

OSP Executive Management Team

SECURITY

Property Reduction Information

To the OSP Population:



We understand as we send out communications to the Population that we are unable to cover all your concerns and questions. If you have questions or concerns, please forward them to the Club Presidents. The President can get them to the OIC's Office. We will take your questions and our answers and put them on the TV station for all to review.

Beginning the week of June 6, 2022, AICs will be able to mail home property. AICs will be afforded up to two (2) boxes each to mail home. The boxes and postage will be no cost to you. Anything above and beyond the two (2) boxes will be at your expense. Between 11:15 am and 12:45 pm each day on the floor, a station will be set up to mail out property. Mondays A-block, Tuesdays A-3, Wednesdays C-block, Thursdays E-block, and Fridays D-block. This schedule will continue for four (4) weeks. The final day of mailouts will be on July 1, 2022.

The State Fire Marshal has tasked DOC to come into compliance with our own property rule to address the State Fire Marshal's violation of AIC excessive property. We have been given a compliance date of July 1, 2022. To bring OSP into compliance, each AIC must reduce their property to the following parameters:

- 1. AIC property must fit inside the allotted storage capacity available to where you are currently assigned. This will be the available drawers and shelving space provided.
- 2. Property on shelving should not exceed 12" in height to include magazines/books.
- 3. The only items allowed on your cell floor are shoes, broom, toilet brush, trash container, one musical item, and one authorized legal archive box.
- 4. Any excess personal property (i.e., books, papers, letters, or other items, etc.) which cannot be stored as indicated above will be sent home, disposed of, or confiscated as per OSP procedures and DOC rules.
- 5. Authorized legal materials (i.e., complaints, petitions, or answers), legal motions and

June 9, 2022

Page 1

memorandums, affidavits, court orders, judgments or other necessary documents pertaining to an AIC's own active (open or pending) case(s) will be stored pending disposition in accordance with DOC rule, Personal Property (AIC).

- 6. All AIC property must be in compliance prior to a cell move.
- 7. As of July 1, 2022, Transport will not transport your property if you have more than the allotted amount, meaning your property must be in compliance.
 - (2) Disposition of Excess Property:
 - (a) AIC personal property that exceeds the capacity of the facility's designated storage space shall be considered excess property. Excess property shall be mailed out at the AIC's expense or discarded. Excess property that is not mailed out or discarded at the direction of AIC shall be considered contraband and may result in confiscation of the item(s) and/or disciplinary action.
 - (b) Staff shall direct AICs in writing to bring their aggregate property within the capacity of designated storage space. The facility will hold an AIC's excess property for no more than 45 days following the date of Staff's written order directing the AIC to mail out or dispose of the AIC's excess property. If after 45 days the AIC has not made arrangements to mail out or dispose of the item(s), the Department shall confiscate the property as contraband and discard it.
 - (3) Disposition of Unclaimed Property:

AIC personal property items that the Department cannot identify as the property of a specific AIC shall be confiscated and held by the Department for no more than 45 days. If after 45 days the property items remain unclaimed, the Department shall discard the items.

As we move through this process, we will continue to provide you all with detailed information regarding how to send out personal property, shredding sensitive material no longer needed, discarding property, and donating books.

Staff have been directed to start enforcing these mandates. We encourage you to start working independently on reducing your property. As an item of measurement, the small blue bins located in each Block should get you within the allotted parameters to store your property in accordance with the rule.

/s/ B. Sundquist, Group Living Captain

Property Questions and Answers

As we continue to have questions sent to us, we will review and answer each week in the Walled Street Bulletin and on the TV station. We received some good questions this week. Thank you all for getting these to us. Some of the questions received will need to be followed up on with our Safety Administrator and/or the Fire Marshal for clarification. When we have clarification, we will send that out on the following week.

Property Questions and Answers:

- Q1. Could a TV stand be added for a more comfortable view while playing the X-BOX?
- A1. OSP is looking at designing a TV bracket system similar to what SRCI has. We are looking to design a bracket that will work for every block.
- Q2. Could Administration post photos and dimensions of the postage-free boxes that AICs will use to send out property?
- A2. OSP is providing two different sizes of boxes. Dimensions for each: 24"x18"x12" and 16"x12"x12". You are allowed two boxes. This can be either two of the same size or one of each.
- Q3. Can the book rule be clarified? For example, could a book that is taller than 12 inches in height be stored on its side which would cause overhang on the shelf?
- A3. The Fire Marshal's main concern is "fuel". The 12 inches in height is a rule that is meant for stacked items. For example, magazines can be stacked *no* higher than 12 inches. A 13-inch book standing on its own in the upright position is not a problem. Same applies to the taller jugs of protein powder.

