

Nov 13th
2020

AIC
Newsletter



POWDER RIVER NEWS

Weekend Movie

Saturday DOC : **Rambo: Last Blood**

Almost four decades after they drew first blood, Sylvester Stallone is back as one of the greatest action heroes of all time, John Rambo. Now, Rambo must confront his past and unearth his ruthless combat skills to exact revenge in a final mission



Weekly Weather

Saturday Nov-14	Sunday Nov-15	Monday Nov-16	Tuesday Nov-16	Wednesday Nov-17	Thursday Nov-18	Friday Nov-19
42/19	40/18	36/25	41/22	42/19	41/17	41/16
Cloudy	Mostly Sunny	Sunny	Sunny	Mostly Sunny	Mostly Sunny	Cloudy

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Notices & Updates

Yard Notice

Please continue to practice Social Distancing (at least 3 feet, ideally 6 feet) while walking or running on track. No group activities such as: Basketball Games, Soccer, and Football. Volleyball is allowed but limited to 4 AIC's per team.

Pastry Notice

The next pastry is Chocolate Chip Cookies. The pastry box will be put out in the Multi Purpose Building on Friday October 30th for this pastry. It is 2 tickets for 6 cookies with a Max of 12 tickets for 36 cookies. The box will be picked up on December 7th at 8:20am. Your pick up day will be Wednesday **December 16th** Unit 3 10:00 am to 10:10 am and, Unit 2 10:15 am to 10:25 am, and Unit 1 10:30 am to 10:40 am in Admin.

Ticket Notice

There will be **No** tickets sale's or pick-up on the weeks of: November 12th, November 26th, December 3rd and December 10th. So please plan accordingly so you have tickets on hand if you wish to order pastries in the next couple of weeks.

CenturyLink Assistance

PRCF now has a representative that comes to our facility on Monday's and Wednesday's. If you are having problems with your account or general questions, please send your Kites to Inspector Erickson box 72.

To clarify the procedure for wearing masks to and from the chow hall.

- **Meals/Dining** - When a housing unit is called for dining, all AIC's will properly wear their issued personal protective mask to the dining hall from the unit, while they are waiting in line, through the serving line, and to their designated seat at the table. Once the AIC is seated at his designated seat, he can remove his mask while eating. Once finished eating, the AIC will put on his mask and leave it on until he has completely left the building and 6 ft of physical distance can be obtained from another individual.

Thank you
Lt. Gore

There are now N95 masks available in Health Services for the AIC population. Each AIC can request up to 3 masks. AIC's will need to send a kyte addressed to Health Services requesting a mask. Once the request is received by Health Services staff you will be placed on a callout to come pick up the 3 masks.



OREGON DEPARTMENT OF CORRECTIONS

Date: November 2, 2020
To: All ODOC Adults-in-Custody
From: Offender Information and Sentence Computation (OISC)
Subject: Short-Term Transitional Leave (TL) Eligible Date

A minor change has been made to the calculation of the TL eligible date. This has been done to ensure the leave period does not exceed the number of days allowed in Oregon Revised Statute (ORS) 421.168 and Oregon Administrative Rule (OAR) 291-063-0130. Short-Term Transitional Leave is a period of leave not to exceed 30, 90, or 120 days preceding an established release date. See below for a guideline of the maximum duration of TL leave periods based on sentencing date.

If you are eligible for TL, your facesheet will show that the earliest TL eligible date is now one calendar-day later. This change will not impact you if you have been scheduled for leave and there are preliminary and/or final dates entered on your facesheet.

Lastly, please remember your judgment must authorize transitional leave to be considered for STTL.

Short-Term Transitional Leave Period

Sentencing Date	Maximum Duration of Leave Period
On or after January 1, 2018	May be eligible for a period of short-term transitional leave of up to 120 days.
On or after August 1, 2013, and prior to January 1, 2018	May be eligible for a period of short-term transitional leave of up to 90 days.
Prior to August 1, 2013	May be eligible for a period of short-term transitional leave of up to 30 days.



**State of Oregon
Department of Corrections Commissary**

Date: Friday, October 23, 2020

To: Adults in Custody
From: Sallie Jurgensmeier, Distribution Service Manager NWC Commissary
Subject: Commissary News, Updates and Reminders

News:

Commissaries have been notified by our vendor that it can take up to an additional 2 months to receive an order for the Electric Guitars.

Thank you for your understanding and we appreciate your patience.

Reminders:

Your order will NOT be processed:

- If you have insufficient funds.**
- If the form is soiled, stained and / or contaminated.**
- If the writing is not legible.**
- If it is not written in BLUE ink.**
- If you have doodled or written notes on the form.**
- If the form has been shaded or highlighted.**

You are responsible for maintaining all your receipts and warranty information.

