



ADMINISTRATION

Visiting Reminder for AICs

Thank you for your patience during this difficult time with outside visiting. As a reminder, with Covid shutdowns it's important that you make sure to resubmit a visiting application if they have not visited in two(2) years or they will be automatically dropped from your visiting list. If this occurs, the visitor must then submit a new application to be added to the list. We also ask that you monitor visiting points and keep your visitors apprised of your visit availability. AICs are allowed visiting points based on the Non-Cash Incentive (NCI) program. Incentive Level 1's receive 24 points, Incentive Level 2's receive 29 points and Incentive Level 3's receive 34 points. Points can be found by either sending an AIC Communication to the visiting desk Corporal or for the most current update, ask your visiting room Sgt. to check during your visit. This gives you Realtime information to pass to your visitors. Visitors will be denied entry upon a zero point balance. Points will be automatically refreshed on the first calendar day of the month. Visitors will not be allowed to ask Staff about point status. The latest Visiting Room Rule changes can be found beginning at OAR 291-127-0405.

OAR 291-127-0430

(1) The number of visits approved in any calendar month for inmates in a Department of Corrections facility shall be limited in accordance with the following point value system:

(2) Each inmate who is permitted visiting (privileged or basic) shall be allocated visiting points each calendar month in accordance with their incentive level as outlined in OAR 291-077. (Typical monthly start is 34 points for level 3.)

(3) Visiting points shall not be deducted for a child under the age of three, as long as the child is held during the visiting session. Visiting points shall not be deducted for visitors age 65 and older.

(4) On weekdays, one point shall be deducted for each visitor per visiting session.

(5) On weekends and holidays, two points shall be deducted for each visitor per visiting session, except in those Department of Corrections facilities with

weekend visiting only, in which case one point shall be deducted for each visitor per visiting session.

(6) However, visitation periods when points are not deducted may be permitted at the discretion of the superintendent or designee.

/s/ K. Coons, OSP Visiting Corporal

Updated Senate Bill 819 add on For Lake County convictions only:

DOC has received a six-page document from Lake County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Wasco County convictions only:

DOC has received a Five-page document from Wasco County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Coos County convictions only:

DOC has received a Five-page document from Coos County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Jackson County convictions only:

DOC has received a Five-page document from Jackson County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Marion County convictions only:

DOC has received a four-page document from Marion County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a

copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Malheur County convictions only:

DOC has received a two-page document from Malheur County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Grant County convictions only:

DOC has received a six-page document from Klamath County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Klamath County convictions only:

DOC has received a three-page document from Klamath County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Washington County convictions only:

DOC has received a three-page document from Washington County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Josephine County convictions only:

DOC has received a eight-page document from Lane County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Lane County convictions only:

DOC has received a five-page document from Lane County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be

scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Linn County convictions only:

DOC has received a Six-page document from Linn County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Deschutes County convictions only:

DOC has received a four-page document from Lane County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Multnomah County convictions only: Effective January 1, 2022, Senate Bill 819 (SB 819) will go into effect. SB 819 established a procedure for people convicted of, and sentenced for, felony offenses to petition their sentencing court for reconsideration of their conviction(s) and/or sentences. The Multnomah County District Attorney's Office has compiled their own process and application for SB 819 consideration.

In a prior newsletter, we indicated that packets would be provided free of charge by the Law Library. The packets were going to be free because Multnomah County District Attorney's Office planned to mail the packets to Dept. of Corrections (DOC). Multnomah County has notified DOC that they will not be mailing packets in for AICs to use. DOC will now be printing the packets. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a forms appointment. You will need to fill out a legal photocopy request form and CD 28.

