

Powder River

April 29, 2022

AIC Newsletter

From the Office of the Institution Security Manager:

We were able to gain approval from the Agency Operations Center to allow the AIC's while walking/running the track in the yard the ability to remove your masks. However there are a couple of stipulations. First you must maintain the 6 foot social distancing rule while walking/running. Second, if you are in the weight areas, wearing a mask is mandatory. In all other areas of the institution masks are still mandatory.

I want to reiterate that our correctional institutions are governed by several different federal and state agencies who set our policies and direct our operations. This list starts with the Centers for Disease Control & Prevention (CDC), The Governor's Office, Oregon Health Authority (OHA), Occupation Safety and Health Administration (OSHA). Many of you may not be aware that the CDC as well as OSHA has specific policies and guidelines for correctional institutions that we are required to follow no matter what directive the Governor issues for the general public.

Thank you everyone for continuing to follow the mask mandates, and as we continue to step down and we get further guidance I will continue to communicate with you here in the newsletter.



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Weekly

Weather

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL. 30	MAY. 1	MAY. 2	MAY. 3	MAY. 4	MAY. 5	MAY. 6
48/37	57/34	53/35	56/35	67/41	68/39	59/38
Rain	Mostly Sunny	Rain	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy



Correctional Services Division Legal and Library Services Costs for AIC Legal Forms

Effective Monday, May 16, 2022:

To bring consistency across the department's institution-based Legal and Library Services, all forms offered by the institution's Legal Libraries will have a cost.

All AICs have access to these forms with only a few that do not allow AICs to incur debt to obtain.

Please see the two lists, below.

<u>Forms that AICs Must Pay For – And CAN Incur Debt For</u>	<u>Forms AICs CANNOT Incur Debt For</u>
<ul style="list-style-type: none">• Affidavits• State Bar• Certificates• Declarations• Fast & Speedy• Parole Board• Tort• Oregon Circuit court• Oregon Court of appeals• U.S. District Court• Ninth Circuit Court of Appeals• U.S. Supreme Court• Senate Bill 819 applications• Instructions on completing any of the above category of forms	<ul style="list-style-type: none">• Department of Motor Vehicle• Family Law• Governor Issues (Clemency Packets)• End of Life Issues• Power of Attorney

I am pleased to announce to everyone the upcoming reintroduction of the dogs back into the recreation yard as it was before the pandemic. The goal of the Powder River Dog Program is to find abused or neglected dogs around our communities and bring them here to help them get back to a sense of normalcy and make them adoptable for future owners.

Starting **May 7th**, Mr. Haines (Volunteer) will be teaching the Dog Handlers on the safe & proper handling of the dogs as they walk around the recreation yard. Only “Green Harness” dogs who show no hostility will be allowed on the yard for 1 hour in the evenings.

AICs are allowed to pet the dogs, but they will need to ask the AIC handlers if it is okay as they know the demeanor of the dog by working with them daily. There will be no horseplay, scaring or grabbing of the dogs. Safety for everyone is a priority.

I believe having dogs walking the recreational yard will be good for everyone's moral.

Lt. Robbins



PRCF IS OFFERING A NEW PROGRAM



PRCF, in partnership with Bridgeworks Presents, will begin a six-week film series discussion group. The goal is to pair films that bring a new perspective on the human experience with self-directed curriculum and promote future discussions. Films will be shown in the Dining Hall each week in the evenings (exact time TBD) for 6 weeks beginning the week of April 25, 2022.

To participate in this discussion group, you must be an Incentive Level 3, can commit to 6 weeks and have not received any MRs in the past 6 months.



BRIDGEWORKS PRESENTS

MIYAZAKI: A DRAWN WORLD

Anime fans agree that the work of Studio Ghibli led by Hayao Miyazaki is the best of the best. This series focuses on the man and the worlds he draws. A companion workbook produced by Bridgeworks Oregon is available to anyone interested in enriched self-guided study. It provides questions (like the samples below) to prompt personal reflection and spark conversations. Send a kye to Ms. Geddes for a copy (supplies are limited.)

