



Coffee Talk



Superintendent: Ms. P. Myers

Editor: Ms. A. Wheeler

April 2, 2020

Re*Membering

From Ms. LaCarney, CRM

Re*Membering, Legal Services for Incarcerated People

We are not accepting new requests for assistance at this time. We will be accepting new requests later this year. We will make announcements in Coffee Talk to keep you posted.

Unfortunately, because of the large number of requests for services that we have already received and our limited resources, we are suspending taking more requests for assistance at this time until we have worked through our current, very long, wait list.

We are very sorry about this. We are a new program and are doing our best to figure out how to serve you all well and manage the high demand for our assistance.

We sincerely apologize for any disappointment this news creates for you.

Please also look for announcements in Coffee Talk for future group education sessions that we will be organizing to provide you with information about common legal issues that we are being asked to help with.

Note: We are not the law library.

STTL Information

From: Ms. LaCarney, CRM

- The Department of Corrections is operating the STTL program as usual. There have been no changes to approval criteria or processes.
- One of the key criteria for STTL participation is approved housing.
- All AICs releasing to a personal address (non-shelter or transition bed), should see no interruption in their release to STTL, provided the address is approved.
- A few counties are experiencing a sharp decline in the availability of shelter/transitional/subsidy housing beds as their housing providers are

attempting to manage social distancing to prevent the spread of the virus. This includes attempts to operate at 50% capacity and not accepting new intakes. This impacts STTL as the AIC must have an approved address prior to release.

- If you have been previously approved for STTL and you were planning to release to shelter/transitional/subsidy housing, YOUR STTL MAY BE CANCELED. You will be notified as soon as DOC receives word of the cancellation. Please do not ask for someone to see if your STTL will be canceled. We will not know until the county notifies us.

This is a very fluid and changing situation for all of us. DOC is committed to keeping impacted staff and AICs apprised of changes as they occur.

Masks

From DOC

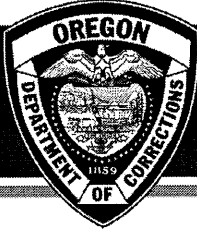
In the coming weeks, DOC will be offering each adult in custody two (2) utility masks made of 100% cotton. The mask is designed to reduce the number of droplets expelled from a person's cough or sneeze. These masks are for barrier and comfort – NOT for medical use. It is important to note these masks will NOT take the place of appropriate personal protective equipment (PPE) for those with, or in close contact with, COVID-19. Distribution of other PPE will be determined by Health Services in all locations.

Individuals will be responsible for cleaning their own masks. Thorough washing with soap and hot water and completely drying is sufficient for personal use of these masks.

Property Pick-Up

From Capt. Bruns

Due to the restriction of visiting, until further notice, visitors will not be allowed to pick up property. The property that is already waiting to be picked up, will be given an extra grace period to be picked up once the visiting restriction is lifted. We will not be placing any more property to be picked up to include life skills packages being sent out.



OREGON DEPARTMENT OF CORRECTIONS

VISITING SERVICES STILL PROCESSING APPLICATIONS – APPLY TODAY!

Following the State of Emergency issued in response to the novel coronavirus (COVID-19) in Oregon, visitation has been suspended at all Department of Corrections (DOC) institutions. **However, DOC's Visiting Services remains open and working hard to process visiting applications for you and your loved ones.**

Waiting to submit applications until visitation has resumed could result in a delay. **Now is the time to get applications submitted.**

- Encourage family and friends to submit online applications.
- You may also submit applications directly to the Visitor and Volunteer Services Unit for processing.

We recognize the importance of family connections and are working hard to ensure applications are being processed in a timely manner.

J. Ferguson, Visiting and Volunteer Services Manager

Commissary News

To help manage through the Covid-19 crisis and ensure all locations receive commissary weekly, we are moving to a modified commissary operations. Beginning April 13, all AICs are limited to 30 line selections, per order, per week. Special Housing will continue ordering every other week with current limits. If you order more than 30 line selections, commissary will stop processing the order after 30 selections are processed from your list. Please note that all spending limits will remain the same. These limits are located at the top of each commissary order form.

Envelopes, batteries, soda coupons and soup count as one item regardless of how many you order, everything else counts as one item each.

For example:

If you purchase 30 envelopes, that counts as 1 item.

If you purchase 15 soda coupons, that counts as 1 item.

If you purchase 8 AAA batteries, that counts as 1 item.

If you purchase 25 soups, that counts as 1 item.

If you purchase 2 Tasters Choice coffee, that counts as 2 items.

If you purchase 3 CA Nacho Chips, that counts as 3 items.

If you purchase 2 Close Up toothpastes, that counts as 2 items.

