



OSP Executive Management Team

April 7, 2022

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SECURITY

Blanket Exchange Information

Starting on Monday, April 11, 2022, and ending on Tuesday, April 26, 2022, blanket exchange for A-Block will go as follows:

Blankets can be exchanged during scheduled Clothing Room hours *only*. Remember, this is a one-for-one blanket exchange, so bring your dirty blankets with you to get clean ones.

C-Block Blanket Exchange will start Monday, May 2, 2022, ending on Tuesday, May 31, 2022, and will go as follows:

For those AICs with jobs, blankets can be exchanged during scheduled shower times *only*, and those AICs without jobs, blankets can be exchanged during mainline showers on Tuesdays and Fridays *only*.

Again, this is a one-for-one blanket exchange, so bring your dirty blankets with you to get clean ones.

/s/ Cpl. Rogers, Security

GENERAL SERVICES

Eyewash Station Information for AIC workers

Eyewash stations are in work areas that utilize chemicals or other hazardous debris. When starting a new job here at OSP (or even an old job), you should always know where eyewash stations are located within your work area.

Knowing locations of eyewash stations could help save you from a possible serious injury and knowing how to operate the eyewash station is just as important. If you are unsure of how to operate an eyewash station, ask your immediate supervisor. A supervisor should instruct proper usage of eyewash stations in the work areas along with their location(s).

Knowledge and usage of these eyewash stations will help keep everyone safe within the facility and prevent further injury. Also, if you notice that an Eye Wash Station is not working properly, please report it immediately to a staff member or your supervisor.

/s/ Sgt. A. Lopez, Safety Committee

Food Theft

Food theft from Culinary is a major problem for the Institution. It impacts our ability to ensure adequate portions of the published menu are available, jeopardizes the health of individuals taking perishable food that is not being properly stored or cooked. It also has a significant effect on our ability to work within our food service budget.

This notice constitutes a direct order that you are not to take any food items from the Kitchen other than uncut fruit in the quantity served (per your Inmate Handbook). The following plan was designed to address this issue in a reasonable, consistent way.

1. If an AIC is caught stealing, or attempting to steal food, the food will be confiscated and disposed of accordingly. If the value of the food is less than \$20, the AIC will be issued a minor misconduct report. The minor misconduct report will be for disobedience of an Order III and will include the cost of all food items that must be disposed of due to the theft/attempted theft or misuse. If the value of the food is \$20 or more, the AIC will receive a major misconduct for Contraband II, and will also be charged for the cost of food that must be disposed of.
2. If the AIC stealing the food is assigned to the Kitchen or Dining Room, they will receive a program failure along with the Misconduct Report.
3. This process will be used for foodstuff found outside the Culinary Section (for example cell searches, etc.) if the items can reasonably be determined to have been taken from the Food Services.

Note: This does not prevent a staff member from issuing a misconduct report for a higher level charge (Contraband II) in the event the AIC has received a recent minor misconduct previously for the same conduct.

/s/ C. Wagner, Asst. Supt. General Services

ACTIVITIES

Memorial Healing Garden Visiting/Photos

The Asian Pacific Family Club proudly informs the OSP community of the process available to schedule visits and photos in the Memorial Healing Garden. Please

send an AIC Communication Form to the APFC to schedule visits in the Memorial Healing Garden. When submitting a request, please be sure that your work hours and schedule does not conflict. All visiting/photo requests will be submitted to staff for processing every Tuesday; therefore, call passes will be issued for the following week.

Due to programs being held in the Memorial Healing Garden, visiting slots are limited to the following schedule listed below. The cost of a 4X6 photo is \$1.50 each; all proceeds raised from the Memorial Healing Garden Photo Program goes towards the care, sustainability and maintenance of the koi pond. Please anticipate that photo prints take approximately a month for processing.

Sunday 7:45-9:45am and 1:30-3:30pm

Monday 12:00-2:45pm

Tuesday 12:00-2:45pm

Wednesdays closed for maintenance

Thursday 7:45-9:45am-12:00-2:45pm

Friday 1:30-2:45pm

Saturday 12:00-2:45PM

Please see information channel 1.1 for continuous updates. Thank you.

/s/ Jaime Rodriguez, Activities Staff Advisor

COMMISSARY

News, Updates and Reminders

Update:

NWC feels confident that we can increase the spending limits.

