

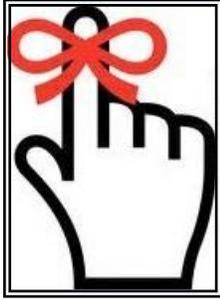


Warner Creek Trails

P.O. Box 1500, 20654 Rabbit Hill Rd., Lakeview, OR 97630

Volume 17 Issue 12

December 2019



DATES TO REMEMBER

December 11
Christmas Concert
7 to 9 pm

December 24
Candlelight Service
7 to 9 pm

WINNING WORDS:

“Outcome is not in your control. What’s in your control is your effort and your intentions.”

– Amit Sood



Late dawn. Early sunset. Short day. Long night. For us in the Northern Hemisphere, the December solstice marks the longest night and shortest day of the year. Meanwhile, on the day of the December solstice, the Southern Hemisphere has its longest day and shortest night. The 2019 December solstice takes place on Sunday, December 22 at 4:19 UTC (That’s December 21 at 9:19 p.m. PST).

No matter where you live on Earth’s globe, a solstice is your signal to celebrate.

When is the solstice? The solstice happens at the same instant for all of us, everywhere on Earth. In 2019, the December solstice comes on December 21 at 10:19 p.m. PST. It’s when the sun on our sky’s dome reaches its farthest southward point for the year. At this solstice, the Northern Hemisphere has its shortest day and longest night of the year.

What is a solstice? The earliest people on Earth knew that the sun’s path across the sky, the length of daylight, and the location of the sunrise and sunset all shifted in a regular way throughout the year. They built monuments such as Stonehenge in England – or, for example, at Machu Picchu in Peru – to follow the sun’s yearly progress.

But we today see the solstice differently. We can picture it from the vantage point of space. Today, we know that the solstice is an astronomical event, caused by Earth’s tilt on its axis and its motion in orbit around the sun.

Because Earth doesn’t orbit upright, but is instead tilted on its axis by 23 1/2 degrees, Earth’s Northern and Southern Hemispheres trade places in receiving the sun’s light and warmth most directly. The tilt of the Earth – not our distance from the sun – is what causes winter and summer. At the December solstice, the Northern Hemisphere is leaning most away from the sun for the year.

At the December solstice, Earth is positioned in its orbit so that the sun stays below the North Pole horizon. As seen from 23 1/2 degrees south of the equator, at the imaginary line encircling the globe known as the Tropic of Capricorn, the sun shines directly overhead at noon. This is as far south as the sun ever gets. All locations south of the equator have day lengths greater than 12 hours at the December solstice. Meanwhile, all locations north of the equator have day lengths less than 12 hours.

For us on the northern part of Earth, the shortest day comes at the solstice. After the winter solstice, the days get longer, and the nights shorter. It’s a seasonal shift that nearly everyone notices.

Where should I look to see signs of the solstice in nature? Everywhere.

For all of Earth’s creatures, nothing is so fundamental as the length of daylight. After all, the sun is the ultimate source of all light and warmth on Earth.

If you live in the Northern Hemisphere, you can notice the late dawns and early sunsets, and the low arc of the sun across the sky each day. You might notice how low the sun appears in the sky at local noon. And be sure to look at your noontime shadow. Around the time of the December solstice, it’s your longest noontime shadow of the year.



Education Testing Dates

GED Ready: December 3rd GED Official: December 4th

-And-

GED Ready: December 17th GED Official: December 18th

Education Updates

- Education Photo Opportunities are back up and running for students.
- Education Library has added more books.

New Books Added: 11/19/19

Star Trek: The Final Reflection	Ford, John M.	20.214.30.050
Star Trek: Mindshadow	Dillard, J.M.	20.214.30.051
Star Trek: The Cry of the Onlies	Klass, Judy	20.214.30.052
Star Trek: The Lost Years	Dillard, J.M.	20.214.30.053
Star Trek: Child of Two Worlds	Cox, Greg	20.214.30.054
Star Trek: The Latter Fire	Swallow, James	20.214.30.055

A green Christmas tree with a yellow star on top, decorated with colorful ornaments and lights. The text "HAPPY HOLIDAYS FROM ALL OF US IN THE EDUCATION DEPARTMENT!" is written in bold, black, capital letters across the tree.

