



# ADMINISTRATION



## Face Coverings in Health Care Settings

I need to give a little bit of clarifying information. Although Oregon State Penitentiary is not requiring face coverings at this time as part of our COVID-19 protocols, and you may have seen that CDC announcement stating face coverings are no longer required, the Oregon Health Authority and Governor have mandated face coverings for all Oregon Health Care Settings.

### Q: What is considered a health care setting?

Under OHA's rule for masking requirements in health care settings (OAR 333-019-1011), a health care setting means any place where health care, including physical, dental, or behavioral health care is delivered and includes, but is not limited to any health care facility or agency licensed under ORS chapter 441 or 443, such as hospitals, ambulatory surgical centers, birthing centers, special inpatient care facilities, long-term acute care facilities, inpatient rehabilitation facilities, inpatient hospice facilities, nursing facilities, assisted living facilities, and residential facilities, behavioral health residential facilities, home health care, hospice, pharmacies, in-home care, vehicles or temporary sites where health care is delivered or is related to the provision of health care (for example, mobile clinics, ambulances, non-emergency medical transport vehicles (NEMT), secure transportation, and street based medicine), outpatient facilities, such as dialysis centers, health care provider offices, dental offices, behavioral health care offices, urgent care centers, counseling offices, school-based health centers, offices that provide complementary and alternative medicine such as acupuncture, homeopathy, naturopathy, chiropractic and osteopathic medicine, and other specialty centers.

What does this mean for us in the ODOC and OSP?

Our areas in which health care is provided still require face coverings to be worn. The pill line is being considered as a pharmacy counter in which medication is being handed out, which requires face coverings to be worn while in line and receiving medication. After leaving the line, face coverings can come off.

Deliberate indifference to the requirement can result in fines for the individual people in charge who are supposed to enforce the mandate and can result in the medical provider's license being suspended or removed. They have to enforce the mandate so please show empathy and don't put them in the situation to have to address you about it. A little understanding goes a long way and we really appreciate your help with this.

/s/ B. Stephen, Asst. Superintendent Security

# ACTIVITIES

## OSP FLU Clinic on the Activities Floor

The Activities Floor will be closed to all AIC activities from 7:00 am until 10:00 am on the following days:

- Tuesday, October 25, 2022
- Wednesday, October 26, 2022
- Thursday, October 27, 2022



Only AICs with a Medical call pass for the shot clinic will be allowed on the floor during the above periods on the above days. Any other AICs will be in an unauthorized area and subject to progressive discipline.

/s/ W. Bellman, Operations Captain

## Memorial Healing Garden Visiting/Photos

The Asian Pacific Family Club proudly informs the OSP community of the process available to schedule visits and photos in the Memorial Healing Garden. Please send an AIC communication form to the APFC to schedule visits in the Memorial Healing Garden. When submitting a request, please be sure that your work hours and schedule does not conflict. All visiting/photo requests will be submitted to staff for processing every Tuesday; therefore, call passes will be issued for the following week.

Due to programs being held in the Memorial Healing Garden, visiting slots are limited to the following schedule listed below. The cost of a 4X6 photo is \$1.50 each; all proceeds raised from the Memorial Healing Garden Photo Program goes toward the care, sustainability and maintenance of the koi pond. Please anticipate that photo prints take approximately a month for processing.

- Sunday 7:45-9:45am and 1:30-3:30pm
- Monday 12:00-2:45pm
- Tuesday 12:00-2:45pm
- Wednesdays closed for maintenance



Thursday 7:45-9:45am-12:00-2:45pm

Friday 1:30-2:45pm

Saturday 12:00-2:45PM

Please see information channel 1.1 for continuous updates. Thank you.

/s/ A. Powers, Activities Manager

# COUNSELING SERVICES

## Inside/Out Dads Program

Being a parent is one of the most challenging, and rewarding, experiences of our lives. With that said, I am very pleased to finally be able to offer the Inside/Out Dads program at OSP. The Inside/Out Dads program seeks to achieve the following:

Increase in pro-fathering knowledge, attitudes, and skills.

Increase in frequency of healthy interactions with your children.

Increase in healthy interactions with the mother(s) of your children.

Increase in the likelihood of family reunification.

Increase in the likelihood of reentry success.

This is a twelve-week program that will meet on Mondays in the afternoon on the Education Floor beginning October 24, 2022. If you are interested in this opportunity, send an AIC communication form to your Correctional Counselor stating your interest.

/s/ J. Rumney, Correctional Counselor



- Ability to take constructive criticism and feedback.
- Have a strong desire to help the OSP community through art projects.

If you feel that these requirements match your traits and abilities, send an application to J. Trevino, Physical Plant Paint Shop. Your completed application must include two additional items: One completed drawing of a nature scene and one letter that describes why you want this position. Neither the drawing nor the letter will be returned to you. All interviewees will be expected to showcase their skills on the airbrush during the interview process.

/s/ J. Trevino, Paint Shop Supervisor

## Activities of Daily Living (ADL) Aides

OSP Health Services is looking for and accepting applications for Activities of Daily Living (ADL) Aides for General Population.

Duties would include assisting AICs to medication lines, meals, to and from showers, cell sanitation, and other activities of daily living. Shifts available Sunday – Saturday from 5:30 a.m. – 2:00 p.m. and 1:00 p.m. to 8:30 p.m. Starting at 10 PRAS. The individuals selected would report to the designated housing unit for their shifts.

We are looking for motivated, responsible individuals who have the willingness to work with all other AICs who need additional support caring for themselves. To be eligible you must be an incentive level 2 or 3 and have clear conduct for at least one year.

/s/ S. Bailey, Health Services



## MHI Unit ADL/Peer Companion Position

We believe that AICs who have proven to be successful in the prison community can provide a valuable resource to peers within that community. By listening to and mentoring peers who are struggling with various disabilities, Peer Companions can help teach them how to more effectively and productively manage their own responses to their environment.