Starting Monday, April 4, 2022, spending limits go back to the regular spending limit amounts: \$50.00, \$70.00 and \$95.00.

Due to the possibility of another COVID outbreak within our institutions, reduction in NWC's work crew numbers or losing the NWC work crew completely, we would have to revert back to reduced spending limits or the use of the emergency commissary order form.

Reminder:

Soda tickets will only be credited if an AIC has been transferred to a different facility. The AIC has 30 days from the date of transfer to submit an AIC communication form requesting a credit from the commissary where the soda tickets were purchased. You must include the unused soda tickets and a receipt as proof of purchase. The receipt may not be more than 90 days old from the date of request. Commissary will not issue credit for damaged tickets or issue credit

if the soda machine takes your ticket without dispensing a soda.

Your order will NOT be processed:

If you have insufficient funds.

If the form is soiled, stained and / or contaminated.

If the writing is not legible.

If it is not written in BLUE ink.

If you have doodled or written notes on the form.

If the form has been shaded or highlighted.

You are responsible for maintaining all your receipts and warranty information.

/s/ Sallie Jurgensmeier, Commissary Manager

MISCELLANEOUS

COVID Vaccinations and Boosters for AICs

COVID vaccines are safe and effective.

The Food & Drug Administration (FDA) requires rigorous safety testing before it will authorize any vaccine for emergency use. The COVID-19 vaccines ODOC offers from Moderna and Johnson & Johnson were tested in tens of thousands of study participants and generated enough data to convince the FDA that the vaccines were safe and effective.

Mass vaccination will help slow the spread of COVID-19.

Safe and effective vaccines are the key to achieving community immunity from COVID-19 and returning to normal life as soon as possible.

The COVID-19 vaccine is free.

The vaccines will be provided at no cost to you.

Please send an AIC Communication to OSP Medical Services ATTN "VACC" to request your COVID Vaccination or Booster.

Thank you for helping keep our OSP Community Healthy.

/s/ Carrie Coffey, Medical Services Manager

Group Living Barber Shop News

We now offer hair braiding as well. Send us an AIC communication form to get scheduled. Please specify that you are requesting a braiding appointment on your AIC communication form.

Have a special visit or paroling soon? Make sure to send an AIC communication form to us in advance to ensure you are scheduled in time.

Please practice proper hygiene prior to arriving in the barbershop for a haircut. Barbers are not able to wash your hair.

/s/ B. Roach, AIC Work Programs Coordinator

AIC Work Programs Reminders

Misconducts and program fails do affect your PRAS award. For more information and/or copies of the rules, please send an AIC communication form to B. Roach, Work Programs Coordinator.

You must be on a callout to speak with Ms. Roach. Send an AIC communication form to B. Roach to ensure she has time set aside to speak with you, and that you are not in an unauthorized area.

The best way to stay out of the workpool is to have a job. Proactive applying is always encouraged.

When medical orders expire, you will be added back into the workpool. Please coordinate with your provider to have work orders adjusted prior to expiration.

/s/ B. Roach, AIC Work Programs Coordinator

General Maintenance Shop Position

Physical Plant is accepting applications in the General Maintenance Shop. The selected candidates will have the closest matching skills to those listed below. Monday to Friday, hours of work 6:30 am -2:00 pm.

- Willing to be flexible and hard working.
- Self-motivated individual with a desire to learn.
- Willingness to take direction, criticism, and work with others to accomplish tasks.
- Able to lift 75 pounds, work in confined spaces, work on ladders and scaffolding.
- Must be able to work well with others and give and receive constructive criticism.

Non-negotiable requirements:

- 12 months clear conduct.

Please send an application to Mr. Large in the Physical Plant.

/s/ N. Large, Physical Plant



A Point to Ponder

“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.”

– Martin Luther King, Jr.

