



Snake River Currents

August 20, 2020 - August 26, 2020

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Statewide Commissary News

We value our customers and will continue to work diligently to introduce new products, maintain a full inventory and offer a wide variety of products. Our vendors have also been working diligently to keep up with orders to ensure products are available to us. However, as the Covid pandemic continues, we are starting to see a few temporary manufacturer delays, such as some of the colored pencil options. We have not received notice of discontinuance of any products at this time, just some temporarily out of stock items due to slowed production.

Reminders:

Soda tickets will only be credited if an AIC has been transferred to a different facility. The AIC has 30 days from the date of transfer to submit an AIC communication form requesting a credit from the commissary where the soda tickets were purchased. You must include the unused soda ticket(s) and a receipt as proof of purchase. The receipt may not be more than 90 days old from the date of the request. Commissary will not issue credit for damaged tickets or issue credit if the soda machine takes your ticket without dispensing a soda. The use of the soda machine is at your own risk.

Your order will NOT be processed:	
If you have insufficient funds.	
If the form is soiled, stained and / or contaminated.	
If the writing is not legible.	
If it is not written in BLUE ink.	
If you have doodled or written notes on the form.	
If the form has been shaded or highlighted.	8.12.2020 sj

You are responsible for maintaining all your receipts and warranty information.

COVID-19 Q&A

How can I reduce mask-related anxiety?

- Mindful breathing-breath through your nose and expend the belly not your chest.
- Desensitize yourself-try wearing your mask in your cell or on your bunk for short periods of time.
- Track your triggers-keep a log while wearing your mask to determine what triggers your mask-related anxiety.
- Positive self-talk-say something positive at least 20 times a day such as "No matter what happens, I will be ok." This can also boost your immune system!

What are the COVID-19 numbers for SRCI as of 8/17/2020?

- 179 AIC Positive Cases
- 62 Staff Positive Cases



Weekly



Movies

The Gallaghers deal with their alcoholic father Frank. Fiona, eldest daughter takes the role of the parent to her brothers and sisters and deal with life in Chicago.

(William H. Macey, Emmy Rossum)



Shameless" S:3 D:2 (3hr 40min)	8/19 & 8/20
"Shameless" S:3 D:3 (3hr 40 min)	8/21, 8/22, 8/23
"Shameless" S:4 D:1 (3hr 40 min)	8/21, 8/22, 8/23
Shameless" S:3 D:1 (3hr 40 min)	8/24 & 8/25
Shameless" S:4 D:3 (3hr 40 min)	8/26 & 8/27

If you are experiencing any COVID-19 symptoms, please report them immediately.

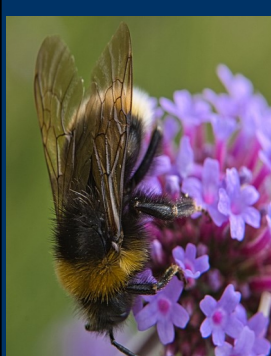
Thank you.

August 26, 2020 - National Dog Day



It's National Dog Day!

National Dog Day is observed annually on August 26, 2020. This day encourages dog ownership of all breeds. Whether mixed or purebred, embrace the opportunity for all dogs to live a happy, safe and abuse free life. Dogs give us companionship; they keep us safe, and the aid those in need.



Thursday: 90/60

Sunny

Friday: 92/59

Sunny

Saturday: 93/62

Sunny

Sunday: 95/64

Sunny

Monday: 94/62

Sunny

Tuesday: 91/60

Sunny

Wednesday: 91/60

Sunny

Thursday: 88/57

Sunny

BE somebody
WHO MAKES
EVERYBODY
FEEL LIKE A
somebody
--- KID PRESIDENT ---

Statewide Message - All Adults in Custody / Face Coverings

Effective Wednesday, August 12, 2020, all adults in custody are **required** to have a face covering with them any time they leave their cell or bunk area. A face covering will be worn when interacting with staff or others when 6 feet of social distance cannot be maintained. Adults in custody who refuse to wear a face covering will be given a daily fail if at a work site, or it will be handled through progressive discipline.

- ◆ Meals – Masks are not required while consuming food.
- ◆ Recreation – On recreation yards, if within 6 feet of someone, a face covering must be worn. If 6 feet of social distancing can be maintained, then the face covering can be removed.
- ◆ Work – At work sites, anyone within 6 feet of others refusing to wear a face covering after being reminded, will be issued a daily fail.
- ◆ Indoor work crews, such as call centers, will have plexiglass barriers installed if the work area does not allow for 6-foot distance in spacing.
- ◆ Outside work crews that allow for 6 feet of social distancing are able to remove their mask. Refusal to wear a mask while on an outside crew will not result in the crew being canceled; however, the adult in custody refusing will be issued a daily fail.
- ◆ Anyone within 6 feet of others who refuses to wear a face covering after being reminded will be handled with progressive discipline as authorized by the functional unit manager.
- ◆ Additional cloth masks will be provided to you. Do not modify these masks with writing or other changes, or they may be confiscated. DOC has recently enhanced face covering requirements for DOC staff as well. For both AICs and staff refusing to wear face coverings, discipline is possible.

There may be additional requirements for institutions at a heightened tier level or as directed by the functional unit manager.

Cordless Beard/Mustache/Trimmers

The Conair cordless beard/mustache trimmers, sold on Canteen, are not to be used for hair cuts or to alter your appearance. They are for beard and mustache trimming only.

Using them inappropriately will result in confiscation of the item and disciplinary action will be taken.

Thank you.

Commissary Yamaha Keyboards

Due to vendor availability the Yamaha Keyboard \$226.00 is currently out of stock, the vendor is expecting it to be restocked in September of 2020.

Thank you



The average human brain contains around 78% of water.



Sudoku

		5			3		4	
		7			9	1	2	
	2							
	5		8	1	6			3
4			3		7			6
1			4	9	2			5
								3
		3	4	5			8	
		8		2			9	