



ADMINISTRATION



COVID-19 Update

On November 29, 2022, the Centers for Disease Control and Prevention (CDC) updated their guidance for COVID-19 response in correctional settings. Since that time, we have been working on updating the ODOC Statewide COVID-19 plan which is now complete.

The institutions have updated their facility specific plans. In general, the statewide plan continues to allow local decision making and reduce enhanced prevention measures related to COVID-19, with the institution making decisions based on the CDC guidelines and statewide plan. Some significant changes:

- Testing in most cases will be limited to symptomatic AICs and close contacts.
- We will be discontinuing the color levels system (red/yellow/green).
- Routine quarantining of close contacts is no longer required by the CDC. However, some institutions may continue to quarantine close contacts due to operational or physical layout. In those institutions not quarantining AICs identified as close contacts, these AICs will be required to wear a mask for ten days. AICs who do not comply with this requirement will need to be placed in quarantine.

Copies of the statewide plan are available in your institution library.

Actualización COVID-19

El 29 de noviembre de 2022, los Centros para el Control y la Prevención de Enfermedades (CDC) actualizaron su guía para la respuesta al COVID-19 en entornos correccionales. Desde entonces, hemos estado trabajando en la actualización del plan estatal COVID-19 de ODOC, que ahora está completo.

Las instituciones han actualizado sus planes específicos de instalaciones. En general, el plan estatal continúa permitiendo la toma de decisiones

locales y reduce las medidas de prevención mejoradas relacionadas con el COVID-19, y la institución toma decisiones según las pautas de los CDC y el plan estatal. Algunos cambios significativos:

*En la mayoría de los casos, las pruebas se limitarán a AIC sintomáticos y contactos cercanos.

*Descontinuaremos el sistema de niveles de color (rojo/amarillo/verde).

*Los CDC ya no exigen la cuarentena de rutina de los contactos cercanos. Sin embargo, algunas instituciones pueden continuar poniendo en cuarentena a los contactos cercanos debido al diseño operativo o físico. En aquellas instituciones que no pongan en cuarentena a los AIC identificados como contactos cercanos, estos AIC deberán usar una máscara durante diez días. Los AIC que no cumplan con este requisito deberán ser puestos en cuarentena.

Las copias del plan estatal están disponibles en la biblioteca de su institución.

/s/ B. Bernt, ODOC Communications Manager

SECURITY



Property Reduction Update

Property reduction is an ongoing issue and concern. The Fire Marshall will be returning to OSP in February. His primary focus at this time will be on the housing units and in-cell property. Per his previous requirements, the following still applies:

Items authorized to be on the floor:

- 2 pairs of shoes per person
- 1 musical instrument
- Approved medical device (CPAP, prosthetic, walker, etc.)

This means that no boxes or plastic totes can be stored on the floor (we are not including legal boxes at this time). Any plastic totes that you purchased must be able to fit on your desk or shelves within the cell. Please remember that items stored on your shelves

cannot exceed 12 inches in height. Legal property limits will be determined by DOJ soon.

No items are to be adhered to the walls, ceilings, windows, doors or bars of the cell. This includes calendars, pictures, posters, sheets and towels etc. You are not authorized to utilize blanket, prayer rugs, or any other item as a floor mat or rug.

Your property shall not exceed the capacity of storage space located in your assigned housing area and designated by the functional unit manager/designee for the storage of your personal property. Designated storage space includes, but is not limited to, drawers, storage box(es), cabinet(s), shelf/shelves, clothing hook(s), or under the bunk. We are still working on a solution for creating a television stand that will allow you to safely secure them in your cell.

Each unit is equipped with containers that are equivalent to the amount of property that is authorized. These containers may be utilized by unit staff to verify that there is not excessive property in the cell. Anytime you move cells these containers will be utilized to verify that your property does not exceed the approved storage capacity for the cell. You will be asked to place your property into the containers. Any property that cannot fit in the container will be considered excessive.

AICs that have excessive property will be required to decide to send their property out of the facility (at your expense) or dispose of the items.