**Thank you,
Commissary**

PRAS Update

From: Ms. Yonally, IWP

With the modification of DOC operations (visiting and work crew cancellations), we are committed to ensure AICS have limited negative impacts regarding PRAS points and awards. Therefore, it was decided to continue awarding PRAS for all program/work assignments that have been shut down as a result of the interruption in our operations. This includes treatment, outside work crews, education and eye glass or any other pointed programs.

Please note: If the AIC work assignment is not providing regular work at this time, they may be reassigned to another job.

Beat the Flu 2019-2020

From: Health Services

BEAT THE FLU 2019-2020!!!

Oregon SB488 requires Oregon Department of Corrections to offer flu vaccine to all AIC on an opt-out basis; meaning everyone will sign a consent form accepting or declining flu vaccine beginning flu season 2019-2020.

Why get YOUR flu shot?

- ◆ It decreases the chance of you getting flu and flu-related complications!
- ◆ It decreases your chance of getting FUTURE flu due to your immune systems 'memory' of the vaccine!
- ◆ It decreases the chance you will give the flu to someone!

Look for YOUR chance to manage YOUR health soon! Flu vaccine programs will begin in most institutions 10/1/19 and YOUR part will be needed to succeed to **Beat the flu in 2019-2020!**

Common Myth

Myth: Vaccines are bad for you, they cause things like Autism

Fact: There are no studies showing the causal nature of vaccines-in-and-of-themselves to **cause any** chronic or debilitating conditions.

COVID-19

From DOC

As you may be aware, state health officials has announced positive cases of novel coronavirus (COVID-19) in Oregon (**none** within a Department of Corrections facility). It's understandable you may have questions and concerns about this situation. We want to assure you DOC is taking appropriate precautions to protect employees, contractors, visitors, and all adults in custody.

What can YOU do?

- Wash your hands often with soap and water **for at least 20 seconds**, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay in your cell or housing unit when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect your personal area frequently.

So, what are the FACTS? (from the Centers for Disease Control and Prevention)

- There is presently no vaccine for COVID-19.
- There is no specific-antiviral cure for COVID-19.
- Symptom relief, close medical monitoring, and standard precautions are the standard-of-care.
- The coronavirus is spread through the air by coughing and sneezing, touching an object or surface with the virus on it, then touching your mouth, nose, or eyes.

As with any health condition, **YOU** are the best person to take care of **YOUR** health!

If you think you may have been exposed to COVID-19, please contact Health Services immediately.

Birth Certificates and Social Security Cards

From DOC

Many already know how important it is to have your birth certificate and social security card, but it worth repeating, and even "kyting" about. Aside from the benefits of having your birth certificate while you're still inside, both pieces of identification are essential to your success after release because they are needed to get a job, open a bank account or cash a check, and apply for state or military benefits.

As you approach release, if the DOC does not have a birth certificate or social security card on file for you and if you may be eligible to receive one provided by the DOC, you will receive a kyte from the institution records office. Those approaching age 65 will also be sent a kyte if the DOC does not have a birth certificate on record. The kyte will tell you which piece of identification is missing and give you the means to start the application process. Just fill in the information, and forward the kyte to your institution records office. It's as simple as that.

NOTE: To eliminate duplications that could delay your application process, please complete and return only one each of the birth certificate and social security card kyte forms.

Green Team

From: Ms. Fitts, Physical Plant

Did you see the surprise snow a couple weeks ago? Covering the ground like wool, the frost scattered yards with a fresh, clean view; followed by wind driving the rain to saturate the earth. Take a look around, can it be, climate change!?! Change for the earth's sake, Reduce, Reuse & Recycle today, tomorrow & in the years to come...

Shortly after the snow, Checkerspot pupae & larvae were released in Corvallis—after a brief stay in Oregon's Portland Zoo Butterfly Lab for 7 days—by USFWS. Hundreds of Taylor's Checkerspot are now softly fluttering under the warm sunshine, eating wild plantagos, mating & laying eggs! Several factors were taken into account before transport times were determined for the caterpillars. Dependent upon current conditions, weather, temperature, ground freeze, acceptable food sources, etc., the endangered Checkerspot were released into an optimal environment for proliferation. The AIC Lab Techs who work with the butterfly are part of the environmental commitment to reestablish ecosystems in the Northwest & surrounding areas. Interested in learning more? **Sign up for future "Roots of Success" classes.** Drop a kyte to Ms. Fitts expressing your interest.

Amid the nationwide call to Stay Healthy, keep focused on eco-friendly habits to promote Clean Air, Water Supplies & Food Quality which all depend upon planetary health. For instance, when food waste decomposes in oxygen-deprived landfills, it emits noxious methane gas 56 times the amount of CO₂. Infecting air quality, greenhouse gases emitted from landfills across the states are equal to 37 million cars polluting major highways each year. Thankfully, San Francisco diverts 80% of their food waste after starting "mandatory organics recycling" back in 2009, Seattle followed suit with a similar program and now prevents 60% of food waste from entering landfills. Places like Oregon & New York have a ways to go, but education systems have taken note & are helping redirect the next generation. For now, CCCF has already begun collecting food waste & will work towards proper separation for a smooth pick-up by Waste Management trucks. Minimum has had the most success thus far, but it's only a matter of time.