Questions for clarification:

- C1. Can an AIC have two legal tubs stacked on each other as the legal totes are stored on the floor?
- C2. Are we keeping the cork boards?
- /s/ B. Sundquist, Group Living Captain

Confidential Document Shredding

In the coming weeks, shred bins will be placed on the Control Floor. These bins are padlocked shut and can

be used for the destruction of your confidential documents. Once the bins are full, they are rolled out to the front of the facility where Garten Services brings a mobile shredding truck. One of our staff stands by to witness the destruction of the documents. Please use this opportunity to pare down the unwanted paperwork in your cells. We anticipate these bins being available until the end of June.

/s/ W. Bellman, Operations Captain

Blanket Exchange

Attention D-Block Dwellers:



D-Block blanket exchange will start Wednesday, June 1, 2022, ending on Thursday, June 30-2022, and will go as follows:

For those AlCs with jobs, blankets can be exchanged during scheduled shower times only, and those AlCs without jobs, blankets can be exchanged during mainline showers on Tuesdays and Fridays only.

Again, this is a one-for-one blanket exchange, so bring your dirty blankets with you to get clean ones.

/s/ J. Hernandez, Clothing Room Sergeant

HEALTH SERVICES

AIC Self-Medication Instructions

- 1. Do not break apart the blister pack.
- 2. Do not possess medication that has expired.
- 3. Do not possess another AIC's medication.
- 4. Do not give any of your medication to or accept any medication from another AIC.
- 5. Do not possess a loose (unpackaged) pill(s) unless specifically approved by the Health Services Section.
- 6. You are responsible to lock your medication in your housing storage area.

General Instructions:

- Return your medication to the Health Services Section for the following unless specifically instructed otherwise:
 - a. The date on your prescription has expired.
 - b. The blister pack is empty.
 - c. The prescription or medication has been changed or discontinued by a prescribing practitioner.
- 2. A Health Services employee may request you to bring your medication to the Health Services Section periodically to be examined.



- Medication refills may take five to seven working days to arrive. As such, you need to request a refill from the Health Services Section five to seven days before a refill is needed.
- 4. You will be given medication in a blister pack for a 30-day period of time or less.
- 5. If you are found in non-compliance of the self-medication system, you will be required to report to the medication line for any further medication.
- Some medications may require a modified selfmedication process until you can demonstrate compliance with instructions. The Health Services employee will determine how the selfmedication process will be modified and when you can assume the full self-medication system.

/s/ C. Coffey, Medical Services Manager

Take the Time to Complete an Advance Directive

It is important for family members and health care providers to know what kind of medical care a patient wants at the end of life. Advance directives are legal documents that record the patient's wishes for end-of-life care.

Advance directives should be filled out while people are healthy, because doing so gives you time to think about the end-of-life care that you would choose if you were unable to communicate your own wishes. It also allows time to discuss these wishes with loved ones.

Everyone has the right to make decisions about their own treatment. Filling out advance directives gives you a way to do so. Choices about end-of-life care can be difficult to make even when you are healthy, but if you are already seriously ill such decisions can seem overwhelming.

If you would like more information on completing an Advanced Directive, please send an AIC communication to Sick Call. We will send you a handout to help you better understand the process and what it means to you.

To obtain Advance Directive forms, please send an AIC communication to Medical Services. Legal Library can also provide assistance; you can schedule an appointment for Legal Library to witness your forms.

/s/ C. Coffey, Medical Services Manager



EDUCATION



New College Degree Program

Corban University has a new four-year college degree program. This is the last year you can apply; classes will start January 9, 2023.

Oregon Department of Corrections, Corban University, and Paid In Full Oregon have partnered to bring a four-year Bachelor of Science degree program to the Oregon State Correctional Institution. Corban University is a private Christian university in Salem, Oregon, accredited by the Northwest Commission of Colleges and Universities. Paid In Full Oregon is a non-profit organization founded with the purpose of partnering with DOC and Corban University "to provide AICs a fully-accredited bachelor's degree. Paid In Full Oregon is raising all the funds for this program. There will be no cost to students.

