



ADMINISTRATION



From the Administrative Rules Program

Below is the list of status changes made to DOC administrative rules since 07/19/2022.

PROPOSED RULES:

291-026 Contracts and Governmental Agreements

- Repealed for a rewrite per DOJ to correct conflicts and provide clarification to the procurement process. Will replace with new rules (Divisions 159 and 160).
- Last day to provide comments: 11/2/2022 at 5:00 PM

291-031 Community Corrections Programs

- Amended to clarify requirements specific to the submission timeframe for the biennial community corrections plan, update definitions of the funded workload as a result of SB497 (2021), replace the term "offender" with the "adult on supervision", and make necessary housekeeping changes as a result of changes in business practices as well as those identified during the DOJ review.
- Last day to provide comments: 11/2/2022 at 5:00 PM

291-159 DOC Procurements for Institutions and Administration

- Amended to meet DOJ requirements and to make the procurement process clearer for procurement staff and others.
- Last day to provide comments: 11/2/2022 at 5:00 PM

291-160 DOC Procurements for Operational Support and Adult in Custody Programs

- Amended to meet DOJ requirements and to make the procurement process clearer for procurement staff and others.
- Increases purchase limit for some opportunity buys and some institution purchases.
- Last day to provide comments: 11/2/2022 at 5:00 PM

291-164 Purchasing

- Repealed for a rewrite per DOJ to correct conflicts and provide clarification to the procurement process. Will replace with new rules (Divisions 159 and 160).
- Last day to provide comments: 11/2/2022 at 5:00 PM

PERMANENT RULES:

291-019 Transfer (Community Corrections)

- Amends the rules to update or add business terminology, reorganize to improve comprehension and convenience for reader, and create a rule specific to the transfer of those on leave status.
- Effective: 8/8/22

291-073 Mandatory and Desired Criteria for Siting Oregon Correctional Facilities

- Amends the rules reflect current terminology related to Oregon Health Plan and adults in custody, and for minor technical correction.
- Effective: 8/16/22

291-105 Prohibited Conduct and Processing Disciplinary Actions

- Amended to clarify the definition of Sexual Activity, to clarify language for Staff Assault I, and to add exceptions around DSU sanctions for AICs designated as Seriously Mentally Ill (SMI) and acts of self-harm.
- Effective: 9/6/2022

Rulemaking comments must be provided to the DOC Rules Coordinator in writing at the address in the rulemaking notice. Communications submitted should be limited to providing comments on only one division and topic per communication. Do not include multiple divisions and topics in one communication, they will be returned. DOC notices and rules are available for review and copies in the AIC law library.

Proposed, temporary, and permanently adopted rules are available for review in the AIC Legal Library. Personal copies may be obtained by sending form CD1762, "Legal Photocopy Request Form", to R. Polk, Library Coordinator.

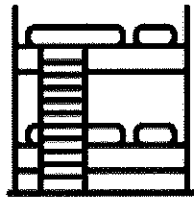
AICs in special housing units may access copies of proposed rules and permanently adopted rules for review by asking the housing unit officer. Personal copies may be obtained by sending form CD1762, "Legal Photocopy Request Form", to R. Polk, Library Coordinator.

Proposed rules will be copied free of charge. If you want a personal copy of a permanently adopted rule, there will be a charge for the copy.

Comments on proposed rules may be submitted by AIC communication or letter to: J. Vaughn, Rules Coordinator, DOC Rules Office.

/s/ J. Vaughn, DOC Rules Coordinator

SECURITY



Blanket Exchange

Attention A-Block dwellers:

A-Block blanket exchange will start Monday, October 3, 2022, and end on Monday, October 31, 2022.

Remember, this is a one-for-one blanket exchange, so bring your dirty blankets with you to get clean ones.

/s/ J. Hernandez, Clothing Room Sergeant

ACTIVITIES

Memorial Healing Garden Visiting/Photos

The Asian Pacific Family Club proudly informs the OSP community of the process available to schedule visits and photos in the Memorial Healing Garden. Please send an AIC communication form to the APFC to schedule visits in the Memorial Healing Garden. When submitting a request, please be sure that your work hours and schedule does not conflict. All visiting/photo requests will be submitted to staff for processing every Tuesday; therefore, call passes will be issued for the following week.

Due to programs being held in the Memorial Healing Garden, visiting slots are limited to the following schedule listed below. The cost of a 4X6 photo is \$1.50 each; all proceeds raised from the Memorial Healing Garden Photo Program goes toward the care, sustainability and maintenance of the koi pond. Please anticipate that photo prints take approximately a month for processing.