Movie Night starts once a week in the Dining Hall starting April 25

WEEK 1 | PRINCESS MONONOKE, Written and directed by Hayao Miyazaki, Studio Ghibli (1997)

Set in 14th century Japan, this film reflects Miyazaki's interest in *Hojoki* (a classic work written by Buddhist monk Kammo no Chomei in 1223—which is still part Japanese school curriculum.) Kamo no Chomei witnessed an apocalyptic period in Japan that was defined by military takeovers, famine, pestilence, and natural disaster. Building off this era, Miyazaki blends a magical landscape of mythic heroes and people who are part of the cultivated world; life forces of the natural world; and *Mononoke*, shape-shifting spirits that possess beings and cause suffering. All boundaries are in conflict, which provides an elegant analogy to the world of 1990s Japan

- Before the resolution, there is a powerful and catastrophic use of force. Is this a tale of redemption in the face of destruction?

WEEK 2 | HOWL'S MOVING CASTLE, Directed by Hayao Miyazaki, Studio Ghibli (2004)

Miyazaki borrows from the European fairy tale tradition in this adaptation of the English writer Diana Wynne Jones's novel. The rules in this magical kingdom are a little slippery, especially when it comes to who holds the power. The Alsatian landscape sets the stage for a tale of love and transformation.

- Howl recognizes, "a heart is a heavy burden" and at the same time it unlocks him from his cage. How does the heart work throughout the story?

WEEK 3 | GRAVE OF THE FIREFLIES, Directed by Isao Takahata, Studio Ghibli (1988)

"Grave of the Fireflies" tells the story of two children in Japan during the height of World War II bombing attacks on Japan. It was originally released as a double feature with "My Neighbor Totoro," a more lighthearted film which contrasted the serious emotional nature of "Grave."

- Write about a moment in your own childhood when you dug deep to care for another person.

WEEK 4 | MY NEIGHBOR TOTORO, Written and directed by Hayao Miyazaki, Studio Ghibli (1988)

University professor Kusakabe and his daughters, Satsuki and Mei, move closer to the hospital where the girls' mother, Yasuko, is recovering from a long-term illness. This country is picturesque with Granny growing vegetables; Satsuki attends a village school; and little Mei explores the farmland by herself only to discover Totoro—a master of the forest—living in his Camphor tree. Miyazaki produces evidence that a harmonic life open to the magic of the nature can provide children with space to process complex emotions—even after devastating events.

- When Mei disappears, Satsuki does not rely on adults, she takes responsibility to find her sister and finally turns to the magical Totoro for help. How does she compare to other children in the Miyazaki world?

WEEK 5 | SPIRITED AWAY, Written and directed by Hayao Miyazaki, Studio Ghibli (2001)

Set in contemporary Japan, this story moves ten-year-old Chihiro Ogino to a new neighborhood. Unlike adventurous Mei and Satsuki, she is apprehensive about the change. Her father takes their four-wheel drive car on a shortcut through the woods, and unwittingly leads his family into the world of *kami* (spirits of Japanese Shinto folklore). Her hungry parents become pigs after greedily consuming food enchanted by the witch Yubaba. (Miyazaki often chooses pigs because he thinks their behavior is most closely linked to humans.) Chihiro secures a job working in Yubaba's bathhouse to find a way to free herself and her parents in order and rejoin the human world.

- "Howl's Moving Castle" was made on the heels of "Spirited Away." How does the character of Chihiro make way for a girl like Sophie?

WEEK 6 | NAUSICAA OF VALLEY OF THE WIND, Written and directed by Hayao Miyazaki, Studio Ghibli (1984)

This story sweeps through myriad landscapes—the pastoral valley, the ruined city Pejiteans, the cavern below the earth to sweeping views of the sky. Nausicaa sails, a winged creature on her glider. She moves like the very insects with which she identifies, seamlessly integrated within this world; her shamanic destiny is linked to all life. And while she doesn't physically transform, Nausicaa crosses boundaries from plant to insect to human to animal to spirit with a clear understanding of the connection between them all. She honors the earth's consciousness. Think of Nausicaa's plant lab and the importance of observation in understanding the world. In what ways do you stop, take notes, and draw meaning?

BONUS! ADD TO WEEK SIX THE KINGDOM OF DREAMS AND MADNESS, Directed by Mami Sunada, (2013)

In this documentary, the white-aproned Miyakazi observes life and makes notations. The precision in the which he brews pour-over coffee or watercolors a storyboard provides insight into his how he constructs intricately woven worlds with the light flick of a pencil.

THIS PROJECT IS SPONSORED BY GENEROUS FUNDING FROM OREGON HUMANITIES.

Notices & Updates

Salary increase with a GED

Well, it is no surprise that people who hold a GED diploma earn higher salaries than people who don't have the credential. The question is, how much more will you earn.