OSP CALORIE MENU WEEK 4: April 11 2022 THROUGH April 17 2022

Monday 4/11/22	Tuesday 4/12/22	Wednesday 4/13/22	Thursday 4/14/22	Friday 4/15/22	Saturday 4/16/22	Sunday 4/17/22
<ul style="list-style-type: none"> <input type="checkbox"/> Pancakes - 3 ea (524) ♥ Oatmeal - 8 oz (138) ♥ Canned Fruit - 4 oz (60) ♥ Hard Boiled Egg - 1 ea (70) ⊗ Syrup - 2 fl oz (168) <input type="checkbox"/> Margarine - 0.5 oz (80) ♥ Skim Milk - 16 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) 	<ul style="list-style-type: none"> Breakfast Burrito ♥ Dry Cereal - 8 oz cup (119) ♥ Fresh Fruit - 1 ea (8) <input type="checkbox"/> Scrambled Eggs - 2 oz (86) ♥ Refried Beans - 4 oz (121) <input type="checkbox"/> Shredded Cheese - 0.5 oz (40) ♥ Flour Tortilla - 1 ea (163) ♥ Salsa - 1 oz (13) ♥ Skim Milk - 16 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) 	<ul style="list-style-type: none"> Egg & Cheese Muffin ♥ English Muffin - 1 ea (286) ♥ 9 Grain Cereal - 8 oz (100) ♥ Canned Fruit - 4 oz (60) <input type="checkbox"/> Fried Egg - 1 ea (80) <input type="checkbox"/> Cheese - 1 SL (50) <input type="checkbox"/> Fried Potatoes - 6 oz (165) ♥ Skim Milk - 16 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) 	<ul style="list-style-type: none"> <input type="checkbox"/> Beef Hash - 8 oz (187) ♥ Dry Cereal - 8 oz cup (119) ♥ Fresh Fruit - 1 ea (8) ♥ Wheat Toast - 2 SL (164) <input type="checkbox"/> Margarine - 0.5 oz (80) ▽ Catsup - 0.5 oz (17) ♥ Skim Milk - 16 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) 	<ul style="list-style-type: none"> ▽ Waffles - 2 ea (190) ♥ Oatmeal - 8 oz (138) ♥ Canned Fruit - 4 oz (60) ♥ Peanut Butter - 1.5 oz (254) ⊗ Syrup - 2 fl oz (168) ♥ Skim Milk - 16 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) 	<ul style="list-style-type: none"> ⊗ Bacon & Eggs ⊖ Bacon - 2 sl (240) ♥ Canned Fruit - 4 oz (60) <input type="checkbox"/> Fried Eggs - 2 ea (160) <input type="checkbox"/> Fried Potatoes - 6 oz (165) ♥ Wheat Toast - 2 SL (164) ⊗ Jelly - 1 oz (80) <input type="checkbox"/> Margarine - 0.5 oz (80) ♥ Skim Milk - 16 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) 	<ul style="list-style-type: none"> Coffee Cake - 1 ea (308) ♥ Farina - 8 oz (140) ♥ Fresh Fruit - 1 ea (8) ♥ Hard Boiled Egg - 1 ea (70) ♥ Skim Milk - 16 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0)
<ul style="list-style-type: none"> ⊖ Hot Dogs - 2 ea (202) ♥ Potato Salad - 6 oz (197) ♥ Hoagie - 1 ea ♥ Green Beans - 6 oz (56) ▽ Catsup - 0.5 oz (17) ▽ Mustard - 0.5 oz (9) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> Fried Egg Sandwich ♥ Soup of the Day - 10 fl oz (144) <input type="checkbox"/> Fried Eggs - 2 ea (160) ♥ Grilled Bread - 2 SL (164) ♥ Broccoli - 6 oz (48) ⊖ Chips - 1 bag (120) □ Mayonnaise - 0.5 oz (50) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> Deli Sandwich ♥ Split Pea Soup - 10 fl oz (207) ▽ Deli Meat (Roast Beef) - 3 oz (135) <input type="checkbox"/> Cheese - 1 SL (50) ♥ Shredded Lettuce - 2 oz (3) ♥ Onions - 1 oz (11) ♥ Wheat Hoagie - 1 ea (230) ♥ Blended Vegetables - 6 oz (98) ⊖ Chips - 1 bag (120) □ Mayonnaise - 0.5 oz (50) ▽ Mustard - 0.5 oz (9) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> Hamburger ♥ Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> 1000 Island Dressing - 1 oz (102) <input type="checkbox"/> Beef Pattie - 1 ea (211) ♥ Onions & Pickles - 1 oz ea (14) Hamburger