Sunday 7:45-9:45am and 1:30-3:30pm

Monday 12:00-2:45pm

Tuesday 12:00-2:45pm

Wednesdays closed for maintenance



Thursday 7:45-9:45am-12:00-2:45pm

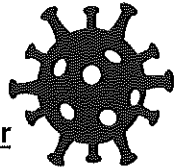
Friday 1:30-2:45pm

Saturday 12:00-2:45PM

Please see information channel 1.1 for continuous updates. Thank you.

/s/ A. Powers, Activities Manager

HEALTH SERVICES



Get your COVID Vaccination and Booster

COVID vaccines are safe and effective.

The Food & Drug Administration (FDA) requires rigorous safety testing before it will authorize any vaccine for emergency use. The COVID-19 vaccines ODOC offers from Moderna and Johnson & Johnson were tested in tens of thousands of study participants and generated enough data to convince the FDA that the vaccines were safe and effective.

Mass vaccination will help slow the spread of COVID-19.

Safe and effective vaccines are the key to achieving community immunity from COVID-19 and returning to normal life as soon as possible.

The COVID-19 vaccine is free.

The vaccines will be provided at no cost to you.

Please send an AIC Communication Form to OSP Medical Services ATTN "VACC" to request your COVID Vaccination or Booster.

Thank you for helping keep our OSP Community Healthy.

/s/ C. Coffey, Health Services Manager

Flu Vaccine Clinic

Well, it's that time of year again, flu and cold season. Health Services will be holding flu clinics in October/November. As with previous years, this will be a opt in/opt out process. Everyone will need to come and either sign a consent form for the vaccine and receive the flu vaccine right then or sign a refusal form that you do not want the vaccine, but that Health Services offered the vaccine to you.

The best way to decrease your chance of catching the flu and cold viruses are to wash your hands before you eat or touch your face. If you end up becoming sick with the flu or cold virus, please be sure to cover your mouth when you cough or sneeze and wash, wash, wash your hands. Since cold and flu are viruses, antibiotics will not work.

/s/ K. Ross, Nurse Manager



CORRECTIONAL REHABILITATION



OSP Visiting Book Program

The Oregon State Penitentiary (OSP) has been blessed with donated books through a book drive headed by Judge Trish Brown and shared with us through our partners at Coffee Creek Correctional Facility.

These books are located in the Visiting Room and categorized by age group – toddlers, elementary, middle school and high school. We hope you select a book that you can read and enjoy together with your child. At the end of visiting, the child may take the book home with them to continue reading. Selected books can unfortunately not be stored for later visits. Children are not required to take the books home but know it may not be there the next time.

This was a one-time gift to our OSP families and once the books are gone, they will not be replaced. Please be mindful of this and select only one book per child so that we are able to create a world of great readers. Prior to books exiting the Visiting Room, they will need to be reviewed by the Visiting Staff.

Visiting Points:

Effective September 22, 2022, OSP will not deduct visiting points for children ages 17 and under. This is a pilot program that will run through November 1, 2022.

/s/ C. Lenex, Correctional Rehabilitation Manager



GROUP LIVING

Evening Winter Activities 2022

Summer night yard activities will conclude on Sunday, October 2, 2022. The evening winter activities will begin Monday, October 3, 2022. Scheduling will be in three groups on a rotating basis.

- 1. E- Block
- 2. D- Block
- 3. A- Block & C- Block



Blocks rotate every third night starting with E-Block on Monday October 3, only AICs living in the scheduled block(s) may attend.

The following procedures will be in effect:

1. A line for the evening activities will be ran from the eligible housing units to the Recreation Yard Building @ 7:00 p.m.; this will be the only line out. Evening yard ends at 9:00 p.m.
2. AICs will go down the main avenue and enter the Recreation Yard through electric gate #9, at the southwest corner of the basketball court. Security will not allow anyone to remain outside the Recreation Yard Building.
3. If a Block has winter evening activities and evening showers on the same night, those AICs can go to the Recreation Yard directly after their showers (you may not return to your housing unit first). These persons go directly to the Recreation Yard Building through the Security Gate and continue through electric gate #3.
4. The card room, basketball court, pool room, and showers will be open.
5. The television in the card room is only for movies. The sports television is for sports viewing except on minority viewing nights (Tuesday, Wednesday and Thursday).
6. Security calls optional one-way cell/pill line at 8:00 p.m. There will be no returning to the yard from this line.

