



Coffee Talk



Superintendent: Ms. P. Myers

Editor: Ms. A. Wheeler

October 17, 2019

You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose.

-Dr. Seuss

Mailroom Notes

From: Mr. Gendbar, Mailroom

- 1) Priority Legal Mail is the only legal mail that can use a CD28 for postage. It must go through the legal library so they can verify and track the legal mail items. They then stamp the envelope either priority legal or legal, then sign the CD 28 as approved. The mail room will return any legal mail envelope that is not priority if you do not use the proper envelope size for weight.
- 2) To facilitate processing of kytes, be sure to put your name, SID and location, as well as a name and location or program and location of where you would like the kyte to go. Processing and delivery of kytes could be delayed without clear direction.
- 3) Please be aware that if you try to put anything other than paper or photos into an envelope like candy bars or bracelets, the envelope will be returned to you as they also will not go through the processing machine at the post office and an extra fee will be charged for special handling. If you need to mail out personal property send an inmate communication to the property room. If it is a craft object you need to go through Life Skills.

VISITING APPLICATIONS

From Ms. Stehle, CRU

Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than

one application per visitor is not productive and will not speed up the process.

PROTECTED FUNDS

From: Anita Nelson Statewide Operations Commissary Manager

For those that have a Protected Funds account, your account will be active and funds available for commissary purchases beginning October 1, 2019.

Please check your receipt at the commissary window to make sure the correct account you designated on your order form was used for your purchase. If you do not have funds in the account you selected, your order form will be returned to you unprocessed.

These new sections do not apply to you if you do not have a Protected Funds account. If you sign the section on the commissary form or check the box on the kiosk forms authorizing purchase but do not have a Protected Funds account your order form will be returned to you unprocessed.

Beat the Flu 2019-2020

From: Health Services

Oregon SB488 requires Oregon Department of Corrections to offer flu vaccine to all AIC on an opt-out basis; meaning everyone will sign a consent form accepting or declining flu vaccine beginning flu season 2019-2020.

Why get YOUR flu shot?

- ◆ It decreases the chance of you getting flu and flu-related complications!
- ◆ It decreases your chance of getting FUTURE flu due to your immune systems 'memory' of the vaccine!
- ◆ It decreases the chance you will give the flu to someone!

Look for YOUR chance to manage YOUR health soon! Flu vaccine programs will begin in most institutions 10/1/19 and YOUR part will be needed to succeed to **Beat the flu in 2019-2020!**

Common Myth

Myth: The flu shot doesn't work – the media told us so last year

Fact: The flu vaccine attempts to cover as many strains of flu that are projected to be 'out' in a given year. A) the vaccine doesn't capture them all; B) the virus might be a slightly different 'flavor' than what the vaccine is for.

What it CAN DO IS:

1. It might prevent you from getting the actual flu during the 2019-2020 flu season if the vaccine works well;
2. It definitely can help prevent against bad complications if you do get the flu, likely you won't get as sick as someone who doesn't have a *built-in-immune response* to the flu; and
3. There is this weird thing call *immune archiving*. The immune system is like a computer in a way, it keeps data on vaccines that we have received and if a strain of flu comes around that we've been vaccinated against, the immune system will 'remember it' and try to fight it. Remember the big deal about the swine flu in 2009? It was expected to cause a major pandemic, but it didn't really because so many people had been vaccinated against that strain of flu earlier in their lives! So, the 'old vaccine' saved from the 'new flu'

Grievance Information

From: DOC

THE GRIEVANCE AND DISCRIMINATION COMPLAINT RULES ARE CHANGING; EFFECTIVE OCTOBER 13, 2018

Grievance Review System (AIC) 291-109
Discrimination Complaint Review System (AIC) 291-006

Please take the time to read the new rules in their entirety prior to filing a grievance or discrimination complaint. You are responsible for knowing the rules prior to submission.

Grievance Highlights

Grievance must now be received within 14 calendar days from the date of incident. Previously it was 30 days.

You will now receive your grievance response within 35 days from the time it was accepted. Previously it was 45 days.

You cannot have more than four active complaints (grievances, discrimination complaints or appeals of either) at any one time. Previously it was no more than 2

grievances submitted within a week or 6 total for the month.

