



MISCELLANEOUS

Physical Plant HVAC Openings

OSP HVAC Shop is accepting application for a worker position.

Desired skills

- HVAC/R, electrical or mechanical experience preferred.
- Must be a hard worker who is self-motivated, and willing to learn.
- Must be able to lift 75 pounds, work in confined spaces, on ladders or scaffolding, and in extreme temperatures.
- Must be able to work well with others and give and receive constructive criticism well.

Shift is Monday – Thursday 6:30 – 3:30.
12 months clear conduct required

Senate Bill 819

For Multnomah County convictions only:

Effective January 1, 2022, Senate Bill 819 (SB 819) will go into effect. SB 819 established a procedure for people convicted of, and sentenced for, felony offenses to petition their sentencing court for reconsideration of their conviction(s) and/or sentences. The Multnomah County District Attorney's Office has compiled their own process and application for SB 819 consideration. In a prior newsletter, we indicated that packets would be provided free of charge by the Law Library. The packets were going to be free

because Multnomah County District Attorney's Office planned to mail the packets to Dept. of Corrections (DOC). Multnomah County has notified DOC that they will not be mailing packets in for AICs to use. DOC will now be printing the packets. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Lane County convictions only:

DOC has received a five-page document from Lane County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Deschutes County convictions only:

DOC has received a four-page document from Lane County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Josephine County convictions only:

DOC has received a eight-page document from Lane County District Attorney's Office, which explains their process for SB 819 applications. You may purchase a copy of this document from the Law Library. Please fill out a Law Library Request form (CD 1714) to be

scheduled for a form's appointment. You will need to fill out a legal photocopy request form and CD 28.

For Curry County convictions only:

Curry County District Attorney's Office does not have a specific form that must be filled out in order for a request to be considered. Someone requesting review of their case should provide the following:

- o The conviction(s) underlying the sentence for which the requestor seeks a conviction or sentence reconsideration.
- o Whether the conviction is on direct appeal (if it is, the case is ineligible for consideration).
- o Reasons why the original sentence no longer serves the interests of justice.
- o The requestor's desired result: No conviction at all? Conviction of a different crime? Reduction of prison sentence? Reduction of fine? Etc.

o Information that addresses the considerations listed in ORS 137.218:

- The requestors disciplinary record in jail or prison (if applicable) and record of rehabilitation while incarcerated.
- Evidence that reflects whether the requestor's age, time served in-custody, and diminished physical or mental condition, if any, have reduced the requestor's risk for future violence.
- The future safety of the victim of the crime(s) for which the requestor seeks conviction or sentence reconsideration.
- The amount of the original sentence already served by the requestor.
- Evidence that reflects changed circumstances since the requestor's conviction and shows that the requestor's sentence no longer advances the interests of justice

Requests can be mailed to: Curry County District Attorney, 94235 Moore St., Ste 232, Gold Beach, OR 97444.

For all other County convictions:

Other than Multnomah, Deschutes, Curry, Josephine and Lane County, DOC has no further information regarding SB 819. You will

need to contact all other District Attorney's Offices for more information.

/s/ R. Polk, Library

CHAPEL

Upcoming Religious Holidays

Passover April 15-23, 2022

Ramadan April 2 - May 2, 2022

Please send an AIC communication to the chaplain for more information

/s/ A. Perstein, Chaplain

Points to Ponder

"You cannot control the behavior of others, but you can always choose how you respond to it."