Research by the U.S. Bureau of Labor Statistics indicates that the salary increase is approximately 25% on average. That's quite something, right? So it seems that earning your GED credential is really rewarding!

If you would decide to continue your education even further, your salary will go up even higher. Some companies, such as Amazon, actively promote further education for their employees and are even paying for college tuition to enhance their workers' professional options!

Education Updates

FAFSA is available in July 2023. AICs are sending kypes requesting FAFSA and there are no forms or information for Education to give out. When July 2023 gets closer DOC Education Unit will send out updated information when it is available.

The next Corban Class is currently postponed due to Corban's request. It will not start in Fall, 2022. We are uncertain if it will begin in January 2023 or later.

Once we know when Corban would like to start their next class, we will advertise in the AIC newsletters and interested students can apply then. Corban Class is offered at OSCI.

IRS

For AIC's receiving letters from the IRS requesting calls to confirm your identity, the 1-800 has been added to CenturyLink/ICS call list so you can make those calls from your Housing Units. Please note that there may be a considerable wait time before you are able to speak with a representative with the IRS. ODOC staff will not be facilitating these calls for you.

ARTWORK/MURALS

Please submit your ideas for artwork/murals you would like to have considered to Ms. Geddes. Please include a picture and wall location you are proposing. All submissions will be reviewed by EMT.



We want to see your ideas!





NOTICE OF UNSCHEDULED CHANGE TO TV PROGRAMMING

Inmate Communication System Program Management Office (ICS PMO)

NOTICE DATE: April 14, 2022

SUBJECT: NOTICE OF SPANISH TELEVISION SERVICE CHANGES

Oregon Department of Corrections (ODOC) confirms that our Spanish speaking television broadcast providers have changed current package content. Due to this change, effective May 01, 2022, ODOC Institutions will continue to have access to the following Spanish TV content: Univision ,UniMas, Telemundo, and will now also have TUDN added. TUDN has not been available to ODOC Sites in the past and is a big soccer (futbol) channel.

Also, the following content will no longer be supported effective that same date: Galavision, History en Español, Discovery en Español, Universo, Azteca America. History and Discovery TV content will continue as available offerings only being displayed in English.

Both ODOC ICS-PMO and the Television contract provider appreciate your understanding regarding this change of service.

ATTENCION! NOTIFICACION DE CAMBIO SIN AVISO A LA PROGRAMACIÓN DE TELEVISIÓN

Inmate Communication System Program Management Office (ICS PMO)

FECHA DE NOTIFICACION: 14 de Abril de 2022

ASUNTO: Aviso de Cambios en el Servicio de Televisión en Español

El Departamento de Correcciones (ODOC) confirma que nuestros proveedores de transmisión de televisión en Español han cambiado el contenido. Debido a este cambio, a partir del 1 de Mayo de 2022, las instituciones de ODOC seguirán teniendo acceso a los siguientes contenidos de televisión en Español: Univision, UniMás, y Telemundo. Ahora también se agregará TUDN. TUDN no ha estado disponible para los sitios de ODOC en el pasado y es un gran canal de fútbol.

Además, los siguientes contenidos dejarán de ser apoyados a partir de esa misma fecha: Galavision, History en Español, Universo, y Azteca America. Los contenidos de History y Discovery TV seguirán siendo disponibles solo en Inglés.



Opening Soon the Coffee Cart



We will be opening the Coffee Cart to all AIC's starting on Monday May 9th, 2022. In order to get a coffee from the Coffee cart, you will need to purchase Coffee Tickets. The Coffee Tickets are sold in \$1.00 increments and the drinks start at \$3.00 and for additional flavors or shots they are \$1.00 each. You can purchase coffee cart tickets by submitting a CD-28 and have it submitted to admin by Sunday before ticket pick up.