If multiple staff or functional units are involved in a single incident, each should be included in a single grievance. You will only receive one response from the individual who is deemed most appropriate to answer by the Grievance Coordinator. Previously you had to file a separate grievance for each staff or functional units involved and you would receive a response from each one.

You cannot grieve the processing of or a response to a grievance, grievance appeal, discrimination complaints, discrimination complaint appeals or separate review processes. This is new and was never addressed in the old rule.

Grievances can be no longer than three pages in length and a grievance form must be used for each page. Only one sentence per line will be accepted.

You are only allowed to submit up to five pages of supporting documentation per grievance or grievance appeal.

Discrimination Complaint Highlights

Discrimination complaints must be received by the discrimination complaint coordinator within 14 days of the incident. Previously it was 30 days.

You will received a response within 70 days from date it was accepted. Previously it was 60 days.

You cannot have more than four active complaints (grievances, discrimination complaints or appeals of either) at any one time. Previously there was no limit on how many discrimination complaints could be filed at one time.

Discrimination complaints can be no longer than three pages in length and a discrimination complaint form must be used for each page. Only one sentence per line will be accepted.

You are only allowed to submit up to five pages of supporting documentation per grievance or grievance appeal.

A denied discrimination complaint is not subject to further review or appeal.

**THESE HIGHLIGHTS ARE NOT THE NEW
RULES IN THEIR ENTIRTY. YOU ARE
RESPONSIBLE FOR READING AND KNOWING
ALL PARTS TO THE NEW RULES.**

**THE NEW RULE WILL BE AFFECTIVE
OCTOBER 13, 2019. ALL GRIEVANCES AND**

**DISCRIMINATION COMPLAINTS RECEIVED
ON AND AFTER THIS DATE MUST COMPLY
WITH THE NEW RULES. THERE WILL BE NO
EXCEPTIONS!**

**You're braver than you believe, stronger
than you seem, and smarter than you
think.**

~Winnie the Pooh

**COUNTY AND US COURT
OBLIGATIONS INFORMATION**

From: DOC

Trust Account Statement Changes

AIC Financial Services has transitioned the way county and US court deferred fees will appear on the AIC Trust Account statement. County and US court obligations will now appear under a new section: fixed obligations. Additionally, there will be multiple account types designating the specific court(s) owed. For example, if an AIC has an obligation to Marion County, MARIC will be reflected on the trust account statement as a fixed obligation. If an AIC has an obligation to the US court in Oregon, ORUSIF or ORUSFF will appear under fixed obligations; these codes reflect deferred initial filing fees and regular filing fees for the US court.

Collection of County and US Court Debt

County court filing fees and initial US court filing fees will now be automatically collected at the end of the last business day of the calendar month and shall be applied to the AIC's court obligation.

Central Trust will manually collect 20% from the previous month's deposit multiplied by the number of US court cases. Collected obligations will be remitted to the applicable court.

Note: DOC has not implemented the collection of Court Ordered Financial Obligations in accordance with ORS 423.105, however when appropriate, these obligations will appear separately.

AICs may address questions regarding court debt collection to Central Trust.

Green Team

From: Ms. Fitts, Physical Plant

Oregon Business Magazine Editor, Kim Moore, visited CCCF to check out Roots of Success & interview AIC graduates & their Peer Educators. Following an initial tour, the writer K. Moore delved into the preparation taking place for each individual towards a professional life in the "green economy." The Environmental Literacy Program increases job opportunities, and an outreach across Oregon to business owners & leaders empowers AIC with

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professional letters sent by the Green Team to entice potential employers to consider the certified parolees for employment. Roots of Success can help **you** be more successful in the community you parole to too. Take advantage of this amazing opportunity to learn tools for a more successful future. If interested, kyte Ms. Fitts/Green Team for Roots of Success Classes.

If you participated in the 2019 Sustainability Carnival, you learned a lot about Reducing, Reusing, Recycling & Being Green! Take heed and put to action what you learned, our Earth & depends on it. We are responsible for our individual environmental-footprint. Raffle tickets were randomly drawn & awards distributed by the Green Team in Medium & Minimum, thank you for participating & enjoying a snow cone! We hope to see you next year & 'til then, be a good steward of the Earth, reduce, reuse & recycle.

