



ADMINISTRATION

From the Administrative Rules Program

Below is the list of status changes made to DOC administrative rules since 10/25/2022.

PROPOSED RULES:



291-121 Handiwork

- Repeals the Handiwork rule OAR 291-121 and replaces it with the Learning Entrepreneurship, Arts, and Production (LEAP) Rule in order to allow for more institutions to participate in entrepreneurial programs. The Handiwork OAR 291-121 is outdated and does not allow for the Department of Corrections to expand AIC entrepreneurial craft type of sales to other locations.
- Last day to provide comments: 12/23/2022 at 5:00 PM

291-172 LEAP - Learning Entrepreneurship, Arts, and Production

- Adopts guidelines at participating institutions for a program allowing adults in custody to constructively use non-programming time to engage in a positive learning experience with the possibility to earn funds for use during incarceration or after release. This rule OAR 291-172 LEAP will replace OAR 291-121 Handiwork (AIC), which will be repealed.
- Last day to provide comments: 12/23/2022 at 5:00 PM

TEMPORARY RULES:

291-124 Health Services

- Amends rule to establish circumstances in which the Department of Corrections will provide medically acceptable durable medical equipment (eyeglasses, medical prostheses, and hearing aids) at state expense, to adults in custody, and procedures concerning the provision of repair and maintenance of that equipment.
- Effective 10/26/2022 through 4/23/2023

PERMANENT RULES:

291-031 Community Corrections Programs

- Amends rule to (1) clarify requirements specific to the submission timeframe for the biennial community corrections plan, (2) update definitions of the funded workload as a result of SB497 (2021), (3) replace the term "offender" with the "adult on supervision" and (4), make necessary housekeeping changes as a result of changes in business practices as well as those identified during the DOJ review.
- Effective 11/7/2022

Rulemaking comments must be provided to the DOC Rules Coordinator in writing at the address in the rulemaking notice. Communications submitted should be limited to providing comments on only one division and topic per communication. Do not include multiple divisions and topics in one communication, they will be returned. DOC notices and rules are available for review and copies in the AIC law library.

Proposed, temporary, and permanently adopted rules are available for review in the AIC Legal Library. Personal copies may be obtained by sending form CD1762, "Legal Photocopy Request Form", to R. Polk, Library Coordinator.

AICs in special housing units may access copies of proposed rules and permanently adopted rules for review by asking the housing unit officer. Personal copies may be obtained by sending form CD1762, "Legal Photocopy Request Form", to R. Polk, Library Coordinator.

Proposed rules will be copied free of charge. If you want a personal copy of a permanently adopted rule, there will be a charge for the copy.

Comments on proposed rules may be submitted by AIC communication or letter to: J. Vaughn, Rules Coordinator, DOC Rules Office.

/s/ J. Vaughn, DOC Rules Coordinator



Court Hearings- via Video

The Superintendent's Office is responsible for scheduling video hearings for the courts. Only requests for criminal hearings that come directly from the courts will be scheduled. Please do not send a communication to the Superintendent's Office requesting a video hearing. If we cannot facilitate the date/time the courts have requested, we will work with them to find a new one.

A. McPherson, Executive Manager to Superintendent

2022 Holiday Period

Happy Holidays!

The 2022 Holiday Period begins Monday, November 28, 2022, and goes through Friday, December 30, 2022. During this time, for AICs with DOC debt and external obligations, the following parameters will be in place:

DOC Debt and External Obligations:

- DOC debt (examples: disciplinary fines, copy, and postage debt) will be collected through Wednesday, November 23, 2022, prior to the start of the Holiday Period.
- During the Holiday Period, Central Trust will not collect existing DOC debt.
- External obligations (non-DOC debt) such as court filing fees (County/ U.S. Court), garnishment orders, and Court-Ordered Financial Obligations (COFOs) will continue to be collected as DOC does not have the authority to suspend statutory collections.
- DOC debt collection will resume in the event an AIC receives a new disciplinary fine sanction during the 2022 Holiday Period.
- At the conclusion of the 2022 Holiday Period, on Friday, December 30, 2022, any funds remaining in the General Spending Trust Account of AICs with DOC debt will be collected in accordance with OAR 291 Div. 158-006S(d).

