



Coffee Talk



Superintendent: Ms. P. Myers

Editor: Ms. A. Wheeler

November 21, 2019

You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose.

-Dr. Seuss

Canteen Product Change

From: DOC

Please note the vendor was unable to provide coffee pods and has substituted coffee singles in their place. The following change has been made to the commissary holiday form.

From:

Folgers Coffee Pods 3oz.12ct.

To:

Coffee bags, Folgers Singles 3oz.19ct.

VISITING APPLICATIONS

From Ms. Stehle, CRU

Once you have submitted an application, whether it was hand written or on the kiosk, please do not keep re-submitting applications for the same visitor. The process for a visitor application can take up to 6 to 8 weeks. Once the visitor is approved or denied, you will receive notification of the application status. Submitting more than one application per visitor is not productive and will not speed up the process.

VERY IMPORTANT LIBRARY NOTE

From: Ms. Wheeler, Library Services

Every year, Coffee Creek holds a Toy Drive, benefiting the Marine Corps Toys for Tots Foundation.

How can you help? From Nov 20 to Dec 15, encourage your visitors to bring new, unwrapped toys suitable for children ages 0-12 to be donated! Collection barrels will be located in both the medium and minimum facilities. You can also help by donating any amount of money to the Toy Drive through the kiosks and the tablets.

Thank you in advance for your help in making this year's Toy Drive a huge success and benefiting children in our community.

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Beat the Flu 2019-2020

From: Health Services

Oregon SB488 requires Oregon Department of Corrections to offer flu vaccine to all AIC on an opt-out basis; meaning everyone will sign a consent form accepting or declining flu vaccine beginning flu season 2019-2020.

Why get YOUR flu shot?

- ◆ It decreases the chance of you getting flu and flu-related complications!
- ◆ It decreases your chance of getting FUTURE flu due to your immune systems 'memory' of the vaccine!
- ◆ It decreases the chance you will give the flu to someone!

Look for YOUR chance to manage YOUR health soon! Flu vaccine programs will begin in most institutions 10/1/19 and YOUR part will be needed to succeed to **Beat the flu in 2019-2020!**

Common Myth

Myth: The flu shot doesn't work – the media told us so last year

Fact: The flu vaccine attempts to cover as many strains of flu that are projected to be 'out' in a given year. A) the vaccine doesn't capture them all; B) the virus might be a slightly different 'flavor' than what the vaccine is for.

What it CAN DO IS:

1. It might prevent you from getting the actual flu during the 2019-2020 flu season if the vaccine works well;
2. It definitely can help prevent against bad complications if you do get the flu, likely you won't get as sick as someone who doesn't have a *built-in-immune response* to the flu; and
3. There is this weird thing call **immune archiving**. The immune system is like a computer in a way, it keeps data on vaccines that we have received and if a strain of flu comes around that we've been vaccinated against, the immune system will 'remember it' and try to fight it. Remember the big deal about the swine flu in 2009? It was expected to cause a major pandemic, but it didn't really because so many people had been vaccinated

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against that strain of flu earlier in their lives! So, the 'old vaccine' saved from the 'new flu'

Recalled Pharmaceuticals

From: DOC

There has been a number of recalls from pharmaceutical manufacturers as of late. We thought it best to address this issue as many of you may have questions on this topic.

The federal Food and Drug Administration (FDA) has the authority to recall any pharmaceuticals that they believe could pose a health risk to patients taking the affected medications. Voluntary recalls can be done by the pharmaceutical manufacturers as well.

There are various levels of recalls the FDA can make depending on the severity of the risk.

- If it is minor, such as unclear lot number on a stock bottle of medication, they may recall the medications from the manufacturer itself, or perhaps even to the level of the wholesaler.
- If the severity is greater, such as a measurement being slightly incorrect, they may recall the medications from the pharmacies that purchased the medication from the wholesaler, as well as the wholesaler and manufacturer themselves.
- If the risk is severe enough that it would pose a health risk for patients, then the FDA will instruct pharmacies to contact patients and inform the patients of the issue and to have the medication returned. This highest level of recall pulls the medication from patient, pharmacy, wholesaler and manufacturer.