Go Butterflies Go! The Taylor's Checkerspot Butterfly Team now measures the wings of adult female Butterflies for their data collection processes. Thanks to an in-depth training provided by Professional Oregon Zoo Butterfly Lab Techs from the Portland Zoo, AIC workers will continue to play a significant role in the scientific study of Butterfly, specifically repopulation efforts of threatened species.

This collaborative effort to nurture offspring and renew populations in protected habitats has done wonders for the Corvallis, Oregon area. The US Fish & Wildlife Services transport the baby butterflies while in the pupa stage, right before they grow a chrysalis cocoon. As the butterflies finish maturing in the natural environment, they then breed and lay eggs of their own. Filling their bellies with Plantago leaves to supply nutritional needs, they flutter away and help further butterfly activity in natural landscapes. You are part of all we do for Sustainability & the earth, thank you for all your support!

ATTENTION MOTHERS

From: CRU

Do you have a baby or toddler under five? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and

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Building an Inclusive Community

In the past Coffee Creek has been seen as a Women's Facility and Male Intake, and though it is true that the majority of the population here is female – it has become a more diverse group who is housed here. As people become more aware of gender identity, a conversation is needed to add awareness and compassion for other human beings.

When addressing large groups, being all inclusive is a habit we must all learn in order to become allies to our community, to help one another grow and become the best version of ourselves. Classifying a group as “Ladies,” “Guys” or any other gender biased term can be hurtful to those present who are not identifying as the gendered term used. To break this habit is not easy; however it is necessary in order to evolve.

Terms such as; “Folks”, “Everyone”, “Y'all” or my personal favorite “Gentlefolks” are great ways to be all inclusive when speaking to a group. It allows for those being addressed to be receptive to whatever announcement you are making. This allows for a safe environment, where people can focus on personal growth and discovery instead of focusing on not being seen, heard or respected.

You don't need to know every detail of a person's identity – only enough information that will allow you to speak to and about them respectfully. In times that you are unsure or meeting a new individual it is as easy as asking “How do you identify?” or “What pronoun do you use?”. This does two things; opens the dialogue for awareness and shows respect, openness and willing to see someone for who they are

Pronouns have become very important, and yet they are a topic that brings confusion. A pronoun is an identifying term. The four most common are: He/Him, She/Her, They/Them, and Zi/Zem. Something to keep in mind is this; as people grow and discover who they are, our language also evolves.

If someone says “*I am a Woman*” or “*I am a Man*” or “*I am _____*” please take that person seriously. Call people by their chosen name, pronouns and label. **Always**. Even if you are angry with them, even if they are total jerks, even if they're using gender-neutral pronouns that “sound weird” or “are hard to remember.” Yes; even when they are not around to hear. It's a respect thing.

Training your brain can be hard and as humans do, mistakes are bound to happen. The important thing is intention. The intention to try, to be respectful, to be accepting... While others transition into their identity, the people around them begin a transition as well; one where we adjust how we speak and think. That is not easy to do. What makes this task easier and/or more motivating is connection to the action. In an attempt to do that here are a couple different points of view to consider.

Edward Benton is a transmale, who is a trailblazer in the community, is an advocate for change and acceptance.

As a transgender, what do you need from your community to feel seen, respected and accepted?

“I appreciate people who use inclusive words and pronouns. Those who acknowledge me for who I am as a male, which means the pronouns He/Him, and will speak up when others misuse language to create awareness. I know that is difficult to do, so I appreciate those who make a point to be all inclusive. All I really ask is that people try.”

What's an appropriate way to open dialogue with you on the subjects of transgenders and diversity?

"Come to me and ask if I can talk about any questions that they have. I am willing to discuss almost anything that will help others become more aware or understanding. I also have boundaries that I will assert when it comes to personal questions that are not required for education on the subject, so please be mindful of that."

What do you want to share with your community?

"In the short time that I have been here, about 3 years, I feel the level of awareness has increased and I am happy the use of "Ladies" [and other gender-biased language] is diminishing. Our population is changing greatly and although change is hard I appreciate this community's response to the transgender individuals entering our community."