— Roy T. Bennett





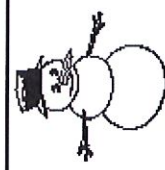


OSP CALORIE MENU WEEK 1: January 10 2022 THROUGH January 16 2022

Monday 1/10/22	Tuesday 1/11/22	Wednesday 1/12/22	Thursday 1/13/22	Friday 1/14/22	Saturday 1/15/22	Sunday 1/16/22
<input type="checkbox"/> Pancakes - 3 ea (524) <input checked="" type="checkbox"/> Oatmeal - 8 oz (138) <input checked="" type="checkbox"/> Fruit Drink - 8 fl oz (7) <input checked="" type="checkbox"/> Hard Boiled Egg - 1 ea (70) <input checked="" type="checkbox"/> Syrup - 2 fl oz (168) <input type="checkbox"/> Margarine - 0.5 oz (80) <input checked="" type="checkbox"/> Skim Milk - 16 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s	<input checked="" type="checkbox"/> Veggie Scramble - 4 oz (108) <input checked="" type="checkbox"/> Dry Cereal - 8 oz cup (119) <input checked="" type="checkbox"/> Canned Fruit - 4 oz (60) <input type="checkbox"/> Fried Potatoes - 6 oz (165) <input checked="" type="checkbox"/> Wheat Toast - 2 SL (164) <input type="checkbox"/> Margarine - 0.5 oz (80) <input checked="" type="checkbox"/> Skim Milk - 16 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s	<input type="checkbox"/> Beef Hash - 8 oz (187) <input checked="" type="checkbox"/> 9 Grain Cereal - 8 oz (100) <input checked="" type="checkbox"/> Fruit Drink - 8 fl oz (7) <input checked="" type="checkbox"/> Wheat Toast - 2 SL (164) <input type="checkbox"/> Margarine - 0.5 oz (80) <input type="checkbox"/> Cats up - 0.5 oz (17) <input checked="" type="checkbox"/> Skim Milk - 16 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s <small>Meat Sub: Peanut Butter - 1.5 oz (239)</small> <small>Meat Sub: Plain Potatoes - 6 oz (165)</small>	<input checked="" type="checkbox"/> English Muffin - 1 ea (286) <input type="checkbox"/> Fried Egg - 1 ea (80) <input type="checkbox"/> Cheese - 1 SL (50) <input checked="" type="checkbox"/> Dry Cereal - 8 oz cup (119) <input checked="" type="checkbox"/> Canned Fruit - 4 oz (60) <input type="checkbox"/> Fried Potatoes - 6 oz (165) <input checked="" type="checkbox"/> Skim Milk - 16 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s	<input checked="" type="checkbox"/> French Toast - 3 SL (793) <input checked="" type="checkbox"/> Farina - 8 oz (140) <input checked="" type="checkbox"/> Fruit Drink - 8 fl oz (7) <input checked="" type="checkbox"/> Syrup - 2 fl oz (168) <input type="checkbox"/> Margarine - 0.5 oz (80) <input checked="" type="checkbox"/> Skim Milk - 16 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s	Poultry Sausage Patty & Eggs <input checked="" type="checkbox"/> Fruit Drink - 8 fl oz (7) <input type="checkbox"/> Fried Eggs - 2 ea (160) <input type="checkbox"/> Poultry Sausage Pattie - 2 oz <input type="checkbox"/> Fried Potatoes - 6 oz (165) <input checked="" type="checkbox"/> Wheat Toast - 2 SL (164) <input checked="" type="checkbox"/> Jelly - 1 oz (80) <input type="checkbox"/> Margarine - 0.5 oz (80) <input checked="" type="checkbox"/> Skim Milk - 16 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s <small>Meat Sub: Peanut Butter - 1 oz (159)</small>	<input checked="" type="checkbox"/> Coffee Cake - 1 ea (308) <input checked="" type="checkbox"/> Oatmeal - 8 oz (138) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) <input checked="" type="checkbox"/> Hard Boiled Egg - 1 ea (70) <input checked="" type="checkbox"/> Skim Milk - 16 fl oz (169) <input checked="" type="checkbox"/> Sugar - 2 pkts (22) Coffee - s/s
<input checked="" type="checkbox"/> Grilled Cheese Sandwich <input checked="" type="checkbox"/> Tomato Soup - 10 fl oz (68) <input type="checkbox"/> Cheese - 4 SL (200) <input checked="" type="checkbox"/> Grilled Wheat Bread - 4 SL (80) <input checked="" type="checkbox"/> Green Beans - 6 oz (56) <input checked="" type="checkbox"/> Chips - 1 bag (120) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	<input checked="" type="checkbox"/> Chicken over Lettuce Salad <input checked="" type="checkbox"/> Lentil Soup - 10 fl oz (144) <input checked="" type="checkbox"/> Grilled Chicken - 3 oz (153) <input checked="" type="checkbox"/> Lettuce - 10 oz bowl (12) <input checked="" type="checkbox"/> Onions - 1 oz (11) <input type="checkbox"/> Shredded Cheese - 1 oz (80) <input type="checkbox"/> Ranch Dressing - 2 oz (204) <input checked="" type="checkbox"/> Broccoli - 6 oz (48) <input checked="" type="checkbox"/> Bread Stick - 1 ea (94) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	<input checked="" type="checkbox"/> Egg Salad Sandwich <input checked="" type="checkbox"/> Soup of the Day - 10 fl oz (144) <input checked="" type="checkbox"/> Hard Boiled Egg - 2 ea (140) <input