The CDC Recycle Center shipped out 44,000 lbs. of denim to be upcycled into Ultra-Touch wall insulation. Since 2014, we have helped prevent 545,722 lbs. of fabric from entering waste sites and expanding landfills. Ultra-Touch wall insulation, produced by **Blue Jeans Go Green**, is utilized in **Habitat for Humanity's Housing Program**. Habitat for Humanity is well known for its excellent service to families getting back on their feet. Please join our conscientious fight against waste, every little bit matters!

ATTENTION MOTHERS

From: CRU

Do you have a baby or toddler under five? Want seven hours a week parenting your child?

Early Head Start offers a bi-weekly opportunity for incarcerated mothers and their children to strengthen their relationship and to preserve the bond of attachment while separated. Mothers gain hands-on parenting experience while their children learn through play and exploration.

Early Head Start is a national program established in 1995 to promote healthy prenatal outcomes, enhance the development of infants and toddlers, and promote healthy family functioning. The mission of the Early Head Start program at Coffee Creek is to promote, strengthen and support bonding and attachment between infants and toddlers and their incarcerated mothers.

Requirements:

Child age from birth to Age 5

Minimum or minimum eligible with gate clearance

Child lives less than 60 minutes away

Transportation to/from the school are Tuesday and Thursday 9:00am - 12:30pm

PREA INFORMATION

From: DOC

It is normal for people who experience sexual abuse to feel overwhelmed and have a lot of questions about what their options are. It is also important to remember no one deserves to be sexually abused. It is not your fault. Surviving and healing is possible.

Inmates who have experienced sexual abuse may reach a community-based advocate by dialing "711" from the inmate telephone system. Community-based advocates provide survivors of sexual abuse information about their options, resources, information and emotional support. Calls to "711" are confidential and free of charge.

Advocates role

- Provide over-the-phone confidential support and crisis intervention related to sexual abuse
- Talk with a survivor about their current and ongoing safety
- Explain reporting options available through PREA
- Support survivor at a sexual assault forensic medical examination
- Support survivor at an investigatory interview related to sexual abuse, as requested
- Educate/teach survivor coping skills for healing from sexual abuse
- Provide resources and referrals

- Provide follow-up support

An advocate's role is

- Not make decisions or tell a survivor what to do
- Not tell a survivor whether or not to report
- Not investigate a crime
- Not provide legal advice
- Not be a survivor's friend
- Not provide therapy
- Not communicate with the institution unless the survivor requests them to do so and only with a signed limited release of information

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report the sexual abuse unless you request them to do so and if you sign a release of information.

Advocacy crisis lines are not a reporting hotline. If you wish to file a report, you may contact the Inspector General Hotline by dialing 9 on the inmate telephone system, writing an inmate communication, filing a grievance, or writing the Governor's Office at State Capitol, Room 160, 900 Court Street, Salem, OR 97301.

DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters
3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

PREA Advocate Coordinator
Oregon Department of Corrections
2575 Center Street NE
Salem, OR 97301

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and is not to be used for other purposes. Contacting an advocate for anything other than services related directly to coping with sexual abuse takes away valuable resources for sexual assault survivors who need an advocate's help. Telephone calls and mail to community-based advocacy centers are considered privileged/confidential communication and will be handled similar to legal calls/official mail.

You may reach your community-based advocate by dialing "711" from the inmate telephone, dialing their direct crisis line number, or sending written correspondence.

CCCF	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
CRCI	Portland Women's Crisis Line (PWCL) Advocacy Program PO Box 42610, Portland, OR 97242 1 (888) 235-5333

DRCI	Saving Grace 1004 NW Milwaukee Ave, Suite 100 Bend, OR 97701 1 (866) 504-8992
EOCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
MCCF, OSCI, OSP SCI	Center for Hope and Safety (CHS) 605 Center St. NE, Salem, OR 97301 1 (866) 399-7722
PRCF	May Day 1834 Main St., Baker City, OR 97814 (541) 403-0291
SCCI	Women's Safety & Resource Center 1681 Newmark Ave., Coos Bay, OR 97420 1 (888) 793-5612
SRCI	Project Dove PO Box 980, Ontario, OR 97914 (208) 739-5061
SFFC	Tillamook Co. Women's Resource Center PO Box 187, Tillamook, OR 97141 1 (800) 992-1679
TRCI	Domestic Violence Services (DVS) PO Box 152, Pendleton, OR 97801 1 (800) 833-1161
WCCF	Lake County Crisis Center PO Box 774, Lakeview, Oregon 97630 1 (800) 338-7590

CHS advocates are confidential. Dial 711 to speak with an advocate or write to us at:

Center for Hope & Safety
605 Center St NE
Salem OR 97301

The Center for Hope & Safety offers a safe refuge and supportive services for victims and survivors of domestic and sexual violence. Services are provided to survivors of any race, color, creed, disability, religious belief, status, gender presentation or sexual orientation. All services are free and confidential.