If you have any questions, please direct them to the Officer in Charge.

/s/ C. Porter, Group Living Captain

COUNSELING SERVICES

Power of Thoughts Group



Are you ready to change the way you handle stress? Research tells us that the way we cope with adversity and stress is directly impacted by the way you think about the world around you. Make the connection between your thoughts and your actions – which will help you make better decisions and have the positive outcomes you are searching for. The Power of Thoughts is a group that will help you identify the thinking patterns that have led to your current situation, how your thoughts and feelings influence your behaviors, and how to flip the script to change bad habits. Our next group starts in mid-October. We will meet Wednesdays at 1pm on the CSF floor. Send an

AIC Communication Form to your correctional counselor to request a referral or more information.

/s/ J. Doney, Correctional Counselor

JOB ANNOUNCEMENTS

Activities of Daily Living (ADL) Aides



OSP Health Services is looking for and accepting applications for Activities of Daily Living (ADL) Aides for General Population.

Duties would include assisting AICs to medication lines, meals, to and from showers, cell sanitation, and other activities of daily living. Shifts available Sunday – Saturday from 5:30 a.m. – 2:00 p.m. and 1:00 p.m. to 8:30 p.m. Starting at 10 PRAS. The individuals selected would report to the designated housing unit for their shifts.

We are looking for motivated, responsible individuals who have the willingness to work with all other AICs who need additional support caring for themselves. To be eligible you must be an incentive level 2 or 3 and have clear conduct for at least one year.

/s/ S. Bailey, Health Services



HVAC Apprenticeship Opening

The HVAC Shop is currently accepting applications for our HVAC/LEB Apprenticeship program through the end of September.

This position will give someone the opportunity to learn a skilled trade and provide a chance to earn a desirable state license that will be of great benefit upon release. The desired candidate will embody this list of personal traits:

- Self-motivated with a desire to learn new skills and perfect their trade.
- Willingness to take direction, give and receive constructive criticism, and work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Maintain regular attendance with a steady behavior.
- Willing to work off hours when necessary.
- Must be able to lift 75 pounds, work in confined spaces, on ladders or scaffolding, and in extreme temperatures.

All applicants are required to possess a GED or High school diploma, have six years left on their sentence, must have a year of clear conduct with a level 3 NCI.

Please send completed applications to Noland/Willette Physical Plant HVAC Shop.

Applications will be accepted through the end of September.

/s/ P. Willette, Physical Plant

MHI Unit ADL/Peer Companion Position

We believe that AICs who have proven to be successful in the prison community can provide a valuable resource to peers within that community. By listening to and mentoring peers who are struggling with various disabilities, Peer Companions can help teach them how to more effectively and productively manage their own responses to their environment.

Mental Health Special Housing is now hiring for two, full-time ADL/Peer Companions on the Mental Health Infirmary (MHI) unit. The Individuals selected for this position will report to the MHI unit for their shifts. We are looking for motivated, responsible individuals who have the willingness to work with individuals unable to care for their own ADLs as well as individuals experiencing significant mental health symptoms. It is important for Unit Peer Companion candidates to behave in a manner that is respectful, safe, confidential, and honest, modeling patience, respectful communication, and the following of all unit and institution rules.

MHI Unit ADL/Peer Companions will have specific shifts and are responsible for assisting unit staff, QMHPs and treatment staff in ensuring that identified AICs housed on MHI are getting their basic and daily needs met, which helps to improve their functioning and improve their overall quality of life while incarcerated.

Duties may also include assisting individuals around ADL coaching and skill building, increasing social interactions, and guiding or accompanying individuals who have difficulty walking or who are resistant to engaging in activities outside of their cells to activities on the unit, during day room, or out for MHI yard time.

Please submit an application AIC communication form to Kirsan Leep, MHI Program Manager, if you are interested. Applications will be accepted until this position is full. To be eligible, you must be an incentive Level 3 and have clear conduct for at least one year; it is preferred that you have one or more years left on your sentence.

/s/ K. Leep, MHI Manager



A Point to Ponder

“Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.”

