THE GIO

GOGI Gets High Marks at EOCI Basketball Tournament: \$2,000 to Charities

Labor Day Events
What You Need to Know

The Echo Volume V, Issue VIII August, 2023

The Official Newsletter of the Eastern Oregon Correctional Institution
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Master Gardener's Handiwork

Photograph by Phillip Luna



TALK OF THE TOWN

Master Gardeners

Seven AICs Pass Final Exam Written by Patrick Gazeley-Romney

O

n July 18th, seven participants in the OSU Master Gardener class took their final exam. Students Robert Dixon, Efrain Berrelleza, Paul Reyes, Christian Reyes, Niaz Khoshnaw, Shawn Weisner and

Karim Ameli passed the exam and will receive a certificate of Home Horticulture from Oregon State University. The certificate can be upgraded to a Master Gardener certificate once the students release from prison and are able to complete a 40-hour community service project with an OSU extension service in their county.

The first week of August marked the beginning of a second growing season for the OSU Master Gardener program. As the summer flies by and the fall approaches, the students will need to sow starts for their fall garden. Eight weeks from now, the cold weather will be approaching and a change in sea-

sons will bring with it optimal conditions for growing new types of vegetables.

This year's class graduates plan on incorporating broccoli, kale, lettuce, spinach, radishes, carrots and chard into their fall planting plan. Also, adding a cover crop of legumes (beans) or buckwheat in the spaces where their heavy feeding summer crops lived will return nitrogen to the soil that was depleted by plants throughout the summer season. Propagating a cover crop for the fall will also decrease runoff during the rainy season, keeping nutrients and soil in the plot instead of them leaching into the storm water system.

If you are interested in joining the gardening program offered through IWP, keep an eye out for a flyer on your unit in September. Seed 2 Supper, the beginning gardening program, will begin in winter this year. Select students from the winter cohorts of Seed 2 Supper will be offered the OSU Master Gardener class starting in spring of 2024.





TALK OF THE TOWN

A GOGI Ceremony

Three AICs Obtain Coach Status; EOCI Boasts Highest Completion Rate in the State

Written by Phillip Luna

G

OGI is an avenue for change; meaningful, impactful, and resilient," stated Superintendant Dave Pedro in his introduction speech for the GOGI event on July 19, 2023. More than 100 students were in atten-

dance for the occasion, as well as the GOGI leader-ship, facilitators, and supporting administrative staff. This event marked the second time GOGI's founder, Coach Taylor, has visited the institution since the program began in 2018. A momentous occasion, as the ceremonies included several speeches and the acknowledgment of three AICs who received Coach level certification – a rare occurrence in the program.

But first, what is GOGI?

GOGI, which stands for Getting Out by Going In, is a non-profit organization focused on empowering individuals with simple decision making tools to help them make lasting change. GOGI's simple life tools are the foundation of its course studies - concepts taught by AICs for AICs. Since its start GOGI has graduated 1161 students at EOCI, according to Correctional Rehabilitation Manager Bryan Clark. EOCI leads all institutions across Oregon, with the Snake River Correctional Facility boasting a close second at 1076. Year-to-date, EOCI has graduated 121 while the closest rival is the Oregon State Penitentiary at 112. While the numbers are impressive, Mr. Clark emphasizes, "It's about quality not just quantity, I like what we are doing here. I like this culture. GOGI is a huge part of change for yourself."

There are three ways to GOGI: organizational GOGI which includes student courses and working in groups; independent GOGI for individuals who wish to complete solo study; and free GOGI for a beginner which offers a community meeting manual, facilitator support, and My Life Story Course. Students who complete the GOGI course receive an official GOGI certificate and can request a transcript documenting course completions, or a letter of support for court or hearing purposes.

 $4 \mid \text{July } 2023$ The Echo





For many in attendance during the event, the occasion marks the beginning of their GOGI journey. Paul Ropp, the newly appointed Secretary for the program, spoke at the podium thanking the numerous staff and justice-involved individuals for their

support. "Despite obstacles, affiliations, or your past, you have dared to achieve," stated Ropp in reference to the students and facilitators. "To you most of all I'd like to say thank you."

But while the journey begins for some, a few others have obtained the pinnacle of accomplishment in the GOGI program. James Hedges, Gonzalo Barbosa, and Nicholas Vega each achieved Coach status. Coach status requires GOGI facilitators to complete 11 units of the program (similar to college level classes) in no less than 15 weeks, which promotes them to Advocates. Advocates are required to complete 11 more elective

courses to obtain GOGI Representative status. From there, 11 more units are required to become a Community GOGI Coach. Becoming a GOGI Coach is a process that takes years.

66

Despite obstacles, affiliations, your past, you have dared to achieve. To you most of all I'd like to say thank you.

- Paul Ropp

"

"It's been a pretty long journey, took me about 5 years to get it [Coach status]. Anybody that has known me for a long time knows I've got a little history," stated Barbosa, "nobody is perfect around here. We all make bad choices. We can always fix them and make positive choices."