**HAPPY HOLIDAYS
FROM ALL OF US IN
THE
EDUCATION
DEPARTMENT!**

WCCF / TVCC EDUCATION DEPARTMENT

If you are interested in taking a correspondence course, credit or non-credit, please contact the Education Department to make an appointment to discuss courses and complete WCCF's required paperwork and to receive security and counselor approval. Without prior approval, you risk losing any funds you invest as well as not receiving your study materials.

You must be able to pay for your coursework up front. An approved visitor is allowed to make payments for you. DOC does not allow AICs to participate in payment plans for these courses.

Credit Vs. Non-Credit

- **Career diploma schools offer certificates in various vocational areas, but you do not earn college credits through them.**
- **College credits can be earned through accredited college correspondence courses.**

No federal financial aid is available for these courses while you are incarcerated.

CAREER DIPLOMA SCHOOLS (VOCATIONAL COURSES,
NON-CREDIT)

BLACKSTONE CAREER INSTITUTE
PO Box 3717
ALLENTOWN, PA 18106

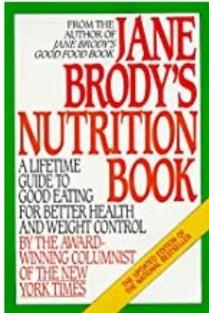
STRATFORD CAREER INSTITUTE
1 CHAMPLAIN COMMONS, UNIT 3
P.O. Box 1560
SAINT ALBANS, VT 05478-5560

College Correspondence for Credit

Adams State College
Extended Studies
208 Edgemont Blvd.
Alamosa, CO 81102

Ohio University
Independent & Distance Learning
Program for the Incarcerated
Haning Hall 222
Athens, OH 45701-2979

Education Library Book of the Month



By Jane Brody:
Nutrition Book
15.111.00.007

If you are like most people, you probably aren't sure what is and what is not good for you and your family to eat. Now, in her comprehensive, accessible, landmark bestseller, Jane Brody, the award-winning personal health columnist for *The New York Times* answers all your urgent questions about nutrition:

- Are your eating habits hazardous to your health?
- Is fast food junk food?
- Do we really need vitamin supplements?
- What is the truth about cholesterol?
- Are all food additives harmful?
- Are health foods really healthful?

Please note the vendor was unable to provide coffee pods and has substituted coffee singles in their place. The following change has been made to the commissary holiday form.

From:

Folgers Coffee Pods 3oz.12ct.

To:

Coffee bags, Folgers Singles 3oz.19ct.

**Thank you,
Commissary**

From the Administrative Rules Program

Below is the list of status changes made to DOC administrative rules since 10/20/19.

PROPOSED RULES:

291-013 Use of Force

- Amends the rules to implement statutory language changes and to align with current practices and equipment.
- Last Day for comment: 12/31/19

291-041 Searches

- Amends the rules to implement statutory language changes and amends rule language to align with OAR 291-210.
- Last day to provide comments: 12/30/19

291-105 Prohibited Conduct and Processing Disciplinary Actions

- Amends the rules to implement statutory language changes and to clarify rule language to provide for easier understanding of the rules and processes.
- Last day to provide comments: 12/31/19

291-124 Health Services (AIC)

- Amends the rules to implement statutory language changes and to establish procedures for AICs to obtain audiograms and hearing aids.
- Last day to provide comments: 12/31/19

Rulemaking comments must be provided to the DOC Rules Coordinator in writing. Communications submitted should be limited to providing comments on only one division/topic per communication. Do not include multiple divisions/topics in one communication, they will be returned. DOC rules are available for review and copies in the inmate law library.



