

T.R.C.I. TUMBLEWEED



August 2023

VOL 23

ISSUE 8

Pay Dates: 8/10, 9/7, 10/5, 11/9, 12/7

WELCOME TO THE TRAC Two Rivers Activities Center



Opens Wednesday August 9th, 2023

Who Can Attend? Incentive Level 3 AIC's ONLY (65 max AIC's per time slot)

How to Sign-Up? Recreation will be accepting AIC requests for their desired time slots, but cannot guarantee any requests

- Please send a kyte to Recreation (J. Cambell or J. Garrett)*
- Please state your 1st, 2nd, and 3rd most desired day and time slot to attend the TRAC
- Recreation will fill time slots based on first come first serve basis
- All AIC's will be placed on a regularly weekly callout (3 consecutive missed callouts will result in removal)

Available Time Slots: 1 Session Per Week (availability subject to special events)

- Monday – Friday
- 9:00am – 10:30am
- 1:30pm – 3pm

Note: Due to daily maximum capacities, initially assigned callouts will not be changed at this time

If you have a conflicting work schedule, please specify when sending your kyte to sign up*

Activities:

- Pool Tables / Magic the Gathering
- Air Hockey / Foosball
- 2 Cutting Edge Pinball Machines
- 4 PS4's & 2 XBOX 360's with assortment of new games
- Movies on 120" Projector

Upcoming PSC Summer Events

- **Tip Basketball Championship (Incentive Units): August 7th**
- **Physical Plant Soft Opening @ The TRAC: August 8th**
- **Bulk Foods Delivery (Incentive level 3): August 21st – 25th**
- **Cross fit Events (Incentive Units): August 20th – 23rd**
- **Cross fit Games (Unit 13): August 28th**
- **GOGI Chicken Strip Fundraiser (All Incentive levels): October 5th – 7th (CD28's Coming Soon)**



Thank You TRCI!!!

Our Chen's Fundraiser for The Wounded Warrior Project was a blast and The Paradigm Shift Club is extremely grateful to all that participated. The event raised **~\$3500** to support our wounded veterans. The fundraiser was open to all incentive levels as PSC members served **~700** AIC's between July 24th – July 27th. This is the PSC's second fundraiser with local establishment Chen's Chinese. The club enjoys supporting small businesses and impacting local economies when possible.



What You Can Do To Protect Your Credit – Given the ODOT/DMV Data Breach in the News

In mid-June, there was a breach of information at the Department of Motor Vehicles (DMV) and 3.5 million Oregon driver's license and ID cards were impacted. There are immediate steps you can take to protect your information from identity theft. You are entitled to a free copy of your credit report once every 12 months from each of the three major credit reporting agencies, Experian, Equifax, and TransUnion. Contact information is listed below.

Equifax Fraud Reporting

P.O. Box 740256
Atlanta, GA 30374

Experian Fraud Reporting

P.O. Box 9554
Allen, TX 75013

TransUnion Fraud Reporting

P.O. Box 2000
Chester, PA 19016-2000

****Pell Grants****

To All Adults in Custody (AICs),

As you know, Pell Grants for colleges/universities are coming back soon. The most important thing to know is **you will not be able to fill out the Free Application for Federal Student Aid (FAFSA®) form** and apply for a Pell Grant on your own for college within the facilities. You will need to apply directly to the approved college/university programs.

There are Federal guidelines the colleges/universities must go through to become a Pell Grant approved program.

- 1) The colleges/universities need to apply with the department to be selected as a program.
- 2) The colleges/universities have to get each facility accredited as one of their participating programs.
- 3) Finally, they have to apply with the U.S. Department of Education to become a Pell Grant program.

Currently the U.S. Department of Education has not finalized these applications. We have two programs previously approved through the 2nd Chance Pell Grant process offering classes through Chemeketa Community College at Oregon State Penitentiary and Treasure Valley Community College (TVCC) at Snake River Correctional Institution. These programs will continue. Central Oregon Community College, Portland Community College, Blue Mountain Community College, TVCC, Chemeketa, Portland State University, and Adams State (a correspondence program) have begun the process of the DOC application and to get accredited.