Also acknowledged during the ceremony were the GOGI facilitators: Christopher Bickford; Richard Step; Horacio Orozco; Juan Chavez; Brooklyn Sasso; David Derrick; James Hedges; Christopher Gonzalez; Shawn Crabtree; Nicholas Lunetta; Joseph Calvo; and Oscar Cass.

There were several speakers during the event, but most notable was program founder Coach Taylor. Taylor spoke at length about the twenty years she has spent pursing this dream. "It's so wonderful to get to this point, where I have been going in and out of prisons since 2002 and

after twenty years how my vision has become our collective vision," she stated. She further recounted her experience as a Psychology student at the 108th Street School in Compton, California.

Continued on next page...

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Taylor shared a story that at first appears quite simple but concludes with an emphasis on disenfranchised youths and a generation failed by the education system and communities. "I volunteered to test out these weird concepts when I was a Psychology student. We went into a school... we ended up getting the worst behaved kids," stated Taylor. She further shared testing out concepts such as Belly Breathing on the children. "The kids loved what are now the GOGI tools," said Taylor. While the tools held promise of being effective short-term, there was no lasting impact and would not serve to reduce the incarceration rate, which Taylor said is 98% among black men in Compton. She explained the purpose of this story to the audience:

"Our experiment was successful but it didn't last, we weren't boots on the ground. We didn't come back next week. It didn't last because nobody returned. Why do I tell you this? Because that is your job. That is your job. Your job is to get out [of prison] and volunteer with the children. Tell them about Belly Breathing, 5 Second Light Switch, Boss of My Brain and don't use them as an experiment to prove anything. Show back up the next week... GOGI is nothing if it s just an experiment for a psychologist like me. We know it works. It's up to you men to reenter your communities as volunteers and leaders. That's your job. It was the generation before that failed you by not being there to teach you these things. Your counselors can't do it. Your churches can't do it. Your parents can't do it. Nobody can do it but men like you who have that experience... you are solutions in your communities even if you don't know it yet.

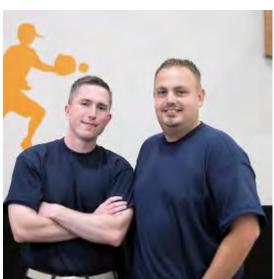
Those interested in becoming a solution in their community can sign up for GOGI by sending a communication form to GOGI: Correctional Rehabilitation.





You are the solutions in your communities, even if you don't know it yet.

99



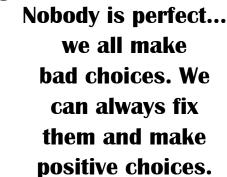






















My Way By Christopher Ainsworth

I start each day with a positive thought
Trying to implement each GOGI tool I've been taught
Like what if I choose positivity over giving into pain
I could claim responsibility becoming the boss of my own brain
I can flip the switch to get myself back on track
The tools of choice are my GOGI life hack
Breathing with my belly induces a calm state of mind
I'm still eight steps ahead even if I can let go in time
In order for me to give I must get away
so I can be ultimately free at the end of each day
My gift of GOGI I wanted to share
Living the GOGI way allows my life scales to tear

TALK OF THE TOWN

Roots of Success Facilitators Present to Prison Advisory Committee

Advocating for Peer-to-Peer Education Program

n July 25th, Roots of Success (ROS) facilitators
Patrick Gazeley-Romney
and Phillip Luna gave a
presentation of the afore-

mentioned program to the Prison Advisory Committee (PAC) and a group of EOCI Administrators during their quarterly meeting. This was first time at EOCI that AIC facilitators presented to an outside committee regarding peer-to-peer educational programs within the institution. When asked what PAC is, Public Information Officer Chris Scarr stated, "The prison advisory committee is an important means for the facility to maintain positive community relations with our stakeholders. The public is always curious about what really goes on here at EOCI, having programs like PAC, allows for an avenue of greater insight to the life changing programs and opportunities offered to AICs." Members of PAC include the Mayor of Pendleton and the owner of the East Oregonian newspaper.

The presentation included on overview of the program, statistics on completion rates and participation at EOCI, a demonstration of training material and structure, as well as video interviews with some current and former students. Hugh Crow, Christian Reyes, Dushon Harris, and Joe Tuttle completed video interviews - each with their own unique perspective on the program - which were shared during the presentation. "We felt that video testimony from students would be more impactful than our opinions. I found their testimonies impressive

More than

100

students at EOCI have completed Root of Success since it began in 2019.

Since 2010, over

26,000

students of completed the program worldwide.

98%

of ROS participants say they feel better prepared for job interviews and authentic," stated Facilitator Luna. "Pat and I didn't know we were presenting to a Mayor and the owner of a newspaper until Ms. Halbert told me a few days later. Probably a good thing for nerves."