Lisa Peterson is a lifer here who is an ally to those around her. She is a firm believer in unconditional acceptance of others. Here are a couple questions I asked her on the topic.

What does being an ally to those in your community look like to you?

"Showing people respect, honoring choices by addressing individuals as they choose and treating everyone as my equal because we are all equals in this community"

What would you like to share with others in this facility?

"We should honor people by their choices, which include their chosen pronoun and identity, even if we disagree with that choice. Just because you don't agree with something doesn't mean you can't accept it. And everyone deserves to be accepted"

I want to thank you for taking the time to experience this article and opening your mind and heart. As a community we become stronger when we are compassionate, aware and accepting of those around us.

By Amanda Hancock

Winter Children's Event

WINTER CHILDREN'S EVENT 2019

MINIMUM –Children ONLY

SATURDAY, DECEMBER 7TH

8:30 - 10:30 am (Session One)

1:30 - 3:30 pm (Session Two)

MEDIUM – Children/Grandchildren

SUNDAY, DECEMBER 8TH

8:30 - 10:30 am (Session One)

1:30 - 3:30 pm (Session Two)

The Winter Children's Event is already here! Lifeskills have scheduled the Winter Children's Event for the dates and times above. The Event is a special opportunity for you to visit with your children and will include craft activities for you and your children to do together while enjoying some light snack. You may attend the event if you meet all of the following criteria.

- You have children age **17** and younger who are approved on your visiting list or approved for special visiting and will attend with a caregiver (who is also on your visiting list), **and**;
- You are incentive level **2** or **3**
- No Major DR's in the last **6** months.
- You must be off Intake status

*** Please Note – All children and grandchildren (Medium ONLY) must be your own. Other children (who are not yours) may be approved if they are living in the household in which your children are living and are too young to stay home alone. They must also be approved on your visiting list.**

- **You must meet these requirements by November 19th in order to qualify for the event.**

If you would like to participate in this event, please complete the attached form and send it to B.Roach so it is received no later than **Monday NOVEMBER 18th** . Late requests will not be processed, so act now!

If you are approved for this event, you will receive a notification with a list of guests who are also approved. You will be reasonable to notify your family if they have been approved or denied for this event. You will also be required to attend a pre-event meeting that will take place prior to the event. **Due to space limitations, we will be determining the number of caregivers allowed to come in based on the number of children that are approved for the event.**



Are you looking for a new job?

Are you an organized & hard-working individual?

Do you like to clean?

Are you respectful and responsible?

Are you looking for a way to help improve the Health Services environment?

CCCF is currently accepting applications for the Clinic Orderly position in Medium Health Services.

In order to be considered for this position you must:

- Be housed in the Medium facility
- Have 6 months clear conduct and no program failures in the last 6 months
- Must have at least one year remaining of your sentence
- Be physically able to lift with no medical restrictions.
- We are looking for individuals who communicate well with others, are self-motivated, detail oriented, complete tasks thoroughly and take pride in their work.

If you are interested in the Clinic Orderly position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services Nurse Manager and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants who meet the minimum qualifications will be scheduled and called out for an interview. Thanks for your interest.



support bonding and attachment between infants and toddlers and their incarcerated mothers.

Requirements:

- Child age from birth to Age 5
- Minimum or minimum eligible with gate clearance
- Child lives less than 60 minutes away
- Transportation to/from the school are Tuesday and Thursday 9:00am - 12:30pm

PREA INFORMATION

From: DOC

It is normal for people who experience sexual abuse to feel overwhelmed and have a lot of questions about what their options are. It is also important to remember no one deserves to be sexually abused. It is not your fault. Surviving and healing is possible.

Inmates who have experienced sexual abuse may reach a community-based advocate by dialing “711” from the inmate telephone system. Community-based advocates provide survivors of sexual abuse information about their options, resources, information and emotional support. Calls to “711” are confidential and free of charge.