As things stand right now, the FDA has not ordered a recall recently on any medication that we obtain from manufacturers that entails recalling medications to the level of the patient. If such an occurrence were to happen, the pharmacies would reach out to the institutions with lists of those patients who we would like to inform. You would then be contacted.

Caring for our patients is of high priority, and dealing professionally with recalls is an element of the care we provide.

You're braver than you believe, stronger than you seem, and smarter than you think.

~Winnie the Pooh

Green Team

From: Ms. Fitts, Physical Plant

Ordering New Shoes? Make sure to give your old "kicks" new life by recycling through the Property Room. Old shower shoes & tennis shoes are shipped to Florida from CDC, the Central Distribution Center, to be reused in a biodegradable manner with "Shoes for a Cure." This year CCCF contributed 2,500 lbs. of a total 9,130 lbs donated from Oregon's Correctional Facilities so far. Great Job ladies! The eco-friendly business will salvage what they can in an effort to provide relief for families displaced from natural disasters around the world who need shoes; many more are broken down & upcycled into new items.

Did you know water towers save energy? Their elevated position allows gravity to do most of the work, without energy draining pumps. Water towers typically supply a day's worth of H₂O for a surrounding town, not hot water though. Individual homes & businesses have to heat their own hot-water tanks & boilers. While CCCF does use large energy-efficient boilers, heating a facility this size & its water varies month to month due to Oregon weather patterns & population growth. Practicing water & energy savings throughout your day will assist needs both now & in the future. Thank you for all you do to help out!

DOC Water Challenges against AIC Men facilities have come to a close and winners will be announced soon for 2019. Please continue to be mindful of usage & help save energy & water to protect the earth & look out for friends, families & future generations. Practice ZERO Waste now to help you save on future bills & join us in earth-friendly habits by reducing, reusing & recycling responsibly. Together, we could make all the difference in the world!

Have you heard about Roots of Success yet? The popular class is an eye-opener with great insight & knowledgeable Peer-Educators who make the time fly! Check your calendars and drop a kyte to Ms. Fitts/Green Team to get on the waiting list. Don't miss out on the certified Environmental Literacy Program; Roots of Success Classes will start again soon.

DMV Call Center — DMV Call Center
DMV * STAR * Agent

(Star to Agent Recognition)

Please join the Coffee Creek DMV Team in congratulating this quarter's * STAR * employee!

This award is given to an exemplary DMV/Coffee Creek agent who has met the criteria set forth by the STAR Committee. The STAR Committee consist of four phone agents, who were nominated then voted upon by their peers, one DMV Technical Specialist staff member, and final oversight provided by the DMV Center Manager. This committee meets quarterly to review the award processes, making recommendations or improvements as needed, and prepare for the next STAR agent. The initial eligibility criteria is based upon: customer service excellence, performance stats, attendance, team participation, team cohesiveness, co-worker observations and the consistent display of values associated with integrity, honesty and professionalism.

Our 2019 3rd Quarter STAR Agent

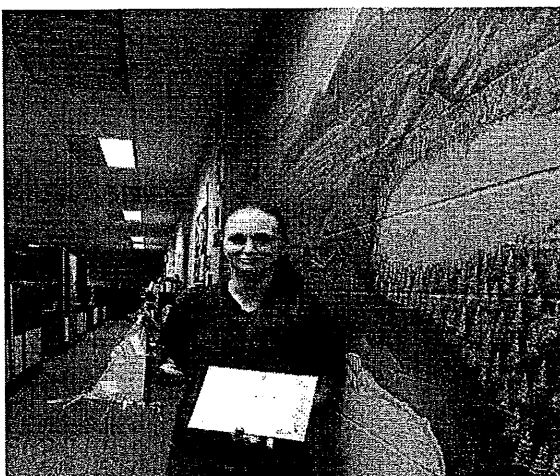
Is...