Actualización de reducción de propiedad

La reducción de la propiedad es un problema y una preocupación constantes. El jefe de Bomberos regresará a OSP en febrero. Su enfoque principal en momento será en las unidades de vivienda y en la propiedad de la celda. Según sus requisitos anteriores, lo siguiente todavía se aplica: Artículos autorizados para estar en el piso:

- 2 pares de zapatos por persona
- 1 instrumento musical
- Dispositivo médico aprobado (CPAP, prótesis, andador, etc.)

Esto significa que no se pueden almacenar cajas o bolsas de plástico en el suelo (no incluimos cajas legales en este momento). Cualquier bolsa de plástico que haya comprado debe poder caber en su escritorio o estantes dentro de la celda. Recuerde que los artículos almacenados en sus estantes no pueden exceder los 12 "de altura. Los límites de propiedad legal serán determinados por el DOJ pronto.

No se deben adherir artículos a las paredes, techos, ventanas, puertas o rejas de la celda. Esto incluye calendarios, fotos, carteles, sábanas y toallas, etc. Usted no está autorizado a utilizar mantas, alfombras de oración o cualquier otro artículo como alfombra o

tapete. Su propiedad no excederá la capacidad del espacio de almacenamiento ubicado en su área de vivienda asignada y designado por el gerente de la unidad funcional / designado para el almacenamiento de su propiedad personal. El espacio de almacenamiento designado incluye, pero no se limita a, cajones, caja(s) de almacenamiento, gabinete(s), estantes / estantes, gancho(s) de ropa o debajo de la litera.

Todavía estamos trabajando en una solución para crear un soporte de televisión que le permita asegurarlos de forma segura en su celda. Cada unidad está equipada con contenedores que equivalen a la cantidad de propiedad que se autoriza. Estos contenedores pueden ser utilizados por el personal de la unidad para verificar que no haya propiedades excesivas en la celda. Cada vez que mueva celdas, estos contenedores se utilizarán para verificar que su le permita asegurarlos de forma segura en su celda.

Cada unidad está equipada con contenedores que equivalen a la cantidad de propiedad que se autoriza. Estos contenedores pueden ser utilizados por el personal de la unidad para verificar que no haya propiedades excesivas en la celda. Cada vez que mueva celdas, estos contenedores se utilizarán para verificar que su propiedad no exceda la capacidad de almacenamiento aprobada para la celda. Se le pedirá que coloque su propiedad en los contenedores. Cualquier propiedad que no pueda caber en el contenedor se considerará excesiva. Los AIC que tienen una propiedad excesiva deberán decidir enviar su propiedad fuera de la instalación (a su cargo) o deshacerse de los artículos.

/s/ C. Porter, Group Living Captain

ACTIVITIES



Memorial Healing Garden Visiting/Photos

The Asian Pacific Family Club proudly informs the OSP community of the process available to schedule visits and photos in the Memorial Healing Garden. Please send an AIC communication form to the APFC to schedule visits in the Memorial Healing Garden. When submitting a request, please be sure that your work hours and schedule does not conflict. All visiting/photo requests will be submitted to staff for processing every Tuesday; therefore, call passes will be issued for the following week.

Due to programs being held in the Memorial Healing Garden, visiting slots are limited to the following schedule listed below. The cost of a 4X6 photo is \$1.50 each; all proceeds raised from the Memorial Healing Garden Photo Program goes toward the care, sustainability and maintenance of the koi pond. Please

anticipate that photo prints take approximately a month for processing.

Sunday 7:45-9:45am and 1:30-3:30pm

Monday 12:00-2:45pm

Tuesday 12:00-2:45pm

Wednesdays closed for maintenance

Thursday 7:45-9:45am-12:00-2:45pm

Friday 1:30-2:45pm

Saturday 12:00-2:45PM

Please see information channel 1.1 for continuous updates. Thank you.

/s/ A. Powers, Activities Manager

LEGAL LIBRARY



2022 Taxes & Forms

- DOC will not be providing Adults in Custody (AICs) with tax forms.
- It is recommended that AICs obtain appropriate tax forms (*IRS Form 1040 / Oregon Form OR-40, etc.*) and instructions from a trusted source outside of the institution.
- AICs will need to use their own pre-addressed, postage paid envelope(s).
- AICs may appoint a qualified and trusted person as their power of attorney (POA) to assist with the tax filing process. POA forms can be obtained by submitting a Library Request form (CD1714).
- Department staff may not provide tax advice to AICs.

