

Aug 28th,  
2020

AIC  
Newsletter



POWDER RIVER NEWS

# Weekend Movie

## Saturday DOC :

### Scary Stories to tell in the Dark

The shadow of the Bellows family has loomed large in the small town of Mill Valley for generations. It's in a mansion that young Sarah Bellows turns her tortured life and horrible secrets into a series of scary stories.



## Weekly Weather

Saturday Aug-29	Sunday Aug -30	Monday Aug-31	Tuesday Sept-1	Wednesday Sept-2	Thursday Sept-3	Friday Sept-4
89/45	72/36	72/36	79/44	85/44	84/47	85/44
Mostly Sun- ny	Mostly Sun- ny	Sunny	Mostly Sun- ny	Mostly Sun- ny	Mostly Sun- ny	Sunny

## Inside this issue:

Weather and Movies	1
Updates & Notices	2 & 14
Commissary News	5
Events and Calender	15
NDN News Letter	N/A
IWP Jobs and Class	16

## *Notices & Updates*

### **Yard Notice**

Please continue to practice Social Distancing (at least 3 feet, ideally 6 feet) while walking or running on track. No group activities such as; Volleyball, Basketball Games, Soccer, and Football.

### **Pastry Notice**

The next pastry is Peanut Butter Cookies. The pastry box will be put out in the Multi Purpose Building on Friday August 21st, for this pastry. It is 2 tickets for 6 cookies with a Max of 12 tickets for 36 cookies. The box will be picked up on Monday August 31st, at 8:20am. Your pick up day will be Wednesday **September 16th**, Unit 3 10:00 am to 10:10 am and, Unit 2 10:15 am to 10:25 am, and Unit 1 10:30 am to 10:40 am in Admin.

**AIC's are NOT allowed to; duck under, climb on, sit on, push on, or pull on etc to the metal cable running around the walk ways. You will be held accountable if you are not following the directive.**

### **Changes to Process for DVD signup, Pastry pickup, and Activity/Photo tickets in Administration**

Starting 07/27/20 the following changes will be made and followed:

Tuesdays DVD Signup, Wednesdays Pastry Pickup, and Thursday's Activity/Photo Tickets will be separated by housing unit in their designated time slots

- Unit 3: 10:00am – 10:10am
- Unit 2: 10:15am – 10:25am
- Unit 1: 10:30am – 10:40am

Each housing unit will have a designated time slot to come to the administration building for DVD signups, pastries, and activity tickets. AIC's will come to admin one at a time during the designated times, and all others will be lined up outside of the breezeway on the designated sidewalk. 6 feet of physical distancing will be maintained for social distancing at all times during this callout. If the 6 feet of distance cannot be maintained, a personal issued mask will be worn. Once one AIC exits the admin building, the next AIC in line will be able to enter. All AIC's will wear their personal issued mask at all times while in the Administrative building. Failure to do so will result in the AIC being turned away back to the housing unit and will be held accountable. At no times are AIC's allowed to use another AIC's mask. Doing this will result in both parties being turned back to the housing unit and held accountable.

In addition, Each AIC will also bring their own pen to write with and sign for their items. Failure to do so will result in being sent back to their housing unit. At any time, the AIC is sent back to the housing unit for failure to follow these directives, that individuals order will be cancelled.

Thank you

**From the Institution Security Managers Office:** This week as Mr. Gower and I toured the institution we had many questions about the yards being opened back up to normal again. What we realized is that I need to communicate/educate each of you as to the process each institution goes through to gain approval to open our yard times back up. The Centers for Disease and Control (CDC) and the Oregon Health Authority (OHA) advise and direct all Oregonians and the State and Local leaders on all health related issues concerning the COVID-19 pandemic. Our DOC Agency Operations Center (AOC) receives this guidance and directives daily from each of these entities and our DOC Doctors along with other leaders in the DOC. These leaders take this information and send out guidance and direction to all DOC facilities as to how each facility should currently run their daily operations.