Spending Funds During the Holiday Period:

- Commissary spending limits will be doubled.
- AICs who have DOC debt may spend funds during the 2022 Holiday Period from their General Spending Trust Account for the following: postage, copies, institution club & DOC activities, DOC programs, phone transfers, and Commissary items.
- AICs with DOC debt cannot make external purchases or disbursements from their General Spending Trust Account during the 2022 Holiday Period.
- AICs should plan accordingly when submitting financial requests, such as Commissary orders and Request for Withdrawal of Funds forms (CD28).

Other Considerations:

- All plans are subject to COVID-19 tier levels, staffing, and AIC Commissary worker/ supply chain availability.
- Transitional Savings deductions will continue to take place in accordance with ORS 423.105.

The Holiday Period occurs at the discretion of the Assistant Director of Operations in accordance with OAR 291 Div. 158-0065(d). AICs with questions may submit an AIC Communication to Business Services (electronic option available on the tablet).

/s/ R. Persson, DOC Asst. Director of Operations

SECURITY**Prison Rape Elimination Act (PREA Information)**

The Oregon Department of Corrections (ODOC) has a zero tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an AIC communication, through the grievance system, by calling the PREA hotline by dialing 9 from any AIC phone.

Filing an Anonymous PREA Report

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency. You may write to:

Governor's Office of Constituent Services
900 Court Street NE, Suite 254
Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

Community-Based PREA Advocacy (Support) Program

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to AICs.

AICs at ODOC who have experienced sexual abuse may reach a community-based advocate by dialing 711 AIC telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information and emotional support. There is no charge for calls to advocates.

Role of an Advocate:

- Provide confidential support and crisis intervention

- ≈ Inform you about the investigation and medical examination process
- ≈ Educate you about healing from sexual abuse
- ≈ Offer resources and referrals

Advocates will:

- ≈ Not tell you what to do
- ≈ Not communicate with the institution unless you request them to do so and sign a release
- ≈ Not provide legal advice

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report unless you request them to do so and if you sign a release of information. DOC is committed to providing AICs with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters
3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled similar to legal calls/official mail.

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

E. Sage, PREA Coordinator
Oregon Department of Corrections
2575 Center St. NE
Salem, Oregon 97301



Ley de Eliminación de la Violación en Prisión (Información PREA)

El Departamento de Correcciones de Oregón (ODOC) tiene una política de tolerancia cero para el abuso sexual, el acoso sexual y las represalias por denunciar un incidente. Puede informar en persona a cualquier personal, a través de una comunicación de AIC, a través del sistema de quejas, llamando a la línea directa de PREA marcando 9 desde cualquier teléfono de AIC.

Presentación de un informe prea anónimo

Si se siente incómodo al presentar una acusación de PREA, puede presentar un informe anónimo ante una agencia externa.

Puede escribir a:

Oficina del Gobernador de Servicios Constituyentes
900 Court Street NE, Suite 254
Salem, Oregón 97301

Indique al principio de su carta que está presentando una denuncia de PREA y que está solicitando permanecer en el anonimato. La Oficina del Gobernador remitirá todas las acusaciones anónimas al Coordinador de DOC PREA para garantizar que se complete una investigación basada en la información que se proporciona.

Programa de Defensa (Apoyo) de PREA Basado en la Comunidad

ODOC se ha asociado con defensores confidenciales y basados en la comunidad de víctimas de abuso sexual para proporcionar servicios a AICs.

Los AICen ODOC que han experimentado abuso sexual pueden comunicarse con un defensor basado en la comunidad marcando los sistemas telefónicos 711 AIC, o pueden solicitar una llamada privada a través del Gerente de Cumplimiento de PREA en la instalación. Los defensores brindan a las víctimas de abuso sexual información sobre sus opciones, recursos, información y apoyo emocional. No hay cargo por llamadas a defensores.

