February 21, 2019, the Oregon Department of Corrections received a petition requesting an amendment to OAR 291-063-0120(2)(g). A copy of the petition may be obtained from the agency by submitting a request to the Rules Coordinator.

Pursuant to ORS 183.390(2), the Oregon Department of Corrections invites comment on OAR 291-063-0120(2)(g), including any comments on whether options exist for achieving that rule's substantive goals in a way that reduces any negative economic impact on businesses. Any public comment must be received no later than May 10, 2019, at 5:00 PM. Comments must be submitted in writing to the address below:

Rules Coordinator Department of Corrections 2575 Center Street NE Salem, OR 97301-4667

#### PREA INFORMATION

From DOC

It is normal for people who experience sexual abuse to feel overwhelmed and have a lot of questions about what their options are. It is also important to remember no one deserves to be sexually abused. It is not your fault. Surviving and healing is possible.

Inmates who have experienced sexual abuse may reach a community-based advocate by dialing "711" from the inmate telephone system. Community-based advocates provide survivors of sexual abuse information about their options, resources, information and emotional support. Calls to "711" are confidential and free of charge.

#### Advocates role

- Provide over-the-phone confidential support and crisis intervention related to sexual abuse
- Talk with a survivor about their current and ongoing safety
- Explain reporting options available through PREA
- Support survivor at a sexual assault forensic medical examination
- Support survivor at an investigatory interview related to sexual abuse, as requested
- Educate/teach survivor coping skills for healing from sexual abuse
- Provide resources and referrals
- Provide follow-up support

#### An advocate's role is

- Not make decisions or tell a survivor what to do
- Not tell a survivor whether or not to report
- Not investigate a crime
- Not provide legal advice
- Not be a survivor's friend
- Not provide therapy
- Not communicate with the institution unless the survivor requests them to do so and only with a signed limited release of information

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report the sexual abuse unless you request them to do so and if you sign a release of information.

Advocacy crisis lines are not a reporting hotline. If you wish to file a report, you may contact the Inspector General Hotline by dialing 9 on the inmate telephone system, writing an inmate communication, filing a grievance, or writing the Governor's Office at State Capitol, Room 160, 900 Court Street, Salem, OR 97301.

DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters 3325 Wilshire Blvd., Suite 340 Los Angeles, CA 90010

PREA Advocate Coordinator Oregon Department of Corrections 2575 Center Street NE Salem, OR 97301

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and is not to be used for other purposes. Contacting an advocate for anything other than services related directly to coping with sexual abuse takes away valuable resources for sexual assault survivors who need an advocate's help. Telephone calls and mail to community-based advocacy centers are considered privileged/confidential communication and will be handled similar to legal calls/official mail.

You may reach your community-based advocate by dialing "711" from the inmate telephone, dialing their direct crisis line number, or sending written correspondence.

#### **Bad Situation**

Talk about bad situations... just think about

A screen door on a submarine

A stowaway on a kamikaze plane

One who ejects from a helicopter

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Institution	Community-Based Advocacy Center
CCCF	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
CRCI	Portland Women's Crisis Line (PWCL) Advocacy Program PO Box 42610, Portland, OR 97242 1 (888) 235-5333
DRCI	Saving Grace 1004 NW Milwaukee Ave, Suite 100 Bend, OR 97701 1 (866) 504-8992
EOCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
MCCF, OSCI, OSP SCI	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
PRCF	May Day 1834 Main St., Baker City, OR 97814 (541) 403-0291
SCCI	Women's Safety & Resource Center 1681 Newmark Ave., Coos Bay, OR 97420 1 (888) 793-5612
SRCI	Project Dove PO Box 980, Ontario, OR 97914 (208) 739-5061
SFFC	Tillamook Co. Women's Resource Center PO Box 187, Tillamook, OR 97141 1 (800) 992-1679
TRCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
WCCF	Lake County Crisis Center PO Box 774. Lakeview, Oregon 97630 1 (800) 338-7590

#### THROUGH A CHILD'S EYES

From: Lifeskills

#### Through a Child's Eyes 2019:

#### Sponsored by

#### Wilsonville Rotary

Saturday July 13<sup>th</sup> – Minimum Sunday July 14<sup>th</sup> – Medium



- Applications Due by June 7<sup>th</sup>— available on the unit. If your unit runs out please kyte life skills for extras
- Must meet qualification requirements by June 28th in order to attend
  - O You have children/grandchildren age 17 and younger who are approved on your visiting list or approved for special visiting and will attend with a caregiver (who is also on your visiting list), and;
  - You are incentive level 2 or 3.
  - o No Major DR's in the last 6 months.

Limited transportation assistance is available-applications must be postmarked by June 10th and mailed to Ms. Roach

Rebellion against your disadvantages gets you nowhere. Self-pity gets you nowhere. One must have the adventurous daring to accept oneself as a bundle of possibilities and undertake the most interesting game in the world-making the most of one's best.

- Harry Emerson Fosdick

#### SUSTAINABILITY NEWS

From Green Team

Go Butterflys! Last month, 750 endangered Taylor's Checkerspot caterpillars we're taken to prairies near Corvallis by the USFWS Conservation Biologists. That's a successful increase from last year's release of 562 Checkerspot. Way to go ladies! Your good work will help further butterfly populations of all kinds.

Thanks to the Oregon Zoo, USFWS & IAE, funds will continue to pour in from Foundation Grants to further Sustainability endeavors. Ms. Naseth, a Butterfly Conservationist with Oregon Zoo advises the program and is thrilled to have AIC partners who work diligently to provide an abundant harvest of larvae. Julia Low, another Butterfly Keeper at the Oregon Zoo provided a tour for several CCCM AIC and Correctional Officials who visited the Zoo's Butterfly Lab earlier this year! For a full article you can tell friends & family about, have them go to: KPTV.com/news/coffee-creek-inmates for the article presented by Gresham Subaru under "Andy's Adventures".

