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Pay Dates: 2/9, 3/9, 4/6, 5/4, 6/8, 7/6, 8/10, 9/7, 10/5, 11/9, 12/7

TRCI STRIVE MENTOR PROGRAM



S- Stay Focused T- Take Responsibility R- Respect Everyone I- Inspire Others V- Value Education E- Expect Success



Pictured from left to right: Mr. Stone, Ms. McDaniel, Ms. Abbott, Ms. Gibbs, Mr. Gill

The STRIVE mentor program was founded in 2017 at TRCI. The program's initial purpose and mission was to mentor younger AIC's who were a higher risk to return to prison. The mentors included a group of AIC's who had previously experienced their fair share of turmoil over the years, but had reformed and were ready to guide fellow AIC's down a different path, "take a left instead of running into a brick wall." These are words from mentor Bill Stone who has transformed his life while incarcerated for nearly 30 years. Bill and Michael Gill are the mentors in residence for the program and spend each day working to mentor other AIC's through one on one meetings and teaching in a classroom setting. This sometimes involves callouts in the middle of the night to talk to guys about life or how to navigate certain situations. Mr. Gill has been incarcerated for nearly 25 years and appreciates the opportunity to be vulnerable with his mentees. "It's ok to be you and take the mask off." The goal for both Bill and Michael is to offer a new perspective by helping individuals realize their choices are the focal point. Michael reinforced that "we were once them" and "we understand their mentality, what they're going through."

The entire group consists of 6 AIC's (1 from TRCM) that have experienced all walks of life who meet every Tuesday with Ms. Gibbs, Ms. Abbott, and Ms. McDaniel (the staff leaders). They meet with fellow mentees and work on programming strategies to further grow their community. Any AIC can join the STRIVE mentee program, either though SEG or counselor approval. Recently, the mentor program has expanded into SEG. Once an AIC joins STRIVE, they then qualify for the Hustle book series, which requires acceptance approval by the mentor committee. Bill and Michael help facilitate a weekly class in SEG that covers the Hustle programming, which offers mentees the tools to positively grow and perceive life through a different lens. The book series, written by AIC's for AIC's, speaks to the incarcerated on a deeper level by offering testimonies, education, and life skills content.

As the first institution in Oregon to offer this program, the group hopes to see it expand to other facilities in the future. More than anything, the mentor program is giving all those involved a greater sense of humanity and compassion for others. "Punishment isn't working, let's find out what works?" The mentor team is planting seeds and nurturing AIC's all the way through to release. The ultimate goal is to build a community that's causing less destruction for all. Inside and outside of our walls.

Quote of The Month

"Let's not talk about LOVE in February only, Let's give the other months some LOVE too, Let's spread LOVE every day of the year, And show the world, We really care" — Charmaine J. Forde

february Karaoke Schedule

(Tentative February Schedule)

<u>Thursday February 2nd</u> <u>**Unit 11** – 6:30 p.m. to 8 p.m.</u>

<u>Thursday February 9th</u> <u>Unit 13</u> – 6:30 p.m. to 8 p.m.

<u>Thursday February 16th</u> <u>Unit 10</u> – 6:30 p.m. to 8 p.m.

<u>Thursday February 23rd</u> <u>Unit 1</u> – 6:30 p.m. to 8 p.m.

NOTE: We've added a wide variety of new CD's from top Spanish hits, 60's, 70's, 80's, 90's rock, and new pop. We look forward to listening, hope to see you there!



TRCI's Paradigm Shift Club Madden Tournament

Tuesday January 17th, 2023 was TRCI's first Madden Championship Tournament! The event was held in our visiting room with participants from each incentive unit (including Unit 26). A bracket was generated for the individual unit winners and AIC's who competed on the units (who did not win their unit round) were invited to come watch the competition.

Recreation staff, clerks and some of the Paradigm Shift Club members set up two regular T.V.'s for the semifinals and a large movie projection screen for the final match up. Popcorn and soda were served as guests and participants arrived, then AIC's sat down at the two semi-final stations and games began.