Papel de un defensor:

- ≈ Proporcionar apoyo confidencial e intervención en crisis
- ≈ Informarle sobre el proceso de investigación y examen médico
- ≈ Educarlo sobre la curación del abuso sexual
- ≈ Ofrecer recursos y referencias

Los defensores:

- ≈ No te digo qué hacer
- ≈ No comunicarse con la institución a menos que usted solicite que lo hagan y firmen una liberación
- ≈ No proporcionar asesoramiento legal

Los centros de defensa basados en la comunidad brindan apoyo contra el abuso sexual a personas de todos los géneros. Los defensores basados en la comunidad no informarán a menos que usted les solicite que lo hagan y si usted firma una divulgación de información.

El DOC se compromete a proporcionar a los reclusos vías para buscar ayuda. A continuación se presentan recursos adicionales:

Sede internacional de Just Detention
3325 Wilshire Blvd., Suite 340
Los Ángeles, CA 90010



La línea de crisis de defensa basada en la comunidad es para personas que necesitan asistencia para hacer frente a problemas relacionados con el abuso sexual y no debe usarse para otros fines.

Las llamadas telefónicas y el correo con centros de defensa basados en la comunidad se consideran una comunicación privilegiada y se manejarán de manera similar a las llamadas legales / correo oficial.

Si tiene alguna otra pregunta con respecto a PREA, puede preguntarle a cualquier miembro del personal, escribir al Gerente de Cumplimiento de PREA en su institución, o puede escribir:

E. Sage, Coordinador de TOO
Departamento de Correcciones de Oregón
2575 Centro St.NE
97301, Salem, Oregón

/s/ B. Gaither, Group Living Captain

Notice Of Scheduled PREA Audit

The Oregon State Penitentiary will be undergoing an audit for compliance with the United States Department of Justice’s National Standards to Prevent, Detect, and Respond to Prison Rape under the Prison Rape Elimination Act (PREA) for Adult Prisons & Jails from December 6-8, 2022.

Any person with information relevant to this compliance audit may confidentially* correspond with the auditor via the following address:

John Katavich
Attn: PREA Unit
P.O. Box 942883
Sacramento, CA 94283-0001



*CONFIDENTIALITY – All correspondence and disclosures during interviews with the designated auditor are confidential and will not be disclosed unless required by law. There are exceptions when confidentiality must be legally broken. Exceptions include, but are not limited to the following:

- if the person is an immediate danger to her/himself or others (e.g. suicide or homicide);
- allegations of suspected of child abuse, neglect or maltreatment;
- in legal proceedings where information has been subpoenaed by a court of appropriate jurisdiction.

AVISO AUDITORIA DE PREA

La Penitenciaría Estatal de Oregón estará sujeto a una auditoría de cumplimiento con los Estándares Nacionales del Departamento de Justicia de los

Estados Unidos para Prevenir, Detectar, y Responder a la Violencia Sexual bajo la Ley para la Eliminación de la Violencia Sexual en Prisiones y cárceles para adultos (PREA, por sus siglas en inglés), del 6 al 8 de diciembre de 2022.

Cualquier persona que posea información relevante para esta auditoría de cumplimiento puede contactar a la Auditora confidencialmente*, por correo, a la siguiente dirección:

John Katavich
Attn: PREA Unit
P.O. Box 942883
Sacramento, CA 94283-0001

*CONFIDENCIALIDAD – Toda correspondencia y divulgaciones durante entrevistas con la Auditora designada son confidenciales y no serán divulgadas, a menos que sea requerido por ley. Hay excepciones que requieren que legalmente se rompa la confidencialidad. Estas excepciones incluyen, pero no se limitan, a las siguientes situaciones:

- Cuando la persona representa un riesgo inminente hacia sí o hacia otras personas (por ejemplo, suicidio u homicidio);
- Cuando surgen alegaciones sobre sospechas de abuso, negligencia o maltrato de menores;
- En procesos judiciales para los cuáles la información es requerida mediante orden de un tribunal con jurisdicción.