The graduates will earn a Bachelor of Science in Liberal Arts with an emphasis in Psychology, Social Service, and Leadership. This program is about transforming lives. Graduates will not remain at OSCI, rather they will be sent to other institutions to serve as mentors to others.

Twenty-five students will be enrolled. If you meet the qualifications and are accepted, then you will be transferred to OSCI. The new term is scheduled to start in January 2023. This is a voluntary program. The minimum requirements are:

- Minimum of eight years left on sentence at time of enrollment.
- Non-Cash Incentive Level of 3. Level 2s may be considered with institution review and approval on a case-by-case basis.
- High school diploma or GED.
- · Accepted by OSCI and can be housed at OSCI.
- · Completed application including essays.
- Agreement to mentor others upon completion of degree.
- Only apply if you meet the qualifications.

Corban applications are available in your institution library or by sending an AIC communication form to Janet Norton, DOC Education.

We are accepting applications through August 30, 2022. If you meet the basic criteria listed above and wish to enroll in this program, check your library for the Corban Application. Only one packet per student. Completed applications are mailed to:

Ms. Norton, Education Manager, DOC Education Oregon Dept. of Corrections 3723 Fairview Industrial Drive SE Salem, OR 97302 Completed applications must arrive to Ms. Norton no later than August 30, 2022.

/s/ K. Arrington, DOC OSCI Education

FAFSA Update

FAFSA Information:

FAFSA is available in July 2023. AICs are sending AIC communication forms requesting FAFSA and there are no forms or information for Education to give out. When July 2023 gets closer, DOC Education Unit will send out updated information when it is available.

The next Corban class is currently postponed due to Corban's request. It will not start in Fall 2022. We are uncertain if it will begin in January 2023 or later.

Once we know when Corban would like to start their next class, we will advertise in the AIC newsletters and interested students can apply then.

/s/ J. Norton, DOC Education, Training & Treatment Manager

JOB ANNOUNCEMENTS

Barber Position



Group Living is currently accepting applications for a barber position.

Qualifications:

Board of Cosmetology License preferred or 2 years+ experience barbering in any Department of Corrections (DOC) setting. Applicant must have a basic understanding of barber ethics, safety and sanitation. Applicant also needs to be misconduct free for at least one (1) year and be level 2 or 3.

Duties and Responsibilities:

Selected applicant(s) will provide other Adults in Custody (AICs) with barbering services. You will cut, shape, trim, and taper hair and beards using clippers, trimmers and shears. You will be responsible for keeping your work area/tools clean, sanitized and ready to use.

The selected applicant(s) for the above must also be able to work well with staff and AICs from all walks of life. We will also ask that you be reliable, self-motivated and have the willingness to take criticism and direction.

If interested, please send an AIC Job Application to Group Living.

/s/ C. Porter, Group Living Lieutenant

ICH Unit Peer Companion Position

We believe that AICs who have proven to be successful in the prison community can provide a

valuable resource to peers within that community. By listening to and mentoring peers who are struggling with various disabilities, peer companions can help teach them how to more effectively and productively manage their own responses to their environment.

Mental Health Special Housing is now hiring for multiple peer companions on the Intermediate Care Housing (ICH) unit. The individuals selected for this position will report to the ICH unit, yard, and/or treatment lounge for their shifts. We are looking for motivated, responsible individuals who have the willingness to work with both our elderly and special needs population. It is important for unit peer companion candidates to behave in a manner that is respectful, safe, confidential and honest, modeling patience, respectful communication and the following of all unit and institution rules.

ICH unit peer companions will have specific shifts and are responsible for assisting unit staff, QMHPs and treatment staff in ensuring that identified AICs housed on the ICH are getting their basic and daily needs met, which helps to improve their functioning and improve their overall quality of life while incarcerated.

Duties may also include escorting individuals to appointments, assisting individuals in groups, guiding or accompanying individuals who have difficulty walking or who are resistant to engaging in activities outside of their cells to activities in the day room, treatment lounge, or out for ICH yard time.

Please submit an application AIC communication form to Tyann Etzel, ICH Program Manager, if you are interested. Applications will be accepted until this position is full. To be eligible, you must be an incentive level 3 and have clear conduct for at least one year; it is preferred that you have one or more years left on your sentence.

/s/ T. Etzel, BHS Manager

Painter Position

Physical Plant is accepting applications in the Paint Shop for the following position:

Paint Crew – 10 points – 6:30 am – 4:00 pm Monday-Thursday

The selected candidates will have the closest matching skills to those listed below.