Commissary Announcement

SRCI Commissary will be offering Double Spending limits for the week of November 16-20 for SRCI and PRCF to accommodate the closure of Commissary for the week November 23-27 in observance of Thanksgiving. Spending limits will be: Level 1 \$100, Level 2 \$140 and Level 3 \$190. Commissary will resume operations November 30. This double spending and closure will not affect Special Housing.

Date: October 15, 2020

To: All Adults in Custody

From: Correctional Services Unit

Subject: Governor's Commutation Criteria DOC is doing reviews every other month to determine which adults in custody (AICs) meet the requirements to be considered for commutation by Governor Brown. Below are Governor Brown's requirements.

Group 1: Medically vulnerable

- Be particularly vulnerable to COVID-19, as identified by DOC medical staff (information posted in Health Services and other common areas);
- Not be serving a sentence for a person crime;
- Have served at least 50% of their sentence;
- Have a record of good conduct for the last 12 months;
- Have a suitable housing plan; and
- Have their out-of-custody health care needs reviewed and adequately addressed before the date set for their early release.
- Not present an unacceptable safety, security, or compliance risk to the community.
- Group 2: Projected release date within two months
- Be within two months of release as calculated by DOC;
- Not be serving a sentence for a person crime;
- Have a record of good conduct for the last 12 months;
- Have a suitable housing plan before the date set for their early release;
- Have their out-of-custody health care needs assessed and adequately addressed before the date set for their early release.
- Not present an unacceptable safety, security, or compliance risk to the community.
- Please understand DOC has no power to consider AICs for release before the completion of their sentence unless:
 - The Governor grants commutation or another form of clemency to an AIC.
 - The sentencing court authorizes early release for an eligible AIC under specific court-ordered DOC programs. Examples of this include alternative incarceration program (AIP), short-term transitional leave, and second look conditional release.

AICs can contact local institution health care staff for any questions about medical vulnerability or COVID-19 symptoms. AICs are also encouraged to get tested. Other questions about commutations can be answered by the Correctional Services Unit – Attention: Heather Riggs, Dome Building.

Fecha: 15 de Octubre de 2020
Para: Todos los Presos
De: Unidad de Servicios Correccionales
Tema: Criterios de Conmutación de la Gobernadora

El departamento está haciendo revisiones cada dos meses para determinar cuales adultos bajo custodia (AIC) cumplen con los requisitos para ser considerados para la conmutación por parte de la Gobernadora Brown. A continuación, se encuentran los requisitos de la Gobernadora Brown.

Grupo 1: Médicamente vulnerable

Ser particularmente vulnerable al COVID-19, según lo identificado por el personal médico del DOC (información publicada en Servicios de Salud y otras áreas comunes);

No estar cumpliendo una sentencia por el delito de una persona;

Haber cumplido al menos el 50% de su condena;

Tener un historial de buena conducta durante los últimos 12 meses;

Tener un plan de vivienda adecuado; y

Hacer que se revisen y aborden adecuadamente sus necesidades de atención médica fuera de la custodia antes de la fecha establecida para su liberación anticipada.

No presentar un riesgo inaceptable de seguridad, protección o cumplimiento para la comunidad.

Grupo 2: fecha de lanzamiento proyectada dentro de dos meses

Estar dentro de los dos meses posteriores a la liberación según lo calcula el DOC;

No estar cumpliendo una sentencia por el delito de una persona;

Tener un historial de buena conducta durante los últimos 12 meses;

Tener un plan de vivienda adecuado antes de la fecha fijada para su liberación anticipada;

Que se evalúen y aborden adecuadamente sus necesidades de atención médica fuera de la custodia antes de la fecha fijada para su liberación anticipada.

No presentar un riesgo inaceptable de seguridad, protección o cumplimiento para la comunidad.

Por favor, comprenda que el DOC no tiene poder para considerar la liberación de los presos antes de completar su sentencia a menos que:

El gobernador concede conmutación u otra forma de clemencia a un AIC.

La corte de sentencia autoriza la liberación anticipada para un AIC elegible bajo programas DOC específicos ordenados por la corte.

Ejemplos de esto incluyen el programa de encarcelamiento alternativo (AIP), la licencia transitoria de corto plazo y la libertad condicional de segunda mirada.

Los AIC pueden comunicarse con el personal de atención médica de la institución local si tienen alguna pregunta sobre la vulnerabilidad médica o los síntomas del COVID-19. También se anima a los AIC a hacerse la prueba. Otras preguntas sobre conmutaciones pueden ser respondidas por la Unidad de Servicios Correccionales - Atención: Heather Riggs, Dome Building.

¿Soy médicamente vulnerable al COVID-19?

Con base en la evidencia médica actual de los Centros para el Control y la Prevención de Enfermedades (CDC), cualquiera de las afecciones médicas enumeradas en la siguiente tabla aumenta el riesgo de enfermedades graves como resultado de COVID-19. Si tiene más preguntas, comuníquese con un profesional de Servicios de salud.