Morgan Larson

Morgan has shown herself to be an outstanding employee who goes above and beyond normal DMV excellency standards. She is a goal-oriented team player who is always willing to help out and encourage her fellow agents. She consistently demonstrates outstanding "soft skills" on the phone and in person with her fellow peers. She is diligent with the task of delivering accurate and complete DMV information to every customer throughout each day.

A fun fact Morgan would like her community here at DMV Coffee Creek to know about her is she happens to be the only red head in her family. Some short-term goals of hers are to help those around her succeed as she has and to encourage them to continue in efforts related to fulfilling their own goals. Morgan would like to encourage her fellow peers by saying, "Nothing is impossible, the word itself says 'I'm possible,' believe in yourself." Her favorite quote is, "Though no one can go back and make a brand new start, anyone can start from now and make a brand new beginning." ~Carl Bard

Great job and congratulations, Morgan!



~ DMV Coffee Creek Manager, Ms. Mathews

From the Administrative Rules Program:

Below is the list of status changes made to DOC administrative rules since 10/20/19.

PROPOSED RULES:

291-013 Use of Force

- Amends the rules to implement statutory language changes and to align with current practices and equipment.
- Last Day for comment: 12/31/19

291-041 Searches

- Amends the rules to implement statutory language changes and amends rule language to align with OAR 291-210.
- Last day to provide comments: 12/30/19

291-105 Prohibited Conduct and Processing Disciplinary Actions

- Amends the rules to implement statutory language changes and to clarify rule language to provide for easier understanding of the rules and processes.
- Last day to provide comments: 12/31/19

291-124 Health Services (AIC)

- Amends the rules to implement statutory language changes and to establish procedures for AICs to obtain audiograms and hearing aids.
- Last day to provide comments: 12/31/19

Rulemaking comments must be provided to the DOC Rules Coordinator in writing. Communications submitted should be limited to providing comments on only one division/topic per communication. Do not include multiple divisions/topics in one communication, they will be returned. DOC rules are available for review and copies in the inmate law library.



MEMORANDUM

DATE: November 18, 2019
TO: All DOC Adults in Custody
FROM: Michael F. Gower, Assistant Director of Operations Division
SUBJECT: 2019 Holiday Debt Collection Suspension

- The 2019 holiday buying period runs Sunday, December 1, 2019, through Friday, January 3, 2020.
- Spending limits will be doubled during the holiday buying period.
- **If you are INDEBTED to the Department of Corrections, read this:** Debt will be collected through **Wednesday, November 27, 2019**, prior to the beginning of the holiday buying period. DOC is exercising the discretion of the Assistant Director of Operations, according to Trust Rule 291-158-0065 to designate November 27, 2019, as the last business day of the month, prior to the holiday buying period.
- During the holiday buying period, Central Trust will not collect existing DOC debt. However, non-DOC debt, such as court fees and garnishment orders, will be collected during the buying period - as well as fines associated with new disciplinary sanctions that are applied to your trust account.
- During the holiday buying period, AICs who are indebted to DOC may only spend funds posted to their account for postage, copies, institution club activities, and commissary items.
- If you are indebted, Central Trust will not process CD-28s to send out funds.
- At the conclusion of the holiday buying period, any funds remaining in accounts of indebted inmates will be collected and applied to their debt.
- Transitional Savings deductions will remain in effect according to ORS 423.105 (SB) 844 during this time.
- If you do not have a Protected Funds Account but sign the section on the Commissary Form or check the box on the Kiosk Form authorizing a purchase, your order will be returned to you unprocessed. For those who have a Protected Funds Account, you have received a letter from Central Trust. If you have not received a letter, then you do not have a Protected Funds Account.

ATTENTION MOTHERS

From: CRU

Do you have a baby or toddler under five? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and support bonding and attachment between infants and toddlers and their incarcerated mothers.

Requirements:

Child age from birth to Age 5

Minimum or minimum eligible with gate clearance

Child lives less than 60 minutes away

Transportation to/from the school are Tuesday and Thursday 9:00am - 12:30pm

PREA INFORMATION

From: DOC

It is normal for people who experience sexual abuse to feel overwhelmed and have a lot of questions about what their options are. It is also important to remember no one deserves to be sexually abused. It is not your fault. Surviving and healing is possible.