Get Ready for the next Energy & Water Challenge Event! This year we will be competing against Men AIC in Oregon and another state Prison in "Battle of the Buildings!" More details for the Earth Day challenge of 2019 will be announced soon. For now, help us reduce more than our challengers by reducing your water usage, lowering energy needs by taking cooler and shorter showers, turning off faucets and lights when no longer in use, and being mindful of consumption while at work and other activities. The exciting privilege of competing against an outside state ups the award potential! Please keep an eye out for how you can help reduce Energy & Water use to hopefully outdo the Men and earn big \$\$\$ awards that will help protect Earth's Limited Resources for children of our future.

This month the Checkerspot Lab on H-Unit will receive 30 new pregnant butterflies. Last year they welcomed 20 with such success that the Oregon Zoo increased their inventory this year! The mature adult butterflies are housed in netted cages with strategically placed Plantago leaves to lay their eggs on. Witnessing the complete circle of life with Mothers and offspring is a special occasion for AIC Lab workers to experience. Thank you for all you do to support our planet!

### From the Administrative Rules Program:

Below is the list of status changes made to DOC administrative rules since 03/22/19.

#### PROPOSED RULES:

291-058 Structured, Intermediate Sanctions

• Amends rules to implement changes made in 2017 legislation related to the supervision of drug-related

misdemeanors. Rule changes will now include application to drug related misdemeanors as defined in ORS 423.478 for crimes committed on or after August 15, 2017.

Last day to provide comment: 06/14/19

291-077 Performance Recognition and Award System (PRAS)

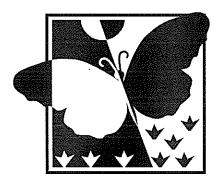
- Proposed amendments to rules to remove the 120 day waiting period.
- Last day to provide comment: 06/14/19

#### TEMPORARY RULES:

291-077 Performance Recognition and Award System (PRAS)

- Proposed amendments to rules to remove the 120 day waiting period.
- Effective: 04/01/19 09/27/19

DOC rules are available for review and copies in the inmate law library.



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#### LEGAL ASSISTANT POSITION AVAILABLE

From Ms. Wheeler, Library Coordinator

The library is currently taking applications for one legal assistant position. The **required** qualifications are as follows:

- High school diploma or GED
- Computer skills, preferably Microsoft Word
- Ability to communicate verbally and in written form
- Acceptable institution record of demeanor. This
  means clear conduct for at least 6 months (no
  major or minor DRs), and that you have been
  serving time at Coffee Creek for at least 6 months.
  Conduct orders will be considered.
- No computer related crimes
- Typing skills at 40 words per minute
- Minimum of 1 year left to serve in Medium General Population (priority may be given to those with more time remaining).
- Ability to work under pressure and take direction.
- Ability to work independently
- Ability to maintain good working relationships with the library coordinator and other staff, other inmate workers, and library users

Women who speak and write both Spanish and English fluently or those who have previous work experience in the legal field are especially encouraged to apply. If you are interested in this position, complete an application and return it to Ms. Wheeler to be received no later than May 3. Applications received after that day will not be considered. Kytes received at any time without an application will not be considered at any time and will not be returned to you.

## Medium Religious Services

From Chaplain Brault

See Bulletin Board

#### MINIMUM BREW

### Minimum Religious Services

From Chaplain Al-Amin

Please check the Religious Services Calendar for the month in your dorm for a schedule of meeting times and dates for services

Services and Activities with schedule changes:

#### New thought Ministries: Tuesday 7PM

We are a spiritually based faith, grounded in the Principles of Love, Oneness and Acceptance. The foundation of New Thought is based on Jesus' central teaching, "As you Believe, so shall you receive." We're an inclusive teaching honoring all faith traditions, religions, creeds, races, cultures and sexual orientations, with the premise that we are all whole and complete spiritual beings having a human experience. At our services, we cover a variety of topics, from mediation, visualization, the power of prayer, the law of attraction, and much more. The idea of New Thought is that you already have all the answers with you, and we're there only to assist and support you in believing this for yourself, as the Power of God is one with you, and not separate from you.

#### Episcopal Services: Saturdays 7PM

All are welcome at weekly worship services. Learn more about the Bible-four readings every week. Learn more about the Good News of God as revealed in Jesus Christ. Our more traditional way of worshipping includes lots of room to bring your own experience and reason. Eucharist (communion) is served about twice a month. We join together for evening prayer the other evenings.

- ASATRU meets D4 the 2nd & 4th Thursdays of the month.
- WICCA, 1:00-2:30pm. D8; on the 1st & 3rd Sundays of the month.

#### Horizon Community Church:

(HCCGC on the call-out) holds Christian church services the 4th Sunday evening of each month. Join them for live music and a lesson from Beth Moore's book "Get out of That Pit."

New 12 step program will be meeting on Thursdays from 3:00pm to 4:00 pm D5. This program is being brought to you by the Latter Day Saints, but is open to all faith traditions. Space is limited. Please send a kyte to the Chaplain if you are interested.

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African American Program a culturally specific transition program for Multnomah County Community Corrections.

Please kyte the Chaplain if you are interested in this program and you are from Multnomah County. It will meet on Monday evenings at 5:45 pm.

Multicultural Group is reading and discussing Houses of Healing by Robin Casarjian.

Native American Sweat Lodge Ceremony will not meet again until the Sweat Lodge is rebuilt.

<u>Chapel Library</u> the Chaplain will call chapel library by units Monday or Thursday Afternoons as her schedule permits

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