POWDER RIVER COFFEE SHOP HOT DRINKS

\$3.00 - SPECIALTY LATTES

Almond Joy

Coconut & Almond

Carmel

Caramel Sauce

Chocolate Cherry Bomb

Chocolate sauce, Cherry syrup

Creamy Cinnamon

Cinnamon & Vanilla

Hazelnut-Rocha

Chocolate & Hazelnut

Irish Cream

Irish Cream

Mrs. Worthers

Butterscotch & Vanilla

Shot in the Dark

Drip Coffee with Espresso

Snickers

Caramel, Chocolate, & Vanilla

Thin Mint

Dark Chocolate with crème de menthe

White Caramel

White Chocolate & Caramel

White Chocolate Mocha

White Chocolate

White Chocolate Snickers

White Chocolate, Hazelnut & Caramel

White Raspberry Truffle

White Chocolate, Raspberry & Vanilla

\$3.00 - OTHER HOT DRINK

Cappuccino

Americano

Flavors

Almond

Butterscotch

Cinnamon

Coconut

Hot Chocolate

Steamer

Flavors

Crème De Menthe

Irish Cream

Sugar Free Flavors

Vanilla

Apple Cider

White Hot Chocolate

Sugar Free Flavors

Caramel

Hazelnut

Strawberry

Raspberry

COLD DRINKS

\$3.00 - ITALIAN SODAS

Coconut

Grape

Huckleberry

Lime

Mango

Peach

Pineapple

Raspberry

Strawberry

Watermelon

\$2.00 - ICE CREAM

Vanilla, Chocolate & Swirl





Pastry Update

You may submit orders for Pastries
Until 5/2/2022 Monday morning before
8:20am

Pastries will be distributed Tuesday 5/10/2022

Mint Chocolate Chip Cookies

2 tickets for 6 Mint Chocolate Chip Cookies with a
Max order of 12 activities tickets for 36 Mint Chocolate Chip Cookies .



You may use tickets you have purchased. You May also use tickets you have won from tournaments, volunteer work or from activities club to purchase pastries.

* * * Please use only one (1) staple to attach your tickets * * *

**Pick up day please come during your time
Please bring a pen**



Activities Calendar

April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
March. 27	March. 28	March. 29	March. 30	March. 31	1	2
3 CD-28's Turn in for Activity and Photo	4 Pastry Box Pick up	5	6	7 Pastry and Photo and Activity Ticket P/U	8 Pastry Box Out	9
10	11	12	13	14	15	16
17 Easter CD-28's Turn in for Activity and Photo	18 Pastry Box Pick up	19	20	21 Pastry and Photo and Activity Ticket P/U	22 Pastry Box Out	23
24	25 CD-28's TURN IN FOR SHAKER BOTTLES	26	27	28	29	30

Photo and Activity Ticket Update!

Photo and Activity tickets are being sold. The deadline for your CD-28 to be turned in is Sunday before the pick up. Watch calendar for updates.

You must come during your assigned times!

Please bring a pen when you come to pick up your tickets

All Tickets and Pastry Pick up

AIP / A&D	9:30 am - 9:45 am
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GP	9:45 am - 10:00 am
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Activities Calendar

May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 CD-28's Turn in for All Tickets	2 Pastry Box Pick up	3	4	5 PRAS	6 COFFEE, PHOTO, ACTIVITY TICKET P/U	7
8 Mothers Day	9 Coffee Cart Opens	10 PASTRY PICK UP	11	12	13	14
15	16 Pastry Box Pick up	17	18	19	20	21
22 CD-28's Turn in for All Tickets	23	24 PASTRY PICK UP	25	26 COFFEE, PHOTO, ACTIVITY TICKET P/U	27	28
29	30 MEMORIAL DAY	31 Pastry Box Pick up				



TV Loaner Program



PRCF Do Good Club is offering a TV loaner program. This program is offered to Incentive Level 3 AICs only. If you do not currently own a TV you may borrow a TV for up to 3 months. There are limited TVs available so you may be placed on a wait-list until a TV becomes available. Once approved for this program you will be placed on a callout to pickup a TV. If you would like to participate in this program , please submit a sign up form. If you need a TV Loaner form they are available on the unit at the officers station

Attention From Business Services

Please beware that the account number has changed for the activity tickets to 2460. You must start using the new account number for Activity tickets 2460. If you have already submitted CD28 using the old account number it will be processed. Any CD28 submitted after this notice will with the old account number will be sent back for correction. There are new examples on the units for you to reference.



To All Adults in Custody,

The Governor recently announced that Oregon is revising its indoor mask requirement due to decreasing COVID-19 case rates and hospitalizations. After March 11, the statewide mask requirement will be lifted in many workplaces and public indoor spaces throughout Oregon. As you are likely aware, the Centers for Disease Control Prevention (CDC) have different masking guidelines for correctional settings, and they have not changed those guidelines at this time.

DOC is working to review all information from the CDC and prepare a plan on how to phase out masking while staying safely within CDC guidelines. Much more information to come.

