



Commissary

Commissary News

Due to year-end inventory, all pre-sale items will be suspended from Friday, May 31, 2019, through June 30, 2019.

Pre-sale items:

- Music Vouchers
- Musical Instruments
- M P4 Accessories
- Shoes
- Televisions
- NCI Level 3

Any orders submitted for suspended items during this period will be cancelled. Normal sales of these items will resume beginning July 1, 2019.

/s/ S. Jackson, Commissary

Miscellaneous

Welder Position Open

We are looking for a welder to join our team. Applicants should be comfortable welding in all positions (flat, vertical, and overhead).

Ideal applicants should be familiar with numerous processes of welding; SMAW, GMAW, FCAW, and TIG. If you have welding/fabrication experience, a general knowledge of fabrication, and possess a strong mechanical aptitude, along with the ability to work well in a team, we would like to meet you.

Preferred skills:

- Experience with basic tools (plasma cutter, band saw, iron worker, cutting torch)
- Basic math skills
- Mechanical aptitude
- Creativity and ability to think outside of the box
- Able to read a tape measure
- Ability to follow basic instructions
- Ability to perform tasks in a safe manner
- Ability to work collaboratively and cooperatively in a team environment with a positive attitude.

Interested candidates are encouraged to return a complete application to physical plant/weld shop.

/s/ J. Gutierrez, Physical Plant

PRAS System

Per the Performance Recognition and Award System (Inmate) rule, "The functional unit manager or designee may adjust an inmate's incentive level by two levels, up or down, as necessary to promote good institutional conduct and program compliance." This is for the exceptions and not the norm. Early promotions will be considered to recognize positive behavior and program participation above and beyond the standard expectation. Requests need to be submitted on the appropriate form. They need to be thoughtfully and thoroughly completed to include a staff recommendation. A staff signature does not constitute a recommendation and will be returned. Incentive levels are earned and it is your responsibility to demonstrate your exceptional behavior. Once a request has been submitted, do not send multiple requests or inmate communications. You will be notified when a decision has been made.

/s/ R. Briones, Asst. Supt. Correctional Rehab.

Group Living

Group Living **NO LONGER** has an open door policy. **If you do not have a pass or are not pre-approved to be in Group Living you are in an unauthorized area and disciplinary actions will be taken.** If you need to speak with someone in the Group Living Complex please send an inmate communication to Group Living, if it is urgent, please speak with your housing sergeant and he/she will take appropriate action to assist you.

Haircuts

Haircuts are available upon request. This is a barbering school and someone in training may cut your hair. They may struggle to do exactly what you request, but they will always do their best. We **ONLY** schedule haircuts around other commitments. If you work from 7:00 a.m. – 3:00 p.m., Monday through Friday you may not be able

Haircuts (cont.)

to be scheduled for a haircut in Group Living. We don't have the capacity to accept appointments. Group Living haircuts are for level 2 and 3 inmates **ONLY**. We do not allow level 1 or High Profile Inmates in Group Living to utilize the haircut services. Please do not wait for a particular barber. All of our barbers need to practice and learn to cut hair for all types and styles. We have lead barbers to help out if the barber cutting your hair struggles please be patient and give them a chance. For Oregon Correction Enterprise (OCE) workers, we try to schedule a few later appointments on most afternoons; however, your best bet is to try to get your haircut in your Housing Unit. Please limit your request to once per month to allow everyone an equal opportunity. Please do not send multiple inmate communications, as that will clog up the system, duplicate will returned and you may be removed for a month.

Toenail Clipping

Inmates that are unable to cut their toenails with the fingernail clipper that are sold through the Commissary may request to use toenail clippers in the Group Living Complex. Please send your inmate communication to "Group Living/Toenail Clippers" and you will be issued a call pass on the next available date. Inmates that need additional assistance with trimming their toenails or that have a stair restriction will need to send an inmate communication to Health Services. Prior to your scheduled call pass to use the toenail clippers, please wash your feet and wear clean socks.

Curling Irons and/or Flat Irons

Curling Irons and Flat Irons are available for use in the Group Living. All inmates must send an inmate communication requesting the use of Curling/Flat irons. Inmates will be scheduled and issued a call pass. Inmates will be authorized to use this service twice per week. Only the scheduled inmates are authorized to use the styling equipment. Hairstyles that will bring undue attention to an individual are not allowed. Inmates using this service are authorized to bring their own hair styling products that have been purchased from the commissary.

Electronics Repair

The Group Living Repair Shop is available to inmates who need to have minor repairs done on their electronics. Items that can be repaired are headphones, ear buds, and TV's. The Group Living Repair Shop **NO LONGER** works on boom boxes, cd-

players or video games. Not all items will be able to be repaired, we do not use new parts and none of our work is covered by warranty. Also please remember that there is only one person that does these repairs, so please be patient.

Please remember that Group Living is a working office. Please keep your conversation volume low and noise level down.

Safety and Wellness

Sanitation throughout the institution and your personal hygiene determines your health and the health of the general population by reducing pest infestation and the transmission of communicable disease. Practicing sanitation on a daily basis will benefit you for the rest of your life.

Cell sanitation is an important part of good hygienic practice. Your sink, toilet, floor and all other areas of your cell need to be kept clean at all times, your trash should be emptied daily. These practices will help reduce infestation; fire hazards and makes for a more tolerable living conditions.

