



SNAKE RIVER CORRECTIONAL INSTITUTION

SNAKE RIVER CURRENTS

JUNE 08, 2023—JUNE 14, 2023

PAGE 1
FOOD SERVICE – CLERK POSITION
RULES PROGRAM
PAGE 2
FOOD PROTEINS
FINANCIAL SERVICES
5– DAY FORECAST
**USPS IMPORTANT UPDATE
COMMISSARY –SODA

FOOD SERVICE CLERK POSITION

SRCI Food Service has an opening for an AIC Clerk position. Interested applicants must meet the following criteria (no exceptions):

- * Clear conduct for 1 years (No Major DR or Program Failures)
- * Classification 3 or less
- * 10 years or less remaining on sentence

This position will supply clerical support to Food Service Dry Storage and the Food Service Administration office. Applicant must have a good work ethic and attitude, ability to work in a team environment, follow detailed instructions, and follow operational guidelines. Basic required skills include a comprehensive knowledge of Microsoft Excel, Microsoft Word, and the ability to file accurately Please complete an AIC job application and send to: Atten: Ms. Brown, Food Service, B 383.



FROM THE ADMINISTRATIVE RULES PROGRAM:

Below is the list of status changes made to DOC administrative rules since 3/31/2023.

PERMANENT RULES:

291-009 Tours

- Amends rule to update the term used to refer to adults in custody, remove gendered language, remove designee for tour approvals, and update those interested groups and individuals that may be allowed tours.
- Effective 5/4/23

291-052 Transfers and Responsibilities Between Oregon Youth Authority and Department of Corrections

- Amends rule to confirm that transfers to youth correction facilities must be authorized under and consistent with applicable state statutes and include changes in terminology and other technical corrections.
- Effective 5/24/23

291-069 Security Threat Management

- Amends rule to increase the number of days allowed for temporary segregation; change the term "inmate" to "adult in custody" to incorporate the new statutory term for individuals incarcerated in DOC institutions; and modify the identification of AICs assigned to the STM caseload.
- Repeals Attachment A "High Alert Adult in Custody" and renames former Attachment B "STM Restriction Scale" to Attachment A.
- Effective 4/28/23

291-077 Performance Recognition and Award System

- Amends rule to adjust the PRAS matrix creating a more even point spread in the first three levels; add two more levels to reduce the chance of "maxing out"; and include an overall 25 percent increase in the dollar value of each level of the PRAS matrix to counteract the effects of the consumer price index and the impact this had on canteen increases.
- Effective 5/16/23

291-105 Prohibited Conduct and Processing Disciplinary Actions

- Amends rule to permanently adopt changes to the rule that were temporarily adopted on 1/1/2023 reducing the maximum consecutive sanction to DSU from 180 days to 90 days, including amendment to major and minor violation grids; for minor grammatical changes; and for consistency.
- Effective 5/23/23

291-113 Education and Training Programs

- Amends rule to align with current practice; change "inmate" to "AIC"; and for other minor grammatical revisions, clarifications, and consistency.
- Effective 5/24/23

PROTEIN FOODS

The Dietary Guidelines for Americans, 2020-2025 advises consumers to “vary your protein routine”. But what does that mean?

Did you know that meat is not the only source of protein in food? In fact, almost all foods contain some protein, even fruits and vegetables! Some foods contain more than others. “Vary your protein routine” means you should have more than just one type of protein in your diet.

High-protein foods sub-groups:

Meats, Poultry, Eggs: Meats and poultry should be lean or low-fat.

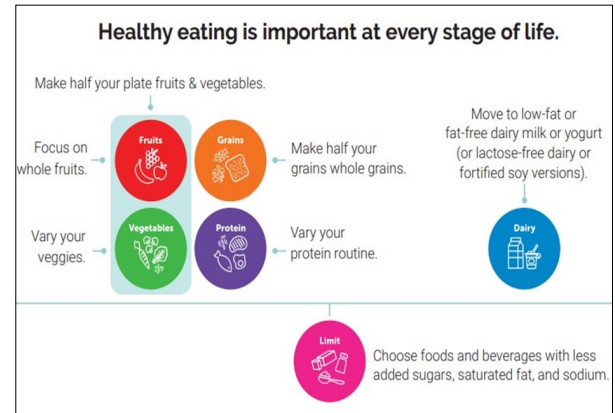
Seafood: Always choose seafoods that are lower in mercury.

