

SECURITY



Hygiene Rule Review

Ensuring the safety of everyone living and working at OSP is our top priority. Staff will address anyone who is dressed in a manner that draws undue attention or compromises safety and security as outlined in the 'Hygiene, Grooming and Sanitation (AIC)' rules 291-123-0015:

(5) Clothing:

(a) Adults in custody will be issued DOC clothing that is properly fitted, durable, presentable, and suitable for the activity in which the adult in custody may be involved.

(b) Adults in custody must be properly attired in a manner that does not draw undue attention or compromise internal order and discipline, institutional security, or the health and safety of the adult in custody, other adults in custody, and staff.

/s/ E. Martinez, Correctional Officer

COMMISSARY

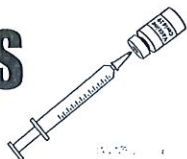


Canteen Slips

Due to Christmas and New Years being on Mondays this year, we will be picking up Canteen slips on Thursday, December 21, 2023 and Thursday, December 28, 2023 at 6:00 a.m.

/s/ J. Rude, Commissary

HEALTH SERVICES



Covid Vaccine Clinics

It is that time again for Covid vaccines. Just like with the flu vaccines, legislation has stated that Covid vaccines are an Opt-Out Program for all of ODOC. This means that all AICs will be offered the opportunity to receive the updated Covid vaccine which covers the newest variants.

Health Services will be holding clinics for all AICs, in all housing units. Each AIC will receive a call pass to either say yes, and receive the vaccine, or say no, and decline the vaccine. Both options are your choice and there are no repercussions from Health Services for accepting or declining the vaccine. The only requirement is that your choice is documented on the consent form for your medical record. Thank you for your cooperation.

/s/ S. Bailey, RN, Health Services

JOB ANNOUNCEMENT



Visiting is Hiring

Visiting is looking for a new orderly/photographer. Send your application to the Visiting Sergeants to be considered (Sgt. Harman and Sgt. Garcia)

- Work during visiting hours with Monday and Tuesday days off
- 14 points
- Level 3 preferred, but will accept level 2s
- Must be polite and appropriate when interacting with the public
- Cannot be on basic visiting sanction

/s/ B. Roach, AIC Work Programs

Physical Plant General Maintenance Opening



The Physical Plant General Maintenance Shop has an immediate opening for an AIC General/Campus Maintenance worker.

Interested applicants must be able to meet the following criteria:

- Be a self-starter.
- Have at least two (2) years clean conduct.
- Have at least one (1) year left here at OSP.
- Demonstrated ability to use hand tools (drills, roto hammer, Sawzall, tape measure, etc.)
- Ability to work using a lift.
- Ability to work in confined spaces.
- Ability to consistently lift at least 75 pounds.

- Ability to be redirected at a moment's notice to assist other shops or coworkers.

Please submit an AIC application form, resume, and cover letter to C. Hegeman, Physical Plant.

/s/ C. Hegeman, Physical Plant



RELIGIOUS SERVICES

Weekly Chapel Schedule

Saturday, December 16

- 8:00 am LDS
Sweat Lodge
Jehovah's Witness
- 1:00 pm Jewish Service
Seventh Day Adventist
- 6:00 pm Calvary Chapel
Siddha Yoga (2nd and 4th Saturdays)

Sunday, December 17

- 8:00 am Spanish Protestant
Spanish Jehovah's Witness
Catholic Service
Urantia (1st and 3rd Sundays)
- 6:00 pm Lutheran Service

Monday, December 18

- 1:00 pm Hispanic Catholic Service
- 6:00 pm Pentecostal Service

Tuesday, December 19

- 1:00 pm Agape
Orthodox Christianity (1st and 3rd Tuesdays)
Art of Living (Meditate) (2nd and 4th Tuesdays)
- 6:00 pm Buddhist (1st and 3rd Tuesdays)