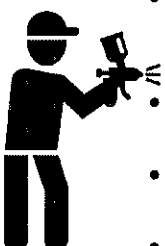
Mental Health Special Housing is now hiring for two, full-time ADL/Peer Companions on the Mental Health Infirmary (MHI) unit. The Individuals selected for this position will report to the MHI unit for their shifts. We are looking for motivated, responsible individuals who have the willingness to work with individuals unable to care for their own ADLs as well as individuals experiencing significant mental health symptoms. It is important for Unit Peer Companion candidates to behave in a manner that is respectful, safe, confidential, and honest, modeling patience, respectful

# JOB ANNOUNCEMENTS

## Paint Shop Airbrush Artist

The Paint Shop is accepting applications for an experienced airbrush artist. Your application must be in by October 27, 2022 and interviews will begin in November.

Job Requirements:



- Experience cleaning, maintaining, and using all equipment related to airbrushing.
- Able to train and mentor others in developing airbrushing techniques.
- Be able to work collaboratively in a team environment.
- 1-year clear conduct.

communication, and the following of all unit and institution rules.

MHI Unit ADL/Peer Companions will have specific shifts and are responsible for assisting unit staff, QMHPs and treatment staff in ensuring that identified AICs housed on MHI are getting their basic and daily needs met, which helps to improve their functioning and improve their overall quality of life while incarcerated.

Duties may also include assisting individuals around ADL coaching and skill building, increasing social interactions, and guiding or accompanying individuals who have difficulty walking or who are resistant to engaging in activities outside of their cells to activities on the unit, during day room, or out for MHI yard time.

Please submit an application AIC communication form to Kirsan Leep, MHI Program Manager, if you are interested. Applications will be accepted until this position is full. To be eligible, you must be an incentive Level 3 and have clear conduct for at least one year; it is preferred that you have one or more years left on your sentence.

/s/ K. Leep, MHI Manager



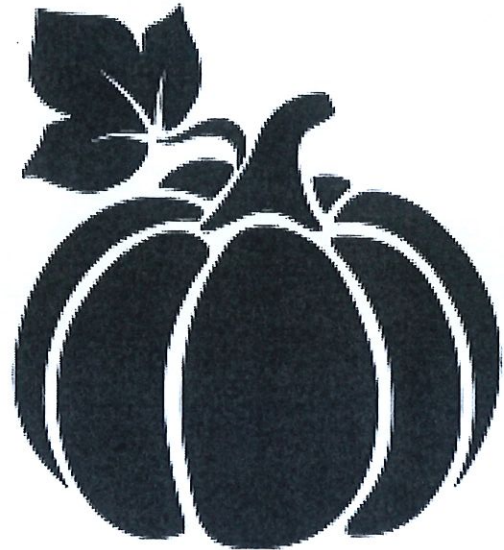
**OSP/IM Photo Job Opportunity**

With the influx of new work being placed on the Photo program, two new clerk positions in the AIC Photo Program have become available.

If you are interested, please send a job application to T. Olsen in Activities.

You must be NCI Level 3 to qualify. You can obtain applications from your tier officer. Complete one and drop it into the Activities mailbox at the bottom of the Activities stairs.

/s/ T. Olsen, Activities Rec. Specialist Lead



**A Point to Ponder**

*“Success Is Personal, So Stop Comparing Your Apples To Their Oranges.”*

*~ Yohancé Salimu*



Join us for a

WONDERFULLY FUN

# HALLOWEEN

## Party

SATURDAY 10.29.2022

2 SESSIONS 12:00-1:30 & 1:45-3:15

CALL TO RESERVE YOUR SPOT BY 10.21.22

503-373-1330

There will be a scavenger hunt, coloring pages, and photos

This event is only for visitors with children. Although all children may attend, only CHILDREN 10 & UNDER

MAY ATTEND IN COSTUME

(NO COSTUME MASKS)



## Phone Number Validation

Beginning Monday, October 17, 2022, friends and family members will no longer be able to receive your phone calls until they have set up an account with ICSolutions and completed phone number validation.

Please go to [icsolutions.com](https://icsolutions.com) to complete number validation. **WE STRONGLY SUGGEST COMPLETING THIS PROCESS AS SOON AS POSSIBLE.**

If you have issues validating your number or need any assistance with your ICSolutions account, you should call customer support at 888-506-8407.

**DOC staff are not able to assist friends and family in creating an account or validating their number.**

### FAQ

**Q:** If a number was validated in the past, does it need to be re-validated?

**A:** If the number was validated in the past, it does not need to be re-validated. To check if a number is verified, Friend or Family must log into their account with ICSolutions. If phone number is validated "Phone Validation Complete" will be displayed under *Oregon Department of Corrections- OR*

Welcome back **RACHEL**  
Last login: 2021-07-22 17:00:54

What would you like to do? →

Prepaid Collected Accounts			Add
Phone	Agency	Balance	
(620) 888-1234	Oregon Department of Corrections - OR Phone Validation Complete	\$0.00	Fund

Inmate Debit Phone Accounts **Add**

Fund an inmate debit telephone account. **Add Account**

**Q:** How to validate an international number?

**A:** Please send the information located below to [customer@icsolutions.com](mailto:customer@icsolutions.com):

- Telephone number(s) to be validated – Please include country code.
- Copy of phone bill which includes your billing address.
- Copy of one of the following: Driver's License/ID/Passport.
- Your current address.

**Q:** How to validate without a cellphone and/or credit/debit card?

**A:** If a valid credit/debit card or cell phone are not available, validation can be completed by sending a copy of a valid telephone bill and government issued ID by email to [customer@icsolutions.com](mailto:customer@icsolutions.com) or via mail to the following address. Phone numbers validated by mail typically take 5 to 7 business days to process

ICSolutions  
Customer Service  
2200 Danbury St  
San Antonio, TX 78217

## Validación del número de teléfono

A partir del lunes **17 de octubre de 2022**, los amigos y familiares ya no podrán recibir sus llamadas telefónicas hasta que hayan configurado una cuenta con ICSolutions y completado la validación del número de teléfono.

Vaya a [icsolutions.com](https://icsolutions.com) para completar la validación del número. **SUGERIMOS FUERTEMENTE COMPLETAR ESTE PROCESO LO ANTES POSIBLE.**

Si tiene problemas para validar su número o necesita ayuda con su cuenta de ICSolutions, debe llamar al servicio de atención al cliente al 888-506-8407.