Both Gazeley and Luna have been facilitators since the program began in 2019. AICs Brett Lloyd and Juan Sanchez became facilitators after the program began, and more than 100 students have completed Roots of Success between the four AICs. But ROS is one of many peerto-peer education programs offered; also covered during the presentation were the Beekeeping, Horticulture, Greenhouse Management, the ACT National Career Readiness Prep Course, as well as a Clerk Internship program, all of which are AIC led. "It was fantastic to have an opportunity to talk about some of our programs with decision-makers in the community," stated Facilitator Gazeley. "While our AIC population for the most part is transient, hopefully the programs are here to stay. Any opportunity to connect our programs to a more diverse group of stakeholders can only make our educational community more resilient and empowered within these walls. Grounding our programs in the wider community will only serve to bolster the support that surrounds them."

Which programs may have the opportunity to present in future PAC meetings? It's hard to say, but hopefully there are many more to come.

AICs interested in Roots of Success can sign up by sending a communication form to IWP.

THE WORLD OF SPORTS

Softball Playoffs Near

Playoffs Start August 1st

Written by Kaliq Mansor



e've reached the end of another regular season of softball here at EOCI, and this means it's time for playoffs to begin! One exciting change this year is the addition of best-of-three series to determine

the East and Westside championships. These will, as always, be followed by a best-of-three series between each side's victor to crown the institution's championship team. Here's how each side's playoff brackets look at the end of the regular season.

On the Westside, a strong B1 team dominated its' opponents all season. Only B3 (who finished with the #2 seed) was able to consistently challenge B1 and force games to a full seven innings. But a late-season injury to a key B3 starter may prove to be the deciding factor in their chances to upset B1 in the upcoming playoffs.

The Westside playoffs begin with a matchup of the four and five seeds, B4 and A3, respectively, with the winner moving on to face B1 for a shot at the Westside championships. On the other half of the bracket are B3 and the three seed, B2 facing off for a berth in the championship series.

On the Eastside, the season began with H1 dominating the field and looking poised to cruise into the institution championships and defend their title. But unit maintenance shuffled rosters between H1 and H2, and what was H1 became H2 (and vice versa). H2 remained strong through the change, and H1 regrouped and regained some injured players to be a late-season factor in the Eastside playoff race. These two teams ended their regular seasons by splitting back-to-back matchups. Each game had exciting comebacks and ended with walk-off hits in the bottom of the seventh inning. H1 won the first game with a walk-off grand slam, and H2 won the second with a walk-off, two-run single.

Meanwhile, G4 quietly won games – only losing to H2 three times in the regular season for a final record of 16-3-1, tying the #1 seed H2's record. H2 had the better record (3-1-1) against G4, and was awarded the top seed for the playoffs.

The Eastside playoffs begin with G4 playing seven seed F2. The winner will face off against the winner of three seed G3 versus six seed G2 for their place in the Eastside championship series. On the top-half of the bracket, four seed H1 plays five seed F4. The winner of this matchup will face H2 (who drew a first-round bye) to get into the Eastside champion-ships.

The playoffs are scheduled to start on August 1st, with the Eastside and Westside championship series to take place on Friday the 4th through Sunday the 6th (if necessary). The institution championships are slated to begin on Wednesday the 9th, and continue on Thursday the 10th with Friday the 11th (if necessary), all at 6:30pm. The Eastside vs. Westside All-Star games will all be played on Saturday the 12th as a three-game set. It should prove to be an exciting softball playoff season once again at EOCI!

Institution Softball Champions in History:

2022: H1

2019: G4

2018: B1

2017: G4

2016: G4

2015: H1

2014: H1

2013: H1



3 Versus 3 Baskerball Tournama



Westside Winner: **B4**

Shawn Hartley
Stephon Hartley
Basukumbi Wamulumba
Riley Baney (alt)









The B2 team played for **St. Jude's Children's Hospital**. St. Jude's provides support and treatment to millions of children diagnosed with cancer each year. The Enrichment Club has sponsored unit B4's team and issued a \$1000 donation to St. Jude's Children's Hospital as a result of their victory.

Westside Winner: **H2**

Cory Hartford
Robert Dixon
Paul Reyes
Zack Mersch (alt)



The H2 team played for **Doernbecher Children's Hospital**. More than 10 million kids enter a children's hospital every year. To provide the best care for kids, children's hospitals rely on donations and community support. Doernbecher Children's Hospital treats kids with trauma, diabetes, cancer, and babies in NICU. The Enrichment Club has sponsored unit H2's team and issued a \$1000 donation to Doernbecher Children's Hospital.

Event Results: \$2000 in Donations to Charities

























LAST CHANCE TO SIGN UP!



Items (Limit of 1 meal per AIC):

- Breakfast Meal

Six (6) - slices of bacon

Six (6) - sausage links

Ten (10) oz - cheesy scrambled eggs

Four (4) 2.25 oz - fried hash brown patties

Four (4) - packets of ketchup

One (1) - to-go box

Two (2) beverages

- Add on Pancakes (not sold separately)

Four (4) - Chocolate Chip Pancakes

One (1) 4 oz - Strawberry Topping

Three (3) 1.4 oz cups - Maple Syrup

Two (2) - packets of butter

Add \$8

total of \$34

Fundraiser Details

Order Deadline: August 10th, 2023

Event Date: August 29th, 2023

Limit: One (1) meal per AIC

What: Breakfast Meal

Where: East and West Dining rooms

When: Handout will be August 29th

Handout will occur after lunch and before 3:30 pm. A workers line will be called. There will be a last call. It is your responsibility to be available between 1 and 3:30 pm and attend when your unit is called.