As each of you know, the institutions in the Valley were hit with the COVID-19 virus first and many of the institutions and AIC's in those institutions were affected. Because the virus has run its course in those institutions, several of them are basically back to normal operations or closer to normal operations. The Eastern side of the state and institutions were affected several months later, and TRCI, EOCI and SRCI are all suffering the full weight of the virus at this time and are currently in various stages of lockdown and quarantine. Along with your efforts the team at PRCF has so far been able to keep the virus out of our institution. Last week the OHA issued a "Public Health Directive" for all Oregonians to wear a mask in the public. The Governor issued an Executive Order for all people in "State Buildings" to wear a mask. The CDC provided guidance to Correctional Facilities that DOC Officials were to minimize mixing of individuals from different housing units by staggering meals and yard times. If space allows, arrange bunks so that individuals sleep head to foot to increase the distance between faces. They also recommended that we continue to practice good hygiene within the facility which includes mask wearing when social distancing cannot be achieved, proper hand washing and good cleaning and disinfecting practices.

Twice a week our institution receives directives and we communicate directly with the AOC. In our last communication it was determined that PRCF was right in the middle of several institutions that were in full pandemic mode and that it would not be wise for us to return to normal operations at this time. As we continue to move through this pandemic, we will continue to assess the situation and work with the AOC to make the best decision as to when we can begin to take steps forward and return to normal operations. I promise each of you that we want to return to normal operations as soon as it is safe and healthy for us to do this. In the meantime, if this type of communication is helpful to you, I will continue to communicate with you this way each week. If you have suggestions as to different ways that we can communicate to you that are helpful to you, please send those suggestions to me.

Lastly, I know we are all ready for this pandemic to be over. However, as we all have had to learn, we are all going to have to work together to get through this. It is my job to keep you all safe and healthy and my philosophy has been, "that a little bit of inconvenience now will save us all a lot of pain down the road." I think that each of you would agree with this line of thought. Thank you to each of you for all your efforts in the many areas of the institution wearing your masks or social distancing. Thank you to our teams that work to disinfect, mop and clean to keep our institution clean and germ free, your efforts have not gone unnoticed.

Be Well,  
PRCF ISM, Mr. Rowley

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## Ticket Notice

There will be **No** tickets sale's or pick-up on the weeks of: September 3rd, and September 10th. So please plan accordingly so you have tickets on hand if you wish to order pastries in the next couple of weeks.

## To All Adults in Custody,

Effective Wednesday, August 12, 2020, all adults in custody are required to have a face covering with them any time they leave their cell or bunk area. A face covering will be worn when interacting with staff or others when 6 feet of social distance cannot be maintained. Adults in custody who refuse to wear a face covering will be given a daily fail if at a work site, or it will be handled through progressive discipline.

- Meals – Masks are not required while consuming food.
- Recreation – On recreation yards, if within 6 feet of someone, a face covering must be worn. If 6 feet of social distancing can be maintained, then the face covering can be removed.
- Work – At work sites, anyone within 6 feet of others refusing to wear a face covering after being reminded, will be issued a daily fail.
  - Indoor work crews, such as call centers, will have plexiglass barriers installed if the work area does not allow for 6-foot distance in spacing.
  - Outside work crews that allow for 6 feet of social distancing are able to remove their mask. Refusal to wear a mask while on an outside crew will not result in the crew being canceled; however, the adult in custody refusing will be issued a daily fail.
- Anyone within 6 feet of others who refuses to wear a face covering after being reminded will be handled with progressive discipline as authorized by the functional unit manager.

Additional cloth masks will be provided to you. Do not modify these masks with writing or other changes, or they may be confiscated. DOC has recently enhanced face covering requirements for DOC staff as well. For both AICs and staff refusing to wear face coverings, discipline is possible.

There may be additional requirements for institutions at a heightened tier level or as directed by the functional unit manager.

Researchers from around the world have found **wearing even a basic cloth face covering works better to prevent the spread of Covid-19 than wearing nothing at all.** And new research shows masks could offer some personal protection from the virus, in addition to protecting others.

Robert Redfield, director of the Centers for Disease Control and Prevention (CDC), said he believes **the pandemic could be brought under control over the next four to eight weeks if “we could get everybody to wear a mask right now.”** (WSJ, July 18, 2020)



**YOU MAY HAVE LESS CHANCE OF GETTING COVID-19.**

**IF YOU DO GET COVID-19 WHILE WEARING A MASK:**

- You may have fewer symptoms.
- You will likely pass the virus to fewer people.
- Everyone will have a better chance of surviving the virus.