We do not have any new approved sites at this time. If you have any questions, reach out to the Education and Training Unit.

****Pell Grants****

A todos los adultos bajo custodia (AIC),

Como saben, las Becas Pell para colegios/universidades volverán pronto. Lo más importante que debe saber es que no podrá completar el formulario de Solicitud Gratuita de Ayuda Federal para Estudiantes (FAFSA®) y solicitar una Beca Pell por su cuenta para la universidad dentro de las instalaciones.

Necesitará aplicar directamente a los programas universitarios/college aprobados.

Existen lineamientos federales que deben cumplir los colegios/universidades para convertirse en un programa aprobado por la Beca Pell.

- 1) Los colegios/universidades deben presentar una solicitud con el departamento para ser seleccionado como programa.
- 2) Los colegios/universidades tienen que conseguir que cada instalación sea acreditada como uno de sus programas participantes.
- 3) Finalmente, deben presentar una solicitud ante el Departamento de Educación de los EE. UU. para convertirse en un programa de Becas Pell.

Actualmente, el Departamento de Educación de EE. UU. no ha finalizado estas solicitudes. Tenemos dos programas previamente aprobados a través del proceso de Becas Pell de 2nd Chance que ofrecen clases a través de Chemeketa Community College en la Penitenciaría del Estado de Oregón y Treasure Valley Community College (TVCC) en la Institución Correccional de Snake River. Estos programas continuarán. Central Oregon Community College, Portland Community College, Blue Mountain Community College, TVCC, Chemeketa, Portland State University y Adams State (un programa por correspondencia) han comenzado el proceso de solicitud del DOC y para obtener la acreditación.

No tenemos nuevos sitios aprobados en este momento. Si tiene alguna pregunta, comuníquese con la Unidad de Educación y Capacitación.

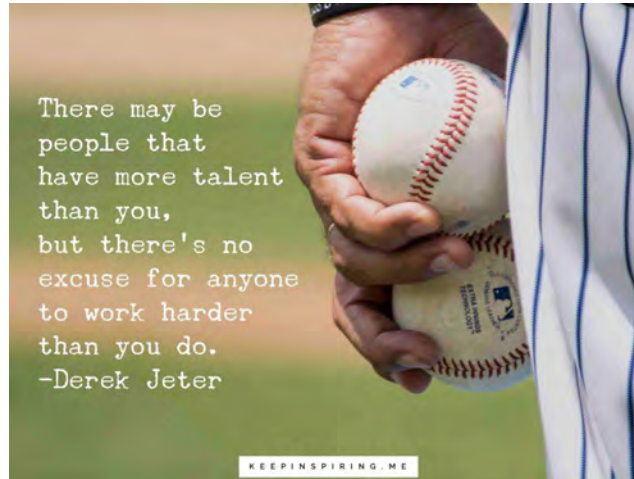


Deep Thoughts with Cambell

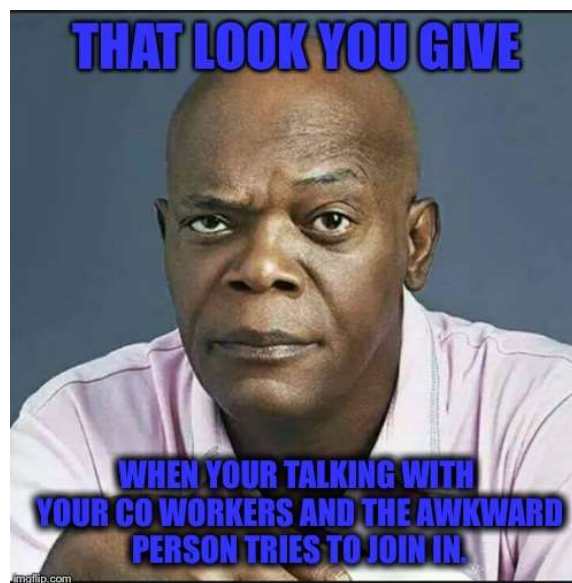
“Honesty without Kindness is cruelty; kindness without honesty is manipulation”