Event Date:

August 29th, 2023

*This meal contains pork and strawberries and happiness

- Funds must be available in your account at the time the request is sent to Central Trust (or field office). If funds are unavailable, forms will
 not be held until funds become available. Fund will be drawn after the August PRAS Award.
- Properly completed forms (or CD28P with form attached) must be received by the order deadline of August 10th, 2023. Incomplete or
 illegible forms will be returned.
- Cancellations must be received by August 10th, 2023 to avoid being charged.
- AICs on LOP, Conduct Order, or DSU placement will not be eligible to participate, and no refund will be approved.
- Refunds will only be authorized if you are transferred prior to the event. AICs who do not attend the event, for any reason other than transferring to another facility, will not be given a refund.
- AICs who transfer must contact The Enrichment Club. Refunds will not be processed more that two weeks after the event.
- This does not excuse your from you work assignment. You must get approval from your supervisor prior to attending. It is your responsibility to ensure you are available when your unit is called. AICs who attend yard or other extracurricular activities during the event will not be eligible to participate and no refund will be provided.
- Pancakes are not sold separately.
- Date, time and product may be subject to change, if necessary.

All questions and requests for refunds should be directed to the Enrichment Club at IWP.

A Logo Contest

We couldn't narrow it down to just one.... so the winners are....

Randy Fox and Jagger Bowen!



By Randy Fox



By Jagger Bowen

Congratulations Randy and Jagger!





Minimum Requirements:

- GED or High School Diploma.
- Non-cash Incentive Level 2 or 3; Minimum of 1 year misconduct free.
- Ability to follow directions.
- Communicate orally to get across complicated instructions, interpretations, and to maintain as much confidentiality as possible.
- No DOC record of staff assault(s).
- No DOC record of prior removal from library assignment that resulted in an adjudicated disciplinary report.
- Minimum of 2 years time remaining to be served if at a medium custody facility and minimum of 1 year time remaining to be served if at a minimum custody facility or prior experience as a Legal Assistant.

Desired Attributes may include, but are not limited to:

- Knowledge of legal system, preferably including Oregon.
- Legal research capabilities and legal writing skills.
- Typing skills.
- Ability to work independently.
- Must be able to work collaboratively; must work well with others.

Law Library Orderly Position:

Minimum Requirements:

- Non-cash Incentive Level 2 or 3; Minimum of 1 year misconduct free.
- Ability to follow directions.
- No DOC record of staff assault(s).
- No DOC record of prior removal from library assignment that resulted in an adjudicated disciplinary report.
- Hardworking and able to work independently.

Send Applications to IWP

Multiple Openings!

APPLICATIONS DUE BY 8.25.23 SEND COMPLETED APPLICATIONS TO IWP

Now HIRING CLERK

There is now an opening for a part-time Clerk position at IWP and Transitional Services. This position will work two (2) weeks out of the month with Transitional Services under the supervision of Ms. Robson, Transition Services and two (2) weeks out of the month at IWP under the supervision of Mr. Peters, IWP Coordinator. Hours vary, but generally will be between 7 am and 4 pm, Monday through Friday. This position is part-time, but times may vary. PRAS award starts at 11 points.

Duties May Include:

- Filing, data entry, and basic clerical work.
- Prepare and organize class materials, assist with setup and take down of classes
- Assist with resume building, transition plans, and tutor individuals who require assistance in transitional classes.
- Organize and maintain program resources.
- Produce articles for *The Echo* conduct interviews, research, and take photographs of various events/subjects.
- Other duties as assigned.

Criteria:

- Must be well-written. A writing sample is required as part of the interview process.
- Must be neat and organized.
- Must be comfortable with Microsoft Word, Excel, and Publisher.
- Must have 6 months clear conduct.
- Must be able to communicate well and work with a wide range of AICs and Staff.

Send applications to IWP. Applications are due by 8.25.23



American Cancer Institute | PAWS Animal Shelter | Constructing Hope

Sign Up Deadline: August 21st, 2023

Event Date: September 4th, 2023

Time: During the Regular Yards

Where: East and West Yards

The Enrichment Club will be holding Labor Day Events to raise money for charity (you pick the charity you want us to make a donation to). We will sponsor your participation in the event and make a donation to the charity you have selected. All participants will receive a complimentary wrist band (while supplies last).

Events May Include: 5K Race; 1 Mile 4-man Relay; 1 Mile Race; 100 meter Sprint; Pull Up Contest; Cornhole Tournament; Football Throw; Frisbee Throw; Softball Throw; Bat Race; and much more!

We are currently reviewing events for viability

Sign Up Forms Coming Soon!