**WEARING A MASK MAKES SENSE.**



**State of Oregon  
Department of Corrections Commissary**

**Date:** Friday, August 14, 2020

**To:** Adults in Custody

**From:** Sallie Jurgensmeier, Distribution Services NWC Commissary Manager

**Subject:** Commissary News, Updates and Reminders

**Updates:**

Due to vendor availability the Yamaha Keyboard \$226.00 is currently out of stock, the vendor is expecting it to be restocked in September of 2020.

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**To clarify the procedure for wearing masks to and from the chow hall.**

- **Meals/Dining** - When a housing unit is called for dining, all AIC's will properly wear their issued personal protective mask to the dining hall from the unit, while they are waiting in line, through the serving line, and to their designated seat at the table. Once the AIC is seated at his designated seat, he can remove his mask while eating. Once finished eating, the AIC will put on his mask and leave it on until he has completely left the building and 6 ft of physical distance can be obtained from another individual.

Thank you  
Lt. Gore

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**CenturyLink Assistance**

PRCF now has a representative that comes to our facility on Monday's and Wednesday's. If you are having problems with your account or general questions, please send your Kites to Inspector Erickson box 72.

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**State of Oregon  
Department of Corrections Commissary**

**Date:** Friday, August 14, 2020  
**To:** Adults in Custody  
**From:** Anita Nelson, Distribution Services Statewide Manager  
**Subject:** Commissary News, Updates and Reminders

**Commissary News:**

We value our customers and will continue to work diligently to introduce new products, maintain a full inventory and offer a wide variety of products. Our vendors have also been working diligently to keep up with orders to ensure products are available to us. However, as the Covid pandemic continues, we are starting to see a few temporary manufacturer delays, such as some of the colored pencil options. We have not received notice of discontinuance of any products at this time, just some temporarily out of stock items due to slowed production.

**Reminders:**

Soda tickets will only be credited if an AIC has been transferred to a different facility. The AIC has 30 days from the date of transfer to submit an AIC communication form requesting a credit from the commissary where the soda tickets were purchased. You must include the unused soda ticket(s) and a receipt as proof of purchase. The receipt may not be more than 90 days old from the date of the request. Commissary will not issue credit for damaged tickets or issue credit if the soda machine takes your ticket without dispensing a soda. The use of the soda machine is at your own risk.

<b>Your order will <u>NOT</u> be processed:</b>	
	<b>If you have insufficient funds.</b>
	<b>If the form is soiled, stained and / or contaminated.</b>
	<b>If the writing is not legible.</b>
	<b>If it is not written in BLUE ink.</b>
	<b>If you have doodled or written notes on the form.</b>
	<b>If the form has been shaded or highlighted.</b>
	8.12.2020 sj
<b>You are responsible for maintaining all your receipts and warranty information.</b>	

Date: July 30, 2020  
To: All Adults in Custody (AICs)  
From: Garry Russell  
DOC Agency Operations Center  
Subject: Visiting

Unfortunately, we report that visiting **remains closed statewide until further notice** with the continued rise in COVID-19 cases. DOC knows how important contact with family and friends is, and we encourage you to use other communication like letters, phone calls, and video interactive phone (VIP) calls.

DOC is preparing for visiting to reopen as soon as possible with new visiting procedures, thorough screening processes, and social distancing methods. This will eventually allow for families to visit, while still maintaining safety for the adults in custody, our staff, and our communities. Unfortunately, we do not have any tentative date.

DOC has recently enhanced face covering requirements for DOC staff and will be supplying additional masks to AICs. As soon as masks are available for all AICs, masks will be required whenever 6 feet of distance cannot be maintained. We know face coverings are an essential tool in reducing the spread of COVID-19.

When each facility can safely do so, visiting will reopen. We will make public announcements as soon as possible to help visitors plan.

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**To all Adults in Custody,**

The Department of Corrections (DOC) has made the decision at the executive level to delay Court-Ordered Financial Obligation (COFO) collections as a part of Oregon Revised Statute (ORS) 423.105. We plan to review the start of collections in Fall 2020. The first delay of collections was announced in March 2020 with the spread of COVID-19. This further delay was decided to lessen the burden in these difficult times.

