



SECURITY



Property Reduction Update

Property reduction is an ongoing issue and concern. The Fire Marshall will be returning to OSP in February. His primary focus at this time will be on the housing units and in-cell property. Per his previous requirements, the following still applies:

Items authorized to be on the floor:

- 2 pairs of shoes per person
- 1 musical instrument
- Approved medical device (CPAP, prosthetic, walker, etc.)

This means that no boxes or plastic totes can be stored on the floor (we are not including legal boxes at this time). Any plastic totes that you purchased must be able to fit on your desk or shelves within the cell. Please remember that items stored on your shelves cannot exceed 12 inches in height. Legal property limits will be determined by DOJ soon.

No items are to be adhered to the walls, ceilings, windows, doors or bars of the cell. This includes calendars, pictures, posters, sheets and towels etc. You are not authorized to utilize blanket, prayer rugs, or any other item as a floor mat or rug.

Your property shall not exceed the capacity of storage space located in your assigned housing area and designated by the functional unit manager/designee for the storage of your personal property. Designated storage space includes, but is not limited to, drawers, storage box(es), cabinet(s), shelf/shelves, clothing hook(s), or under the bunk. We are still working on a solution for creating a television stand that will allow you to safely secure them in your cell.

Each unit is equipped with containers that are equivalent to the amount of property that is authorized. These containers may be utilized by unit staff to verify that there is not excessive property in the cell. Anytime you move cells these containers will be utilized to verify that your property does not exceed the approved storage capacity for the cell. You will be asked to place your property into the containers. Any property that cannot fit in the container will be considered excessive.

AICs that have excessive property will be required to decide to send their property out of the facility (at your expense) or dispose of the items.

Actualización de reducción de propiedad

La reducción de la propiedad es un problema y una preocupación constantes. El jefe de Bomberos regresará a OSP en febrero. Su enfoque principal en momento será en las unidades de vivienda y en la propiedad de la celda. Según sus requisitos anteriores, lo siguiente todavía se aplica: Artículos autorizados para estar en el piso:

- 2 pares de zapatos por persona
- 1 instrumento musical
- Dispositivo médico aprobado (CPAP, prótesis, andador, etc.)

Esto significa que no se pueden almacenar cajas o bolsas de plástico en el suelo (no incluimos cajas legales en este momento). Cualquier bolsa de plástico que haya comprado debe poder caber en su escritorio o estantes dentro de la celda. Recuerde que los artículos almacenados en sus estantes no pueden exceder los 12 "de altura. Los límites de propiedad legal serán determinados por el DOJ pronto.

No se deben adherir artículos a las paredes, techos, ventanas, puertas o rejas de la celda. Esto incluye calendarios, fotos, carteles, sábanas y toallas, etc. Usted no está autorizado a utilizar mantas, alfombras de oración o cualquier otro artículo como alfombra o tapete. Su propiedad no excederá la capacidad del espacio de almacenamiento ubicado en su área de vivienda asignada y designado por el gerente de la unidad funcional / designado para el almacenamiento de su propiedad personal. El espacio de almacenamiento designado incluye, pero no se limita a, cajones, caja(s) de almacenamiento, gabinete(s), estantes / estantes, gancho(s) de ropa o debajo de la litera.

Todavía estamos trabajando en una solución para crear un soporte de televisión que le permita asegurarlos de forma segura en su celda. Cada unidad está equipada con contenedores que equivalen a la cantidad de propiedad que se autoriza. Estos contenedores pueden ser utilizados por el personal de la unidad para verificar que no haya propiedades

excesivas en la celda. Cada vez que mueva celdas, estos contenedores se utilizarán para verificar que su le permita asegurarlos de forma segura en su celda. Cada unidad está equipada con contenedores que equivalen a la cantidad de propiedad que se autoriza. Estos contenedores pueden ser utilizados por el personal de la unidad para verificar que no haya propiedades excesivas en la celda. Cada vez que mueva celdas, estos contenedores se utilizarán para verificar que su propiedad no exceda la capacidad de almacenamiento aprobada para la celda. Se le pedirá que coloque su propiedad en los contenedores. Cualquier propiedad que no pueda caber en el contenedor se considerará excesiva. Los AIC que tienen una propiedad excesiva deberán decidir enviar su propiedad fuera de la instalación (a su cargo) o deshacerse de los artículos.