**El personal del DOC no puede ayudar a amigos y familiares a crear una cuenta o validar su número.**

### FAQ (Preguntas más frecuentes)

**P:** Si un número fue validado en el pasado, ¿es necesario volver a validarlo?

**R:** Si el número fue validado en el pasado, no es necesario volver a validarlo. Para verificar si un número está verificado, un amigo o familiar debe iniciar sesión en su cuenta con ICSolutions. Si se valida el número de teléfono, se mostrará "Validación de teléfono completa" en el Departamento Correccional de Oregon- O

The screenshot shows a user interface for Rachel, with a welcome message and a navigation menu. Below the menu, there are two main sections: 'Prepaid Colled Accounts' and 'Inmate Debit Phone Accounts'. The 'Prepaid Colled Accounts' section has a table with columns for Phone, Agency, and Balance. One account is listed with phone number (626) 888-1234, agency Oregon Department of Corrections - OR, and a balance of \$0.00. There is a 'Fund' button next to the balance. The 'Inmate Debit Phone Accounts' section has a description 'Fund an inmate debit telephone account.' and an 'Add Account' button.

Phone	Agency	Balance
(626) 888-1234	Oregon Department of Corrections - OR Phone Validation Complete	\$0.00 <a href="#">Fund</a>

**P:** ¿Cómo validar un número internacional?

**R:** Envíe la información que se encuentra a continuación a [customer@icsolutions.com](mailto:customer@icsolutions.com):

- Número(s) de teléfono a validar. Incluya el código del país.
- Copia de la factura telefónica que incluya su dirección de facturación.
- Copia de uno de los siguientes: Licencia de Conducir/DNI/Pasaporte.
- Su dirección actual.

**P:** ¿Cómo validar sin celular y/o tarjeta de crédito/débito?

**R:** Si no se dispone de una tarjeta de crédito/débito válida o un teléfono celular, la validación se puede completar enviando una copia de una factura telefónica válida y una identificación emitida por el gobierno por correo electrónico a [customer@icsolutions.com](mailto:customer@icsolutions.com) o por correo postal a la siguiente dirección. Los números de teléfono validados por correo suelen tardar de 5 a 7 días hábiles en procesarse

ICSolutions  
Customer Service  
2200 Danbury St  
San Antonio, TX 78217

# ODOC – Friends and Family

## Communicating with an ODOC AIC

To communicate with an ODOC AIC, you are required to validate your phone number.

### *How to Validate Your Phone Number*

To validate your number online, you will need to have the following:

- A valid debit/credit card (**AND**)
- A phone where you can receive a text message with a confirmation code (**OR**)
- A phone that can receive an automated call that will announce the confirmation code.

⇒ ***You must enter this confirmation code to complete your online phone number validation.***

If you do not have a debit/credit card, you can email a copy of your **valid government-issued photo ID** and a copy of your **phone bill** to:  
[customer@icsolutions.com](mailto:customer@icsolutions.com).

⇒ ***The address on your ID and on the telephone bill must match.***

If you do not have access to the internet, you can mail a copy of your **valid government-issued photo ID** and a **copy of your phone bill** to the address below:

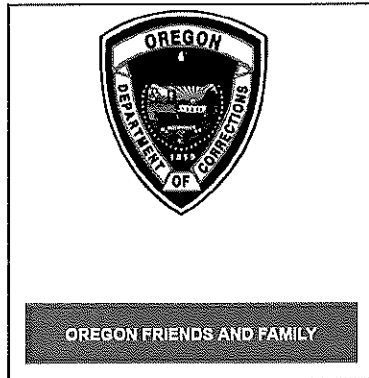
ICSolutions  
Customer Service  
2200 Danbury Street  
San Antonio, TX 78217

⇒ ***The address on your ID and on the telephone bill must match.***

⇒ ***The mail-in method of validation may take up to 7 days once received.***

## Instructions to Validate Your Number Online

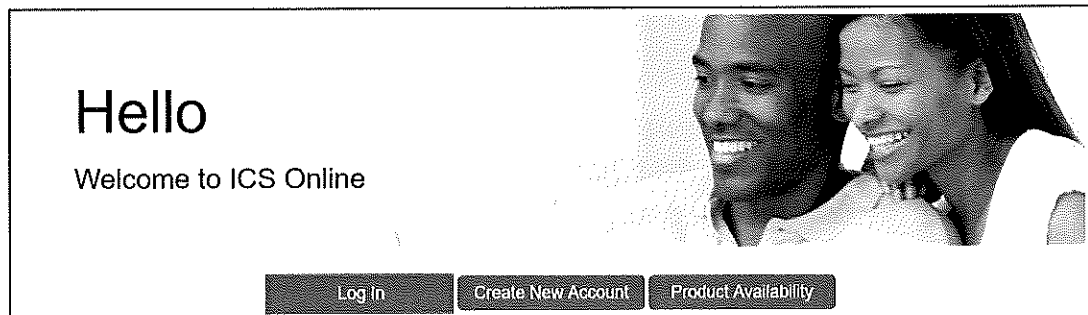
1. Please go to [icscorrections.com](http://icscorrections.com) and click **OREGON FRIENDS AND FAMILY**.



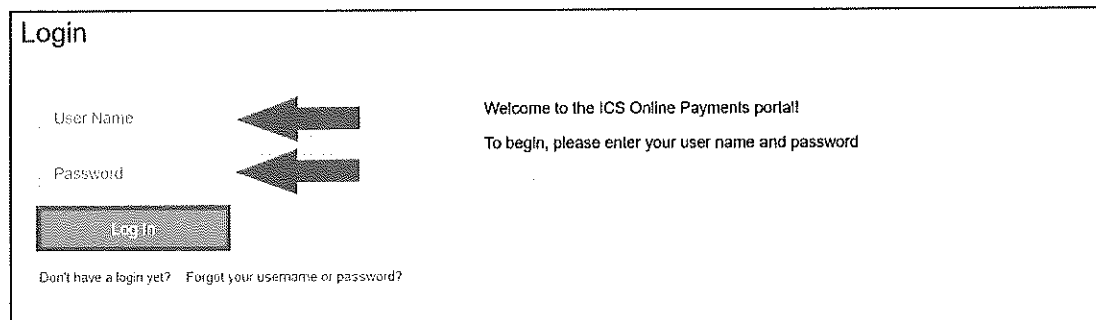
2. When the page finishes loading, scroll up and click **VALIDATE YOUR PHONE NUMBER**.