Bun - 1 ea (244) ♥ Green Beans - 6 oz (56) <input type="checkbox"/> French Fries - 6 oz (245) ▽ Catsup - 1 oz (34) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> Chicken Salad Sandwich ♥ Soup of the Day - 10 fl oz (144) <input type="checkbox"/> Chicken Salad - 4 oz (221) ♥ Shredded Lettuce - 2 oz (3) ♥ Wheat Hoagie - 1 ea (230) ♥ Carrots - 6 oz (43) ⊖ Chips - 1 bag (120) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> Taco Salad <input type="checkbox"/> Taco Meat - 4 oz (203) <input type="checkbox"/> Shredded Cheese - 1 oz (80) ♥ Seasoned Beans - 6 oz (453) ♥ Lettuce - 10 oz bowl (12) ♥ Spanish Rice - 6 oz (130) ⊖ Tortilla Chips - 2 oz (279) ♥ Salsa - 2 oz (26) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> ♥ Roast Turkey - 3 oz (106) ♥ Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Vinaigrette Dressing - 1 oz (102) <input type="checkbox"/> Poultry Gravy - 2 fl oz (26) Bread Dressing / Stuffing - 10 oz ♥ Blended Vegetables - 6 oz (98) ⊖ Frosted Cake - 1 ea ♥ Fruit Drink - 8 fl oz (5)
<ul style="list-style-type: none"> ⊖ Cajun Meat Loaf - 5 oz (216) ♥ Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> French Dressing - 1 oz (102) ♥ Brown Rice - 6 oz (167) ♥ Peas - 6 oz (92) ♥ Dinner Roll - 1 ea (308) <input type="checkbox"/> Margarine - 0.5 oz (80) Tea - s/s (0) 	<ul style="list-style-type: none"> ⊖ Tamale Pie - 10 oz (433) ♥ Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Green Goddess Dressing - 1 oz (102) ♥ Seasoned Beans - 6 oz (153) <input type="checkbox"/> Tortilla Chips - 1 oz (140) ⊗ Fruit Bar - 1 ea (284) Tea - s/s (0) 	<ul style="list-style-type: none"> Spaghetti - 6 oz (202) ♥ Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Tangy Dill Vinaigrette - 1 oz (102) □ Meat Sauce - 6 oz (227) ♥ Carrots - 6 oz (43) ♥ French Bread - 1 SL (122) <input type="checkbox"/> Garlic Margarine - 0.5 oz (80) Tea - s/s (0) 	<ul style="list-style-type: none"> ⊖ Pizza - Veggie & Cheese - 1 slice (395) ♥ Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Ranch Dressing - 1 oz (102) ♥ Vegetable Soup - 10 fl oz (63) ⊖ Oatmeal Cookie - 1 ea (263) Tea - s/s (0) 	<ul style="list-style-type: none"> ⊖ Red Beans & Bacon - 6 oz (245) <input type="checkbox"/> Colleslaw - 6 oz (134) ♥ White Rice - 6 oz (169) ♥ Cauliflower - 6 oz (32) ⊖ Cornbread - 1 ea (211) □ Margarine - 0.5 oz (80) ⊗ Gelatin w/whip topping - 4 oz (127) Tea - s/s (0) 	<ul style="list-style-type: none"> Chicken Fajitas <input type="checkbox"/> Texas Slaw - 6 oz (117) <input type="checkbox"/> Chicken Fajita Mix - 4 oz (227) ♥ Onions & Peppers - 4 oz (33) ♥ Wheat Tortillas - 2 ea (314) ♥ White Rice - 6 oz (169) ♥ Mango Salsa - 2 oz (33) Tea - s/s (0) 	<ul style="list-style-type: none"> Tuna Noodle Casserole - 10 oz (285) ♥ Tossed Salad - 10 oz bowl (12) <input type="checkbox"/> Russian Dressing - 1 oz (102) ♥ Broccoli - 6 oz (48) ♥ Bread Stick - 1 ea (94) ♥ Fresh Fruit - 1 ea (8) Tea - s/s (0)

⊖ Contains pork or may contain pork ♥ Healthy choice □ High fat/cholesterol ⊗ High sugar ✗ High fat/cholesterol/sugar ▽ High Sodium ⊖ High fat/cholesterol/sodium (#) Calories

This menu can help AICs reduce their calorie intake at each meal by showing how many (Calories) each food item contains. Values listed are best estimates based on current foods purchased. MAT/VEGETABLE TRAYS available for lunch & supper meals only. Menu subject to change without notice.