Wednesday, December 20

- 1:00 pm Justice Issues
- 6:00 pm Most Excellent Way Chapel

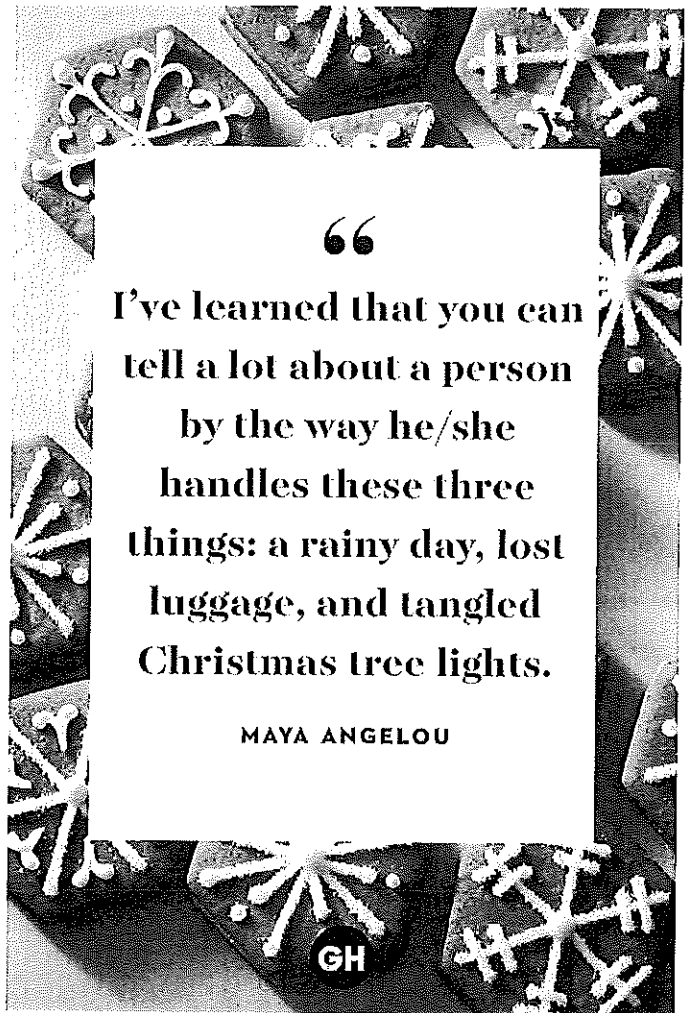
Thursday, December 21

- 1:00 pm TUMI
- 6:00 pm Gospel Service

Friday, December 22

- 1:00 pm Nation of Islam
Sunni Jumma Prayer

A Point to Ponder



“
I've learned that you can
tell a lot about a person
by the way he/she
handles these three
things: a rainy day, lost
luggage, and tangled
Christmas tree lights.

MAYA ANGELOU



Don't let germs make you sick! Kill germs with disinfectants.

- Did you know that workers and people in jails and prisons can get sick from germs on things they touch?

Wash your hands for 20 seconds with soap and water after touching things to avoid getting sick!

A disinfectant kills germs. Some disinfectants don't work for every germ!



Viruses are a type of germ that can give you

- A common cold
- Hepatitis
- HIV
- Flu
- A stomach bug
- COVID-19



Things that people touch in jail or prison that may not be clean include

- Table
- Chair
- Writing desk
- Door handle
- Stair rail
- Light switch
- Sink and shower faucet
- Toilet
- Phone
- Computer keyboard

If you touch anything that may not be clean, **wash your hands with soap and water for 20 seconds!**

DO NOT mix disinfectants with anything else!

- Some disinfectants can make you sick if you mix them with other disinfectants or chemicals.
- The disinfectant may not work when it's mixed with anything else.



Steps you should take

- Use disinfectants that jail or prison staff give to you.
- Listen to and follow the cleaning instructions that the jail or prison staff give to you about how often to disinfect things.
- Follow all instructions and training that tell you how to apply the product (such as using a mop, sponge, brush, cloth, or something else).
- Read and follow all the label instructions on the disinfectant.
- The instructions may tell you
 - what you should use it on,
 - how long to leave the product on before wiping it off or removing it, and
 - how long the product should last before it goes bad.
- Wear gloves to protect your hands when you use disinfectants.