DOC understand the difficulties adults in custody (AICs) are facing with all that is going on around us. While we cannot delay the COFO collections forever, right now we can take steps to reduce additional hardship that may be caused by these new collections.

Starting in July, your Trust account statement will reflect all changes made to COFOs owed. This includes payments made directly to the Oregon Judicial Department (OJD) or court of record, to include payments made by friends and family, and court orders that have adjusted these amounts in any way. Any changes made to these amounts during the current month will show up on next month's trust account statement.

AICs with questions about these collections are encouraged to send an AIC communication to Financial Services (*electronic communications preferred*).

Sincerely,  
Financial Services

## *From the Administrative Rules Program:*

Below is the list of status changes made to DOC administrative rules since 06/01/20.

### **PROPOSED RULES:**

#### **291-042 Urinalysis Testing for Substances of Abuse**

- Amends the rules to comply with HB3146 (2019) by changing inmate to adult in custody (AIC). The change also modifies language to encompass all substances of abuse and updates language to fit current practices and to show understanding of addiction being a chronic illness.
- Last day to provide comments: 09/16/20

#### **291-069 Security Threat Management**

- Amends the rules to clarify modifications that may be made to services and programs for the safety and security of the facility, staff and AICs.
- Last day to provide comments: 9/16/20

#### **291-093 Death Row Housing Unit**

- Amends the rules to update the departments policy to allow for individualized housing decisions regarding AICs with a sentence of death, which may include appropriate housing other than the Death Row Housing Unit or a Death Row status cell.
- Last day to provide comments: 09/16/20

### **PERMANENT RULES**

#### **291-035 Research External**

- Amended the rules to comply with HB3146 (2019) by changing inmate to adult in custody (AIC).
- Effective: 06/18/20

#### **291-180 Interstate Compact**

- Amends the rules to adopt the recent changes made to official ICAOS rules.
- Effective: 07/24/20

### **TEMPORARY RULES:**

#### **291-062 Alternative Incarceration Programs**

- The purpose of these rules is to establish department policy and procedure for leave revocation hearing for adults in custody (AICs) who are on nonprison leave (NPL) as part of participating in an Alternative Incarceration Program (AIP). The department needs to establish a hearing process for AICs whose leave may be revoked to ensure that they receive adequate due process. These rules are intended to meet that need by providing procedures for an AIC to request a hearing or review to dispute the bases for revoking nonprison leave.
- Effective: 07/16/2020 through 01/11/2021

#### **291-063 Short-Term Transitional Leave**

- The purpose of these rules is to establish department policy and procedures to clarify which adults in custody (AIC) are eligible for short-term transitional leave (STTL) under ORS 421.168, to specify what conditions of supervision the Department may impose for AICs on short-term transitional leave, and to provide a hearings process for AICs who may have STTL revoked for disciplinary or administrative reasons.
- Effective: 07/16/2020 through 01/11/2021

#### **291-066 Leave Revocation Hearings**

- The purpose of these rules is to establish departmental policy and procedures for leave revocation hearings for adults in custody (AIC) who are on short-term transitional leave authorized under ORS 421.168 or nonprison leave authorized under ORS 421.510. The department needs to establish a hearing process for AICs whose leave may be revoked to ensure that AICs receive adequate due process. These rules are intended to meet that need by providing procedures for an AIC to request a hearing or review to dispute the bases for revoking the AIC's transitional leave or nonprison leave.
- Effective: 07/16/2020 through 01/11/2021

Rulemaking comments must be provided to the DOC Rules Coordinator in writing at the address in the rulemaking notice. Communications submitted should be limited to providing comments on only one division/topic per communication. Do not include multiple divisions/topics in one communication, they will be returned. DOC rules are available for review and copies in the AIC law library.

# ODOC HEALTH SERVICES COVID-19 FAQ

## How can I help protect myself from COVID-19?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Follow social distancing advice and avoid being in close contact, if possible, with those that are ill.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds.

## Is there a vaccine for COVID-19?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

## Is there a treatment for COVID-19?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms. There are drugs under scientific investigation, however.