Center for Hope & Safety Trainings

From: Capt Wilson

Over the next several months, confidential victim services advocates from the Center for Hope & Safety will be providing trainings about Oppression, Domestic Violence, Sexual Assault, Human Trafficking, LGBTQ+ and Trauma & Healing. These trainings are intended for victims and

survivors, family and support folks. All are welcome to attend.

The upcoming training that CHS advocates will lead is around **Domestic Violence**. Please join CHS advocates to learn about what domestic violence is, who it effects and what we can do about it.

Future trainings to look forward to:
March 16 Human Trafficking
April 16 LGBTQ+

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Weekend at the Movies

From: CRU

You may request any film be shown for a weekend movie; however, a film may only be shown as long as it meets the DOC's movie criteria as well as copyright rules (Swank).

Due to the volume of requests received, I am unable to respond and will be adding the movie requested to the list of movies that need to have eligibility determined.

Remember, there are several factors that have to be considered when selecting the movies, and these factors vary at each institution. This means that just because a movie was shown at another Institution it may not meet criteria to be shown here. The movie selection process is subject to change without notice.

I will try to ensure there is a combination of movie genre and release date for those being shown. Please remember that there are many residents here at Coffee Creek with many different tastes in movies.

4/4/2020	Playing With Fire (PG13)
4/5/2020	IT: Chapter 2 (R)
4/11/2020	Last Christmas (PG13)
4/12/2020	Terminator: Dark Fate (R)



MEDIUM BREW



ADL Worker Wanted

From: Nurse Gordon

Are you looking for a new job? Are you a kind, caring, compassionate person? Are you looking for a way to help others and give back? Are you respectful and responsible? CCCF is currently accepting applications for ADL Worker positions. Activities of daily living (ADL's) are day to day activities like walking or pushing a wheelchair, bathing, dressing, feeding, and toileting that some inmates may not be able to do on their own; they require assistance.

In order to be considered for this position you must be housed in the Medium facility, have 6 months clear conduct and no program failures in the last 6 months. You must also have at least one year remaining of your sentence, and be physically able to lift with no medical restrictions. We are looking for individuals who communicate well with others, are patient, and respect the need for confidentiality. If you are interested in an ADL Worker position, pick up and complete an Inmate Work Application on your unit. Address your completed application to Health Services Nurse Manager and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Inmate Work Programs (IWP). Applicants who meet the minimum qualifications may be scheduled and called out for an interview. Thanks for your interest.



MINIMUM BREW



SOAR PROGRAM FOR REENTRY

From: Ms. C. Tabert

Young Adults:

18-24

Currently on probation/parole

No sex crime convictions other than prostitution

Looking to complete Diploma/GED

Looking to complete a training program

Adults:

25 and up

Released from jail/prison within the last 180 days

Currently on probation/parole

No sex crime convictions other than prostitution

Looking to complete Diploma/GED

Looking to complete a training program

We offer incentives, support services, wrap around services and individualized case management. We follow the participants for 18 months of direct interaction. We have an in-house employment specialist to help participants find employment. We offer workshops and trainings on parenting,

conflict resolution, resume and cover letter writing and soft skills/hard skill building for work readiness.

If you are interested in hearing from SOAR and/or signing up please Kyte Ms. C. Tabert in D17.

Dave Ramsey Financial Peace University

From: Ms. C. Tabert

The class will be offered as a "Self-study" course with participants meeting for 9 consecutive weeks to view the DVDs.

The nine-week class will cover:

- \$ Saving money
- \$ Relating with money
- \$ Cash flow planning
- \$ How to reduce and eliminate financial debt
- \$ The power and influence of marketing
- \$ The role of insurance
- \$ Retirement and college planning
- \$ Real estate and mortgages
- Charitable giving

FPU classes meet for 1 hour on Saturday afternoons from 1-2pm.

Kyte C. Tabert in D17 if you wish to participate.

MINIMUM RELIGIOUS SERVICES

From: Chaplain Al-Amin

Please check the Religious Services Calendar for the month in your dorm for a schedule of meeting times and dates for services

READING

IMPROVES
CONCENTRATION

REDUCES STRESS
BY 68%

DEVELOPS STRONG
ANALYTICAL
SKILLS

INCREASES
VERBAL
INTELLIGENCE

EXPANDS
VOCABULARY

IMPROVES
EMPATHY

ENHANCES
LEARNING
CAPACITY

BOOSTS
MEMORY