~ Thomas A. Edison



OSP CALORIE MENU WEEK 4: October 3 2022 THROUGH October 9 2022

Monday 10/3/22	Tuesday 10/4/22	Wednesday 10/5/22	Thursday 10/6/22	Friday 10/7/22	Saturday 10/8/22	Sunday 10/9/22
<ul style="list-style-type: none"> <input type="checkbox"/> Pancakes - 3 ea (524) ♥ Oatmeal - 8 oz (138) ♥ Canned Fruit - 4 oz (60) ♥ Hard Boiled Egg - 1 ea (70) ⊗ Syrup - 2 fl oz (168) □ Margarine - 0.5 oz (80) ♥ Skim Milk - 1.6 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) 	<ul style="list-style-type: none"> Breakfast Burrito ♥ Dry Cereal - 8 oz cup (119) ♥ Fresh Fruit - 1 ea (8) □ Scrambled Eggs - 2 oz (86) ♥ Refried Beans - 4 oz (121) □ Shredded Cheese - 0.5 oz (40) ♥ Flour Tortilla - 1 ea (163) ♥ Salsa - 1 oz (13) ♥ Skim Milk - 1.6 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) 	<ul style="list-style-type: none"> Egg & Cheese Muffin ♥ English Muffin - 1 ea (286) ♥ 9 Grain Cereal - 8 oz (100) ♥ Canned Fruit - 4 oz (60) □ Fried Egg - 1 ea (80) □ Cheese - 1 SL (50) □ Fried Potatoes - 6 oz (165) ♥ Skim Milk - 1.6 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) Meat Sub: Peanut Butter - 1.5 oz (239) Meat Sub: Plain Potatoes - 6 oz (165) 	<ul style="list-style-type: none"> □ Beef Hash - 8 oz (187) ♥ Dry Cereal - 8 oz cup (119) ♥ Fresh Fruit - 1 ea (8) ♥ Wheat Toast - 2 SL (164) □ Margarine - 0.5 oz (80) ▽ Ketchup - 0.5 oz (17) ♥ Skim Milk - 1.6 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) Meat Sub: Peanut Butter - 1.5 oz (239) Meat Sub: Plain Potatoes - 6 oz (165) 	<ul style="list-style-type: none"> ▽ Waffles - 2 ea (190) ♥ Oatmeal - 8 oz (138) ♥ Canned Fruit - 4 oz (60) ♥ Peanut Butter - 1.5 oz (254) ⊗ Syrup - 2 fl oz (168) ♥ Skim Milk - 1.6 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) Meat Sub: Peanut Butter - 1 oz (159) 	<ul style="list-style-type: none"> ⊗ Bacon & Eggs ⊕ Bacon - 3 sl (325) ♥ Canned Fruit - 4 oz (60) □ Fried Eggs - 2 ea (160) □ Fried Potatoes - 6 oz (165) ♥ Wheat Toast - 2 SL (164) ⊗ Jelly - 1 oz (80) □ Margarine - 0.5 oz (80) ♥ Skim Milk - 1.6 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0) 	<ul style="list-style-type: none"> ◇ Cinnamon Rolls - 1 ea (308) ♥ Farina - 8 oz (140) ♥ Fresh Fruit - 1 ea (8) ♥ Hard Boiled Egg - 1 ea (70) ♥ Skim Milk - 1.6 fl oz (169) ⊗ Sugar - 2 pkts (22) Coffee - s/s (0)
<ul style="list-style-type: none"> ◇ Hot Dogs - 2 ea (202) ♥ Potato Salad - 6 oz (197) ♥ Hoagie - 1 ea ♥ Green Beans - 6 oz (56) ▽ Ketchup - 0.5 oz (17) ▽ Mustard - 0.5 oz (9) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> Fried Egg Sandwich ⊕ Soup of the Day - 10 fl oz (444) □ Fried Eggs - 2 ea (160) ♥ Grilled Bread - 2 SL (164) ♥ Broccoli - 6 oz (48) ◇ Chips - 1 bag (120) □ Mayonnaise - 0.5 oz (50) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> Deli Sandwich ♥ Split Pea Soup - 10 fl oz (207) ◇ Deli Meat (Ham) - 3 oz (135) □ Cheese - 1 SL (50) ♥ Shredded Lettuce - 2 oz (3) ♥ Onions - 1 oz (11) ♥ Wheat Hoagie - 1 ea (230) ♥ Blended Vegetables - 6 oz (98) ◇ Chips - 1 bag (120) □ Mayonnaise - 0.5 oz (50) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> Hamburger ♥ Tossed Salad - 10 oz bowl (12) □ 1000 Island