Condición

Condiciones cardíacas graves, como insuficiencia cardíaca, enfermedad de las arterias coronarias o miocardiopatías

Cáncer

Enfermedad renal crónica (cualquier etiología)

EPOC (espirometría para documentar la relación FEV1 / FVC <75%,

Obesidad (IMC > 30)

Anemia drepanocítica

Trasplante de órganos sólidos

Diabetes mellitus tipo 2

Asma (espirometría que documenta PEFr <80%)

Enfermedad cerebrovascular (accidente cerebrovascular o AIT)

Hipertensión

El embarazo

Tabaquismo (antecedentes de tabaquismo)

Uso de corticosteroides u otros medicamentos inmunosupresores

Trasplante de médula ósea

VIH (CD4 <500)

Inmunodeficiencias

Trastornos metabólicos hereditarios

Enfermedad del hígado

Condiciones neurológicas

Otras enfermedades pulmonares crónicas (cualquiera)

Pediatría

Talasemia

Diabetes mellitus tipo 1

CUALQUIERA de las condiciones anteriores califica al paciente para la definición de AIC vulnerable. Además, también se incluirán todos los AIC mayores de 60 años.

Condition

Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies

Cancer

Chronic kidney disease (any etiology)

COPD (spirometry to document FEV1/FVC ratio <75%,

Condition
Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
Cancer
Chronic kidney disease (any etiology)
COPD (spirometry to document FEV1/FVC ratio <75%,
Obesity (BMI> 30)
Sickle cell disease
Solid organ transplantation
Type 2 diabetes mellitus
Asthma (spirometry documenting PEFr<80%)
Cerebrovascular disease (stroke or TIA)
Hypertension
Pregnancy
Smoking (history of smoking)
Use of corticosteroids or other immunosuppressive medications
Bone marrow transplantation
HIV (CD4<500)
Immune deficiencies
Inherited metabolic disorders
Liver disease
Neurologic conditions
Other chronic lung diseases (any)
Pediatrics
Thalassemia
Type 1 diabetes mellitus

ANY of the above conditions qualifies the patient for the vulnerable AIC definition. Also, all AIC over 60 years of age will also be included.

FLU VACCINES TEXT FORAIC 2020 NEWSLETTER

Please add the below flu vaccine information to your AIC newsletters through December 2020.

I'm healthy, do I need a flu vaccine?

Flu is a contagious disease which can lead to serious illness, including pneumonia. Even healthy people can get sick enough to miss work or school for a significant amount of time or even be hospitalized. An annual flu vaccine is recommended for everyone 6 months of age and older. Pregnant women, young children, older people, and people with certain chronic medical conditions like asthma, diabetes and heart disease are at increased risk of serious flu-related complications, so getting a yearly flu vaccine is especially important for them.

Is the flu vaccine safe?

Yes. The flu vaccine is safe. Hundreds of millions of Americans have safely received flu vaccines over the past 50 years, and there has been extensive research supporting the safety of seasonal flu vaccines. Each year, CDC works closely with the U.S. Food and Drug Administration (FDA) and other partners to ensure the highest safety standards for flu vaccines.

I had the vaccine last year. Do I need to get it again this year?

Flu viruses are constantly changing and so flu vaccines may be updated from one season to the next. You need the current season's vaccine for the best protection. A person's immune protection from the vaccine declines over time. Annual vaccination is needed for the best protection.

SPANISH TRANSLATION

Estoy sano, ¿necesito una vacuna contra la gripa?

La gripe es una enfermedad contagiosa que puede provocar enfermedades graves, incluida la neumonía. Incluso las personas sanas pueden enfermarse lo suficiente como para faltar al trabajo o la escuela durante una cantidad significativa de tiempo o incluso ser hospitalizadas. Se recomienda una vacuna anual contra la influenza para todas las personas a partir de los 6 meses de edad. Las mujeres embarazadas, los niños pequeños, las personas mayores y las personas con ciertas afecciones médicas crónicas como asma, diabetes y enfermedades cardíacas tienen un mayor riesgo de sufrir complicaciones graves relacionadas con la influenza, por lo que vacunarse anualmente contra la influenza es especialmente importante para ellos.

¿Es segura la vacuna contra la influenza?

Si. La vacuna contra la gripa es segura. Cientos de millones de estadounidenses han recibido vacunas contra la influenza de forma segura durante los últimos 50 años y se han realizado investigaciones exhaustivas que respaldan la seguridad de las vacunas contra la influenza estacional. Cada año, los CDC trabajan en estrecha colaboración con la Administración de Alimentos y Medicamentos de los EE. UU. (FDA) y otros socios para garantizar los más altos estándares de seguridad para las vacunas contra la influenza.

Recibí la vacuna el año pasado. ¿Necesito conseguirlo de nuevo este año?

