



ADMINISTRATION



Pell Grants News

As you know, Pell Grants for colleges/universities are coming back soon. The most important thing to know is you will not be able to fill out the Free Application for Federal Student Aid (FAFSA®) form and apply for a Pell Grant on your own for college within the facilities. You will need to apply directly to the approved college/university programs.

There are Federal guidelines the colleges/universities must go through to become a Pell Grant approved program.

- 1) The colleges/universities need to apply with the department to be selected as a program.
- 2) The colleges/universities have to get each facility accredited as one of their participating programs.
- 3) Finally, they have to apply with the U.S. Department of Education to become a Pell Grant program.

Currently the U.S. Department of Education has not finalized these applications. We have two programs previously approved through the 2nd Chance Pell Grant process offering classes through Chemeketa Community College at Oregon State Penitentiary and Treasure Valley Community College (TVCC) at Snake River Correctional Institution. These programs will continue. Central Oregon Community College, Portland Community College, Blue Mountain Community College, TVCC, Chemeketa, Portland State University, and Adams State (a correspondence program) have begun the process of the DOC application and to get accredited.

We do not have any new approved sites at this time. If you have any questions, reach out to the Education and Training Unit.

Como saben, las Becas Pell para colegios/universidades volverán pronto. Lo más importante que debe saber es que no podrá completar el formulario de Solicitud Gratuita de Ayuda Federal

para Estudiantes (FAFSA®) y solicitar una Beca Pell por su cuenta para la universidad dentro de las instalaciones.

Necesitará aplicar directamente a los programas universitarios/college aprobados.

Existen lineamientos federales que deben cumplir los colegios/universidades para convertirse en un programa aprobado por la Beca Pell.

- 1) Los colegios/universidades deben presentar una solicitud con el departamento para ser seleccionado como programa.
- 2) Los colegios/universidades tienen que conseguir que cada instalación sea acreditada como uno de sus programas participantes.
- 3) Finalmente, deben presentar una solicitud ante el Departamento de Educación de los EE. UU. para convertirse en un programa de Becas Pell.

Actualmente, el Departamento de Educación de EE. UU. no ha finalizado estas solicitudes. Tenemos dos programas previamente aprobados a través del proceso de Becas Pell de 2nd Chance que ofrecen clases a través de Chemeketa Community College en la Penitenciaría del Estado de Oregon y Treasure Valley Community College (TVCC) en la Institución Correccional de Snake River. Estos programas continuarán. Central Oregon Community College, Portland Community College, Blue Mountain Community College, TVCC, Chemeketa, Portland State University y Adams State (un programa por correspondencia) han comenzado el proceso de solicitud del DOC y para obtener la acreditación.

No tenemos nuevos sitios aprobados en este momento. Si tiene alguna pregunta, comuníquese con la Unidad de Educación y Capacitación.

/s/ S. Cook, DOC Office of Communications



Protect Your Credit

What You Can Do To Protect Your Credit – Given the ODOT/DMV Data Breach in the News:

In mid-June, there was a breach of information at the Department of Motor Vehicles (DMV) and 3.5 million Oregon driver's license and ID cards were impacted. There are immediate steps you can take to protect your information from identity theft. You are entitled to a free copy of your credit report once every 12 months from each of the three major credit reporting agencies, Experian, Equifax, and TransUnion. Contact information is listed below.

Equifax Fraud Reporting
P.O. Box 740256
Atlanta, GA 30374

Experian Fraud Reporting
P.O. Box 9554
Allen, TX 75013

TransUnion Fraud Reporting
P.O. Box 2000
Chester, PA 19016-2000

/s/ DOC Office of Communications



GROUP LIVING

General Population Haircuts

Alpha Block Haircuts:

Until further notice, all Alpha Block residents will be getting their haircuts in Group Living. If you would like to schedule a haircut, please send a request to Group Living, Attn: Haircut.

Group Living Haircuts:

Due to the increased workload of the Group Living barbers, we are still implementing the 30-day rule, which means one haircut per AIC per month. Some exceptions can be made to the rule, i.e. court, release or upcoming special event. Please write your reason on your request and needed date on your AIC communication.

Note: Please expect at least a two-week waiting period from the time you submit your request. Please do not send multiple requests, as it will slow the process even more. Sending multiple requests may also result in a 30-day suspension of services. Thank you.