Dressing - 1 oz (102) □ Beef Pattie - 1 ea (211) ♥ Onions & Pickles - 1 oz ea (14) Hamburger Bun - 1 ea (244) ♥ Green Beans - 6 oz (56) □ French Fries - 6 oz (245) ▽ Ketchup - 1 oz (34) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> Chicken Salad Sandwich ⊕ Soup of the Day - 10 fl oz (444) □ Chicken Salad - 4 oz (221) ♥ Shredded Lettuce - 2 oz (3) ♥ Wheat Hoagie - 1 ea (230) ♥ Carrots - 6 oz (43) ◇ Chips - 1 bag (120) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> Taco Salad □ Taco Meat - 4 oz (203) □ Shredded Cheese - 1 oz (80) ♥ Seasoned Beans - 6 oz (153) ♥ Lettuce - 1.0 oz bowl (12) ♥ Spanish Rice - 6 oz (130) ◇ Tortilla Chips - 2 oz (279) ♥ Salsa - 2 oz (26) ♥ Fresh Fruit - 1 ea (8) ♥ Fruit Drink - 8 fl oz (5) 	<ul style="list-style-type: none"> ♥ Roast Turkey - 3 oz (106) ♥ Tossed Salad - 10 oz bowl (12) □ Vinaigrette Dressing - 1 oz (102) □ Poultry Gravy - 2 fl oz (26) Bread Dressing / Stuffing - 1.0 oz ♥ Blended Vegetables - 6 oz (98) ◇ Frosted Cake - 1 ea ♥ Fruit Drink - 8 fl oz (5)
<ul style="list-style-type: none"> □ Cajun Meat/Leaf - 5 oz (216) ♥ Tossed Salad - 10 oz bowl (12) □ French Dressing - 1 oz (102) ♥ Brown Rice - 6 oz (167) ♥ Peas - 6 oz (92) ♥ Dinner Roll - 1 ea (308) □ Margarine - 0.5 oz (80) Tea - s/s (0) 	<ul style="list-style-type: none"> ◇ Tamale Pie - 10 oz (433) ♥ Tossed Salad - 10 oz bowl (12) □ Green Goddess Dressing - 1 oz (102) ♥ Seasoned Beans - 6 oz (153) □ Tortilla Chips - 1 oz (140) × Fruit Bar - 1 ea (284) Tea - s/s (0) 	<ul style="list-style-type: none"> ♥ Spaghetti - 6 oz (202) ♥ Tossed Salad - 10 oz bowl (12) □ Tangy Dill Vinaigrette - 1 oz (102) □ Meat Sauce - 6 oz (227) ♥ Carrots - 6 oz (43) ♥ French Bread - 1 SL (122) □ Garlic Margarine - 0.5 oz (80) Tea - s/s (0) 	<ul style="list-style-type: none"> ◇ Pizza - Veggie & Cheese - 1 slice (335) ♥ Tossed Salad - 10 oz bowl (12) □ Ranch Dressing - 1 oz (102) ♥ Vegetable Soup - 10 fl oz (63) ◇ Oatmeal Cookie - 1 ea (263) Tea - s/s (0) 	<ul style="list-style-type: none"> ⊕ Red Beans & Bacon - 6 oz (245) □ Colleslaw - 6 oz (134) ♥ White Rice - 6 oz (169) ♥ Cauliflower - 6 oz (32) ◇ Cornbread - 1 ea (211) □ Margarine - 0.5 oz (80) ⊗ Gelatin w/whip topping - 4 oz (127) Tea - s/s (0) 	<ul style="list-style-type: none"> Chicken Fajitas □ Texas Slaw - 6 oz (117) □ Chicken Fajita Mix - 4 oz (227) ♥ Onions & Peppers - 4 oz (33) ♥ Wheat Tortillas - 2 ea (314) ♥ White Rice - 6 oz (169) ♥ Mango Salsa - 2 oz (33) Tea - s/s (0) 	<ul style="list-style-type: none"> Tuna Noodle Casserole - 10 oz (285) ♥ Tossed Salad - 10 oz bowl (12) □ Russian Dressing - 1 oz (102) ♥ Broccoli - 6 oz (48) ♥ Bread Stick - 1 ea (94) ♥ Fresh Fruit - 1 ea (8) Tea - s/s (0)

⊕ Contains pork or may contain pork ♥ Healthy choice □ High fat/cholesterol ⊗ High sugar × High fat/cholesterol/sugar ∇ High Sodium ◇ High fat/cholesterol/sodium (#) Calories

This menu can help AICs reduce their calorie intake at each meal by showing how many (Calories) each food item contains. Values listed are best estimates based on current foods purchased. MAT/VEGETABLE TRAYS available for lunch & supper meals only. Menu subject to change without notice.