/s/ Capt. C. Borden, Group Living Captain

Housing

Group Living is now accepting requests to be added to the Single Cell waitlist. Please send an inmate communication to be added to the list. When completing a cell assignment request form or an inmate communication form, please make sure to include your full name, SID# and your current block and cell #. (Example: D-201A **NOT** 201A)

/s/ D. Weber, Group Living Corporal

Job Opening

Group living has a job opening for a Janitor. You need to have janitorial experience and be a team player. This position is 12 points. Please send application to Group Living if interested.

/s/ D. Weber, Group Living Corporal

Access to Health Services Change

Effective May 6, 2019, OSP will be changing our communication process for services related to Medical/Dental. Placing an inmate communication in the Medical/Dental box on the Control Floor will **no longer** be the primary process used to access health care services. **Instead**, Nursing Services will be on the

Access to Health Services Change (cont.)

Control Floor from 6:00 to 8:00 a.m. (during morning chow) to discuss your health care concerns with you. To access this service, you will need to bring an inmate communication identifying your health care concerns, as you have in the past; however, this will be submitted directly to the nurse instead of the Medical/Dental inmate communication (kyte) box. The triage nurse will review your written concerns with you, and determine the necessary follow-up (which may include a sick call appointment to be scheduled at a separate time). To promote confidentiality, those waiting to speak with the nurse will line up on the bench closest to the window in the “fishbowl.” For those in special housing the following process will transpire:

Unit	Process
ICH	<ul style="list-style-type: none"> • Patient’s in ICH will bring an inmate communication to the AM medication line and provide it to the nurse. • After the medication line the nurse will review and advise the patient of the necessary actions and the next steps • If a patient is on cell-in status, the nurse will go by the cell to determine if a patient needs to be triaged.
BHU DR DSU MHI	When nursing conducts health access checks or AM medication line (whichever transpires daily) each patient can submit an inmate communication to the nurse. The nurse will consult with the patient at cell front and determine the necessary follow-up.

Protecting your Self Against Skin Infections

Here are some simple steps you can take!

How can I protect myself?

- Wash your hands thoroughly with soap and water:
- Lather and rub all surfaces of the hand, for at least 10 seconds.
- Keep cuts and abrasions clean and covered with a clean bandage until healed.
- Avoid skin-to-skin contact with persons who have skin infections.
- Do not share personal items (i.e. clothing, washcloth, razors) with other persons.

- Clean objects and surfaces that are shared with other persons, such as athletic equipment, before you use them.

What should I do if I think I have a skin infection?

- If you suspect you might have a skin infection, kyte medical. Once triaged by nursing staff, you will be seen and evaluated.

If I have a skin infection how can I keep from spreading it to others?

- Advise those around you to wash their hands frequently.
- Do not share personal items, or other items that may have had contact with the infected wound or wound drainage.
- Disinfect all non-clothing items that might come in contact with the wound (i.e. exercise equipment).
- Avoid participating in contact sports or other skin-to-skin contact until your infection has healed.
- Be sure to follow all instructions from your healthcare provider and if prescribed antibiotics, take all your pills, even when you start to notice improvement in symptoms.

Emergency Contact/Release of Information

Did you know you have the ability to designate family, friends, and significant others to speak to Health Services about your various health related issues? This includes being able to decide how much, when, and what Health Services can discuss with them. In addition, the designation provides Health Services a contact should a medical emergency requiring lifesaving intervention occur. This form must be updated yearly, and expires one year from its original implementation date. The form is being made available to you as part of this article, and it will be provided to you yearly at your annual PPD appointment. If you have not yet completed, or need to update your form, please kyte Medical Services for the emergency contact form. Please return the completed form to Medical’s Inmate Communication box for retention in your medical record.

/s/ C. Coffey, Health Services

Chapel Schedule

SATURDAY, May 11

- 8:00 a.m.** Native American Ceremony
Jehovah's Witness Study
Latter Day Saints
Jewish Service
- 11:30 a.m.** Native American Ceremony
- 6:00 p.m.** Calvary Chapel

SUNDAY, May 12

- 8:00 a.m.** Spanish Protestant Service
Jehovah's Witness Spanish
Zen Retreat
- 1:00 p.m.** Catholic Mass
Jewish Study
- 6:00 p.m.** Latter Day Saints Study
Urantia
University Fellowship

MONDAY, May 13

- 1:00 a.m.** Restorative Justice
Spanish Catholic
- 6:00 p.m.** Restorative Justice
Non-Violent Communication

TUESDAY, May 14

- 1:00 p.m.** Russian Bible
Trauma Transformation Group
- 6:00 p.m.** Prison Fellowship Discipleship
Catholic Study
Non-Violent Communication Practice
Buddhist Service

WEDNESDAY, May 15

- 8:00 a.m.** OSP Choir Practice
- 1:00 p.m.** Seventh Day Adventist Study
Life Support
Orthodox Christianity
- 6:00 p.m.** Celebrate Recovery

THURSDAY, May 16

- 8:00 a.m.** Thresholds
Jehovah's Witness Service
Jehovah's Witness Spanish
- 1:00 p.m.** TUMI ☹
Grief Group
- 6:00 p.m.** Christian Journaling
Celebrate Recovery ☹
Spanish Non-Violent Communication

FRIDAY, May 17

- 1:00 p.m.** Nation of Islam
Sunni Jum'ah Prayer
United Pentecostal Study

☹ = Service is full or restricted. Add requests are not being accepted at this time.

☹ = Service has a waiting list. Submit a request to be placed on waiting list.