/s/ T. Hickey, DOC Library Services

EDUCATION



Federal Student Aid (FAFSA) Information

Free Application for Federal Student Aid (FAFSA) is available to take effect on July 1, 2023.

- You can apply for FAFSA in July 2023.
- FAFSA will consist of 36 questions.
- All incarcerated individuals who meet the general eligibility requirements are eligible regardless of conviction or sentence length.
- FAFSA funds will cover tuition, textbooks, and fees.

More information on FAFSA will appear in AIC newsletters as July 1 gets closer.

/s/ K. Arrington, DOC Education

JOB ANNOUNCEMENTS

Physical Plant Paint Shop Position



Physical Plant is accepting applications in the Paint Shop for the following position:

Paint Crew – 10 points – 6:30 am – 4:00 pm Monday-Thursday

The selected candidates will have the closest matching skills to those listed below.

Desired skills:

- Self-motivated individual with a desire to learn skills for the outside.
- Willingness to take direction, criticism, and work with others to accomplish tasks.
- Experience using hand tools, paint brushes, and rollers.
- Able to lift 50-75 pounds frequently.
- Reliable individuals who maintain regular attendance.

Non-negotiable requirement:

- 12 months at this facility with clear conduct.

Send a completed AIC job application with attached resume to Physical Plant J. Trevino.

/s/ J. Trevino, Physical Plant Paint Shop

Physical Plant Paint Shop Airbrush Artist



The Paint Shop is accepting applications for an experienced airbrush artist.

Job Requirements:

- Experience cleaning, maintaining, and using all equipment related to airbrushing.
- Able to train and mentor others in developing airbrushing techniques.
- Be able to work collaboratively in a team environment.
- One-year clear conduct.
- Take constructive criticism and feedback.
- Have a strong desire to help the OSP community through art projects.

If you feel these requirements match your traits and abilities, send an application to J. Trevino, Physical Plant Paint Shop.

Your completed application must include:

- One completed drawing of a nature scene.
- One cover letter that describes why you want this position.

Neither the drawing nor the letter will be returned to you, and all interviewees will be expected to showcase their skills on the airbrush during the interview process.

/s/ J. Trevino, Physical Plant Paint Shop

Physical Plant Electronics Shop Position

The Electronics Shop is accepting applications from AICs interested in a career as a low voltage electrician.

This position will give someone an opportunity to go through an apprenticeship program, learn a trade, and earn a LEB Electrical License.

The desired candidate will embody the following list of personal traits:

- Self-motivated with a desire to learn new skills and perfect their trade.
- Willingness to take direction, constructive criticism, and work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Reliable, maintaining regular attendance with a steady behavior.
- Willing to work off hours when necessary.

All applicants are required to have close to five years left on their sentence or more, must have a year of clear conduct with a level 3 NCI, and must have the desire to be able to be a productive member of society when released.

Send applications with Resume to Palmer/Schaeffer Physical Plant Electronics Shop. Good Luck!

/s/ S. Palmer, Physical Plant Electronics Shop

RELIGIOUS SERVICES

Weekly Chapel Schedule

Saturday, February 4

- 8:00 am LDS
Sweat Lodge
JW
- 1:00 pm Jewish
SDA
- 6:00 pm Calvary Chapel

Sunday, February 5

- 8:00 am Spanish Protestant
Spanish JW
- 1:00 pm Lutheran (1st/3rd/5th Sundays)
Urantia Study (1st/3rd Sundays)
- 6:00 pm Catholic

Tuesday, February 7

- 1:00 pm Agape
Orthodox Christianity
(2nd/4th Tuesdays)
- 6:00 pm Buddhist (1st/3rd Tuesdays)

Thursday, February 9

- 1:00 pm TUMI
- 6:00 pm Gospel Worship

Friday, February 10

- 1:00 pm Nation of Islam
Sunni Jumma prayer



A Point to Ponder

“The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails.”