## How is ODOC Health Services ensuring I am staying safe during the COVID-19 pandemic?

Health Services has taken an active role in teaching adults in custody and staff about the importance of hygiene and social distancing and the role we all play in keeping us all safe and healthy. Health Services has also changed how they provide routine health care services. Provider clinics, medication lines, and the provision of nursing care has been modified to reduce the risk of coronavirus transmission. Most importantly, Health Services is committed to continually assessing our patient health care needs and modifying operations to ensure all adults in custody receive timely and safe health care services during the pandemic.

## What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

## How does COVID-19 spread?

The virus that causes COVID-19 likely emerged from an animal source but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes – but this is not thought to be the main way the virus spreads.

## What are the symptoms of COVID-19?

Patients with COVID-19 can have mild to severe respiratory illness often associated with flu-like symptoms:

- fever and/or chills
- cough
- shortness of breath
- body aches
- decreased appetite

Please report any respiratory symptoms promptly to Health Services. Ask your unit officer to call the Clinic ASAP. Please do not wait to report your symptoms via an AIC Communication.

## Who is at a higher risk for severe illness from COVID-19?

COVID-19 is a new disease, and there is limited information regarding risk factors for severe disease.”

Based on currently available information and clinical expertise, older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19.



# OREGON DEPARTMENT OF CORRECTIONS

For your safety, DOC's Agency Operations Center (AOC) has directed all incoming and outgoing mail be quarantined for a minimum of 24 hours before processing.

Mailroom employees wear appropriate PPE when caring for mailroom operations.

Additionally, local library books – those used on housing unit book shelves – will not be returned to the bookshelf by adults in custody (AICs). Rather, library books will be returned to a mail tub located at the Officers' Station.

These books will be quarantined for 24 hours before being placed back into circulation by the AIC librarian.



# OREGON DEPARTMENT OF CORRECTIONS

April 24, 2020

To: Adults in Custody

From: DOC Agency Operations Center

Effective immediately, all individuals entering and occupying any DOC Health Services areas are required to wear a utility mask. These utility masks are the cloth masks provided to you by DOC. If you do not have a utility mask, please check with your unit officer. Remember to wash your hands before putting the mask on your face.

- DOC staff are required to wear masks in all Health Services, including Behavioral Health Services (BHS) appointments.
- AICs arriving at Medical Health Services without a mask will be denied access.
- AICs going to BHS are strongly encouraged to wear masks but will not be denied access without one.

This new directive is for your safety. Research shows that the coronavirus/COVID-19 can spread between people interacting in close proximity—for example, speaking, coughing, or sneezing—even if those people don't have symptoms.

Thank you for your cooperation.



## **Prison Rape Elimination Act (PREA Information)**

The Oregon Department of Corrections (ODOC) has a zero tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an inmate communication, through the grievance system, by calling the PREA hotline by dialing 9 from any inmate phone.

### **Filing an Anonymous PREA Report**

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency.

You may write to:

Governor's Office of Constituent Services  
900 Court Street NE, Suite 160  
Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

### **Community-Based PREA Advocacy (Support) Program**

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to inmates.

Inmates at ODOC who have experienced sexual abuse may reach a community-based advocate by dialing 711 inmate telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information and emotional support. There is no charge for calls to advocates.

Role of an Advocate:

- Provide confidential support and crisis intervention
- Inform you about the investigation and medical examination process
- Educate you about healing from sexual abuse
- Offer resources and referrals

Advocates will:

- Not tell you what to do
- Not communicate with the institution unless you request them to do so and sign a release
- Not provide legal advice

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report unless you request them to do so and if you sign a release of information.



DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters  
3325 Wilshire Blvd., Suite 340  
Los Angeles, CA 90010

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled similar to legal calls/official mail.

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

E. Sage, PREA Coordinator  
Oregon Department of Corrections  
2575 Center St.NE  
Salem, Oregon 97301

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## **Novel Coronavirus (COVID-19)**

### **What can YOU do?**

- Wash your hands often with soap and water **for at least 20 seconds**, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay in your cell or housing unit when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect your personal area frequently.

### **So, what are the FACTS?** (from the Centers for Disease Control and Prevention)

- There is presently no vaccine for COVID-19.
- There is no specific-antiviral cure for COVID-19.
- Symptom relief, close medical monitoring, and standard precautions are the standard-of-care.
- The coronavirus is spread through the air by coughing and sneezing, touching an object or surface with the virus on it, then touching your mouth, nose, or eyes.