COVID-19 is still in Oregon's prisons. Masks must continue to be worn, practice social distancing, and maintain sanitation protocols. Speak to Health Services about getting vaccinated or receiving a booster if you are already vaccinated. Staying cautious will help us continue to move toward returning to normal operations.

A todos los adultos bajo custodia,

La Gobernadora anunció recientemente que Oregón está revisando su requisito de uso de mascarillas para interiores debido a la disminución de casos y hospitalizaciones por COVID-19. Después del 11 de marzo, se levantará el requisito estatal de máscara en muchos lugares de trabajo y espacios públicos interiores en todo Oregón. Como probablemente sepas, los Centros para la Prevención y el Control de Enfermedades (CDC) tienen diferentes pautas de enmascaramiento para entornos correccionales, y no han cambiado esas pautas en este momento.

El DOC está trabajando para revisar toda la información de los CDC y preparar un plan sobre cómo eliminar gradualmente el uso de máscaras mientras se mantiene seguro dentro de las pautas de los CDC. Mucha más información por venir.

COVID-19 todavía está en las prisiones de Oregón. Se deben seguir usando máscaras, practicar el distanciamiento social y mantener los protocolos de saneamiento. Hable con los Servicios de Salud (Health Services) acerca de vacunarse o recibir un refuerzo si ya está vacunado. Mantenerse cauteloso nos ayudará a continuar avanzando hacia el regreso a las operaciones normales.



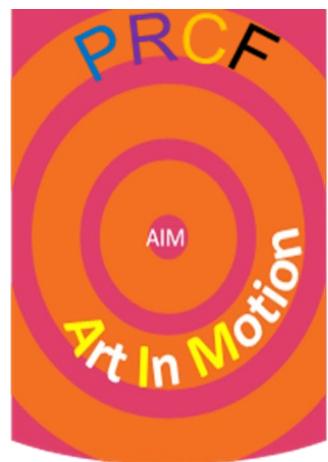
PRCF is now taking applications for **ARTists** who are interested in creating and painting various murals throughout the institution. The size of the murals will vary depending on the location.

There may be additional visual arts projects available in the future.

If you are interested, please send a work application with samples of your work and/or portfolio. Please add a narrative about your interest and experience. You can also propose ideas of what could be done in the potential space in the institution.

You will be selected based on your proven experience as an artist, two years of painting experience preferred, clear conduct, good behavior, incentive level 3, and be able to work independently.

14 PRAS points will be awarded for days worked.



Please send your information to Ms. Pimentel ASAP.



NEW HOPE – POWDER PALS PROGRAM

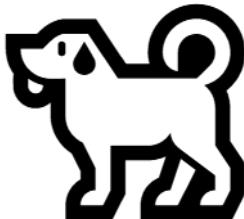
Interested AICs are welcome to apply



New Hope for Eastern Oregon Animals (New Hope – Powder Pals) partnered with the Powder River Correctional Facility, Oregon Department of Corrections, since early 2011. A key focus of this work has been the ability to provide meaningful work for inmates in training homeless dogs. More specifically, the program assists homeless dogs lacking obedience skills and behavioral issues that limit the animal's ability to be re-homed successfully. New Hope for Eastern Oregon Animals is a Private Non-Profit whose purpose is to improve the lives of animals through kindness, understanding and respect. Their purpose is to rescue and rehabilitate animals in Eastern Oregon, increase awareness of animal well being through education, and encourage a caring and safe environment for animals.

Work duties will include are but not limited to the following:

- Follow the training program at all times. Failure to follow the program will result in immediate removal from the program and may result in disciplinary action.
- Conduct or assist with scheduled training sessions.
- Conduct or assist with socialization of the animals.
- Follow the schedule of activities for the animals.
- Exercise animals daily.
- Keep a daily log of the animal's progress in the program.
- Feeding and watering following recommended daily amounts.
- Remove solid waste from kennel areas (inside and outside), and any other area as needed using approved Personal Protective Equipment (PPE).
- Clean kennel area (inside and outside) using appropriate chemicals and PPE.
- Must be willing to work in a variety of weather conditions.