Details:

- Open to all incentive levels.
- Must sign up for the event prior.
- AICs on Conduct Order, LOP or in DSU during the event are not eligible to participate.
- Event will occur on the East and West Yards.
- Donations will not exceed \$1000 per charity. Participants must select one of the three charities.
- All participants will receive a wrist band while supplies last.
- For non-participants: Please be considerate of run lanes and other equipment during the event.
- No CD-28s required the Enrichment Club will sponsor your participation in the event. You pick the charity and the better you perform in the event increases the donation amounts (for example, the faster you run a 5K the larger the donation we make)
- Events and times subject to change.





Our goal is to raise \$1000 for each of these charities!

You pick the charity and the Enrichment Club will sponsor your participation in the Labor Day events.

PAWS: Pendleton Animal Welfare Shelter



Pioneer Humane Society/PAWS is a 501(c)3 non-profit organization. PAWS operates almost entirely from grants and donations from the public. PAWS is people helping and rehabilitating orphaned and injured wildlife, sheltering and adopting homeless cats and dogs, and educating the community to inspire compassionate action for animals. Since 1967, PAWS has united more than 130,000 cats and dogs with loving families, cared for more than 140,000 sick, injured and orphaned wild animals.

The Cancer Research Institute (CRI) identifies and fund the brightest and most promising cancer immunotherapy scientists worldwide while promoting awareness, sharing up-to-date immunotherapy information, and inspiring lifelong advocacy for the cause.

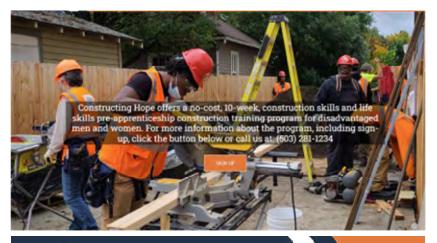
Scientific research is the key to finding the answer to all forms of cancer. CRI's focus on the immune system has resulted in millions of lives saved worldwide.

The CRI funds research on immunotherapy treatment for <u>all</u> <u>types of cancer</u>. Its programs include training for emerging cancer researchers, clinical research, and public education initiative. The organization puts 88 cents of every dollar donated towards its programs.

Cancer Research Institute



Constructing Hope



CONSTRUCTING HOPE
PRE-APPRENTICESHIP PROGRAM HOPE

The mission of Constructing Hope is to rebuild the lives of people in communities by encouraging self-sufficiency through skills training and education in the construction industry. They serve people of color, **people coming from incarceration**, and low-income adults. Constructing Hope offers a no-cost, 10-week, construction skills and life skills pre-apprenticeship construction training program.

Constructing Hope's GOALS are to:

- Help the long-term unemployed attain sustainable careers
- Increase workforce diversity
- Reduce recidivism
- Meet hiring needs in the construction industry





COLUMNS

Fire Emblem: Three Hopes

A Mixed Game Gets Mixed Review

Written by Phillip Luna

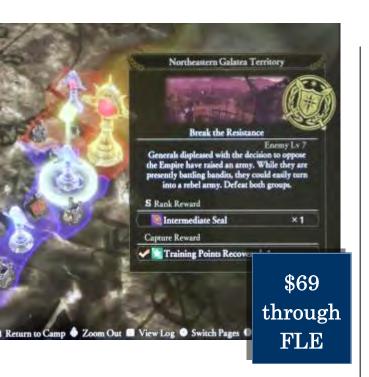
f you enjoyed Fire Emblem: Three Houses then of course you will love the newest addition to the franchise, right? Maybe not so much. Fire Emblem: Three Hopes is a reimagining of the storyline and characters from Three Houses with the hack-andslash style of play the made Fire Emblem: Warriors popular. The major problem here is that Switch owners who gravitated towards Three Houses probably enjoyed the turn-based strategy of game play which is lost in the newest addition. Alternatively, players who enjoyed Warriors probably preferred the a-thousand-enemies-versus-one style of play, which does exist but with the characters and backdrop of Three Houses - a game they may have never played.

The character development feels lazy - as if the gamer is expected to know the characters from a the previous installment and the developers are relying on nostalgia to immerse the gamer in the story. The same characters from *Three Houses* exist under some sort of alternate storyline without any expla-

nation as to why or how we got there. Additionally, the characters appear to have the same story arcs similar lines, similar conflicts. At the start of play the main character is tasked with choosing between one of three houses which informs much of the storyline. The player also carries on a secret internal dialogue with an unidentified spirit guide who has lost his memory (sound familiar?). *Three Hopes* feels like two unrelated games mashed together with lesser quality graphics than its predecessors.

If you decide to purchase *Fire Emblem: Three Hopes*, be warned the first few cut scenes will spoil some of major plot twists in *Fire Emblem: Three Houses*. If you haven't played the latter you may want to hold off on the former. But if you have already put hundreds of hours into *Three Houses*, you can expect to be bored by the dialogue of the of *Three Hopes*. It's a lose-lose situation.

All-in-all, about 4 or 5 hours into play the experience does expand quite a bit. The player can move about an encampment, interacting with NPCs (non-



player characters), and upgrading and expanding workshops, classrooms, and training areas by gathering various resources throughout the map. The player must develop relationships with the NPCs to expand the story and sub-story lines. Battles do become more challenging later on. The player can earn strategy points throughout play, which grants certain abilities or focuses during major battles (recruiting generals to your side, creating blockades, stationing healers on the map, etc).