For Curry County convictions only:

Curry County District Attorney's Office does not have a specific form that must be filled out in order for a request to be considered. Someone requesting review of their case should provide the following:

- o The conviction(s) underlying the sentence for which the requestor seeks a conviction or sentence reconsideration.
- o Whether the conviction is on direct appeal (if it is, the case is ineligible for consideration).
- o Reasons why the original sentence no longer serves the interests of justice.

o The requestor's desired result: No conviction at all? Conviction of a different crime? Reduction of prison sentence? Reduction of fine? Etc.

o Information that addresses the considerations listed in ORS 137.218:

- The requestors disciplinary record in jail or prison (if applicable) and record of rehabilitation while incarcerated.
- Evidence that reflects whether the requestor's age, time served in-custody, and diminished physical or mental condition, if any, have reduced the requestor's risk for future violence.
- The future safety of the victim of the crime(s) for which the requestor seeks conviction or sentence reconsideration.
- The amount of the original sentence already served by the requestor.
- Evidence that reflects changed circumstances since the requestor's conviction and shows that the requestor's sentence no longer advances the interests of justice

Requests can be mailed to: Curry County District Attorney, 94235 Moore St., Ste 232, Gold Beach, OR 97444.

For all other County convictions:

Other than Wasco, Lake, Marion, Coos, Jackson, Malheur, Grant, Klamath, Washington, Linn, Multnomah, Deschutes, Curry, Josephine and Lane County, DOC has no further information regarding SB 819. You will need to contact all other District Attorney's Offices for more information. We will update as we receive information from District Attorney's Office.

Please do not send CD-28 in the mail to the Legal Library. All CD-28's that are sent in the mail to the legal library will not be processed. AICs will need to be scheduled on a call out for a form's appointment. AICs will need to fill out a legal photocopy request form and CD 28.

Notary Reminder:

All items that are notarized need to be mailed out of the legal library. Please bring an envelope to your scheduled appointment.

/s/ R. Polk, Legal Library Coordinator

AIC Message for Cpap/Bipap Users

If you have a State issued Philips Respironics Cpap or Bipap machine that has a Philips recall please contact your Health Services to start the process of replacement.

Atención: Usuarios de Cpap y Bipap

Asunto: Máquinas Cpap Philips Respironics retiradas del mercado

Si tiene una máquina Philips Respironics Cpap o Bipap emitida por el estado que tiene un retiro de Philips, comuníquese con sus servicios de salud (Health Services) para iniciar el proceso de reemplazo.

/s/ Betty Bernt, Communications Manager

COMMISSARY

Commissary News, Updates and Reminders

Due to the possibility of another Covid outbreak within our Institutions we are preparing for potential temporary spending restrictions. We will be sending two commissary forms (regular and emergency) to your institution to be completed each week until further notice.

We will process your order either in full or with the least amount of restrictions possible; however, we will utilize the emergency form if needed. Having both forms will allow us to adjust with minimum interruptions to our customers.

We appreciate your cooperation and understanding once again as we navigate through this.

/s/ Anita Nelson, DSS Operations Manager

SECURITY

Covid-19 positive cases

Apparently the Omicron virus has arrived. This wave of the virus appears to move very quickly and so far has not caused nearly as much damage as prior instances. Our COVID positives spiked dramatically so we had to suspend visiting for the time being. We understand that even though visiting was non-contact, it was still appreciated and welcomed by our community, your family members and friends. We will resume visiting as soon as we're able. The silver lining to this wave hitting so fast is it passes quickly and, so far, all over the world, it's seemed to cause less of a strain on hospitals than prior waves. We will continue to do our due diligence in keeping our community and your family members as safe as we can.

Please remember to wear your face coverings and socially distance when possible. I know it gets old but we have to work together to slow the spread as much as possible. You are all important.

/s/ B. Stephen, Security

Visiting is Suspended

Due to the rapid increase of COVID-19 positives at OSP, in the County and in the State, visiting at the Oregon State Penitentiary will be suspended until further notice.

We recognize the importance of visiting to all of you, your families, and friends. We will attempt to resume visiting as quickly as possible.

/s/ B. Stephen, Security

Attention Charlie Block Sub-C Residents:

All Sub-C residents are scheduled to move out of Charlie Block as soon as January 14. C-Block Sub-C repairs (asbestos abatement) are scheduled to start on January 17. You will all be moving to D Block 2 Bar until the work has been completed. The work being done is scheduled to take a week to complete. You are **required** to move all your property with you. Please have your property packed and ready prior to being moved on January 14. Upon completion of the work, you will be moved back to your assigned cell in Sub-C. Thanks in advance.