/s/ B. Gaither, Group Living Captain

GENERAL SERVICES



Plumbing Work/Repair Requests

For timely processing of work/repair requests for plumbing in your housing cell or at your work location, please follow the procedure outlined below:

For housing cell:

Notify your tier officer or block sergeant as soon as an issue arises. Provide a brief but detailed explanation. An electronic work order request will be submitted to the Physical Plant Office for processing.

For work location (i.e., OCE, Food Services, Yard):

Notify your staff supervisor as soon as an issue arises. Provide a brief but detailed explanation. An electronic work order request will be submitted to the Physical Plant Office for processing.

All work order requests are prioritized based on the nature of the request and the current workload of the Plumbing Shop. Lower priority items such as a dripping cell faucet will be addressed as the workload allows.

/s/ J. Ellertson, Physical Plant Manager

GROUP LIVING



Prison Rape Elimination Act Questions and Answers

Here are the most asked questions when it comes to PREA:

1. How can I report a PREA allegation?

Answer: You can report an allegation to any staff member, the OIC, PREA grievance, PREA hotline, AIC communication and by third party.

2. If I use the PREA hotline or advocacy hotline are my calls confidential?

Answer: Yes, once you enter your pin number and press 9 for the PREA hotline or 711 to talk to a victim advocate, the phone system will not record the conversation or log that number was called.

3. What is the buzzer sound I hear in all the housing blocks, units, and infirmary?

Answer: That buzzer sound is to make sure all AICs are aware that a staff member of the opposite gender has entered the area.

4. Is there a resource outside of the institution I can talk to about PREA confidentially?

Answer: Yes, the Center for Hope and Safety is an advocacy group that is there for you 24/7.

The role of the advocate is to

- a. Amplify the victim voice
- b. Redirect victim blaming
- c. Provide emotional support
- d. Explain options for reporting
- e. Help victims process decision (not guide, recommend, or suggest what is right)
- f. Provide resources and referrals
- g. Sit through forensic exam/investigatory interview if desired by the victim
- h. Support family and friends of the victim

You can reach the advocate by dialing 711. The calls are confidential, not logged or recorded.

/s/ B. Gaither, Group Living Captain

HEALTH SERVICES



COLD WEATHER BRINGS OUT OUR DRY SKIN

Dry skin is most common in your lower legs, arms, flanks (sides of the abdomen), and thighs. The symptoms most often associated with dry skin include:

- Scaling
- Itching
- Cracks in the skin

Common Causes:

Dry skin is common. It happens more often in the winter when cold air outside and heated air inside cause low humidity. Forced-air furnaces make skin even drier. The skin loses moisture and may crack and peel, or become irritated and inflamed. Bathing too frequently, especially with harsh soaps, may contribute to dry skin. Eczema may cause dry skin.

Home Care:

It may help to change your bathing habits:

- Keep baths or showers short.
- Use warm (not hot) water.
- Use as little soap as possible. Limit its use to face, armpits, and genitals if you can.
- Dry your skin thoroughly but gently -- pat, don't rub.

Also, increase skin and body moisture:

- Avoid products with alcohol. Apply just after a bath or shower, when your skin is still damp.
- Drink plenty of water throughout the day.

Apply cool compresses to itchy areas, and try over-the-counter cortisone creams or lotions available from Canteen if your skin is inflamed.

/s/ C. Coffey, Medical Services Manager

EDUCATION



U of O PEP Artwork Contest

The University of Oregon's Prison Education Program (PEP) is seeking artwork for our third annual art exhibition on the UO campus featuring artists from OSCI, OSP and now CCCF. Submitted artworks will be displayed in the heart of campus in the bustling Erb Memorial Union (EMU) student union building from February 6, 2023 through March 9, 2023. We hope to celebrate the talents of artists inside and offer opportunities for feedback from UO faculty, students and community members who view the show. This year's exhibition theme is "Sense of Place" but artwork of any inspiration not related to the theme is welcome too.

The early deadline to submit works to the show is Monday, November 28, 2022. The final submission deadline is Friday, December 30, 2022. Once art has left the institution it cannot be returned to the artist, so all works will be donated to the PEP to be kept by the program or sold after the show closes with all proceeds benefiting the PEP's educational opportunities in Oregon's prisons. Artists who are featured in the show

will receive written feedback about their submitted works and a printed catalog documenting works in the show and the gallery space. A video tour of the show will be available on PEP TV, the PEP's educational programming channel. We look forward to celebrating your talent with you!