As with any health condition, **YOU** are the best person to take care of **YOUR** health! If you think you may have been exposed to COVID-19, please contact Health Services immediately.

# ODOC HEALTH SERVICES FAQ

## WHAT IS A PANDEMIC?

A pandemic is a global outbreak of disease. Pandemics happen when a new virus begins to infect people and can spread between people sustainably. Because people have little to no immunity against the new virus, it spreads worldwide.

On March 11th, the COVID-19 outbreak was characterized as a pandemic by the WHO.

Pandemics progress in an orderly but disruptive manner. There are many factors which affect the progression of a pandemic (e.g. social distancing, health care availability, etc.). Different countries can be in different phases of the pandemic at any point in time and different parts of the same country can also be in different phases of a pandemic.

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## HOW DID COVID-19 DEVELOP?

COVID-19 is caused by a new coronavirus. Coronaviruses are a large family of viruses that are common in people and many different species of animals, including camels, cattle, cats, and bats. Rarely, animal coronaviruses can infect people and then spread between people, but it can happen. This has happened in the past with MERS (Middle Eastern Respiratory Syndrome), SARS (Severe Acute Respiratory Syndrome), and now with this new virus, COVID-19.

The genetic profile of the COVID-19 virus taken from U.S. patients is like the one that China initially reported and leads researchers to believe that his virus came from an animal, specifically a bat. Bats are also believed to be the source of MERS and SARS.

Pandemics are not new. They don't happen frequently, but they do occur. In the past century, there have been four pandemics caused by the emergence of new influenza (flu) viruses. This is the first pandemic known to be caused by a new coronavirus (COVID-19).

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## HOW SICK DOES COVID-19 MAKE PEOPLE?

How sick people get when infected with COVID-19 is not completely known. Reported illnesses have ranged from very mild (including some with no reported symptoms) to severe, including illness resulting in death. Information so far suggests that the majority of COVID-19 illnesses are mild. How sick a person will become when infected can vary depending on their age, immune system function, underlying health conditions and general overall health. As you have seen in the news, the elderly (over age 65) have been more affected by COVID-19 than younger people. People with serious underlying medical conditions — like serious heart conditions, chronic lung disease, and diabetes, for example — also seem to be at higher risk of developing serious COVID-19 illness. Serious illness is estimated to be around 20% of all COVID-19 patients, but it is difficult to tell exactly what percentage of people will become seriously ill with any certainty. COVID-19 and the health complications it causes for patients is very new to health care providers. Health care providers are still learning how the virus behaves and what treatments are most effective and over time the hope is that the more that is learned about COVID-19 will result in fewer people becoming seriously ill.

## ODOC HEALTH SERVICES FAQ

### WHAT IS THE DIFFERENCE BETWEEN QUARANTINE AND ISOLATION?

Quarantine is used to keep someone who might have been exposed to COVID-19 away from others to help limit the spread. Someone in quarantine stays separated from others, and they limit movement outside of their current place. A person may have been exposed to the virus without knowing it (e.g., when traveling out in the community), or they could have the virus without feeling symptoms.

Isolation is used to separate sick people from healthy people. People who are in isolation should stay separate from others. Anyone with suspected or confirmed COVID-19 infection should separate themselves from others by staying in a specific “sick” area and use a different bathroom (if possible).

Isolation is not punishment. Isolation is the only way we currently can prevent uninfected people from becoming infected. Without isolation an infected person could potentially make everyone around them sick.

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### HOW CAN I REDUCE MY RISK OF BECOMING INFECTED WITH COVID-19?

Practice good hygiene:

- Wash your hands, especially after touching any frequently used item or surface
- Avoid touching your face
- Sneeze or cough into a tissue, or the inside of your elbow.
- Disinfect frequently used items and surfaces as much as possible.

Wear your utility mask any time you are outside your cell.

Avoid social gatherings.

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### HOW DOES ONE SAFELY STERILIZE/CLEAN A CLOTH FACE COVERING?

A washing machine should suffice in properly washing a face covering.