3. If you have already created an account, click **Log In**.



4. Enter your *Username* and *Password*, then click **Log In**.





## ICS Corrections, Inc.

- If you have an account and your phone number is already validated, it will appear in the *Prepaid Collect Accounts* section of your account page with the words: *Phone Validation Complete* below the agency name.

⇒ ***If your phone number is validated, you do not need to continue with the instructions. If it is not validated, skip to step number 11 below.***

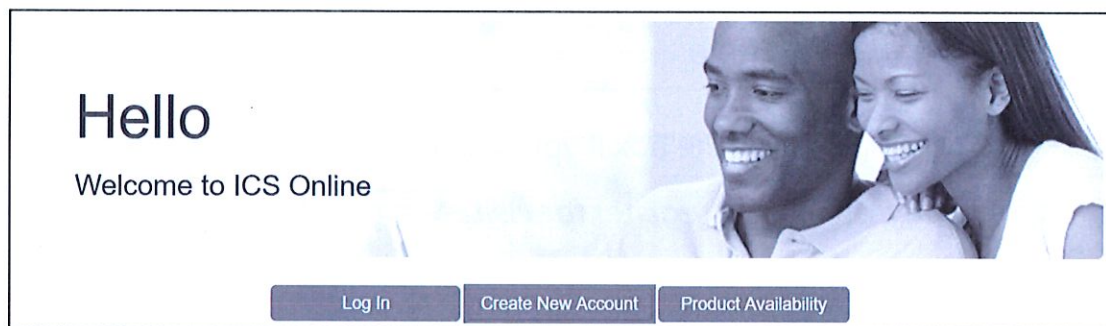
Welcome back RACHEL  
Last login: 2021-07-22 17:00:54

What would you like to do? ▾

Prepaid Collect Accounts			Add
Phone	Agency	Balance	
(620) 888-1234	Oregon Department of Corrections - OR <b>Phone Validation Complete</b>	\$0.00	Fund

Inmate Debit Phone Accounts **Add**  
Fund an inmate debit telephone account. **Add Account**

- If you do not have an account, click **Create New Account**.



- Enter your desired username, 4-digit PIN, and password twice on the *Create New Account* page. Then click **Sign Up**.

Create New Account

User Name ← PIN (4-digit number) ←

Password ← Confirm Password ←

Password strength: (?)

**Sign Up** Have a phone number you'd like to migrate?

⇒ ***You will need your 4-digit PIN to leave a voicemail for an AIC. More information about leaving a voicemail for an AIC is located at the end of this document.***

8. Complete all the fields including your name, email address, phone number you wish to receive calls on, and the address that matches your credit/debit card or phone bill.

Create New Account

First Name	Last Name
Email	
Phone Number	
Address	
Apt, Suite#...	
City	
Select State	Zip Code

If you are going to make Prepaid Collect payment(s), you must enter the phone number that you want the inmate to call you on.

9. Optionally, check the box if you wish to register for visitation.

⇒ ***You do not need to register for visitation to validate your phone number.***

Check this box if you wish to register for visitation. The telephone number you enter will be associated with your visitation account. This number will be used to purchase charged visits.

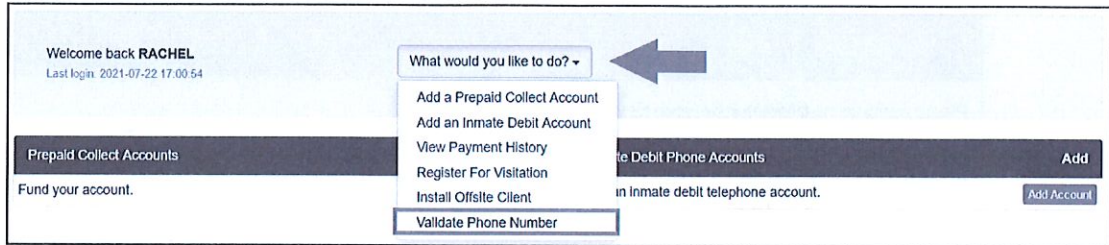
10. Click Sign Up.

⇒ ***For these instructions, the visitor is only validating their phone number and not registering for visitation. The check box is not selected.***

If you are going to make Prepaid Collect payment(s), you must enter the phone number that you want the inmate to call you on.

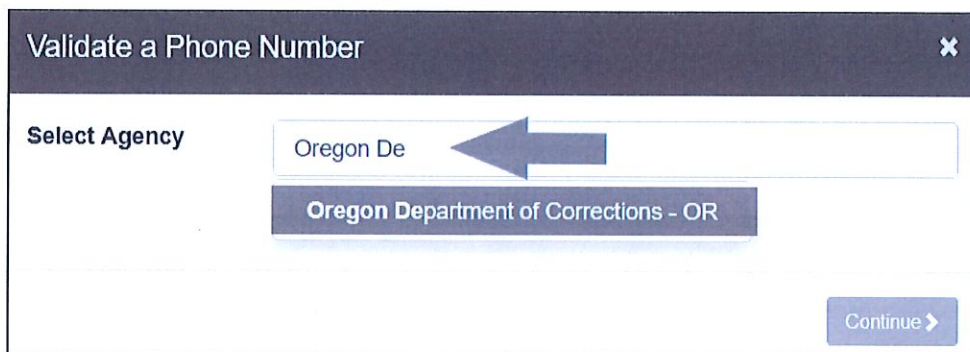
Check this box if you wish to register for visitation. The telephone number you enter will be associated with your visitation account. This number will be used to purchase charged visits.