Desired skills:



- Self-motivated individual with a desire to learn skills for the outside.
- Willingness to take direction, criticism, and work with others to accomplish tasks.
- Experience using hand tools, paint brushes, and rollers.

- Able to lift 50-75 pounds frequently.
- Reliable individuals who maintain regular attendance.

Send a completed AIC job application to Physical Plant J. Trevino.

/s/ J. Trevino, Physical Plant

RELIGIOUS SERVICES

TUMI Program Update

This is for the Adults in Custody who have been involved with TUMI (a Prison Fellowship educational program). We will be restarting this program very soon. I currently have 14 men signed up for this program. I know it has been more than two years since we suspended this program and many of you have gotten involved in other programming. Please send an AIC communication form to the Chapel to let us know if you are still interested. The instructor told me that the TUMI class ended on Module 9 and would next be starting on Module 10. The hope is that we will be restarting TUMI later this month. The TUMI class will take place Thursday afternoons 1:00 pm to 3:00 pm (the same time as before).

In other news, we are needing to temporarily suspend evening Chapel programs due to staffing challenges. We hope to restart the evening programming very soon.

/s/ D. Stahlnecker, Chaplain

Siddha Yoga Meditation

2nd and 4th Saturdays of the month 6:30 pm - 8:00 pm Chapel Library Starting Saturday June 25, 2022

Programs include practices of Meditation, Chanting, and Contemplation.

If you are interested in attending, please ask the Chaplain to put you on the call-out list.

/s/ K. Thompson, Chaplain

A Point to Ponder

"Real change, enduring change, happens one step at a time."

--Ruth Bader Ginsburg





OREGON DEPARTMENT OF CORRECTIONS

COVID-19 NEWSLETTER - NOTICE #128

COVID-19 CONFIRMED CASES

As the COVID-19 situation continues, DOC would like to provide you with updated information. As of June 2, 2022, DOC statewide has:

45 AICs who currently have COVID-19

The table below shows total numbers since the pandemic began in March 2020:

	Positive Tests	Recoveries	Negative Tests	Deaths
Staff	1,681	1,666		
AlCs	5,388	5,141	25,538	46

Employees who have tested positive are not reporting to work. All adults in custody who have tested positive are being medically isolated at a facility that provides medical care.



OREGON DEPARTMENT OF CORRECTIONS

COVID - 19 BOLETÍN DE NOTICIAS - AVISO #128

COVID-19 CASOS CONFIRMADOS

Mientras continúa la situación de COVID-19, el departamento desea brindarle información actualizada. A partir del 2 de junio, el departamento en todo el estado tiene:

45 presos que actualmente tienen COVID-19

La siguiente tabla muestra las cifras totales desde que comenzó la pandemia en marzo 2020:

	Pruebas Positivas	Recuperaciones	Pruebas Negativas	Muertes
Personal	1,681	1,668		
Presos	5,388	5,141	25,538	46

Los empleados que dieron positivo no se presentan a trabajar. Todos los presos que resultaron positivos están siendo aislados médicamente en un centro que brinda atención médica.