/s/ B. Sundquist, Security

Prison Rape Elimination Act Questions and Answers

Here are the most asked questions when it comes to PREA:

- 1. How can I report a PREA allegation?
Answer: You can report an allegation to any staff member, the OIC, PREA grievance, PREA hotline, AIC communication and by third party.
- 2. If I use the PREA hotline or advocacy hotline are my calls confidential?
Answer: Yes, once you enter your pin number and press 9 for the PREA hotline or 711 to talk to a victim advocate, the phone system will not record the conversation or log that the number was called.
- 3. What is the buzzer sound I hear in all housing blocks, units and infirmary?
Answer: That buzzer sound is to make all AICs aware a staff member of the opposite gender has entered the area.
- 4. Is there a resource outside of the institution I can talk to about PREA confidentially?
Answer: Yes, the Center for Hope and Safety is an advocacy group that is there for you 24/7?

The role of the advocate is to –
Amplify the victim’s voice
Redirect victim blaming
Provide emotional support
Explain options for reporting

- Help victim process decision (not guide, recommend or suggest what is right)
- Provide resources and referrals
- Sit through forensic exam / investigatory interview if desired by the victim.
- Support family and friends of the victim

You can reach the advocate by dialing 711. The calls are confidential, not logged or recorded.

/s/ B. Stephen, Security

GENERAL SERVICES

Food Theft

Food theft from the Culinary is a major problem for the Institution. It impacts our ability to ensure adequate portions of the published menu are available, jeopardizes the health of individuals taking perishable food that is not being properly stored or cooked. It also has a significant effect on our ability to work within our food service budget.

This notice constitutes a direct order that you are not to take any food items from the Kitchen other than uncut fruit in the quantity served (per your Inmate Handbook). The following plan was designed to address this issue in a reasonable, consistent way.

- 1. If an AIC is caught stealing, or attempting to steal food, the food will be confiscated and disposed of accordingly. If the value of the food is less than \$20, the AIC will be issued a minor misconduct report. The minor misconduct report will be for disobedience of an Order III and will include the cost of all food items that must be disposed of due to the theft/attempted theft or misuse. If the value of the food is \$20 or more, the AIC will receive a major misconduct for Contraband II, and will also be charged for the cost of food that must be disposed of.
- 2. If the AIC stealing the food is assigned to the Kitchen or Dining Room, they will receive a program failure along with the Misconduct Report.
- 3. This process will be used for foodstuff found outside the Culinary Section (for example cell searches, etc.) if the items can reasonably be determined to have been taken from the Food Services.

Note: This does not prevent a staff member from issuing a misconduct report for a higher level charge (Contraband II) in the event the AIC has received a recent minor misconduct previously for the same conduct.

/s/ C. Wagner, Asst. Supt. General Services

MISCELLANEOUS

Transfer Requests - Process Changes

Electronic transfer requests to General Savings and Transitional Savings have been disabled due to current operational and system constraints.

To request a transfer to General Savings and/or Transitional Savings at this time, please use the paper form **Trust Account Transfer Request, CD 1832**.

There is now a minimum transfer amount requirement of \$5.00 when requesting a transfer. This change is noted on the updated form, available on your units and from your institution's Business Services staff."

/s/ Brianna Elisara, Compliance & Control Manager

MHI Unit ADL/Peer Companion Position Announcement

We believe that inmates who have proven to be successful in the prison community can provide a valuable resource to peers within that community. By listening to and mentoring peers who are struggling with various disabilities, Peer Companions can help teach them how to more effectively and productively manage their own responses to their environment.

Mental Health Special Housing is now hiring for two, full-time ADL/Peer Companions on the Mental Health Infirmary (MHI) unit. The Individuals selected for this position will report to the MHI unit for their shifts. We are looking for motivated, responsible individuals who have the willingness to work with individuals unable to care for their own ADL's as well as individuals experiencing significant mental health symptoms. It is important for Unit Peer Companion candidates to behave in a manner that is respectful, safe, confidential, and honest; modeling patience, respectful communication, and the following of all unit and institution rules.

MHI Unit ADL/Peer Companions will have specific shifts and are responsible for assisting unit staff, QMHP's and treatment staff in ensuring that identified inmates housed on MHI are getting their basic and daily needs met, which helps to improve their functioning and improve their overall quality of life while incarcerated.