### HOW DOES ONE SAFELY REMOVED A USED CLOTH FACE COVERING?

Individuals should be careful not to touch their eyes, nose, and mouth when removing their face covering and wash hands immediately after removing.

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### HOW CAN I HELP MYSELF STAY AS HEALTHY AS POSSIBLE IF I AM DIAGNOSED WITH COVID-19?

- Drink plenty of fluids
- Stay active = Sit at the edge of your bed / Walk around your room frequently
- Perform deep breathing exercises
- Take all prescribed medications
- Keep a positive attitude
- Communicate any change in your condition to Health Services staff immediately

CDC. (2020). Coronavirus (COVID-19). Retrieved April 15, 2020, from <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>.

# ACTIVITIES CALENDAR

## SEPTEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
30	31  Pastry Box Pick-Up	1	2	3 No Tickets	4	5
6	7  <b>Labor Day</b>	8	9	10 No Tickets	11	12
13	14	15	16  Peanut Butter Cookies Pick-Up	17 Tickets	18  <b>Incentive Movie Ch. 52</b>	19
20	21	22	23	24 No Tickets	25  Pastry Box Out	26
27	28	29	30	1 No Tickets	2	

**Tuesday** — Movie signup in Admin Unit 3 10:00 am to 10:10 am and, Unit 2 10:15 am to 10:25 am, and Unit 1 10:30 am to 1040 am in Admin.

**Wednesday** — Pastry Pickup in Admin Unit 3 10:00 am to 10:10 am and, Unit 2 10:15 am to 10:25 am, and Unit 1 10:30 am to 1040 am in Admin.

**Thursday** — Activity, Coffee, and Photo Ticket Pickup in Admin Unit 3 10:00 am to 10:10 am and, Unit 2 10:15 am to 10:25 am, and Unit 1 10:30 am to 1040 am in Admin.

• **Incentive Movie** — Announced on units and located in the dining hall.

• **Holiday Movie** — Playing on the Units Channel 52 at 8 am.

• **Fundraiser** — In Dining Hall around 5-6 pm.

All tournaments weather permitting

**Saturday Game:**

Sign ups: TBA

Start: 30 min later

Hosted by: Mr. ???????

**Sunday Game:**

Sign ups: TBA

Start: 30 min later

Hosted by: Mr. ???????

# IWP Positions

## OCE Work Opportunity

The OCE Call Center at WCCF is recruiting to fill open positions. The current schedule is Monday – Friday, 7:15 – 3:30. This position awards PRAS points with the opportunity to earn a Team Goal Award and a production-based Individual Meritorious Award as well. Agents in this out-bound contact center perform lead generation calls. The agents must be motivated and able to maintain a professional attitude at all times.

All applicants must meet the following qualifications:

- **Must qualify for a Minimum Custody Institution (Level 1 or 2)**
- **Must have a valid social security number or equivalent**
- Have NO convictions for ID Theft or Computer related crimes
- Be able to read proficiently and speak English language clearly
- Be able to work efficiently and professionally at all times
- Cannot be in any programs/activities which would conflict with a Monday – Friday 7:15 am. to 3:30 pm. work week
- Be willing to sign a one year retention agreement – anyone leaving the assignment either by termination or resignation before serving the full retention period will be returned to the sending institution and receive a program fail (unless for release)

All applicants will need to pass a DOC/OCE security screening and OCE interview before being considered for the position.

### **Submittal Process:**

If you are interested in applying, please complete a DOC Inmate Work Application referencing WCCF Call Center as the position applied for and submit to:

S. Thomas  
OCE Offender Services  
PO Box 12849  
Salem, Or 97309



## **Admin Clerk**

Admin is seeking a Clerk to aid in computer work, filing, and activities committee related tasks. Requirements to qualify to apply include:

### **MUST HAVE:**

1. 6 months until treatment eligibility or release date
2. No Program failures
3. Clear Conduct for the past 6 months
4. GED
5. Strong work ethic, ability to follow instructions, and work independently.
6. Must have working knowledge of Microsoft office – Word – and Excel.
7. Previous experience preferred.

Interested in the position please fully complete the CD1523 Work Application Form and send it to Ms. Pimentel – IWP Coordinator.

The position will be open until filled by qualified Candidate