	OSP CA	OSP CALORIE MENU WEEK	K 3: June 13 2022	THROUGH June	19 2022	
Monday 6/13/22	Tuesday 6/14/22	Wednesday 6/15/22	Thursday 6/16/22	Friday 6/17/22	Saturday 6/18/22	Sunday 6/19/22
☐ Pancakes - 3 ea (524)	♥ Veggie Scramble - 4 oz (108)	Hobo Breakfast	♦ French Toast - 3 sl (793)	Egg & Cheese Muffin	Poultry Sausage Patty & Eggs	♦ Ginnamon Rolls - 1 ea (308)
♥ Oatmeal - 8 oz (138)	♥ Dry Cereal - 8 oz cup (119)	♥ Farina - 8 oz (140)	♥ Dry Cereal - 8 oz cup (119)	♥ English Muffin - 1 ea (286)	☐ Poultry Sausage Pattie - 2 oz (172)	♥ 9 Grain Cereal - 8 oz (100)
♥ Canned Fruit - 4 oz (60)	♥ Fresh Fruit - 1 ea (8)	♥ Canned Fruit - 4 oz (60)	♥ Fresh Fruit - 1 ea (8)	♥ Oatmeal - 8 oz (138)	♥ Canned Fruit -4 oz (60)	♥ Fresh Fruit - 1 ea (8)
♥ Hard Boiled Egg - 1 ea (70)	☐ Fried Potatoes - 6 oz (165)	☐ Scrambled Eggs - 2 oz (86)	⊗ Syrup - 2 fl oz (168)	♥ Canned Fruit - 4 oz (60)	☐ Fried Eggs - 2 ea (160)	♥ Hard Boiled Egg - 1 ea (70)
⊗ Syrup - 2 fl oz (168)	♥ Wheat Toast - 2 SL (164)	☐ Ground Beef-1 oz (66)	☐ Margarine - 0.5 oz (80)	☐ Fried Egg - 1 ea (80)	☐ Fried Potatoes - 6 oz (165)	▼ Skim Milk - 16 fl oz (169)
☐ Margarine - 0.5 oz (80)	☐ Margarine - 0.5 oz (80)	☐ Shredded Cheese - 1 oz (80)	▼ Skim Milk - 16 fl oz (169)	☐ Cheese - 1 SL (50)	♥ Wheat Toast - 2 SL (164)	⊗ Sugar - 2 pkts (22)
♥ Skim Milk-16 fl oz (169)	▼ Skim Milk - 16 fl oz (169)	☐ Fried Potatoes - 6 oz (165)	⊗ Sugar - 2 pkts (22)	☐ Fried Potatoes - 6 oz (165)	⊗ Jelly - 1 oz (80)	Coffee - s/s (0)
⊗ Sugar - 2 pkts (22)	⊗ Sugar - 2 pkts (22)	♥ Skim Milk - 16 fl oz (169)	Coffee - s/s (0)	♥ Skim Milk - 16 fl oz (169)	☐ Margarine - 0.5 oz (80)	
Coffee - s/s (0)	Coffee - s/s (0)	⊗ Sugar - 2 pkts (22)		⊗ Sugar - 2 pkts (22)	♥ Skim Milk-16 floz (169)	
		Coffee - s/s (0)		Coffee - s/s (0)	⊗ Sugar - 2 pkts (22)	
	#2	Meat Sub: Scrambled Eggs - 3 oz (115)			Coffee - s/s (0)	
					Meat Sub: Peanut Butter - 1 oz (159)	
BBQ Beef Sandwich	Deli Sandwich	Tuna Salad Sandwich	Chicken over Lettuce Salad	Turkey Club Sandwich	Chicken Salad Sandwich	BBQ Chicken Quarter-1 ea
☐ Carrot Salad - 6 oz (64)	♥ ® Soup of the Day - 10 fl oz (144)	♥ Lentil Soup - 10 fl oz (144)	♥ Cream of Potato Soup - 10 fl oz (160)	☐ Coleslaw - 6 oz (134)	♥ ® Soup of the Day - 10 fl oz (144)	▼ Tossed Salad - 10 oz bowl (12)
♥ BBQ Beef - 4 oz (118)	V Deli Meat (Chicken) - 3 oz (135)	▼ Tuna Salad - 4 oz (150)	♥ Grilled Chicken - 3 oz (153)	▼ Turkey - 2 oz (62)	☐ Chicken Salad - 4 oz (221)	☐ Ranch Dressing - 1 oz (102)
♥ Hoagie - 1 ea	☐ Cheese - 1 SL (50)	♥ Shredded Lettuce - 2 oz (3)	▼ Lettuce - 10 oz bowl (12)	♦ Turkey Bacon -3 SL (158)	♦ Shredded Lettuce - 2 oz (3)	BBQ Baked Beans - 6 oz
♥ Brown Rice -6 oz (167)	♥ Shredded Lettuce - 2 oz (3)	♥ Wheat Hoagie - 1 ea (230)	♥ Onions - 1 oz (11)	♥ Shredded Lettuce - 2 oz (3)	♥ Wheat Hoagie - 1 ea (230)	♥ Corn - 6 oz
♥ Cauliflower - 6 oz (32)	♥ Onions - 1 oz (11)	♥ Green Beans - 6 oz (56)	☐ Shredded Cheese - 1 oz (80)	☐ Mayonnaise - 0.5 oz (50)	♥ Carrots - 6 oz (43)	♥ Dinner Roll - 1 ea (308)