11. Once your account has been created, click **What would you like to do?** from your account screen then select **Validate Phone Number**. This will open the *Validate a Phone Number* popup.

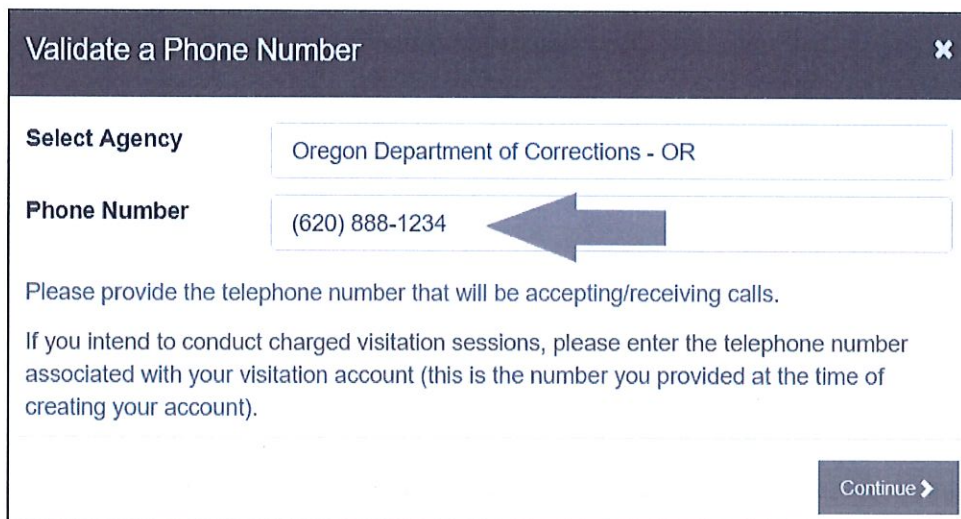


⇒ *You do not have to fund the account to validate your number.*

12. Begin typing *Oregon Department of Corrections* in the *Select Agency* field and click **Oregon Department of Corrections – OR**.



13. After selecting *Oregon Department of Corrections - OR*, enter the phone number you want to use to accept/receive calls and click **Continue**.



14. You may need to complete additional information, such as your birthday. When you have entered any additional information required, click **Update Profile**.

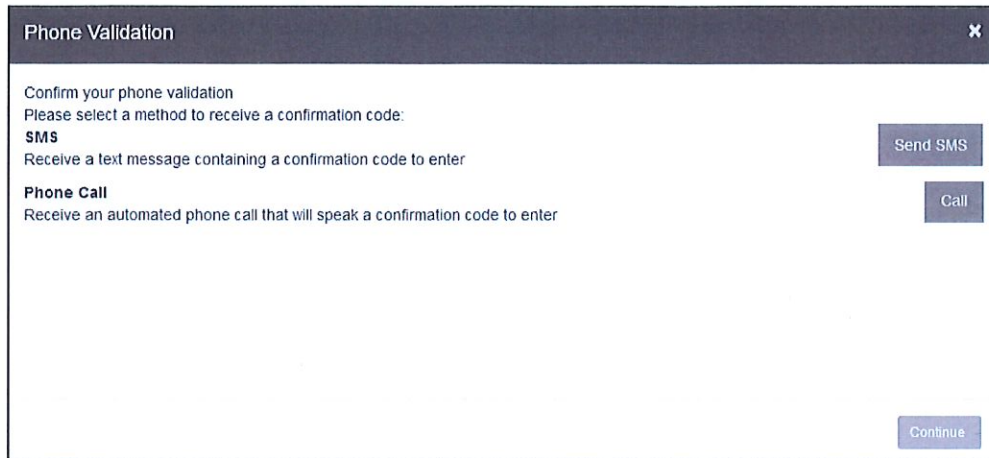
The screenshot shows a window titled "Phone Validation" with a close button (X) in the top right corner. The main text reads: "Please complete the following information for your ICS Online profile: (Numbers only)". Below this, there are three dropdown menus labeled "Month", "Day", and "Year". A large grey arrow points from the text "Your Date of Birth" to the "Month" dropdown. To the right of the "Year" dropdown is a button labeled "Update profile". In the bottom right corner, there is a "Continue" button.

15. Enter your valid debit/credit card information and billing address then click **Validate card information**.

The screenshot shows a window titled "Phone Validation" with a close button (X) in the top right corner. The main text reads: "This agency requires you to use a credit/debit card based address validation service to approve a phone number. There is no cost for this. Your card will not be charged." Below this, there is a paragraph: "If a valid credit/debit card is not available, you may validate your telephone number by emailing a copy of a valid telephone bill and government issued ID to customer@icsolutions.com or via mail to the following address. Phone number validation requests sent in by mail typically take 5 to 7 business days to process." The address listed is: "ICSolutions, 2200 Danbury St, San Antonio, TX 78217". Below the address, there is a section titled "Enter your card information" with a checkbox "Use name from profile". There are input fields for "Name on card", "Address", "City", "Zip", "Card Number", and "Expiration date". A large grey arrow points from the right side of the form towards the "Validate card information" button. In the bottom right corner, there is a "Continue" button.

- ⇒ ***There is no cost for this. Your card will not be charged. You do not have to fund the account to validate your number or card information.***

16. Click **Send SMS** or click **Call** to choose the method you wish receive your validation code.



Phone Validation

Confirm your phone validation  
Please select a method to receive a confirmation code:

**SMS**  
Receive a text message containing a confirmation code to enter

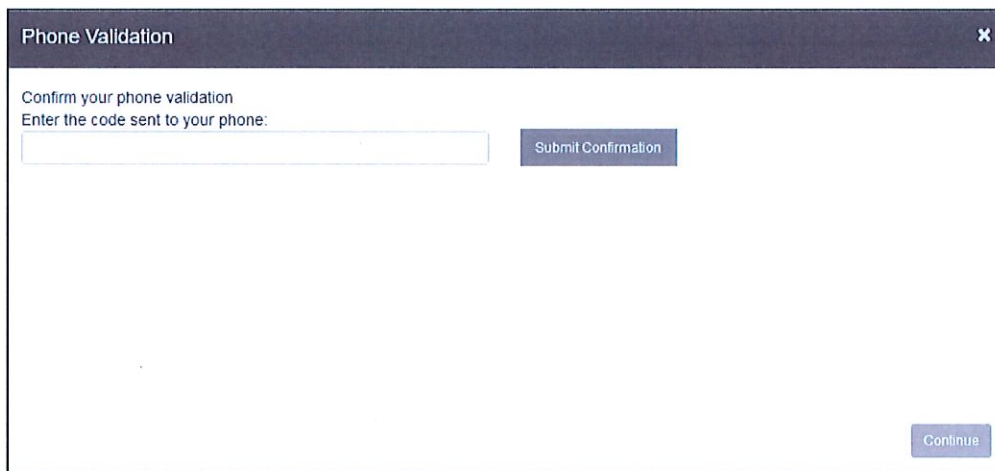
**Phone Call**  
Receive an automated phone call that will speak a confirmation code to enter

Send SMS

Call

Continue

17. To confirm your phone validation, enter the 6-digit code you received and click **Submit Confirmation**.



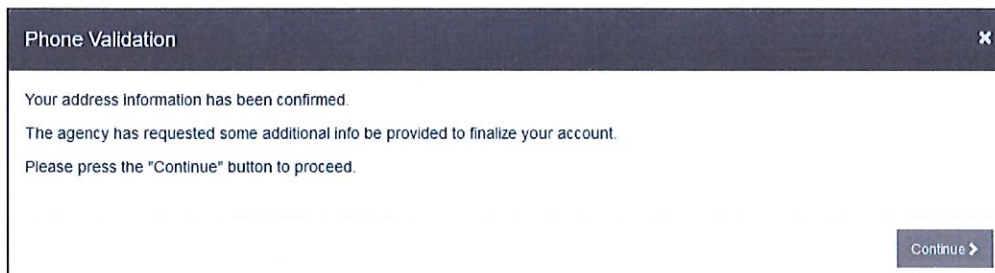
Phone Validation

Confirm your phone validation  
Enter the code sent to your phone:

Submit Confirmation

Continue

18. If you do not choose to register for visitation, you may be required to enter additional data like your *ethnicity, ID Type, ID number, ID state, and ID expiration date*. Click **Continue** to enter the requested information.

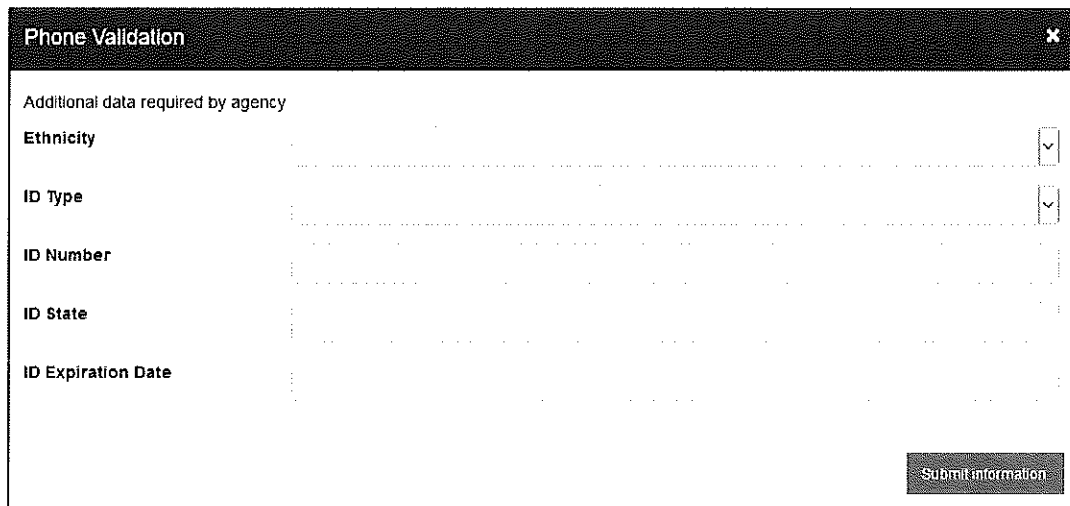


Phone Validation

Your address information has been confirmed.  
The agency has requested some additional info be provided to finalize your account.  
Please press the "Continue" button to proceed.

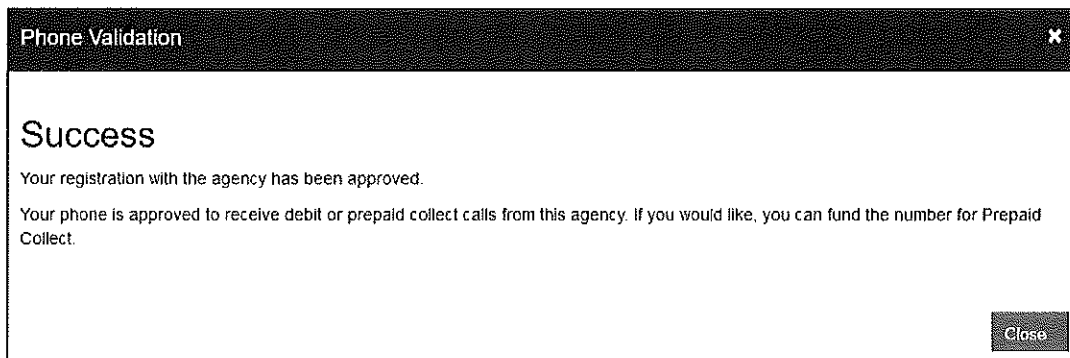
Continue

19. Enter the requested information and click **Submit Information**.



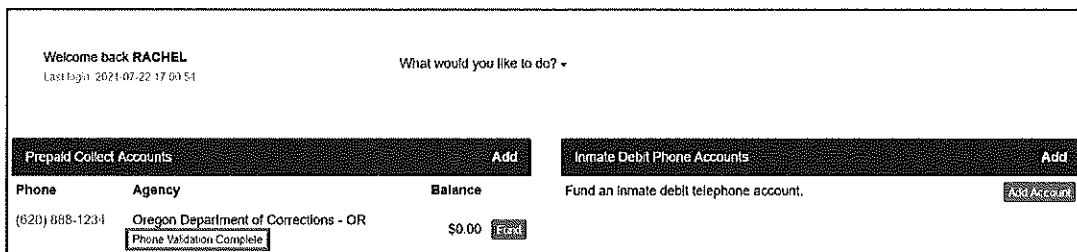
A screenshot of a 'Phone Validation' form. The form has a title bar with 'Phone Validation' and a close button. Below the title bar, it says 'Additional data required by agency'. The form contains several fields: 'Ethnicity' with a dropdown arrow, 'ID Type' with a dropdown arrow, 'ID Number' with a text input field, 'ID State' with a dropdown arrow, and 'ID Expiration Date' with a date picker. A 'Submit information' button is located at the bottom right of the form.