Know how disinfectants work

- If something looks dirty, clean it with soap and water or cleaning products before you use the disinfectant.
- Some disinfectants may need time to work. Put the product on and let it soak for the time that the label instructions tell you. This might mean you wipe the product off after 1 minute, 10 minutes, or for some other time.
- Always wash your hands with soap and water for at least 20 seconds after you use a disinfectant, or after you touch something that may have germs on it.

March 2023

DHHS (NIOSH) Publication No. 2023-127



Centers for Disease Control
and Prevention
National Institute for Occupational
Safety and Health

¡No deje que los microbios lo enfermen! Elimine los microbios con desinfectantes.



¿Sabía que los trabajadores y las personas en las cárceles y prisiones pueden enfermarse a causa de los microbios que hay en las cosas que tocan?

¡Lávese las manos por 20 segundos con agua y jabón después de tocar cosas para evitar enfermarse!

DISINFECTANT

Un desinfectante elimina microbios. ¡Algunos desinfectantes no funcionan para todo tipo de microbios!



Los virus son unos tipos de microbios que pueden causarle:

- Resfriado común
- Influenza (gripe)
- Hepatitis
- Virus estomacal
- Infección por el VIH
- COVID-19



Cosas que las personas tocan en la cárcel o prisión que quizás no estén limpias:

- Mesa
- Lavamanos y llave de la regadera
- Silla
- Inodoro
- Escritorio
- Teléfono
- Manija de la puerta
- Teclado de computadora
- Barandas de escaleras
- Interruptor de luz

Si toca algo que no esté limpio, ¡lávese las manos con agua y jabón por 20 segundos!

¡NO mezcle desinfectantes con nada más!

- Algunos desinfectantes pueden enfermarlo si los mezcla con otros desinfectantes o productos químicos.
- Es posible que el desinfectante no funcione cuando se mezcla con cualquier otra cosa.



Medidas que debe tomar

- Use los desinfectantes que el personal de la cárcel o prisión le dé.
- Escuche y siga las instrucciones de limpieza que el personal de la cárcel o prisión le dé sobre la frecuencia con la que debe desinfectar las cosas.
- Lea y siga todas las instrucciones en la etiqueta del desinfectante.
- Las instrucciones pueden decirle:
 - en qué debe usarlo,
 - cuánto tiempo dejar el producto antes de removerlo o quitarlo, y
 - cuánto tiempo debería durar el producto antes de que se eche a perder.
- Siga todas las instrucciones y la capacitación que le indiquen cómo aplicar el producto (como usar un trapeador, una esponja, un cepillo, un paño u otra cosa).
- Use guantes para proteger sus manos cuando use desinfectantes.



Sepa cómo funcionan los desinfectantes

- Si algo se ve sucio, límpielo con agua y jabón o productos de limpieza antes de usar el desinfectante.
- Algunos desinfectantes podrían necesitar tiempo para hacer efecto. Aplique el producto y déjelo en remojo el tiempo que se indique en las instrucciones de la etiqueta. Por ejemplo, quizás debe remover el producto después de 1 minuto, 10 minutos o un tiempo diferente.
- Siempre lávese las manos con agua y jabón durante al menos 20 segundos después de usar un desinfectante o después de tocar algo que pueda tener microbios.

Obtenga más información

1-800-CDC-NIOSH (1-800-232-4636) | cdc.gov/cdc-info | cdc.gov/niosh

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Centers for Disease Control
and Prevention
National Institute for Occupational
Safety and Health

Marzo del 2023



Visiting Room Protocols


Physical Contact, Snacks & Beverages

Visitors approved for privileged visiting may share a **brief** embrace/kiss with the AIC at the beginning and end of the visit.