Inmates who have experienced sexual abuse may reach a community-based advocate by dialing "711" from the inmate telephone system. Community-based advocates provide survivors of sexual abuse information about their options, resources, information and emotional support. Calls to "711" are confidential and free of charge.

Advocates role

- Provide over-the-phone confidential support and crisis intervention related to sexual abuse
- Talk with a survivor about their current and ongoing safety
- Explain reporting options available through PREA
- Support survivor at a sexual assault forensic medical examination
- Support survivor at an investigatory interview related to sexual abuse, as requested
- Educate/teach survivor coping skills for healing from sexual abuse

- Provide resources and referrals
- Provide follow-up support

An advocate's role is

- Not make decisions or tell a survivor what to do
- Not tell a survivor whether or not to report
- Not investigate a crime
- Not provide legal advice
- Not be a survivor's friend
- Not provide therapy
- Not communicate with the institution unless the survivor requests them to do so and only with a signed limited release of information

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report the sexual abuse unless you request them to do so and if you sign a release of information.

Advocacy crisis lines are not a reporting hotline. If you wish to file a report, you may contact the Inspector General Hotline by dialing 9 on the inmate telephone system, writing an inmate communication, filing a grievance, or writing the Governor's Office at State Capitol, Room 160, 900 Court Street, Salem, OR 97301.

DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters
3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

PREA Advocate Coordinator
Oregon Department of Corrections
2575 Center Street NE
Salem, OR 97301

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and is not to be used for other purposes. Contacting an advocate for anything other than services related directly to coping with sexual abuse takes away valuable resources for sexual assault survivors who need an advocate's help. Telephone calls and mail to community-based advocacy centers are considered privileged/confidential communication and will be handled similar to legal calls/official mail.

You may reach your community-based advocate by dialing "711" from the inmate telephone, dialing their direct crisis line number, or sending written correspondence. Questions?- Kyte B. Roach Lead Life Skills Coordinator

CCCF	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
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CRCI	Portland Women's Crisis Line (PWCL) Advocacy Program PO Box 42610, Portland, OR 97242 1 (888) 235-5333
DRCI	Saving Grace 1004 NW Milwaukee Ave, Suite 100 Bend, OR 97701 1 (866) 504-8992
EOCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
MCCF, OSCI, OSP SCI	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
PRCF	May Day 1834 Main St., Baker City, OR 97814 (541) 403-0291
SCCI	Women's Safety & Resource Center 1681 Newmark Ave., Coos Bay, OR 97420 1 (888) 793-5612
SRCI	Project Dove PO Box 980, Ontario, OR 97914 (208) 739-5061
SFFC	Tillamook Co. Women's Resource Center PO Box 187, Tillamook, OR 97141 1 (800) 992-1679
TRCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
WCCF	Lake County Crisis Center PO Box 774, Lakeview, Oregon 97630 1 (800) 338-7590

Center for Hope & Safety Trainings

From: Capt Wilson

Over the next several months, confidential victim services advocates from the Center for Hope & Safety will be providing trainings about Oppression, Domestic Violence, Sexual Assault, Human Trafficking, LGBTQ+ and Trauma & Healing. These trainings are intended for victims and survivors, family and support folks. All are welcome to attend.

The upcoming training that CHS advocates will lead is around **Domestic Violence**. Please join CHS advocates to learn about what domestic violence is, who it effects and what we can do about it.

WHAT: Domestic Violence
WHERE: Chapel, CCCF medium

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WHEN: November 18, 10am-12pm
this event is an open callout

Future trainings to look forward to:
January 20 Sexual Assault
February 24 Trauma & Healing
March 16 Human Trafficking
April 16 LGBTQ+

CHS advocates are confidential. Dial 711 to speak with an advocate or write to us at:

Center for Hope & Safety
605 Center St NE
Salem OR 97301

The Center for Hope & Safety offers a safe refuge and supportive services for victims and survivors of domestic and sexual violence. Services are provided to survivors of any race, color, creed, disability, religious belief, status, gender presentation or sexual orientation. All services are free and confidential.