20. Once your validation has been completed, you will receive confirmation, click **Close**.



A screenshot of a 'Phone Validation' success message. The title bar says 'Phone Validation' with a close button. The main content area says 'Success' in large text, followed by 'Your registration with the agency has been approved.' and 'Your phone is approved to receive debit or prepaid collect calls from this agency. If you would like, you can fund the number for Prepaid Collect.' A 'Close' button is at the bottom right.

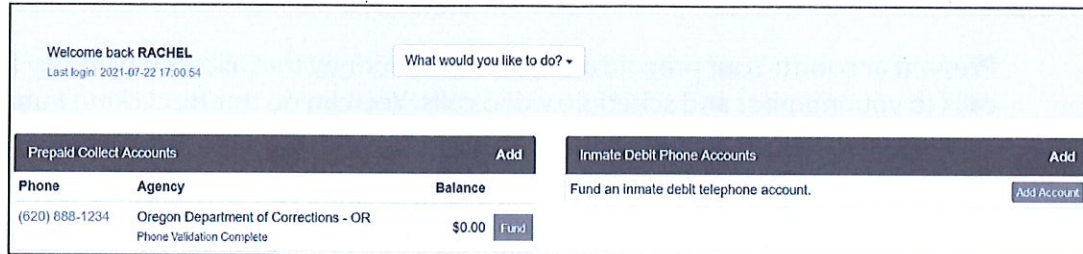
21. Your number is now validated and can receive calls from an AIC at ODOC.



A screenshot of a user dashboard. At the top, it says 'Welcome back RACHEL' and 'Last login: 2021-07-22 17:04:54'. Below this is a navigation bar with 'Prepaid Collect Accounts' and 'Add' on the left, and 'Inmate Debit Phone Accounts' and 'Add' on the right. The main content area shows a table with columns 'Phone', 'Agency', and 'Balance'. The first row contains the phone number '(620) 888-1234', the agency 'Oregon Department of Corrections - OR', and a balance of '\$0.00'. A 'Phone Validation Complete' badge is overlaid on the agency name. There is also an 'Add Account' button next to the 'Inmate Debit Phone Accounts' section.

➔ **Your validated phone number will automatically be listed under Prepaid Collect Accounts with the words 'Phone Validation Complete'.**

22. Your number is now validated and can receive calls from an AIC at ODOC. If you would like to receive prepaid calls, you will need to fund your prepaid account. Click **Fund** on your account screen to fund your account.



Welcome back **RACHEL**  
Last login: 2021-07-22 17:00:54

What would you like to do? ▾

Prepaid Collect Accounts			Add
Phone	Agency	Balance	
(620) 888-1234	Oregon Department of Corrections - OR Phone Validation Complete	\$0.00	Fund

Inmate Debit Phone Accounts Add

Fund an inmate debit telephone account. Add Account

⇒ ***Your prepaid account is your money that allows you to pay for phone calls to your number and schedule video calls.***

23. Once your number is validated and funded, you can call **(877) 831-0390** to leave a voicemail for an AIC letting them know when you are available to receive a call. Voicemails are only \$0.50. ***To leave a voicemail, you will need to have the 4-digit PIN you created when you set up your online account as well as the AIC's state ID number.***

⇒ ***If you would like to receive prepaid calls, you will need to fund your prepaid account.***

⇒ ***Your prepaid account is your money that allows you to pay for phone calls to your number. You can do this by clicking Fund on your account screen.***

## Available Services

There are several ways to pay for communications with an ODOC AIC. The options available are:


**Prepaid account:** Your prepaid account is your money that allows you to pay for phone calls to your number and schedule video calls. You can do this by clicking Fund on your account screen.

**AIC Communications and Trust account:** These accounts are controlled by the ODOC AIC. You can deposit funds into these accounts to allow ODOC AIC to pay for phone calls, video calls, and messaging. For instructions on how to fund an AIC Communications or Trust account, go to [ICSCorrections.com](http://ICSCorrections.com) and select **Oregon Friends and Family** then scroll to **Available Services**.

To fund an AIC's Trust account or an AIC Communications account, or to create and fund an account to email with and send photos to an AIC, please to go to [ICSCorrections.com](http://ICSCorrections.com) and click **Oregon Friends and Family** then scroll down to **Available Services**.

### Available Services

**Phone, video interactive phone (VIP) calls & Voicemail**




Provided through ICS Corrections' billing agent ICSolutions. Prepaid services allow you to receive AIC phone calls to your validated phone number, receive video interactive phone (VIP) calls, and leave voice messages for AICs.

- \$300 monthly spending limit
- \$100 maximum per transaction limit

[MANAGE PREPAID CALLING ACCOUNT](#)

Or Call 888-506-8407

**Payments accepted**




Check or money order also accepted by mail

ICSolutions  
Customer Service  
2200 Danbury St  
San Antonio, TX 78217

**AIC Communications Account Services**

The new communication system allows for you to add money to the AIC's communications account, which they can use to pay for calling and tablet services. AIC communications account deposits can be made online at the link below, Lobby Kiosk (coming soon), walk-in location, or by mailing a personal/cashier's to our lockbox at the address below.

**Electronic Messaging**




Friends and family members can communicate with AICs through ICS Corrections' electronic messaging system, provided through CorrLinks.