- Excessive physical contact will be grounds for terminating the visit.
- Visitors may purchase food or drink items for him or herself or the AIC, but the adult in custody and the visitor **may not share** the same food or drink.
- AICs are **prohibited** from handling money or tokens **and from approaching or operating** the vending machines.

Basic Visiting: An AIC assigned to general population in a DOC facility whose visits are restricted to basic visiting shall be permitted the following:

- No more than eight visiting sessions per month
- Only two visitors per visit shall be allowed. A third person may be permitted if they are under three years of age and is held. Exceptions may be specifically authorized by the superintendent or designee.
- Duration of shall be a minimum of one hour, depending on space availability. If space allows the visit may occur throughout the duration of the visiting session. If there is not enough room for basic visits those with a minimum of hour or more will be the first to leave based on who arrived first.



For more information please refer to the Handbook for Friends & Family of Adults in Custody, the ODOC website [Department of Corrections: Visiting : State of Oregon](#) or facility staff.

APPROVED

DEC 04 2023

GROUP LIVING
CAPTAIN



Mainline

Week at a Glance

| | Monday 12/18/2023 | Tuesday 12/19/2023 | Wednesday 12/20/2023 | Thursday 12/21/2023 | Friday 12/22/2023 | Saturday 12/23/2023 | Sunday 12/24/2023 | |
|---------------|---|---|---|---|---|--|--|--|
| Week 2 | BREAKFAST Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Hard Boiled Egg (Sta,Chi) - 1.00 EA Pancakes (Sod,Chi) - 3.00 CP Maple Syrup - 2.00 FLOZ Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA | DIV Cereal - 1.00 CP Fresh Fruit - 1.00 EA Scrambled Eggs (Sta,Chi) - 0.33 CP Refried Beans - 0.50 CP Shredded Cheese (Sta,Chi) - 2.00 TBS Salsa (Sod) - 0.25 CP Flour Tortilla - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA | Multigrain Hot Cereal - 1.00 CP Canned Fruit - 0.50 CP Waffles (Sod) - 2.00 EA Peanut Butter (Sta) - 3.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA | Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Fried Egg (Sta,Chi) - 1.00 EA Sliced Cheese (Sta,Chi) - 1.00 SLC English Muffin (Sta,Chi) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA | Farina - 1.00 CP Canned Fruit - 0.50 CP Sausage Gravy (Chi) - 0.75 CP Biscuit (Sta,Sod) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA | Canned Fruit - 0.50 CP Scrambled Eggs (Sta,Chi) 0.33 CP *Pork Bacon (Sta,Sod,Chi) - 3.00 SLC Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly - 2.00 TBS Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA | Catmeal - 1.00 CP Fresh Fruit - 1.00 EA Hard Boiled Egg (Sta,Chi) - 1.00 EA Breakfast Pastry (Sta,Chi) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA | |
| Week 2 | LUNCH Coleslaw (Sod) - 0.75 CP *Barbeque Pork (Chi,Sta) - 0.50 CP Wheat Hoagie Roll - 1.00 EA Macaroni & Cheese (Sta,Sod,Chi) - 0.75 CP Cauliflower - 0.75 CP Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ | *Soup of the Day (Sod,Chi) - 10.00 FLOZ Chicken-Lettuce Salad (Chi) - 1.00 SV Sliced Onions - 2.00 TBS Shredded Cheese (Sta,Chi) - 2.00 TBS Salad Dressing (Sta,Sod) - 2.00 FLOZ Blended Vegetables - 0.75 CP Wheat Dinner Roll - 1.00 EA Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ | Minestrone Soup - 10.00 FLOZ Tuna Salad (Chi) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Broccoli - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ | Potato Soup - 10.00 FLOZ *Meat & Cheese Sandwich on Wheat (Sod,Chi,Sta) - 1.00 EA Sliced Onions - 2.00 TBS Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Peas - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ | Texas Slaw - 0.75 CP Mexican Picadillo (Chi,Sta) - 1.25 CP Brown Rice - 0.75 CP Broccoli - 0.75 CP Wheat Tortilla (Sta,Sod) - 2.00 EA Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ | *Soup of the Day (Sod,Chi) - 10.00 FLOZ Chicken Salad (Chi) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ | Lettuce Salad - 1.00 CP Salad Dressing (Sod) 1.00 FLOZ Loco Moco Patty (Chi,Sta) - 1.00 EA Fried Egg (Sta,Chi) - 1.00 EA Beef Gravy - 2.00 FLOZ White Rice - 0.75 CP Green Beans - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sta) - 1.00 TBS Chocolate Cake (Chi) - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ | |
| Week 2 | DINNER Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Creole Chicken (Chi) - 1.00 CP Brown Rice Pilaf - 0.75 CP Green Beans - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sta) - 1.00 TBS Tea - 8.00 FLOZ | Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Hot Roast Beef Sandwich on Wheat (Sod,Chi,Sta) - 1.00 EA Beef Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Carrots - 0.75 CP Fruit Bar (Sta,Sod,Chi) - 1.00 EA Tea - 8.00 FLOZ | Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chili Mac (Chi,Sta) - 1.25 CP Sweet Potatoes (Sta) - 0.75 CP Green Beans - 0.75 CP Cornbread (Sod,Chi) - 1.00 EA Margarine (Sta) - 1.00 TBS Tea - 8.00 FLOZ | Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Cheese Pizza (Sod,Chi,Sta) - 1.00 EA Blended Vegetables - 0.75 CP Choice Dessert (Sta,Chi) - 1.00 EA Tea - 8.00 FLOZ | Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken & Rice Casserole (Chi) - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sta) - 1.00 TBS Gelatin & Whip Topping (Sta) - 0.50 CP Tea - 8.00 FLOZ | Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Shepherd's Pie (Chi,Sta) - 1.00 SV Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sta) - 1.00 TBS Tea - 8.00 FLOZ | Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Meat Sauce (Chi,Sta) - 0.75 CP Spaghetti - 0.75 CP Cauliflower - 0.75 CP French Bread - 1.00 SLC Garlic Margarine (Sta) - 1.00 TBS Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ | |

Menu subject to change without notice. Meat-Alternative-Trays available at lunch & dinner only.

*Contains or may contain pork.

Sod = High Sodium Sta = High Saturated Fat Chi = High Cholesterol Sug = High Sugar

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2024

Holidays & Observances

January

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|--------|-------------------------|
| Jan 01 | New Year's Day |
| Jan 15 | Martin Luther King Day |
| Feb 10 | Chinese New Year |
| Feb 14 | Valentine's Day |
| Feb 14 | Ash Wednesday |
| Feb 19 | President's Day |
| Mar 11 | Ramadan begins |
| Mar 17 | St. Patrick's Day |
| Mar 20 | March equinox (GMT) |
| Mar 31 | Easter |
| Apr 01 | April Fool's Day |
| Apr 22 | Earth Day |
| Apr 23 | Passover |
| Apr 24 | Admin Assistants Day |
| May 05 | Cinco de Mayo |
| May 12 | Mother's Day |
| May 19 | Pentecost |
| May 27 | Memorial Day |
| Jun 14 | Flag Day |
| Jun 16 | Father's Day |
| Jun 19 | Juneteenth |
| Jun 20 | June Solstice (GMT) |
| Jul 04 | Independence Day |
| Sep 02 | Labor Day |
| Sep 22 | September equinox (GMT) |
| Oct 03 | Rosh Hashanah |
| Oct 14 | Federal Holiday |
| Oct 31 | Halloween |
| Nov 11 | Veterans Day |
| Nov 28 | Thanksgiving |
| Dec 21 | December Solstice (GMT) |
| Dec 25 | Hanukkah begins |
| Dec 25 | Christmas Day |
| Dec 26 | Kwanzaa begins |
| Dec 31 | New Year's Eve |

April

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