/s/ C. Porter, Group Living Captain

LEGAL LIBRARY



2022 Taxes & Forms

- DOC will not be providing Adults in Custody (AICs) with tax forms.
- It is recommended that AICs obtain appropriate tax forms (*IRS Form 1040 / Oregon Form OR-40, etc.*) and instructions from a trusted source outside of the institution.
- AICs will need to use their own pre-addressed, postage paid envelope(s).
- AICs may appoint a qualified and trusted person as their power of attorney (POA) to assist with the tax filing process. POA forms can be obtained by submitting a Library Request form (CD1714).
- Department staff may not provide tax advice to AICs.

/s/ T. Hickey, DOC Library Services

HEALTH SERVICES



Health Services Emergency Notification Form

Q: "If I am sick or hurt, how can my family find out about my condition?"

A: Since information about your health is confidential, only you can give us permission to talk to your family or friends about your condition.

At least once a year, usually when you receive your TB test, you are given a form called the "Health Services Emergency Notification". Filling out this form and returning it to Health Services is your

opportunity to give Health Services staff permission to talk to your family and/or friends.

This form also includes a place to indicate you "do not want information provided to anyone," as well as clarify under what circumstances you do want information provided, such as:

- Serious illness, planned hospitalization, or surgery
- Health emergency or death
- Inquiry regarding your health condition or care
- Mental health information limited to a general overview of services available

The form also includes space to list the names, addresses, and phone numbers of two people of your choice.

As health care professionals, Medical Services staff have talked to many family members over the years. Unfortunately, we have also had to explain that we cannot talk to family members if they are not listed on this form. Sometimes we suspect that sometimes, when these forms are filled out, the person submitting them selects the "I do not want information provided to anyone," because they are not sick or injured at the time, and are not thinking about the possibility of this occurring in the future. Unfortunately, when you are sick or injured, you may not be in a position to update this information.

We take confidentiality of your protected health information very seriously, and will not discuss your condition with your family or friends unless you give us this written permission. We urge you to consider updating your Health Services Emergency Notification if you have not done so recently (they expire every calendar year from the date consent is given). Please send us an AIC communication form if you would like to update your form.

/s/ C. Coffey, Medical Services Manager

EDUCATION



Federal Student Aid (FAFSA) Information

Free Application for Federal Student Aid (FAFSA) is available to take effect on July 1, 2023.

- You can apply for FAFSA in July 2023.
- FAFSA will consist of 36 questions.
- All incarcerated individuals who meet the general eligibility requirements are eligible regardless of conviction or sentence length.
- FAFSA funds will cover tuition, textbooks, and fees.

More information on FAFSA will appear in AIC newsletters as July 1 gets closer.

/s/ K. Arrington, DOC Education

JOB ANNOUNCEMENTS

Physical Plant HVAC Shop Position

OSP HVAC Shop is looking to fill a worker position.

This position will give someone the opportunity to learn installation, maintenance, and repair of HVAC and steam systems.

The desired candidate will embody this list of personal traits:



- Self-motivated with a desire to learn new skills.
- Willingness to take direction, give and receive constructive criticism, and work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Maintain regular attendance with a steady behavior.
- Willing to work off hours when necessary.
- Must be able to lift 50 pounds, work in confined spaces, on ladders or scaffolding, and in extreme temperatures.

All applicants must have a year of clear conduct with a level 3 NCI.

Please send completed applications to Noland/Willette Physical Plant HVAC Shop.

/s/ P. Willette, Physical Plant HVAC Shop

Physical Plant Paint Shop Position

Physical Plant is accepting applications in the Paint Shop for the following position:

Paint Crew – 10 points – 6:30 am – 4:00 pm Monday-Thursday

The selected candidates will have the closest matching skills to those listed below.

Desired skills:



- Self-motivated individual with a desire to learn skills for the outside.
- Willingness to take direction, criticism, and work with others to accomplish tasks.
- Experience using hand tools, paint brushes, and rollers.
- Able to lift 50-75 pounds frequently.
- Reliable individuals who maintain regular attendance.

Non- negotiable requirement:

- 12 months at this facility with clear conduct.

Send a completed AIC job application with attached resume to Physical Plant J. Trevino.

/s/ J. Trevino, Physical Plant Paint Shop



Physical Plant Paint Shop Airbrush Artist

The Paint Shop is accepting applications for an experienced airbrush artist.

Job Requirements:

- Experience cleaning, maintaining, and using all equipment related to airbrushing.
- Able to train and mentor others in developing airbrushing techniques.
- Be able to work collaboratively in a team environment.
- One-year clear conduct.
- Take constructive criticism and feedback.
- Have a strong desire to help the OSP community through art projects.