Los virus de la influenza cambian constantemente, por lo que las vacunas contra la influenza pueden actualizarse de una temporada a la siguiente. Necesita la vacuna de la temporada actual para obtener la mejor protección. La protección inmunológica de una persona frente a la vacuna disminuye con el tiempo. La vacunación anual es necesaria para la mejor protección.

Date: October 8, 2020

To: All Adults in Custody

From: Agency Operations Center

In an effort to further decrease the spread of COVID-19, DOC has enhanced face coverings for distribution to DOC employees and adults in custody (AICs). New research and guidance from the Centers for Disease Control and Prevention (CDC) and discussion with Oregon Health Authority encourage the highest level of protection available.

The enhanced face coverings may provide more protection from aerosols than a cloth face covering. Face coverings are a critical tool in the fight against COVID-19 that could reduce the spread of the disease. The enhanced face coverings are not mandatory. Cloth face coverings are still acceptable.

Three of these face coverings will be available for each employee and AIC through Health Services at each location. They should be allowed to dry completely before reuse. More face coverings will be available each month for replacement as necessary. These will arrive at all locations in the coming days.

We cannot stress enough the importance of doing everything in your power to help stop reduce the spread of COVID-19. Wash your hands, keep your distance, and please – wear a mask.

Fecha: 8 de Octubre de 2020

Para: Todos los Encarcelados

Desde: Centro de Operaciones de la Agencia

En un esfuerzo por reducir aún más la propagación de COVID-19, el DOC ha mejorado las cubiertas faciales para distribuir las a los empleados del DOC y a los presos. Las nuevas investigaciones y la orientación de los Centros para el Control y la Prevención de Enfermedades (CDC) y la discusión con la Autoridad de Salud de Oregon fomentan el más alto nivel de protección disponible.

Los revestimientos faciales mejorados pueden proporcionar más protección contra los aerosoles que un revestimiento facial de tela. Las cubiertas faciales son una herramienta fundamental en la lucha contra COVID-19 que podría reducir la propagación de la enfermedad. Los revestimientos faciales mejorados no son obligatorios. Los revestimientos faciales de tela siguen siendo aceptables.

Tres de estas cubiertas faciales estarán disponibles para cada empleado y preso a través de los Servicios de Salud en cada ubicación. Deben dejarse secar completamente antes de volver a usarlos. Más cubiertas faciales estarán disponibles cada mes para reemplazo según sea necesario. Estos llegarán a todas las ubicaciones en los próximos días.

No podemos enfatizar lo suficiente la importancia de hacer todo lo que esté a su alcance para ayudar a detener la reducción de la propagación de COVID-19. Lávese las manos, mantenga la distancia y, por favor, use una máscara.

To all Adults in Custody,

As a part of **ORS 423.105**, Court Ordered Financial Obligations (COFOs) are now set to begin collecting on **October 1, 2020**. These collections were previously delayed to ease difficulties associated with the COVID-19 pandemic. COFO collections are mandated by Oregon state law, and as such the Department of Corrections (DOC) can no longer delay implementation.

Per statute, **15%** will be deducted from each eligible deposit* and distributed as shown below.

1. **5%** is deposited into **Transitional Savings** until the account reaches \$500.
2. **10%** is collected for **Court Ordered Financial Obligations (COFOs)**.
 - a. Once the Transitional Savings account has reached \$500, the entire 15% will be collected for COFOs, until satisfied.
 - b. Once COFOs have been satisfied, AICs may choose to continue to deposit 5% from each eligible deposit into Transitional Savings.
3. Once both the Transitional Savings and the COFOs have been satisfied, no further court-ordered obligations will be deducted from eligible deposits.

*Eligible deposits are moneys deposited in an AIC trust account including, but not limited to, AIC performance monetary awards (PRAS) and moneys received from an AIC's family members or friends. Eligible deposits do not include protected moneys.

DOC does not have detailed information about these debts, as they are statutory collections made on behalf of the Oregon Judicial Department (OJD). OJD has provided the below address where AICs may submit questions regarding COFO debt details directly.

Oregon Judicial Department
Business and Fiscal Services Division
Attn: Collections
1163 State Street
Salem, OR 97301

Please note that the COFO balance on your monthly statement may change based on third party payments directly to OJD or further judgements assessed by your court of record. This updated amount is provided by OJD each month.

Please direct all other questions to Financial Services via the tablet electronic communication system, or via AIC paper communication.

Again, COFOs are now scheduled to begin collecting on October 1, 2020.

Thank you,

DOC Financial Services

A todos los adultos en custodia,

Como parte de ORS 423.105, las Obligaciones Financieras Ordenadas por el Tribunal (COFO) ahora están programadas para comenzar a cobrar el 1 de Octubre de 2020. Estas recolecciones se retrasaron anteriormente para aliviar las dificultades asociadas con la pandemia COVID-19. Los cobros de COFO son obligatorios por la ley del estado de Oregon y, como tal, el Departamento de Correcciones (DOC) ya no puede retrasar la implementación.

