



## Security

### Prison Rape Elimination Act

#### Questions and Answers

Here are the most asked questions when it comes to PREA:

1. How can I report a PREA allegation?

Answer: You can report an allegation to any staff member, the OIC, PREA grievance, PREA hotline, inmate communication and by third party.

2. If I use the PREA hotline or advocacy hotline are my calls confidential.

Answer: Yes, once you enter your pin number and press 9 for the PREA hotline or 711 to talk to a

victim advocate, the phone system will not record the conversation or log that the number was called.

3. What is the buzzer sound I hear in all housing blocks, units and infirmary?

Answer: That buzzer sound is to make all inmates aware that a staff member of the opposite gender has entered the area.

4. Is there a resource outside of the institution I can talk to about PREA confidentially?

Answer: Yes, the Center for Hope and Safety is an advocacy group that is there for you 24/7.

The role of the advocate is to –

- Amplify the victim's voice
- Redirect victim blaming
- Provide emotional support
- Explain options for reporting
- Help victim process decision (not guide, recommend or suggest what is right)
- Provide resources and referrals
- Sit through forensic exam / investigatory interview if desired by the victim.
- Support family and friends of the victim

You can reach the advocate by dialing 711. The calls are confidential, not logged or recorded.

#### Single Cell Housing

All requests for **Single Cell Housing** must come through the Group Living Captain.

BHS and medical staff input, as well as facility needs, will be taken into account when deciding who to place into the single cells that become available.

Single cell housing priority will be:

1. Medical concerns
2. BHS concerns
3. Administrative concerns
4. Inmate convenience move requests

Once an inmate is housed in a single cell, if a higher priority placement concern occurs, the inmate may be removed. Issues with inmate conduct may result in removal from a single cell.

/s/ C. Borden, Security

## Activities

### Bullet Journal Resources

Have you ever heard of bullet journaling? The 7<sup>th</sup> Step recently had a guest speaker share insights from *The Bullet Journal Method* by Ryder Carroll. The Bullet Journal Method is for anyone struggling to find their place in the digital age. It will help you get organized by providing simple tools and techniques that can inject clarity, direction, and focus into your days. The club has printed resources for those of you who are interested or simply missed out this last round of offerings. Send your request to 7<sup>th</sup> Step and place it in the WHITE activities box at the bottom of the stairs to get your copy.

/s/ C. McFadden, Activities



## Miscellaneous

### Preventing Tooth Decay

Good dental hygiene is the first step in preventing tooth decay. Brush your teeth twice a day with fluoride-containing toothpaste and clean between your teeth once a day with an interdental cleaner. Limit snacking and sipping on drinks high in sugar or acids.

More and more products are becoming available to help treat and prevent tooth decay. Why wait for a cavity to develop? Send an inmate communication to Dental for an annual cleaning and a thorough examination, as well as to stay on top of these new techniques to improve your oral health.

/s/ C. Coffey, Health Services

## Chapel

### Later-day Saints Christmas Choir

The Church of Jesus Christ of Latter-day Saints invites you to our 32<sup>nd</sup> annual OSP Christmas choir program on **Saturday morning, December 14, 2019, at 8:00 a.m.** in the Chapel. A wonderful group of choir members will come in and sing for us. They also lead a Christmas carol sing-along. If you would like to attend, please send an inmate communication to the Chapel.

/s/ K. Thompson, Chapel

## Chapel Schedule

### SATURDAY, December 14

**8:00 a.m.** Native American Ceremony  
Jehovah's Witness Study  
Latter Day Saints  
Jewish Service

**11:30 a.m.** Native American Ceremony

**1:00 p.m.** Seventh Day Adventist Service  
Sunni Muslim Study  
Worship Practice

**6:00 p.m.** Calvary Chapel

### SUNDAY, December 15

**8:00 a.m.** Spanish Protestant Service  
Jehovah's Witness Spanish  
Russian Baptist

**1:00 p.m.** Catholic Mass  
Jewish Study  
Wicca Outside

**2:00 p.m.** Asatru Outside

**6:00 p.m.** Latter Day Saints Study  
Lutheran  
Urantia

### MONDAY, December 16

**1:00 a.m.** Spanish Catholic

**6:00 p.m.** Restorative Justice

### TUESDAY, December 17

**1:00 p.m.** Russian Bible  
Lifeline  
Torah Men  
Quaker Friends

**6:00 p.m.** Prison Fellowship Discipleship  
Catholic Study  
Non-Violent Communication Practice  
Buddhist Service

### WEDNESDAY, December 18

**8:00 a.m.** OSP Choir Practice

**1:00 p.m.** Seventh Day Adventist Study  
Life Support  
Orthodox Christianity

**6:00 p.m.** Celebrate Recovery  
Indigenous Circle

### THURSDAY, December 19

**8:00 a.m.** Thresholds  
Jehovah's Witness Service  
Jehovah's Witness Spanish

**1:00 p.m.** TUMI ☹

**6:00 p.m.** Spanish Non-Violent Communication  
Christian Journaling  
Celebrate Recovery ☹

### FRIDAY, December 20

**1:00 p.m.** Nation of Islam  
Sunni Jum'ah Prayer  
United Pentecostal Study

☹ = Service is full or restricted. Add requests are not being accepted at this time.

☹ = Service has a waiting list. Submit a request to be placed on waiting list.