Weekend at the Movies

From: CRU

You may request any film be shown for a weekend movie; however, a film may only be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined. Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at each institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

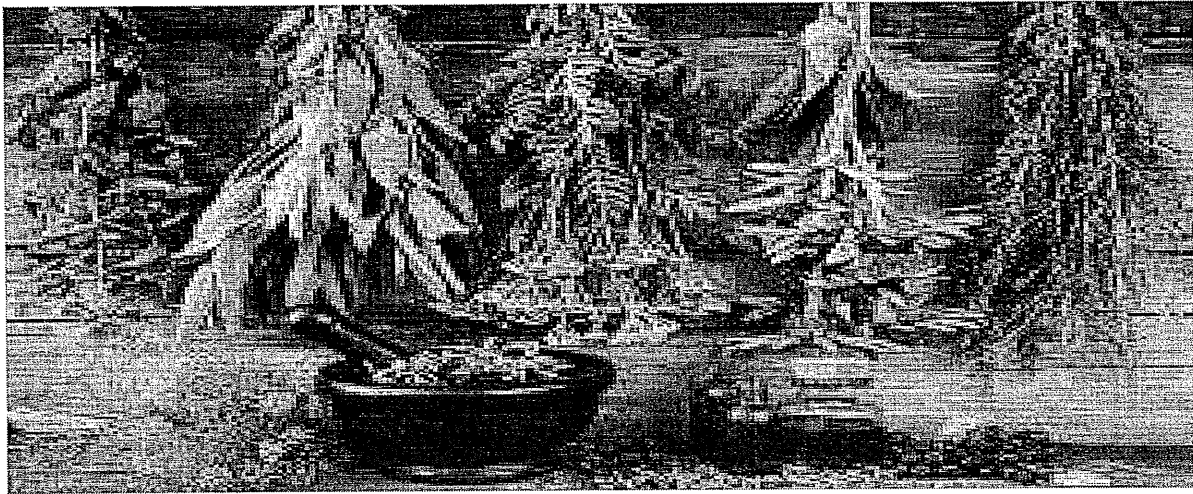
I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.

11/23/19	Rocketman
11/24/19	US
11/28/19	Superfly
11/30/19	Long Shot
12/1/19	Gold Pursuit

Herbs for Medicine Market Lecture on 12/11/19

The sixth lecture in the 2019 lecture series is being facilitated through the Institute for Applied Ecology, Growing Gardens/Lettuce Grow and the Sustainability Office.

Herbalist and owner of Flying Dogheart Farms, Letty Martinez, will give a presentation on Indigenous and other medicinal plants, healing, and pathways to employment in the field. As an herbal practitioner and business owner, Letty will discuss professional herbalist training programs, making and selling small batch organic beauty products, wellness jobs in retail markets, and other possibilities for growing, producing, and using plants as medicine.



There will be a focus on five herbs easily found and cultivated in our region:

- Rosemary
- Yarrow
- Mint
- Plantago
- Lavender

Date: 12/11/19

Time: 9:00 am in Medium

Place: Chapel

Those interested in attending this presentation can send a kyte to Denise Gardiner by 12/5/19.



Are you looking for a new job?

Are you an hard-working individual?

Do you like to clean?

Are you respectful and responsible?

Are you looking for a way to help improve the Health Services environment?

CCCF is currently accepting applications for the Clinic Orderly position in Medium Health Services. This position will be limited to 2 years.

In order to be considered for this position you must:

- Be housed in the Medium facility
- Have 6 months clear conduct and no program failures in the last 6 months
- Must have at least one year remaining of your sentence
- Be physically able to lift with no medical restrictions.
- We are looking for individuals who communicate well with others, are self-motivated, detail oriented, complete tasks thoroughly and take pride in their work.

If you are interested in the Clinic Orderly position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants who meet the minimum qualifications will be scheduled and called out for an interview. Thanks for your interest.





Are you looking for a new job?

Are you a kind, caring, compassionate person?

Are you looking for a way to help others and give back?

Are you respectful and responsible?