checked="" type="checkbox"/> Shredded Lettuce - 2 oz (3) <input type="checkbox"/> Mayonnaise - 1 oz (100) <input type="checkbox"/> Mustard - 0.5 oz (9) <input checked="" type="checkbox"/> Wheat Hoagie - 1 ea (316) <input checked="" type="checkbox"/> Green Beans - 6 oz (56) <input checked="" type="checkbox"/> Pretzels - 1 bag (100) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	Tacos <input checked="" type="checkbox"/> Cowboy Salad - 6 oz (129) <input type="checkbox"/> Taco Meat - 3 oz (170) <input type="checkbox"/> Shredded Cheese - 1 oz (80) <input checked="" type="checkbox"/> Lettuce - 4 oz (12) <input checked="" type="checkbox"/> Salsa - 2 oz (26) <input checked="" type="checkbox"/> Flour Tortillas - 2 ea (326) <input checked="" type="checkbox"/> Cauliflower - 6 oz (32) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	<input checked="" type="checkbox"/> Fish Nuggets - 5 ea (300) <input checked="" type="checkbox"/> Soup of the Day - 10 fl oz (144) <input type="checkbox"/> Tartar Sauce - 1 fl oz (77) <input checked="" type="checkbox"/> White Rice Pilaf - 6 oz (197) <input checked="" type="checkbox"/> Carrots - 6 oz (43) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	<input checked="" type="checkbox"/> BBQ Pork - 4 oz (193) <input type="checkbox"/> Coleslaw - 6 oz (134) <input checked="" type="checkbox"/> Wheat Hoagie - 1 ea (316) <input checked="" type="checkbox"/> Mac & Cheese - 6 oz (242) <input checked="" type="checkbox"/> Green Beans - 6 oz (56) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s	<input type="checkbox"/> Chicken Drumsticks - 2 ea (393) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Green Goddess Dressing - 1 oz (102) <input checked="" type="checkbox"/> Mashed Potatoes - 6 oz (149) <input type="checkbox"/> Poultry Gravy - 2 fl oz (26) <input checked="" type="checkbox"/> Peas - 6 oz (133) <input checked="" type="checkbox"/> Ice Cream - 1 ea (137) Tea - s/s
<input checked="" type="checkbox"/> Ham & Bean Stew - 10 fl oz (105) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> 1000 Island Dressing - 1 oz (102) <input checked="" type="checkbox"/> Brown Rice - 6 oz (167) <input checked="" type="checkbox"/> Peas - 6 oz (133) <input checked="" type="checkbox"/> Bread Stick - 1 ea (94) Tea - s/s	<input type="checkbox"/> Meat Loaf - 5 oz <input checked="" type="checkbox"/> Beet Salad - 6 oz (111) <input checked="" type="checkbox"/> Mashed Potatoes - 6 oz (149) <input type="checkbox"/> Beef Gravy - 2 fl oz (46) <input checked="" type="checkbox"/> Carrots - 6 oz (43) <input checked="" type="checkbox"/> Wheat Dinner Roll - 1 ea (154) <input type="checkbox"/> Margarine - 0.5 oz (80) <input checked="" type="checkbox"/> Pudding - 4 oz (76) Tea - s/s	<input checked="" type="checkbox"/> Ranch Style Chili - 10 fl oz (291) <input type="checkbox"/> Cabbage Salad - 6 oz (148) <input checked="" type="checkbox"/> Baked Potato - 1 ea (168) <input type="checkbox"/> Shredded Cheese - 1 oz (80) <input checked="" type="checkbox"/> Blended Vegetables - 6 oz (102) <input checked="" type="checkbox"/> Cornbread - 1 ea (211) <input type="checkbox"/> Margarine - 0.5 oz (80) Tea - s/s	<input checked="" type="checkbox"/> Pita - Ham, Bell Peppers, Onions - 1 ea (43) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Basil Dressing - 1 oz (102) <input checked="" type="checkbox"/> Vegetable Soup - 10 fl oz (63) <input checked="" type="checkbox"/> Fruit Cobbler - 1 svg Tea - s/s	<input type="checkbox"/> Chicken Pot Pie - 6 oz (221) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Creamy Honey Mustard - 1 oz (102) <input checked="" type="checkbox"/> Biscuits (large) - 2 ea (592) <input checked="" type="checkbox"/> Broccoli - 6 oz (48) <input checked="" type="checkbox"/> Chocolate Chip Cookie - 1 ea (263) Tea - s/s	<input type="checkbox"/> Turkey a la King - 6 oz (152) <input checked="" type="checkbox"/> Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> French Dressing - 1 oz (102) <input checked="" type="checkbox"/> White Rice - 6 oz (169) <input checked="" type="checkbox"/> Blended Vegetables - 6 oz (102) <input checked="" type="checkbox"/> Wheat Dinner Roll - 1 ea (154) <input type="checkbox"/> Margarine - 0.5 oz (80) Tea - s/s	Bean & Cheese Burritos <input type="checkbox"/> Texas Slaw - 6 oz (117) <input checked="" type="checkbox"/> Seasoned Beans - 6 oz (153) <input type="checkbox"/> Shredded Cheese - 1 oz (80) <input checked="" type="checkbox"/> Spanish Rice - 6 oz (130) <input checked="" type="checkbox"/> Wheat Tortillas - 2 ea (314) <input checked="" type="checkbox"/> Salsa - 2 oz (26) <input checked="" type="checkbox"/> Fresh Fruit - 1 ea (88) Tea - s/s