Please send a AIC communication form to Aaron Powers (PEP), indicating that you plan to donate a piece of artwork. Drop your AIC communication form into the Activities Floor mailbox at the bottom of the Activities staircase. You will be placed on call-out to sign the Art Show Release Form and turn in your piece.

/s/ T. Olsen, Activities Rec. Specialist Lead

RELIGIOUS SERVICES

Weekly Chapel Schedule

Saturday, November 19

8:00 am LDS
Sweat Lodge
JW
1:00 pm Jewish
SDA
2:00 pm Meditation/silent prayer
6:00 pm Calvary Chapel

Sunday, November 20

8:00 am Spanish protestant
Spanish JW
1:00 pm Lutheran
2:00 pm Meditation/silent prayer
6:00 pm Catholic

Monday, November 21

2:00 pm Meditation/silent prayer

Tuesday, November 22

7:15 am U self mentoring
1:00 pm Agape
1:00 pm Orthodox Christianity
2:00 pm Meditation group
6:00 pm Buddhist

Wednesday, November 23

2:00 pm Meditation/silent prayer

Thursday, November 24

1:00 pm TUMI
2:00 pm Meditation silent prayer

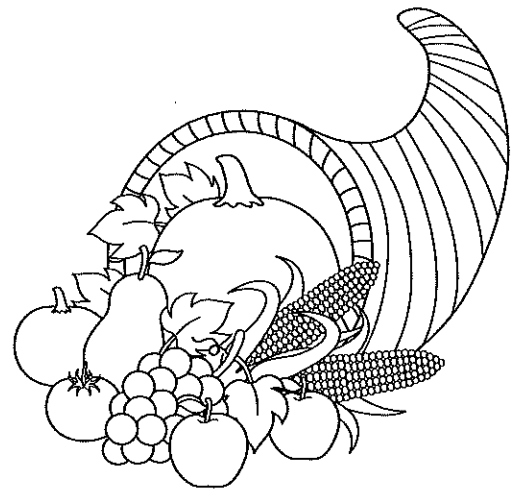
Friday, November 25

1:00 pm Nation of Islam
Sunni Jumma prayer
2:00 pm Meditation

A Point to Ponder

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them."