Duties may also include assisting individuals around ADL coaching and skill building; increasing social interactions; and guiding or accompanying individuals who have difficulty walking or who are resistant to engaging in activities outside of their cells to activities on the unit, during day room, or out for MHI yard time. Please submit an application kyte to Kirsan Leep, MHI Program Manager if you are interested. Applications

will be accepted until this position is full. To be eligible, you must be an incentive Level 3 and have clear conduct for at least one year, it is preferred that you have one or more years left on your sentence.

/s/ Kirsan Leep, MHI

HVAC Shop Position

OSP HVAC Shop is accepting application for a worker position.

Desired skills

- HVAC/R, electrical or mechanical experience preferred.
- Must be a hard worker who is self-motivated, and willing to learn.
- Must be able to lift 75 pounds, work in confined spaces, on ladders or scaffolding, and in extreme temperatures.
- Must be able to work well with others and give and receive constructive criticism well.

Shift is Monday – Thursday 6:30 – 3:30.

12 months clear conduct required

/s/ J. Noland, Physical Plant

CHAPEL

CHAPEL MATERIALS AVAILABLE

THE CHAPEL HAS THE FOLLOWING MATERIALS AVAILABLE TO AICs

PROTESTANT MATERIALS

OUR DAILY BREAD – Daily Devotional booklet

IN TOUCH – Daily Devotional booklet by Dr. Charles Stanley

STRONG MAN OF GOD – Monthly Newsletter (Rev. Robert Kelley)

THE GOSPEL TRUMPETER – Church of God Monthly
INSIDE JOURNAL FOR MEN – Prison Fellowship
Newsletter

HOW TO BE A CHILD OF GOD – Witness Edition

REDEEMING GRACE MINISTRIES – Pastor Tim Ralls
– Weekly devotional

(Note – This is sent to AICs on the Calvary Chapel
Saturday evening turnout.)

SAFE HARBOR CHURCH (NAZARENE) –
Vancouver, WA. – Weekly bulletin, song
sheet, prayer requests and bible study.

INTERESTED IN RECEIVING A FREE LARGE PRINT
KJV BIBLE WITH YOUR NAME EMBOSSED IN
GOLD? You could receive this bible after completing
an eight lesson correspondence course. Request
information from the chapel office.

SEVENTH DAY ADVENTIST MATERIALS

40 DAYS: SPIRIT FILLED LIFE – Devotional Book
 OUR HIGH CALLING, By Ellen G. White
 INCREDIBLE POWER OF PRAYER, By Roger J. Morneau

CATHOLIC MATERIALS

THE WORD AMONG US – Daily Meditations
 THE SERVING BROTHER – An introduction to the saints
 KINGDOM REVELATOR – Catholic Magazine
 CATHOLIC SENTINEL – Archdiocese of Portland newspaper
 LIVING FAITH – Daily Devotional

MESSIANIC MATERIALS

SHALOM TIDINGS – Magazine
 EMMAUS DIALOGUES – Weekly study from People of the Book

To request chapel materials, send an AIC communication to the chapel listing the items you would like to receive. If you request a recurring publication, you will be put on a distribution list and continue to receive the materials as the chapel office receives them.

Have you moved cells? Please send an AIC communication form to the chapel office with your current cell number. The chapel office no longer receives cell move updates from security.

LA CAPILLA TIENE LA LITERATURA DISPONIBLE**LITERATURA PARA PROTESTANTES**

Como ser un hijo de dios – edición para testificar nuestro pan diario – devocionario de hoy

LITERATURA PARA CATÓLICOS

La palabra entre nosotros – devocionario de hoy
 la fe viva – devociones el centinela
 Enviar una forma de comunicación de aec si quiere pedir la literatura. haga una lista de la literatura que quiere recibir.

envie una forma de comunicación de aec si se muda de celda, por favor. la capilla no recibe información de mudanzas.

Points to Ponder

“In the middle of every difficulty lies opportunity.”