Nuts, Seeds, Soy Products: Nuts should be unsalted.

Beans, Peas, Lentils: Also, a vegetable sub-group.

Most of the protein in the recommended Healthy U.S. Dietary Pattern comes from the high-protein foods sub-groups. The dairy (or fortified soy alternatives) food group is another source of dietary protein. Food products made with any of the high-protein sub-group foods will have protein in them, such as baked goods made with eggs, soups made with beans, and sandwiches made with cheese. The dietary habits of most adults meet the weekly recommendations for meats, poultry, and eggs. Seafood, dairy (or fortified soy alternatives), and beans, peas, and lentils are not consumed as often. These non-meat proteins provide important nutrients that support healthy dietary patterns. Many adults can improve their diet and better meet their nutrient needs by choosing from a wider variety of protein sources. This can include having seafood in place of some meats, or eating beans, peas, and lentils in mixed dishes, such as soups, rice, or pasta dishes. ODOC considers protein from all food sources, not just meat, when creating the menu. ODOC menus provide an average of 1.7 times (170%) the amount of protein that is recommended for most adults.

From the 2020-2025 USDA Dietary Guidelines for Americans



“USPS will be phasing out the Priority Tracking manual label, which will result in DOC being unable to provide tracking numbers for outgoing mail. AICs who purchase priority mail boxes from Commissary should be aware of this change.”



Thu. 06/08	Fri. 06/09	Sat. 06/10	Sun. 06/11	Mon. 06/12	Tues. 06/13	Wed. 06/14
79/59	72/57	76/57	80/59	78/59	80/58	80/54

Financial Services Informational Briefing

What is the Transitional Release Savings Account (TRSA)?

- Funds in the TRSA are protected from debt/obligation collection and garnishment.
- Established per SB844(2017)/ORS 423.105 as a means for AICs to save funds for release from ODOC custody.
- 5% of each eligible deposit is transferred into an AIC’s TRSA until the account reaches \$500.
- AIC’s may elect to transfer funds into their TRSA by submitting a Trust Account Transfer Request form (CD1832) up to \$500.
- AIC’s may continue the 5% deduction of their eligible deposits beyond \$500 if court-ordered financial obligations (COFOs) are satisfied.
- Funds in the TRSA are not available to AICs until release from ODOC custody (*n o e x c e p t i o n s*).

What is the General Savings Account (GS)?

- Funds in the GS Trust Account are not protected from debt/obligation collection or garnishment.
- Established as an optional means for AICs to save funds for release outside of the TRSA.
- AIC’s may elect to transfer funds into the GS Trust Account once per calendar month by submitting a Trust Account Transfer Request Form (CD1832).
- Funds in this account are not available until the AIC releases from ODOC custody; an exception may be granted by the CFO or designee per OAR 291 Div. 158.

Note: Trust Account Transfer Request Forms (CD1832) are available on AIC housing units or through Business Services. If the amount being transferred is excessive, it will be limited. The minimum transfer amount is \$5.00.

Please address any questions to Business Services by submitting an AIC communication (available electronically on the tablet).

Questions? AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and family may submit questions to dldoctrustinfo@doc.state.or.us

Savings Options for Adults in Custody

WHAT ABOUT EXTERNAL SAVINGS ACCOUNTS?

AIC’s may have accounts with external banking institutions however, ODOC staff are not able to facilitate. AIC’s may not have unauthorized money items in their possession (such as checks).

SRCI COMMISSARY SODA COUPON NEWS

SRCI Commissary has received the new coupons and will begin selling them Monday June 5, 2023, for distribution on the respective complex distribution day. The limit of 10 Soda Coupons per order will still be in effect until the availability of the new coupon is consistent. The old coupons will no longer work in the machines. A 90-day period for refunds will be available from June 5 – August 11, 2023, with a proof of purchase. Proof of purchase cannot be older than February 13, 2023. Send a communication, the coupons, and your proof of purchase to Commissary box M04. Once verified the refund will be processed. Your sales receipts and returns receipt will be returned to you. Please allow Commissary 1-2 weeks for the refund to be completed.