Overall, if you purchase the game give it a handful of hours before judgment. There are some unique qualities that make for interesting play but they take a long time to develop. As someone who has played through *Fire Emblem: Three Houses* four different times and invested hundreds of hours, I can say that once over my initially annoyance and disappointment with *Three Hopes*, I do enjoy the game. I am not exactly overwhelmed by the graphics, play, or the effort the developers but into it, but I am not underwhelmed either. Just whelmed, I suppose.

Fire Emblem: Three Hopes is available through FLE for \$69.

COLUMNS

NS Lite Monthly Challenge

Lowest Completion Percentage - Harder Than it Sounds

Co-written by Paul Ropp, Nick Vega, Kaliq Mansor

We are grateful for all the responses we got from last month's challenge (so many to fit onto the page!). After countless hours of Korok hunting many of you reached 100% completion. Some of you were able to get within a fraction of a percent, but were bested by a single missing Korok seed, or a wily Impa unwilling to let you touch the village orb.

During the challenge, we were actually able to witness someone achieve the coveted 100% completion in real time. It was hard not getting caught up in the final moments as he excitedly ran toward the last undiscovered area on the map. Finally, after two years of effort, Link's penultimate journey to save Hyrule was finished.

Our next challenge is for those of us still waiting for 'Tears of the Kingdom' to arrive. This new challenge flips last month's challenge on its head. We are looking for the LOW-EST completion percentage for 'BREATH OF THE WILD'. Easy you say? Then show us. Do you really think you can beat all five Ganons with only three hearts and no Divine Beasts? Can you slay Ganon without the Master Sword, Hearty Durian, or extra inventory slots?

We have tested the challenge ahead of putting this out, and were able to get into the sanctum of Hyrule Castle with three hearts, no armor, and some sticks. Unfortunately, we didn't have the right stuff (or the 'Right Stuff'?) to beat the Ganons. So, to the meek of heart, we say go no further and play your Farm Simulator or Pokemon. For those of you who wish to live on in the annals of *The Echo*, go forth and defeat Ganon, and do so with as little of the games completed as possible.

(Note: According to the game's guide, only Shrines, Korok seeds, named areas, and bosses count towards the game's completion percentage. Each individual item accounts for approximately 0.08% of the game's completion.)

As before, send us your LOWEST COMPLETION PER-CENTAGE in a kyte mailed to IWP (if you want to share your secrets, we would love to hear how you got there) and we'll post the results in next month's ECHO.

Thanks for playing!



NEWS IN BRIEF

Notices You May Have Missed

From Your Housing Unit Bulletin Board and Brief Announcements

Provided by ODOC and Various Sources

Law Library

A reminder is necessary as to what can be copied in the Legal Law Library.

Per OAR 291-139-0170(1)(g): The library coordinator, in consultation with an immediate supervisor, may approve at the inmate's expense photocopying of non-legal documents in the facility legal library when doing so serves a legitimate correctional, rehabilitative or programming need. Under this rule, the Library will provide copies of items such as:

- Taxes
- Bank Statements
- Veteran Affairs documents
- DHS documents
- Certificates & Awards
- Homework

Please send a communication to the Law Library or discuss with the Law Librarians during your scheduled call out. The request will be reviewed by their chain of command and a response will be sent to you.

Incentive Computer

The incentive level computer was moved to the Institution Work Programs office on September 1, 2022. Those eligible to use the incentive level computer can request printed copies of the documents they create on the incentive computer through <u>IWP</u>.

Copies are limited. Contact the appropriate office for additional questions.

Health Services: Preventative Health Screening

EOCI Health Services would like to inform all AICs that they will be implementing a process to change Preventative Health Screening services. AICs will be offered Preventative Health Screening at their annual TB testing. This allows for every AIC to be offered a screening each year. The first clinic will be piloted on August 10th. Piloting the first clinic will help Heath Services fine tune the process for future clinics. For all AICs scheduled to have their PPD placed in august, they will be offered a health screening, where age, weight, and demographic information will help to generate recommendations for Preventative Health patient education. The screening will be conducted by Health Services RN's. This screening is only being offered, not required. Refusal forms will be available for AICs declining the screening.

Financial Services Information Briefing

What are Court Ordered Financial Obligations (COFOs)? COFOs are financial obligations owed by an Adult in Custody (AIC) assigned during a legal proceeding. COFOs may consist of restitution, fines, fees, child support, or civil judgments including money owed to a victim. Note: COFOs are not the same as County and U.S. Court Filing Fees.

Why does the Department of Corrections (DOC) collect COFOs? Oregon Revised Statute (ORS) 423.105 became law in 2017, directing DOC to collect COFOs on behalf of the Oregon Judicial Department (OJD) and the Department of Justice (DOJ).

How are COFOs collected? COFOs are collected from eligible deposits, or deposits that are not protected from debt and obligation collection. Examples of eligible deposits include AIC performance monetary awards (PRAS) and moneys received from an AIC's family or friends.