– Albert Einstein



OSP CALORIE MENU WEEK 2: January 17 2022 THROUGH January 23 2022

Monday 1/17/22	Tuesday 1/18/22	Wednesday 1/19/22	Thursday 1/20/22	Friday 1/21/22	Saturday 1/22/22	Sunday 1/23/22
<input type="checkbox"/> Pancakes - 3 ea (524) <input checked="" type="checkbox"/> Oatmeal - 8 oz (138) <input checked="" type="checkbox"/> Fruit Drink - 8 fl oz (7) <input checked="" type="checkbox"/> Hard Boiled Egg - 1 ea (70) <input checked="" type="checkbox"/> Syrup - 2 fl oz (168) <input type="checkbox"/> Margarine - 0.5 oz (80) <input checked="" type="checkbox"/> Skim Milk - 1.6 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s	Breakfast Burrito <input checked="" type="checkbox"/> Dry Cereal - 8 oz cup (119) <input checked="" type="checkbox"/> Canned Fruit - 4 oz (60) <input type="checkbox"/> Scrambled Eggs - 2 oz (86) <input checked="" type="checkbox"/> Refried Beans - 4 oz (121) <input type="checkbox"/> Shredded Cheese - 0.5 oz (40) <input checked="" type="checkbox"/> Flour Tortilla - 1 ea (163) <input checked="" type="checkbox"/> Salsa - 1 oz (13) <input checked="" type="checkbox"/> Skim Milk - 1.6 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s	Waffles - 2 ea (190) <input checked="" type="checkbox"/> 9 Grain Cereal - 8 oz (100) <input checked="" type="checkbox"/> Fruit Drink - 8 fl oz (7) <input checked="" type="checkbox"/> Peanut Butter - 1.5 oz (239) <input checked="" type="checkbox"/> Syrup - 2 fl oz (168) <input checked="" type="checkbox"/> Skim Milk - 1.6 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s	English Muffin - 1 ea (286) <input type="checkbox"/> Fried Egg - 1 ea (80) <input type="checkbox"/> Cheese - 1 SL (50) <input checked="" type="checkbox"/> Dry Cereal - 8 oz cup (119) <input checked="" type="checkbox"/> Canned Fruit - 4 oz (60) <input type="checkbox"/> Fried Potatoes - 6 oz (165) <input checked="" type="checkbox"/> Skim Milk - 1.6 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s	Biscuit (large) - 1 ea (296) <input checked="" type="checkbox"/> Sausage Gravy - 6 oz (299) <input checked="" type="checkbox"/> Farina - 8 oz (140) <input checked="" type="checkbox"/> Fruit Drink - 8 fl oz (7) <input type="checkbox"/> Fried Potatoes - 6 oz (165) <input checked="" type="checkbox"/> Skim Milk - 1.6 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s Meat Sub: Peanut Butter - 1.5 oz (239)	Bacon & Eggs <input checked="" type="checkbox"/> Fruit Drink - 8 fl oz (7) <input type="checkbox"/> Fried Eggs - 2 ea (160) <input checked="" type="checkbox"/> Bacon - 2 sl (240) <input type="checkbox"/> Fried Potatoes - 6 oz (165) <input checked="" type="checkbox"/> Wheat Toast - 2 SL (164) <input checked="" type="checkbox"/> Jelly - 1 oz (80) <input type="checkbox"/> Margarine - 0.5 oz (80) <input checked="" type="checkbox"/> Skim Milk - 1.6 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s Meat Sub: Peanut Butter - 1 oz (159)	X Kolaches With Fruit - 1 ea (308) <input checked="" type="checkbox"/> Oatmeal - 8 oz (138) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) <input checked="" type="checkbox"/> Hard Boiled Egg - 1 ea (70) <input checked="" type="checkbox"/> Skim Milk - 1.6 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s
<input type="checkbox"/> Barnyard Burger <input checked="" type="checkbox"/> Tossed Salad - 10 oz <input type="checkbox"/> Ranch Dressing - 1.5 oz (244) Hamburger Bun - 1 ea (244) <input type="checkbox"/> Beef Pattie - 1 ea (211) <input type="checkbox"/> Fried Egg - 1 ea (80) <input type="checkbox"/> Cheese - 1 sl (50) <input type="checkbox"/> French Fries - 6 oz (245) <input checked="" type="checkbox"/> Corn - 6 oz Catsup/Mayonnaise - 1 svgs X Peach Crisp - 4 oz (316) Tea - s/s	Chef Salad <input checked="" type="checkbox"/> Soup of the Day - 10 fl oz (144) <input checked="" type="checkbox"/> Turkey - 2 oz (62) <input type="checkbox"/> Shredded Cheese - 1 oz (80) <input checked="" type="checkbox"/> Hard Boiled Egg - 1 ea (70) <input checked="" type="checkbox"/> Lettuce - 10 oz bowl (12) <input type="checkbox"/> 1000 Island Dressing - 2 oz (204) <input checked="" type="checkbox"/> Blended Vegetables - 6 oz (102) <input checked="" type="checkbox"/> Bread Stick - 1 ea (94) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	Fried Egg Sandwich <input checked="" type="checkbox"/> Minestrone Soup - 10 fl oz (130) <input type="checkbox"/> Fried Eggs - 2 ea (160) <input checked="" type="checkbox"/> Grilled Wheat Bread - 2 SL (190) <input checked="" type="checkbox"/> Broccoli - 6 oz (48) <input checked="" type="checkbox"/> Chips - 1 bag (120) <input