



Miscellaneous

Caseload Reset

Correctional Counselors' caseloads have been rearranged in order to better serve those most in need. These changes are necessary if the Oregon Department of Corrections (DOC) is to provide quality case management services to the adults in custody (AIC) most likely to reoffend as determined by their Automated Criminal Risk Score (ACRS).

ACRS is a statistical calculation developed by the DOC Research Unit to predict your risk of reoffending within three years of release. Your score is automatically calculated at Coffee Creek Intake Center (CCIC) and is based upon the following: age, earned time, revocations, sentence length, custody number, thefts committed, prior incarcerations, and person to person crimes. The score is recalculated whenever any of these items change. Another way to understand ACRS is to look at it from a percentage standpoint. The scores range from .01 to .99. If your ACRS is .15, then you have an estimated 15% chance of reoffending within three years of your release.

If DOC had the resources it needed, Institution Counselors would provide cognitive interventions through case management to all AICs who need it. Because DOC does not have the capacity to provide case management services to everyone, Counselors' caseloads have been adjusted to provide cognitive interventions to AICs most likely to reoffend.

To make caseload sizes more manageable, DOC had to significantly adjust the ACRS cutoff score. Due to resource discrepancy across the institutions, the cutoff scores won't be consistent and are as follows:

SRCI, OSP, TRCI, EOCI

.01 - .24 ACRS = Low Supervision
.25 - ACRS and higher = High/Medium Supervision

OSCI

.01 - .34 = Low Supervision
.35 ACRS and higher = High/Medium Supervision

CRCI, DRCI, PRCF, SCCI, SCI, SRCI Minimum, TRCI Minimum

.01 - .34 = Low Supervision
.35 ACRS and higher = High/Medium Supervision

WCCF

.01 - .39 = Low Supervision
.40 ACRS and higher = High/Medium Supervision

MCCF, SFFC

.01 - .49 = Low Supervision
.50 ACRS and higher = High/Medium Supervision

CCCF, CCCM

.01 - .19 = Low Supervision
.20 ACRS and higher = High/Medium Supervision

Low Supervision:

If you are placed on a Low Supervision caseload (as determined by your institution), you will not meet with your Institution Counselor on a regular basis and will only be seen for emergencies or unusual circumstances. Any reporting will be through written communication. If you need an in-person meeting, you will need to provide specific details in your request.

Although you will not have regular contact with your Institution Counselor, your eligibility to attend programming offered by Pathfinders (group cognitive classes and parenting classes) and participate in our alcohol and drug treatment programs will not be impacted. Eligibility and placement into these programs remain the same.

High/Medium Supervision

If you are placed on a High/Medium Supervision caseload (as determined by your institution), you will meet with your Institution Counselor on a regular basis, working on your customized Behavior Change Plan and receive cognitive interventions from your counselor.

Each time you are transferred from one institution to another, you will receive an Intake Information Sheet and Contact/Resource List that provides information specific to that facility. You will also have the opportunity to ask questions at your institution's Admission and Orientation program for new arrivals to

Caseload Reset (cont.)

help you manage your affairs during your incarceration.

These changes will be implemented June 1, 2019, for male institutions and July 1, 2019, for women at CCCF.

/s/ CCM Central Office

Special Management Housing Night Shift Orderly Position

The SMH Building is now accepting applications for an Orderly located in the SMH Treatment Building. This recruitment will be used to fill one (1) position. A worker holding this position does not need experience in standard custodial and orderly work, but experience will be considered.

The work schedule is Monday through Friday, 10:00 p.m. – 6:00 a.m. This position awards 12 PRAS points.

This position involves working mainly with security and mental health staff and includes, but is not limited to, the following duties:

- Collecting and disposing of trash from trash receptacles
- Cleaning, stocking, and maintaining restroom facilities
- Sweeping and mopping
- Clearing off and cleaning surfaces and counters

This position is located inside a mental health treatment building and even though contact with other adults in custody is possible, the successful candidate will primarily be responsible for staff and common areas, not housing units.

The successful candidate will also demonstrate the following attributes:

- Positive attitude and truthful interactions with others
- No disciplinary history of staff/inmate relationship, theft, or unauthorized area within the last 18 months or more
- Ability to work with limited direction and supervision
- Good judgment and decision making skills
- Reliability
- Ability to follow directions

Please direct all applications to Cpt. T. Tooley, SMH Captain.

Ways to Workout in Small Spaces

Important note: always start your workout with a five to 10 minute warm up. A warm up can be stretches and slow walking in place. Perform the exercises slow and in a controlled manner. Be sure to stretch upon completion of your workout and remember to breathe while performing exercises. Remember quality over quantity.

Cardiovascular exercises

Jumping jacks
Quick feet, high knees
Marching in place
Side steps
Grapevine
Running in place
Turn on your favorite music and dance

Strength Training Conditioning – Lower Body

Squats
Step ups
Walking lunges
Wall Squats
Calf raises

Strength Training and Conditioning – Upper Body and Abdominal Muscles

Pushups – depending on your fitness level do them feet on the floor facing a wall, on the floor with your knees bent or on the floor with your legs straight and toes touching the ground.

Seated Row - Sitting on the floor with your legs straight, wrap an old t-shirt or exercise band behind the soles of your feet. With one end in each hand squeeze your shoulder blades together by bringing your elbows behind you while stretching the t-shirt or band.

Dips – With your hands on a chair, scoot your rear end of the end of the stool, bend your elbows lowering your body, and then straighten your arm to return to starting position.

Shoulder raises, Lateral raises, and Bicep curls – If you do not have dumbbells, use a book to use as dumbbells.

Always end your exercises with stretching. Daily exercise will make you feel better – physically and emotionally!

/s/ C. Coffey, Health Services

Chapel Schedule

SATURDAY, June 1

- 8:00 a.m.** Native American Ceremony
Jehovah's Witness Study
Latter Day Saints
Jewish Service
- 11:30 a.m.** Native American Ceremony
- 1:00 p.m.** Sunni Muslim Study
Worship Practice
Seventh Day Adventist Service
- 6:00 p.m.** Calvary Chapel

SUNDAY, June 2

- 8:00 a.m.** Spanish Protestant Service
Jehovah's Witness Spanish
- 1:00 p.m.** Catholic Mass
- 6:00 p.m.** Latter Day Saints Study
Urantia
Lutheran

MONDAY, June 3

- 1:00 a.m.** Spanish Catholic
Baha'i
Hux ☹
- 6:00 p.m.** Restorative Justice
Non-Violent Communication

TUESDAY, June 4

- 1:00 p.m.** Russian Bible
Trauma Transformation Group ☹
Lifeline
Torah Men
- 6:00 p.m.** Prison Fellowship Discipleship
Catholic Study
Non-Violent Communication Practice
Buddhist Service

WEDNESDAY, June 5

- 8:00 a.m.** OSP Choir Practice
- 1:00 p.m.** Seventh Day Adventist Study
Life Support
- 6:00 p.m.** Celebrate Recovery
Indigenous Circle ☹

THURSDAY, June 6

- 8:00 a.m.** Thresholds
Jehovah's Witness Service
Jehovah's Witness Spanish
- 1:00 p.m.** TUMI ☹
Grief Group
- 6:00 p.m.** Spanish Non-Violent Communication
Christian Journaling

FRIDAY, June 7

- 1:00 p.m.** Nation of Islam
Sunni Jum'ah Prayer
United Pentecostal Study

☹ = Service is full or restricted. Add requests are not being accepted at this time.

☹ = Service has a waiting list. Submit a request to be placed on waiting list.