Según el estatuto, se deducirá el 15% de cada depósito elegible * y se distribuirá como se muestra a continuación.

1. El 5% se deposita en ahorros de transición hasta que la cuenta alcance los \$ 500.
2. Se recauda el 10% por obligaciones financieras ordenadas por el tribunal (COFO).
 - a. Una vez que la cuenta de ahorros de transición haya alcanzado los \$ 500, se cobrará el 15% total para los COFO, hasta que esté satisfecho.
 - b. Una vez que se hayan satisfecho los COFO, los presos pueden optar por seguir depositando el 5% de cada depósito elegible en los ahorros de transición.
3. Una vez que se hayan satisfecho tanto los ahorros de transición como los COFO, no se deducirán de los depósitos elegibles más obligaciones ordenadas por la corte.

* Los depósitos elegibles son dinero depositado en una cuenta fiduciaria de los encarcelados que incluye, entre otros, premios monetarios por desempeño preso (PRAS) y dinero recibido de familiares o amigos de los presos. Los depósitos elegibles no incluyen dinero protegido.

El DOC no tiene información detallada sobre estas deudas, ya que son cobros legales hechos en nombre del Departamento Judicial de Oregon (OJD). OJD ha proporcionado la siguiente dirección donde los presos pueden enviar preguntas sobre los detalles de la deuda de COFO directamente.

Oregon Judicial Department
Business and Fiscal Services Division
Attn: Collections
1163 State Street
Salem, OR 97301

Tenga en cuenta que el saldo de COFO en su estado de cuenta mensual puede cambiar según los pagos de terceros directamente a OJD o fallos adicionales evaluados por su tribunal de registro. Esta cantidad actualizada es proporcionada por OJD cada mes.

Dirija todas las demás preguntas a Servicios Financieros a través del sistema de comunicación electrónica de la tableta o mediante la forma de comunicación de preso.

Nuevamente, los COFO ahora están programados para comenzar a recolectar el 1 de Octubre de 2020.

Gracias,

Servicios Financieros DOC

To All Adults in Custody,

Effective Wednesday, August 12, 2020, all adults in custody are required to have a face covering with them any time they leave their cell or bunk area. A face covering will be worn when interacting with staff or others when 6 feet of social distance cannot be maintained. Adults in custody who refuse to wear a face covering will be given a daily fail if at a work site, or it will be handled through progressive discipline.

- Meals – Masks are not required while consuming food.
- Recreation – On recreation yards, if within 6 feet of someone, a face covering must be worn. If 6 feet of social distancing can be maintained, then the face covering can be removed.
- Work – At work sites, anyone within 6 feet of others refusing to wear a face covering after being reminded, will be issued a daily fail.
 - Indoor work crews, such as call centers, will have plexiglass barriers installed if the work area does not allow for 6-foot distance in spacing.
 - Outside work crews that allow for 6 feet of social distancing are able to remove their mask. Refusal to wear a mask while on an outside crew will not result in the crew being canceled; however, the adult in custody refusing will be issued a daily fail.
- Anyone within 6 feet of others who refuses to wear a face covering after being reminded will be handled with progressive discipline as authorized by the functional unit manager.

Additional cloth masks will be provided to you. Do not modify these masks with writing or other changes, or they may be confiscated. DOC has recently enhanced face covering requirements for DOC staff as well. For both AICs and staff refusing to wear face coverings, discipline is possible.

There may be additional requirements for institutions at a heightened tier level or as directed by the functional unit manager.

Researchers from around the world have found **wearing even a basic cloth face covering works better to prevent the spread of Covid-19 than wearing nothing at all.** And new research shows masks could offer some personal protection from the virus, in addition to protecting others.

Robert Redfield, director of the Centers for Disease Control and Prevention (CDC), said he believes **the pandemic could be brought under control over the next four to eight weeks if “we could get everybody to wear a mask right now.”** (WSJ, July 18, 2020)



YOU MAY HAVE LESS CHANCE OF GETTING COVID-19.

IF YOU DO GET COVID-19 WHILE WEARING A MASK:

- You may have fewer symptoms.
- You will likely pass the virus to fewer people.
- Everyone will have a better chance of surviving the virus.

WEARING A MASK MAKES SENSE.

ODOC HEALTH SERVICES COVID-19 FAQ

How can I help protect myself from COVID-19?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Follow social distancing advice and avoid being in close contact, if possible, with those that are ill.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds.

Is there a vaccine for COVID-19?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

Is there a treatment for COVID-19?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms. There are drugs under scientific investigation, however.

How is ODOC Health Services ensuring I am staying safe during the COVID-19 pandemic?