type="checkbox"/> Mayonnaise - 0.5 oz (50) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	Deli Sandwich <input checked="" type="checkbox"/> Soup of the Day - 10 fl oz (144) <input checked="" type="checkbox"/> Deli Meat (Ham) - 3 oz (173) <input type="checkbox"/> Cheese - 1 SL (50) <input checked="" type="checkbox"/> Shredded Lettuce - 2 oz (3) <input checked="" type="checkbox"/> Onions - 1 oz (11) <input checked="" type="checkbox"/> Wheat Bread - 2 sl (164) <input checked="" type="checkbox"/> Carrots - 6 oz (43) <input checked="" type="checkbox"/> Chips - 1 bag (120) <input type="checkbox"/> Mayonnaise - 0.5 oz (50) <input checked="" type="checkbox"/> Mustard - 0.5 oz (9) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Basil Dressing - 1 oz (102) <input checked="" type="checkbox"/> Grilled Chicken - 3 oz (153) <input checked="" type="checkbox"/> Teriyaki Sauce - 2 fl oz (34) <input checked="" type="checkbox"/> White Rice - 6 oz (169) <input checked="" type="checkbox"/> Broccoli - 6 oz (48) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	Pork Fajitas <input type="checkbox"/> Texas Slaw - 6 oz (117) <input type="checkbox"/> Pork Fajita Mix - 4 oz (203) <input checked="" type="checkbox"/> Onions & Peppers - 4 oz (33) <input checked="" type="checkbox"/> Wheat Tortillas - 2 ea (314) <input checked="" type="checkbox"/> Brown Rice - 6 oz (167) <input checked="" type="checkbox"/> Salsa - 2 oz (26) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	Roast Turkey - 3 oz (106) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> French Dressing - 1 oz (102) <input checked="" type="checkbox"/> Mashed Potatoes - 6 oz (149) <input type="checkbox"/> Poultry Gravy - 2 fl oz (26) <input checked="" type="checkbox"/> Green Beans - 6 oz (56) <input checked="" type="checkbox"/> Dinner Rolls - 2 ea (308) <input type="checkbox"/> Margarine - 0.5 oz (80) <input checked="" type="checkbox"/> Frosted Cake - 1 ea Tea - s/s
<input type="checkbox"/> Chicken Stir-Fry - 4 oz (213) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Tangy Dill Vinaigrette - 1 oz (102) <input checked="" type="checkbox"/> Stir-Fry Vegetables - 6 oz (102) <input checked="" type="checkbox"/> White Rice - 6 oz (169) <input checked="" type="checkbox"/> Flour Tortilla - 1 ea (163) Tea - s/s	Salisbury Steak - 4 oz (201) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Vinaigrette Dressing - 1 oz (102) <input type="checkbox"/> Beef Gravy - 2 fl oz (46) <input checked="" type="checkbox"/> Mashed Potatoes - 6 oz (149) <input checked="" type="checkbox"/> Peas - 6 oz (133) <input checked="" type="checkbox"/> Fruit Bar - 1 ea (284) Tea - s/s	Ranch Style Chili - 10 fl oz (291) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Russian Dressing - 1 oz (102) <input checked="" type="checkbox"/> Brown Rice - 6 oz (167) <input checked="" type="checkbox"/> Green Beans - 6 oz (56) <input checked="" type="checkbox"/> Cornbread - 1 ea (211) <input type="checkbox"/> Margarine - 0.5 oz (80) Tea - s/s	Hot Turkey Sandwich <input checked="" type="checkbox"/> Pizza - Chicken Garlic Alfredo - 1 sl (493) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> 1000 Island Dressing - 1 oz (102) <input checked="" type="checkbox"/> Vegetable Soup - 10 fl oz (63) <input checked="" type="checkbox"/> Butterscotch Brownie - 1 ea Tea - s/s	Hot Turkey Sandwich <input checked="" type="checkbox"/> Coleslaw - 6 oz (134) <input checked="" type="checkbox"/> Turkey - 3 oz (94) <input type="checkbox"/> Poultry Gravy - 2 fl oz (26) <input checked="" type="checkbox"/> Multi-Grain Bread - 2 SL (156) <input checked="" type="checkbox"/> Mashed Potatoes - 6 oz (149) <input checked="" type="checkbox"/> Green Beans - 6 oz (56) <input checked="" type="checkbox"/> Gelatin w/whip topping - 4 oz (85) Tea - s/s	Spaghetti - 6 oz (202) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Creamy Honeymustard - 1 oz (102) <input type="checkbox"/> Meat Sauce - 6 oz (227) <input checked="" type="checkbox"/> Blended Vegetables - 6 oz (102) <input checked="" type="checkbox"/> French Bread - 1 SL (122) <input type="checkbox"/> Garlic Margarine - 0.5 oz (80) Tea - s/s	BBQ Chicken Burger <input type="checkbox"/> Carrot Salad - 6 oz (64) <input type="checkbox"/> Chicken Burger Patty - 1 ea (180) <input checked="" type="checkbox"/> BBQ Sauce - 1 fl oz (33) <input checked="" type="checkbox"/> Wheat Burger Bun - 1 ea (234) <input checked="" type="checkbox"/> Cauliflower - 6 oz (32) <input type="checkbox"/> French Fries - 6 oz (245) <input checked="" type="checkbox"/> Catsup - 1 oz (34) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s