/s/ B. Roach, Work Programs Coordinator



COMMISSARY

USPS Priority Tracking Labels



USPS will be phasing out the Priority Tracking manual label, which will result in DOC being unable to provide tracking numbers for outgoing mail. AICs who purchase priority mail boxes from Commissary should be aware of this change.

/s/ S. Jackson, DOC Operations Division

HEALTH SERVICES



Access to Medical Care

If you are not feeling well or have a problem that requires medical attention, please attend Triage during morning chow. Prior to attending Triage, complete an AIC Communication form outlining your concerns.

Your communication form will need the following: Full name, SID number, cell number, and date. A description of your need, with an explanation of your signs and symptoms. Please fill out the form completely to help us better meet your health care needs.

At your triage encounter, the nurse will discuss your concerns with you and determine appropriate follow-up. Follow-up can include a same-day sick call encounter, a scheduled sick call encounter, or a follow-up appointment with your primary care provider (PCP).

If a medical appointment is necessary, an appointment will be scheduled and a call pass will be issued. It is important that you keep your appointment and report promptly to the Medical Services area at the time shown on the call pass.

Should you become ill or otherwise need medical attention during other times of the day, consult your supervisor or housing unit officer. Your housing unit officer will call Nursing Services and triage your medical concerns awaiting further direction by Nursing staff. All emergency medical situations will be handled when they arise.

Please remember, if you have a concern with active signs and symptoms or need follow-up care, Triage is your quickest way for your concerns to be addressed.

/s/ C. Coffey, Medical Services Manager



JOB ANNOUNCEMENT

Furniture Factory Hiring



The Furniture Factory is now accepting applications for multiple positions. The requirements are:

- No program failures or DRs in the past six months
- Minimum of 18 months to release date
- Possess a high school diploma, GED certificate or be in the process of obtaining a GED certificate
- Required social security number
- Work professionally and efficiently
- Must not have frequent scheduled call outs, programs, or activities that would conflict with a 7:00 am - 1:30 pm workday.

All applications will need to pass a DOC/OCE security screening and OCE interview before being considered for the position.

If you are interested in applying, please complete an AIC communication form that includes your experience and how you meet all of the requirements to work at the Furniture Factory. Please submit to: OSP OCE Furniture Factory-Drew

/s/ D. Henderson, OCE Manufacturing & Install
Production Coordinator



RELIGIOUS SERVICES

Weekly Chapel Schedule

Saturday, July 1

- 8:00 am LDS
Sweat Lodge
Jehovah's Witness
- 1:00 pm Jewish Service
Seventh Day Adventist
- 6:00 pm Calvary Chapel
Siddha Yoga (2nd and 4th Saturdays)

Sunday, July 2

- 8:00 am Spanish Protestant
Spanish Jehovah's Witness
- 1:00 pm Catholic
- 6:00 pm Lutheran

Monday, July 3

- 6:00 pm Pentacostal service

Tuesday, July 4

- 1:00 pm Agape
Orthodox Christianity (1st and 3rd Tuesdays)
- 6:00 pm Buddhist (1st and 3rd Tuesdays)

Wednesday, July 5

- 6:00 pm Most Excellent Way chapel

Thursday, July 6

- 1:00 pm TUMI
- 6:00 pm Gospel service

Friday, July 7

- 1:00 pm Nation of Islam
Sunni Jumma prayer

A Point to Ponder

"Human kindness has never weakened the stamina or softened the fiber of a free people."

~ Franklin D. Roosevelt

JULY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1				E/C/D
		2				A/D
		3				A/D
		4				A/D
		5				A/D
		6				A/D
		7				A/D
		8				A/D
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		26				A/D
		27				A/D
		28				A/D
		29				A/D
		30				A/D
		31				A/D

NOTES: AM - Morning Yard (7:45 - 9:45 AM)
 PM - Afternoon Yard (1:00 - 3:30 PM)
 EVE - Evening Yard (4:30 - SUNSET)
 NO NCI LVL 1 AIC'S ON SATURDAY & SUNDAY



