



Security

Prison Rape Elimination Act

Questions and Answers

Here are the most asked questions when it comes to PREA:

1. How can I report a PREA allegation?

Answer: You can report an allegation to any staff member, the OIC, PREA grievance, PREA hotline, inmate communication and by third party.

2. If I use the PREA hotline or advocacy hotline are my calls confidential.

Answer: Yes, once you enter your pin number and press 9 for the PREA hotline or 711 to talk to a victim advocate, the phone system will not record the conversation or log that the number was called.

3. What is the buzzer sound I hear in all housing blocks, units and infirmary?

Answer: That buzzer sound is to make all inmates aware that a staff member of the opposite gender has entered the area.

4. Is there a resource outside of the institution I can talk to about PREA confidentially?

Answer: Yes, the Center for Hope and Safety is an advocacy group that is there for you 24/7.

The role of the advocate is to –

- Amplify the victim's voice
- Redirect victim blaming
- Provide emotional support
- Explain options for reporting
- Help victim process decision (not guide, recommend or suggest what is right)
- Provide resources and referrals
- Sit through forensic exam / investigatory interview if desired by the victim.
- Support family and friends of the victim

You can reach the advocate by dialing 711. The calls are confidential, not logged or recorded.

Single Cell Housing

All requests for **Single Cell Housing** must come through the Group Living Captain.

BHS and medical staff input, as well as facility needs, will be taken into account when deciding who to place into the single cells that become available.

Single cell housing priority will be:

1. Medical concerns
2. BHS concerns
3. Administrative concerns
4. Inmate convenience move requests

Once an inmate is housed in a single cell, if a higher priority placement concern occurs, the inmate may be removed. Issues with inmate conduct may result in removal from a single cell.

/s/ C. Borden, Security

Visiting

Unfortunately, we report that visiting **remains closed statewide until further notice** with the continued rise in COVID-19 cases. DOC knows how important contact with family and friends is, and we encourage you to use other communication like letters, phone calls, and video interactive phone (VIP) calls.

DOC is preparing for visiting to reopen as soon as possible with new visiting procedures, thorough screening processes, and social distancing methods. This will eventually allow for families to visit, while still maintaining safety for the adults in custody, our staff, and our communities. Unfortunately, we do not have any tentative date.

DOC has recently enhanced face covering requirements for DOC staff and will be supplying additional masks to AICs. As soon as masks are available for all AICs, masks will be required whenever six feet of distance cannot be maintained. We know face coverings are an essential tool in reducing the spread of COVID-19.

When each facility can safely do so, visiting will reopen. We will make public announcements as soon as possible to help visitors plan.

/s/ G. Russell, DOC Agency Operations Ctr.

Activities

Netflix and Your Movie Library

As a reminder, the renewal of your Netflix account is due soon, and in order to maintain this account the TV Room needs your generous donations of any amount to keep your Netflix rental continuing. The Netflix queue is a way for us to subsidize those days where your newly purchased movies are not being played. Having the Netflix queue allows us to view newly released DVD's that are not available for purchase under Swank. Again, this account is fully funded solely by your generous donations, and only together can we keep this up and running!

/s/ J. Rodriguez, Activities

Miscellaneous

The University of Oregon Prison Education Program

The PEP offers educational opportunities in Oregon prisons for both campus-based and incarcerated students. In addition to credit-bearing courses, the PEP provides faculty lectures, academic and advising workshops, common readings, and prison club/campus club activities at OSP and OSCI each term, and has regular but fewer activities at CRCI, and has done some exploratory work at CCCF. The PEP also has regular book drives on campus to collect books that are donated to the prisons. While the majority of our programming is conducted in English, we have held a number of bi-lingual and Spanish-only activities, and have provided reading material in Spanish to OSP, OSCI, and DRCI

Our program is interdisciplinary, with contributing faculty in Geography, Sociology, Political Science, Anthropology, English, Ethnic Studies, Environmental Studies, Math, East Asian Languages and Literature, Planning Public Policy and Management, and the College of Education.

If interested, send an inmate communication to:
Ms. Norton, DOC Education & Training Unit, OSCI Res #1, and she will send you the application form.

Class Announcement: Fall 2020 – OSP
University of Oregon Prison Education Program
Curriculum offered through biweekly packet work
September 20 – December 10, 2020.

Note: both of these classes are "readings/correspondence" courses and will not meet in person. Readings and essay prompts will be sent to you, and you will be responsible for mailing your work to the OSP mailroom to Attn: Janet Norton, DOC Education & Training Office. All school work will be turned over to U of O.