Contains pork or may contain pork
 Healthy choice
 High fat/cholesterol
 High sugar
 High fat/cholesterol/sugar
 High Sodium
 High fat/cholesterol/sodium (#) Calories

This menu can help AICs reduce their caloric intake at each meal by showing how many (Calories) each food item contains. Values listed are best estimates based on current foods purchased. MAY/VEGETABLE TRAYS available for lunch & supper meals only. Menu subject to change without notice.



OREGON DEPARTMENT OF CORRECTIONS

COVID-19 NEWSLETTER – NOTICE #109

COVID-19 CONFIRMED CASES

As the COVID-19 situation continues, DOC would like to provide you with updated information. As of January 7, DOC statewide has:

- 162 AICs who currently have COVID-19

The table below shows total numbers since the pandemic began in March 2020:

	Positive Tests	Recoveries	Negative Tests	Deaths
Staff	1,276	1,225		
AICs	4,040	3,711	25,538	44

Employees who have tested positive are not reporting to work. All adults in custody who have tested positive are being medically isolated at a facility that provides 24-hour medical care.



OREGON DEPARTMENT OF CORRECTIONS

COVID - 19 BOLETÍN DE NOTICIAS - AVISO #109

COVID-19 CASOS CONFIRMADOS

Mientras continúa la situación de COVID-19, el departamento desea brindarle información actualizada. A partir del 7 del enero, el departamento en todo el estado tiene:

- 162 presos que actualmente tienen COVID-19

La siguiente tabla muestra las cifras totales desde que comenzó la pandemia en Marzo 2020:

	Pruebas Positivas	Recuperaciones	Pruebas Negativas	Muertes
Personal	1,276	1,225		
Presos	4,040	3,711	25,538	44

Los empleados que dieron positivo no se presentan a trabajar. Todos los presos que resultaron positivos están siendo aislados médicamente en un centro que brinda atención médica las 24 horas.