~ John F. Kennedy



THERE IS
ALWAYS
SOMETHING
TO BE
thankful
FOR



Mainline

		Week at a Glance						
		Monday 11/21/2022	Tuesday 11/22/2022	Wednesday 11/23/2022	Thursday 11/24/2022	Friday 11/25/2022	Saturday 11/26/2022	Sunday 11/27/2022
Week 1	BREAKFAST	<u>Ham & Cheese Muffin</u> Oatmeal - 1.00 CP Canned Fruit - 0.50 CP *Pork Ham (Sod, Chl) - 2.00 OZCKD Sliced Cheese (Sfa) - 1.00 SLC English Muffin (Sfa, Chl) - 1.00 EA Fried Potatoes (Sfa) - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	<u>Vegetable Scramble</u> Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Vegetable Scramble (Chl) - 0.50 CP Hashbrowns (Sfa) - 0.75 CP Wheat Toast - 2.00 SLC Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	<u>Beef Hash</u> Multigrain Hot Cereal - 1.00 CP Canned Fruit - 0.50 CP Beef Hash (Sod, Chl) - 1.00 CP Wheat Toast - 2.00 SLC Margarine (Sfa) - 1.00 TBS Ketchup - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	<u>Thanksgiving 2022</u> Oatmeal - 1.00 CP Fresh Fruit - 1.00 EA Hard Boiled Egg (Sfa, Chl) - 1.00 EA Breakfast Pastry (Sfa, Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	<u>Fried Egg & Cheese Muffin</u> Farina - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa, Chl) - 1.00 EA Sliced Cheese (Sfa) - 1.00 SLC English Muffin (Sfa, Chl) - 1.00 EA Fried Potatoes (Sfa) - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	<u>Poultry Sausage & Eggs</u> Canned Fruit - 0.50 CP Scrambled Eggs (Sfa, Chl) - 0.33 CP Poultry Sausage (Chl, Chl) - 1.00 EA Fried Potatoes (Sfa) - 0.75 CP Wheat Toast - 2.00 SLC Jelly - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	<u>Oatmeal, Eggs & Fresh Fruit</u> Oatmeal - 1.00 CP Fresh Fruit - 1.00 EA Hard Boiled Egg (Sfa, Chl) - 1.00 EA Breakfast Pastry (Sfa, Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
Week 1	LUNCH	<u>Grilled Cheese & Tomato Soup</u> Tomato Soup (Sod) - 10.00 FLOZ Grilled Cheese Sandwich on Wheat (Sod, Sfa) - 2.00 EA Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	<u>Barbeque Pork Sandwich</u> Coleslaw (Sod) - 0.75 CP *Barbeque Pork (Chl, Sfa) - 0.50 CP Wheat Hoagie Roll - 1.00 EA Macaroni & Cheese (Sfa, Sod, Chl) - 0.75 CP Broccoli - 0.75 CP Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	<u>Tuna Salad on Lettuce</u> *Soup of the Day (Sod, Chl) - 10.00 FLOZ Tuna Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	<u>Thanksgiving 2022</u> Seasoned Turkey Breast - 6 OZ Turkey Gravy - 2.00 FLOZ Cranberry Sauce - 2.00 OZ Mashed Potatoes - 6.00 OZ Bread Dressing - 0.75 CP Hot Vegetable - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine - 1.00 TBS Pumpkin Pie with Whipped Topping - 1.00 SV Fortified Fruit Drink - 8.00 FLOZ	<u>Tacos</u> Taco Meat Blend (Sfa, Chl) - 0.50 CP Shredded Cheese (Sfa, Chl) - 2.00 TBS Seasoned Beans - 0.75 CP Lettuce Salad - 1.00 CP Salsa (Sod) - 0.25 CP Wheat Tortillas (Sfa, Sod) - 2.00 EA Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	<u>PB&J Sandwich</u> *Soup of the Day (Sod, Chl) - 10.00 FLOZ Peanut Butter & Jelly Sandwich on Wheat (Sod, Sfa) - 2.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	<u>Baked Chicken Quarter</u> Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Quarter (Chl, Sfa) - 1.00 EA Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Ice Cream Cup - 1.00 EA
Week 1	DINNER	<u>Salisbury Steak</u> Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Salisbury Steak (Chl, Sfa) - 1.00 EA Mashed Potatoes - 0.75 CP Gravy - 2.00 FLOZ Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	<u>Turkey a la King</u> Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Turkey Ala King (Sod, Chl) - 0.75 CP White Rice - 0.75 CP Carrots - 0.75 CP French Bread - 1.00 SLC Margarine (Sfa) - 1.00 TBS Pudding - 0.50 CP Tea - 8.00 FLOZ	<u>Ranch Chili w/ Baked Potato</u> Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Ranch Style Chili (Chl, Sfa) - 10.00 FLOZ Baked Potato - 1.00 EA Shredded Cheese (Sfa, Chl) - 2.00 TBS Blended Vegetables - 0.75 CP Combread (Sod, Chl) - 1.00 EA Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	<u>Thanksgiving 2022</u> Soup of the Day (Sod, Chl) - 10.00 FLOZ *Wheat & Cheese Sandwich on Wheat (Sod, Chl) - 1.00 EA Shredded Lettuce - 0.25 CP *Mayo & Mustard (Sod) - 2.00 TBS Hot Vegetable - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ	<u>Chicken Pot Pie</u> Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Pot Pie (Chl) - 0.75 CP Biscuits (Sfa, Sod) - 2.00 EA Broccoli - 0.75 CP Cookie (Sfa, Chl) - 1.00 EA Tea - 8.00 FLOZ	<u>Beef Stew with Rice</u> Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Beef Stew (Sod, Chl, Sfa) - 10.00 FLOZ Brown Rice - 0.75 CP Cauliflower - 0.75 CP Breadstick - 1.00 EA Tea - 8.00 FLOZ	<u>Bean & Cheese Burritos</u> Texas Slaw - 0.75 CP Burrito Beans - 1.00 SV Shredded Cheese (Sfa, Chl) - 2.00 TBS Spanish Rice - 0.75 CP Salsa (Sod) - 0.25 CP Wheat Tortillas (Sfa, Sod) - 2.00 EA Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