~ William Arthur Ward



Mainline

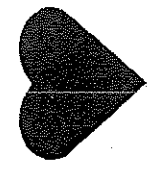
		Week at a Glance						
		Monday 2/6/2023	Tuesday 2/7/2023	Wednesday 2/8/2023	Thursday 2/9/2023	Friday 2/10/2023	Saturday 2/11/2023	Sunday 2/12/2023
Week 2	BREAKFAST	Pancakes Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Hard Boiled Egg (Sta, Chi) - 1.00 EA Pancakes (Sod, Chi) - 3.00 EA Maple Syrup - 2.00 FLOZ Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Breakfast Burrito Dry Cereal - 1.00 CP Scrambled Eggs (Sta, Chi) - 0.33 CP Refried Beans - 0.50 CP Shredded Cheese (Sta, Chi) - 2.00 TBS Salsa (Sod) - 0.25 CP Flour Tortilla - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Waffles Multigrain Hot Cereal - 1.00 CP Canned Fruit - 0.50 CP Waffles (Sod) - 2.00 EA Peanut Butter (Sta) - 3.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Egg & Cheese Muffin Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Fried Egg (Sta, Chi) - 1.00 EA Sliced Cheese (Sta) - 1.00 SLC English Muffin (Sta, Chi) - 1.00 EA Fried Potatoes (Sta) - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Biscuit with Sausage Gravy Farina - 1.00 CP Canned Fruit - 0.50 CP Sausage Gravy - 0.75 CP Biscuit (Sta, Sod) - 1.00 EA Hashbrowns (Sta) - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Eggs & Bacon Canned Fruit - 0.50 CP Scrambled Eggs (Sta, Chi) - 0.33 CP *Pork Bacon (Sta, Sod, Chi) -3.00 SLC Fried Potatoes (Sta) - 0.75 CP Wheat Toast - 2.00 SLC Jelly - 2.00 TBS Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal, Egg & Breakfast Pastry Oatmeal - 1.00 CP Fresh Fruit - 1.00 EA Hard Boiled Egg (Sta, Chi) - 1.00 EA Breakfast Pastry (Sta, Chi) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
	LUNCH	BBQ Beef Sandwich Vegetable Soup (Sod) - 10.00 FLOZ Barbeque Beef (Sod, Chi) - 0.50 CP Wheat Hoagie Roll - 1.00 EA Carrots - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Chef Salad *Soup of the Day (Sod, Chi) - 10.00 FLOZ Chef Salad w/Turkey (Chi) - 1.00 SV Hard Boiled Egg (Sta, Chi) - 1.00 EA Shredded Cheese (Sta, Chi) - 2.00 TBS Salsa Dressing (Sta, Sod) - 2.00 FLOZ Blended Vegetables - 0.75 CP Breadstick - 1.00 EA Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Fried Egg Sandwich Minestrone Soup - 10.00 FLOZ Fried Egg Sandwich on Wheat (Chi, Sta) - 1.00 EA Mayonnaise - 1.00 TBS Broccoli - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Deli Sandwich & Soup of the Day *Soup of the Day (Sod, Chi) - 10.00 FLOZ *Meat & Cheese Sandwich on Wheat (Sod, Chi) - 1.00 EA *Sliced Onions - 2.00 TBS Shredded Lettuce - 0.25 CP *Mayo & Mustard (Sod) - 2.00 TBS TBS Carrots - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Chicken Tortilla Stew Coleslaw (Sod) - 0.75 CP Chicken Tortilla Stew (Chi) - 10.00 FLOZ Brown Rice - 0.75 CP Broccoli - 0.75 CP Tortilla Chips - 1.00 OZ Sour Cream (Sta, Chi) - 2.00 TBS Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Pork Fajitas Texas Slaw - 0.75 CP *Pork Fajita Mix (Sod, Chi, Sta) - 0.50 CP Onions & Bell Peppers - 0.50 CP Wheat Tortillas (Sta, Sod) - 2.00 EA Green Beans - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sta) - 1.00 TBS Frosted Cake (Chi) - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Roast Turkey & Gravy Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Roast Turkey (Chi) - 3.00 OZCKD Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Green Beans - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sta) - 1.00 TBS Frosted Cake (Chi) - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ
Week 2	DINNER	Chicken Stir Fry Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Stir-Fry (Chi) - 0.50 CP White Rice - 0.75 CP Stir-Fry Vegetables - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sta) - 1.00 TBS Fruit Bar (Sta, Sod, Chi) - 1.00 EA Tea - 8.00 FLOZ	Chicken Creole w/Rice Pilaf Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Baked Chicken (Chi) - 3.00 OZ Creole Sauce - 2.00 FLOZ Brown Rice Pilaf - 0.75 CP Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sta) - 1.00 TBS Fruit Bar (Sta, Sod, Chi) - 1.00 EA Tea - 8.00 FLOZ	Chili Mac w/ Cornbread Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Chili Mac (Chi, Sta) - 1.25 CP Green Beans - 0.75 CP Cornbread (Sod, Chi) - 1.00 EA Margarine (Sta) - 1.00 TBS Tea - 8.00 FLOZ	Pizza Night Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Vegetable Soup (Sod) - 10.00 FLOZ Pizza (Choice) (Sod, Chi, Sta) - 1.00 EA Onions & Bell Peppers - 0.50 CP Wheat Hoagie Roll - 1.00 EA Peas and Carrots - 0.75 CP Gelatin & Whip Topping - 0.50 CP Tea - 8.00 FLOZ	Philly Cheese steak Sandwich Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Philly Beef (Sod, Chi) - 3.00 OZ Cheese Sauce (Sta, Chi) - 2.00 FLOZ Onions & Bell Peppers - 0.50 CP Wheat Hoagie Roll - 1.00 EA Peas and Carrots - 0.75 CP Gelatin & Whip Topping - 0.50 CP Tea - 8.00 FLOZ	Chicken Burger w/Tater Tots Beet Salad (Sod) - 0.75 CP Chicken Burger (Chi, Sta) - 1.00 EA BBQ Sauce - 1.00 FLOZ Wheat Burger Bun (Sta, Chi) - 1.00 EA Cauliflower - 0.75 CP Tater Tots (Sod) - 4.00 OZ Ketchup (Sod) - 2.00 TBS Tea - 8.00 FLOZ	Spaghetti w/Meat Sauce Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Meat Sauce (Chi, Sta) - 0.75 CP Spaghetti - 0.75 CP Blended Vegetables - 0.75 CP French Bread - 1.00 SLC Garlic Margarine (Sta) - 1.00 TBS Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