Friends and Family members cannot initiate email communication with AIC's and must wait until they receive an invitation with an identification code to set up an account.

[HOW TO SIGN UP FOR CORRLINKS](#)

[MANAGE PREPAID MESSAGING ACCOUNT](#)

**Payments accepted**



**Trust Account Services**

ICS Corrections offers trust account deposit services, through our billing partner Access Corrections. Trust account deposits can be made online using the link below, by phone, at a Lobby Kiosk (coming soon), or at any of our walk in funding locations.





Mainline

Week at a Glance

Week	Monday 10/17/2022	Tuesday 10/18/2022	Wednesday 10/19/2022	Thursday 10/20/2022	Friday 10/21/2022	Saturday 10/22/2022	Sunday 10/23/2022	
<b>Week 1</b>	<b>BREAKFAST</b> Oatmeal - 1.00 CP Canned Fruit - 0.50 CP *Pork Ham (Sod, Chl) - 2.00 OZCKD Sliced Cheese (Sfa) - 1.00 SLC English Muffin (Sfa, Chl) - 1.00 EA Fried Potatoes (Sfa) - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Vegetable Scramble (Chl) - 0.50 CP Hashbrowns (Sfa) - 0.75 CP Wheat Toast - 2.00 SLC Margarine (Sfa) - 1.00 TBS Ketchup - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Multigrain Hot Cereal - 1.00 CP Canned Fruit - 0.50 CP Beef Hash (Sod, Chl) - 1.00 CP Wheat Toast - 2.00 SLC Margarine (Sfa) - 1.00 TBS Ketchup - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA French Toast (Sod, Chl, Sfa) - 4.00 SLC Maple Syrup - 2.00 FLOZ Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Farina - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa, Chl) - 1.00 EA Sliced Cheese (Sfa) - 1.00 SLC English Muffin (Sfa, Chl) - 1.00 EA Fried Potatoes (Sfa) - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Farina - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa, Chl) - 1.00 EA Sliced Cheese (Sfa) - 1.00 SLC English Muffin (Sfa, Chl) - 1.00 EA Fried Potatoes (Sfa) - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Canned Fruit - 0.50 CP Scrambled Eggs (Sfa, Chl) - 0.33 CP Poultry Sausage (Chl, Chl) - 1.00 EA Fried Potatoes (Sfa) - 0.75 CP Wheat Toast - 2.00 SLC Skim Milk - 16.00 FLOZ Margarine (Sfa) - 1.00 TBS Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Fresh Fruit - 1.00 EA Hard Boiled Egg (Sfa, Chl) - 1.00 EA Fruit Turnover (Sfa, Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
<b>Week 1</b>	<b>LUNCH</b> Tomato Soup (Sod) - 10.00 FLOZ Grilled Cheese Sandwich on Wheat (Sod, Sfa) - 2.00 EA Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Coleslaw (Sod) - 0.75 CP *Barbeque Pork (Chl, Sfa) - 0.50 CP Wheat Hoagie Roll - 1.00 EA Macaroni & Cheese (Sfa, Sod, Chl) - 0.75 CP Broccoli - 0.75 CP Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Soup of the Day (Sod, Chl) - 10.00 FLOZ Tuna Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Lentil Soup - 10.00 FLOZ Chicken-Lettuce Salad (Chl) - 1.00 CP Shredded Cheese (Sfa, Chl) - 2.00 TBS Seasoned Beans - 0.75 CP Lettuce Salad - 1.00 CP Salsa (Sod) - 0.25 CP Wheat Tortillas (Sfa, Sod) - 2.00 EA Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Taco Meat Blend (Sfa, Chl) - 0.50 CP Shredded Cheese (Sfa, Chl) - 2.00 TBS Seasoned Beans - 0.75 CP Lettuce Salad - 1.00 CP Salsa (Sod) - 0.25 CP Wheat Tortillas (Sfa, Sod) - 2.00 EA Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Soup of the Day (Sod, Chl) - 10.00 FLOZ Peanut Butter & Jelly Sandwich on Wheat (Sod, Sfa) - 2.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Quarter (Chl, Sfa) - 1.00 EA Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Ice Cream Cup - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Quarter (Chl, Sfa) - 1.00 EA Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Ice Cream Cup - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ
<b>Week 1</b>	<b>DINNER</b> Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Salisbury Steak (Chl, Sfa) - 1.00 EA Mashed Potatoes - 0.75 CP Beef Gravy - 2.00 FLOZ Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Turkey Ala King (Sod, Chl) - 0.75 CP White Rice - 0.75 CP Carrots - 0.75 CP French Bread - 1.00 SLC Margarine (Sfa) - 1.00 TBS Pudding - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Ranch Style Chili (Chl, Sfa) - 10.00 FLOZ Baked Potato - 1.00 EA Shredded Cheese (Sfa, Chl) - 2.00 TBS Blended Vegetables - 0.75 CP Cornbread (Sod, Chl) - 1.00 EA Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Vegetable Soup (Sod) - 10.00 FLOZ *Pizza (choice) (Sod, Chl, Sfa) - 1.00 EA Lemon Bar (Sfa, Chl) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Pot Pie (Chl) - 0.75 CP Biscuits (Sfa, Sod) - 2.00 EA Broccoli - 0.75 CP Choice Cookie (Sfa, Chl) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Beef Stew (Sod, Chl, Sfa) - 10.00 FLOZ Brown Rice - 0.75 CP Cauliflower - 0.75 CP Breadstick - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Stew (Sod, Chl, Sfa) - 10.00 FLOZ Brown Rice - 0.75 CP Cauliflower - 0.75 CP Breadstick - 1.00 EA Tea - 8.00 FLOZ	Texas Slaw - 0.75 CP Burrito Beans - 1.00 SV Shredded Cheese (Sfa, Chl) - 2.00 TBS Spanish Rice - 0.75 CP Salsa (Sod) - 0.25 CP Wheat Tortillas (Sfa, Sod) - 2.00 EA Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

Menu is subject to change without notice. Appropriate food substitutions are approved by a Dietitian.  
\*Items contain or may contain pork. Meat-Alternative Trays are available at lunch and dinner only.

Sod = High Sodium Sfa = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

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