Contains pork or may contain pork
 Healthy choice
 High fat/cholesterol
 High sugar
 High fat/cholesterol/sugar
 High Sodium
 High fat/cholesterol/sodium (#) Calories

This menu can help AICs reduce their calorie intake at each meal by showing how many (Calories) each food item contains. Values listed are best estimates based on current foods purchased. **NOT VEGEABLE TRAYS** available for lunch & supper meals only. Menu subject to change without notice.

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
JANUARY														
   														
2		3	4	5	6	7	8	NEW YEARS EVE		NEW YEARS EVE		NEW YEARS DAY		
AM	E/D/LVL 3	AM	A/C/LVL 3	AM	A/C/LVL 3	AM	A/C/LVL 3	AM	E/D/LVL 3	AM	E/D/LVL 3	AM	E/D/LVL 3	
PM	A/C/LVL 3	PM	E/D/LVL 3	PM	A/C/LVL 3	PM	E/D/LVL 3	PM	A/C/LVL 3	PM	E/D/LVL 3	PM	E/D/LVL 3	
EVE	E/D	EVE	A/C	EVE	E/D	EVE	A/C	EVE	E/D	EVE	A/C	EVE	E/D	
PRAS														
9		10	11	12	13	14	15							
AM	A/C/LVL 3	AM	E/D/LVL 3	AM	E/D/LVL 3	AM	E/D/LVL 3	AM	A/C/LVL 3	AM	A/C/LVL 3	AM	A/C/LVL 3	
PM	E/D/LVL 3	PM	A/C/LVL 3	PM	E/D/LVL 3	PM	A/C/LVL 3	PM	E/D/LVL 3	PM	E/D/LVL 3	PM	E/D/LVL 3	
EVE	A/C	EVE	E/D	EVE	A/C	EVE	E/D	EVE	A/C	EVE	E/D	EVE	A/C	
16		17	18	19	20	21	22							
AM	E/D/LVL 3	AM	A/C/LVL 3	AM	A/C/LVL 3	AM	E/D/LVL 3	AM	E/D/LVL 3	AM	E/D/LVL 3	AM	E/D/LVL 3	
PM	A/C/LVL 3	PM	E/D/LVL 3	PM	A/C/LVL 3	PM	E/D/LVL 3	PM	A/C/LVL 3	PM	E/D/LVL 3	PM	A/C/LVL 3	
EVE	E/D	EVE	A/C	EVE	E/D	EVE	A/C	EVE	E/D	EVE	A/C	EVE	E/D	
OCE TGA														
23		24	25	26	27	28	29							
AM	A/C/LVL 3	AM	E/D/LVL 3	AM	E/D/LVL 3	AM	E/D/LVL 3	AM	A/C/LVL 3	AM	A/C/LVL 3	AM	A/C/LVL 3	
PM	E/D/LVL 3	PM	A/C/LVL 3	PM	E/D/LVL 3	PM	A/C/LVL 3	PM	E/D/LVL 3	PM	A/C/LVL 3	PM	E/D/LVL 3	
EVE	A/C	EVE	E/D	EVE	A/C	EVE	E/D	EVE	A/C	EVE	E/D	EVE	A/C	
30		31												
AM	E/D/LVL 3	AM	A/C/LVL 3											
PM	A/C/LVL 3	PM	E/D/LVL 3											
EVE	E/D	EVE	A/C											
AM-MORNING YARD (7:45-9:45 AM) PM-AFTERNOON YARD (1:00-3:30 PM) EVE-EVENING YARD (7-9 PM) REC. BLDG. ONLY														