10% of each eligible deposit is collected until the AIC's transitional savings has reached \$500. After the AIC's transitional savings has reached \$500, 15% of each eligible deposit is collected for COFOs until those obligations are satisfied.

Who do I contact if I have questions about COFOs? DOC is unable to provide case-specific information. AICs with questions or concerns about their COFO details should contact OJD/DOJ or the appropriate court of record.

Big Equipment Operator Training

Baker Technical Institute received a grant to provide Big Equipment Operator training to AICs across the state. They are finishing up at TRCI and will start the 5-week program at EOCI on Monday, August 7, 2023.

You may see the large semi/simulator classroom being moved into the institution tomorrow, Friday, August 4, 2023. It will be parked behind the staff breakroom/old captain's office in the physical plant area.

Mrs. Stewart will be entering call outs for the program. The AICs will be in the simulator semi classroom for most of the 5 weeks except for a few days when they will be in classroom C305 in education. Location (phy plant) will be designated on the call outs for the days they are scheduled to be in the simulator classroom, and will be ½ days. The days they are in the Education classroom will be a full day of training. They will return to their units for count and lunch, with the exception of August 28th. We will coordinate an out count and meals in Education on this day. AICs will be allowed to work or go to other programming as needed around these training call outs.

Education Update

The Education and Training Unit would like to make you aware of Pell Grant information. The most important thing to know is adults in custody (AICs) will not be able to fill out the Free Application for Federal Student Aid (FAFSA) form and apply for a Pell Grant on their own for college within the facilities. You will need to apply directly to the approved college or university programs.

The Federal Government has the following guidelines:

- 1. The college/universities need to apply with the DOC to be selected as a program.
- 2. The colleges/universities must get each facility accredited as one of their participating programs.
- 3. Finally, the colleges/universities have to apply with the U.S. Department of Education to become a Pell Grant program. Currently, the U.S. Department of Education has not finalized these applications.

There are two programs previously approved through the Second Chance Pell Grant process offering classes through Chemeketa Community College at Oregon State Penitentiary and Treasure Valley Community College (TVCC) at Snake River Correctional Institution. These programs will continue. Central Oregon Community College, Portland Community College, Blue Mountain Community College, TVCC, Chemeketa, Portland State University, and Adams State (a correspondence program) have begun the process of the Department of Corrections (DOC) application to get accredited. ODOC does not have any new approved sites at this time. If you have any questions, reach out to Ms. Hightower, DOC Education.

T-Mobile Users

The Department of Corrections is aware T-mobile and Boost Mobile customers may experience difficulties receiving calls from AICs due to spam filters. T-mobile and Boost Mobile are aware of this issue, and are currently conducting a review of their policy.

A notice is available on the housing unit tablets with directions for friends and family to correct the issue.

Number of Points Earned	Monetary Award	Total After 5% Reduction	
16 thru 45	\$12.50	\$11.88	
46 thru 65	\$22.50	\$21.38	
66 thru 85	\$32.50	\$30.88	
86 thru 106	\$37.50	\$35.63	
107 thru 127	\$42.50	\$40.38	
128 thru 148	\$47.50	\$45.13	
149 thru 169	\$52.50	\$49.88	
170 thru 190	\$57.50	\$54.63	
191 thru 211	\$62.50	\$59.38	
212 thru 232	\$67.50	\$64.13	
233 thru 253	\$72.50	\$68.88	
254 thru 274	\$77.50	\$73.63	
275 thru 295	\$82.50	\$78.38	
296 thru 316	\$87.50	\$83.13	
317 thru 337	\$92.50	\$87.88	
338 thru 358	\$97.50	\$92.63	
359 thru 379	\$102.50	\$97.38	
380 thru 400	\$107.50	\$102.13	
401 thru 9999	\$112.50	\$106.88	

NEWS IN BRIEF

PRAS Awards

PRAS Increases - Started in January for the February Award

Status of PRAS revisions: In 2014, the Department of Corrections (DOC) received a petition from an AIC to amend the PRAS Rule (OAR 291-077) so monetary awards align with costs of living. While the petition was denied as it was too complex, DOC formed a PRAS Audit Workgroup to address the petition and other concerns. These included points assigned for work and programming, and improving the work and training history letter AICs receive at release.

The good news: The DOC Executive Team approved Workgroup recommendations to satisfy the petition as well as eliminate several discrepancies in the PRAS rule. These changes create PRAS consistency throughout the department.

The bad news: Change takes time. Making the improvements required new PRAS system technologies, databases, and tracking systems to replace outdated originals. Due to several high-priority challenges (COVID-19, staffing issues, etc.), the necessary changes were nearly impossible. In addition, the consumer price index (CPI) caught up with the routine increases of average PRAS points, and canteen prices increased due to supply chain issues.

The best news: The Workgroup has been steadily making progress. In 2019, DOC eliminated the 120-day wait period to earn PRAS. The Workgroup is now ready to implement more changes.