Sports Talk with Garrett



Jiro's Monthly Meme



Paradigm Shift Club Weight Lifting Championship

July 10th, 2023



Participant List: U1: Justin Starrett, Abraham Elsworth (not pictured), Joseph Bernard - U2: Philip Howells, Gene Taylor - U5: Carlos Jackson, Justin Hoyt, Caleb Scott (not pictured) - U10: Josue Perez-Patricio, Carl Alsup, Jarrod Pardun (not pictured) - U11: Christopher Williams (not pictured), Stephan King, Joseph Gustina - U12: Michael Pollack, Danny Montano - U13: Gerardo Chavarria, Matthew McVeigh, James Kinney, Juanito Sebastian, Juan Plata

Thank you to all that participated in the Incentive Unit Weightlifting Competition. The final event took place July 10th on U1 and included 21 total participants from all incentive units. The weight classes were divided into Under 50 and over 50 years old with light, middle, and heavyweight (see winners below). The competitors were given ample time to warm up between their sets, which included bench press, dead lifts, and squats. They each had two attempts per lift to reach their highest total weight. The total weight was then combined for an overall winner in their individual category. The Under 50 / heavyweight class ended in a tie between Carl Alsup and Justin Starrett and required a rep off. They agreed on a specific weight and lift type (285 lbs., bench press) to determine a winner. The energy was high throughout the event and everyone cheered on the next competitor. These types of events evoke positive reinforcement among AIC's and everyone was excited to attend and put their hard work to the test. The heavyweight winner, Justin Starrett, said "Everyone had a blast and supported each other." Justin has been at TRCI since 2008 and never experienced an event like this. Although these men come from different units and social circles, they all exhibited a level of comradery that's not normally seen. Incorporating events that bring AIC's together for a similar cause offers a sense of compassion and humanity to the daily prison routine. The sentiment was resoundingly positive from all participants and spectators as they look forward to the next event.

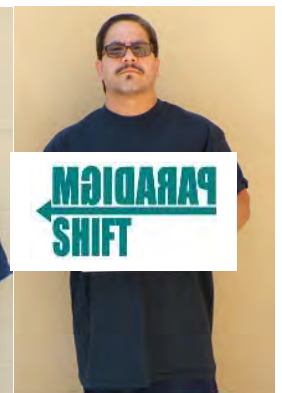
Institution Winners

50 & Under

Light: Joseph Bernard (1,045 LBS) – U1
 Middle: Stephan King (1,095 LBS) – U11
 Heavy: Justin Starrett (1,135 LBS) – U1

50 & Over

Light: Juan Plata (695 LBS) – U13
 Middle: James Kinney (905 LBS) – U13
 Heavy: Danny Montano (1,095 LBS) – U12



Recreation Department

News

The recreation department is pleased to announce we are building a list of AIC's with musical talent!

What we are looking for:

- Bass Guitar Players
- Lead Guitar Players
- Rhythm Guitar Players
- Drummers
- Keyboard Players
- Must be willing to play in a current band and perform in regularly scheduled concerts
- **LEVEL 3 REQUIRED**

We are **NOT** looking to add vocalists, lead singers, new bands, or anything else not mentioned above.

If you are interested, please send a kyte including the following to Mr. J. Cambell-Rec Specialist:

- Type of instrument played
- Type of music you prefer to play
- Current Work Assignment schedule
- Sending a kyte is NOT a guarantee of band membership

Deadline to respond: September 2nd, 2023

- **Open to incentive unit level 3 AIC's only**
- This is a timed competition with **NO AGE OR WEIGHT CLASSES**
- You will compete with all participants on your unit. Only the 1 individual fastest time from each unit will move forward to the CrossFit Games
- Course is posted on your unit board and photos showing correct form will be sent to all competitors

PSC members will visit each unit to verify times and events on the schedule below

Participation Order: By Random Draw

CrossFit Unit Qualifier Event Schedule

Sunday, August 20th

@ 6:30PM (Unit 1)
@ 7:30PM (Unit 26)

Tuesday, August 22nd

@ 6:30PM (Unit 10)
@ 7:30PM (Unit 11)

Monday, August 21st

@ 6:30PM (Unit 2)
@ 7:30PM (Unit 5)