OREGON DEPARTMENT OF CORRECTIONS

COVID-19 NEWSLETTER – NOTICE #108

COVID-19 CONFIRMED CASES

As the COVID-19 situation continues, DOC would like to provide you with updated information. As of December 29, DOC statewide has:

- 20 AICs who currently have COVID-19

The table below shows total numbers since the pandemic began in March 2020:

	Positive Tests	Recoveries	Negative Tests	Deaths
Staff	1,219	1,201		
AICs	3,893	3,703	25,538	44

Employees who have tested positive are not reporting to work. All adults in custody who have tested positive are being medically isolated at a facility that provides 24-hour medical care.



OREGON DEPARTMENT OF CORRECTIONS

COVID - 19 BOLETÍN DE NOTICIAS - AVISO #108

COVID-19 CASOS CONFIRMADOS

Mientras continúa la situación de COVID-19, el departamento desea brindarle información actualizada. A partir del 29 del diciembre, el departamento **en todo el estado** tiene:

- 20 presos que actualmente tienen COVID-19

La siguiente tabla muestra las cifras totales desde que comenzó la pandemia en Marzo 2020:

	Pruebas Positivas	Recuperaciones	Pruebas Negativas	Muertes
Personal	1,219	1,203		
Presos	3,893	3,703	25,538	44

Los empleados que dieron positivo no se presentan a trabajar. Todos los presos que resultaron positivos están siendo aislados médicamente en un centro que brinda atención médica las 24 horas.



OREGON DEPARTMENT OF CORRECTIONS

December 27, 2021

To All Adults in Custody,

We encourage everyone to become vaccinated against COVID-19 and receive your booster dose as soon as you are eligible. COVID-19 booster injections will be offered to all those that are eligible during the week of January 24th, 2022. The recent emergence of the Omicron variant further emphasizes the importance of vaccination, boosters, and prevention efforts needed to protect against COVID-19.

To be eligible, 6 months must have passed since your second injection of Moderna or Pfizer or 2 months after receiving a single dose J&J/Janssen injection. If you want to have a booster shot, please send a kyte to Central Medical stating that you want either a J&J booster or Moderna booster. The selection of booster type is your choice.

If you have NOT received your initial vaccination for COVID-19, you may do so at the vaccination booster clinic. Please send a kyte to Central Medical stating that you want to become vaccinated.



OREGON DEPARTMENT OF CORRECTIONS

diciembre 27, 2021

A todos los adultos bajo custodia,

Alentamos a todos a vacunarse contra COVID-19 y recibir su dosis de refuerzo tan pronto como sea elegible. Las inyecciones de refuerzo covid-19 se ofrecerán a todos aquellos que sean elegibles durante la semana del 24 de enero de 2022. La reciente aparición de la variante Omicron enfatiza aún más la importancia de la vacunación, los refuerzos y los esfuerzos de prevención necesarios para protegerse contra COVID-19.

Para ser elegible, deben haber pasado 6 meses desde su segunda inyección de Moderna o Pfizer o 2 meses después de recibir una dosis única de la inyección de J&J/Janssen. Si desea recibir una inyección de refuerzo, envíe un kyte a Central Medical indicando que desea un refuerzo J&J o un refuerzo de Moderna. La selección del tipo de refuerzo es su elección.

Si NO ha recibido su vacuna inicial contra el COVID-19, puede hacerlo en la clínica de refuerzo de vacunación. Por favor, envíe un kyte a Central Medical indicando que desea vacunarse.

A todos los Adultos bajo Custodia,

El Centro para el Control y la Prevención de Enfermedades (CDC) han actualizado y reducido la recomendación de periodo de aislamiento y cuarentena para el Covid-19 en la población **general** de Estados Unidos.

Las instituciones del Departamento de Correcciones no son consideradas "población general". Por lo tanto, debemos continuar con la orientación previa para las instituciones correccionales para aquellos que dan positivo o son expuestos al Covid-19. Esta guía ayuda asegurar la salud de adultos bajo custodia, personal, y visitantes.

To all adults in custody,

The Centers for Disease Control and Prevention (CDC) have updated and shortened the recommended isolation and quarantine periods for COVID-19 in the U.S. **general** population.

Department of Corrections facilities are not considered "general population." Therefore, we must continue with the previous guidance for correctional facilities for those testing positive or being exposed to COVID-19. This guidance helps ensure the health and safety of adults in custody, staff, and visitors.