

SCI AIC NEWSLETTER

AUGUST 5TH 2022 EDITION

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Hearing Notice from the Court

What do I do as an AIC that receives a Hearing Notice?

Unable to contact the court with the phones here
Contact staff here.

The **best way** to be able to proceed:

Contact family/friends and give them the information on the Hearing Notice:

Contact number on the Hearings Notice – SCI is conducting phone calls (at this time)

Give the case number, your full name and SID# to your contact, THEN your contact can call the court. They can give out the SCI staff information in the next step

Give your contact (Family/Friend) the staff contact (Ms. May 503-378-3109) OR DOC website for professional calls (follow prompts under SCI section)

What happens next?

Court contacts S. May to schedule

Call-out is entered & a reminder kyte sent

Complete your call in assigned location (Unit 2 call room)

Do I need to follow-up and send a kyte to staff?

If you receive another Hearings Notice from the courts, the process will need to be repeated.

Sometimes you may need to call/ write your attorney, not staff.



Things are happening on the yard!

I am excited to report the area for the new CrossFit rig is being prepped and now underway. Thank you for your patience as we work towards completion of this project. This will be yet another avenue for those of you looking to create positive lifestyle changes and work towards a healthier lifestyle.

Why has the yard been closed in the morning?

I would like to extend my gratitude for your patience with the inconvenience of the yard being closed most morning's lately. Now that the sun has arrived, our stellar Physical Plant team is working diligently to add a new CrossFit rig for you to provide another option for your physical fitness. The concrete will be poured the first week of August and then the rig installed. Again, I thank you for your patience and understanding as we complete this long awaited project. As always, if you see one of our Physical Plant team please thank them for enduring the hot summer sun to get this completed for you.

Thank you.

Tonya Gushard
General Services Manager

BEGINNER CROSSFIT-STYLE WORKOUT

Mon: AMRAP* in 10 Min

10 burpees

10 push-ups

10 sit-ups

Wed: 5 rounds

30 second wall handstand

30 second squat hold

30 second plank

rest 1 min between rounds

Fri: 5 rounds

30 seconds mountain climbers

30 seconds jump lunges

30 seconds bear crawl

Tues: 2 rounds for time

35 squats

35 box jumps

35 squats

35 lunges

35 squats

Thurs: AMRAP* in 10 Min

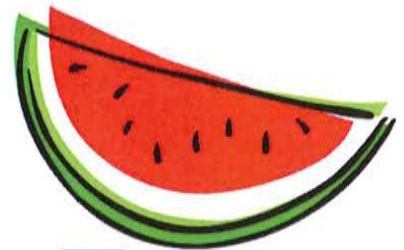
10 tricep dips

10 walking lunges each side

10 reverse crunches

SANTIAM Family BBQ

September 10th
2022
11am-3pm



Family, Food, & Fun

Invite your family and friends to come spend the day with you!

Adult Meal- Double Cheeseburger, hot dog, macaroni salad, baked beans, watermelon, chips, cookie
\$10

Kids Meal (12&under)- Hot dog, macaroni salad, baked beans, watermelon, chips, cookie
6\$

You must have at least 1 visitor and order at least 1 meal to attend
All visitors must be currently on your approved privileged visiting list

Limit- 4 visitors (If special accommodations needed kyte Ms. May for consideration)
Special order forms will be passed out. Make sure they are legible and stamped by your unit officer. Double check your info & amount.
Return the completed forms to the black activities box outside the chow hall
Deadline for order forms- August 10th

BBQ will be held down on the lower track

IF you want pictures for the BBQ order them right away to guarantee you receive them prior to the BBQ, remember to submit CD-28 in blue ink and attach to a kyte addressed to the photo program and drop off in the mailbox on your unit. \$2.00 per ticket like normal.

NO TICKET, NO PICTURES AT THE BBQ, NO EXCEPTIONS!!

Commissary

Reminders:

We have begun planning for the 2022 holiday buying period. Please fill out a suggestion form and send it to NWC for processing. We use your suggestions to help us decide what to offer for the holiday buying period.

News:

Our vendors are working hard to keep prices as low as possible but unfortunately inflation is hitting everyone as cost of goods and transporting goods continues to skyrocket. Price increases are inevitable, as in this case, we were just notified the cost of soda coupons has increased, the new price of soda coupons is \$2.65, effective immediately.

We in commissary appreciate your understanding and patience as we work through the current times.

Commissary has been working diligently with our vendor to renegotiate the price increase of the soda coupons. We were successful in our negotiations; the new price of the soda coupons is \$ 2.15 effective immediately. Thank you for your patience and understanding as we worked through the process.