Advocates role

- Provide over-the-phone confidential support and crisis intervention related to sexual abuse
- Talk with a survivor about their current and ongoing safety
- Explain reporting options available through PREA
- Support survivor at a sexual assault forensic medical examination
- Support survivor at an investigatory interview related to sexual abuse, as requested
- Educate/teach survivor coping skills for healing from sexual abuse
- Provide resources and referrals
- Provide follow-up support

An advocate’s role is

- Not make decisions or tell a survivor what to do
- Not tell a survivor whether or not to report
- Not investigate a crime
- Not provide legal advice
- Not be a survivor’s friend
- Not provide therapy
- Not communicate with the institution unless the survivor requests them to do so and only with a signed limited release of information

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report the sexual abuse unless you

request them to do so and if you sign a release of information.

Advocacy crisis lines are not a reporting hotline. If you wish to file a report, you may contact the Inspector General Hotline by dialing 9 on the inmate telephone system, writing an inmate communication, filing a grievance, or writing the Governor’s Office at State Capitol, Room 160, 900 Court Street, Salem, OR 97301.

DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters
3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

PREA Advocate Coordinator
Oregon Department of Corrections
2575 Center Street NE
Salem, OR 97301

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and is not to be used for other purposes. Contacting an advocate for anything other than services related directly to coping with sexual abuse takes away valuable resources for sexual assault survivors who need an advocate’s help. Telephone calls and mail to community-based advocacy centers are considered privileged/confidential communication and will be handled similar to legal calls/official mail.

You may reach your community-based advocate by dialing “711” from the inmate telephone, dialing their direct crisis line number, or sending written correspondence. Questions?- Kyte B. Roach Lead Life Skills Coordinator

CCCF	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
CRCI	Portland Women’s Crisis Line (PWCL) Advocacy Program PO Box 42610, Portland, OR 97242 1 (888) 235-5333
DRCI	Saving Grace 1004 NW Milwaukie Ave, Suite 100 Bend, OR 97701 1 (866) 504-8992
EOCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161

MCCF, OSCI, OSP SCI	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
PRCF	May Day 1834 Main St., Baker City, OR 97814 (541) 403-0291
SCCI	Women's Safety & Resource Center 1681 Newmark Ave., Coos Bay, OR 97420 1 (888) 793-5612
SRCI	Project Dove PO Box 980, Ontario, OR 97914 (208) 739-5061
SFFC	Tillamook Co. Women's Resource Center PO Box 187, Tillamook, OR 97141 1 (800) 992-1679
TRCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
WCCF	Lake County Crisis Center PO Box 774, Lakeview, Oregon 97630 1 (800) 338-7590

Center for Hope & Safety Trainings

From: Capt Wilson

Over the next several months, confidential victim services advocates from the Center for Hope & Safety will be providing trainings about Oppression, Domestic Violence, Sexual Assault, Human Trafficking, LGBTQ+ and Trauma & Healing. These trainings are intended for victims and survivors, family and support folks. All are welcome to attend.

The upcoming training that CHS advocates will lead is around **Domestic Violence**. Please join CHS advocates to learn about what domestic violence is, who it effects and what we can do about it.

WHAT: Domestic Violence

WHERE: Chapel, CCCF medium

WHEN: November 18, 10am-12pm

this event is an open callout

Future trainings to look forward to:

January 20 Sexual Assault

February 24 Trauma & Healing

March 16 Human Trafficking

April 16 LGBTQ+

CHS advocates are confidential. Dial 711 to speak with an advocate or write to us at:

Center for Hope & Safety
605 Center St NE
Salem OR 97301

The Center for Hope & Safety offers a safe refuge and supportive services for victims and survivors of domestic and sexual violence. Services are provided to survivors of any race, color, creed, disability, religious belief, status, gender presentation or sexual orientation. All services are free and confidential.

Weekend at the Movies

From: CRU

You may request any film be shown for a weekend movie; however, a film may only be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at each institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.

10/19/2019	After
10/20/2019	Pet Sematary
10/26/2019	The Dead Don't Die
10/27/2019	Goosebumps 2

MEDIUM BREW



ADL Help Wanted

From: Nurse Gordon

Are you looking for a new job? Are you a kind, caring, compassionate person? Are you looking for a way to help others and give back? Are you respectful and responsible?