Health Services has taken an active role in teaching adults in custody and staff about the importance of hygiene and social distancing and the role we all play in keeping us all safe and healthy. Health Services has also changed how they provide routine health care services. Provider clinics, medication lines, and the provision of nursing care has been modified to reduce the risk of coronavirus transmission. Most importantly, Health Services is committed to continually assessing our patient health care needs and modifying operations to ensure all adults in custody receive timely and safe health care services during the pandemic.

What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

How does COVID-19 spread?

The virus that causes COVID-19 likely emerged from an animal source but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes – but this is not thought to be the main way the virus spreads.

What are the symptoms of COVID-19?

Patients with COVID-19 can have mild to severe respiratory illness often associated with flu-like symptoms:

- fever and/or chills
- cough
- shortness of breath
- body aches
- decreased appetite

Please report any respiratory symptoms promptly to Health Services. Ask your unit officer to call the Clinic ASAP. Please do not wait to report your symptoms via an AIC Communication.

Who is at a higher risk for severe illness from COVID-19?

COVID-19 is a new disease, and there is limited information regarding risk factors for severe disease.”

Based on currently available information and clinical expertise, older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19.



OREGON DEPARTMENT OF CORRECTIONS

April 24, 2020

To: Adults in Custody

From: DOC Agency Operations Center

Effective immediately, all individuals entering and occupying any DOC Health Services areas are required to wear a utility mask. These utility masks are the cloth masks provided to you by DOC. If you do not have a utility mask, please check with your unit officer. Remember to wash your hands before putting the mask on your face.

- DOC staff are required to wear masks in all Health Services, including Behavioral Health Services (BHS) appointments.
- AICs arriving at Medical Health Services without a mask will be denied access.
- AICs going to BHS are strongly encouraged to wear masks but will not be denied access without one.

This new directive is for your safety. Research shows that the coronavirus/COVID-19 can spread between people interacting in close proximity—for example, speaking, coughing, or sneezing—even if those people don't have symptoms.

Thank you for your cooperation.



Prison Rape Elimination Act (PREA Information)

The Oregon Department of Corrections (ODOC) has a zero tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an inmate communication, through the grievance system, by calling the PREA hotline by dialing 9 from any inmate phone.

Filing an Anonymous PREA Report

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency.

You may write to:

Governor's Office of Constituent Services
900 Court Street NE, Suite 160
Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

Community-Based PREA Advocacy (Support) Program

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to inmates.

Inmates at ODOC who have experienced sexual abuse may reach a community-based advocate by dialing 711 inmate telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information and emotional support. There is no charge for calls to advocates.

Role of an Advocate:

- Provide confidential support and crisis intervention
- Inform you about the investigation and medical examination process
- Educate you about healing from sexual abuse
- Offer resources and referrals

Advocates will:

- Not tell you what to do
- Not communicate with the institution unless you request them to do so and sign a release
- Not provide legal advice

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report unless you request them to do so and if you sign a release of information.



DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters
3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled similar to legal calls/official mail.

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

E. Sage, PREA Coordinator
Oregon Department of Corrections
2575 Center St. NE
Salem, Oregon 97301

Novel Coronavirus (COVID-19)

What can YOU do?

- Wash your hands often with soap and water **for at least 20 seconds**, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay in your cell or housing unit when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect your personal area frequently.

So, what are the FACTS? (from the Centers for Disease Control and Prevention)

- There is presently no vaccine for COVID-19.
- There is no specific-antiviral cure for COVID-19.
- Symptom relief, close medical monitoring, and standard precautions are the standard-of-care.
- The coronavirus is spread through the air by coughing and sneezing, touching an object or surface with the virus on it, then touching your mouth, nose, or eyes.

As with any health condition, **YOU** are the best person to take care of **YOUR** health! If you think you may have been exposed to COVID-19, please contact Health Services immediately.

ODOC HEALTH SERVICES FAQ

WHAT IS A PANDEMIC?

A pandemic is a global outbreak of disease. Pandemics happen when a new virus begins to infect people and can spread between people sustainably. Because people have little to no immunity against the new virus, it spreads worldwide.

On March 11th, the COVID-19 outbreak was characterized as a pandemic by the WHO.

Pandemics progress in an orderly but disruptive manner. There are many factors which affect the progression of a pandemic (e.g. social distancing, health care availability, etc.). Different countries can be in different phases of the pandemic at any point in time and different parts of the same country can also be in different phases of a pandemic.

HOW DID COVID-19 DEVELOP?

COVID-19 is caused by a new coronavirus. Coronaviruses are a large family of viruses that are common in people and many different species of animals, including camels, cattle, cats, and bats. Rarely, animal coronaviruses can infect people and then spread between people, but it can happen. This has happened in the past with MERS (Middle Eastern Respiratory Syndrome), SARS (Severe Acute Respiratory Syndrome), and now with this new virus, COVID-19.