Menu is subject to change without notice. Appropriate food substitutions are approved by a Dietitian.
*Items contain or may contain pork. Meat-Alternative Trays are available at lunch and dinner only.

Sod = High Sodium Sfa = High Saturated Fat Chi = High Cholesterol Sug = High Sugar

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SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY							
FEBRUARY 2023																			
5	AM	A/D	AM	C/E	7	AM	SHOWERS	8	AM	C/E	9	AM	A/D	10	AM	SHOWERS	11	AM	A/D
	PM	C/E	PM	A/D		PM	C/E		PM	A/D		PM	C/E		PM	A/D		PM	C/E
	EVE	A/C	EVE	E		EVE	D		EVE	A/C		EVE	E		EVE	D		EVE	D
12	AM	C/E	13	AM	A/D	14	AM	15	AM	A/D	16	AM	C/E	17	AM	SHOWERS	18	AM	C/E
	PM	A/D		PM	C/E		PM	A/D		PM	C/E		PM	A/D		PM	C/E		PM
	EVE	E		EVE	D		EVE	A/C		EVE	E		EVE	D		EVE	A/C		EVE
19	AM	A/D	20	AM	C/E	21	AM	22	AM	C/E	23	AM	A/D	24	AM	SHOWERS	25	AM	A/D
	PM	C/E		PM	A/D		PM	C/E		PM	A/D		PM	PM	PM	A/D		PM	C/E
	EVE	D		EVE	A/C		EVE	E		EVE	D		EVE	EVE	E		EVE	D	
26	AM	C/E	27	AM	A/D	28	AM		29	AM	C/E		30	AM	SHOWERS				
	PM	A/D		PM	C/E		PM	A/D		PM	A/D		PM	PM	A/D				
	EVE	A/C		EVE	E		EVE	D		EVE	D		EVE	EVE	E				



AM-MORNING YARD (7:45-9:45 AM)
 PM-AFTERNOON YARD (1:00-3:30 PM)
 EVE-EVENING YARD (7-9 PM) REC. BLDG. ONLY