If you feel these requirements match your traits and abilities, send an application to J. Trevino, Physical Plant Paint Shop.

Your completed application must include:

- One completed drawing of a nature scene.
- One cover letter that describes why you want this position.

Neither the drawing nor the letter will be returned to you, and all interviewees will be expected to showcase their skills on the airbrush during the interview process.

/s/ J. Trevino, Physical Plant Paint Shop

Physical Plant Electronics Shop Position

The Electronics Shop is accepting applications from AICs interested in a career as a low voltage electrician.

This position will give someone an opportunity to go through an apprenticeship program, learn a trade, and earn a LEB Electrical License.

The desired candidate will embody the following list of personal traits:

- Self-motivated with a desire to learn new skills and perfect their trade.
- Willingness to take direction, constructive criticism, and work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Reliable, maintaining regular attendance with a steady behavior.
- Willing to work off hours when necessary.

All applicants are required to have close to five years left on their sentence or more, must have a year of clear conduct with a level 3 NCI, and must have the

desire to be able to be a productive member of society when released.

Send applications with Resume to Palmer/Schaeffer Physical Plant Electronics Shop. Good Luck!

/s/ S. Palmer, Physical Plant Electronics Shop

A Point to Ponder

“Nothing is more honorable than a grateful heart.”

~ Lucius Annaeus Seneca



RELIGIOUS SERVICES

Weekly Chapel Schedule

Saturday, February 11

- 8:00 am LDS
Sweat Lodge/Smudge
Jehovah's Witness
- 1:00 pm Jewish Service
Seventh Day Adventist
- 6:00 pm Calvary Chapel

Sunday, February 12

- 8:00 am Spanish Protestant
Spanish Jehovah's Witness
- 1:00 pm Catholic
Urantia Study
- 6:00 pm Lutheran (1st/3rd/5th Sundays)