MEMORANDUM

DATE: November 18, 2019
TO: All DOC Adults in Custody
FROM: Michael F. Gower, Assistant Director of Operations Division
SUBJECT: 2019 Holiday Debt Collection Suspension

- The 2019 holiday buying period runs Sunday, December 1, 2019, through Friday, January 3, 2020.
- Spending limits will be doubled during the holiday buying period.
- **If you are INDEBTED to the Department of Corrections, read this:** Debt will be collected through Wednesday, November 27, 2019, prior to the beginning of the holiday buying period. DOC is exercising the discretion of the Assistant Director of Operations, according to Trust Rule 291-158-0065 to designate November 27, 2019, as the last business day of the month, prior to the holiday buying period.
- During the holiday buying period, Central Trust will not collect existing DOC debt. However, non-DOC debt, such as court fees and garnishment orders, will be collected during the buying period - as well as fines associated with new disciplinary sanctions that are applied to your trust account.
- During the holiday buying period, AICs who are indebted to DOC may only spend funds posted to their account for postage, copies, institution club activities, and commissary items.
- If you are indebted, Central Trust will not process CD-28s to send out funds.
- At the conclusion of the holiday buying period, any funds remaining in accounts of indebted inmates will be collected and applied to their debt.
- Transitional Savings deductions will remain in effect according to ORS 423.105 (SB) 844 during this time.
- If you do not have a Protected Funds Account but sign the section on the Commissary Form or check the box on the Kiosk Form authorizing a purchase, your order will be returned to you unprocessed. For those who have a Protected Funds Account, you have received a letter from Central Trust. If you have not received a letter, then you do not have a Protected Funds Account.

ART CONTEST

INDIGENT ENVELOPES



Congratulations to Rodney Roberts, winner of the Activities Committee Art Contest .

Great Job!!

If you have not accumulated the cost of five postage paid envelopes (for less than one ounce) in your trust account in the previous month (\$3.20), you can request to be issued five postage paid envelopes from WCCF. Requests are to be made on an Inmate Communication Form (kyte) addressed to Ms. Adams in the Business Office at least one week prior to the end of the month.

If approved, a kyte will be sent back with the five postage paid envelopes along with a receipt. My workload is the deciding factor on when they are sent out, but it is my goal to have the indigent envelopes issued as close to the first of the month as possible. You will be required to sign for receipt of the envelopes. Put the signed receipt in the dining hall mailbox to be returned to Ms. Adams. Your envelopes will be issued between the 1st and 10th of each month. Only one issue of indigent envelopes will be made per inmate per month. You must make a new request for the five postage paid envelopes each month on the 25th of the month.

If you are an inmate just arriving at WCCF, and you meet indigent requirements, send a kyte to Ms. Adams requesting envelopes. Your kyte must state that you just arrived at WCCF and are indigent. Otherwise your request will be held for processing on the dates noted in the previous paragraph. If you meet indigent criteria, I will issue you five (5) postage paid envelopes right away. Your next indigent envelope request will not be processed until the 26th of the following month.

If you are housed in segregation and qualify for indigent envelopes, you may request them via kyte. The envelopes will be delivered by a staff member and you must sign for them. Staff will return the signed receipt to the Business Office.

If you have made a canteen purchase during the previous month, or have had a deposit into your trust account that is equal to the cost of five postage paid envelopes, your request for indigent envelopes will be denied.

Violations may result in confiscation, delayed mail and/or disciplinary action.

Thank you,

Ms. Adams, General Services OSII
Business Office



SODA COUPONS

Please do not fold or crease the soda coupons if you can avoid it. Folding and putting them in your pocket degrades coupons and prohibits them from working in the machines. Please be mindful of their treatment. Thank you for your cooperation in this matter.

Ms. Carpenter - General Services



Sudoku Monster

(From the Oregonian.)

Complete the grid so that every row, column, and 4x4 box contains a 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, A, B, C, D, E, and F.
 This one is rated at a 2 out of 5 difficulty.

C				3	B	6			E	D		9		4	
	E						9	F	A	7	B		3		6
2	9				7	4	E		6	C	3		A		0
6						C			9		2				
				9	3		B	8		5	7	D	6	E	
0			6									7			B
		1			F			D		B		3		9	
		9			6	8		1			F		0	5	2
D	8	5		2			C		3	A			F		
	B		7		8		6			4			1		
4			2									5			3
	6	A	C	4	9		5	2		F	D				
				C		9			D						7
A		8		0	D	B		E	F	1				3	9
7		D		1	E	5	A	B						0	
	C		5		2	F			7	9	4				D