♥ Fresh Fruit - 1 ea (8)	♥ Hoagie - 1 ea	♦ Chips - 1 bag (120)	☐ 1000 Island Dressing - 2 oz (204)	♥ Multi-Grain Bread - 2 SL (156)	\$ Chips - 1 bag (120)	☐ Margarine - 0.5 oz (80)
♥ Fruit Drink - 8 fl oz (5)	♥ Carrots - 6 oz (43)	♥ Fresh Fruit - 1 ea (8)	♥ Blended Vegetables - 6 oz (98)	♥ Peas & Carrots - 6 oz (66)	♥ Fresh Fruit - 1 ea (8)	♦ Red Velvet Cake - 1 pc
	♦ Chips - 1 bag (120)	♥ Fruit Drink - 8 fl oz (5)	♥ Bread Stick - 1 ea (94)	♦ Chips - 1 bag (120)	♥ Fruit Drink - 8 fl oz (5)	♥ Fruit Drink - 8 fl oz (5)
	☐ Mayonnaise - 0.5 oz (50)		♥ Fresh Fruit - 1 ea (8)	♥ Fresh Fruit - 1 ea (8)		
	V Mustard - 0.5 oz (9)		♥ Fruit Drink - 8 fl oz (5)	♥ Fruit Drink - 8 fl oz (5)		
	♥ Fresh Fruit - 1 ea (8)					
	♥ Fruit Drink - 8 fl oz (5)					
☐ Shepherd's Pie - 10 oz (332)	☐ Beef Stroganoff - 6 oz (295)	Breakfast For Dinner	0 Pizza - Poultry Sausage, Mushroom - 1 slc (433)	☐ Cheese Ravioli - 10 ea (269)	Hamburger	♦ Turkey Tetrazzini - 10 oz (326)
▼ Tossed Salad - 10 oz bowl (12)	▼ Tossed Salad - 10 oz bowl (12)	♥ Canned Fruit - 4 oz (60)	♥ Tossed Salad - 10 oz bowl (12)	▼ Tossed Salad - 10 oz bowl (12)	♥ Tossed Salad - 10 oz bowl (12)	▼ Tossed Salad - 10 oz bowl (12)
☐ French Dressing - 1 oz (102)	☐ Green Goddess Dressing - 1 oz (102)	∇ ® Ham - 2 oz (115)	☐ Ranch Dressing - 1 oz (102)	\Box Vinaigrette Dressing - 1 oz (102)	\Box 1000 Island Dressing - 1 oz (102)	☐ Creamy Honeymustard - 1 oz (102)
♥ Broccoli - 6 oz (48)	♥ Pasta - 6 oz (179)	□ Fried Egg - 1 ea (80)	♥ Vegetable Soup - 10 fl oz (63)	♥ Marinara Sauce - 4 fl oz (82)	☐ Beef Pattie - 1 ea (211)	♥ Blended Vegetables - 6 oz (98)
♥ Wheat Dinner Roll - 1 ea (154)	♥ Peas - 6 oz (92)	☐ O'Brien Potatoes - 6 oz (149)	♦ Sugar Cookie - 1 ea	♥ Broccoli - 6 oz (48)	♥ Onions & Pickles - 1 oz ea (14)	♥ Wheat Bread - 2 sl (164)
☐ Margarine - 0.5 oz (80)	▼ Bread Stick - 1 ea (94)	V Biscuit (large) - 1 ea (296)	Tea - s/s (0)	◊ Caramel Chip Cookie - 1 ea (233)	Hamburger Bun - 1 ea (244)	☐ Margarine - 0.5 oz (80)
Tea - s/s (0)	⊗ Pudding - 4 oz (91)	☐ Margarine - 0.5 oz (80)		Tea - s/s (0)	♥ Green Beans -6 oz (56)	♥ Fresh Fruit - 1 ea (8)
	Tea - s/s (0)	Coffee - s/s (0)			☐ French Fries - 6 oz (245)	Tea - s/s (0)
			28		∇ Catsup - 1 oz (34)	
					Tea - s/s (0)	
© Contains pork or may contain pork	nay contain pork 🛡 Healthy choice	choice □ High fat/cholesterol	⊗ High sugar	\mathbf{X} High fat/cholesterol/sugar $$ $$ High Sodium	dium 👌 High fat/cholesterol/sodium	/sodium (#) Calories
This menu can help AICs reduce	This menu can help AICs reduce their calorie intake at each meal by showing how many (Calories) each food item contains.		Values listed are best estimates based on currer	Values listed are best estimates based on current foods purchased. MAT/VEGFABLE TRAYS available for lunch & supper meals only. Menu subject to change without notice.	ilable for lunch & supper meals only. Menu s	subject to change without notice.