Simply put, the tournament was awesome. Both the AIC's playing in the games, and the ones watching, were on the edge of their seats. Some of the games were close defensive games, and some were shootouts. Almost all of the games were close, with only a couple turning into second half blow outs. People chose the Chiefs, Ravens, Chargers, Bills, Falcons, Browns, Saints, Eagles, Cowboys and Titans. People excitedly cheered for first downs, catches, interceptions, sacks and touchdowns. There were a couple of pick sixes from the endzones that decided games. AIC's said they 'loved' the games and felt a genuine 'tension' during the close ones.

The final championship game was played on a large projection screen between AIC's Robin Richmond from Unit 26 and Carroll Ballard from Unit 1. Richmond played with the Ravens and Ballard played with the Bills. This was the most exciting, on the edge of your seat, game. The first half was close, but in the second half, Ballard was able to get a number of interceptions and ran away with the game and won.

Congratulations and thank you to everyone who participated. The vibe was one of pure fun and a good time. We look very much forward to hosting yearly Madden tournaments and more game tournaments in the future. Keep an eye out for the ones up and coming!

NOTE: Unit winners and participants included – AD Bailey, Carroll Ballard, Kyle Green, Lorin Jacobs, Javontae Rogers, Randy Roden, Robin Richmond and Anthony Breaux.





TRCI Champion & Dallas Cowboys Superfan

- Carroll Ballard

TRCI Paradigm Shift 3-Point Competition Results

Thank you to everyone for being SO patient with how the 3-point competition played out. Unfortunately, we ran into numerous setbacks, most of which was due to snow and bad weather. However, we have now had all of the unit champions shoot their final rounds.

Carlos Jackson on Unit 5 is our first-place winner. Kiara Burns and Edward Nash tied for second and we had to have a shoot-out between the two of them. It was close, but Nash edged out Burns and won second place. So, here is our final standings:

- 1. Carlos Jackson (Unit 5)
- 2. Edward Nash (Originally Unit 8, now Unit 26)
- 3. Kiara Burns (Unit 6)

Congratulations to our institution winners!

Note: The next 3-point and associated basketball competitions will be in better-weather months and run much more smoothly! Thank you all again for our patience and participation!

D.O.C. Error:

On December 21, 2022, a computer error occurred when the Social Security Card (SSC) automated kytes were generated. Typically, an adult in custody (AIC) will receive this automated kyte when they are within 180 days of their Projected Release Date (PRD). Due to the computer error, most AICs who didn't have a social security card (SSC) in their file received the automated SSC kyte regardless of their PRD.

Please disregard the automated SSC kyte if you received one and are not within 180 days of your PRD. If you have already returned your SSC kyte to the records office and are not within 180 days of your PRD, it will not be processed at this time. The computer error has been corrected, and you will receive a new automated SSC kyte when you are within 180 days of your PRD.

We apologize for any confusion that this may have caused.

SERVICIOS DE SALUD



MEDICINA PELIGROSA

Servicios de Salud desea informarle de los cambios que estamos haciendo a la forma en que proporcionamos ciertos medicamentos.

Algunos medicamentos necesitan manejo porque pueden dañar a la persona que los da.

Estos se llaman "peligrosos medicinas".

Los estudios han encontrado que el personal de atención médica que está expuesto a estos medicamentos puede tener efectos secundarios.

El personal de atención médica puede protegerse usando prendas protectoras cuando manipula estos medicamentos.



Foto por Raimond Klavins, Unsplash

QUE ESPERAR

Es posible que vea al personal de atención médica usando guantes, batas o máscaras faciales. Esto es para ayudar a limitar su Contacto con medicamentos peligrosos.

Algunos miembros del personal pueden usar más prendas protectoras que otros. Esto podría deberse al tipo de medicamentos que están manejando o cómo lo están dispensando. No todos los medicamentos peligrosos llevan lo mismo riesgo. ¡También podría ser su preferencia personal!

Si está tomando un medicamento peligroso, ya no podrá guardarlo en su celda. Esto es para ayudar a limitar la exposición a los demás, no porque haya hecho algo malo.



P: ¿ES SEGURO PARA MÍ TOMAR UN MEDICAMENTO PELIGROSO?