- Four (4) University of Oregon Credits
- Prerequisite: These are both advanced classes, so some college writing experience is advised. A GED/High School diploma is required
- \$50 to participate Payment due October 1, 2020, via CD – 28, check, or phone-in credit card
- Applications for classes are due August 27th Space is limited, but we welcome new and returning students

Race and Ethnicity and the Law **Professor: Dr. M. Hames-García** **ES 452/552**

This course satisfies an upper-division ES elective requirement for Ethnic Studies majors and minors and also counts toward the General Social Science major with a focus in Crime, Law, and Society. This class will focus on forms of social control in the United States. We will consider developments such as community policing and big data policing in cities like New York and Chicago and the history of policing in Baltimore and Los Angeles. We will also look at the role of policing internationally, at the U.S. border, and in colonial spaces like Puerto Rico. Of particular interest will be the relationships between policing agencies and communities of color.

Available as an undergraduate or graduate-level course (Graduate course costs \$75 and requires a verified undergraduate degree)

Tolstoy's Short and Later Fiction **Professor: Dr. S. Shankman** **CAS 407/507**

Leo Tolstoy (1828-1910) is one of the greatest and most influential masters of the novel. The Russian literary classics of the nineteenth century, including the fiction of Tolstoy, made a profound impression on Emmanuel Levinas (1906-1995), perhaps the greatest modern philosopher on the nature of ethical obligation and its relation to what it means to be human. You will carefully read and analyze Tolstoy's shorter fiction as well as his final, posthumously published last novel, *Hadji Murád*, paying special attention to what Tolstoy's fiction has to say about ethics understood in

The University of Oregon Prison Education Program (cont.)

Levinas's sense: my inescapable responsibility for a unique and irreplaceable other. The other required reading is Levinas's *Ethics and Infinity* and we will look for connections between Tolstoy's fiction and Levinas's thought. Students must have experience with both Russian literature and philosophy, as this advanced class assumes familiarity with these topics.

Available as an undergraduate or graduate-level course (Graduate course costs \$75 and requires a verified undergraduate degree)

/s/ J. Norton, Education, Training, & Treatment Mgr.

Miscellaneous

ICH Unit Peer Companion Position Announcement

We believe that inmates who have proven to be successful in the prison community can provide a valuable resource to peers within that community. By listening to and mentoring peers who are struggling with various disabilities, Peer Companions can help teach them how to more effectively and productively manage their own responses to their environment.

Mental Health Special Housing is now hiring Peer Companions for several positions on the Intermediate Care Housing (ICH) unit. Individuals selected for these positions will report to the ICH unit, yard, or treatment lounge for their shifts. We are looking for motivated, responsible individuals who have the willingness to work with both our elderly and special needs population. It is important for Unit Peer Companion candidates to behave in a manner that is respectful, safe, confidential, and honest; modeling patience, respectful communication, and the following of all institution rules.

ICH Unit Peer Companions will have specific shifts and are responsible for assisting unit staff, QMHP's and treatment staff in ensuring that identified inmates housed on the ICH are getting their basic and daily needs met, which helps to improve their functioning and improve their overall quality of life while incarcerated.

Duties may also include escorting individuals to appointments, assisting individuals in groups, guiding or accompanying individuals who have difficulty walking or who are resistant to engaging in activities outside of their cells to activities in the day room, treatment lounge, or out for ICH yard time.

Please submit an application kyte to Shela Hartley, ICH QMHP if you are interested. Applications will be accepted until all positions are full. To be eligible, you must be an incentive Level 3 and have clear conduct for at least one year, it is preferred that you have one years left on your sentence.

/s/ Shela Hartley, ICH

Chapel

October Weddings

Due to the continued suspension of visiting in the ODOC statewide there will be no October weddings this year. We are sorry for the inconvenience and look forward to seeing you in April of 2021.

/s/ K. Thompson, Chapel

Weekly Quote

"No one can make you feel inferior without your consent."

– **Eleanor Roosevelt**



PRISON EDUCATION PROGRAM

UNIVERSITY OF OREGON

Inside Student Scholarship Announcement SUMMER 2020

The University of Oregon's Prison Education Program (PEP) is announcing scholarship funds for new and continuing students. Two scholarships will be awarded -- one for new students who have taken fewer than two UO Inside-Out or other UO courses and one for "continuing" students who have taken two or more UO PEP classes.

Each scholarship will cover the full tuition for one class through the UO PEP in the coming year. ***Receiving a scholarship does not guarantee admission to a specific class.***

Interested applicants should submit the application below by **August 27th**. Please attach additional paper as needed.