Tuesday, February 14

- 1:00 pm Agape
Orthodox Christianity
(2nd/4th Tuesdays)
- 6:00 pm Buddhist

Wednesday, February 15

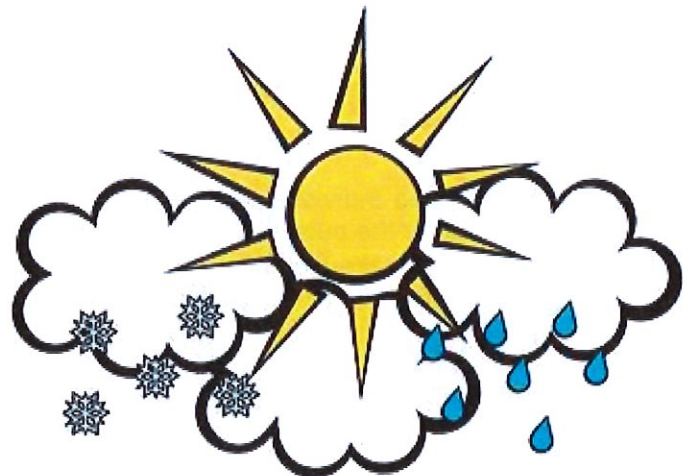
- 1:00 pm Restorative Justice

Thursday, February 16

- 1:00 pm TUMI
- 6:00 pm Gospel Worship

Friday, February 17

- 1:00 pm Nation of Islam Prayer
Sunni Jumma Prayer





Oregon State Penitentiary
Oregon State Penitentiary

Mainline		Week at a Glance						
		Monday 2/13/2023	Tuesday 2/14/2023	Wednesday 2/15/2023	Thursday 2/16/2023	Friday 2/17/2023	Saturday 2/18/2023	Sunday 2/19/2023
Week 3	BREAKFAST	Pancakes Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Hard Boiled Egg (Sta, Chl) - 1.00 EA Pancakes (Sod, Chl) - 3.00 EA Maple Syrup - 2.00 FLOZ Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Vegetable Scramble Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Vegetable Scramble (Chl) - 0.50 CP Hashbrowns (Sta) - 0.75 CP Wheat Toast - 2.00 SLC Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Hobo Breakfast Farina - 1.00 CP Canned Fruit - 0.50 CP Scrambled Eggs (Sta, Chl) - 0.33 CP Ground Beef (Sta, Chl) - 1.00 OZ Shredded Cheese (Sta, Chl) - 2.00 TBS Fried Potatoes (Sta) - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	French Toast Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA French Toast (Sod, Chl, Sta) - 4.00 SLC Maple Syrup - 2.00 FLOZ Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Egg & Cheese Biscuit Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sta, Chl) - 1.00 EA Sliced Cheese (Sta) - 1.00 SLC Biscuit (Sta, Sod) - 1.00 EA Fried Potatoes (Sta) - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Sausage, Egg & Cheese Canned Fruit - 0.50 CP Fried Eggs (Sta, Chl) - 0.33 CP Poultry Sausage (Chl, Chl) - 1.00 EA Fried Potatoes (Sta) - 0.75 CP Wheat Toast - 2.00 SLC Jelly - 2.00 TBS Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal, Egg & Breakfast Pastry Multigrain Hot Cereal - 1.00 CP Fresh Fruit - 1.00 EA Hard Boiled Egg (Sta, Chl) - 1.00 EA Breakfast Pastry (Sta, Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
	LUNCH	Beef & Broccoli w/Rice Asian Cabbage Salad - 0.75 CP Beef & Broccoli (Sod, Chl, Sta) - 0.75 CP White Rice - 0.75 CP Stir-Fry Vegetables - 0.75 CP Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Deli Sandwich & Soup Soup of the Day (Sod, Chl) - 10.00 FLOZ *Meat & Cheese Sandwich on Wheat (Sod, Chl) - 1.00 EA Sliced Onions - 2.00 TBS Shredded Lettuce - 0.25 CP *Mayo & Mustard (Sod) - 2.00 TBS *Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA	Hot Turkey Sandwich w/Gravy Coleslaw (Sod) - 0.75 CP Hot Turkey Sandwich (Chl) - 1.00 SV Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Blended Vegetables - 0.75 CP Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Chicken Lettuce Salad Potato Soup - 10.00 FLOZ Chicken-Lettuce Salad (Chl) - 1.00 SV Sliced Onions - 2.00 TBS Shredded Cheese (Sta, Chl) - 2.00 TBS Salad Dressing (Sta, Sod) - 2.00 FLOZ Broccoli - 0.75 CP Breadstick - 1.00 EA Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Tuna Noodle Casserole Lentil Soup - 10.00 FLOZ Tuna Noodle Casserole (Chl, Sta) - 1.25 CP Peas and Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sta) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Chicken Salad Sandwich w/ Soup of the Day *Soup of the Day (Sod, Chl) - 10.00 FLOZ Chicken Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Baked Chicken Quarter Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Quarter (Chl, Sta) - 1.00 EA Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sta) - 1.00 TBS Ice Cream Cup - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ
Week 3	DINNER	Shepherd's Pie Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Shepherd's Pie (Chl, Sta) - 1.00 SV Broccoli - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sta) - 1.00 TBS Tea - 8.00 FLOZ	Beef Stroganoff Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Stroganoff (Chl, Sta) - 0.75 CP Pasta - 0.75 CP Peas - 0.75 CP Breadstick - 1.00 EA Pudding - 0.50 CP Tea - 8.00 FLOZ	Breakfast for Dinner Canned Fruit - 0.50 CP *Pork Ham (Sod, Chl) - 2.00 OZCKD Fried Egg (Sta, Chl) - 2.00 EA O'Brien Potatoes - 0.75 CP Biscuit (Sta, Sod) - 1.00 EA Margarine (Sta) - 1.00 TBS Coffee - 8.00 FLOZ	Pizza Night Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Vegetable Soup (Sod) - 10.00 FLOZ *Pizza (choice) (Sod, Chl, Sta) - 1.00 EA Brownie (Sta, Chl) 1.00 EA Tea - 8.00 FLOZ	Chili Dogs Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Hot Dog (Sod, Chl) - 2.00 EA Chili with Beans - 6.00 FLOZ Shredded Cheese (Sta, Chl) - 2.00 TBS Wheat Hoagie Roll - 1.00 EA Cauliflower - 0.75 CP Cookie (Sta, Chl) - 1.00 EA Tea - 8.00 FLOZ	Cheeseburger w/Tater Tots Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Patty (Chl, Sta) - 1.00 EA Sliced Cheese (Sta) - 1.00 SLC Wheat Burger Bun (Sta, Chl) - 1.00 EA Blended Vegetables - 0.75 CP Tater Tots (Sod) - 4.00 OZCKD Ketchup (Sod) - 2.00 TBS Tea - 8.00 FLOZ	Ham Au Gratin Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ *Ham Au Gratin (Sod, Chl, Sta) - 1.25 CP Carrots - 0.75 CP Breadstick - 1.00 EA Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

Menu is subject to change without notice. Appropriate food substitutions are approved by a Dietitian.
*Items contain or may contain pork. Meat-Alternative Trays are available at lunch and dinner only.

Sod = High Sodium Sta = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