Qualifications for opportunity to apply:



1. In compliance with DOC Case Plan
2. No major misconduct reports within the last 6 months
3. Minimum of 6-8 months remaining on sentence
4. No history of animal neglect or abuse
5. Willingness to work as a team, open to new training ideas, willingness to make a difference to an animal
6. Be motivated for change and have a good attitude
7. Must be able to lift 50 lbs

IF YOU ARE INTERESTED PLEASE SEND AN APPLICATION TO MS. PIMENTEL

SEASONAL RECRUITMENT

Adults in Custody Fire Team

Do you need a job skill? Would you like to work in the forest? Do you want to be trained to fight fires? Then you need to apply to be a part of the DOC's Adults in Custody Fire Team.



To qualify for this exciting opportunity, you:

- ◆ Must be a Classification Level 1 Unfenced
- ◆ Your projected release date or start date of eligibility window for treatment should be after 10/01/22.
- ◆ You must be medically approved to work in the forest. You must be reasonably fit to perform the duties of the assignment with no asthma or heart conditions.

You must be approved by your counselor (**Do not request authorization from your counselor. Please submit application directly to Ms. Pimentel**)

You will be automatically disqualified if you:

- ◆ Have been convicted of a sexual offense, including attempts
- ◆ Have been designated "predatory" in any State

Have been convicted of Arson or attempt

Working as a wild land firefighter is long, hard, strenuous work. The hours can be 10-16 hours a day in inclement weather over uneven terrain, requiring climbing, bending, stooping, digging and lifting up to 50 pounds repetitively. Pre-qualified candidates must pass the Pack Test (walk 3 miles with 45lbs pack in 45 minutes). If you are selected, you will be trained in wild land fire-fighting and possibly an additional 40 hours of chainsaw training. In addition, your training may include various natural resource topics and also First Aid and CPR Certification.

The benefits are priceless – you would be working outdoors in a natural setting as part of a team assisting the Oregon Department of Forestry in maintaining healthy forests and protecting them from wild land fires. You will receive a certificate of program completion and upon release you will have a job skill in the wildland fire fighting field.

Firefighters earn the following:

- ◆ PRAS of 14-17 points per day (Camp Support 14 and Fire Suppression 17), **plus**
 - ◆ Meritorious award of \$3 per day on fire, **plus**
- General Savings bonus \$3 per day per fire

If you believe you meet the above criteria and would like to be considered for this work opportunity, please send a complete application form to

Ms. Pimentel, IWP Coordinator.

STATE CLOTHING ALLOWED

<u>1 Each Denim Coat</u>	<u>1 Chambray shirt</u> <u>2 Chambray shirts (Program)</u>	<u>2 Pair Denim Pants</u>
<u>3 Each T-Shirts</u>	<u>2 Sweatshirts</u> <u>1 Sweatshirts (Program)</u>	<u>1 Each Belt & Buckle</u>
<u>3 Pair Grey Dress Socks</u>		<u>2 Each Towels</u>
<u>3 Pair of Underwear</u>	<u>2 Blankets (Wool or Cotton)</u>	<u>2 Sheets and 1 Pillow Case</u>
<u>1 Pair State Tennis Shoes (if no personal shoes)</u>	<u>1 Pair of State Shower Shoes (if no personal shoes)</u>	<u>1 Pair Red Shorts (if no personal blue shorts)</u>

WORK CREW ONLY

<u>1 Pair Work Boots</u>	<u>2 Pair Work (boot) Socks</u>	<u>1 Pair Work Gloves</u>
	<u>1 Each Safety Vest</u>	

Work crew items must be turned back in when you are no longer assigned to a work crew. Work crew clothing is to be worn for work assignments only.

1. Clothing exchange is done on a one-for-one basis. You must bring the article of clothing you wish to exchange to R&D to get a replacement. If you do not have the article of clothing, and you have made an effort to find it, you are required to follow the proper state property re-issuance procedure. The forms are available on your units. (the process for returning clothing **does not** include turning items into the Unit Laundry buckets)
2. **Do Not** purposefully rip, tear, alter, or destroy any clothing or laundry bags in hopes of getting new ones. R&D does not have the extra clothing or budget to continue replacing damaged items. You can and will be held accountable if clothing appears to be purposefully destroyed.
3. Clothing exchange will occur Monday and Friday from at 6:30 am to 7:30 am. Coming into R&D outside of these hours, unless you've been called down, will result in you being held accountable, If there is an immediate need please talk with your unit officer.

Release Clothing

Have you thought about your clothing needs for release and how you are going to pay for them?