Wednesday, August 23rd

@ 6:30PM (Unit 12)
@ 7:30PM (Unit 13)



CrossFit Games
August 28th @ 1PM
Unit 13



*Each unit winner will compete on Unit 13. A random variation to the CrossFit course will be implemented (**top secret** 🤫), incorporating the Rogue Echo Bikes along with Weight & Endurance events*

Participation Order: By Random Draw

Prizes: Top 3 fastest times win supplements

Sign up: Send your info via kyte to PSC by August 11th



State of Oregon Department of Corrections Commissary

DATE: WEDNESDAY, JULY 26, 2023
TO: Adults in Custody
FROM: Anita Nelson, Distribution Services Statewide Operations Manager
SUBJECT: Commissary News, Updates and Reminders

News:

Our vendor has had a price increase on the 13" TV effective July 14th, 2023. The new price will be \$293.15.

The incentive items are available again starting July 10th, as our year-end inventory has ended. Please note that we currently have guitars in stock so if you have been thinking about purchasing a guitar now is the time. After our stock has sold out, there will be a six-week waiting period for guitars.

Please see below the list of incentive items we offer.

# 1 TV Option		Electric Guitar Package		Price	
9" Clear LCD TV Item 7829	\$161.00	Package includes: Schecter Omen 6 Electric Guitar & Schecter Case			
Note: Earbuds NOT included		Right-hand Package		\$576.61	
Includes: Stand, Remote w/batteries		Left-hand Package		\$607.17	
# 2 TV Option		Electric Guitar Accessories		Price	
13" Skyworth SLTV 1369AP Clear LCD TV Item 7840	\$293.15	Zoom G1X FOUR Guitar		\$207.35	
Includes: Stand, Remote w/batteries and one set of ear buds		9V ACDC Power Adapter		\$28.60	
Guitar		Electric Bass Guitar Package		Price	
Prison Blues Custom Guitar	\$978.00	Package includes: Schecter Omen 4 Bass Guitar & Schecter Case			
Upstart Electric Guitar Gig Bag	\$81.51	Right-hand Package		\$644.82	
Acoustic Guitars and Accessories		Electric Bass Guitar Accessories		Price	
3404 Yamaha F325 Right	\$271.70	Zoom B1X FOUR Bass		\$193.05	
3410 Yamaha FG820SL Left	\$629.30	9V ACDC Power Adapter		\$28.60	
3415 Yamaha FG800 Right	\$407.55	Yamaha 61 Key Portable		Price	
Yamaha Acoustic Guitar Case	\$228.80	Keyboard & Accessories			
Dreadnaught Gig Bag	\$81.51	Yamaha Keyboard		\$257.40	
Dean Markley Acoustic P/U	\$67.21	Keyboard Foot Switch Style Sustain Pedal		\$30.75	
D'Addario 5FT Instru. Cable	\$22.88	Yamaha AC Power Adapter		\$28.60	
Ukulele & Accessories		Black Compression Shorts		Price	
Soprano Ukulele	\$114.40	Waist Extended (size)			
TLK Soprano Ukulele Gig Bag	\$35.75	Small-(23)	Medium-(25)	\$13.90	
Miscellaneous Accessories		Misc. Items		Price	
Korg TM-60 Tuner / Metronome	\$51.47	Large-(28)	Xlarge-(31)	\$13.90	
Planet Wave Tuner/Metronome	\$50.00	2XLarge-(34)		\$15.75	
Yamaha clip-on tuner	\$26.81	3XLarge-(37)		\$16.80	
1/4 5' Guitar Cord	\$11.44	Yamaha Hph-100 closed back headphones			\$102.96
		Book Light LED w/Batteries			\$15.36