Mail to:

Janet Norton
DOC Education Office
OSCI, Res 1
Salem, OR 97310

Name:

Applying for: New student scholarship **OR** Continuing student scholarship

Please list any previous UO PEP classes you have taken, including UO correspondence courses. If you have taken more than four, please give the total number and list the first two and most recent two classes you took.

Please write a short statement (20-150 words) about how this scholarship will help you to pursue your educational (or other) goals. If financial need is a motivation for you, please speak to that in your response.

Short Essay:

Please attach a brief (300-500 word) essay about your observations of the impact of education for people who are incarcerated. (Essay may be typed or handwritten)

OREGON DEPARTMENT OF CORRECTIONS - Spring-Summer 2020 Calorie Report Menu (Week 4)

MONDAY 8/10/2020	TUESDAY 8/11/2020	WEDNESDAY 8/12/2020	THURSDAY 8/13/2020	FRIDAY 8/14/2020	SATURDAY 8/15/2020	SUNDAY 8/16/2020
Kent Fanger, Food Service Administrator Food Item - Calories Oatmeal - 138 8 oz Fruit Drink - 0 8 fl oz Pancakes - 524 3 ea Syrup - 168 2 fl oz Margarine - 80 0.5 oz Skim Milk - 169 16 fl oz Sugar - 22 2 pkt Coffee - 0 s/s	Food Item - Calories Dry Cereal - 119 8 oz bowl Canned Fruit - 60 4 oz DOC Breakfast Muffin: 2 oz *Ham - 115 1 ea English Muffin - 286 1 ea Fried Potatoes - 165 6 oz Skim Milk - 169 16 fl oz Sugar - 22 2 pkt Coffee - 0 s/s	Food Item - Calories 9 Grain Cereal - 102 8 oz Fruit Drink - 0 8 fl oz DOC Breakfast Muffin: 2 oz *Ham - 115 1 ea English Muffin - 286 1 ea Fried Potatoes - 165 6 oz Skim Milk - 169 16 fl oz Sugar - 22 2 pkt Coffee - 0 s/s	Food Item - Calories Dry Cereal - 119 8 oz bowl Canned Fruit - 60 4 oz Veggie Scramble - 130 4 oz Fried Potatoes - 165 6 oz *Wheat Toast - 171 2 SL Margarine - 80 0.5 oz Skim Milk - 169 16 fl oz Sugar - 22 2 pkt Coffee - 0 s/s	Food Item - Calories Oatmeal - 138 8 oz Fruit Drink - 0 8 fl oz French Toast - 529 4 SL Breakfast Pastry - 412 1 ea Syrup - 168 2 fl oz Margarine - 80 0.5 oz Skim Milk - 169 16 fl oz Sugar - 22 2 pkt Coffee - 0 s/s	Food Item - Calories Farina - 140 8 oz Fresh Fruit - 88 1 ea Scrambled Eggs - 115 3 oz *Ham - 115 1 ea Fried Potatoes - 165 6 oz Wheat Toast - 171 2 SL Jelly - 80 1 oz Margarine - 80 0.5 oz Skim Milk - 169 16 fl oz Sugar - 22 2 pkt Coffee - 0 s/s	Food Item - Calories Fruit Drink - 0 8 fl oz Scrambled Eggs - 115 3 oz *Ham - 115 1 ea Fried Potatoes - 165 6 oz Wheat Toast - 171 2 SL Jelly - 80 1 oz Margarine - 80 0.5 oz Skim Milk - 169 16 fl oz Sugar - 22 2 pkt Coffee - 0 s/s
Food Item - Calories Texas Slaw - 164 6 oz Chili Dog: 2 ea Hot Dog - 202 4 SL Chili Beans - 102 4 oz Shredded Cheese - 80 1 oz Onions - 6 1 svg Wheat Hoagie Bun - 318 1 ea Blended Vegetables - 102 6 oz Fresh Fruit - 88 1 ea Tea - 0 s/s	Food Item - Calories Tomato Soup - 69 10 fl oz Grilled Cheese Sandwich: 2 ea Cheese - 200 4 SL *Deli Meat - 135 3 oz Grilled Wheat Bread - 422 4 SL Broccoli/Cauliflower - 40 6 oz Tortilla Chips - 140 1 oz Fresh Fruit - 288 1 ea Tea - 0 s/s	Food Item - Calories Cream of Potato Soup - 160 10 fl oz Deli Sandwich: 1 ea *Deli Meat - 135 3 oz Cheese - 50 1 SL Shredded Lettuce - 3 1 svg Onions - 6 1 svg Wheat Hoagie Bun - 318 1 ea Green Beans - 56 6 oz Chips - 120 1 oz Mayonnaise - 50 0.5 oz Mustard - 9 1 ea Fresh Fruit - 88 1 ea Tea - 0 s/s	Food Item - Calories Macaroni Salad - 187 6 oz Chicken over Lettuce Salad: 1 ea Grilled Chicken - 148 3 oz Lettuce - 12 10 oz bowl Onions - 6 1 svg Shredded Cheese - 80 1 oz Salad Dressing - 204 2 fl oz Cauliflower - 32 6 oz Fresh Fruit - 88 1 ea Tea - 0 s/s	Food Item - Calories *Soup of the Day - 144 10 fl oz Roast Beef Sandwich: 3 oz Roast Beef - 139 1 ea Shredded Lettuce - 3 1 svg Onions & Pickles - 8 1 svg Wheat Hamburger Bun - 244 1 ea Green Beans - 56 6 oz French Fries - 269 6 oz Catsup - 17 0.5 oz Fresh Fruit - 88 s/s Tea - 0 s/s	Food Item - Calories Tossed Salad - 12 10 oz bowl Salad Dressing - 102 1 fl oz Roast Turkey - 106 3 oz Gravy - 26 2 fl oz Mashed Potatoes - 142 6 oz Peas & Carrots - 98 6 oz Wheat Bread - 171 2 SL Margarine - 80 0.5 oz Chocolate Cupcake - 253 1 ea Tea - 0 s/s	Food Item - Calories Tossed Salad - 12 10 oz bowl Salad Dressing - 102 1 fl oz Roast Turkey - 106 3 oz Gravy - 26 2 fl oz Mashed Potatoes - 142 6 oz Peas & Carrots - 98 6 oz Wheat Bread - 171 2 SL Margarine - 80 0.5 oz Chocolate Cupcake - 253 1 ea Tea - 0 s/s
Food Item - Calories Tossed Salad - 12 10 oz bowl Salad Dressing - 102 1 fl oz Cajun Meatloaf - 214 5 oz Baked Potato - 292 1 ea Peas - 133 6 oz Tater Topping - 60 1 oz Tea - 0 s/s	Food Item - Calories Tossed Salad - 12 10 oz bowl Salad Dressing - 102 1 fl oz Chicken Enchilada Cass. - 488 10 oz Seasoned Beans - 153 6 oz Fruit Crisp - 316 1 svg Tea - 0 s/s	Food Item - Calories Tossed Salad - 12 10 oz bowl Salad Dressing - 102 1 fl oz Chicken Alfredo - 292 6 oz Pasta - 179 6 oz Carrots - 63 6 oz Bread Stick - 168 1 ea Tea - 0 s/s	Food Item - Calories Tossed Salad - 12 10 oz bowl Salad Dressing - 102 1 fl oz *Ham Au Gratin - 433 10 oz Broccoli - 48 1 svg Wheat Bread - 171 2 SL Margarine - 80 0.5 oz Baker's Choice - 258 1 svg Tea - 0 s/s	Food Item - Calories Tacos: 3 oz Taco Meat - 170 1 oz Shredded Cheese - 80 1 oz Shredded Lettuce - 3 1 svg Wheat Tortillas - 314 2 ea Seasoned Beans - 153 6 oz Salsa - 26 2 oz Tea - 0 s/s	Food Item - Calories Tossed Salad - 12 10 oz bowl Salad Dressing - 102 1 fl oz Sweet & Sour Chicken - 228 6 oz Brown Rice - 167 6 oz Stir-Fry Vegetables - 102 6 oz Wheat Tortilla - 157 1 ea Fresh Fruit - 88 1 ea Tea - 0 s/s	Food Item - Calories Tossed Salad - 12 10 oz bowl Salad Dressing - 102 1 fl oz Sweet & Sour Chicken - 228 6 oz Brown Rice - 167 6 oz Stir-Fry Vegetables - 102 6 oz Wheat Tortilla - 157 1 ea Fresh Fruit - 88 1 ea Tea - 0 s/s

* Contains or may contain pork. Serving sizes are listed in Volume-Ounces, not by weight. **MAY/VEGETABLE TRAYS** available for lunch & supper meals only. This menu can help AICs reduce their calorie intake at each meal by showing how many calories each food item contains. Values listed are best estimates based on current foods purchased.

Menu subject to change without notice. Last Revision: 3/30/2020

Healthy Choice Items
 High Fat/Cholesterol
 High Sugar
 High Fat/Chol & Sugar
 High Fat/Chol & Sodium