In addition, Commissary has been thinking outside the box on special order items, more specifically electric guitars. There is a 6 - 9 months wait on guitar orders so about 6 months ago we decided to stock guitars and are excited to announce we have finally received a limited number of Schechter Guitar packages. They will be available for purchase on a first come first serve basis throughout the state.

We have several more guitars on order but do not have an estimated time of arrival. A newsletter article will be sent out once we have those addition items in stock.

NOTICE REGARDING PETITION REQUESTING AMENDMENT OF ADMINISTRATIVE RULE

On June 23, 2022, the Oregon Department of Corrections received a petition requesting an amendment to OAR 291-131-0035 and 291-131-0050. A copy of the petition is posted in the legal library rule manual.

Pursuant to ORS 183.390(2), the Oregon Department of Corrections invites comment on OAR 291-131-0035 and 291-131-0050, including any comments on whether options exist for achieving that rule's substantive goals in a way that reduces any negative economic impact on businesses. Any public comment must be received no later than September 1, 2022, at 5:00 PM. Comments must be submitted in writing to the address below:

Rules Coordinator
Department of Corrections
3601 State St.
Salem, OR 97301

PROPOSED RULES:

291-105 Prohibited Conduct and Processing Disciplinary Actions

- Amended to clarify the definition of Sexual Activity, to clarify language for Staff Assault I, and to add exceptions around DSU sanctions for AICs designated as Seriously Mentally Ill (SMI) and acts of self-harm.

Last day to provide comments: 09/05/2022 at 5:00 PM

PERMANENT RULES:

291-209 Earned Discharge

- Amends the rules to expand EDIS eligibility, revise the restitution payment requirements, add an eligibility notification requirement, and limit some crimes that will be considered for EDIS.

Effective 06/29/22

Rulemaking comments must be provided to the DOC Rules Coordinator in writing at the address in the rulemaking notice. Communications submitted should be limited to providing comments on only one division and topic per communication. Do not include multiple divisions and topics in one communication, they will be returned. DOC notices and rules are available for review and copies in the AIC law library.

Road To Success Classes are up and running in Unit 5B!

The 5 Core classes are

EMPLOYMENT (4 sessions)

YOUR FAMILY, COMMUNITY & RELEASE (1 session)

MONEY MANAGEMENT (2 sessions)

WORKING EFFECTIVELY WITH YOUR PO (1 session)

TENANT EDUCATION (4 sessions) (Money Management is required prior to taking Tenant)

If you are 6 Months from release or less and you have previous declined classes but would like to sign up for them, OR you are 6 months from release and have yet to have an assessment please send a kyte to Transitions Coordinator, Ms. McCandless/ Ms Mac in Unit 5b and I would be happy to send you the form. I also have open office hours on Mondays 12:30pm – 1:30pm.

UNIT 5 IS NOT OPEN DOOR POLICY

You must have a scheduled callout to go to unit 5. Without a callout, it will be an unauthorized area and we will use progressive discipline. We have lot's of AIC's all of sudden coming out to Unit 5 without a callout so make sure to stop this practice. Any concerns send a Kyte and watch the callouts.

Thank you,

Name: _____

Date: _____



AUGUST

Word Search Puzzle



I Z Z S S H G T R T G E Y O G B P P
 A Y B U H M D A N E I W R Q V A B B
 C Y C O I A W O R R A Z Y E J R E I
 Z T P Q A S D Z R D W D I W T B Y K
 E X O S P T W E P N E T I I K E J I
 B S P W S O E I G X A N N N Z C G N
 R O U S E O P N M O M F M E G U A G
 D V S N N L I S L M M O R L Q E C J
 C G B A S H T F I A I I A F Y I B S
 F A C E S E I C E C F N Z N N A K O
 H M M I A D T N S P L T G C S X S C
 X P F P Q C O F M U I E I B S T F E
 O R X M I I H A K U N P S L S U K A
 E Z B Y T N C E S Z Y W O U O A R N
 W B R A K O G M K Y B O G E Y E M I
 E S C K L N I R M H P U K A V R U W
 C A G N G W A J O J A A K I A S T P
 V Z B E S P T Z X V L S R W F P E X

Find these words related to the month of August

BOAT
 GARDEN
 CAMPFIRE
 BIKING
 FLOATIE
 FISHING
 RIVER
 AUGUST

KAYAK
 BARBECUE
 OCEAN
 CANOE
 PICNIC
 BEACH
 ICE (as in ice cream)



SUN
 SHADE
 VACATION
 SWIMSUIT
 SWIMMING
 POPSICLES
 READING

WARM
 LAKE
 TOWEL
 POOL
 PARK
 CAMPING
 SUNSET



The words may be hidden vertically, horizontally or diagonally.

Suggestions and Submissions' should be sent to Mr. Jenne for the Newsletter .

Have a fantastic Month