AUGUST MOVIE SCHEDULE

Week 1	Run	August 4th – August 10th	Rating	Movie Start / Repeat		
Ch.51*	Loop	Ballers Season 2, Disc 1 (5 Ray Donovan Season 3, Disc	TV-MA	1:30 pm	6:30 pm	10:30 pm
Ch. 52	1:36	Jerry & Marge Go Large	PG-13	1:30 pm	6:30 pm	10:30 pm
	1:42	Casablanca	PG			
Ch. 54*	Loop	True Blood Season 7, Disc 1 Strike Back Season 4, Disc 1	TV-MA	1:30 pm	6:30 pm	10:30 pm
Week 2	Run	August 11th – August 17th	Rating	Movie Start / Repeat		
Ch. 51*	Loop	Ballers Season 2, Disc 2 (5 Ray Donovan Season 3, Disc	TV-MA	1:30 pm	6:30 pm	10:30 pm
Ch. 52	1:36	Evil Dead Rise	R	1:30 pm	6:30 pm	10:30 pm
	1:56	Tequila Sunrise	R			
Ch. 54*	Loop	The Good Place Season 3,	TV-MA	1:30 pm	6:30 pm	10:30 pm
	Loop	The Watchman Series Disc 3				
Week 3	Run	August 18th – August 24th	Rating	Movie Start / Repeat		
Ch.51*	Loop	Ballers Season 3, Part 1 (5 Ray Donovan Season 4, Disc	TV-MA	1:30 pm	6:30 pm	10:30 pm
Ch. 52	1:33	65	PG-13	1:30 pm	6:30 pm	10:30 pm
	1:26	Strange Wilderness	R			
Ch. 54*	Loop	True Blood Season 7, Disc 2 Strike Back Season 4, Disc 2	TV-MA	1:30 pm	6:30 pm	10:30 pm
Week 4	Run	August 25th – August 31st	Rating	Movie Start / Repeat		
Ch. 51*	Loop	Ballers Season 3, Part 2 (5 Ray Donovan Season 4, Disc	TV-MA	1:30 pm	6:30 pm	10:30 pm
Ch. 52	1:43	The Pope's Exorcist	R	1:30 pm	6:30 pm	10:30 pm
	1:48	Illegal Tender	R			
Ch. 54*	Loop	The Good Place Season 3, Disc 2 (5 eps) The Last of Us Season 1, Disc 1 (3 eps)	TV-MA	1:30 pm	6:30 pm	10:30 pm

Closed Caption Schedule:

All Movie Channels will be played in closed caption on a set schedule

* CH.54 & CH. 51 IS STRICTLY FOR IN CELL VIEWING ONLY AND IS NOT TO BE SCHEDULED FOR DAYROOM AUDIENCE. SCHEDULING CHANNEL 54 FOR THE DAYROOM IS SUBJECT TO DISCIPLINARY ACTION IF THIS DIRECTIVE IS VIOLATED! *



Financial Services

Informational Briefing

Court Ordered Financial Obligations (COFOs)

What are Court Ordered Financial Obligations (COFOs)?

COFOs are financial obligations owed by an Adult in Custody (AIC) assigned during a legal proceeding. COFOs may consist of restitution, fines, fees, child support, or civil judgements including money owed to a victim. *Note: COFOs are not the same as County and U.S. Court Filing Fees.*

Why does the Department of Corrections (DOC) collect COFOs?

Oregon Revised Statute (ORS) 423.105 became law in 2017, directing DOC to collect COFOs on behalf of the Oregon Judicial Department (OJD) and the Department of Justice (DOJ).

How are COFOs collected?

COFOs are collected from eligible deposits, or deposits that are not protected from debt and obligation collection. Examples of eligible deposits include AIC performance monetary awards (PRAS) and moneys received from an AIC's family or friends.

10% of each eligible deposit is collected until the AIC's transitional savings has reached \$500. After the AIC's transitional savings has reached \$500, 15% of each eligible deposit is collected for COFOs until those obligations are satisfied.

Who do I contact if I have questions about COFOs?

DOC is unable to provide case-specific information. AICs with questions or concerns about their COFO details should contact OJD/DOJ or the appropriate court of record.



Oregon Judicial Department (OJD)
Business and Fiscal Services Division
Attn: Collections
1163 State St
Salem OR 97301

Department of Justice (DOJ)
Division of Child Support
PO Box 14680
Salem, OR 97309
(800)-850-0228

Questions?

AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and Family may submit questions to dldoctrustinfo@doc.state.or.us.