The genetic profile of the COVID-19 virus taken from U.S. patients is like the one that China initially reported and leads researchers to believe that his virus came from an animal, specifically a bat. Bats are also believed to the source of MERS and SARS.

Pandemics are not new. They don't happen frequently, but they do occur. In the past century, there have been four pandemics caused by the emergence of new influenza (flu) viruses. This is the first pandemic known to be caused by a new coronavirus (COVID-19).

HOW SICK DOES COVID-19 MAKE PEOPLE?

How sick people get when infected with COVID-19 is not completely known. Reported illnesses have ranged from very mild (including some with no reported symptoms) to severe, including illness resulting in death. Information so far suggests that the majority of COVID-19 illnesses are mild. How sick a person will become when infected can vary depending on their age, immune system function, underlying health conditions and general overall health. As you have seen in the news, the elderly (over age 65) have been more affected by COVID-19 than younger people. People with serious underlying medical conditions — like serious heart conditions, chronic lung disease, and diabetes, for example — also seem to be at higher risk of developing serious COVID-19 illness. Serious illness is estimated to be around 20% of all COVID-19 patients, but it is difficult to tell exactly what percentage of people will become seriously ill with any certainty. COVID-19 and the health complications it causes for patients is very new to health care providers. Health care providers are still learning how the virus behaves and what treatments are most effective and over time the hope is that the more that is learned about COVID-19 will result in fewer people becoming seriously ill.

ODOC HEALTH SERVICES FAQ

WHAT IS THE DIFFERENCE BETWEEN QUARANTINE AND ISOLATION?

Quarantine is used to keep someone who might have been exposed to COVID-19 away from others to help limit the spread. Someone in quarantine stays separated from others, and they limit movement outside of their current place. A person may have been exposed to the virus without knowing it (e.g., when traveling out in the community), or they could have the virus without feeling symptoms.

Isolation is used to separate sick people from healthy people. People who are in isolation should stay separate from others. Anyone with suspected or confirmed COVID-19 infection should separate themselves from others by staying in a specific “sick” area and use a different bathroom (if possible).

Isolation is not punishment. Isolation is the only way we currently can prevent uninfected people from becoming infected. Without isolation an infected person could potentially make everyone around them sick.

HOW CAN I REDUCE MY RISK OF BECOMING INFECTED WITH COVID-19?

Practice good hygiene:

- Wash your hands, especially after touching any frequently used item or surface
- Avoid touching your face
- Sneeze or cough into a tissue, or the inside of your elbow.
- Disinfect frequently used items and surfaces as much as possible.

Wear your utility mask any time you are outside your cell.

Avoid social gatherings.

HOW DOES ONE SAFELY STERILIZE/CLEAN A CLOTH FACE COVERING?

A washing machine should suffice in properly washing a face covering.

HOW DOES ONE SAFELY REMOVED A USED CLOTH FACE COVERING?

Individuals should be careful not to touch their eyes, nose, and mouth when removing their face covering and wash hands immediately after removing.

HOW CAN I HELP MYSELF STAY AS HEALTHY AS POSSIBLE IF I AM DIAGNOSED WITH COVID-19?

- Drink plenty of fluids
- Stay active = Sit at the edge of your bed / Walk around your room frequently
- Perform deep breathing exercises
- Take all prescribed medications
- Keep a positive attitude
- Communicate any change in your condition to Health Services staff immediately

CDC. (2020). Coronavirus (COVID-19). Retrieved April 15, 2020, from <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>.

ACTIVITIES CALENDAR

NOVEMBER 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5 No Tickets	6	7
8	9 Pastry Box Pick-up	10	11 Veterans Day	12 No Tickets	13	14
15	16	17	18	19 Tickets	20 Incentive	21
22	23	24	25	26 No Tickets Thanksgiving	27 Pastry Box Out	28
29	30	1	2	3 No Tickets	4	

Tuesday — Movie signup in Admin Unit 3 10:00 am to 10:10 am and, Unit 2 10:15 am to 10:25 am, and Unit 1 10:30 am to 10:40 am in Admin.

Wednesday — Pastry Pickup in Admin Unit 3 10:00 am to 10:10 am and, Unit 2 10:15 am to 10:25 am, and Unit 1 10:30 am to 10:40 am in Admin.

Thursday — Activity, Coffee, and Photo Ticket Pickup in Admin Unit 3 10:00 am to 10:10 am and, Unit 2 10:15 am to 10:25 am, and Unit 1 10:30 am to 10:40 am in Admin.

• **Incentive Movie** — Announced on units and located in the dining hall.

• **Holiday Movie** — Playing on the Units Channel 52 at 8 am.

All tournaments weather permitting

Saturday Game:

Sign ups: TBA

Start: 30 min later

Hosted by: Mr. ???????

Sunday Game:

Sign ups: TBA

Start: 30 min later

Hosted by: Mr. ???????