What does this mean to you? Over the next few months, you will see the following changes:

The PRAS matrix will be adjusted to create a more even point spread in the first three levels. Also, two more levels will be added to reduce the chance of "maxing out." In addition, there will be an overall

25% increase in the dollar value of each level of the PRAS matrix to counteract the effects of the CPI and canteen increases. This will be accomplished through temporary rule adoption, effective 01/01/2023.

The number of PRAS points awarded per position will be consistent at all DOC institutions. AICs will earn the same number of PRAS points for the same work, regardless of location. This will not happen all at once, as there are over 15,000 assignment possibilities.

Start date: 12/01/2022. Estimated completion date: 06/30/2023.

Improvements to the Work and Training History document you receive upon release will be implemented when the position realignment is completed.

Estimated start date: 06/30/2023. Estimated completion date: 07/31/2023.

CONTRIBUTORS



		August 2023						
SUN	MON	TUE	WED	THU	FRI	SAT		
		1	2	3	4	5		
6	7	8	9	10	11	12		
				PRAS				
13	14	15	16	17	18	19		
20	21	22	23	24	25	26		
27	28	29	30	31				
		Breakfast	Full Moon					

Meet The Echo Team

Mr. Peters IWP Coordinator, The Echo Supervisor

Mr. Peters has worked in the Department of Corrections for 25 years. He has worked in Security, Inspections, and Correctional Rehabilitation. In 2016 he became the IWP Coordinator.



Phillip Luna
Editor
Copywriter
Photographer

Luna is the editor of *The Echo and* a contributing writer for the Coffee Creek Newsletter. He is also a Certified *Roots of Success* Facilitator, a Beekeeping Program Facilitator, the facilitator for the NCRC Prep Course, and the mentor for the Clerk Internship Program. In his spare time he is pursuing a Bachelor's Degree and is the current President of the Enrichment Club.



Patrick Gazeley-Romney Writer-at-Large Photographer

Gazeley is a Staff Writer for The Echo and a certified facilitator for the Gardening, Roots of Success, and Mindfulness programs. He is a Journeyman Beekeeper and facilitates the Beekeeping Program. He was also the first person in the nation to complete the Roots of Success Apprenticeship. Gazeley has a Bachelors Degree from Portland State University. In his spare time he is the Secretary for the Enrichment Club.



Juan Sanchez
Proofreader
Contributing Writer

A veteran of the US
Marine Corps, Sanchez
served as a tanker on
M1A1 battle tanks.
He is the proofreader for
The Echo, manages the
EOCI Institution Channel (channel 53), and
runs the videogram
program. He is a newly
certified Roots of
Success facilitator and
occasionally writes
articles for The Echo.

Kaliq Mansor

Contributing Writer

Kaliq is a contributing columnist, a Music Instructor, and a EOCI sports referee.

Fundraiser

Paul Ropp

Contributing Writer

Paul is an occasional contributing writer and part of the GOGI leadership team.

Your Name Here

Contributing Writer

To learn more on how to become a contributing writer, send an AIC communication form to IWP.

A publication of Eastern Oregon Correctional Institution, Pendleton, Oregon.

Direct questions and comments to EOCI Institution Work Programs (IWP).



Sexual abuse and harassment are never okay. Tell Someone. GET HELP.

Call the Inspector General's Hotline:

- 1. Pick up a handset
- 2. Press *999 to leave a message

All PREA Calls are confidential.

Send a letter to the Governor:

Governor's Office, State Capitol, Room 160, 900 Court St., Salem, OR 97301

The Oregon Department of Corrections has a zero tolerance policy for sexual abuse and harassment. Your family can report on your behalf by contacting the Inspector General's public hotline at: (877) 678-4222.

El Abuso sexual y el acoso sexual nunca son aceptables. Avisele a alguien. CONSIGA AYUDA.

Llame al Inspector General:

- 1. Al numero de ayuda:
- 2. Levante el teléfono, marque *999.

Todas las llamadas a 'PREA' son gratis y confidenciales.

También puede reportar a la oficina del Gobernador por escrito.

Governor's Office, State Capitol, Room 160, 900 Court St., Salem, OR 97301

Sus amigos o familiares pueden hacer un reporte llamando a la linea del Inspector General al 877-678-4222.

PREA Advocate:

You may write the PREA advocate at:
ODOC PREA Advocate
2575 Center Street NE,
Salem, OR 97301

Upcoming Events

Happening in August

Expected in August: GOGI file folders forms must be completed by July 31st and handout is expected to occur sometime in August.

August 10th: PRAS Award Day.

August 10th: Enrichment Club Breakfast Meal Fundraiser deadline. Last chance to sign up.

August 18th: Deadline to Sign up for Family Event.

August 25th: The EOCI Pow-Wow returns.

August 29th: The Enrichment Club will be holding a Breakfast Fundraiser Meal. The deadline to sign up is August 10th.

August 30th: Full Moon

Happening in September

September 4th: Labor Day Events

September 7th: PRAS Award Day

September 16th: Independence Day for Mexico

September 23rd: Autumn Begins

September 29th: Full Moon

September 30th: Family Event

For Paper Copies: Please Return to the Officer Station After Reading