Mainline

		Week at a Glance						
		Monday 7/13/2023	Tuesday 7/14/2023	Wednesday 7/15/2023	Thursday 7/16/2023	Friday 7/17/2023	Saturday 7/18/2023	Sunday 7/19/2023
Week 3	BREAKFAST	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Pancakes (Sod,Chl) - 3.00 EA Maple Syrup - 2.00 FLOZ Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Veggie & Cheese Scramble (Chl,Sfa) - 0.66 CP Wheat Toast - 2.00 SLC Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Farina - 1.00 CP Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP Ground Beef (Sfa,Chl) - 1.00 OZCKD Shredded Cheese (Sfa,Chl) - 2.00 TBS Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA French Toast (Sod,Chl,Sfa) - 4.00 SLC Maple Syrup - 2.00 FLOZ Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa,Chl) - 1.00 EA Sliced Cheese (Sfa) - 1.00 SLC English Muffin (Sfa,Chl) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Cornmeal Hot Cereal (Sfa,Sod) - 1.00 CP Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP Poultry Sausage (Chl) - 1.00 EA Wheat Toast - 2.00 SLC Jelly - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Multigrain Hot Cereal - 1.00 CP Fresh Fruit - 1.00 EA Hard Boiled Egg (Sfa,Chl) - 1.00 EA Breakfast Pastry (Sfa,Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
	LUNCH		INDEPENDENCE DAY Beef Patty (Chl,Sfa) - 2.00 EA Sliced Cheese (Sfa) - 1.00 SLC Hamburger Bun (Sfa,Chl) - 1 EA Onions, Pickles-2 TBS EA Tomato-1 Slice Mayo, Ketchup & Mustard-1 TBS EA Texas Slaw-0.75 CP Corn on the Cob-1 EA Potato Salad - 0.75 CP Watermelon-1 piece Fortified Fruit Drink - 8.00 FLOZ		Coleslaw (Sod) - 0.75 CP Turkey Club Sandwich on Wheat (Chl,Chl) - 1.00 SV Shredded Lettuce - 0.25 CP Mayonnaise - 1.00 TBS Carrots - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Vegetable Soup (Sod) - 10.00 FLOZ Chicken-Lettuce Salad (Chl) - 1.00 SV Sliced Onions - 2.00 TBS Shredded Cheese (Sfa,Chl) - 2.00 TBS Salad Dressing (Sfa,Sod) - 2.00 FLOZ Broccoli - 0.75 CP Breadstick - 1.00 EA Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Corn Chowder (Sod) - 10.00 FLOZ Tuna Melt Sandwich on Wheat (Chl,Sfa) - 1.00 EA Peas & Carrots - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Peanut Butter & Jelly Sandwich on Wheat (Sod,Sfa) - 2.00 EA Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ
Week 3	DINNER	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Shepherd's Pie (Chl,Sfa) - 1.00 SV Green Beans - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ *Meat & Cheese Sandwich on Wheat (Sod,Chl) - 1.00 EA Sliced Onions - 2.00 TBS Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2 TBS Peas - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Canned Fruit - 0.50 CP *Pork Ham (Sod,Chl) - 2.00 OZCKD Fried Egg (Sfa,Chl) - 2.00 EA O'Brien Potatoes - 0.75 CP Biscuit (Sfa,Sod) - 1.00 EA Margarine (Sfa) - 1.00 TBS Coffee - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ *Pizza (choice) (Sod,Chl,Sfa) - 1.00 EA Blended Vegetables - 0.75 CP Choice Dessert (Sfa,Chl) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Hot Dog (Sod,Chl) - 2.00 EA Chili with Beans - 6.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Wheat Hoagie Roll - 1.00 EA Cauliflower - 0.75 CP Gelatin & Whip Topping (Sfa) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Patty (Chl,Sfa) - 1.00 EA Sliced Cheese (Sfa) - 1.00 SLC Wheat Burger Bun (Sfa,Chl) - 1.00 EA Blended Vegetables - 0.75 CP Waffle Fries (Sfa) - 5.00 OZCKD Ketchup (Sod) - 2.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Spicy Rice Casserole (Chl,Sfa) - 1.25 CP Carrots - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

Menu is subject to change without notice. Appropriate food substitutions are approved by a Dietitian.
*Items contain or may contain pork. Meat-Alternative Trays are available at lunch and dinner only.

Sod = High Sodium Sfa = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

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