CCCF is currently accepting applications for ADL Worker positions. Activities of daily living (ADL's) are day to day activities like walking or pushing a wheelchair, bathing, dressing, feeding, and toileting that some inmates may not be able to do on their own; they require assistance.

In order to be considered for this position you must be housed in the Medium facility, have 6 months clear conduct and no program failures in the last 6 months. You must also have at least one year remaining of your sentence, and be physically able to lift with no medical restrictions. We are looking for individuals who communicate well with others, are patient, and respect the need for confidentiality. If you are interested in an ADL Worker position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services Nurse Manager and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants who meet the minimum qualifications may be scheduled and called out for an interview. Thanks for your interest.

POSITIVE IMPROVEMENT COMMITTEE

From: Ms. Roach, Lifeskills

Are you interested in participating in a meaningful way and making your community a better place? Coffee Creek serves as your community during your incarceration, no matter how long you will be here. So, being a part of this committee is an opportunity to help shape what the community looks like, what it should represent and what it should feel like. We are currently looking to fill two open positions. If you are interested please send to PIC/ Life Skills and answer the following questions:

- What does representation look like to you?
- Why would you be a good representative for your community?
- What skill set do you have that would add to the work of a collaborative group?
- How would you use this position to contribute to your CCCF community?

Minimum Qualifications:

- Level 2 or 3
- Must be on medium side
- Reduction in level will cause a removal from the committee



MINIMUM BREW



OXFORD HOUSE PRESENTATION

From: Ms. Tabert

Oxford House Presentation
Monday 10/21/2019

Representatives from Oxford House are visiting Coffee Creek to discuss the following topics:

- What Oxford House is and how it operates
- Qualifications for living in an Oxford House and basic expectations
- How to apply for membership in an Oxford House
- Benefits of living in an Oxford House
- Move-in costs and average monthly EES (rent)
- Locations of Oxford Houses across the state
- Question & Answer Time

The presenters will also provide an overview of their personal stories with the Oxford House Program.

If you are less than 12 months to release and interested in learning more about this topic, please send a kyte to: C. Tabert, Transition Coordinator/Minimum Mailbox. Participation will be prioritized by release date; however, if you are not able to attend this session, your name will be placed on a waiting list to attend the next session. UPDATED, January 2019

SOAR PROGRAM FOR REENTRY

From: Ms. C. Tabert

Young Adults:

18-24

Currently on probation/parole

No sex crime convictions other than prostitution

Looking to complete Diploma/GED

Looking to complete a training program

Adults:

25 and up

Released from jail/prison within the last 180 days

Currently on probation/parole

No sex crime convictions other than prostitution

Looking to complete Diploma/GED

Looking to complete a training program

We offer incentives, support services, wrap around services and individualized case management. We follow the participants for 18 months of direct interaction. We have an in-house employment specialist to help participants find employment. We offer workshops and trainings on parenting, conflict resolution, resume and cover letter writing and soft skills/hard skill building for work readiness.

If you are interested in hearing from SOAR and/or signing up please Kyte Ms. C. Tabert in D17.

Al-Anon

From: Mr. Gentillon, Lifeskills

Did you grow up in a family where someone else's drinking affected your life? Do you tend to be more concerned about other people's needs than your own? Are you more interested in saving someone from their drinking than taking care of yourself?

If you answered yes to one or more of these questions, Al-Anon may help you make healthier choices. We are the friends and family members of Alcoholics. We have spent a lifetime trying to save those we love. In Al-Anon, we learn how to take care of ourselves, so that no matter what other people around us are doing, we can live a healing and healthy life. We are 70 years old, with meetings established in all states and most towns, and over 120 countries.

To come in and check us out, you will need to kyte life skills. We meet every Wednesday in minimum, D5, from 7 to 8:30 pm. We have literature and lots of understanding. What you share in Al-Anon meetings, remains Anonymous. Yes, even in prison. Hope to see you soon.

Cheryl F., Volunteer and grateful Al-Anon member!

MINIMUM RELIGIOUS SERVICES

From: Chaplain Al-Amin

Please check the Religious Services Calendar for the month in your dorm for a schedule of meeting times and dates for services