R: Las personas toman un medicamento peligroso cuando el medicamento ofrece más beneficios que riesgos. Un ejemplo de un medicamento peligroso es la quimioterapia. La quimioterapia es un medicamento lo suficientemente fuerte como para matar las células cancerosas. Puede salvar la vida de una persona que tiene cáncer. Pero, debido a que es tan fuerte, también puede lastimar al personal de atención médica que lo manipula. ¡Al usar prendas protectoras, el personal puede asegurarse de que estén lo suficientemente saludables como para seguir cuidando a sus pacientes!

Hable con su médico o envíe un kyte a la farmacia si tiene más preguntas sobre medicamentos peligrosos.



VISIONS OF HOPE: FEBRUARY 16TH, 2023



DEADLINE TO SIGN UP - FEBRUARY 10, 2023 SUBMIT ADD/DROP FORM IF YOU WISH TO PARTICIPATE

****CHAPEL REMINDER****

The chapel library is open weekly for all AIC's to view movies, listen to music, or enjoy personal bible studies. Send a library request form for a time that works for you. Bring personal headphones if needed. Starting January 2023, AICs will be using the Religious Affiliation Self Identification forms. Per Religious Services Administrators, this form will be used for all AICs who request to participate in annual meals celebrations, fasting, sack meals/work restriction or other special meals accommodations. AICs religion must be identified in the DOC400 that is associated with the specific event in order to participate. THE SELF IDENTIFICATION ENTRY IN THE DOC400 DOES NOT RESTRICT AN AIC PARTICIPATION IN ANY RELIGIOUS SERVICE

The Healing Room Crew



The Healing Room: Tuesday's @ 6PM in Visiting

The Healing Room is a weekly spiritual music experience open to all. The program was developed by Chaplin Cardona along with the gentlemen pictured to the left. The vision was to give AIC's a platform to share their message through worship and music. Mr. Cardona wants to see AIC's "use their spiritual roots to grow as an individual and change from within though art, music, poetry, etc. The Healing Room is a holistic and welcoming place where we can all free ourselves through music and praise." We've heard AIC's share personal testimony, prayer, faith-based rap (accompanied by a Nintendo Switch Korg beat), and spoken word. More than anything, AIC's feel safe and comfortable expressing themselves spiritually. Check it out!

HEALTH SERVICES



HAZARDOUS MEDICINE

Health Services would like to inform you of changes we are making to the way we provide certain medicine.

Some medicines need special handling because they can harm the person giving them. **These are called "hazardous medicines."**

Studies have found that healthcare staff who are exposed to these medicines can have side effects from them.

Healthcare staff can protect themselves by wearing protective garments when handling these medicines.



Photo by Raimond Klavins, Unsplash

WHAT TO EXPECT

You may see healthcare staff wearing gloves, gowns, or face masks. This is to help limit their contact with hazardous medicines.

Some staff may wear more protective garments than others. This could be due to the type of medicine they are handling or how they are giving it. Not all hazardous medications carry the same risk. It could also just be their personal preference!

If you are taking a hazardous medicine, you will no longer be able to keep it in your cell. This is to help limit exposure to others, not because you have done anything wrong.





Q: IS IT SAFE FOR ME TO TAKE A HAZARDOUS MEDICINE?

A: People take a hazardous medicine when there are more benefits from the medicine than there are risks. One example of a hazardous medication is chemotherapy. Chemotherapy is a medicine that is strong enough to kill cancer cells. It can save the life of a person who has cancer. But, because it is so strong, it can also hurt healthcare staff who handle it. By wearing protective garments, staff can make sure they are healthy enough to keep caring for their patients!

Please talk to your doctor or send a kyte to the pharmacy if you have more questions about hazardous medicine.

ROBO Calls:

What do I do if calls from an ODOC AIC is being blocked by my carrier as a robo call?

The AIC phone system has a computerized automated dialer (robo call). Some phone providers may block this type of call. If you think this is happening, you may need to contact your carrier and have them unblock calls from the below numbers associated with the ODOC facilities.