When you are **45 Days from release**, you will need to contact R&D to make arrangements for your dress outs by completing a package authorization form to have clothing sent in OR by completing a CD28, to ensure you have funds available to purchase clothing from PRCF

The cost for dress outs can be up to \$35 depending on your needs. If you have any questions about the cost for dress out clothing please kytic R&D.

Due to changes to the Inmate Trust accounts you should start thinking about how you will pay for your dress outs. You can pay for dress outs with money in your General Spending account or your General Savings account but Not your Transitional Savings.

Disposal of Personal Property

AIC's discarding personal property items such as shoes, radio, tv, shorts, headphones, etc. must be disposed of through R&D. Please make arrangements with your Housing Unit Officer or send an AIC Communication to R&D requesting to be called to R&D to properly dispose of your item(s).

These items must be disposed of through R&D.



AIC Newsletter Article – 2022

Prison Rape Elimination Act (PREA Information)

The Oregon Department of Corrections (ODOC) has a zero tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an AIC communication, through the grievance system, by calling the PREA hotline by making a language selection, then dialing 91 from any AIC phone.

Filing an Anonymous PREA Report

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency.

You may write to:

Governor's Constituent Services Office
900 Court Street NE, Suite 254
Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

Opposite Gender Viewing/Announcements

Opposite gender staff announcement themselves when entering a housing unit by ringing a bell. This must be done any time the status quo of the gender supervision on a housing unit changes (if there is already an opposite gender staff on the unit then there is not needed to re-announce). When you hear the doorbell, opposite gender staff will be entering the housing unit so please make sure you are covered up appropriately.

It is also important you undress in the appropriate locations. If you are located in a bunk area, there are cameras throughout the facility so the designated changing/bathroom areas are the only areas you should be without undergarments. Opposite gender viewing may happen incidentally when staff are conducting routine cell checks. You can minimize this by keeping aware of the gender of supervision in your housing unit and ensuring you cover up when possible.

Community-Based PREA Advocacy (Support) Program

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to AICs.



AICs at ODOC who have experienced sexual abuse may reach a community-based advocate by making a language selection, entering your AIC PIN, then press 0*711 AIC telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information and emotional support. There is no charge for calls to advocates.

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled similar to legal calls/official mail. All advocacy calls are not monitored or recorded.

Advocates provide confidential support and crisis intervention, inform you about the investigation and medical examination process, educate you about healing from sexual abuse and offer resources and referrals

Advocates will not tell you what to do, communicate with the institution unless you request them to do so and sign a release and will not provide legal advice.

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report unless you request them to do so and if you sign a release of information.

Just Detention International Headquarters is a national advocacy resource and can be reached at:

3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

E. Sage, PREA Coordinator
Oregon Department of Corrections
2575 Center St.NE
Salem, Oregon 97301



Ley de Eliminación de Violaciones en Prisión (Información PREA)

El Departamento Correccional de Oregon (ODOC) tiene cero tolerancias para el abuso sexual, el acoso sexual, y las represalias por denunciar un incidente. Puede informar en persona a cualquier miembro personal a través de una comunicación de AIC (adulto bajo custodia) o a través del sistema de quejas. Puede llamar a la línea directa de PREA, seleccionar el idioma y luego marcar 91 de cualquier teléfono de AIC.

Presentación de un informe PREA anónimo

Si no está seguro de presentar una acusación ante PREA, puede presentar un informe anónimo con una agencia externa.

Puede escribir a:

Governor's Constituent Services Office
900 Court Street NE, Suite 254
Salem, Oregon 97301

Por favor indique al comienzo de su carta, que está presentando una denuncia ante PREA y quiere permanecer anónimo. La Oficina del Gobernador remitirá todas las denuncias anónimas al Coordinador de PREA para garantizar que se complete una investigación basada en la información proporcionada.

Visualización/Anuncios de género opuesto

El personal del género opuesto se anunciará cuando ingresa a una unidad de vivienda, tocando un timbre. Esto debe hacerse cada vez que cambie el statu quo de la supervisión de género en una unidad de vivienda (si ya hay un miembro del personal del sexo opuesto en la unidad, entonces no es necesario volver a anunciar). Cuando escuche el timbre, el personal del sexo opuesto estará ingresando a la unidad de vivienda, así que asegúrese de estar cubierto adecuadamente.

También es importante que se desnude en los lugares apropiados. Si se encuentra en un área de literas, hay cámaras en toda la instalación. Existen áreas designadas para cambiarse, el baño es la única área en la que puede estar sin ropa interior. La visualización de sexo opuesto puede ocurrir incidentalmente cuando el personal realiza controles de celda de rutina. Puede minimizar esto siendo consciente del género de la supervisión en su unidad de vivienda y asegurándose de cubrirse cuando sea posible.