Menu is subject to change without notice. Appropriate food substitutions are approved by a Dietitian.
*Items contain or may contain pork. Meat-Alternative Trays are available at lunch and dinner only.

Sod = High Sodium Sfa = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

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**State of Oregon
Department of Corrections Commissary**

DATE: TUESDAY, NOVEMBER 15, 2022
TO: Adults in Custody
FROM: Anita Nelson, Distribution Services Statewide Operations Manager
SUBJECT: Commissary News, Updates and Reminders

News:

Happy Holidays! Below is a copy of the 2022 holiday order form. As with every year, a lot of teamwork and dedication from staff and AICs went into compiling this list. The Holiday Buying Period begins November 28, 2022 through December 30, 2022.

GP Holiday 2022														
Limbs	Item Description	Size	Case	Price	Limbs	Item Description	Size	Case	Price	Limbs	Item Description	Size	Case	Price
12	Fun Yuns	1.975 oz	24	\$1.84	4	El Mexicana Horchata	12 oz	16	\$3.56	2	RC Bigelow Herbal Tea Chamomile	20 ct	6	\$4.58
4	Cheez IT Original Crackers	7 oz	12	\$2.26	24	Supreme Country Gravy	1.25 oz	24	\$0.72	6	Meatballs w/Beef & Chicken w/Spaghetti Sauce	10 oz	12	\$4.12
30	Peach Rings Corner Store	3 oz	60	\$0.87	15	Original Mashed Idahoan Potatoes	2 oz	15	\$1.36	12	Marinara in Bfme	3.53 oz	24	\$1.63
12	Sour Patch Kids	5 oz	12	\$1.84	10	La Moderna Pasta shell / Conchas	7.05 oz	20	\$0.79	12	Smoked Oyster	3.53 oz	24	\$2.13
6	Peppermint Bark Palmers Bar	3.5 oz	18	\$1.92	6	Queso Cotija Cheese	3 oz	12	\$2.50		Single Holiday Card	1 ct		\$1.55
12	Zachary Deluxe Bridge Mix Bag	5 oz	12/cs	\$1.83	24	Hidden Valley Ranch	1.5 oz	84	\$0.57		Holiday Card 12 pack	12 ct		\$18.30
12	Zachary Double Dipped Peanuts	5 oz	12/cs	\$1.93	4	Tepa Rusa Premium Squeeze Salsa Hot	15.5 oz	12	\$2.86	4	Choc Vanilla Double Shuffed Market Square Cookies	15.35 oz	12	\$3.93
4	Caramel Sweet N Salty	5.5 oz	12	\$4.28	12	Ripe pitted olives seasoned w/sea salt mano	1.05 oz	12	\$1.93	4	Original Graham Crackers Kallegs	15 oz	12	\$4.65
12	Caramel Almond & Sea Salt KinofBar	2.12 oz	12	\$2.29	4	Coffee Mate Hazelnut Creamer	15 oz	12	\$5.00	6	LD Vanilla Christmas Tree Cakes	6 ct	16	\$2.59
6	Orange Peach Mango Mix SunKist Vr. C SF	6 ct	12	\$1.57	4	Coffee Mate French Vanilla Creamer	15 oz	12	\$5.00	2	Old Spice Hydro Extra Fresh Body Wash	16 oz	4	\$8.92
2	Skittles Zero Sugar Singles to Go Varsity Pack	40 ct	4	\$5.69	6	French Vanilla Cappuccino	8 oz	18	\$2.00	2	Axe Carbon Shower Body Wash	16 oz	4	\$8.56
					4	Marshmallow Creme	7 oz	12	\$2.22					