Facility	Dialer #
Coffee Creek Correctional Facility (CCCF), OR	1-503-855-0998
Columbia River Correctional Institution (CRCI), OR	1-971-273-1989
Deer Ridge Correctional Institution (DRCI), OR	1-458-230-5136
Eastern Oregon Correctional Institution (EOCI), OR	1-541-304-2132
Mill Creek Correctional Facility (MCCF), OR	1-971-273-1990
Oregon State Correctional Institution (OSCI), OR	1-971-273-1992
Oregon State Penitentiary (OSP), OR	1-971-273-1993
Powder River Correctional Facility (PRCF), OR	1-541-406-0107
Santiam Correctional Institution (SCI), OR	1-971-273-1991
Snake River Correctional Institution (SRCI), OR	1-971-273-1991
Shutter Creek Correctional Institution (SCCI), OR	1-541-709-5093
South Fork Forest Camp (SFFC), OR	1-971-341-3203
Two Rivers Correctional Institution (TRCI), OR	1-541-626-0029
Warner Creek Correctional Facility (WCCF), OR	1-541-407-1299

Voicemail

How do I leave a voicemail message to an ODOC AIC?

Once your number is validated and funded, you can call **877-831-0390** to leave a voicemail message for an AIC letting them know when you are available to receive a call. Voicemail messages are only \$0.50. To leave a voicemail, you will need to have the 4-digit PIN you created when you set up your online account and the AIC's state ID number.

February Movie Schedule									
Week 1	Run Time	February 3 rd – February 9 th	Rating	□□ Movie Playing Times □□					
Ch.51	Loop	Shameless Season 4 Disc 2 / Boardwalk Empire Season 1, Disc 3 (3 Eps.) (IN CELL VIEWING ONLY)	TV-MA	1:30 PM	6:30 PM		10:30 PM		
Ch. 52	2:03/ 1:42	Don't Worry Darling / Requiem For A Dream	R / R	1:30 PM	6:30 PM	8:30 PM	10:30 PM		
Ch. 54	Loop	True Blood Season 4 Disc 3 (3 eps.) / Star Trek Discovery Season 4 Disc 4, 1:51 (IN CELL VIEWING ONLY)	TV-MA	1:30 PM	6:30 PM		10:30 PM		
Week 2		February 10 th – February 16 th							
Ch. 51	Loop	Shameless Season 4 Disc 3 / Boardwalk Empire Season 1, Disc 4 (3 Eps.) (IN CELL VIEWING ONLY)	TV-MA	1:30 PM	6:30 PM		10:30 PM		
Ch. 52	2:04 / 1:32	Black Adam / The NeverEnding Story 1	PG-13 / PG	1:30 PM	6:30 PM	8:30 PM	10:30 PM		
Ch. 54	Loop	Power Season 6 Disc 5 / The Last Kingdom Season 5 Disc 3 (IN CELL VIEWING ONLY)	TV-MA	1:30 PM	6:30 PM		10:30 PM		
Week 3		February 17 th – February 23 rd			□ 1:30, 6:30, 10:30 Times Repeat □				
Ch. 51	Loop	Shameless Season 5 Disc 1 / Boardwalk Empire Season 2, Disc 1 (3 Eps.) (IN CELL VIEWING ONLY)	TV-MA	1.30	6:30 PM		10:30 PM		
Ch. 52	1:51 / 1:48	Halloween Ends / Ex Machina	R / R	1:30 PM	6:30 PM	8:30 PM	10:30 PM		
Ch. 54	Loop	True Blood Season 4 Disc 4 (2 eps.) / Strike Back Season 1 Disc 1 (2 eps.) (IN CELL VIEWING ONLY)	TV-MA	1:30 PM	6:30 PM		10:30 PM		
Week 4		February 24 th – March 2 nd							
Ch.51	Loop	Shameless Season 5 Disc 2 / Boardwalk Empire Season 2, Disc 2 (3 Eps.) (IN CELL VIEWING ONLY)	TV-MA	1:30 PM	6:30 PM		10:30 PM		
Ch.52	1:40 / 2:06	Bad Guys / Willow	PG / PG	1:30 PM	6:30 PM	8:30 PM	10:30 PM		
Ch. 54	Loop	Power Book II: Ghost Season 1 Disc 1 / The Last Kingdom Season 5 Disc 4 (IN CELL VIEWING ONLY)	TV-MA	1:30 PM	6:30 PM		10:30 PM		
Week 4		Presidents Day Movie (February 20 th – February 23 rd)							
Ch. 52	2:10	Till	PG-13	1:30 PM	6:30 PM		10:30 PM		