Programa de defensa (apoyo) basado en la comunidad PREA

ODOC se ha asociado con defensores confidenciales basados en la comunidad de víctimas de abuso sexual para brindar servicios a los AIC.



Los AIC en ODOC que han pasado por abuso sexual pueden comunicarse con un defensor comunitario seleccionando un idioma, ingresando su PIN de AIC, luego presionando 0*711 sistemas telefónicos. También pueden solicitar una llamada privada a través del Gerente de Cumplimiento de PREA en la instalación. Los defensores brindan a las víctimas de abuso sexual información sobre sus opciones, recursos, y apoyo emocional. No hay ningún cargo por las llamadas a los defensores.

La línea de crisis de defensa basada en la comunidad es para personas que necesitan ayuda acerca de los problemas relacionados con el abuso sexual y no debe usarse para otros fines.

Las llamadas telefónicas y el correo con los centros de defensa basados en la comunidad se consideran comunicaciones privilegiadas y se manejarán de manera similar a las llamadas legales/correo oficial. Todas las llamadas de defensa no son monitoreadas ni grabadas.

Los defensores brindan apoyo confidencial e intervención en crisis, le informaran sobre la investigación y el proceso del examen médico, lo educaran sobre cómo curarse del abuso sexual y ofrecen recursos y referencias.

Los defensores no le dirán qué hacer, no se comunicarán con la institución a menos de que usted les solicite que lo hagan y firmen un comunicado. No le brindarán asesoramiento legal.

Los centros de defensa basados en la comunidad brindaran apoyo en caso de abuso sexual a personas de todos los géneros. Los defensores comunitarios no informarán a nadie a menos de que usted les solicite que lo hagan y si usted firma una divulgación de información.

La sede internacional de Just Detención (Just Detention International Headquarters) es un recurso de defensa nacional y se puede contactar en:

3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

Si tiene cualquier pregunta sobre PREA, puede preguntarle a un miembro del personal, escribir al Gerente de Cumplimiento de PREA en su institución, o puede escribir a:

E. Sage, PREA Coordinator
Oregon Department of Corrections
2575 Center St.NE
Salem, Oregon 97301

ODOC HEALTH SERVICES FAQ

WHAT IS THE DIFFERENCE BETWEEN QUARANTINE AND ISOLATION?

Quarantine is used to keep someone who might have been exposed to COVID-19 away from others to help limit the spread. Someone in quarantine stays separated from others, and they limit movement outside of their current place. A person may have been exposed to the virus without knowing it (e.g., when traveling out in the community), or they could have the virus without feeling symptoms.

Isolation is used to separate sick people from healthy people. People who are in isolation should stay separate from others. Anyone with suspected or confirmed COVID-19 infection should separate themselves from others by staying in a specific “sick” area and use a different bathroom (if possible).

Isolation is not punishment. Isolation is the only way we currently can prevent uninfected people from becoming infected. Without isolation an infected person could potentially make everyone around them sick.



HOW CAN I REDUCE MY RISK OF BECOMING INFECTED WITH COVID-19?

Practice good hygiene:

- Wash your hands, especially after touching any frequently used item or surface
- Avoid touching your face
- Sneeze or cough into a tissue, or the inside of your elbow.
- Disinfect frequently used items and surfaces as much as possible.
- Wear your utility mask any time you are outside your cell.
- Avoid social gatherings.

HOW DOES ONE SAFELY STERILIZE/CLEAN A CLOTH FACE COVERING?

A washing machine should suffice in properly washing a face covering.

HOW DOES ONE SAFELY REMOVE A USED CLOTH FACE COVERING?

Individuals should be careful not to touch their eyes, nose, and mouth when removing their face covering and wash hands immediately after removing.



HOW CAN I HELP MYSELF STAY AS HEALTHY AS POSSIBLE IF I AM DIAGNOSED WITH COVID-19?

- Drink plenty of fluids
- Stay active = Sit at the edge of your bed / Walk around your room frequently
- Perform deep breathing exercises
- Take all prescribed medications
- Keep a positive attitude
- Communicate any change in your condition to Health Services staff immediately

CDC. (2020). Coronavirus (COVID-19). Retrieved April 15, 2020, from <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>.