CCCF is currently accepting applications for ADL Worker positions. Activities of Daily Living (ADL's) are day to day activities like walking or pushing a wheelchair, bathing, dressing, feeding, and toileting that some inmates may not be able to do on their own; they require assistance.

In order to be considered for this position you must be:

- Housed in the Medium facility
- Have 6 months clear conduct and no program failures in the last 6 months.
- Have at least 1 year remaining of your sentence
- Be physically able to lift with no medical restrictions.

We are looking for individuals who communicate well with others, are patient, and respect the need for confidentiality. PRAS points begin at 12/day & may increase up to 16 based on worker performance over a 1 year period. If you are interested in an ADL Worker position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services Nurse Manager and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants who meet the minimum qualifications will be scheduled and called out for an interview. Thanks for your interest.





MEDIUM BREW



Religious Services

From: Chaplain Brault

Silent Meditation Time in the Chapel. Mondays 9:00-9:30am. Sign up to attend.

Thank you!

POSITIVE IMPROVEMENT COMMITTEE

From: Ms. Roach, Lifeskills

Are you interested in participating in a meaningful way and making your community a better place? Coffee Creek serves as your community during your incarceration, no matter how long you will be here. So, being a part of this committee is an opportunity to help shape what the community looks like, what it should represent and what it should feel like. We are currently looking to fill two open positions. If you are interested please send to PIC/ Life Skills and answer the following questions:

- What does representation look like to you?
- Why would you be a good representative for your community?
- What skill set do you have that would add to the work of a collaborative group?
- How would you use this position to contribute to your CCCF community?

Minimum Qualifications:

- Level 2 or 3
- Must be on medium side
- Reduction in level will cause a removal from the committee



MINIMUM BREW



OXFORD HOUSE PRESENTATION

From: Ms. Tabert

Oxford House Presentation
Monday 12/11/19

Representatives from Oxford House are visiting Coffee Creek to discuss the following topics:

- What Oxford House is and how it operates
- Qualifications for living in an Oxford

House and basic expectations

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- How to apply for membership in an Oxford House
- Benefits of living in an Oxford House
- Move-in costs and average monthly EES (rent)
- Locations of Oxford Houses across the state
- Question & Answer Time

The presenters will also provide an overview of their personal stories with the Oxford House Program.

If you are less than 12 months to release and interested in learning more about this topic, please send a kyte to: C. Tabert, Transition Coordinator/Minimum Mailbox. Participation will be prioritized by release date; however, if you are not able to attend this session, your name will be placed on a waiting list to attend the next session.

UPDATED, January 2019

SOAR PROGRAM FOR REENTRY

From: Ms. C. Tabert

Young Adults:
18-24

Currently on probation/parole
No sex crime convictions other than prostitution
Looking to complete Diploma/GED
Looking to complete a training program

Adults:

25 and up
Released from jail/prison within the last 180 days
Currently on probation/parole
No sex crime convictions other than prostitution
Looking to complete Diploma/GED
Looking to complete a training program
We offer incentives, support services, wrap around services and individualized case management. We follow the participants for 18 months of direct interaction. We have an in-house employment specialist to help participants find employment. We offer workshops and trainings on parenting, conflict resolution, resume and cover letter writing and soft skills/hard skill building for work readiness.

If you are interested in hearing from SOAR and/or signing up please Kyte Ms. C. Tabert in D17.

Dave Ramsey Financial Peace University

From: Ms. C. Tabert

The class will be offered as a "Self-study" course with participants meeting for 9 consecutive weeks to view the DVDs.

The nine-week class will cover:

\$ Saving money

- \$ Relating with money
- \$ Cash flow planning
- \$ How to reduce and eliminate financial debt
- \$ The power and influence of marketing
- \$ The role of insurance
- \$ Retirement and college planning
- \$ Real estate and mortgages
- Charitable giving

FPU classes meet for 1 hour on Saturday afternoons from 1-2pm.

Kyte C. Tabert in D17 if you wish to participate.

MINIMUM RELIGIOUS SERVICES

From: Chaplain Al-Amin

Please check the Religious Services Calendar for the month in your dorm for a schedule of meeting times and dates for services