FAFSA Education Update

Free Application for Federal Student Aid (FAFSA) is available to take effect on **July 1, 2023**.

- You can apply for FAFSA in July 2023.
- FAFSA will consist of 36 questions.
- All incarcerated individuals who meet the general eligibility requirements are eligible, regardless of conviction or sentence length.
- FAFSA funds will cover tuition, textbooks, and fees.

More information on FAFSA will appear in AIC newsletters as July 1 gets closer.

2022 Taxes & Forms

- DOC will not be providing Adults in Custody (AICs) with tax forms.
- It is recommended that AICs obtain appropriate tax forms (*IRS Form 1040 / Oregon Form OR-40, etc.*) and instructions from a trusted source outside of the institution.
- AICs will need to use their own pre-addressed, postage paid envelope(s).
- AICs may appoint a qualified and trusted person as their power of attorney (POA) to assist with the tax filing process. POA forms can be obtained by submitting a Library Request form (CD1714).
- Department staff may not provide tax advice to AICs.

Steps to take to resolve vendor property issues. If AIC has not received the property, they ordered.

1. Have the AIC contact Central Trust by Kyte they need to ask:

a. Was a check cut from their account for "vendors name" and "amount of purchase"?

b. If so, was the check cashed? If so by who?

c. AIC can purchase a copy of the cashed check if it was cashed.

d. AIC can contact vendor by mail with the proof of purchase, asking what has happened regarding the purchase.

2. If the result was due to the Mailroom returning the item

a. AIC can contact the mailroom to find out why.

b. If the Mailroom said there was no Package Authorization attached, AIC can <u>send copies of all the</u> <u>documentation and Kyte</u> to Religious Services Administration:

Attention C. Jackson for further assistance.

3. If the item was not returned to the vendor by the Mailroom, and just not received

a. AIC can write to the let the vendor know they did not receive their order, so they can research what the issue may be.

b. If Vendor says they did not receive the check, and it was not cashed by them the AIC will have to options.

I. The AIC can either have the check stopped if the vendor did not receive it,

II. Wait for the check to be stale dated.

4. If AIC has followed all the steps and still cannot come to a reasonable resolution with the vendor, a. and the check was received by the vendor,

b. or they are not getting a response within a reasonable time frame,

c. the AIC may then Kyte me with all their copies attached of the correspondence and documentation of their purchase including a copy of the cancelled check, and I will make an attempt at getting the issue resolved.

Although the Department of Corrections and Religious Services are not responsible for any purchase, correspondence, or outcome between the AIC and any vendor, if all the documentations and steps have been followed, I will make an attempt to help resolve the issue when possible.

This is in no way a guarantee that and AIC's purchase will be sent, or a refund will be granted. By requesting any purchase from any of the vendors approved by Religious Services the AIC, accept all responsibility of following up on their purchases. And understands that it is their sole responsibility to handle any and all issues/ or concerns of their purchase with the vendor. The AIC accepts that neither Oregon Department of Corrections or Religious Services staff have any responsibility to assist them in a refunds, exchange, or reimbursements from said vendors.



OPERATION SMILE FUNDRAISER

The Paradigm Shift Club would like to invite you take part in the Operation Smile Fundraiser for the month of March.

This is an *Incentive level 3* fundraiser for the following items

- ACT Restoring Mouthwash Zero Alcohol 33.8oz
- Teeth Whitening Strips
- Bath Loofah- Large

Operation Smile is an international organization whose mission is in treating cleft lip and cleft palate and providing safe surgeries to children where it's needed most and giving every child the smile that they deserve.

Thank you for your love and support.