IWP Positions

OCE Work Opportunity

The OCE Call Center at WCCF is recruiting to fill open positions. The current schedule is Monday – Friday, 7:15 – 3:30. This position awards PRAS points with the opportunity to earn a Team Goal Award and a production-based Individual Meritorious Award as well. Agents in this out-bound contact center perform lead generation calls. The agents must be motivated and able to maintain a professional attitude at all times.

All applicants must meet the following qualifications:

- **Must qualify for a Minimum Custody Institution (Level 1 or 2)**
- **Must have a valid social security number or equivalent**
- Have NO convictions for ID Theft or Computer related crimes
- Be able to read proficiently and speak English language clearly
- Be able to work efficiently and professionally at all times
- Cannot be in any programs/activities which would conflict with a Monday – Friday 7:15 am. to 3:30 pm. work week
- Be willing to sign a one year retention agreement – anyone leaving the assignment either by termination or resignation before serving the full retention period will be returned to the sending institution and receive a program fail (unless for release)

All applicants will need to pass a DOC/OCE security screening and OCE interview before being considered for the position.

Submittal Process:

If you are interested in applying, please complete a DOC Inmate Work Application referencing WCCF Call Center as the position applied for and submit to:

S. Thomas
OCE Offender Services
PO Box 12849
Salem, Or 97309



Date: July 30, 2020
To: All Adults in Custody (AICs)
From: Garry Russell
DOC Agency Operations Center
Subject: Visiting

Unfortunately, we report that visiting **remains closed statewide until further notice** with the continued rise in COVID-19 cases. DOC knows how important contact with family and friends is, and we encourage you to use other communication like letters, phone calls, and video interactive phone (VIP) calls.

DOC is preparing for visiting to reopen as soon as possible with new visiting procedures, thorough screening processes, and social distancing methods. This will eventually allow for families to visit, while still maintaining safety for the adults in custody, our staff, and our communities. Unfortunately, we do not have any tentative date.

DOC has recently enhanced face covering requirements for DOC staff and will be supplying additional masks to AICs. As soon as masks are available for all AICs, masks will be required whenever 6 feet of distance cannot be maintained. We know face coverings are an essential tool in reducing the spread of COVID-19.

When each facility can safely do so, visiting will reopen. We will make public announcements as soon as possible to help visitors plan.

Admin Clerk

Admin is seeking a Clerk to aid in computer work, filing, and activities committee related tasks. Requirements to qualify to apply include:

MUST HAVE:

1. 6 months until treatment eligibility or release date
2. No Program failures
3. Clear Conduct for the past 6 months
4. GED
5. Strong work ethic, ability to follow instructions, and work independently.
6. Must have working knowledge of Microsoft office – Word – and Excel.
7. Previous experience preferred.

Interested in the position please fully complete the CD1523 Work Application Form and send it to Ms. Pimentel – IWP Coordinator.

The position will be open until filled by qualified Candidate

*******WORK ASSIGNMENT NOTICE*******

Barber Shop is taking applications for a part-time braider position. Please complete an application listing your experience and submit it to Ms. Pimentel.

IWP Notice

As a friendly reminder, work assignments are done according to the operational needs of the institution.

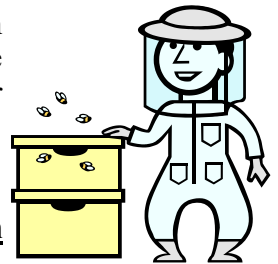
If you are under pre-release status you are allowed to participate in all Road to Success training.

Tasks related to release can be done outside your work assignment schedule.

What's all the buzz about?

Honeybees are responsible for approximately 80% of all fruit, vegetable and seed crops in the U.S. Beekeepers have recently been experiencing unexplained colony collapse, a complete disappearance of bees from a hive. As part of the ODOC's sustainability project, Powder River is offering an apprenticeship level beekeeping program.

The beekeeping program will be a yearlong course that is a combination of class room and hands on learning and maintaining of honey bee hives. Upon completion of the apprenticeship program you will be certified through the Washington Master Beekeeping Program and would be eligible to continue the journeyman and master levels through the Oregon State University (OSU) after release.



Minimum Requirements: Year left before release date or entering treatment, must be outside cleared, must have GED or enrolled to obtain GED, incentive 3 level, and **NO known bee allergies.**

Cost: **\$20.00 for workbook.** CD28 Instructions:

- a. Purpose: Bee Keeping Class
- b. Payable to: PRCF Art #2480

Classes start in February, 2021

If classes conflict with your work assignment, you must arrange with Work Supervisor to attend classes. You will not be excused from work to attend class unless you have approval from work site. Communication is KEY!!!!

Please keep in mind that this will be an educational course and will not be counted as work, you will receive PRAS points at the level of any other education program.

To enroll please send a communication and complete a CD28 to Ms. Pimentel by January 15, 2020

